

Charity number: 1125084, registered in England and Wales

Templesprings

Annual Report and Accounts

For the year ended 30 June 2019



Templesprings

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Templesprings

Charity Information

Charity Number:	1125084
Registered Office:	4 George Street Grays, Essex RM17 6LY
Telephone:	01375 800979
Email:	info@templesprings.com
Internet:	www.templesprings.com
Trustees	Mrs Bidemi Johnson Mr Aderinola Johnson Miss Pursher William Mrs Katarzyna Wasilewska
Bankers	The Cooperative Bank PLC PO Box 250 Skelmersdale WN8 6WT Barclays Bank 9 High Street Grays RM17 6NB
Independent Examiner	Fumi Popoola, BSC FCCA CTA 36A Goodmayes Road Ilford Essex IG3 9UR

STRUCTURE, GOVERNANCE AND MANAGEMENT

Legal Form

A charitable trust governed by its constitution.

Governing Document

The constitution was adopted on 21 March 2008, amended by resolution on 16 April 2011.

The Charity Trustees are the Management Committee members, who are the founding Trustees of the Trust, and the responsible body for the overall management of the trust.

Trustees

The following individuals have served as Trustees in the period:

Name	Position
Mrs Bidemi Johnson	Chair
Mr Aderinola Johnson	
Mrs Katarzyna Wasilewska	Treasurer
Miss Pursher William	Secretary

There was no change in the composition of the board of trustees of the charity between the period end and the date of approval of these accounts.

Officers

During the year, there were two paid officers of the Charity (see note 8 for details).

Membership

The Charity is a Trust and only the founding trustees are members. Any additional Trustees are appointed by the receipt of application form the prospective member and subsequent approval by existing members of the board of Trustees in a voting process.

The Board may admit to membership any person resident in Thurrock and any local authority, firm, corporate body or unincorporated association working or with an interest in the Area of Benefit.

The Trustees are very grateful to a wide range of organisations and agencies, both local and national who have assisted the Charity in developing its activities.

The trustees present their report with the financial statements of the charity for the year ended 30th June 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTS, AIMS AND PRINICPAL ACTIVITIES

Objects

The objects of Templesprings were altered by ordinary resolution on 16 April 2011 and are now adopted as follows:

- 1) To advance the education of the public in the subject of Personal Development, Life Coaching, Life Skills and Music;
- 2) To advance the education of the pupils at various schools and colleges in the Thurrock and Essex Council area by providing and assisting in the provision of facilities such as Personal Development, Life Coaching and Life Skills, which are not required to be provided by the local education authority for education at the schools;
- 3) To advance the education and training of those granted refugee status and their dependants in need thereof so as to advance them in life and assist them to adapt within a new community;
- 4) To develop the capacity and skills of the members of the socially and economically disadvantaged community of Thurrock, Essex Councils and surrounding London boroughs in such a way that they are able to identify, and help meet, their needs and to participate more fully in society;
- 5) To act as a resource for young people up to the age of twenty one (21) living in the local Thurrock, and Essex Councils plus the surrounding London boroughs by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:
 - Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
 - Advancing education
 - Relieving unemployment;
- 6) To advance the Christian faith in accordance with the Statement in such ways and in such parts of the United Kingdom or the world as the Council from time to time may think fit;
- 7) To relieve sickness and financial hardship and to promote and preserve good health by the provision of funds, goods or services of any kind including through the provision of Life Coaching, counselling and support in such parts of the United Kingdom or the world as the Council from time to time may think fit;
- 8) To provide, for the benefit of the public, assistance through reconciliation for couples whose relationships appear to be breaking down, and where such relationships have already broken down, to advise and help in the settlement of differences or potential differences over associated matters such as custody and access to children, and financial matters;
- 9) To advance education in such ways and in such parts of the United Kingdom or the world as the Council from time to time may think fit.

Vision Statement

We want to be part of bringing change to our community, improving outcomes for our clients, enabling them to recognise and fulfil their potential to build a worthwhile future, nurture quality relationships and in so doing enrich their lives and affect others for good.

