

**Art Therapy Yorkshire (ATY)**  
**Charitable Incorporated Organisation**

**Annual Report and Accounts**  
**for the year ended 31 October 2019**

**Charity Number: 1169577**

**Rayner & Co Limited**  
**Chartered Certified Accountants**  
**6 Arundel Place**  
**Scarborough**  
**North Yorkshire**  
**YO11 1TX**

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

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## Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation

### Reference and administrative information

**Charity Registration number** 1169577

**Trustees**

Ms Moyra Bentley  
Mr Stephen Phipps  
Mrs Leslie Stones  
Mrs Moira Davies  
Mrs Karen Torkington  
Ms Wanda Maciuszko

**Principal officers**

Chair	- Ms Moyra Bentley
Vice Chair	- Mrs Leslie Stones
Treasurer	- Mrs Karen Torkington
Membership Secretary	- Mrs Moira Davies

**Principal office**

Unit 404, Woodend Creative Workspace  
The Crescent  
Scarborough  
North Yorkshire  
YO11 2PW

**Bankers**

Royal Bank of Scotland  
Scarborough Branch  
19 Huntriss Row  
Scarborough  
North Yorkshire  
YO11 2ED

**Independent examiner**

Mr R D Thorpe  
Rayner & Co Limited  
Chartered Certified Accountants  
6 Arundel Place  
Scarborough  
North Yorkshire  
YO11 1TX

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

### **Trustees' report for the year ended 31 October 2019**

#### **Introduction**

The Trustees present their report and financial statements for the period ending 31 October 2019.

The Charity is a Charitable Incorporated Organisation (CIO) governed according to the Constitution dated 1 October 2016. The CIO was established 10 October 2016 to take forward the work of its previous incarnation.

The CIO's annual reports will be published on the Charity Commission Website. (note the 2017 period end accounts were the first set of accounts prepared by the CIO).

The CIO is an independent charity and not part of any "umbrella" body.

#### **Structure, governance and management**

The original trustees which were appointed upon creation of the CIO are recorded below (with an appointment date of 10/10/16). Subsequent trustees are appointed by a resolution of the existing trustees.

The members of the CIO may be an individual, a corporate body, or [an individual or corporate body representing] an organisation which is not incorporated.

Membership of the CIO can not be transferred to anyone else, except in the case of an individual or corporate body representing an organisation which is not incorporated, whose membership may be transferred by the unincorporated organisation to a new representative.

Liability of members to contribute to the assets of the CIO if it is wound up

(1) If the CIO is wound up, each member of the CIO is liable to contribute to the assets of the CIO such amount (but not more than £1) as may be required for payment of the debts and liabilities of the CIO contracted before that person or organisation ceases to be a member, for payment of the costs, charges and expenses of winding up, and for adjustment of the rights of the contributing members amount themselves.

(2) In sub-clause (1) of this clause "member" includes any person or organisation that was a member of the CIO within 12 months before the commencement of the winding up.

(3) But subject to that, the members of the CIO have no liability to contribute to its assets if it is wound up, and accordingly have no personal responsibility for the settlement of its debts and liabilities beyond the amount that they are liable to contribute.

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

### **Trustees' report for the year ended 31 October 2019**

#### **Trustees**

The trustees are as follows :

Ms Moyra Bentley	(Chair)	(Appointed 10/10/16)	
Mr Stephen Phipps		(Appointed 10/10/16)	
Mrs Agata Syzmanska-Skelton		(Appointed 10/10/16)	(Resigned 09/01/19)
Mr Michael McCauley	(Treasurer)	(Appointed 10/10/17)	(Resigned 01/01/20)
Mrs Leslie Stones	(Vice Chair)	(Appointed 10/10/17)	
Mrs Moira Davies	(Membership Secretary)	(Appointed 10/10/17)	
Mrs Karen Torkington		(Appointed 10/06/19)	(Appointed Treasurer 07/04/20)
Ms Wanda Maciuszko		(Appointed 07/01/20)	

The constitution states that there must be at least three charity trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.

