

*"Changing Minds and Lives for Better"*



# **Trustees Annual Report 2018-2019**

## **Reference and administrative details**

Charity number: 1162000

Company number: 5492205

Registered Office: 55 Leigham Court Road, London SW16 2NJ

Website: [www.options4change.org.uk](http://www.options4change.org.uk)

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## **Our Aims and Objectives**

### **Purposes and Aims**

To operate as an organization working collaboratively across London Boroughs and mainly Lambeth to offer help and support services to vulnerable children, young people (CYP) and their families:

- ❖ Advancing in life and helping young people by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals.
- ❖ Advancing education.
- ❖ Relieving unemployment.
- ❖ Providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions in life of such persons.
- ❖ The prevention and relief of poverty.

### **Ensuring our work delivered our aims**

We did this by ensuring that our Trustees, staff, volunteers and partners are committed to supporting our efforts to deliver quality services in all that we do via,

- ❖ Advocacy and casework support for families seeking solutions to inequalities and social injustices.
- ❖ Implementing and continuously develop policies and processes that protects and safeguard the wellbeing of all our service users, volunteers and staff.
- ❖ Facilitating skills development workshops and other activities in schools, the wider community and residential settings to address personal and community development issues hindering our service user's life chances and opportunities.
- ❖ Evidencing the involvement of our service users in the design, delivery and reviews of our services.
- ❖ Proactively consulting and engaging with educators and special education needs specialists to minimise the risk of school exclusions and also reintegrate previously excluded pupils back into mainstream education.

- ❖ Having a strong visibility in the communities that we work and actively engage in collaborative working across communities with residents to identify root causes to problems affecting their communities and agree solutions
- ❖ Providing food and welfare support to families experiencing schools holiday and winter specific poverty related issues.

During the reporting period 437 service users accessed one to one support and 893 in group activities of workshops, lunch clubs, outings, residential, schools holiday projects and recreational activities. Our caseworkers and advocates provided 352 individuals with casework support for education sustainment, school exclusions, housing, financial hardships welfare, gangs, and county lines and gangs matrix issues.

Our service users increasingly needed our support to address real crisis situations that they find themselves in. Poverty is a growing issue that many families in Lambeth and across the country face. We have utilized both statutory and voluntary interventions using our caseworkers and volunteers. We successfully addressed issues linked to education, child development, destitution, social exclusion and isolation, health and homelessness.

Recruiting volunteers remained a challenge as unemployment in London dropped and paid employment was readily available. We addressed this by using a dedicated recruitment site for charities, attracting motivated volunteers who are still with the organization today. Children and young people remain at the heart of everything we do, and we have focused on working with the whole family to reduce disadvantage and increase positive outcomes. We continue to be a community resource and a trusted local service, filling a gap created by many free to access charities ceasing to trade.

Lambeth has a high level of school exclusions, and we are championing joint working within schools to try and address at source, the issues affecting children in full time education, and returning to education. We have been very effective in engaging with parents to work closely with us and schools addressing the complex and individual needs of children and young people. We have identified clear pathways for excellence and positive experiences in academic achievement for this hard to reach group of children.

Poverty and destitution became a focal point for our advocacy and casework service. We have dealt with unprecedented numbers of families in challenging and life changing situations. As a result, we have structured our projects and sought funding streams to help us address this desperately unserved provision in free to access services.

## CEO Year in Review

We closed our operations for 2018/2019 with more optimism and successes than previous years. This was despite the challenges the charity faced ongoing to sufficiently employ staff to meet the needs of our service users and their communities. Our trustees, board members, management staff and volunteers used their expertise, skills and commitment to the charity's aims by provided one to one and group services to children, young people, parents and others to resolve numerous self-development, disadvantages and hardship issues.