Mission

Our mission is to inspire confidence in people, by helping them shape the total person who has a clear picture of who they are; knows what they want from life and how to get it.

Aims

In practice, it aims to deliver the objects of the Charity through the achievement of four strategic aims:

1. To inspire young people and their families to fulfil their potential, using music and the arts as a gateway to transforming their lives.
2. To provide quality music coaching and support for those who want to learn how to play a musical instrument;
3. To engage young people in mentoring and social action activities, building their skills, confidence and resilience for the future whilst tackling youth unemployment.
4. To make coaching accessible to individuals, enabling them to take personal responsibility for their future such as making healthier choices about lifestyle and promoting their overall mental wellbeing.

Background

Templesprings is a coaching organisation and registered Charity based in Grays, Essex. Since 2008, we have been delivering a wide range of services including music lessons, creative workshops, coaching sessions, which have now engaged thousands of families, children and young people.

We work with people who want to access professional coaching services for personal development; those who are seeking career transition, who wish to make significant changes in their lives; people who are feeling less confident and want to gain transferrable life skills.

Templesprings has helped produce young musicians locally and nationally. Our youth led music programs are lively, dynamic and interactive. They include group classes in schools, faith organisations, and short intensive classes for individuals. Our focus is on inspiring and getting the young person to have fun whilst learning to play and participate in music making.

Music is our powerful engagement tool for connecting with young people, and promoting their participation in creative, social and volunteering opportunities, which build their skills, confidence and resilience for the future. We ensure your hard work is rewarded by valuable qualifications regardless of your age or musical ability. Templesprings supports participants to attain Arts Awards Certificates (Discover, Explore, Bronze, Silver and Gold level) and Rock School Graded exams.

Once they have participated in music and the arts, many of the young people remain engaged with our charity long term through our C3 Youth Program in roles such as peer mentors, volunteer session tutors, summer camp and holiday club youth leaders. As such, our charity now has more than 30 regular volunteers, most of whom are aged between 13 and 19 years of age.

Through our C3 Youth Program, Templesprings positively impacts the lives of young people (mentees) by aligning mentees with well informed, caring and experienced role models (mentors); We provide Barclays Life Skills Training, work placements for the local college students, skills and volunteering opportunities for Duke of Edinburgh Program, so as to:

- Build confidence and self-esteem
- Bridge the 'Aspiration Gap' in young people
- Help them overcome barriers to learning and/or employment
- Help individuals take personal responsibility for their future including making healthier choices about lifestyle

Our programs bring families and the wider community together to celebrate young people's achievement and help them develop all round emotional, physical and social well-being, using music and the arts as a gateway to transforming their lives.

Research and Our Findings

Thurrock has seen a recent migration of relatively affluent families from London into the borough, overall levels of deprivation in Thurrock are lower than the national average, but some areas of Thurrock are among the 20% most deprived in England. More than 1 in 5 children under 16 years-old in Thurrock are growing up in poverty (21.2%), higher than the national rate (20.1%). Child poverty is more concentrated in the most deprived areas of Thurrock – 6% of children live in poverty in parts of Grays Thurrock and Little Thurrock Rectory, whereas the figure rises to 56.4% in parts of Tilbury¹

Unemployment is one of the key drivers of poverty – 86% of children in poverty in Thurrock are living in families in receipt of Income Support or Job seekers Allowance. The average weekly earnings in Thurrock are below that for England. There is a gender pay gap. In terms of Family structure, three-quarters of poor children live in one-parent families and 43% live in families with 3 or more children. Lone parents and parents with larger families face particular barriers in obtaining and sustaining employment.² The children from these households are much more likely to fall behind at school with fewer opportunities for learning outside of school, including music activities.

We have observed that children from disadvantaged families often have low levels of confidence/self-esteem when they first attend our regular community events, and they can find it difficult to socialise and interact with other young people, even in small groups. This low self-esteem/low confidence, combined with few opportunities for leisure and socialising, puts the young people at increased risk of developing common mental health disorders such as anxiety, depression and eating disorders, and engaging in harmful behaviours such as crime, violence and substance misuse which may harm their future life chances.

