

Annual Report 2018-2019



Netball Development Trust



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Introduction

The Netball Development Trust (NDT) is a UK registered charity that uses netball as a tool to deliver sexual and reproductive health education and life skills at grass roots level to girls and boys in primary schools and local community groups in developing countries. We currently have four active project sites in Uganda (Jinja, Fort Portal, Mbale and Kampala) and one in Kenya (Bungoma), two developing sites (Mbale, Uganda and Pakistan) and two 'to be resurrected' sites (Kolkata and Bhubaneswar, India). To date NDT has reached over 13,400 children.

The Trust was founded in 2010 and became a UK registered charity (1145858) in February 2012. Our objective is '**Making a difference through netball**' and everything we do revolves around this.

Charity update

This is our annual report covering the period 1 June 2018 – 31 May 2019. During this period one of our trustees, Urvasi Naidoo resigned due to having too many commitments. We would like to thank her for her support and guidance over the last 7 years.



Following our Head of Development's three-month sabbatical last March (2017), she was inspired to change career and move into the 'sport for development' sector. This does mean she is now full time in the new role (so

less time for NDT) but has many more contacts and connections to help NDT's development. We are an inspiration in different ways!

Country updates

Uganda

“The Wakanda Girls” project on menstrual health (Jinja)

As a result of our 2018 summer tour, one of our passionate volunteers wanted to get more involved. She works for Freedom4Girls (F4G), a menstrual health charity in the UK. So, we teamed up with F4G and our local delivery partner, ‘X-SUBA Sport4Development Uganda’ (X-SUBA), and designed a programme to use netball to pass on vital information about menstrual health.

Benefiting over 180 adolescent girls, The Wakanda Girls project was a 12 month project launched on 6th April 2019, the ‘International Day of Sport for Development and Peace’. We held weekly camps where, through netball, we have been able to disseminate useful information about menstrual health such as female hormones, puberty, menopause, female & male reproductive systems, fertilisation, and the menstrual cycle to the girls. The information is in line with the sexual reproductive health policy of Uganda.

Training guides and netball drills developed with F4G and X-SUBA have allowed girls to learn more about their bodies and understand their emotional changes through playing netball. Great relationships have developed between the participants and coaches.

In addition to the educational element, 80 disadvantaged girls have received reusable sanitary pads to help improve their menstrual hygiene, increase their school attendance and to feel comfortable and confident among peers.

Over 40 sessions have been conducted since April 2019 and they have played five friendly netball matches against external teams, including secondary schools.





"Before I joined Wakanda, I was too scared of talking about periods because I didn't know what was even going on with my body. Even when I told my mum she shouted at me. When I joined Wakanda they gave me reusable pads which has changed my life completely. I play netball and interact with my friends normally that I even forget I am in my periods."
(Beneficiary of the Wakanda)

We asked the team what would come next after "Wakanda"?

"After the pilot phase of the project and end of project evaluations in March 2020, we aim to use the data to form a strategy to scale up and use the pilot beneficiaries as peer educators next year with our partners NDT and F4G."

Peace Corps Eastern Uganda GLOW Camp (4 Sept 2018)

Kenneth Agaba, Director at X-SUBA, and Monica Thandi, CEO at Netball Development Trust, were part of the 2018 Eastern Uganda Peace Corps GLOW (Girls Leading Our World) Camp in Mayuge district. They introduced netball and led a session on menstrual health.





Kenya

Holiday camps (5 Nov – 22 Dec 2018 & 8 -26 April 2019)

The team of volunteers run these camps every school break. They offer their time during Christmas and Easter holidays to keep over 120 children between 6 -18 years old engaged in netball, learning chess (for intellectual growth) and learning about their sexual health. The team say this helps keep the children focused, healthy and off the streets.

Sanitary pad project

We started this project in 2016, providing 210 of our most needed girls and 16 volunteers with monthly sanitary pads. This is keeping the girls in school, where they are performing better in the academics and securing scholarships because of their netball.



India

Our programme in India has struggled in this period. We have endeavoured to establish a partnership but one has not come to fruition. We continue to look for the right partnership to develop NDT's activities.

