



OXFORDSHIRE BREASTFEEDING SUPPORT

Annual Report 2019/20



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Administrative information

Registered name Oxfordshire Breastfeeding Support

Registered address 21 Complins Close, Oxford, OX2 6PZ

Email team@oxbreastfeedingsupport.org

Registered charity no. 1176948

Trustees

Dr Juliet Rayment (Chair of trustees)
Dr Ilana Levene (Deputy Chair of trustees)
Louise Ellis ACA (Treasurer)
Harriet Batten (Secretary) (resigned June 2019)
Dr Heather Thomas (resigned August 2019)
Elizabeth Horwell
Dr Claire Inness (resigned March 2020)
Wanja Knighton (appointed March 2020)
Sev Gunes-Lasnet (appointed March 2020)
Danielle Beaumont-Orr (appointed June 2020)

Contracted facilitators

Jayne Joyce (Project Lead)
Lisa Mansour
Charlotte Gilman
Catriana McKie
Emily Tammam

From the Chair of Trustees

[Oxfordshire Breastfeeding Support](#) (OBS) believes that everyone should be able to breastfeed or provide breastmilk for their children for as long as they wish, and we know the difference that good support makes to the mental health and wellbeing of parents and babies.

This year, our breastfeeding drop-in sessions supported 568 families, and 1500 women through our Facebook group. Our antenatal education sessions helped 52 families to set up a positive start to feeding their newborns and we trained seven service users to join our volunteer team as peer supporters.

This year we have recruited two new [trustees](#), Wanja Knighton and Sev Gunes-Lasnet. Our [volunteers](#), like Wanja and Sev, work behind the scenes on governance and fundraising, as well as others who support families at our drop-ins and online, run our pump loan system, support our antenatal workshops and help us to ensure that our service is meeting service users' needs.

This financial year has been extraordinary for OBS in many ways. In December 2019, we were awarded the largest grant ever given to an infant feeding organisation by the [National Lottery Community Fund](#): £114,000 over 5 years. This will help us to reach more families outside of Oxford, and allow us to develop new programmes to support more families from Black and minority ethnic communities, women with disabilities and younger women, who are currently under-represented at our drop-ins. We were also awarded £6,500 from the Tampon Tax Fund to support our Donnington Doorstep drop-in and £4,500 from [Oxfordshire Community Foundation](#) to support the Barton drop-in.

In early 2020, we worked with [Oxford Hub](#) for the second year running to consult the community on how we can support them better. This year we were delighted that 50% of our responses were from breastfeeding families who had *not* used our service. We now have valuable information from them that we can use to move forward into the next five years.

The end of the financial year brought the Covid-19 pandemic, which is continuing as I write. We redesigned our entire model of care to online support and preemptively closed all of our drop-in sessions in mid-March. We have been successfully operating virtually since then. By April 2020, we were offering:

- Twice a month [virtual antenatal sessions](#) (up from once a month)

- Increased support through our [Facebook group](#), including a Monday morning real-time Facebook chat with the team
- [One to one consultations](#) by Zoom or phone, for more complicated breastfeeding problems
- New partnerships with other organisations including [The MotherKind Cafe](#), [Botley Bridges](#), [OXPIP](#) and [Maple Tree Wheatley](#) Children's Centres to offer feeding support in their virtual groups for new parents.

With significant reductions in the breastfeeding support available through the NHS, it's more important than ever that OBS can offer this support. Breastfeeding is an unlimited source of free food for babies at a time when food security can be a problem for many families and we have been putting a lot of effort into supporting isolated local families socially too.

Our response has highlighted how agile and flexible OBS can be in response to a crisis. Our team has always been used to working remotely, and have come together and supported each other through this new world, learning a lot along the way on improving access to breastfeeding support. Despite the global uncertainty, we are optimistic about the next year and look forward to working with more and more Oxfordshire families in new ways. You can donate to OBS through [Local Giving](#).

