

Trustees Annual Report from 1st June 2018 to 31st May 2019

It was a significant year for Yeleni as we celebrated our Macmillan Quality Environment Mark, awarded in February 2018 and officially recognised, with a plaque unveiled by Lady Darnley in September 2018.

Governance

We welcomed Mr Peter Rowland as a new trustee. He has long term experience of working with Macmillan; he brings with him a wealth of relevant knowledge of fundraising and charity work. We feel privileged to have gained Lady Darnley as a Patron.

Outcomes

We had a 54% increase in cancer clients coming to us for assessment and therapies, which was largely due to the community liaison work taken on by Beth Hudson. Our clients all gave positive feedback about their experiences here at Yeleni. We are working on compiling more outcome-related data as funders ask for this more and more.

Projects

Our collaboration with St Michael's Hospice, who had approached us with a view to running Wellbeing Self-Help Skills Workshops, was a great success. Our "pilot" course of 6 weeks, a workshop every week for patients and carers, was very popular with the attendees who all gave good feedback. We provided the tutors, course structure, course materials and venue. St Michael's are unable to fund future workshops, so we are looking to fund and run these ourselves. We have a skilled team of therapists and a centre of excellence (reference the MQEM) from which to offer this extended service in our community.

Outreach and Events

We worked with many other organisations this year to raise the profile of our charity and form better supportive networks to benefit those living with cancer in our community. We had promotional stands at the community Reach Out event, Hereford's March for Men, Brain Tumour Support Awareness event, Crohns and Colitis Charity fund-raiser, Co-op branches, Asda, Santander and Nationwide. We delivered therapies at Leominster Surgery during Carer's Week and at the Macmillan Skin Cancer Awareness event. Services for Independent Living selected Yeleni as their Charity of the Year and held events to raise funds. National/local cancer supporting charities were contacted e.g. Yeleni's information now appears on the Target Ovarian Cancer website.

Beth regularly represents us at business networking events/charity forums and visits businesses in Herefordshire. This is bringing us vital benefits and connections.

We worked in collaboration with other cancer support organisations in Herefordshire to produce a leaflet and poster, complementing the NHS initiative, Living With and Beyond Cancer. Nicky headed the project and Macmillan funded it. The intention was to get concise and comprehensive information into GP surgeries, hospital departments and other public areas. It has been welcomed, as it demonstrates cooperation in working for best outcomes for those living with cancer.

Complementary Health Centre & Cancer Charity

Funding

We continue to have secure funding, with a strategy of applying to many trusts, not depending on fewer larger donations. Grant funding applications, carried out by Kate, account for 30-40% of our income a year at present.

This year we were fortunate to receive from varied funding sources:

Nicky Heath and her partner Peter both shaved their heads, having first had very colourful hair in order to attract maximum sponsorship. This also invited debates and awareness around the hair loss experienced by cancer patients having chemotherapy. We dubbed it the “Bald is Beautiful” campaign. The head shaves raised a very healthy £4300.

Mike Chandler, whose daughter had cancer and came to Yeleni for support, ran the London Marathon for us, raising a stunning £26,260.

Sarah Bayley and Guy Sloan started a schedule of running a race each month during 2019. We are very grateful to them both.

Shane Llewelyn raised £550 selling T shirts he had designed. He chose to donate the money to Yeleni which was appreciated.

Beccy and Andy raised £230 by walking from Land’s End to Cape Wrath.

Friends of Yeleni, Cliff and Oremi, donated £5000 which was very generous. The Aviva Community Fund Crowd-funder raised £1020. The Barrels Pub donated £750. £765 was raised in memory of a dear client. Donation Reiki offered by our volunteer Sheila raised £1055 and face painting by Nicky raised a further £909.90.

Grants were given by the EF Bulmer Benevolent Fund, The Eveson Trust, St James’s Place Foundation, Pink Ribbon Foundation, The Sobell Trust, Gillian Bulmer Trust and more. We are very appreciative of the support of these trusts.

Kate has started work on a bid to the Big Lottery. We are through to Stage Two; the proposal will require refinement. A decision will be made in late 2019.

Staffing

This year, Nicola Rowland joined the team on a part time basis to cover reception and administration. This allows Beth more time to do valuable community work. Jenny Edwards, our Bowen Therapist, also does reception work.

Nicky (CEO and founder) remains responsible for the overall running of the centre, supported by our Trustees.

Kate is our Funding Co-ordinator - undertaking grant applications, contributing to governance and evaluating feedback to support applications.

Beth is the Community Liaison Co-ordinator – promoting Yeleni and raising awareness of this valuable resource in Herefordshire. Establishing mutually beneficial relationships is bearing fruit, as footfall increases and fund-raising opportunities, linked to connections, present themselves.

