



ORCHARDS

(A Charity Incorporated Organisation)

Report and Financial Statements
for 6 August 2018 – 30 September 2019

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1. Reference and Administrative Details

Charity Name	Orchards
Charity number	1179459
Charity's principal address	Orchards PO Box 5527 BRIGHTON BN50 8RA
Charity Trustees	Mrs Naomi Partridge (Chair) Mr Phil Hopgood Mrs Jane Oliver (Treasurer)
Type of governing document	CIO Foundation Constitution
How the charity is constituted	Charitable Incorporated Organisation (CIO)
Bank address	Co-Operative Bank PO Box 150 Delf House Skelmersdale WN8 6GG



2. Letter from the Chair

Dear Friends of Orchards,

We are delighted to share with you our first annual report, summarising the key achievements throughout our foundational year as a charity.

Orchards exists to see women free from sexual exploitation through housing and holistic care, specialist counselling and offering training and awareness services. We believe that to see real, long-lasting change for women who have experienced sexual exploitation, we need to provide in-depth, holistic services that grow freedom in every aspect of their life.

This year marked the establishment of our first semi-independent support house, providing a unique offering of holistic care that works collaboratively across services to help women who have experienced sexual exploitation to move forward in every part of their lives. Our first house was established in spring of 2019, supporting one woman with access to semi-independent accommodation, counselling, financial and legal advice, paid work opportunities, training and development, community and weekly general case work services. All of this has been provided in line with our values of relationship, nurture, collaboration and unconditional love. Her story, as outlined in this report, demonstrates the power of this holistic, deep and thorough approach in transforming her life. Having tested this approach for 6 months, we are now looking to open a second specialist support house in 2020, eventually creating a cluster community of independent houses with support provided through Orchards.

Critical to our service delivery model is collaborative partnership. Throughout this year we have developed significant partnerships to deliver a true 'wrap-around service', notably with a local church, Green Pastures, Beyond the Streets, HOLOS London and Luminary Bakery.

During this first year of operation, we have also developed our awareness and training services, working with over 1,000 young people to shift paradigms of sexual exploitation in women, alongside training 150 church leaders to engage young people and communities in this area.

To enable us to achieve these core milestones we have invested significant time in shaping safe and robust protocols and processes, forging funding pipelines, designing impact assessment methods that will ensure effective measurement and scale-up of our services for the future. As a board, we would like to acknowledge the exceptional talent and effort of our Orchards Co-Directors, who have worked tirelessly to put this vision into action.

Our coming year will focus not just on the expansion of housing provision, but the development of our counselling and training arms to reach our vision at a broader scale.

We thank you for journeying with us in this first year, and we hope you enjoy reading all we have achieved.

Yours faithfully,

Naomi Partridge

Chair of the Board of Trustees
Orchards

"I was renting a flat which was too expensive for me. I was living on my own, selling sex to pay my rent. I was in fear of my life at the time... I wanted to change my life for the better. I wanted to try and live my life, not feeling anxious and scared all of the time. I'd had enough and I really needed some help and support. If I wasn't able to pay my rent I would have been in debt and homeless.

Orchards were willing to offer accommodation which was a huge step. I moved in to the flat earlier this year - I would have been homeless otherwise. I receive 1-1 support sessions to check in and see how things are going and support with long term career goals. They help me to think about what I would like to do in the future. I find this really supportive. I've been able to try different work placements, things I've never tried before and gain confidence meeting new people. I didn't realise that I could try different things and to explore different fields of work. I have gained self-confidence and self-belief which I haven't had in a very long time. I've also attended a job club and money management course to help me think about the future.

I receive counselling through Orchards which has been really important. It has helped me to gain self-confidence and to reflect on the past and to face why I started selling sex in the first place. I have been able to start to work through that together with my counsellor which has been really encouraging.

Things have changed massively for me. I feel like I've been given a second chance to be able to live the life that I've always wanted to live with support and not always having to worry about selling sex as a form of survival. The stress of it was always there in the back of my mind.