Pakistan

In Pakistan our passionate volunteer, Wazeeri, ensured that the netball was sustained in the 16 girls' schools. In November 2016 he organised a week long teacher training camp in Fort Abbas, where 150 PE teachers attended a 'Teachers Netball Training Camp' to learn the game and be able to go back to their schools as coaches. Our pilot project continues to flourish. We would like to have greater input, but due to political difficulties we cannot travel there. Further teacher training workshops and "Train the Trainer" sessions are planned in the coming year to expand and develop more female community coaches.

Tours 2018-2019

Uganda and Kenya Tour (27 July–16 Aug 2018)

This was NDT's 14th tour with 12 UK volunteers, and our biggest one yet. We visited all our project sites in one tour, which was really exciting, though a little daunting as this was the first time tour leaders Julie and Monica had split up! We took separate groups to Fort Portal, Uganda and Bungoma, Kenya, to then be reunited in Jinja, for a week altogether.



Week 1 - Fort Portal

To build capacity the Fort Portal team ran a week long "Train of the Trainer" workshop with our local charity partner, Youth Opportunities Uganda (YOUganda), building capacity for 19 YOUganda coaches and 23 teachers. The workshop focused on: What is a coach?, creating interactive creative games to deliver netball skills like passing and footwork, using the NDT coaching manual, umpiring, and how to plan a session and tournament.



We also coached 210 children across 7 schools with a netball festival at the end of the week to celebrate all the new learnings for both the coaches, teachers and children.



Week 1 - Kenya

In Kenya the team worked in 10 rural schools in Bungoma working with 310 children, 20 young mentors, 13 local volunteers and the NDT Kenya team. The team travelled through rural countryside every day to reach the hard to access schools to coach children across the rural areas. We often dined with the secondary school headteacher, in his office, before an afternoon of coaching more children. We introduced secondary school mentors to the programme, many of whom we had worked with years before when they were in primary, so we saw the full circle of NDT netball. Matches were played between NDT volunteers and the local secondary schools, and we ended the week in a fantastic celebration tournament.



Week 2 – reunited in Jinja

After the first week the two groups reunited, spending the second week in Jinja, Uganda. There, coaching was conducted in 6 rural schools and 5 town schools. The UK team were joined by 7 local NDT volunteers and 18 teachers. Over 330 children were coached in one week, and great friendships were made for life.

Mukono

On the the final leg of the tour, we visited our local partner, 'KipLivin On Charity Foundation', a sports charity we teamed up with towards the end of 2017 to conduct the 'Dreamwork (Mukono) Netball' project that focused on teaching life skills as well as sexual and reproductive health education (SRH) and developing netball in schools and communities within the Mukono District.

In total, on the Uganda part of the tour, we worked with a total of 21 schools and 2 community groups (XSUBA and Whales Academy) and built relationships and friendships.



Ghana Tour 2019 (4 -15 April 2019)

As NDT's 15th tour, this was our first full volunteer tour to Ghana. The year before, the trustees had been to visit the local charity, Akwaaba Volunteers, and set the scene for the future partnership.

We took 11 passionate volunteers, and stayed with Akwaaba Volunteers in their home-from-home accommodation in Accra town. Together with the Akwaaba founders, we worked with 7 schools and 35 teachers. We were also joined by 3 coaches from FutureStar, who have taken the project back to their village to grow a netball and sexual health project there. We delivered a combination of 'Train the Trainer' workshop sessions for teachers, enabled them to practise with groups of children, and we played lots of netball. Interestingly the 'Train the Trainer' sessions that the attendees enjoyed the most were umpiring and leading sexual health sessions; with some more confident than others at delivering these difficult subjects.



Several of our UK volunteers on this trip had personal reasons for coming away with us; and they're all still in touch as new found friends. One sent us a beautiful testimonial, to describe what the tour meant to her. A snippet:

"... I could never have envisaged just what an impact they [an incredible bunch of women], and the trip, would have on me and my life. Right from the moment we landed in Ghana, it was the most full on, mad, crazy, scary, at times sad, but mostly, amazing experience. This was not just about the netball that we coached with the local school children and the training we delivered to the teachers and volunteers, in the hope of helping provide a legacy for them to continue delivering and developing netball, long after we left from this trip, it was also about seeing a whole different way of life, for people who had so little and yet were so grateful and cheerful for life. It was about seeing the joy on the children's faces when they learned new skills..." ("Sally", April 2019)



Marketing

NDT cards

A passionate volunteer, Valerie Copenhagen, suggested we make Christmas/'anytime' cards using photographs taken on the tour she'd attended in summer 2018. She organised this herself and we began to sell them at the Uganda test series, mentioned below.



