



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 1 st	Month January	Year 2019		Day 31 st	Month December	Year 2019

Section A Reference and administration details

Charity name

Re:Charge R&R

Other names charity is known by

Registered charity number (if any)

1168554

Charity's principal address

Highview, 6 North Road

Maidenhead

Berkshire

Postcode

SL6 1PE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Georgina Grafham	Chair		
2	Susan Le Page	Secretary		
3	Paul Grafham	Treasurer		
4	Elizabeth Linton			
5	Sarah France		Joined 2 nd April 2019	
6				
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution (2 nd August 2016)
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society, in particular but not exclusively by the provision of a drop-in facility and linked services.

For the purpose of this clause 'socially excluded' means being excluded from society, or parts of society, as a result of one of more of the following factors: unemployment; financial hardship; youth or old age; ill health (physical or mental); substance abuse or dependency including alcohol and drugs; discrimination on the grounds of sex, race, disability, ethnic origin, religion, belief, creed, sexual orientation or gender re-assignment; poor educational or skills attainment; relationship and family breakdown; poor housing (that is housing that does not meet basic habitable standards; crime (either as a victim of crime or as an offender rehabilitating into society)."

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Re:Charge R&R provides drop-in sessions for vulnerable families at 3 different locations within Maidenhead:- Larchfield Community Centre, St Peters Church and Quaker Meeting House. The aim is to offer a safe, friendly environment, to build relationships with local families who feel isolated, fear authority and are in emotional poverty. Re:Charge R&R wants to empower clients to make good choices with regards to relationships, finances, drug & alcohol, and also to target training and counselling places for them where relevant.

Any family/parent, whatever age their children, is welcome to attend the drop-in sessions. We open during the school holidays, when other groups are closed, and siblings up to 11 years can come along. Another aim for Re:Charge R&R is to identify from their customers future leaders from local areas, to take on the running of the drop-in centres, while offering ongoing nurturing, training and mentoring. We hope the volunteers will also gain valuable skills and experience themselves whilst working within the project. We want to offer an investment of hope for the people from the community.

Many Re:Charge R&R families are in emotional poverty, they feel their voices are not heard and don't matter, and so fear authority. Many of our parents, as children, didn't have good role models, so we have provided support to situations regarding eviction, debt, relationships, drugs and alcohol, child and teenage behaviour problems. For example, during 2019 we supported a mum who tragically lost her husband, with her grief and to eventually move away with her six children. We also supported another mother over a period of time with a very traumatic court case. When her youngest child goes to pre-school she wants to volunteer at our sessions to be able to give 'something back'.

Re:Charge R&R is unique in the services it provides to the community but we do work alongside other agencies within the Royal Borough of Windsor & Maidenhead. We have referred to and worked alongside DASH (Domestic Abuse Stops Here) and Family Friends, we have been involved with Social Services in offering supervised visits where necessary and we worked with a multi-agency group to support a family. We continue to work with Maidenhead Foodshare and are a referral point for those in need of help with food bags.

The 4th session, the Freedom Café, aimed at helping individuals to recover from addictions gave our customers the possibility to attend a Narcotics Anonymous (NA) meeting. Volunteers and staff were also on

hand to help them with benefits applications, finding employment, CV writing, basic maths and literacy skills, securing housing, and signposting to medical services. At this session we also work in partnership with Foodshare who provide a lunchtime meal for the attendees. The session for recovering addicts is staffed by three members of staff who are themselves in recovery. Two of these members of staff were previously customers at the sessions. In September the Freedom Café became the Re-Focus group after moving to new premises. Please see below for more details.

Our work has seen us move people from unemployment to employment, from abusive relationships to freedom from the abuse, from feelings of isolation and loneliness to feelings of a sense of belonging in the community, from anxiety and lack of self-esteem to confidence and a feeling of worth, from addiction to a life free from addiction. We are particularly proud of a dad who we have worked with over a number of years. We supported him in getting custody of his child, we supported him into employment and away from addiction and he now works at the session we run for recovering addicts using his experiences for the benefit of others. The confidence of our ability to impact on the lives of the individuals we come into contact with is based on the values of the charity; which are those of providing a non-judgmental, consistent support to vulnerable people all the year round demonstrating to them care and compassion which might have been missing in their lives.