I feel a sense of freedom from that and have a chance to show the skills that I do have, not feeling worthless or self-harming. It has saved my life."

Feedback from Orchards' resident, shared with her permission.





3. Trustees' Report

The Trustees present the Trustees' report and financial statements for the year ended 30 September 2019. This is the first set annual report covering an extended period from set-up and registration of the charity to the end of the first full financial year.

Objectives and activities

The objects of Orchards, as set out in our Constitution are as follows:

The relief of women who have experienced sexual exploitation and who are in need by reason of their age, ill health, disability, financial hardship or other disadvantage in particular by the provision of housing, counselling and ancillary support in partnership with local churches.

Main activities

The legal and illegal sex industry is an ever-increasing sphere for sexual exploitation to occur. Its various forms including street prostitution, off-street prostitution, sex tourism, pornography and international and domestic trafficking, are prevalent in every town and city across the UK. There are an estimated 100,000 women involved in prostitution in the UK. 50% of women involved in prostitution have been raped and/ or seriously sexually assaulted. At least three quarters have been physically assaulted; the mortality rate is 12 times the national average.

There are multiple barriers to exiting sexually exploitative situations, including housing, debt, unemployment, poverty and trauma from abuse.¹ Intense support is often required to enable women to overcome these barriers in order for exit and recovery to be sustained.

With this in mind, Orchards was established and works to see women free from sexual exploitation. We do this through providing:

- Housing and holistic support for women
- Training and awareness-raising around the issues of sexual exploitation²

¹ Breaking down the barriers: A study of how women exit prostitution, Julie Bindel, Laura Brown, Helen Easton, Roger Matthews and Lisa Reynolds Eaves and London South Bank University (LSBU)

² The term "sexual exploitation" means any actual or attempted abuse of a position of vulnerability, differential power, or trust for sexual purpose. (UN Secretary-General's Bulletin on protection from sexual exploitation and abuse)

Housing and holistic support for women

i. The need for specialist housing

Lack of housing can act both as a reason for entry into sexual exploitation and a barrier to exit, trapping many women in a cycle of poverty, homelessness and exploitation³. This situation has been exacerbated by recent benefit reforms; across the sector we are seeing housing poverty leaving women in sexually exploitative situations for the first time or unable to exit such situations due to the new universal credit system leaving them with a 'choice' between survival sex and homelessness.⁴

Similarly, whilst women who have been trafficked for sexual purposes may receive emergency accommodation, there are very few specialist safe houses supporting women beyond short-term support and current provision does not meet the high demand. Our primary referrer Beyond the Streets tells us they could have filled the current Orchards flat five times in one month through their Beyond Support Helpline for women in the sex industry.

Women leaving emergency accommodation may not be ready to manage tenancy arrangements or rent payments by themselves, so the risk of homelessness and/ or re-entering exploitative situations is high. Research has shown that a supported semi-independent transitional housing model after emergency accommodation or support results in far better outcomes for women and their longer-term recovery⁵.

During our needs assessment phase, it became clear that women exiting sexual exploitative situations prefer to not be in multiple occupancy housing. Having a one-bedroom flat model reduces the risk of co-dependency with other housemates and supports the transition to independent living, in conjunction with a case work plan that looks holistically at tackling the barriers to exit most pertinent to the woman.

ii. The need for therapeutic support

For most trafficked persons, "the most enduring consequences are psychological". The psychological impact of prostitution and sexual exploitation can be significant and wide-ranging, with many survivors experiencing severe anxiety, depression, flashbacks, low self-esteem and relationship difficulties on a daily basis as a result of their traumatic experiences.