Huge thanks to Valerie for using her initiative to help us.

Stand at the England vs Uganda Test Series matches (Dec 2018)

We had a stand at the Uganda vs England test series in December 2018 for a few days. We held raffles, collected donations, sold lots of merchandise and recruited and spoke to loads of new volunteers and fundraisers. We also met the Uganda netball team, hung out with celebs (!) and saw lots of former volunteers in mini reunions; it was a very special weekend.



To top off a fantastic weekend, SkySports featured us and our Ugandan projects in their film with Peace Proscovia (the Ugandan national team captain).

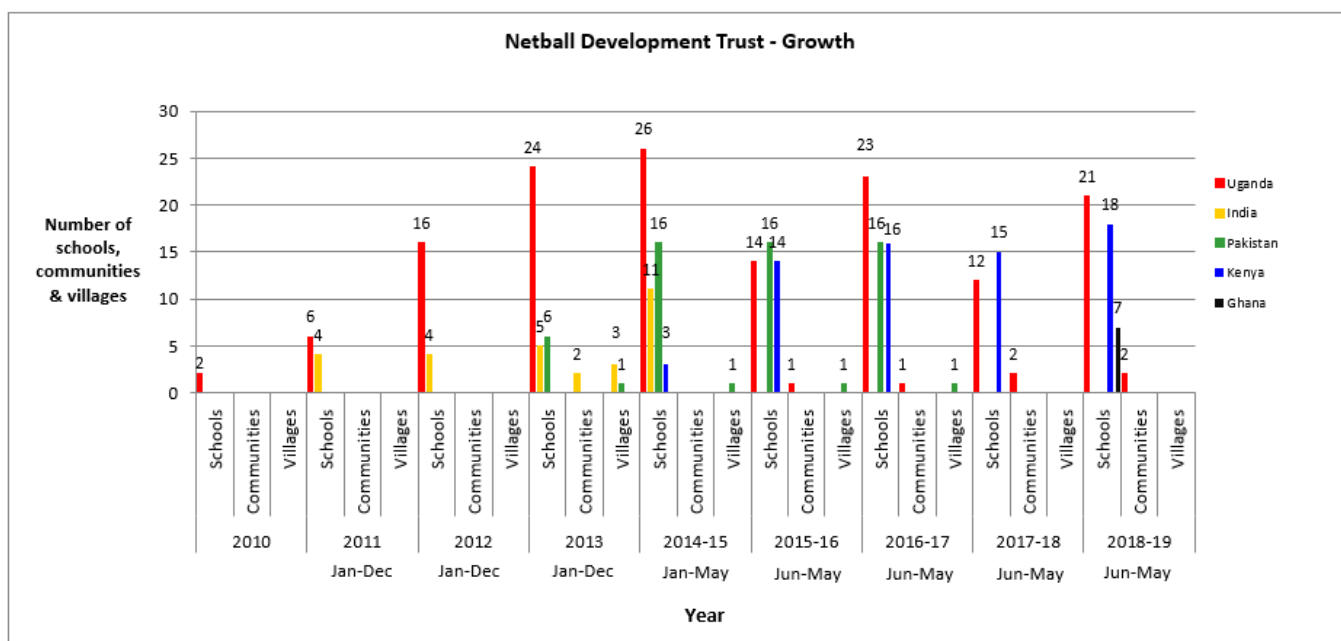
Charity growth

In the period 1 June 2018-31 May 2019, NDT coached 1608 children across 9 events (tournaments, matches, camps, tours, coaching sessions both in and out of school).

Numbers of local volunteers coaching on our tour projects hit 104, with 19 UK volunteers, and we have more and more UK volunteers fundraising for us behind the scenes.