Registration number 05819798

**Yeleni Therapy and Support Ltd
A Company limited by guarantee**

Report and Financial statements

for the year ended 31 May 2019

Charity number: 1118969

Company number: 05819798

Yeleni Therapy and Support Ltd
Company limited by guarantee

The trustees are pleased to present their report together with the financial statements of the charity for the year ended 31st May 2019.

Reference and administrative details

Charity number:	1118969
Company number:	05819798
Principle Office:	2 Blackfriars Street, Hereford, HR4 9HS
Accountants:	Apple Accountants. 7a Harrow Road, Hereford, HR4 0EH
Bankers	Co-Op

Directors and trustees

The directors of the charitable company (the charity) are its trustees for the purpose of charity law and throughout this report are collectively referred to as the trustees.

The officers serving during the year and since the year end were as follows:

Trustees:	Mrs Sheila Mary Enid Higgins
	Mrs Julie Elizabeth Cohn
	Ms Sandie Foster
	Mr Carl Stephen May
	Mr Peter John Rowland
	Mrs Mary Noelle Martha

Structure, Governance and Management

Objectives and Activities

The objectives of the charity are to help relieve sickness and preserve and protect the good health of people with cancer and their carers by providing or assisting in the provision of complementary therapies, information, education, advice, support & counselling.

The company was incorporated on 17th May 2006 and received charitable status on 26 April 2007.

The centre opened on 1st April 2010.

Reserves Policy

It is intended to maintain sufficient reserves to cover three months expenditure and management support costs.

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Trustees' responsibilities in relation to the financial statements

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- Select suitable accounting policies and then apply them consistently:
 - Make sound judgments and estimates that are reasonable and prudent: and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enables them to ensure that the financial statements comply with the companies Act 2006. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the trustees

S Higgins

Sheila Higgins

Yeleni Therapy and Support Ltd
Company limited by guarantee
Statement of financial activities (including income and expenditure account)
for the year ended 31 May 2019

		Unrestricted Funds	Total Funds 2019	Total Funds 2018
	Notes	£	£	£
Incoming resources				
Incoming resources from generated funds:				
Voluntary income:				
Grants and Donations	4	110,541	115,941	83,828
Investment Income	5	0	0	0
Total incoming resources		<u>110,541</u>	<u>115,941</u>	<u>83,828</u>
 Resources expended				
Fundraising costs of grants and donations	6	12,762	13,049	9,948
Sub total cost of generating funds		<u>12,762</u>	<u>13,049</u>	<u>9,948</u>
 Charitable activities	6	73,096	78,269	70,142
 Governance costs	6	<u>10,599</u>	<u>10,886</u>	<u>6,419</u>
 Total resources expended		96,457	102,204	86,508
 Net (outgoing) incoming resources		<u>13,737</u>	<u>13,737</u>	<u>(2,680)</u>
 Total funds brought forward		14,424	14,424	17,104
Total funds carried forward		<u><u>28,161</u></u>	<u><u>28,161</u></u>	<u><u>14,424</u></u>

Yeleni Therapy and Support Ltd
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Balance sheet
as at 31 May 2019

		2019	2018
	Notes	£	£
Fixed assets			
Tangible assets		8,624	11,145
Current assets			
Stock		1,000	2,000
Debtors	8	-	116
Cash at bank and in hand		26,282	13,252
		<u>27,282</u>	<u>15,368</u>
Liabilities			
Creditors falling due within one year	9	<u>(7,745)</u>	<u>(12,089)</u>
Net current assets		19,537	3,279
Total assets less current liabilities		<u>28,161</u>	<u>14,424</u>
Net assets		<u>28,161</u>	<u>14,424</u>
The funds of the charity			
Unrestricted income funds			
General	10	28,161	14,424
Total Charity Funds		<u>28,161</u>	<u>14,424</u>

In approving these financial statements as directors of the company we hereby confirm:

(a) that for the year stated above the company was entitled to the exemption conferred by Section 477 of the Companies Act 2006 ;

(b) that no notice has been deposited at the registered office of the company pursuant to Section 476 of the Companies Act 2006 requesting that an audit be conducted for the year ended 31 May 2019 and

(c) that we acknowledge our responsibilities for:

(1) ensuring that the company keeps accounting records which comply with Section 386, and

(2) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its profit or loss for the year then ended in accordance with the requirements of Section 394 and 395 and which otherwise comply with the provisions of the Companies Act relating to financial statements, so far as applicable to the company.

The financial statements were approved by the Trustees on 18/11/2019 and signed on its behalf by

Sheila Higgins **Sheila Higgins**

The notes on pages 5 - 7 form an integral part of these financial statements.