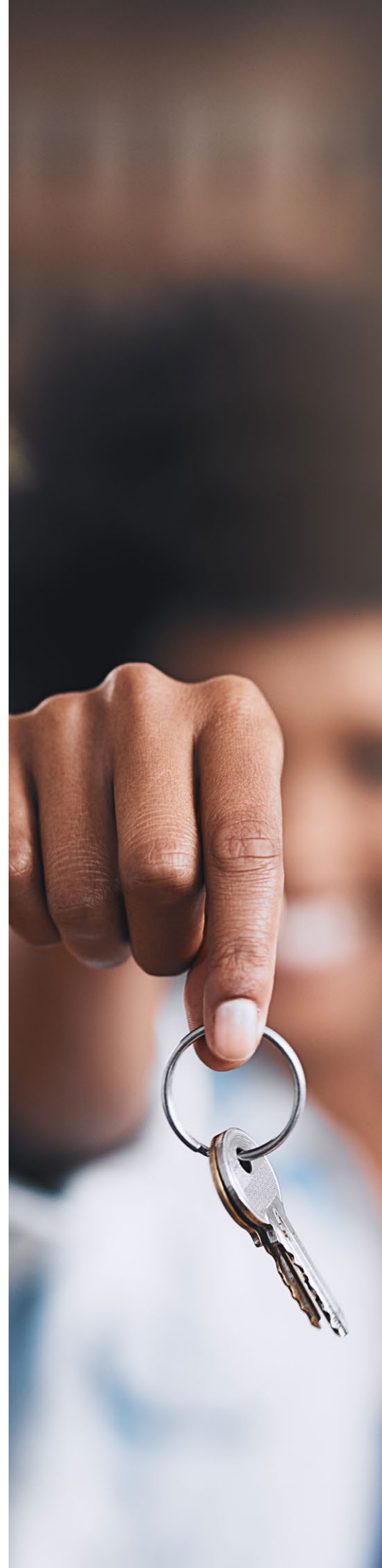
Our counselling team are specialised in working with women who have experienced sexual trauma. We understand the need for survivors to talk about and process what they have been through in a safe, non-judgemental and supportive space. Access to counselling services can be difficult, with very few specialist counselling services out there and very long waiting lists for statutory or low-cost services.

3 Breaking down the barriers: A study of how women exit prostitution, Julie Bindel, Laura Brown, Helen Easton, Roger Matthews and Lisa Reynolds Eaves and London South Bank University (LSBU)

4 See for instance: www.bbc.co.uk/news/uk-england-merseyside-46235842

5 Matthews, R., Easton, H., Reynolds, L., et al. (2014). *Exiting Prostitution: A Study in Female Desistance*. London: Palgrave Macmillan.

6 Zimmerman, C., & Pocock, N. (2013). My wounds are inside; they are not visible. *Brown Journal of World Affairs*, 19, 265 – 280.





iii. Orchards' response

Orchards works to address the lack of specialist housing with the provision of move-on accommodation and tailored support aimed at equipping women for independent living. Our specialist counselling services enables women to process some of the trauma they have experienced as a result of their experiences. We work specifically with women who have been involved in prostitution and those who have been trafficked for sexual purposes, addressing the gap in provision for the following groups:

- Women who have been trafficked and received National Referral Mechanism (NRM) support and require move on accommodation; and
- Women who have experienced a form of sexual exploitation such as prostitution but are not eligible to receive housing support through the NRM process.

We provide a secure one-bedroom flat for each woman for a period of nine-twelve months, from which multi-agency support plans can be realised, tackling barriers to sustained exit such as debt, unemployment and mental health issues. The support model includes:

- Semi-independent safe housing;
- Weekly individual sessions with a Support Worker, with a tailored holistic support plan focusing on physical and emotional health, legal and financial support, employment and training and resettlement; and
- Weekly counselling sessions with a specialist trauma therapist;
- Community and pastoral support with a volunteer from the church partner.

This is followed by on-going counselling and coaching support, focused on empowering women to move towards independent living, with strong onward referral routes into housing, training and employment. Beyond the Streets has been instrumental in ensuring our service design fits the needs of the women they refer to us from their Beyond Support helpline.

Our first flat is fully operational; we are looking to launch our second in April 2020 and grow to a cluster of four over the next few years. In recognition of the lack of specialist counselling services across the sector, we are also preparing to offer counselling to other services working with women who have experienced sexual exploitation.

