



**ANNUAL REPORT**  
**JANUARY – DECEMBER**  
**2019**

# THE OASIS CENTRE – CORNWALL

*Registered Charity Number  
1139355*



## **Introduction**

The above photo was taken a week or two before Christmas 2019 and shows some of those whom we call

our 'Members' and Volunteers enjoying themselves at the Wellbeing Café. It is our Charity's longest running activity and, as can be seen from the photo, the atmosphere is a happy and inclusive one. Many of our 'Members' attend every week and stay all day. In truth, you have to be there to appreciate what our Cafés achieve, on a weekly basis, through the dedication of our team of Volunteers. They are a truly wonderful team. The Charity and its 'Members' are privileged to receive the benefit of their commitment. It is truly inspirational.

We have had a successful year as you will discover by reading on. We are proud of what our small Charity manages to achieve and we want to do more. Our Home Visiting project made a good start in 2019 and we have other ideas we want to pursue.

Huge thanks are due to all those who have provided grants and supported us in other ways throughout 2019. We shall build on that in 2020.

Jeremy Simmonds  
Chair, The Oasis Centre – Cornwall



*Oasis Café Volunteers*

### **Safeguarding Report.**

The care of disadvantaged and vulnerable persons lies at the heart of Oasis' remit and we encourage everyone to be alert to possible issues as we work with the local surgery, the Churches Child Protection Advisory Service, known as 'ThirtyOneEight', the police and the diocesan safeguarding team. All our volunteers undergo safeguarding training as part of their induction, and this is followed up with additional training over the year.

Over the past year we have identified some safeguarding concerns and, with the above bodies, have worked extremely well together to resolve the issues. It is disappointing, and a matter of some concern, that Adult Social Care have not been able to support us in these situations. There have been no instances where Child Protection procedures have had to be instigated.

Pat Walton.

## **Co-ordinator's Report.**

Another busy year with yet more evidence that we are reaching out successfully into our community. There is growth in all aspects of our work, a fact that has caused us to decide to start 2020 with a major recruitment drive. We have a group of amazingly committed volunteers but need more if we are to meet all the demands being made on us.

As we reach out to those who need us, we continue to run our Wellbeing Café, Memory Café, Lunch Club, Chill and Chat, (Parents and carers with toddlers), Debt and Welfare Rights Counselling, as well as our weekly drop in from 10.00 am to 12 noon each weekday. The Foodbank, an offshoot of Newquay Foodbank continues to operate each Saturday, and we really enjoy good working links with them. All of these activities are growing and developing. Our latest activity, the Home Visiting Project is also up and running.

As can be imagined, we have a lot of support from the community to achieve all this and we are very grateful for the help we receive not least from the local surgery, the Mayor, Paul Wills and the police.

We are still hoping to develop a Men's Shed, but this is likely to be dependent on when we are able to have an allotment on which we can put it. We are on the waiting list, and there is a lot of interest in it.

We continue to work to ensure that everything we do has a solid foundation. Every activity we offer is in response to a need in the community, these needs increasing each year as community services are withdrawn.

2019 has been a good year when activities and numbers attending them have increased but, as ever, the

pressure of fund raising is always with us. We offer sincere thanks to those who support us in this way. If there any ways in which you feel that you are able to support your local community charity, please get in touch.

Pat Walton.



*Another pre-Christmas photo from the Wellbeing Café.*

## **The Wellbeing and Memory Café**

The Wellbeing and Memory Café continued to flourish during 2019. Our membership has again increased and we are welcoming more members suffering from Dementia. We are now able to offer greater support to our members and their families with our experienced team of committed volunteers.

The Café runs every Thursday offering lots of tea, coffee, cake and friendly chatter. For those wanting to try something new we offer and arts and crafts in the morning. No experience or flair required to simply have a go.

Lunch continues to be a firm favourite with the members. We have been very lucky to receive a fantastic two course meal, once a month, courtesy of The Bedruthan Steps Hotel. Cooked by their own chefs, this is always a meal to look forward to.

The focus in the afternoon is very much on memory matters. We have recently started our own choir and are working on popular songs from days gone by. Other activities include flexercise, chair yoga, drumming and quizzes. Members are also regularly entertained by local choirs and performers.

Trips are run each month to places our members express a wish to visit. This year the trips have included Padstow, Mevagissey, Dairy Land and Lappa Valley Steam Railway.

We are very proud of the Café. It is a place filled with laughter and happiness, where members and volunteers alike can share experiences and problems and feel supported by each other. It is the highlight of the week for all those involved.

Everyone is welcome.

Anne Clare



*Story time at Chill & Chat*

## **Chill & Chat**

Chill & Chat meets at Trevisker St Eval Community Centre every Tuesday from 10am – 12 noon.