The trustees have in planning the activities for the year reviewed the charity guidance on public benefit at the trustee meetings. The above sets out how this has been put into practice with the value of our work, and particularly when applying for grant funding.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Re:Charge R&R wants to encourage volunteers/helpers from all walks of life and all ages, to be able to pass on their skills and knowledge to our clients. All volunteers are subject to DBS checks and are provided with the necessary safeguarding training. We have offered First Aid training to all our volunteers and this empowers them at the sessions to see their name as the First Aider on site.

We have a very consistent and loyal group of volunteers who have been with us for many years and working alongside them some new volunteers who have just joined the team.

It has always been the aim of Re:Charge R&R to encourage and help our volunteers to gain something themselves as individuals from their time at the sessions, while at the same time helping and supporting Re:Charge R&R. Those volunteers who have left to go on to get other jobs or follow other pursuits keep in touch and are always interested in all that is happening at Re:Charge R&R.

One of our volunteers says:
"As a retired teacher with time on my hands, I love to spend my time with the children, reading stories to them and playing with the games. It's also nice to have the time to listen to the parents."

A quote from our Re-Focus session volunteer:
"I have been volunteering with Re:Charge for the last 9 months and have

*thoroughly enjoying working alongside the team and getting to know the people that come into the drop in sessions.
I love enabling people to find solutions to help their difficulties in life.
Being a volunteer at the Re:Charge R&R's adult session gives me a chance to be part of that in the community. It's great to be able to learn from the team who have lots of experience of supporting with people with addictions and situations that make them vulnerable."*

Summary of the main achievements of the charity during the year

Family Sessions

In 2019 we supported approximately 70 families. On an average week we will have 20 families attending the Larchfield session, the most popular we offer, and this number is easily doubled in the school holidays. We welcomed 40 new families in 2019 across all three sessions.

Our aim is to go into the community to build long-term relationships with the families, to approach any delicate situations with them and look at solutions to bring positive outcomes for individuals and their children. We provide a safe and non-judgmental environment for our customers, to enable them to reach their best potential and give on going, long term and sustainable support, particularly for parenting, when needed. During term time the people who attend Re:Charge Family sessions usually bring pre-school age children with them. For some of our families this maybe the only opportunity the children have in the week to interact with children other than their siblings. Children at our sessions always have play and story time. We want to offer opportunities for parents to explore how to spend time interacting with their children and allowing in some cases for children to experience different creative activities that might otherwise not be available to them. Possibly, due to their own parenting role models some parents (particularly young mums) don't know how to read to their children, or to interact with, or offer educational/creative activities, to their children. Re:Charge R&R give parents the opportunity to be able to understand why this is important for a child to grow and develop.

During their first sessions, every customer has to fill out a membership form and have a conversation with the Session Manager to explain where they are at in the life and what kind of support they are looking for, for them and/or their children. After a few months, they are asked to provide feedback on the Re:Charge R&R sessions, in particular about any changes they have made as a result of attending the sessions.

From funding we have received throughout the year we have been able to provide really positive creative times with the children being able to explore messy play with paint and glue, and learn about different textures such as playing with rice and cereals. We are continuing to find that, through these creative sessions, some parents are starting to interact with their children and don't mind getting messy, and are even coming up with ideas themselves for using paints and glue.

On the 5th February, we hosted a talk on nutrition at our family session at the Larchfield Community Centre. A BANT (British Association for Nutrition and Lifestyle Medicine) registered nutritionist from Metawell, came to talk to us about the food heroes, including "Carlos the clever cauliflower" and the food villains, like the "Mean E Monsters". Our families had a great time, learnt new cooking skills and went home with lots of new recipes and cooking tips.