Training and awareness-raising around the issues of sexual exploitation

i. The need for training and awareness-raising

Orchards recognises that in working towards our vision of seeing women free from sexual exploitation, it is not enough to just support women exiting; there is a need to work to change the wider context, challenging attitudes on sexualisation and sexual exploitation. Our experience of our first workshop with young people was very positive; all participants agreed that the session had challenged their views. We are seeking to develop this prevention work further as a key component of realising our vision.

ii. Orchards' response

In December 2018 we delivered a successful awareness-raising workshop with a youth group. Based on this experience, we were asked to deliver awareness raising sessions to 300 17-18 year olds and 1,000 12-18 year olds at the nationwide Christian youth festival Newday in August 2019, equipping young people to engage with the issues of sexual exploitation and sexualisation.

We also ran a session with 150 youth leaders equipping them to engage effectively with young people in this area, within their local communities. Based on feedback gleaned from this event, we are developing a strategy to grow our prevention and awareness-raising work over the next two years, reaching 1,000 people each year. We are already on track to meet this target for 2019-2020.

Achievements and Performance

2018-19 in numbers

- 1 self-contained flat purchased and prepared for occupants
- 1 woman housed and supported in safe accommodation
- 17 weekly trauma counselling sessions delivered
- 35 hours of 1-1 casework and pastoral support provided to resident
- 150 church leaders trained to support young people in their communities
- 1000 young people equipped in issues surrounding sexual exploitation





Resident progress (based on outcome assessment tool)

	Initial assessment	6 months after moving into Orchards accommodation
Motivation, confidence and readiness for change	4 / 10	6 / 10
Self-care and living skills	5 / 10	8 / 10
Emotional and mental health	3 / 10	6 / 10
Money management skills	6 / 10	8 / 10
Meaningful use of time	3 / 10	6 / 10

Since registering as a charity in August 2018, we have:

- Designed a service model in consultation with existing service providers, in particular Beyond the Streets
- Developed partnerships with organisations referring organisations and employment and training providers such as Luminary Bakery, Beyond Support and Holos
- Purchased and prepared a one bedroom flat through developing our relationship with Green pastures
- Worked closely with our local church partner, increasing the holistic support we are able to provide through their pastoral care team, onsite debt centre, money management course and Foodbank volunteering opportunities for women
- Provided one-bedroom pilot flat for one woman exiting a sexually exploitative situation. We designed the flat to be a place of sanctuary and healing from which she can access the services she needs and take steps towards a life free from exploitation
- Delivered weekly individual support work sessions, with a tailored holistic support plan looking at physical and emotional health, legal and financial support, employment and training and resettlement



"Hugely well done in providing such a holistic wraparound support, it really is a dream come true" Elly, referrer

- Provided weekly counselling sessions to our first resident to enable her to begin to process the trauma she has experienced

"The counsellor has been very attentive and she listens to what I have to say and she adds art therapy, painting in which is a nice activity in the counselling. I've not done art therapy before. I find art therapy helpful, it's therapeutic. It's a change from just speaking about history" Orchards resident

- Delivered awareness-raising workshops and training to 1,000 young people aged 12-18
- Delivered training to 150 church leaders and youth leaders, equipping them to engage with young people on issues surrounding sexualisation.

"Very relatable and challenged and reminded me not to normalise some of the issues women face... I loved the personal experience which give a further insight and made the issues discussing a lot more real not just facts and figures" Workshop participant

Financial Review

Income

In this first thirteen months of operating, overall income was £41,832. This included regular monthly giving, one-off donations and grant funding, as well as Housing Benefit payments.

	£
One off income (one-off donations and grant funding)	£34,360
Housing Benefit	£5,674
Regular monthly income	£1,798
TOTAL	£41,832

Expenditure

Total expenditure for this financial year was £24,717. This included the following:

1. Set-up

For the first five months, expenditure was focused on setting up the charity. This included payments to the co-directors to oversee this process.

2. Staffing

Two Co-Directors were appointed from February 2019 on a part-time basis of one day a week. Additional charity support is provided through a number of volunteers.

