



# Trustees' Annual Report for the period

Period start date		Period end date		
From	01	04	2018	To 31 03 2019

## Section A Reference and administration details

Charity name *1nclu5ive Sandbach*

Other names charity is known by *1nclu5ive*

Registered charity number (if any) *1171679*

Charity's principal address *11 Park House Drive*

*Sandbach*

*Cheshire*

Postcode *CW11 1YW*

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<i>Miss Lorna Johnson</i>	<i>Chairperson</i>		<i>Founding members</i>
2	<i>Mr Stephen Caulfield</i>	<i>Treasurer</i>		<i>Trustees</i>
3	<i>Miss Carol Holland</i>	<i>Secretary</i>		<i>Trustees</i>
4				
5				
6				
7				

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
<i>n/a</i>	<i>n/a</i>

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
<i>CVS Development Officer</i>	<i>Mark Smith</i>	<i>CVSCE, 1a, Gatefield Street, Crewe, CW1 2JP</i>

### Name of chief executive or names of senior staff members (Optional information)

<i>n/a</i>
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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	<i>Constitution</i>
How the charity is constituted (eg. trust, association, company)	<i>Charitable Incorporated Organisation</i>
Trustee selection methods (eg. appointed by, elected by)	<i>Elected by trustees</i>

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

*Trustees must attend Trustee training from CVS Cheshire East before appointment.*

## Section C Objectives and activities

*Summary of the objects of the charity set out in its governing document*

*The relief for the public benefit of those in need by reason of disability (which includes health conditions or other impairments) who are living, working, studying or using the facilities in Sandbach and the surrounding Cheshire East area by, in particular but not exclusively:*

- *providing recreational opportunities and social activities;*
- *raising awareness and promoting the benefits of fostering inclusive attitudes and practices within local communities, organisations, businesses and service providers;*
- *promoting social inclusion by the provision of education and training opportunities for those in need by reason of disability, health condition or impairment;*
- *facilitating inclusion and improving access within our local communities, including the removal or reduction of disabling barriers.*



*In planning our events for the year, we kept in mind the Charity Commissions guidelines on Public Benefit at our meetings.*

*Our main activities are as follows:*

- *a programme of social events and recreational opportunities*
- *raising awareness in the wider community of the benefits of adopting inclusive attitudes*
- *offering the opportunity for personal growth through education and training*

*These events and activities benefit all members by: promoting a sense of belonging, improving self confidence and social skills, improved physical and mental wellbeing, reduced social isolation, greater physical activity and more time outdoors, peer support, and by providing an opportunity for all members, regardless of ability, gender, faith or circumstance, to contribute or partake at their own level.*

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

#### **Additional details of objectives and activities (Optional information)**

*We would like to acknowledge the significant contribution from our volunteers without whom we could not function.*

*Volunteers hours for the year were incredible.*

*We would also like to acknowledge the invaluable support, guidance, training and enthusiasm from Community and Voluntary Services, Cheshire East.*

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

**Summary of the main achievements of the charity during the year**

*The early part of 2018 started well with the monthly Sunday socials continuing to be well attended, and our profile remained high in our local area. Other social events included a smoothie making/tasting night to celebrate the birthdays of three members in the same month.*

*One of our members offered to hold classes in web design and computer coding for any interested members, and this was enthusiastically taken up by some, though it proved to be a little beyond the ability of others! Sadly the new group website remains unfinished.*

*July and August saw the return of the popular swimming sessions, six in total, with excellent support from Everybody Leisure and the pool staff adding to our enjoyment. These sessions also served to heighten interest in the group and recruited a new disabled member as a result. The hoist was a great help in allowing all our members access to the pool, swimming being great benefit and freedom to most of our members.*

*Unfortunately at this point the charity found itself on the receiving end of malicious gossip and unfounded rumours from within the ranks causing hurt and disappointment amongst our members, resulting in a drop in membership.*

*As this upset was starting to subside the charity suffered another. We were infuriated and greatly let down by a member not relinquishing the Invacar that was gifted to us for the group's use. He kept it in his possession, which means we cannot have any benefit from it. We were also greatly shocked and hurt by members saying untrue things about the running of our group. We are all honest people and run our group with integrity. It took our time and made our illnesses, more problematic; it robbed us of energy, patience and self confidence.*

*As the year progressed our members were forced to endure the transition from DLA to PIP bringing with it the harrowing questions, and distressing focus on the negative aspects of our lives. This upsetting process has taken time, energy and motivation from our members, and at this point we decided to focus more on peer support and helping each other through. Some members are still enduring the appeals process, bringing with it further upset and distress.*

*Given that events have taken a decided downturn this year, with the aforementioned setbacks, plus individual personal challenges, the future of the charity remains uncertain. We are really hoping for a turnaround in fortunes in the future, but the trustees feel that peer support in overcoming personal circumstances must come first.*

*As can be seen from the Receipts and Payments Accounts, there has been no activity for a considerable time, reflecting the stasis of the charity at the close of the year.*



## Section E Financial review

**Brief statement of the charity's policy on reserves**

*Cash at bank on 31/03/18 was £1,275 in unreserved and £1,925 in reserved funds.*

*The main financial risk to the charity is reduction in/loss of grant funding and/or donations.*

*The funds are held to cover one year of essential governance costs and unforeseen circumstances that may occur.*

**Details of any funds materially in deficit**

*n/a*

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

*n/a*

## Section F Other optional information

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

Signature(s)	Carol Holland	
Full name(s)	CAROL HOLLAND	
Position (e.g. Secretary, Chair, etc.)	Trustee	
Date	7. 4. 20	