

The Youth Counselling Project

Annual Report and Financial Statements

for the Year Ended 31 July 2019

X5 Chartered Accountants
2 Upperton Gardens
Eastbourne
BN21 2AH

The Youth Counselling Project

Contents

Reference and Administrative Details	1
Trustees' Report	2
Independent examiner's report	3
Statement of financial activities	4
Balance Sheet	5
Notes to the financial statements	6 to 8

The following pages do not form part of the statutory financial statements:

Statement of financial activities per fund	9 to 10
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The Youth Counselling Project

Reference and Administrative Details

Charity name	The Youth Counselling Project
Trustees	Mrs Julia Hancock, Trustee - Chair Mrs Mairin Colleary, Trustee Mrs Josephine Clare Stone, Trustee - Treasurer (Appointed as a Treasurer 1 April 2019) Mrs Susan Sylvester (Appointed as a Trustee 1 May 2019)
Accountant	X5 Chartered Accountants 2 Upperton Gardens Eastbourne BN21 2AH

The Youth Counselling Project

Trustees' Report

'Before the help I received from The Youth Counselling Project, I felt lost in a parallel world. I was really scared to reach out and get the help I need but I said to myself that this is what needs to happen or nothing will change. When you are there, you can talk about anything and feel safe. The staff there are extremely supportive and will make sure they do the best they can!

The Youth Counselling Project was established in early 2017 and registered with the Charity Commission in August 2017. This is our 2nd year of operation.

The charity is run by 4 Trustees supported by a Management Team of 5, each with specific tasks, who are all volunteers. There is a wider group of local people who help mainly with fundraising. 3 Therapists, skilled in counselling children, are paid on a sessional basis to work with the children, one of these is responsible for liaison with the schools, supervising the other counsellors and providing evaluation reports.

The Trustees ensure that the charity is run according to the Charity Commission guidelines. We have a Business Plan, budget, relevant insurance and all necessary policies including safeguarding and confidentiality. Contracts between the Youth Counselling Project and the schools and the therapists and the children are renewed at least on an annual basis.

During this financial year, which corresponds with the academic year, 54 children were seen, most for 10 sessions each. 50 of these were from Seaford Head Secondary School and the remainder from 2 primary schools in Seaford. We have provided counselling for children facing a range of issues, including self-harm, bereavement, neglect, low mood and anxiety. Because of the nature of our work, our counselling is carried out on a strictly confidential basis so we cannot comment on individual clients or casework. This is an important part of our commitment to our clients although an evaluation has shown marked improvement in behaviour, mood and attainment in many of the children.

Funds have been raised through grant applications, £15,480, donations from various sources £9,337 and through local fundraising £7,223.00 including a summer party, fashion show and individually sponsored events.

Approved by the Trustees on 5 December 2019 and signed on their behalf by:

.....

Mrs Julia Hancock
Trustee

.....

Mrs Josephine Clare Stone
Trustee

Independent Examiner's Report to the Trustees of The Youth Counselling Project

I report on the accounts of the Trust for the year ended 31 July 2019, which are set out on pages 4 to 8.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 130 of the Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Acthave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....
X5 Chartered Accountants

5 December 2019

2 Upperton Gardens
Eastbourne
BN21 2AH

The Youth Counselling Project
Statement of Financial Activities for the Year Ended 31 July 2019

		Unrestricted Funds	Restricted Funds	Total Funds Year ended 31 July 2019	Total Funds 5 2 weeks ended 31 July 2018
	Note	£	£	£	£
Incoming resources					
Incoming resources from generated funds					
Voluntary income	2	-	24,817	24,817	32,309
Other incoming resources	3	7,222	-	7,222	4,306
Total incoming resources		<u>7,222</u>	<u>24,817</u>	<u>32,039</u>	<u>36,615</u>
Resources expended					
Costs of generating funds					
Costs of generating voluntary income	4	-	60	60	60
Charitable activities	4	-	21,358	21,358	15,974
Governance costs	4	544	-	544	481
Total resources expended		<u>544</u>	<u>21,418</u>	<u>21,962</u>	<u>16,515</u>
Net movements in funds		6,678	3,399	10,077	20,100
Reconciliation of funds					
Total funds brought forward		3,765	16,335	20,100	-
Total funds carried forward		<u>10,443</u>	<u>19,734</u>	<u>30,177</u>	<u>20,100</u>

All incoming resources and resources expended derive from continuing activities.

The charity has no recognised gains or losses for the year other than the results above.

The notes on pages 6 to 8 form an integral part of these financial statements.