3. Property costs

Orchards opened its first property in April 2019, resulting in increased expenditure to cover set-up costs and property maintenance. Housing Benefit for the flat resident covers some of the ongoing rental and utilities bills, although Orchards covers the remaining costs.



Plans for Future Periods

There is much to be done to meet the urgent housing need for women exiting sexual exploitation. We are looking to grow to a cluster of four flats over the next three years linked to our first partner church, purchased through Green Pastures. The local church is essential to our model and we are working to strengthen the bridges from our services into the church community.

We are working to open our second flat in Spring 2020 and expect it to be funded primarily through Housing Benefit payments, supplemented by additional fundraising to cover set-up costs and other ongoing property costs.

We will continue to seek an increase in regular donations to support the charity's financial sustainability, along with grant funding. Continuing to develop the volunteer team will support the charity's plans for growth in the next year and beyond.

Access to counselling services can be difficult and waiting lists can be long, yet the needs are great amongst this client group. During the next year we plan to extend our counselling offer to women supported by other organisations to address this.

We are also reviewing our training and awareness raising strategy to maximise our impact in changing the wider context.

Reserves Policy

The Trustees review the Reserves Policy annually. In recognition of the nature of our work, it is the policy of Orchards to hold reserves to cover three months' operational costs, based on the annual budget, as agreed by the Trustees. This is to ensure that women we are supporting are not left homeless in the event of a funding deficit and that we would have sufficient time to support them into alternative accommodation should the need arise.



Structure, Governance and Management

Governing Document

The organisation is a Charitable Incorporated Organisation (CIO), registered on the 6th August 2018. The charity is governed by a 'Foundation Model' Constitution and its only voting members are its charity Trustees.

Recruitment and Appointment of Trustees and Directors

Every Trustee is appointed for a minimum term of 2 years by a resolution passed at a properly convened meeting of the charity trustees. A charity Trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least one year.

All Trustees give their time voluntarily and receive no benefits from the charity. No expenses were reclaimed from the charity during the year.

Since year end, we have been actively recruiting an additional Trustee to increase the knowledge and resources available to the Charity.

Organisational Structure and Management

The Trustees meet regularly (up to six times a year) and are responsible for the strategic direction and policies of the charity. At present the Trustees have members from a variety of professional backgrounds relevant to the work of the charity.

Related Parties

The Trustees confirm that there are no related party relationships at present, and that no related party relationships or transactions occurred during the year.

Account Preparation

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities published on 16 July 2014.

In accordance with the requirements of the Charities Act we are required to obtain an independent examiners report. Refer to page 15.

Declaration

The Trustees declare that they have approved the Trustees' report above.

Signed on behalf of the Board of Trustees



Phil Hopgood

Acting Chairman

4. Independent Examiner's Report to the Trustees of Orchards

I report to the trustees on my examination of the financial statements of Orchards (the charity) for the year ended 30 September 2019, which are set out on pages 16 to 21.

Responsibilities and Basis of Report

As the Trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act, and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145 (5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently, I express no opinion as to whether the financial statements present a 'true and fair view' and my report is limited to those specific matters set out in the independent examiner's statement.

Independent Examiner's Statement

I have completed my examination. I confirm that no material matters have come to my attention, in connection with the examination, giving me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008, other than any requirement that the financial statements give a 'true and fair view', which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:



Name: Nicole Carter

Name of applicable listed body:

Relevant professional qualification or membership of professional body: ACCA

Date: 18.03.2020

Annual accounts for the period 6 August 2018 – 30 September 2019

*Statement of financial activities
(including summary income & expenditure account)*