Our service teams provided independent and partnership services to address vulnerabilities and disadvantages linked to:

- School exclusions: where we work to minimise vulnerability and the associated risks
- Mainstream school's reintegration: providing in-school and parental support to help previous excluded pupils to settle back into their previous school and education settings
- Special education needs: pupil and parental support for pupils with disabilities and special needs.
- Gangs and county lines: casework and workshops in schools, community venues and our offices to raise the awareness of pupils and parents on the risks and how to minimise them
- Welfare and wellbeing: social welfare and wellbeing advocacy and casework activities independently and alongside our specialist partners.
- Personal development workshops and residential programmes: facilitation of various workshops focused on self-development, employability and the empowerment of parents who are facing hardships and disadvantages.
- Homelessness and housing disrepairs – advocacy and casework to resolve homelessness, overcrowding and housing disrepairs.

Our Walcott Foundation Funded Education Sustainment Project (ESP) is delivered in two Lambeth primary schools. During the period 55 pupils participated in school workshops, one to one, school holidays and recreational activities and outreach home support intervention from our Education Sustainment Officers. The challenges affecting pupils and their families often required multi-agency intervention and joint working efforts to resolve the issues and challenges. Many successful outcomes have been achieved for service users with challenging and complex needs. This was largely because of the determined efforts of the service users and our staff.

Community engagements, partnerships and service user representation services were accelerated with additional operational hours to meet the needs of 20 children who were at risk of falling out of the education system or in need of reintegration

support to settle back into mainstream education. This helped us to ensure that the ESP and the charity's other projects were designed and delivered to meet the needs of our service users in terms of access, participation and evidencing our service users input into all services that they received.

Our staff and caseworkers delivered advocacy and casework support to over 700 service users. This was made possible by funding from Awards for All, Walcott Foundation and the generous donations from our private donors with finance and service donations. Our legal partners of Solicitors and other legal professionals provided in excess of 280 hours of free legal advice and support to our caseworkers. This helped us to widen our outreach and in office contact and service provisions to some of the most disadvantaged and poverty affected service users.

Our volunteers and other in-kind service contributions were in excess of 1,800 hours. The overall turnover of the charity during the period remains below what we plan to achieve for the coming operational year 2019/2020. However in-kind support services matched our turnover by 112%.

The expertise developed in delivering our services during the year will strengthen and support future service planning for the expansion of all our service areas.

We resolved multiple service user and operational challenges linked to education sustainment, benefit changes, low income, unemployment, homelessness and disabilities. The empowerment and opportunities accessed by most of our service users met our principle aim to "change minds and lives for better".

2018/2019 has been a very productive year which has helped us to plan to increase our influence as a preferred local charity and further increase our expertise to respond to the needs of our services users and their communities.

## **Services We Delivered in 2018/19**

### **The Education Sustainment Project (ESP)**

The Walcott Foundation continued to fund the ESP based on us delivering on our projected outcomes for the recipients in the previous year. We managed the project by locating our staff in two schools in Lambeth, providing a face to face service for parents and pupils. Operating in the school improved partnership working with the schoolteachers and Head teacher. We were successful in helping more than 60 pupils via one to one sessions and a series of focused workshops. The pupils were often detached from learning, at risk of exclusion and sometimes very difficult to manage in a normal classroom setting. Our Sustainment Officers gave them tasks to help them understand the benefits of a class routine; and taught them skills to manage any negative feelings that affected their behaviour once back in the classroom. We worked with their parents so they too could help in reinforcing the learning we were providing and equipped them with parenting skills to support their child's educational needs.

One of the schools we work in is a referral unit, and we worked hard to reintegrate the pupils we enlisted in the project back into mainstream education.

We recognise that parents are key in enabling a child to flourish in education and worked with 27 parents from both schools to assist them with other problems they were facing, which had a negative impact on family life. We provided advocacy and casework services to resolve housing issues, threatened or actual homelessness, poverty and other social welfare issues.

Many pupils are vulnerable to the influence of gangs and are used for county lines. The problem is one parents have found very challenging to address, as they felt powerless to change their child's behaviour and remove them from the reach of the gangs. Through a series of workshops, we supported them to help their children disengage from gangs.

