

CAN-Abilities Foundation – Charity Number 1180031

Reports of the trustees for the year ending March 2019.

The trustees are happy to present the annual report of CAN-Abilities Foundation for the year 2019. It begins with a summary of the purposes of the charity as set out in its governing document. It also presents an overview of the main activities of the Foundation about the purposes and confirms that the trustees have had regard to guidance issued by the charity commission on public benefit.

Purpose and activities

CAN-Abilities Foundation is a small family founded charity whose main mission is *to relieve the needs of those suffering from autistic spectrum conditions and other learning disabilities*

This purpose is realised through undertaking the following activities include

- Provision of practical support, like advice and raising awareness of autism and the difficulties faced by autistic persons and their families.
- Advocacy information sessions and signposting services.
- Basic admin and clerical services.

In shaping our objectives and planning various activities for the year, CAN-Abilities the trustees have taken into consideration the guidance issued by the Charity Commission on public benefit. For example

- CAN-Abilities hosted an autism awareness workshops at the Tadley Community Hall where representatives from Autism Hampshire and professionals in the field of disability delivered talks on autism, disability and/or other social issues to parents and families.
- We have continuously used our online platform to host autism talk shows to raise awareness and provide advice strategies to parents, carers, and the public on how to deal with challenging behaviour often exhibited by autistic children.
- Our volunteers have continued to provide phone support, helping to empower and encourage parents/carers to provide the best care and support to autistic individuals thereby helping to promote their wellbeing for them to achieve the best outcomes in life. These sessions have helped to break down barriers of silence that still exists around autism /disability.

Achievements and Performance

CAN-Abilities have registered significant achievements in 2018 - 2019. Through our candid autism information awareness and advocacy sessions, we have given voice to many, especially parents of autistic children. We find that more parents and relatives of people living with autism are now able to talk openly, freely, and confidently about their experiences and challenges of living and caring for someone with autism. We have had contact from many parents and carers both online and offline requesting for tips on how to help their children in areas of challenging

behaviours, delayed speech and on general advice on what to do when they suspect their child is autistic. In some instances, they have requested information about other agencies which may be of help to them. We have also attended two international events, such as the first PAN-African Congress On Autism held in Nairobi, Kenya in 2019 and the Bambui Community, BACCO USA Convention in which we gave a talk title ‘Autism and Culture: An Appraisal of Bambui Attitudes to Autism and Disability’.

Financial Review

CAN-Abilities Foundation is a small charity with a net income of less than £10,000. Our net balance at the end of the period 2018 - 2019 stands at £6,500. The total expenditure for the year was £5,820, leaving a balance of £680.00. Full details of the income and expenditure are available in the financial statement.

Statement of Financial Activities for 2018 – 2019 including Income and Expenditure

	Note	Unrestricted Funds £'000	Restricted Funds £'000	Total £'000
Incoming Resources				
Voluntary Income	1	£15.00	0	£15.00
Donations	25	£3,425.00	0	£3,425.00
Fund Raising Campaigns	5	£3,000.98	0	£3,000.98
Commercial Operations	1	£59.02	0	£59.02
Total Income		£6,500.00	0	£6,500.00
Resources Expended				
Administration Costs		£540.45	0	£540.45
Charitable Activities		£2,550.00	0	£2,550.00
Equipment Costs		£1,050.00	0	£1,050.00
Operation Costs		£1,250.00	0	£1,250.00
Other Costs		£429.55	0	£429.55
Total Expenditure		£5,820.00	0	£5,820.00
Balance Carried Forward		£680.00	0	£680.00

As a small charity CAN-Abilities does not currently have a policy on holding reserves. As such there are zero (0) funds held in reserve.

There are some uncertainties about the charity continuing. These uncertainties are mainly in financial unsustainability. There is a great need and for us to provide services, however, as we

do not have a dedicated funder or a professional fundraising team, we fear that we may not be able to continue to sustain our activities and the increasing demand for our services.

Structure, Governance and Management

CAN-Abilities Foundation is managed by a board of trustees. The method of appointment of trustees is set out in the Constitution of CAN-Abilities Foundation.

Administrative details

CAN-Abilities Foundation's administrative address is 16, Brahms Road, Basingstoke. CAN-Abilities Foundation is a Charitable Incorporated Organisation (CIO).

The trustees are.

Mrs Claris Nsangli Angafor - Chairperson
Mr Gaston Fornimoh Bezeboh – Treasurer
Mr Giddeon Njamngang Angafor - Secretary
Mrs Linda Lum Amungwa – Trustee
Mr Vincent Besong – Trustee

Approved by the trustees and signed on their behalf by Mr G Angafor, secretary to the board of trustees.