As a charitable music centre, Templesprings continually seeks to provide opportunities to children who are financially disadvantaged. Recent evaluation of our summer programme highlighted how our youth-led approach achieved transformative musical and personal skills outcomes. Young Volunteers, who were positive role models and in turn developed superb music leadership skills, coached children who initially showed poor social/listening skills very effectively. The children gained tremendous confidence and self-belief from taking part in small group music sessions.

Our summer programme inspired many children to want to continue developing their vocal and/or instrumental skills. Parental feedback was also highly encouraging with many parents writing personal letters of thanks to our Young Volunteers. In our survey, 90% of parents Strongly Agreed (and 10% Agreed) that their child had increased in confidence, and 95% Strongly Agreed (5% Agreed) that their child had developed new skills.

Learning a musical instrument improves children's behaviour, memory and intelligence, a government-commissioned study found.³ Templesprings' work in the community has continually demonstrated the positive impact music can have on personal and social development, including increased self-reliance, confidence, self-esteem, sense of achievement and ability to relate to others.

¹ <https://www.gov.uk/government/statistics/english-indices-of-deprivation-2015>

² Child Poverty Plan 2015-2020, Thurrock Council.

³ Published 25 November 2011-Department for Education, Department for Digital, Culture, Media & Sport, The Rt Hon Michael Gove MP, and Ed Vaizey

Achievements and Performances in the Period

Our charity is committed to breaking down social barriers between children from more affluent families and those who are from disadvantaged backgrounds; however, we rely on income generated from music course fees to enable our charitable activities to continue. During this period, we provided free music lessons, subsidised music tuition and offered termly scholarship places to those who were highly disadvantaged in our community.

Existing clients: We delivered 9,144 sessions to 762 clients in this period. As part of the termly renewal, these existing clients enjoyed over £7,500 worth of free lessons as a way of keeping our services affordable and keeping a cohort engaged with us. The outcomes and achievements included:

- Building confidence in children through music
- Providing support for families whose children struggle with school, or have difficulty making friends, by linking children up with our music mentors who support them to access the music sessions and build friendships with other children.
- Providing support for musically talented children whose parents cannot afford to pay their music tuition fees
- Providing a safe, fun environment where all local children aged 3-11 are welcome.
- Encouraging children to take part in physical activities and develop healthy habits and lifestyles.
- Providing a fun focus for parents and children to play together and forge relationships with other local families.

New Visitors: In 2018/2019, we had 320 persons make enquiries into the various services we provided. This gave visitors a chance to visit our centre and learn about what Templesprings is doing in the community.

- We provided 162 hours of FREE music lessons to 320 children and adults.
- This was valued at £4,860 worth of free music tuition
- 254 of these people registered to access our various services during this period.

Scholarships: As we would never wish a child's personal circumstances to prevent them from participating in music learning, we offered scholarships to parents from lower-income families.

- In this period, Templesprings provided 65 children who could not afford music lessons with a 100% Music Scholarship worth over £23,400. This equated to 780 music coaching sessions.

Mini-Mixers: In this period, our early years music program called Mini-Mixers for children aged 2 years to 5 years old gained momentum. Our aim was to help meet children's physical developmental needs through action, songs, and the movements needed to play instruments such as drums, keyboard and guitar. We found that music made a great contribution to language and literacy development through repetition, linking sounds and letters as required by the EYFS.

- We had a total of 45 children registered over the course of the year.
- Initially we held the sessions once a week, but increased it to three days of the week (Tuesday, Thursday and Saturday) due to high demands
- We also offered on a Wednesday, a SEN session to accommodate the 3 children who required the service
- 540 Mini-mixer sessions were delivered

Special Needs: We had the opportunity to work with more special needs clients who had been signposted to us by the Thurrock council and word of mouth from other parents.

- We delivered 300 music coaching sessions to 25 individuals. This helped improve their mobility, social interaction and increased their confidence tremendously – a truly memorable experience for the young people, their parents and us.