Many of the parents of the pupils we worked with could not afford holidays or even day trips which made the children ashamed, as they felt different to their peers whose families were in better financial situations. Part of the ESP objectives was to take the participants on a residential trip. 12 children and 8 parents attended a three-day trip to Cardiff to have respite from their usual environment and day to day problems. A day trip to Brighton allowed many more parents and children from the ESP to enjoy the seaside, some for the first time.

The project is very keen to address the problem of children not having a proper meal before attending school; and to this end we held in school breakfast clubs. We organised many activities with the help and participation of school staff that included a drumming session.

### **Warm Well and Fed Project**

Older people are more at risk due to the extreme winter weather changes; however, the issue is also a big issue for families who are fuel and food poor. Our project worked with inter-generational families to develop actions to support the most vulnerable before they reached crisis point. We identified the inequalities facing them and tackled the main problems they faced through workshops and discussion groups. Isolation was also identified as increasing the risk of crisis in winter and we wanted to create a welcoming place for them to get together with others who they could relate to.

We achieved this by:

- Providing free information and access to advice to ease financial worries and help them to tackle fuel poverty.
- Invited 'handyman' providers to come and host workshops to demonstrate basic practical tasks around the home, as this is usually an expense poorer families

cannot afford.

- Gave helpful guides on how to keep warm in the house to save energy and reduce fuel bills.
- Held workshops on how to stretch a budget to make nutritional food for the whole family.
- Made referrals to Foodbanks for those who were destitute.
- Supported individuals who needed more support with personal development skills.
- Held get togethers with fun recreational activities, that included a hot meal.

### **The Mango Tree Project**

Many of the service users who come to us for advocacy services are single parents without support networks to help them when they feel helpless, desperate and with no place to talk about how they are feeling.

Our Mango Tree group sessions have helped 23 parents on a fortnightly basis network with others who can empathize with them. The group meet over a six-month period attending facilitated discussions, tackling hard to deal with subjects from isolation to depression. Workshops helped them recognise they were worthy members of their community and did not need to hide away from a feeling of shame.

They participated in:

- Feel good dance workshops.
- How to manage on a limited budget classes.
- Keep-fit and healthy sessions, where you don't need a gym.
- Mentoring and peer support sessions.
- Developing 'my voice' to be heard advice workshops.

We are proud to have helped 23 parents realise their self-worth and how they are now empowered to change their lives.

## Structure, Governance and Management

### **Governing Document**

The organization is a charitable company limited by guarantee, incorporated on 27 June 2005 and registered as a charity on 4 June 2015. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up members are required to contribute an amount not exceeding £5.

### **Election of Trustees and Management Committee Members**

There were no new appointments to the position of Trustee or to the Management Committee (MGTC). Dele Tiwoo resigned from the MGTC.

Options 4 Change MGTC meets quarterly and is responsible alongside the trustees, for the strategic direction of the charity. The trustees administer and fulfil governance duties via the MGTC.

Our AGM is the opportunity for our voting members to put forward nominations for trustees and committee members, and to formally announce retiring trustees. Documents are sent out to members in advance of the AGM with relevant details of any candidates up for nomination.

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the CEO. The CEO is responsible for ensuring the charity delivers the services specified in accordance with our stated objects; and that key performance indicators are met.

### **Responsibilities of the Management Committee (MGTC)**

Company law requires the MGTC to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company as at the balance sheet date and of its incoming resources and application of resources, including income and expenditure, for the financial year.

### **Risk Management**

Where appropriate, systems or procedures have been established to mitigate the risks the charity faces by the implementation of internal controls and procedures for authorization of all transactions and projects. Procedures are in place to ensure compliance with health and safety of staff, volunteers, service users and visitors to the office.

