

Chairman's Report 2019

Pengarth is a day centre for people in their late fifties onwards, providing somewhere for people to interact socially, reducing loneliness and isolation which can lead to depression, and giving respite and peace of mind to their families and carers who may be working or living away. It is an important community facility in this area of above average deprivation and rural isolation, providing a warm, safe environment with professional day care to ensure people live safely in the community thus enabling them to come home sooner from hospital. We also act as liaison between district nurses, doctors and other health professionals and aid in the prevention of slips, trips and falls and the promotion of nutritious food thus encouraging independence and enabling a dignified older age. Half of our clients have permanent disabilities such as blindness, dementia and loss of use of limbs.

Pengarth Day Centre is wholly owned and maintained by the Trust, sited on land leased from Cornwall Council with fifty years to run, for which a peppercorn rent is paid.

More than 150 older people and up to 500 of the wider community benefit weekly, many on multiple occasions (17,000 direct interactions a year). There are 5 full-time and 3 part-time staff employed by the charity and in addition, 5 regular, long-term volunteers help to staff the centre daily and the 10 Trustees are volunteers. Including entertainers, drivers, readers for the Talking Cornishman newspaper for the blind, hairdressing and chiropody, then in total Pengarth Day Centre involves some help from approximately 50 different local people as volunteers each week.

Our work is designed to support:

- People in their late fifties onwards
- To keep well, prevent the ill-health compounded by isolation
- Support their independence e.g. living at home, maintaining memory
- Support clients' liaison with district nurses

One of the most significant improvements we have made to our services during 2019 has been opening the centre at weekends, thus providing a full 7 days a week facility for our clients. This was started in January of 2019 thanks to funding provided by the Penwith and IOS Fund through the CCF and we are fully committed to ensuring that this will be a permanent state of affairs. Repeated surveys of clients and carers have shown that loneliness and isolation are very real problems for the elderly at weekends.

Another area of increased activity in 2019 has revolved around supporting hospital discharges. Packages of care still remain difficult to arrange for some people who are ready to leave hospital. Pengarth is now part of a programme with Age UK Cornwall & The Isles of Scilly and the NHS called Winter Support. This system enables timely discharge by providing day care for 6 weeks of rehabilitation at the day centre, ensuring eating nutritional food and hydrating properly. Assessments for their ongoing care and funding from the NHS were put in place at the end of 2019. Discharges to us of up to 5 people a week have been the norm with the possibility of this figure rising as, in all probability, the programme will remain in place year round.

Proposed Additions to Services in 2020

- Closing later to provide a tea-time meal at the day centre
We still want to progress this, An additional hour of day care and a meal at the centre could remove the necessity of a tea-time home visit for some, which mitigates for the scarcity of domiciliary care staff in the Penwith area and gives them time for others. It also reduces pressure on stretched social care budgets. Clients would be able to enjoy another social and nutritious meal supported by any personal care they require and are less likely to feel alone and isolated overnight. Clients' working family and carers may also gain peace of mind from the additional care time.

We anticipate that at least 20 – 30 people a week would use this facility

- Offering a day a week of specialised dementia care.
At present, dementia friendly activities such as musical memories take place variously throughout the week. We have provided additional staff resources and expertise with dementia clients, such as those who are prone to wandering which has meant that accompanied walks have been possible for some. In our experience dementia sufferers settle well with us and besides it being an opportunity to talk to practitioners, clients' families would also appreciate this respite time. At present we support 44 individuals each week who have some form of cognitive/memory impairment. We have installed a door alert system supporting clients prone to wandering.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name:
Relevant professional qualification or body:

KRISTIN CAROL SIMMONS
ACCA 1299292

Signature: 

Date: 2/7/19.

Financial Statements
Pengarth Day Centre
2018/19

Statement of Financial Activities (SOFA)

	Note	Unrestricted Fund	Restricted Fund	Total Fund	Prior Year
Income		£	£	£	£
Refreshments	4	71,978		71,978	79,639
Day Care		92,132		92,132	52,452
TOTAL		164,110	0	164,110	132,091
Grants/ donations	5	32,845		32,845	34,050
Investment Income	6	1		1	0
Charity Activities		25,738		25,738	34,700
TOTAL		58,584	0	58,584	68,750
TOTAL INCOME		222,695	0	222,695	200,841
Resource Expenditure					
Charity Activities	7	222,567		222,567	203,014
Governance	8	230		230	150
TOTAL		222,797	0	222,797	203,164
Movement on Fund		-103	0	-103	-2,322