Achievements and Performances in the Period

Testimonial – SEN Mini-Mixers

Email sent to the parents of one of our SEN children

“Hi O,

I wanted to let you know that we have uploaded a video of A at today’s mini mixers class. We are so happy and proud of her development so far, she is a great kid and has grown in understanding and awareness of music.

As you can see from the video her timing, rhythm and coordination is exceptional. Her skill on all other musical instruments is growing rapidly too. Please give her a big well-done hug from her teacher and all of us at Templesprings.”

Reply from the parents of ‘A’

Hello Templesprings,

Many thanks for your email and many thanks for the video. It’s really comforting to see that A is picking things up so well.

On behalf of our family, we thank you and your staff for the musical input into A, for your patience and understanding. Since we started with your establishment 6 months ago, we have seen a significant difference in her growth and development. We have seen the benefit of the musical therapy sessions in various aspects of her life.

God bless

Events and Performances:

We organised 10 ‘Make Music Day’ MMD concerts at the music center for our students. It took place every month except August and December 2018. This provided the platform for students to perform in front of family and friends and the community, showcasing what they have learnt as part of their music lessons. More than 80 children and young people had the opportunity to perform.

Holiday Clubs and Summer Camp: School holidays can be particular pressure points for some families because of increased costs (such as food and childcare) and reduced incomes (such as loss of a free school meal, reduced working hours etc.). There is a growing body of evidence of a holiday experience gap - with children from disadvantaged families less likely to access organised out-of-school activities ; more likely to experience ‘unhealthy holidays’ in terms of nutrition and physical health ; and more likely to experience social isolation.

We are delighted about the grant we received from **BBC Children in Need** (BBC CIN) to run holiday clubs for the disadvantaged kids in our community during the February half term and a week during the Easter break. As part of our application we partnered with Harris Academy Mayflower as our local school and One Community organisation in Tilbury. With grant funding support from BBC CIN, our school holiday programmes offered a life-changing experience to children who may otherwise never could have had the opportunity to learn to play a musical instrument. The investment often sparked a deep desire to continue their journey on a regular basis during term-time, opportunities that many children take for granted.

Templesprings organised two Holiday Camp events which engaged children aged 5-12 and young people 13-18 years. With ‘light touch’ support from our experienced coaches and music tutors, the Camp was organised and delivered by the young people - who gained valuable transferrable employability and leadership skills from their involvement. It was a unique creative learning opportunity to help build their confidence and key personal skills such as communication, teamwork, and leadership. The activities we provided included:

Achievements and Performances in the Period

- Arts & Crafts, team building activities, learning to play an instrument 'by ear', Playing in a band
- Learning a choreographed dance routine; The children took part in a mini concert and production;
- A journey of discovery and tech inspiration to Apple Store Lakeside; A trip to a local Paint balling adventure park

We followed the BBC CIN data collection ideas and created some of our own to capture the outcomes. We aligned the children's and the young mentor's assessment forms with the BBC children in need specifications for the holiday camp. Staff filled out an assessment form for each child and reviewed it among each other to ensure it was a fair judgement for each child.

The results gave us an insight on how the holiday camp went and showed the areas we needed to improve. We used an app to record how the younger children felt about the camp by getting them to select emojis that represented their experiences such as; smiley faces, sad faces, straight faces etc. We filmed different activities which took place at the holiday camp to show a representation of how things went and capture genuine reactions and feelings about holiday camp. We asked Parents to complete a feedback questionnaire. 37 forms were completed and returned. The analysis below shows the summary result

- 100% of the parents were satisfied with the service received, noting in particular the interaction between the teenage mentors and the kids and the positive role models they were for their children
- 100% Strongly Agreed that: My child(ren) feels happy at Templesprings
- 100% Strongly Agreed that: My child(ren) feels safe at Templesprings
- 90% Strongly Agreed and 10% Agreed that: My child(ren) has grown in confidence
- 95% Strongly Agreed and 5% Agreed that: My child(ren) learnt a new life skill

Case Studies - Holiday Clubs

Increased social participation and personal development

Challenge:

A 7 years old boy named 'S' had good days and not so good days. He was better if left alone by certain other children. He struggled with listening to instructions and didn't really want to join in with some of the group activities.

