

Trustees' Annual Report

For the year ended: 31/07/19

Reference and administration details

Charity name Hidden Voices Kenya

Other names the charity is known by None

Registered charity number (if any) 1174076

Charity's principal address 61 Third Avenue, Liversedge, West Yorkshire, WF15 8JS, UK

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint
Dr Christine Kahigi	Chair		HVK members
Peninah Wangari Jones			HVK members
Dr Margaret Wachu Gichuhi			HVK members
Simon Kahigi Muigai			HVK members
Jacinta Njeri Wachura			HVK members
Patrick Mugo			HVK members
Caroline Schwaller			HVK members
Alice Wangui Gikandi			HVK members
Teresia Wangui Gikandi			HVK members

Structure, governance and management

Governing document: Constitution

How the charity is constituted Charitable Incorporated Organisation

Trustee selection methods Appointed by members

Additional governance issues n/a

Objectives and activities

Summary of the objects of the charity set out in its governing document

To promote and protect good mental health in Kenya in particular but not exclusively by:

- (a) Educating the public about mental health illnesses by raising awareness, reducing stigma, fear, intolerance and stereotyping by working directly with people in various settings and in culturally appropriate ways
- (b) Providing services and opportunities for people with mental illness, and their carers and families, by working in partnership with people in various settings and in culturally appropriate ways.
- (c) Advocating for better support and mental health services by working at community level and with other service providers to increase the awareness of issues relating to mental illness, amongst politicians and government officials in an objective and persuasive way to help shape government policies and use of resources in the future.

Summary of the main activities undertaken for the public benefit in relation to these objects

Due to lack of resources and a number of mitigating circumstances beyond the charity's control, activities were very limited, but planning for the future continued with an emphasis on focusing on young people and liaising with schools to continue building a better understanding and more open discussion about mental health and how it can affect people and their families.

Registration with the Kenyan Government finally achieved which enabled the charity to start more active and public work.

Activities continued to focus on raising awareness of the charity and of mental health, through a few introductory events led by volunteers. Focusing on schools was a primary objective that year. It included planning, relationship building, liaising and starting to carry out awareness raising sessions in two Nairobi schools: Kinoo Girls School and Kasarani High School in July 2019; well received with 130 students attending overall. Follow up meetings planned for September.

Meanwhile all possibilities for funding were pursued, and preparation for opening a bank account in Kenya; and momentum was increased towards the end of the financial year.

Trustees continued to build a bank of information from the media and other sources to demonstrate the need for this attention to mental health. Information uploaded onto the website.

Additional details of objectives and activities

The trustees rely on their own input and time until there are sufficient funds to employ staff.

Achievements and performance

Summary of the main achievements of the charity during the year

As stated above, the main achievements relate to developing the charity's objectives and a milestone was the final registration with the Kenyan Government.

Any expenditure has been covered by trustees.

Overall

Hidden Voices Kenya continues to be deeply committed to carrying out its objects but continues to be thwarted by the challenges of finding suitable funding and lack of day to day resources that enable trustees and volunteers to carry out activities. Thanks to the generosity of some, it has been possible to maintain momentum and ambition as the subject of mental health becomes more widely promoted through the media.

Financial review

HVK opened a Triodos Bank account in 2019 and £20 donation was made as a deposit in this financial year. There were no withdrawals. £862 (2018/19 £1,317) was spent on the costs of events, performances and fees by trustees as a donation to the charity. No other transactions made. With minimal financial activity at this stage simple records have been kept.

Trustees' responsibilities in relation to the financial statements

Law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

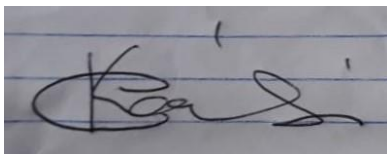
- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain the financial position of the charity and which enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Declaration

The trustees declare that they have approved the trustees' report

above Signed on behalf of the charity's trustees

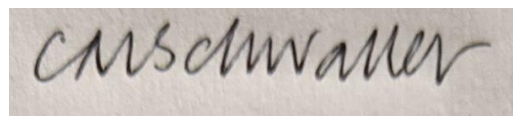


Signature

Name: Dr Christine Kahigi

Position: Chair

Date: 3rd May 2020



Signature

Name: Caroline Schwaller

Position: Trustee

Date: 3rd May 2020



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
Hidden Voices Kenya

No (if any)
1174076

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/08/2018

To

Period end date
31/07/2019

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donation	20	-	-	20	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	20	-	-	20	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	20	-	-	20	-
A3 Payments					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	20	-	-	20	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	20	-	-	20	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Triodos Bank	20	-	-
		-	-	-
		-	-	-
	Total cash funds	20	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		CAROLINE SCHWALLER	03/05/2020	