During the Easter holidays we had our usual egg hunt which is always a favourite with both children and parents. After a morning of activities and games at the Larchfield Community Centre (and an extra session at the Quaker's House for those who could not attend), the children went outside in search of paper eggs which they then exchanged for chocolate ones. Hannah Lucas, co-founder of Re:Charge R&R, said: "The children loved it, but it was over in minutes as you can imagine."

All the eggs given to children on the day were either brought by us or

kindly donated by Marks & Spencer and the event was featured on the Maidenhead Advertiser.

The volunteers from Food Share were as amazing as ever as they came in to provide lunch to our families; they did a fantastic job as the session was extremely busy. Attendance numbers always double during the school holidays.

At the sessions during the summer holidays in 2019, we once able to buy extra creative items such as pencil cases which the older siblings were able to design and take home ready for school. We also purchased some new stampers and stencils which again the older siblings loved making patterns and designs. Each session had a theme and the creative activities were organised around the theme which was very exciting. Most of the older siblings have come to the sessions themselves before starting school and they love coming back during the school holidays. One little girls gets so excited about coming to the holiday sessions she wakes up at 6am and rushes into her mum saying 'get up it's time to go to R&R'.

At one of the Wednesday sessions we had the children making their own pizzas which they then ate for their lunch. This was great fun with flour and toppings going everywhere. But the children were delighted with the results and sat down to eat their creations with cucumber sticks and tomatoes, again promoting healthy eating. The aim is to offer different and wide ranging art and craft opportunities at each session for all ages. It's also good to see our parents get involved with the opportunity to try something new and go home, as well as the children, delighted and enthusiastic with what they have made. This builds confidence and self-worth.

Alongside our staff and regular volunteers we had two 'young helpers' give up their time to help at the summer holiday sessions. One was 16 years and looking to go to college to study to become a nursery teacher and the other was 17 years who was going back to school for the September term to finish her A-Levels. They were absolutely amazing and fitted into the team bringing energy and enthusiasm to the sessions. They both got involved with all the activities and creative art, as well as playing games with the children, or reading stories to all ages. It was great to have them as part of the team and something we will continue to do at future holiday sessions.

Once again in the summer holidays we partnered with the Foodshare team who prepared and served our families every Tuesday with a hot meal, ensuring that no child went without a hot meal as it was the holiday. They served over 180 main meals and puddings, giving everyone a choice of dishes and they were all absolutely delicious. Our families often went home with containers of food ready for the next day. Re:Charge R&R is also a referral point for those families in need of help each week and qualify for food bags and fresh vegetables. This is just one example of us working with other agencies in The Borough.

At the end of the sessions in the summer holidays we asked our customers to fill in a questionnaire asking them if they were happy with the way the sessions were run. They all were very happy which was very encouraging. The last question was would like professional people to come and give a talk on certain topics. We had a range of responses which were very constructive including the following:-
First Aid training, talks about safety (police, fire), health visitor, dentist,

special needs such as ADHD, and coping with toddler tantrums and aggressive behaviour. We are looking to organise these professionals to come in and talk about these subjects as well as organise first aid training for our parents.

Previous funding has helped Re:Charge R&R to build up a library; and we continue to encourage parents to take books home to read to with their children to help develop their literacy skills and then bring them back and swap them for different ones. We are now hoping to replace and update some of these over the next six months. We have also purchased educational games for both the pre-school and primary aged children.

In all the family sessions, we continue to see relationships and friendships forming, new love relationships happening (patchwork families), and new friendship forming amongst the children as well. We see individuals' demeanour change – they build confidence, they look after themselves and their children more, they are more sociable and less introvert.