Every trustee of the charity must be a natural person, and must also be a member of the CIO.

The maximum number of charity trustees is twelve. The charity may not appoint any charity trustee if as a result the number of charity trustees would exceed the maximum.

At the first annual meeting of the CIO, all of the charity trustees shall retire from office. Section 13 of the constitution covers in detail the methodology for the retirement of the trustees.

The vacancies so arising at the annual meeting may be filled by the decision of the members, and any outstanding vacancies will be filled by the decision of the members at a later date.

Any person who retires as a charity trustee by rotation or by giving notice to the CIO is eligible for reappointment.

#### **Financial review**

The receipts and payments account for the year can be found on pages 8 - 9 and together with the statement of assets and liabilities on page 10, represent a financial summary of the charity's activities for the period to 31 October 2019 and its financial position at that date.

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

### **Trustees' report for the year ended 31 October 2019**

#### **Reserves policy**

The charity currently holds its funds in bank accounts held with the Royal Bank of Scotland and CAF bank.

ATY believes that it is essential to build reserves whenever possible in order to be in a position to deal with unplanned financial circumstances, and to draw on in the event of cash flow problems. It has now built up some reserve funding.

#### **Objectives and activities**

The object of the CIO is the relief of sickness and the promotion of good health in Scarborough and the surrounding area by the provision of Art Therapy.

When planning our activities for the year the trustees have considered the commissions guidance on public benefit and, in particular, the specific guidance on charities for the advancement of health.

Art Therapy Yorkshire, originally founded in 2012, has, since its registration as a Charitable Incorporated Organisation on October 10th 2016, continued with its ongoing programme of activities delivered for the public benefit, and in most cases, free to the beneficiaries. When undertaking any decision making or reporting, the trustees have regard for the Charity Commission Guidance on Public Benefit: rules for charities issued on 14 February 2014. This guidance is drawn to the attention of any potential or newly appointed trustee.

Through the 2018/19, ATY has continued to offer support to our core groups ie the Women's Group and the Learning Disability Group. We have also been able to work with a considerable number of individuals through the ongoing Action Towards Inclusion project. With newly acquired funding we have been able to widen our core remit in order to offer support to a Men's Group, and to a Young Persons' Group.

We have consolidated our position by moving to a new site at Woodend in Scarborough. This has provided a much more appropriate setting which offers improved services, access and connectivity through upgraded IT capacity.

As Approved Providers through the Pathway to Adoption scheme we are contracted to the East Riding County Council to deliver art therapy interventions to those young people referred to us.

As part of our wider remit we have delivered to, and hosted, higher and further education students who wished to know more about art psychotherapy and about health- related careers in the arts.

ATY is also committed to responding positively to requests to train future art therapists undertaking their Masters degree, and we have had a trainee in this period.

ATY also takes part in many community events linked to the promotion of health, well-being and related issues in the deprived community in which it is situated.

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

### **Trustees' report for the year ended 31 October 2019**

#### **Achievements and performance**

In order to continue our Women's Group work we were pleased to be successful in our bid for funds to Awards for All, funded through The Big Lottery.

ATY was delighted to receive an invitation to participate in a local Dragons Den type event to bid for funding. What was special about this event was the voluntary participation of a client which is rare because of the confidential nature of our work. We received our grant from this High Sheriff event, organised through the Two Ridings Foundation (York), which enabled us to launch our much-needed work aimed specifically for men.

Core funding provided previously through The Garfield Weston Foundation was utilised this year alongside some core funding from the local Co-op as ATY was their designated Charity of the Year. This enabled ATY to facilitate improvements in our IT and to move to our new site, much enhancing the clients' experience and their environment.

Through the Two Ridings Foundation we were also awarded funds to launch and provide work with vulnerable young people named our #Iwill group and launch our Men's Group work. This work is aimed at developing the skill and confidence of young people who have experienced much trauma in their lives.