Solution:

By day three we allocated a young teenage mentor aged 15 years to be his buddy for the rest of the week. The mentor helped him with his social interactions - they focused on a core value of the centre (e.g. Be respectful, Be Kind etc.) each day and found creative ways for 'S' to engage.

Outcome:

'S' responded to this extra support and threw himself into all activities after then. He particularly enjoyed the music lessons, arts and crafts and the physical games. It was wonderful to observe 'S' improve on his social skills, showing kindness to other kids and being cooperative. From time to time he would show leadership by initiating activities and reminding other kids of the core values of kindness, respect and gratitude.

Achievements and Performances in the Period

Working with Young People: In this period, we were able to create and maintain trusting relationships with the targeted group of young people. 12 new Young People joined our existing pool of 24 young talented and vibrant Mentors. Together they planned, promoted, organised and delivered the Holiday Clubs and Summer Camp. It was wonderful to observe the progress the children and young people made in terms of confidence, self-esteem, musical ability, communication skills, teamwork and all-round social skills. All of these were happening within the space of a few days. The following Case studies show the outcomes achieved in this period.

Case Studies - Holiday Clubs

Improved Coordination and Motor Skills

Challenge:

We have permission to use the details of this child and mum: Another boy named Frankie only 6 years old attended the holiday club, very shy and with learning difficulties. Mum had told us about some of his challenges especially with coordination & motor skills.

Solution:

We created a program of activities which required the use of coordination, motor and cognitive skills. It included drum lessons, guitar lessons, using Lego to build and create models. He particularly loved the guitar and showed a lot of perseverance whilst learning, as this instrument can be very hard to play. We have included below an email feedback from Frankie parent.

Outcome:

From: sherie potter Sent: 13 April 2019 10:10

To: Bidemi Johnson <bidemi@templesprings.com>

Subject: Re: Holiday Club Registration Form - Frankie Aldwinckle

Hi Bidemi,

Hope you're well. Just wanted to say a massive thank you to all of you for making Frankie's experience at holiday club so amazing. He's had such a wonderful time and has talked non-stop about his week. He will be definitely coming back again in the future and I am going to hopefully enrol him in guitar lessons at some stage this year.

I was shown a video of Frankie having a guitar lesson, and it was phenomenal just seeing his concentration and his coordination in sync, would it be possible to have a copy of this as I would love to show his teacher at school and his community nurse who follows up with him from time to time, as I'm sure they'd love to see this side of Frankie too.

We wish you a happy Easter and thank you again for all you do.

Best regards,

Sherie & Frankie

Achievements and Performances in the Period

We've learnt that the environment that children and young people operate in matters a lot! At Templesprings, we have created a positive environment where the programs are youth led. Young people are natural 'Evangelist' and marketers for the things they love! The activities during this period required the young volunteers to use their communication and social skills to uphold the 'Templesprings' 'house rules', which created a supportive environment for everyone. Our inclusive approach means that every young person is supported to challenge themselves, for example participating in things they haven't tried before, or setting themselves learning goals. Progressing in these goals helped the children to develop self-esteem, and young volunteers gain confidence from helping deliver this impactful project in their community.

Case Studies – Working with Young People

Growing in confidence through mentoring and volunteering

Challenge:

It was the first time 13 years old Teenager 'A' was volunteering as a mentor for the holiday club. Her older sister has been volunteering for nearly 2 years and she always had the aspiration to be a Music Mentor.

Solution:

At times she found it hard as the kids didn't listen, but she was patient and persistent in her approach with the kids. 'A' grew in confidence working with the kids as the days went by.