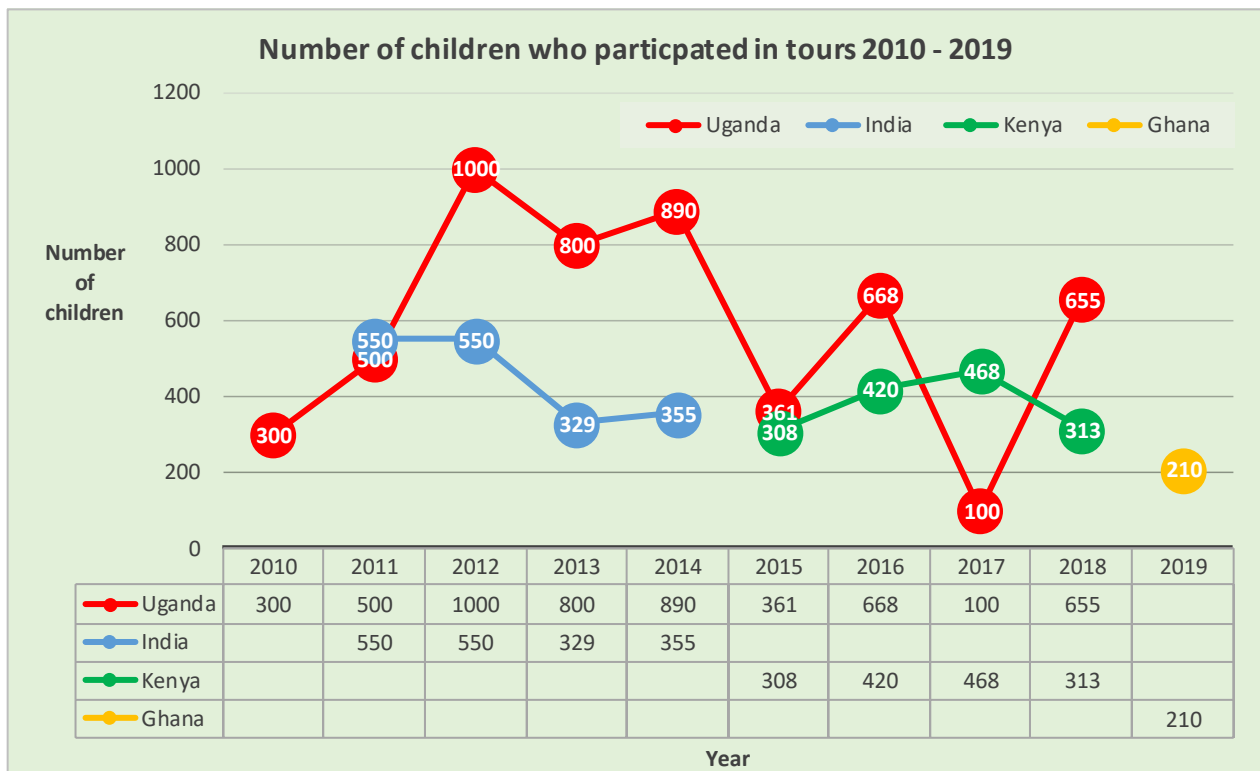
During our Head of Development, Julie Smith's, 3-month sabbatical at the beginning of 2017 we better understood how to apply for funding and we aim to develop this in the coming year and apply for more financial awards. With each project becoming more sustainable (bank accounts, legal entities in their country), we can take a (small) step back and change our approach from fully supporting them to allowing the local committees to take the lead and guide us. This is a huge step for NDT and one we are very proud of; our local projects are becoming sustainable and self-delivering. The only gap is in funding so we will work with them over the next year or two to develop their understanding of marketing and sponsorship so they can

approach companies and opportunities to seek local funding, which will make them more sustainable still. We will also continue to apply for funds for them.



(data collected between July 2010 – May 2019)

NB - The statistics for this period now show how many schools, communities and villages we have worked with over the course of this 12-month period, whereas before it just showed the schools worked with during tours only.



(data collected between July 2010 – May 2019)

Whilst these graphs do not necessarily climb year after year, we do not see this as a negative growth for the charity. We are focusing our offer and working with smaller groups to deliver sexual health education along with the netball. We cannot do this with 1000's of children at a time and so we work with smaller groups. We believe that the smaller group work we are doing is having a greater impact on the children's lives than a mass netball event would have.