It has been especially rewarding that we have, with the support of funding bodies and individuals, been able to extend our support to a wider population in our community this year.

We aim to continue our specific support for all these groups, alongside our open 1-1 work with the general population, with whom it is more suitable to offer more intensive and specialised support.

The trustees continued to be active with local fundraising events which added to our core funds, including events at local fairs, in banks and in building societies.

Two local organisations, The George Martin Trust and Scarborough and Locals Together, offered specific grants which have been used accordingly.

The wide-reaching Action Towards Inclusion programme in which we had already participated for the last 3 years, was extended for a further 3 years from October 19 2019. We were delighted to be included in the continuation of this work which we know came about because of the extremely positive evaluation results from our clients that we share with the funding provider. This will enable us to reach many more vulnerable individuals in our community.

A highlight of our year was hosting the British Association of Art Therapists for a regional meeting in late summer for a whole day of Continuing Professional Development. This was an extremely successful event garnering very positive feedback.

Finally, ATY was successful in being awarded a grant from Nationwide Building Society enabling ATY to undertake further work with vulnerable young people late in October and into 2019/ 2020. We were particularly delighted with the enthusiasm and involvement of our local branch.

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

### **Trustees' report for the year ended 31 October 2019**

#### **Further financial review details**

ATY is heavily reliant on charitable foundations for the major part of its income.

We are extremely grateful for the support of the Nationwide Building Society, and the Big Lottery as funders, and also the Two Ridings Foundation(York) and Your Consortium(North Yorkshire) as fund managers, all of whom have given or supported ATY to enable us to extend our work into 2019/2020.

It is worth noting that, because of the nature of its work with vulnerable clients, confidentiality both inhibits the use of volunteers and has to be taken into account when fundraising ie funding providers of any kind can only have access to, for example, redacted evaluations by clients or therapists. This does, of course, make our fundraising work even more difficult in a time when we know that many small charities are struggling. And it also makes the success that we have had to be something to be even more proud of when we cannot show or share in an open way the success our therapists have with many clients who are so much in need of help. The potential number of such clients is especially high in an our deprived coastal town where government provided services in the field of mental health are hard pressed.

#### **Review of major risks**

The trustees have assessed the major risks to which the charity is exposed, in particular those relating to the operations and finances of the trust, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Declaration**

The trustees declare that they have approved the foregoing trustees' report.

Signed on behalf of the charity's trustees:-

**Ms Moyra Bentley**  
**Chair**

**Date 17 April 2020**

**Mrs Karen Torkington**  
**Treasurer**

**Date 18 April 2020**

**Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

**Independent examiner's report to the trustees of Art Therapy Yorkshire**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 October 2019 which are set out on pages 8 to 11.

**Responsibilities and basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect :

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Mr Robert David Thorpe FCCA**  
**Rayner & Co Limited**  
**Chartered Certified Accountants**  
**6 Arundel Place**  
**Scarborough**  
**North Yorkshire**  
**YO11 1TX**