Everyone is welcome – not just those who live in the village.

Several toddlers and babies attend with their mums, carers or child-minders but that does not preclude anyone else. All are welcome; the more people there are to read to a toddler, cuddle a baby or chat to a younger or older person, the better. We welcome older visitors too as the mix of age-groups is a strength of our regular get-togethers.

After each holiday period we discuss, as a group what activities we would like to try out in the following weeks,



but there is no obligation to do anything but chat if one feels so inclined! Activities in 2019 have included baking, handicrafts, flower-arranging, a walk from St Mawgan to Mawgan Porth and apple-picking. Activities, particularly crafts, are often linked to festivals such as Easter-bonnet making and decorating mini Christmas cakes.

Oasis volunteers organise the tea, coffee and refreshments and prepare the materials for the various activities as well as setting out tables and chairs and getting the children's toys out. In 2019 we were able to purchase a kitchen, market stall and work bench to enhance the children's creative play, using a grant as we do not charge for attendance – just a donation for tea, coffee and cake.

Volunteers to help with the organisation of refreshments, activities and preparation of the room are always welcome, if only once or twice a month, and we would be happy for any of Oasis' friends to visit us.

Barbara Hough

### **Home Visiting**

We have been providing this home visiting service since April 2019. In that time our four volunteers and one home visiting coordinator have visited 10 people in our community, providing over 150 hours of support. Sometimes our visits include doing an activity together e.g. baking or playing scrabble, always it is about listening and chatting. The people we have visited have all said that they are very grateful that someone comes and talk to them and they look forward to the volunteer visiting. One gentleman said “no-one else comes to visit me and it's nice to have someone to talk to”. His

volunteer has noticed an improvement in his general well-being and in his mood.

We are very grateful to the people who have volunteered to become home visitors. Without them we couldn't provide this service but we do need more people to volunteer. A minimum of an hour a week is required, training and support is provided. All you need to do is contact [oasiscornwallhv@gmail.com](mailto:oasiscornwallhv@gmail.com) or pop in to the Oasis office anytime Monday – Friday between 10am and noon or call the office on 01637 889682.

If you would like someone to come and visit you then please contact us using the same details above.

There's no reason for people to be alone when we can help each other in this way. As Grahame Greene said "In the end there is no desire so deep as the simple desire for companionship".

Jackie Oglethorpe

### **Debt and Welfare Counselling – Citizens Advice Cornwall at the Oasis Centre**

Over the year from January to the end of October 2019 there were 18 contacts with clients. The issues ranged from Family ones including Child Maintenance and Separation, Debt, Assistance with financing house move, Housing, and Benefits. The majority of benefit cases revolved around PIP and DLA - assistance with applications, revisions or appeals.

Unfortunately, the November and December sessions did not run owing to adviser's car refusing to start in November and clash with Christmas Eve in December. Normal service should resume in 2020. We are always looking for further opportunities to promote the service at

the Oasis Centre and as always the sessions have been well advertised and supported by Kath and Pat.

Anne Jones

### **Crisis Fund.**

The Crisis Fund benefits vulnerable people on low incomes who are urgently in need of small, one-off amounts of money. Grants are normally made to provide financial support to the most vulnerable people in Cornwall. These small grants can be accessed through a wide range of sponsor agencies including The Oasis Centre.

Ever increasing rising costs in living and problems with accessing benefits may mean these people face extremely difficult choices in terms of what they can afford to spend their limited money on – for example heating or eating.

Partly funded by our own fund raising efforts, personal donations and the welcome support of Cornwall Community Foundation we have helped a number of people this year in very vulnerable situations, those who were in danger of becoming homeless, unable to pay the rent; those who had no money to pay for fuel; those who were unable to earn enough money to cover both rent and heat and other similar issues. We know that we have been able to help in some situations, and thank those who have made it possible.

Pat Walton.

### **Food Bank**

This has been our busiest year to date, with the peak session (at St Michaels, Newquay) bringing in 21

Families, 13 Couples and 27 Individuals who required our support. Costing approx. £2,080 worth of food in just one day. Now, whilst the Oasis sessions are not as busy as those in Newquay, for those who use us we believe we remain a vital source of support and friendship at a time of great need.

Operating out of the Oasis Centre every Saturday morning from 1000 – 1200, we see on average two families, one couple and two individuals each week. More in the busy periods. During Christmas this increases dramatically and last Saturday we supported 7 Families, 1 Couple and 2 Individuals.

The Christmas Giving project ran again this year and we received letters of appreciation from the families we supported, showing just how much of an impact we have made. Many of our families may only use us once, but for that one time when they are struggling, we continue to be there to support and direct as required.