Tuesday 17th December at Larchfield Community Centre we had our usual Christmas party. Father Christmas came and gave every child and every adult a present. There was lots of fun, games, and party food to finish off the year. Re:Charge R&R was also able to give their volunteers a present to show how they are appreciated and valued

Freedom café – now the Adult Re-Focus Group

In the first 8 months of 2019, we helped a total of 30 adults in recovery at the Freedom Café. It became apparent that our customers were not happy with the venue due to the position, being a local authority building with a CCTV camera, so it was decided to move the session to St Peters Church still on a Wednesday, alongside our family session. But this could only be a short term venue. This proved to be successful as the Freedom Cafe customers enjoyed chatting to the parents at our family session and joined in the creative time. They were still able to get a free hot meal at the St Peters community cafe and also continue to collect their food bags at the same time. But due to lack of room we could not expand the group and the NA meeting needed to find a new venue too. They were able to have a room at Resilience (drug and alcohol services in Maidenhead) and are now still meeting with 15 - 25 regular people attending that NA meeting. This is another example of how we have partnered with another agency and of course would not have happened without the Freedom Cafe starting.

At the beginning September 2019 the Freedom Cafe was moved to a hall at the Methodist Church in Maidenhead town centre. The new venue with extra space has allowed the group to expand and at the very first session 10 people attended. The customers were very excited about the new venue being in the town centre and at the first session agreed the set of rules for the group and decided upon the name Re-Focus for the session. We want the customers to be involved in how the group is run.

Our customers find a listening ear and make friends with staff and other customers – this helps them feel more confident and healthy which helps to speed their recovery and tackle loneliness and insecurities issues that are so often typical in their situation. At the last session in December they had party food and there was a present for everyone who had attended the new Re-Focus group. This was due to the generosity of St Peters Church whose congregation lovingly bought and wrapped presents for every one of our customers. They also provided toys for those families

who they knew would benefit from extra gifts for their children.

Section E

Financial review

Brief statement of the charity's policy on reserves

Re:Charge R&R like many similar organisations works with a small staff on very low costs. It has rightly to meet all the requirements of being a registered charity as well as the employment, safeguarding and health and safety requirements. As the accounts show, Re:Charge R&R has no long term core funding and basically has to be run on short term grants. It is of concern to the Trustees that we are not able to put aside any funds for reserves as would be good practice. The challenge for the coming year is therefore to secure a more sustainable income for our work and to establish a small reserve. The trustees are monitoring the cash flow with monthly forecasts.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

We had some staff turnover in the administrative function of the charity. By the end of the year a full administrative team was in place.

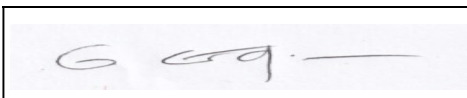
Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Georgina Grafham

Susan Le Page

Position (eg Secretary, Chair, etc)

Chair

Secretary

Date

21 April 2020

21 April 2020

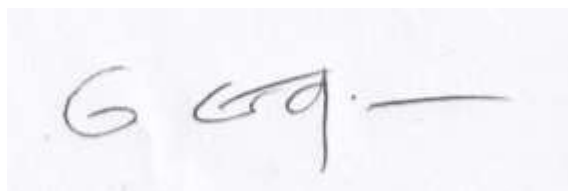
STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDING 31ST DECEMBER 2019

		Unrestricted funds	Restricted funds	Endowment funds	Total
	Note	£	£	£	£
Income					
Fundraising income		219	-	-	219
Voluntary income			-	-	
Individuals		4,953	-	-	4,953
Other entities	3	37,065	11,638	-	48,703
Tax claimable		729	-	-	729
Total incoming resources		42,966	11,638	-	54,604
Expenditure					
Staff costs	4	33,699	-	-	33,699
Administration & other costs	5	3,691	-	-	3,691
Operational costs	6	4,622	-	-	4,622
Fundraising costs		-	-	-	-
Restricted funds		-	11,638	-	11,638
Total expenditure		42,012	11,638	-	53,650
Net movement in funds		954	-	-	954
Funds balances b/fwd		19,989			19,989
Funds balances c/fwd		20,943	-	-	20,943