The Youth Counselling Project
Balance Sheet as at 31 July 2019

		31 July 2019		31 July 2018	
	Note	£	£	£	£
Current assets					
Stocks and work in progress		142		60	
Debtors	6	405		610	
Cash at bank and in hand		<u>29,630</u>		<u>19,430</u>	
			<u>30,177</u>		<u>20,100</u>
Net assets			<u><u>30,177</u></u>		<u><u>20,100</u></u>
The funds of the charity:					
Restricted funds			19,734		16,335
Unrestricted funds					
Unrestricted income funds			<u>10,443</u>		<u>3,765</u>
Total charity funds			<u><u>30,177</u></u>		<u><u>20,100</u></u>

Approved by the Board on 5 December 2019 and signed on its behalf by:

.....
Mrs Julia Hancock
Trustee

.....
Mrs Josephine Clare Stone
Trustee

The notes on pages 6 to 8 form an integral part of these financial statements.

The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2019

1 Accounting policies

Basis of preparation

The financial statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice 'Accounting and Reporting by Charities (SORP 2005)', issued in March 2005, applicable accounting standards and the Charities Act 2011.

Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Incoming resources

Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.

Resources expended

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Costs of generating funds are the costs associated with attracting voluntary income.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

Governance costs include costs of the preparation and examination of the statutory accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

The Youth Counselling Project

Notes to the Financial Statements for the Year Ended 31 July 2019

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Stock

Stock is valued at the lower of cost and net realisable value, after due regard for obsolete and slow moving stocks. Net realisable value is based on selling price less anticipated costs to completion and selling costs. Items donated for resale or distribution are not included in the financial statements until they are sold or distributed.

2 Voluntary income

	Unrestricted Funds £	Restricted Funds £	Total Funds Year ended 31 July 2019 £	Total Funds 52 weeks ended 31 July 2018 £
Donations and legacies				
Grants and Donations	-	24,817	24,817	32,309

3 Other incoming resources

	Unrestricted Funds £	Restricted Funds £	Total Funds Year ended 31 July 2019 £	Total Funds 52 weeks ended 31 July 2018 £
Other income				
Fundraising Events	7,222	-	7,222	4,306

The Youth Counselling Project
Notes to the Financial Statements for the Year Ended 31 July 2019

..... continued

4 Total resources expended

	Donations and legacies	Counselling	Fundraising	Governance	Total
	£	£	£	£	£
Direct costs					
Fundraising costs	-	-	3,640	-	3,640
Cost of goods sold	60	16,847	(142)	-	16,765
Establishment costs	-	-	-	492	492
Office expenses	-	-	-	52	52
Printing, posting and stationery	-	180	-	-	180
	60	17,027	3,498	544	21,129
Support costs					
Advertising and promotion	-	833	-	-	833
	60	17,860	3,498	544	21,962

5 Trustees' remuneration and expenses

No trustees received any remuneration during the year.

6 Debtors

	31 July 2019 £	31 July 2018 £
Trade debtors	405	610

7 Related parties

Controlling entity

The charity is controlled by the trustees.

The Youth Counselling Project
Statement of financial activities by fund Year Ended 31 July 2019

	Unrestricted income fund 2019	Unrestricted income fund 2018
	£	£
Incoming resources		
Other incoming resources	7,222	4,306
Total incoming resources	<u>7,222</u>	<u>4,306</u>
Resources expended		
Costs of generating funds		
Costs of generating voluntary income	-	60
Governance costs	544	481
Total resources expended	<u>544</u>	<u>541</u>
Net movements in funds	6,678	3,765
Reconciliation of funds		
Total funds brought forward	3,765	-
Total funds carried forward	<u><u>10,443</u></u>	<u><u>3,765</u></u>

This page does not form part of the statutory financial statements.

The Youth Counselling Project
Statement of financial activities by fund Year Ended 31 July 2019

..... continued

	Restricted Funds 2019	Restricted Funds 2018
	£	£
Incoming resources		
Incoming resources from generated funds		
Voluntary income	24,817	32,309
Total incoming resources	<u>24,817</u>	<u>32,309</u>
Resources expended		
Costs of generating funds		
Costs of generating voluntary income	60	-
Charitable activities	21,358	15,974
Total resources expended	<u>21,418</u>	<u>15,974</u>
Net movements in funds	3,399	16,335
Reconciliation of funds		
Total funds brought forward	16,335	-
Total funds carried forward	<u><u>19,734</u></u>	<u><u>16,335</u></u>

This page does not form part of the statutory financial statements.