**23 April 2020**

\_\_\_\_\_ **Date**

**Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

**Receipts and payments account  
for the year ended 31 October 2019  
Charity Number 1169577**

	<b>Unrestricted</b>		<b>2019</b>	<b>2018</b>
	<b>General</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>	<b>Funds</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Receipts</b>				
Monday is Art Day	-	-	-	1,015
One/one clients	4,798	750	5,548	6,310
AT in schools	-	-	-	2,728
NY/ER Children	-	-	-	13,470
ATI BBO	-	20,810	20,810	7,700
YCL innovation fund	-	-	-	8,840
YCL ESF CG #4	-	-	-	3,951
Sundry donations	5,435	-	5,435	10,318
Bank interest received	10	-	10	6
Garfield weston foundation	-	-	-	7,500
Two Ridings	5,000	9,820	14,820	2,000
Nationwide charities trust	-	15,950	15,950	-
Big lottery A4A	9,995	-	9,995	-
Tesco bags of help	-	1,000	1,000	-
ERCS	11,582	-	11,582	-
Co-op Donate	3,848	-	3,848	-
<b>Total receipts</b>	<b>40,668</b>	<b>48,330</b>	<b>88,998</b>	<b>63,838</b>
<b>Charitable payments</b>				
Therapists	32,113	21,558	53,671	51,198
Art materials	230	85	315	353
Supervision	1,215	685	1,900	2,175
Training	665	-	665	475
Rent payable	5,848	2,470	8,318	6,578
Insurance	407	238	645	410
Office expenses	753	367	1,120	716
Advertising	-	225	225	411
Refreshments	185	13	198	178
Travelling expenses	2,512	335	2,847	3,101
Sundry expenses	110	-	110	-
Cost of fundraising	75	-	75	256
Computer costs	226	10	236	54
Legal & professional	24	-	24	82
Accountancy	900	-	900	900
Bank charges	50	-	50	-
Subscriptions	93	-	93	-
	<b>45,406</b>	<b>25,986</b>	<b>71,392</b>	<b>66,887</b>

# **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

## **Other payments**

Assets retained for the charity's own use	3,943	-	3,943	-
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## **Total payments**

49,349	25,986	75,335	66,887
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## **Net surplus/(deficit) for the year**

(8,681)	22,344	13,663	(3,049)
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Accumulated surplus/(deficit) brought forward

9,181	458	9,639	12,398
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Non cash transactions

-	-	-	290
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Transfers to unrestricted

-	-	-	-
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Project funded by unrestricted funds

6,852	(6,852)	-	-
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## **Cash funds carried forward**

7,352	15,950	23,302	9,639
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**Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

**Statement of assets and liabilities  
as at 31 October 2019**

	<b>Unrestricted</b>	<b>Restricted</b>	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b><u>Cash funds</u></b>				
Royal Bank of Scotland (Treasurer's Account)	268	-	268	9,589
CAF Bank	7,058	15,950	23,008	-
Petty cash	26	-	26	50
<b>Total cash funds</b>	<u>7,352</u>	<u>15,950</u>	<u>23,302</u>	<u>9,639</u>
<b><u>Tangible fixed assets</u></b>				
IT Equipment				
As at 1 November 2018	239	-	239	239
Additions in year	3,943	-	3,943	-
Fixtures & Fittings				
As at 1 November 2018	289	-	289	289
Additions in year	-	-	-	-
<b>Total tangible fixed assets</b>	<u>4,471</u>	<u>-</u>	<u>4,471</u>	<u>528</u>
<b><u>Liabilities</u></b>				
Creditors	(290)	-	(290)	(290)
<b>Total liabilities</b>	<u>(290)</u>	<u>-</u>	<u>(290)</u>	<u>(290)</u>
<b>Total assets less liabilities carried forwards</b>	<u>11,533</u>	<u>15,950</u>	<u>27,483</u>	<u>9,877</u>

**Signed on behalf of the trustees:**

\_\_\_\_\_  
**Ms Moyra Bentley**  
**Chair**

**17 April 2020**  
**Date**

## **Art Therapy Yorkshire (ATY) Charitable Incorporated Organisation**

### **1. Notes to the financial statements**

#### **1.1. CIO formation and related party**

As disclosed in the introduction section of the Trustees' report, the charity operates as a Charitable Incorporated Organisation (CIO), and the CIO was established on 10 October 2016 to take forward the work of the previous incarnation of the charity.

The previous incarnation of the charity transferred its assets to the newly formed CIO upon formation and this was verbally agreed between the trustees, however this was not formally documented until an EGM of the trustees on 3 January 2018.

The transfer between the organisations consisted of cash and bank balances (transferred at their value at 10 October 2016), together with other small sundry assets, which were deemed to have a negligible financial value.

##### **Other related party**

During the period, the charity paid for therapy services from Mrs Susan Holmes, who acts as bookkeeper for the charity (she is not remunerated for bookkeeping services). The therapy services are assumed to have taken place on an arm's length basis, under normal commercial terms.