BALANCE SHEET AS AT 31ST DECEMBER 2019

		Unrestricted funds	Restricted funds	Endowment funds	Total
	Note	£	£	£	£
Fixed Assets net book Value		-	-	-	-
Current assets					
Debtors	7	528	-	-	528
Cash at bank & in hand		23,755	2,141	-	25,896
		_____	_____	_____	_____
Total current assets		24,283	2,141	-	26,424
Total Assets		24,283	2,141	-	26,424
Creditors					
Amounts falling due within one year	8	(3,340)	(2,141)	-	(5,481)
Total assets less current liabilities		20,943	-	-	20,943
		_____	_____	_____	_____
Total funds		20,943	-	-	20,943
		_____	_____	_____	_____

The financial statement were approved by the Trustees on 21st April 2020 and were signed on their behalf by



G Grafham

Chair

Notes (forming part of the financial statements)**1. Accounting policies**

The following accounting policies have been applied consistently in dealing with items, which are considered material in relation to the financial statements of RE:CHARGE R&R.

Basis of preparation

The accounts have been prepared on an accruals basis under the historical cost convention and on a going concern basis. The financial statements have been prepared under the Charities Act 2011 in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE102) 2015 applicable in the UK and in accordance with the 'true and fair override' provision contained therein.

RE:CHARGE R&R meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s) below.

Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; the Trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Expenditure directly relating to incoming resources has been netted against the receipt with the exception of Fundraising Income and expenditure which are shown separately in the SoFA.

Tax reclaimable on gifts and donations

These are included in the SoFA at the same time as the gift to which they relate.

VAT

Since the Charity is not VAT registered, all input VAT is charged with the expenses to which it refers.

Donated services and facilities

No allowance has been made in the SoFA for donated services and facilities which are considered immaterial for the period.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees annual report.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fixed assets

RE:CHARGE R&R possessed no fixed assets during the period covered by the SoFA.

2. Trustees Remuneration

No Trustee received any remuneration from the charity during the accounting period.

3. Grants and Donations from Other Entities

	£
Donations	
Churches and Church Groups	1,511
Businesses and other organisations	1,494
Bridge Trust Thames Valley	3,660
Total	6,665
Unrestricted Grants	
Louis Baylis Trust	6,000
Berkshire Community Foundation	7,400
Spoore Merry and Rixman	2,000
Windsor & Maidenhead Trust	2,000
The Maidenhead Malachi Trust	10,000
The Shanley Foundation	2,000
The Prince Philip Trust	1,000
Total	30,400
Restricted Grants	
Healthy Eating Project (various sponsors)	586
Freedom Café (various sponsors)	3,933
RBWM Green Redeem Scheme	1,000
Maidenhead Advertiser Cracker Appeal	375
Abbvie Limited	1,600
Berkshire Community Foundation Re:Focus)	2,500
David Brownlow Trust (Re:Focus) part	1,644
Total	11,638
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	48,703
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4. Staff Costs

	£
Gross salaries and benefits in kind	32,221
Other Staff costs	1,478
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	33,699
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5. Administration and Other costs

	£
Office Rent	2,500
Insurance	693
Stationery	253
Telephone	720
Computer costs	104
Independent Examiner's fee	100
Postage	19
Other costs	108
Less charges to Freedom Café/Re:Focus	(806)
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	3,691
	<hr/>

6. Operational costs

	£
Hire of Venues	5,081
Equipment	31
Creative materials	113
Volunteers' expenses	45
Other costs	132
Food and drink (net)	(282)
Entry fees received	(498)
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	4,622
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7. Debtors

	£
Tax receivable by Recharge : R & R	154
Income Tax and National Insurance overpaid	374
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	528
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8. Creditors falling due within one year

	£
Unspent balances of Grants received carried forward	
Freedom Café funds	1,051
Re:Focus funds	856
Louis Baylis Trust	3,000
Abbvie Ltd	234
Total	5,141
Hire of Larchfield Community Centre	240
Independent Examiner's fee	100
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	5,481
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Independent Examiner's Report to the Trustees of Re:Charge R&R

I report on the accounts of the Charity for the year ended 31 December 2019, which are set out on pages 2 and 3.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.


Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the Charities Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act.

have not been met.; or

- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Philip Mount TD AFA MIPA ACIE
54 Dedworth Road
Windsor
SL4 5AY

Date: 5th May 2020