### **Trustees and Management Committee Members (MGTC)**

The Trustees and Board members serving during the year and at the years end are

as follows:

Rahman Mustapha	Trustee (Chair)
Aida Huballah	Trustee (Treasurer)
Donna Sinclair	Trustee (Secretary)
Colette Wilson	Trustee
Beverley Baxter	MGTC
Dani Duque Gallego	MGTC

## Financial Review

The charity is supported by donations from our service users helping maintain the financial stability of the organization. The donations have been growing year on year.

### Principal Funding Sources

Income was derived from:

- The Walcott Foundation
- Service user donations
- Individual donors and members

### Reserves Policy

The MGTC has discussed the need for reserves in line with the charities current financial commitments.

They have agreed that currently, there is low risk that the charity will not be able to meet its short term costs. The ideal situation is to have at least three months operational expenditure and when additional funding is secured, the reserves position will be revisited.

### Remuneration

No trustee or member of the MGTC received remuneration or other benefit from their work with the charity. Any relationship between a member of the management committee and our staff, volunteers, service providers or service users must be disclosed to the full board of Trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

### Plans for Future Periods

The charity has applied for long term funding from the National Lottery Reaching Communities Fund. If successful, it will greatly expand the current service provided and secure three years funding allowing for the recruitment of paid staff.

**Accountants**

Abraham and Associates  
Chartered Certified Accountants  
6 Weston Road  
Southend on Sea Essex  
SS1 1AT

Our Accountants independently verify and file our accounts in accordance with charities and companies House requirements, to ensuring that Options 4 Change are complying with best practice around financial and auditing procedures.

**Bankers**

Santander  
498 Brixton Rd  
London SW9 8EX

# Financial Statement

## Statement of Financial Activities for the Year Ended 30 June 2019

	Year Ended 30.06.19 Total funds £	Year Ended 30.06.18 Total funds £
<b>INCOMING RESOURCES</b>		
Grants & Donations	40,660	46,100
<b>RESOURCES EXPENDED</b>		
<b>Charitable activities</b>		
Charitable activities	27,760	28,351
Governance costs	17,637	15,997
Other resources expended	—	—
<b>Total resources expended</b>	<b>(45,397)</b>	<b>(44,348)</b>
	—	—
<b>NET INCOMING RESOURCES</b>	<b>(4,737)</b>	<b>1,752</b>
<b>RECONCILIATION OF FUNDS</b>		
+		
<b>Total funds brought forward</b>	<b>6,346</b>	<b>4,594</b>
	—	—
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b><u>1,609</u></b>	<b><u>6,346</u></b>

Options 4 Change

Balance Sheet  
As at 30 June 2019

	Notes	30.06.19 Total funds £	30.06.18 Total funds £
<b>CURRENT ASSETS</b>			
Cash in hand and bank		2,571	8,749
<b>Creditors: Amount falling due within one year</b>	3	(962)	(2,403)
<b>NET CURRENT ASSETS</b>		<u>1,609</u>	<u>6,346</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			
		<u>1,609</u>	<u>6,346</u>
<b>NET ASSETS</b>		<u>1,609</u>	<u>6,346</u>
<b>TOTAL FUNDS</b>			
		<u>1,609</u>	<u>6,346</u>

The financial statements were approved by the Board of Trustees on ..... and were signed on its behalf by:

  
 Trustee name: RAHMAN MUSTAPHA  
 (CHAIR)

  
 Trustee name: AIDA HUBALLAH

**REGISTERED CHARITY NUMBER: 1162000**  
**COMPANY REGISTRATION NUMBER: 05492205**

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 30 June 2019  
For  
Options 4 Change

Options 4 Change

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for the Year Ended 30 June 2019

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Options 4 Change

Independent Examiner's Report to the Trustees of Options 4 Change

I report on the accounts for the year ended 30 June 2019 set out on pages 2 to 6.