She showed a lot of initiative and had creative ideas to make the activities fun for the kids which she found that it worked. She was a buddy for 3 of the little girls who looked up to her. She was always punctual despite it taking her two hours on the bus every day to travel down to the centre

Outcome:

Overall, 'A's' feedback was that she found the experience rewarding. "I felt empowered and liked that I was contributing to the children's development. I enjoyed planning and organising the arts and crafts activities and learnt new skills such as marketing and teaching the younger children keyboard lessons"

Barclays Life Skills: We organised and ran Barclays Life Skills Modules covering Resilience and Wellbeing. Just like our physical health, mental wellbeing is something we all have and must look after. As an organisation, supporting young people's mental wellbeing is crucial in helping them on their journey to successful futures. The right support can equip students with the skills to help the early intervention and prevention of mental health issues in later life. We explored the following areas:

- What words come to mind when people use the term 'wellbeing'?; How might people feel when their overall wellbeing is at its best?; What kinds of things can affect a positive sense of wellbeing, or throw it off balance?
- How might wellbeing be affected at times of transition and change, such as moving on from school, or starting work?; How might learning skills for maintaining positive wellbeing at an early age benefit people later in life?
- We undertook activities with scenarios on how to manage pressure of exams, relationships and interview techniques.

Achievements and Performances in the Period

Social Action: The young people brought in home-made cakes and muffins to hand out in our local community, whilst promoting Templesprings and fundraising for their next social action project. We started the day off by preparing them with a short roleplay so that they could get used to giving out information confidently and it proved to be a success. They went armed with a smile, cakes and leaflets to Grays high street and the response from the public was great.

We had many interested people and even a few signups from this promotional drive, which helped build confidence and a sense of pride amongst our young people.

With the money raised, we were able to purchase items to include in the Christmas hampers for the old people's home we support.

Celebration: Our year ends in July with a celebration of the young people's achievement for volunteering and social action projects. To end the period, we organised a paintballing trip as a way of celebrating and thanking the young participants for a very successful year. They all absolutely loved the paintballing and enjoyed the camaraderie and team building activities.

Work placements: We worked in partnership with USP College to host work experience placements for their students. A total of 15 students on Music, Business Studies, Marketing and Technology courses were provided meaningful opportunities to experience the world of work. Below is a case study from one of the placements.

Case Studies – Work Placement USP College

Pushing Boundaries and embracing the world of work

Hi Bidemi

Please find attached a profile document created by 'S' reflecting on her work experience with yourselves at Templesprings. You will read that I nominated her for a Jack Petchey Award down to the progression she has made as an individual by pushing her boundaries and embracing the world of work. Without your support this would not have been possible. I was confident that Templesprings was the correct place for 'S', I knew that you would nurture her and bring out the best in her, this shows massively in her confidence since returning to College. I cannot thank you enough. If you could give employer feedback either via the link that was sent or just send an email to myself, I can add your comments on the document also and give her it with her work experience certificate.

I hope that when you read this you can also appreciate how you improve and play such a meaningful role in our students work-placement so I appreciate your continued support.

I wanted to share such positiveness with you, as 'S' would be receiving her Jack Petchey award tomorrow morning, when I told her I have never seen a student so happy!

Regards

Julia

Employment Skills Advisor USP College

Achievements and Performances in the Period

Sessional Workers and Volunteers: We are so grateful for the community of young people and parents who continually volunteer their time to support the work we do in the community. The table below provides a breakdown of the volunteer hours donated.

- More than 34 people provided a total of 4,806 volunteering hours. Their Gift in Kind contribution to the organisation is worth £36,090

Public Benefit

In shaping our objectives for the year, the trustees have considered the charity commission's guidance on public benefit. This year we focused on improving outcomes for our clients and enriching their lives. These clients experienced significant shifts in confidence in their lives and attested to improved family relationships, and better work life balance.

The strategies employed this year to ensure that our activities targeted the charities objectives as set out in the constitution:

- Building up of the capacity and skills of local people
- Working in partnership with others to improve Community cohesion
- Creating a safe, supportive and stimulating environment where individuals and groups can engage
- Building quality relationships and engendering support for mutual benefit to enrich and strengthen the community
- Develop opportunities for 13-18 year olds to ensure high quality opportunities for learning, skills, development and training.
- Through work placement scheme, supporting young students from USP College
- promoting the positive contribution made by children and young people and helping them access opportunities that give them a role in the community

These are evidenced through our performances and achievements during this year.