This year has seen the establishment of a Fundraising team and the training of three new leads. Two of which are St Columb Major Residents dedicated to support the project out of the Oasis Centre.

Steph Carlyon

## **Thanks to Our Donors**

The Trustees of The Oasis Centre – Cornwall are very grateful to all those who donate time, effort, resources and money to our charity. Without that generosity, nothing could be achieved.

The personal contributions of all our individual volunteers every day, week, month and year are particularly valued as are the personal donations from individuals all over the world and particularly here in Cornwall who care for what we do.

## **Financial Review**

### **The Charity's policy on Reserves**

The Charity's policy is designed to address the ever-present danger that, due to economic causes or other circumstances outside the control of the Trustees, grant income may cease to be available and/or donations from other sources may dry up, thus creating a financial emergency.

The adequacy of the reserves has been calculated to cover:

1. The Charity's routine monthly overheads for running its office and keeping its general activities going for a minimum of six months.
2. Contractual liabilities that demand more than one month's notice.
3. The running costs of activities for which restricted grants or donations have been received.

## **General overview**

It is clear that 2019 has been a successful year for our Charity. It has perhaps been one of our most successful years to date. This does not mean however that there is time for complacency, for the challenges are as great today as they have ever been.

We look forward to what 2020 has to offer in the knowledge that we are supported by a large body of well-wishers and our enthusiastic team of volunteers.

## **Financial Review**

The Charity's Accounts for 2019 show a healthy increase in the General Fund. This has been achieved, in the most part, by our success in securing a grant from the Rank Foundation of £12,000 per annum for the next three years. Whilst this helps secure the future of the Charity over the next three years we are still faced with the challenge of finding matched funding.

The Charity's projects are currently well supported by grants but we will again have to work hard to ensure that adequate funding is achieved year on year.

## **Our people and our contact details**

### **Our Trustees:**

Chair:	Jeremy Simmonds
Hon. Treasurer:	Anne Clare
Hon. Secretary:	Mary Mitchell
Members:	Rev. Helen Baber, Ian Gibson. Barbara Hough, Pauline Turner, Pat Walton, William Wood, Barbara Wyper.
Our Charity's Address:	26 Fore Street, St. Columb, Cornwall. TR9 6RH.
Telephone:	01637 889682
E-mail:	admin@oasiscentre.plus.com
Website:	<a href="http://oasiscentre-cornwall.org.uk">http://oasiscentre-cornwall.org.uk</a>

### **Our Volunteers (surnames in alphabetical order)**

#### **OFFICE VOLUNTEERS**

Jill Biddick  
Alison Dawe  
Barbara Hough  
Gill Lovegrove  
Mary Mitchell  
Joanna Scoffham  
Kath Tucker  
Pauline Turner  
Pat Walton  
Barbara Wyper

#### **PROJECT VOLUNTEERS**

Ros Adams  
Nancy Barker  
Sophie Boundy  
Tim Brenton  
Angela Butler\*  
Alan Clare  
Dave Crewes  
Alison Dawe  
Glynis Duffield  
Kate Geall

Wendy Harrison  
Clare Holland  
Barbara Hough  
Rose Jones  
Daphne Lay  
Tess Lowe\*  
Mary Mitchell  
Sheila Neal  
Brian Nowell  
Jackie Oglethorpe\*\*  
Jodie Prowse  
Ann Pyrah

\*Clergy Team

\*\* Sessional Worker

Lesley Richardson  
Jean Smith  
Sharon Tate  
Kate Thomas  
Liz Turner  
Gillian Wathen  
Helen Williams  
Sandra Wood  
Barbara Wyper

### **Our Independent Examiner**

Mr Barry Upton, The Hayloft, Roselyn Farmhouse,  
Summercourt, Newquay. TR8 5 BQ.



## **The Oasis Centre – Cornwall Trustees' Report**

### **For the year ended 31<sup>st</sup> December 2019**

The Trustees submit their annual report and the financial statements of The Oasis Centre – Cornwall (the Charity) for the year ended 31<sup>st</sup> December 2019. The Trustees confirm that the annual report and the financial statements of the Charity comply with current statutory requirements and the requirements of the Charity's governing document.

#### **Method of appointment or election of trustees.**

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Constitution.

#### **Constitution, policies and objectives.**

The Charity is a registered charity, number 1139355. The principal objectives of the Charity are:

*“to relieve persons resident in the parishes of St. Columb, St. Ervan, St. Eval, St. Mawgan and surrounding areas who are in a condition of need, hardship, distress, ill-health, disability or other disadvantage”*

There have been no changes in these principal objectives since the Charity was registered.