Through the stories we receive from all projects, we know we are keeping kids in school, we are reducing bullying around menstruation, and we are teaching our young people their rights. Numbers simply do not show this progress. We aim to update our "impact report" over the next 12 months to show this different impact.

Fundraising awards

Waterloo Foundation Grant

We successfully secured our first grant from the Waterloo Foundation towards our sexual health education and netball programmes in Kenya and Uganda in December 2018.

NDT Kenya have started planning a project using netball to tackle teenage pregnancies and in Uganda we developed a netball project with our partner X-SUBA to tackle gender-based violence. Both projects are due to start implementation later in 2019 so we will report more about this in our annual report 2020.

Waterloo Foundation have been incredibly supportive and have allowed us to be flexible.

Our partners and supporters



We would like to thank all our partners, supporters and donors who provide logistical support in-country, technical expertise, equipment, donations and inspiring advice.

Thank you to: Big Yellow Storage, International Netball Federation, England Netball, Harrod UK Limited, Tag Rugby Trust, Freedom 4 Girls, X-SUBA, YOUganda, Akwaaba Volunteers and to all the individuals and netball clubs who have donated kit and fundraised.

A special mention goes to 'Amelia' for raising an enormous £1,198 for us, to Paypal Giving Fund (various), PlayNetball (£500), and to everyone who has donated kit, trainers, balls and bras, enough to fill the stock room!



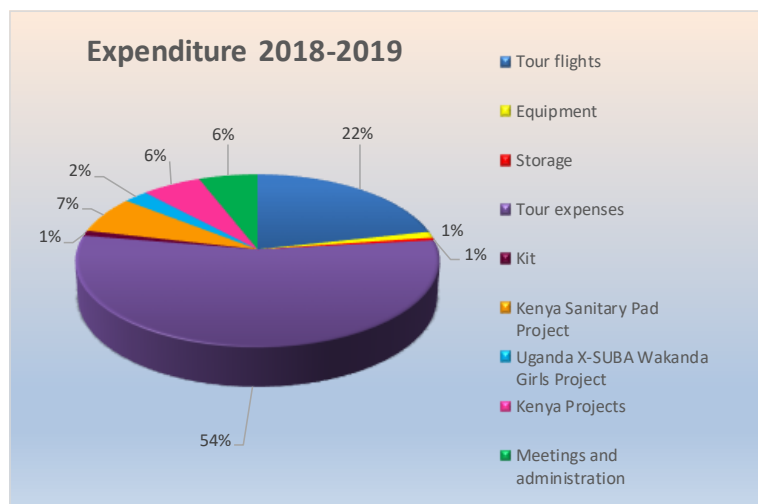
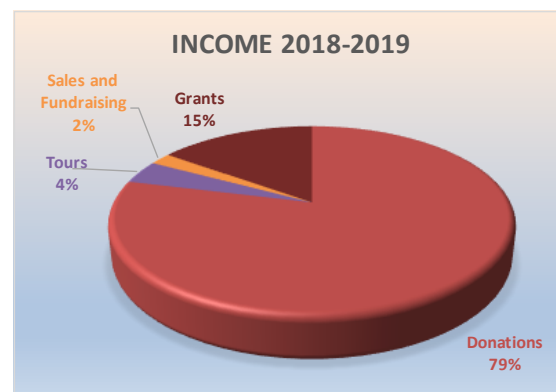
AKWAABA
VOLUNTEERS

Financial summary

Income:	£
Donations	26,124.21
Tours	1,330.00
Sales and Fundraising	681.10
Grants	5,000.00
Income	33,135.31
Expenditure:	
Tour flights	5,058.80
Equipment	274.60
Storage	120.80
Tour expenses	12,759.87
Kit	235.00
Kenya Sanitary Pad Project	1,636.05
Uganda X-SUBA Wakanda Girls Project	575.98
Kenya Projects	1,407.22
Meetings and administration	1,389.42
Expenditure	23,457.74
Excess Income for the period	9,677.57

NDT is a young charity that needs to focus on increasing fundraising in order to realise an ambitious vision over the coming years. Currently revenue is generated through volunteers travelling to NDT programmes and through ad-hoc fundraising from generous individuals. We were also very lucky to secure a grant from the Waterloo Foundation that boosted our income, helping us to expand and better run our projects.