**Respective responsibilities of trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

**Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met;

Or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Xavier Abraham*

Xavier Abraham FCCA  
For and on behalf of  
Abraham and Associates  
Chartered Certified Accountants  
6 Weston Road  
Southend on Sea  
Essex,  
SS1 1AT

Date : 08/06/2020

Options 4 Change

Statement of Financial Activities  
for the Year Ended 30 June 2019

	Year Ended 30.06.19 Total funds £	Year Ended 30.06.18 Total funds £
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Other resources expended	—	—
<b>Total resources expended</b>	(45,397)	(44,348)
	—	—
<b>NET INCOMING RESOURCES</b>	(4,737)	1,752
<b>RECONCILIATION OF FUNDS</b>		
+		
<b>Total funds brought forward</b>	6,346	4,594
	—	—
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>1,609</u>	<u>6,346</u>

Options 4 Change

Balance Sheet

As at 30 June 2019

	Notes	30.06.19 Total funds £	30.06.18 Total funds £
<b>CURRENT ASSETS</b>			
Cash in hand and bank		2,571	8,749
<b>Creditors: Amount falling due within one year</b>	3	(962)	(2,403)
		<u>          </u>	<u>          </u>
<b>NET CURRENT ASSETS</b>		<u>1,609</u>	<u>6,346</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>1,609</u>	<u>6,346</u>
		<u>          </u>	<u>          </u>
<b>NET ASSETS</b>		<u>1,609</u>	<u>6,346</u>
		<u>          </u>	<u>          </u>
<b>TOTAL FUNDS</b>		<u>1,609</u>	<u>6,346</u>

The financial statements were approved by the Board of Trustees on 05th of June 2020 and were signed on its behalf by:

.....  
Trustee name: Rahman Mustapha

.....  
Trustee name: Aida Hubullah

Notes to the Financial Statements  
for the Year Ended 30 June 2019

**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 1993 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Summary of the donations received for the period:-

1. Walcot Foundation - £24,997;

**Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 June 2019.

**Trustees' Expenses**

There were no trustees' expenses paid for the year ended 30 June 2019.

**3. CREDITORS: AMOUNT FALLING DUE WITHIN ONE YEAR**

	<b>2019</b>	<b>2018</b>
	£	
Accrued expenses	960	843
Professional fees	-	930
Tax payable	2	-
Wages payable	-	630
	<hr/>	<hr/>
Total	<u>962</u>	<u>2,403</u>

**4. MOVEMENT IN FUNDS**

	At 01.07.18	Net movement	At 30.06.19
	£	in funds	£
		£	
<b>General funds</b>	6,346	(4,737)	1,609
	<hr/>	<hr/>	<hr/>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>General fund</b>	40,660	(45,397)	(4,737)

The notes form part of these financial statements

Options 4 Change  
Detailed Statement of Financial Activities  
for the Year Ended 30 June 2019

	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
<u>Incoming resources</u>		
Grants & Donations	40,660	46,100
<u>Employee costs:</u>		
Wages and salaries	8,805	2,709
	<u>8,805</u>	<u>2,709</u>
<u>Premises costs:</u>		
Rent	2,150	5,300
Light and heat	1,289	3,758
	<u>3,439</u>	<u>9,058</u>
<u>Resources expended</u>		
Client welfare	14,570	10,418
Volunteer expenses	211	7,961
Conference and workshops	7,594	7,258
Travel and subsistence	3,234	1,015
	<u>25,609</u>	<u>26,652</u>
<u>General administrative expenses</u>		
Telephone and fax	1,589	1,072
Postage	524	73
Stationery and printing	268	1,372
Bank charges	7	-
Cleaning	14	-
Insurance	-	430
Software	125	-
Service charges	140	134
Repairs and maintenance	11	58
Equipment expenses	1,277	1,259
Office cost	2308	-
Other admin expenses	150	46
	<u>6,413</u>	<u>4,444</u>
<u>Legal and professional costs:</u>		
Professional fees	990	960
Legal costs	141	525
	<u>1,131</u>	<u>1,485</u>
	<u>45,397</u>	<u>44,348</u>

**REGISTERED CHARITY NUMBER: 1162000**  
**COMPANY REGISTRATION NUMBER: 05492205**

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 30 June 2019  
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Options 4 Change

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## Options 4 Change

### Independent Examiner's Report to the Trustees of Options 4 Change

I report on the accounts for the year ended 30 June 2019 set out on pages 2 to 6.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 144(2) of the Charities Act 2011 (the 2011 Act)) and that an independent examination is required.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under Section 145 of the 2011 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 145(5)(b) of the 2011 Act); and
- to state whether particular matters have come to my attention.