#### **Trustees responsibilities.**

Law applicable to charities in England/Wales requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the Charity and of the surplus or deficit of the Charity for the period. In preparing those financial statements the Trustees:

- Select suitable accounting policies and apply them consistently

- Make judgements and estimates which are reasonable and prudent
- Prepare the financial statements on a going concern basis
- The Trustees have overall responsibility for ensuring that the Charity has an appropriate system of controls, financial and otherwise. They are also responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the Charity, and hence taking reasonable steps for the detection and prevention of fraud and other irregularities.

This report was approved by the Trustees on 7<sup>th</sup> February 2020 and signed by

Chair.







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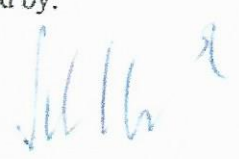
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This report was approved by the Trustees on 7th February 2020  
and signed by:

– Chair. 

## Independent Financial Examiner's Report

To the Trustees of The Oasis Centre - Cornwall

I report on the attached financial statements of the Charity for the year ended 31<sup>st</sup> December 2019, which are set out on pages 12 to 15.

My examination was carried out under section 145 of the Charities Act 2011 in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the Trustees concerning such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the statement below.

In connection with my examination no matter has come to my attention:

1. which gives me reasonable cause to consider that, in any material respect, the requirements
  - to keep accounting records in accordance with Section 130 of the Charities Act 2011; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the said Acthave not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Date: 19<sup>th</sup> FEBRUARY 2020.



Name: Barry Upton

Address: The Hayloft, Rosewyn Farmhouse, Summercourt, Newquay, TR8 5BQ

**THE OASIS CENTRE - CORNWALL**  
**BALANCE SHEET**  
As at 31st December 2019

	2019	2018
	£	£
Bank balances	45,470	33,434
Cash in hand	840	215
	<u>46,310</u>	<u>33,649</u>
General Fund	30,426	15,479
Restricted Funds	15,884	18,170
	<u>46,310</u>	<u>33,649</u>

The financial statements on this and the following three pages were approved by the Board of Trustees on *7th February* 2020 and signed on its behalf by

*[Signature]*

Chairman

*[Signature]*

Hon. Treasurer

Charity Number 1139355



# THE OASIS CENTRE - CORNWALL

## Income and Expenditure Account

For the year ended 31st December 2019

	General Fund	Restricted Funds	2019	2018
	£	£	£	£
Receipts from Benefice	0	0	0	3,042
Grants	22,500	14,650	37,150	28,356
Donations	1,668	6,563	8,231	6,956
Fundraising	1,587	0	1,587	1,320
Sundry	0	0	0	0
<b>Total Receipts</b>	<b>25,755</b>	<b>21,213</b>	<b>46,968</b>	<b>39,674</b>
Fees for administrative services	1,157	5,797	6,954	6,774
Office Rent	3,200	1,600	4,800	4,800
Office Costs	4,304	0	4,304	6,554
Volunteer Training & Expenses	426	0	426	1,596
<b>Total Overhead Costs</b>	<b>9,087</b>	<b>7,397</b>	<b>16,484</b>	<b>19,724</b>
Debt & Welfare Counselling	908	375	1,283	1,120
Venue Hire	130	3,583	3,713	4,612
Vehicle Hire	0	311	311	585
Sundry	506	0	506	455
Chill & Chat	0	558	558	1,256
Home-Visiting	0	3,416	3,416	0
Memory Café	176	1,404	1,580	1,231
Wellbeing Café	0	5,879	5,879	6,651
Winter Warmth & Relief	0	576	576	440
<b>Total Charitable Outlays</b>	<b>1,720</b>	<b>16,102</b>	<b>17,822</b>	<b>16,350</b>
<b>Total Payments</b>	<b>10,807</b>	<b>23,499</b>	<b>34,306</b>	<b>36,074</b>
Net Deficit/Surplus	14,948	-2,286	12,662	3,600
Funds on 1st January 2019	15,478	18,170	33,648	30,049
<b>Funds on 31st December 2019</b>	<b>30,426</b>	<b>15,884</b>	<b>46,310</b>	<b>33,649</b>



## Independent Financial Examiner's Report

To the Trustees of The Oasis Centre - Cornwall

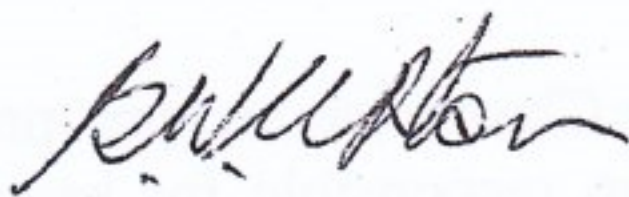
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