The charts here provide a breakdown of our income and spend for 2018-2019.



Bolstering NDT's fundraising efforts is critical to securing a sustainable staffing model that does not exclusively rely on volunteers as well as sustaining NDT's various project sites.

We have a big wish list, but here are our top 5:

- Buy/acquire land to develop into a court/sports hub and NDT learning centre
- Salary for local in country key staff
- Provide more reusable pads to girls
- Allow our Kenya and Uganda leads to travel to our Ghana project to experience and share learnings cross-projects.
- Buy more kit and equipment for projects and schools

Our future

The next year is an exciting one for us. We have no plans for a summer tour due to the World Cup, where lots of netballers will either be volunteering or visiting this in the UK.

The current strategy is coming to an end so we will be planning our future with each team.

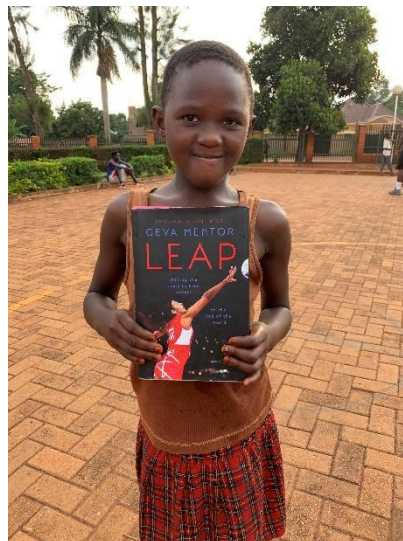
We will apply for grants and funding applications, and will take advice on how to best do this.

We want to continue developing the growth of netball and offering opportunities for the children and young leaders we work with.

We will recruit more volunteers to take pressure off the 3 trustees and 2 day-to-day officials. We will advertise for communications and fundraising support initially.

We will attend training events to learn all we can.

Thank you to everyone who has supported us since our humble beginnings; and a huge welcome to our future volunteers and supporters.



Happy flowers!



For more information about us please do not hesitate to contact us.

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Tel: +44 7737 512145

NETBALL DEVELOPMENT TRUST

(Charity Registration No. 1145858)



Income and Expenditure Statement for the 12 month period ending 31st May 2019

	31/05/2019	31/05/2018
Income:	£	£
Donations	2,108.27	90.00
Tours	1,330.00	0.00
BT MyDonate	24,015.94	12,354.55
Sales and Fundraising	681.10	214.00
Grant	<u>5,000.00</u>	<u>0.00</u>
Income	33,135.31	12,658.55
Expenditure:		
Flights	5,058.80	3,147.84
Equipment	274.60	217.80
Storage	120.80	181.20
Tour expenses	12,759.87	5,104.95
Kit	235.00	3,148.85
Sanitary Pad Project	1,636.05	1,761.91
X-SUBA Project	575.98	0.00
Kenya Project	1,407.22	244.25
KipLiving Dreamwork (Mukono) Netball Project	0.00	630.32
Meetings and administration	1,389.42	1,261.17
Sundry	<u>0.00</u>	<u>10.00</u>
Expenditure	23,457.74	15,708.29
Excess Income for the period	9,677.57	-3,049.74
Excess income b/fwd from prior period	<u>12,500.97</u>	<u>15,550.71</u>
Excess income carried forward	<u>22,178.54</u>	<u>12,500.97</u>
 Represented by:		
Bank as at 31/5/2019	22,063.54	
Cash as at 31/5/2019	115.00	
	<u>22,178.54</u>	

Please note that the Trust is exempt from Audit under Section 475 of the Companies Act 2006

Independent examiner's report to the trustees of Netball Development Trust

I report to the trustees on my examination of the accounts of the Netball Development Trust (the Trust) for the year ended 31 May 2019.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Elizabeth Alsop

Relevant professional qualification or membership of professional bodies (if any): ACA/ACMA

Address: 152, Smalley Drive, Oakwood, Derby, DE21 2SQ

Date: 31st March 2020