#### **Basis of the independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below.

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*Xavier Abraham*

Xavier Abraham FCCA  
For and on behalf of  
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6 Weston Road  
Southend on Sea  
Essex,  
SS1 1AT

Date : 08/06/2020

Options 4 Change

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Options 4 Change

Balance Sheet

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		<u>          </u>	<u>          </u>
<b>NET ASSETS</b>		<u>1,609</u>	<u>6,346</u>
<b>TOTAL FUNDS</b>		<u>1,609</u>	<u>6,346</u>

The financial statements were approved by the Board of Trustees on 05th of June 2020 and were signed on its behalf by:

.....  
Trustee name: Rahman Mustapha

.....  
Trustee name: Aida Hubullah

Notes to the Financial Statements  
for the Year Ended 30 June 2019

**1. ACCOUNTING POLICIES**

**Accounting convention**

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Charities Act 1993 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

**Incoming resources**

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Summary of the donations received for the period:-

1. Walcot Foundation - £24,997;

**Resources expended**

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**2. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 June 2019.

**Trustees' Expenses**

There were no trustees' expenses paid for the year ended 30 June 2019.

**3. CREDITORS: AMOUNT FALLING DUE WITHIN ONE YEAR**

	<b>2019</b>	<b>2018</b>
	£	
Accrued expenses	960	843
Professional fees	-	930
Tax payable	2	-
Wages payable	-	630
	<hr/>	
Total	<u>962</u>	<u>2,403</u>

**4. MOVEMENT IN FUNDS**

	At 01.07.18	Net movement	At 30.06.19
	£	in funds	£
		£	
<b>General funds</b>	6,346	(4,737)	1,609
	<hr/>	<hr/>	<hr/>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>General fund</b>	40,660	(45,397)	(4,737)

The notes form part of these financial statements

Options 4 Change  
Detailed Statement of Financial Activities  
for the Year Ended 30 June 2019

	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
<u>Incoming resources</u>		
Grants & Donations	40,660	46,100
	<hr/>	<hr/>
<u>Employee costs:</u>		
Wages and salaries	8,805	2,709
	<hr/>	<hr/>
	8,805	2,709
	<hr/>	<hr/>
<u>Premises costs:</u>		
Rent	2,150	5,300
Light and heat	1,289	3,758
	<hr/>	<hr/>
	3,439	9,058
	<hr/>	<hr/>
<u>Resources expended</u>		
Client welfare	14,570	10,418
Volunteer expenses	211	7,961
Conference and workshops	7,594	7,258
Travel and subsistence	3,234	1,015
	<hr/>	<hr/>
	25,609	26,652
	<hr/>	<hr/>
<u>General administrative expenses</u>		
Telephone and fax	1,589	1,072
Postage	524	73
Stationery and printing	268	1,372
Bank charges	7	-
Cleaning	14	-
Insurance	-	430
Software	125	-
Service charges	140	134
Repairs and maintenance	11	58
Equipment expenses	1,277	1,259
Office cost	2308	-
Other admin expenses	150	46
	<hr/>	<hr/>
	6,413	4,444
	<hr/>	<hr/>
<u>Legal and professional costs:</u>		
Professional fees	990	960
Legal costs	141	525
	<hr/>	<hr/>
	1,131	1,485
	<hr/>	<hr/>
	45,397	44,348
	<hr/>	<hr/>