Pengarth Day Centre
2018/19
Balance sheet (Statement of Financial Position)
31 March 2019

	Note	£	2018/19	2017/18
Fixed Assets		£	£	£
Tangibles	1	240,942		229,148
other		0		0
Total		240,942	240,942	229,148
Current Assets				
Inventory		915		915
Prepaid expenses		1,400		820
Trade Receivables	2	18,597		16,540
Cash at Bank		31,389		6,863
Total		52,301	52,301	25,138
Total Assets			293,243	254,286
Current Liabilities				
Trade Payables	2	2,736		3,599
Deferred income		23,389		0
Total		26,125	26,125	3,599
Represented By			267,117	250,687
	3		267,117	250,687

Pengarth Day Centre
2018/19 Notes to Financial Statements
Balance Sheet notes Notes

Note 3		
Maintenance Fund		
2017/18	2018/19	£
-2,322 Surplus (Deficiency) for the year	-103	0
0 Balance of Funds at 1st April	103	
2,322 Transfer from other funds		
0	0	
Building Fund		
2017/18	2018/19	£
24,458	24,458	
0 Balance of Funds at 1st April	0	
0 Donation to / from Building Fund		
24,458	24,458	
Direct Grant Funding		
2017/18	2018/19	£
223,586	221,264	
-2,322 Direct Grant Funding	-103	
221,264	221,161	
Restricted Fund		
2017/18	2018/19	£
14,792	4964	
-9,828 Balance of funds at 1st April	16533	
4,964 Movement in year	21497	
250,686	267,116	

Pengarth Day Care Centre
2018/19 Notes to Financial Statements
Balance Sheet notes Notes

Pengarth Day Care Centre					
NOTE1		Depreciation of Assets 2018/19			
		BUILDING	KITCHEN EQUIPMENT	FURNITURE FITTING	VEHICLE
Gross cost b/fwd	336,286		84,983	66,031	9,235
Acquisitions in Year	0	0	0	4,248	16,815
Disposals in year	0	0	0	0	-3240
					21,063
					-3240
Total Cost c/fwd	336,286	84,983	70,279	22,810	514,358
Gross Depreciation	119,965	81,009	57,178	9,235	267,387
Depreciation in Year	5,650	2,027	1,592	0	9,269
Depreciation on disposal	0	0	0	-3240	-3240
Total Depreciation	125,615	83,036	58,770	5,995	273,416
NET VALUE	210,671	1,947	11,509	16,815	240,942

Note 2	
Receivables & Payables	
Receivables are organisations/clients who owe us money at the year end	
Payables are organisations that are owed money at the year end	

Deferred grant income of 23389 held as cash for use (restricted) next year in addition to the above assets.

Pengarth Day Centre
2018/19
Statement of Financial Activity Notes (SOFA)

Note 4

Refreshments sales

This figures relates mainly to sale of refreshments. meals prepared within the centre detailed as follows:

	£	prior year £
Centre meals	39,763	45,967
Meals on Wheels	32,216	33,672
Delivery Income	3,582	4,639
	75,560	84,278

Note 5

Grants

This figure relates to the following operating grants

	£	prior year £
Cornwall Council	0	0
Penzance Town Council	15,000	12000
Henry Smith	0	8000
Clare Milne	0	0
Garfield Weston	0	10000
Co-op Community fund	9,205	1000
Penwith & IOS fund	3,000	0
Other grants	0	3050
	27205	34050

	Expended in year	Deferred	Total £
Capital/other grants			
Awards for All	148	9464	9612
Weston Anniversary Fund	17075	12925	30,000
Tesco Bags of help	2000	0	2000
St Just Town Council	0	1000	1000
	19223	23389	42612

Note 6

Investment Income

Relates to short term investment income from both the general & capital Reserve bank accounts the income for 2018/19 was £1 (prior year £0)

Note 7

Charity Activities

The figure relates to the costs of achieving the charity objective, and includes the sum of £9269 (less 3240 depreciation on disposal) = £6029 for depreciation (prior year £7491)

Note 8

Governance

This relates to activites that ensure good governance of the charity including, inspections & preparation of statutory returns.

Independent Examiner's Report to the Trustees of Pengarth Day Centre.

I report on the accounts of the Trust for the year ended 31 March 2019, which is set out in Appendix A.

Respective Responsibilities of Trustees and Examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act
- to follow the procedures laid down in the general Directions given by the commission under section 145(5)(b) of the 2011 Act
- to state whether particular matters have come to my attention

Basis of Independent Examiner's Report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the next statement.