Financial Review and Reserves Policy

Total resources expended was at similar level to the previous year, with a large increase in incoming resources. The Charity had a surplus at the end of the year. During the coming year, the Trustees are planning to apply for funding to develop new training initiatives and community projects.

The main activities are undertaken from the general fund, where most of the income is from individual donations.

Investment Policy

The Charity does not have sufficient funds to invest now. However, it may be considered to opening an investment account when funds are available.

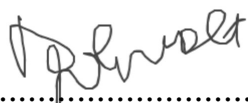
Basis of Preparation

This report is prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice (revised 2019).

The trustees have opted to produce the Accounts on a receipts and payments basis, under s42(3) of the Charities Act 1993.

The trustees declare that they have approved the report and accounts.

Signed by one trustee on behalf of all the charity's trustees



.....
ADERINOLA JOHNSON

Date..... 27/04/2020

Templesprings

Independent Examiner's Report To The Trustees of Templesprings

I report on the accounts of the trust for the year ended 30th June 2019, which are set out on pages 16 to 22.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act); and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Fumi Peroola B.Sc FCA CTA

Relevant professional qualification or body: ACCA

Address: 36A GOODMAYES ROAD, ILFORD, ESSEX IG3 9UR

Date: 29/04/20

Templesprings

Statement of Financial Activities
For the year ended 30th June 2019

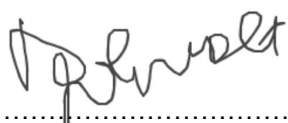
		Unrestricted funds	Restricted funds	Total 2019	Total 2018
	<u>Notes</u>	£	£	£	£
<u>Incoming resources from generated funds</u>					
Donations and legacies	2	230,187	-	230,187	197,520
Other income	3	-	11,820	11,820	7,880
Investment Income	4	3	-	3	2
		230,190	11,820	242,010	205,402
Other incoming resources		-	-	-	-
Total Incoming resources		230,190	11,820	242,010	205,402
<u>Resources Expended</u>					
<u>Costs of generating funds</u>					
Costs of generating donations and legacies		-	-	-	-
Net incoming resources available		230,190	11,820	242,010	205,402
Charitable activities		235,936	11,820	247,756	188,703
Governance costs	6	10,154	-	10,154	14,794
Total resources expended	5	246,090	11,820	257,910	203,497
Net outgoing resources before transfers		(15,900)	-	(15,900)	1,905
Gross transfer between funds		-	-	-	-
Net expenditure for the year/Net movement in funds		(15,900)	-	(15,900)	1,905
Fund balances at 1st July 2018		15,471	-	15,471	13,566
Fund balances at 30th June 2019		(429)	-	(429)	15,471

Templesprings

Balance Sheet
As at 30th June 2019

	<u>Notes</u>	2019 £	2018 £
Fixed Assets			
Tangible assets	7	<u>1,410</u>	<u>5,059</u>
Current Assets			
Trade receivables		8,154	9,870
Other debtors		5,654	2,880
Cash at bank and in hand		<u>8,422</u>	<u>23,883</u>
		22,230	36,633
Current Liabilities			
Other creditors		<u>24,069</u>	<u>26,221</u>
		24,069	26,221
Non-current Liabilities			
Creditors falling due after one year		<u>-</u>	<u>-</u>
Total assets less total liabilities		<u>(429)</u>	<u>15,471</u>
Income funds			
Restricted funds	10	-	-
Unrestricted funds		<u>(429)</u>	<u>15,471</u>
		<u>(429)</u>	<u>15,471</u>

The accounts were approved by the Trustees on 27/04/2020



.....
Mr Aderinola Johnson
Trustee

Registered Charity No: 1092825

1. Accounting policies

a. Basis of Accounting

The accounts have been prepared under the historical cost convention with items recognised at cost or the transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective 1st January 2015 and the Charities Act 2011.

b. Fund Accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

c. Incoming Resources

Donations and similar income receivable are accounted for in the period to which they relate. All income is stated gross of any related expenditure.

Income is derived entirely from the charity's activities and is stated gross of value added tax.