Yeleni Therapy and Support Ltd
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Notes to the financial statements
for the year ended 31 May 2019

1. Accounting policies

a. Basis of preparation

The financial statements have prepared under the historical cost convention. The financial statements have been prepared in accordance with the Statement of Recommended Practice – Accounting and Reporting by Charities (SORP 2005) issued in March 2005, applicable accounting standards, and the Companies Act 2006. The principal accounting policies adopted in the preparation of the financial statements are set out below.

b. Incoming resources

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognized where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Investment income is recognized on a receivable basis.

c. Volunteers and donated services and facilities

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

Where services are provided to the charity as a donation that would normally be purchased from our suppliers, this contribution is included in the financial statements at an estimate based on the value of the contribution to the charity. Donated services and facilities are analysed in note 6.

d. Resources expended

Expenditure is recognised when a liability is incurred.

- Costs of generating funds are those incurred in attracting voluntary income.
- Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

e. Irrecoverable VAT

The charity is not registered for VAT and accordingly irrecoverable VAT is charged against the category of resources expended for which it was incurred.

f. Funds structure

All funds are unrestricted income funds.

2. Legal status of the Trust

The Trust is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

3. Turnover

The total turnover of the company for the year has been derived from its activity wholly undertaken in the UK.

Yeleni Therapy and Support Ltd
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Notes to the financial statements
for the year ended 31 May 2019

4. Voluntary income	2019	2018
	£	£
Donated services	5,400	5,320
Other donations	110,541	78,508
	<u>115,941</u>	<u>83,828</u>

- 5. Investment income**
All of the investment income arises from an interest bearing bank account.

- 6. Allocation of support**
The trust allocates support cost as shown in the table below.

	Fundraising	Governance	Charitable	Total
	£	£	£	£
Staff Costs	9,450	7,232	18,355	35,037
Accountancy		1,566		1,566
General Expenses	1,855	2,088	26,776	30,719
Total	11,305	10,886	45,131	67,322

- 7. Taxation**
The company is a registered charity and no provision is considered necessary for taxation.

8. Debtors	2019	2018
	£	£
Trade Debtors	0	116
Other Debtors	0	0
	<u>0</u>	<u>116</u>

Yeleni Therapy and Support Ltd
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Notes to the financial statements
for the year ended 31 May 2019

9. Creditors: amounts falling due within one year	2019	2018
	£	£
Accruals	215	240
Trade Creditors	540	51
PAYE	33	204
Short Term Loan	6,957	11,594
	<u>7,745</u>	<u>12,089</u>
	<u>7,745</u>	<u>12,089</u>
 10. Analysis of charitable funds	 General	
	Fund	Total
	£	£
At 1 June 2018	14,424	14,424
Incoming resource	115,941	115,941
Resources expended	(102,204)	(102,204)
At 31 May 2019	<u>28,161</u>	<u>28,161</u>
	<u>28,161</u>	<u>28,161</u>

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The following pages do not form part of the statutory accounts.

Yeleni Therapy and Support Ltd
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**Detailed trading profit and loss account
and expenses schedule
for the year ended 31 May 2019**

	2019		2018	
	£	£	£	£
Income				
Fund raising		110,541		78,508
Donated services		5,400		5,320
		<u>115,941</u>		<u>83,828</u>
Cost of sales				
Purchases	6,340		6,344	
Therapists	<u>28,542</u>		<u>26,558</u>	
		34,882		32,902
Gross profit		<u>81,059</u>		<u>50,926</u>
Administrative expenses				
Staff Costs	35,037		21,688	
Accountancy	1,566		923	
General expenses	<u>30,719</u>		<u>30,995</u>	
		67,322		53,606
Operating (loss) / profit		<u>13,737</u>		<u>(2,680)</u>
Other income and expenses				
Interest receivable				
Bank deposit interest	<u>0</u>		<u>0</u>	
		0		0
Net (loss) / profit for the year		<u><u>13,737</u></u>		<u><u>(2,680)</u></u>



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Yeleni Therapy and Support Ltd

**On accounts for the year
ended**

31 May 2019

**Charity no
(if any)**

1118969

Set out on pages

1 and 2.

**Respective
responsibilities of
trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent
examiner's statement**

In the course of my examination, no matter has come to my attention (other than that disclosed below *)

1. which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:
 - proper accounting records are kept (in accordance with section 41 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

* Please delete the words in the brackets if they do not apply.

Signed:

David Berkeley

Date:

16 Nov 2019

Name:

David Berkeley

**Relevant professional
qualification(s) or body
(if any):**

ACMA (CIMA)

Address:

Apple Accountants, 7A Harrow Road, Hereford. HR4 0EH

Only complete if the examiner needs to highlight material problems.

Give here brief details of any items that the examiner wishes to disclose.