	Note	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
		£	£	£	£
Income					
Income from:					
Donations and Legacies	3	26,943	9,215	36,158	-
Income from charitable activities		-	5,674	5,674	-
Total		26,943	14,889	41,832	-
Expenditure					
Expenditure on:	4				
Raising funds		55	-	55	-
Charitable activities		13,001	11,661	24,662	-
Separate material expense item		-	-	-	-
Other		-	-	-	-
Total		13,056	11,661	24,717	-
Net income before tax		13,887	3,228	17,115	-
Tax payable		-	-	-	-
Net income/ (expenditure)		13,887	3,228	17,115	-
Net movement in funds		13,887	3,228	17,115	-
Reconciliation of funds					
Total funds brought forward		-	-	-	-
Total funds carried forward		13,887	3,228	17,115	-

Balance Sheet

	Note	Unrestricted funds	Restricted income funds	Total funds	Total last year
		£	£	£	£
Current assets					
Debtors	6	2,315	28	2,342	-
Cash at bank and in hand		11,573	3,200	14,773	-
Total current assets		13,887	3,228	17,115	-
Creditors: amounts falling due within one year		-	-	-	-
Total net assets or liabilities		13,887	3,228	17,115	-
Funds of the Charity					
Restricted income funds		-	3,228	3,228	-
Unrestricted funds		13,887	-	13,887	-
Total Funds		13,887	3,228	17,115	-

The financial statements were approved by the board of trustees and authorised for issue on 18th March 2020.

Signed by one trustee on behalf of all trustees:

SIGNATURE	NAME	DATE OF APPROVAL
	Phil Hopgood	18.03.20

5. Notes to the financial statements

Note 1 BASIS OF PREPARATION

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Charities Act 2011.

1.2 Going Concern

The accounts have been prepared on a going concern basis as there are no known reasons or uncertainties that Orchards will not continue to operate over the next 12 months.

1.3 Changes of Accounting Policies

The accounts present a true and fair view and no changes have been made to accounting policies during the year. This is the first year that financial statements have been prepared.

1.4 Changes to Accounting Estimates

No changes to accounting estimates have occurred in the reporting period.

Note 2 ACCOUNTING POLICIES

2.1 Income

2.1.1. Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability

2.1.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

2.1.3 Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

2.1.4. Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2.1.5 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

2.2 Expenditure and Liabilities

2.2.1 Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

2.3.1 Assets

2.3.1 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Note 3 INCOME

	Analysis Of Income	Unrestricted funds £	Restricted income funds £	Total funds £	Prior Year £
Donations and Legacies	Donations and Gifts	24,628	9,187	33,815	-
	Gift Aid	2,315	28	2,342	-
	Total	26,943	9,215	36,158	37,695

Note 4 EXPENDITURE

	Analysis Of Expenditure	Unrestricted funds £	Restricted income funds £	Total funds £	Prior Year £
Expenditure on raising funds	Online fund- raising platform fees	55	-	55	-
	Total	55	-	55	-
Expenditure on charitable activities	Flat expenses	4,228	7,461	11,690	-
	Salaries, NIC & pension contributions	4,444	2,880	7,324	-
	Consulting fees	2,304	-	2,304	-
	Counselling costs	-	1,200	1,200	-
	Staff supervision and training	646	120	766	-
	Other expenses	1,378	-	1,378	-
	Total	13,001	11,661	24,662	-
TOTAL EXPENDITURE		13,056	11,661	24,717	-

Note 5 Paid Employees

5.1 Staff Costs

	This Year £	Prior Year £
Salaries and wages	7,111	-
Social security costs	-	-
Pension costs (defined contribution scheme)	213	-
Total Staff Costs	7,324	-

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000.

The total amount paid to key management personnel for their services to the charity during the period was 7,324.

5.2 Average head count in the year

The parts of the charity in which the employees work	This Year £	Prior Year £
Fundraising	0.1	-
Charitable activities	0.2	-
Other	-	-
Total	0.3	-

Note 6 Debtors And Prepayments

	Analysis Of Debtors	Unrestricted Funds £	Restricted income funds £	Total funds £	Prior Year £
Debtors	Gift Aid Receivable	2,315	28	2,342	-
	Total	2,315	28	2,342	-

Note 7 Transactions With Trustees And Related Parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or related entity. Furthermore, no trustee expenses have been incurred.

There have been no related party transactions in the reporting period.