Principally, the charity's income is derived from donations and bank interest.

d. Resources Expended

All expenditure is included on an accruals basis and recognised when there is a legal or constructive obligation to pay for expenditure. Costs of generating funds and charitable activities are recognised in the period in which the event to which they relate occurred. All support costs are recognised in the period that the liability arose. All expenditure is stated inclusive of VAT.

e. Governance Costs

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity.

f. Grants

The general policy is that multi-year grants are conditional on an annual review, and that the Charity maintains the discretion to terminate any grant.

g. Funds structure

Restricted funds are funds earmarked by the Trustees for particular purposes.

h. Treatment of irrecoverable VAT

Irrecoverable VAT is attributed to revenue and capital expenditure as appropriate.

Templesprings

Notes to the accounts
For the year ended 30th June 2019

2. Donations and legacies

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2019</u> £	<u>Total</u> <u>2018</u> £
Donations and gifts	230,187	-	230,187	197,520
Donations and gifts				
Unrestricted funds:				
Gift in kind			36,090	33,315
Gift Aid			34,557	27,271
Merchandise			3,279	5,035
Course materials			5,215	6,255
Donations and gifts			151,046	125,644
			230,187	197,520
Restricted funds:				
Donations and gifts			-	-
			-	-

3. Other income

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2019</u> £	<u>Total</u> <u>2018</u> £
Corporate grants	-	11,820	11,820	7,880

4. Investment income

	<u>Unrestricted</u> <u>funds</u> £	<u>Restricted</u> <u>funds</u> £	<u>Total</u> <u>2019</u> £	<u>Total</u> <u>2018</u> £
Interest receivable	3	-	3	2

Templesprings

Notes to the accounts
For the year ended 30th June 2019

5. Total resources expended

	<u>2019</u> £	<u>2018</u> £
Costs of generating funds		
Fundraising costs	-	-
Charitable activities		
Activities undertaken directly	247,756	188,703
Governance costs	10,154	80,516
	<u>257,910</u>	<u>269,219</u>

6. Governance expenditure

	<u>2019</u> £	<u>2018</u> £
Audit & Accountancy fees	1,839	2,190
Bank Fees	1,283	642
Consulting	-	1,179
Depreciation Expense	3,649	3,399
Interest Paid	1	8
Legal Expenses	905	1,343
Repairs & Maintenance	-	1,115
Subscriptions	120	987
Subsistence	2,128	3,822
Travel	228	109
	<u>10,154</u>	<u>14,794</u>

Templesprings

Notes to the accounts
For the year ended 30th June 2019

7. Fixed Assets	£
<i>Cost or valuation</i>	
At 1st July 2018	21,210
Additions	-
Disposals	-
At 30th June 2019	<u>21,210</u>
<i>Depreciation</i>	
At 1st July 2018	16,151
Charge for the year	3,649
At 30th June 2019	<u>19,800</u>
<i>Net book value</i>	
At 30th June 2019	<u>1,410</u>
At 30th June 2018	<u>5,059</u>

8. Related parties

During the year, the following trustees received remuneration from the Charity:

	£
Mr Aderinola Johnson	9,959
Mrs Katarzyna Wasilewska	17,113
	<u>27,072</u>

9. Employees

During the year, there was an average of 10 employees on the Charity's payroll (2017: 6).

10. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for the specified purposes:

	Movement in funds				
	Balance at 1st July 2018	Incoming resources	Resource expended	Transfers	Balance at 31st June 2019
	£	£	£	£	£
Corporate grants	-	11,820	(11,820)	-	-
	<u>-</u>	<u>11,820</u>	<u>(11,820)</u>	<u>-</u>	<u>-</u>

Templesprings

Notes to the accounts
For the year ended 30th June 2019

11. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total £
Fund balances at 30th June 2019 are represented by:			
Current assets	<u>(429)</u>	<u>-</u>	<u>(429)</u>
	<u><u>(429)</u></u>	<u><u>-</u></u>	<u><u>(429)</u></u>

12. Prior year adjustments

In this set of accounts, prior year costs incurred under costs of generating funds, charitable activities and governance costs have been reallocated as the trustees feel this shows a more accurate true and fair view of affairs.