Juliet Rayment

Juliet Rayment, Chair of Trustees, May 2020



Wanja Knighton and Sev Gunes-Lasnet, Trustees.
Volunteers, Trustees and Facilitators at our 1st birthday celebration, June 2019

Structure and management



Service user Josie and baby Gabriel, with facilitator Charlotte

The charity trustees are responsible for the general control and management of the charity. The trustees give their time freely and receive no remuneration or other financial benefits. The trustees meet together as a body at least four times yearly and are ultimately responsible for decisions taken in relation to running OBS. Trustees will usually serve for terms of two or three years and may be re-appointed for a second term.

A team of contracted facilitators is responsible for day-to-day running of the organisation, and delivery of breastfeeding support and other services. Volunteers work alongside facilitators to aid the smooth delivery of services.

Aims and objectives

OBS aims to increase breastfeeding, provision of breastmilk and responsive feeding for babies in Oxfordshire by:

- Educating and empowering Oxfordshire families to define and achieve their feeding goals.

- Taking a lead role in developing an integrated network of breastfeeding support throughout Oxfordshire, so that all parents can access skilled, timely, local breastfeeding help.

Formal consultations and ongoing conversations with our service users and volunteers shape how we deliver our services. We provide:

1. Drop-in breastfeeding support sessions facilitated by skilled specialists, supported by volunteers.
2. Antenatal breastfeeding education sessions.
3. A closed, closely moderated Facebook breastfeeding support group open to anyone in Oxfordshire who is pregnant or lactating.
4. Low-cost loan of breast pumps.
5. Peer supporter training, equipping women who have breastfed to provide basic voluntary breastfeeding support to other families in a supervised context.
6. Opportunities for accredited volunteer breastfeeding counsellors and qualified health professionals to develop their breastfeeding support skills and achieve further external qualifications.
7. Observation placements for student health professionals to increase their breastfeeding knowledge and competencies.
8. Coordination and advocacy at a strategic level to develop and improve breastfeeding support in Oxfordshire across all sectors.
9. Specific provision for vulnerable families who are less likely to access breastfeeding support services, in partnership with existing professional and voluntary services.
10. Support for good-quality research into breastfeeding and parenting.



The Barton Team

Achievements and performance

The Donnington Doorstep Team

Drop-in breastfeeding support sessions

OBS's drop-in sessions rose to six per week this year with the opening of Barton drop-in in October 2019 and our new partnership with Didcot Baby Monday from January 2020. Prior to pandemic closures, our drop-in sessions were taking place at Donnington Doorstep, East Oxford Children's Centre, Jericho Health Centre, Barton Family Centre, Didcot Baby Monday and the South Oxford Family Room (SOFR). We had 1418 visits across those six groups, of whom 40% (568 families) were visiting for the first time.



The 2019 Impact Assessment showed that the vast majority of service users were positive about the OBS sessions. 97% reported that OBS had helped them understand more about breastfeeding; 93% reported that OBS has made them feel more confident that they can breastfeed; 99% reported that they felt welcome at OBS sessions; and 97% were satisfied with the support from the facilitators and volunteers.

"Without the group I'd never have made it to five months exclusively breastfeeding. We are so lucky to have this in Oxford." (Layla Hamadi, 2019)

The most common reasons for visiting were pain when feeding, and infant behaviour, which together made up half of all visits. Complex breastfeeding problems - which could not be expected to be dealt with by a community midwife or regular health visitor without specialist input (e.g. tongue-tie or oral aversion and including 'faltering growth') - made up 37% of visits. This was significantly higher than the previous year.

"The support available at Oxfordshire Breastfeeding Support not only addresses practical breastfeeding problems but also has a huge impact on parents' emotional and mental wellbeing as well as their children's physical development". (Health visitor, 2019)

OBS works alongside the specialist Maternity Infant Feeding team (which supports babies up to 6 weeks of age) and Enhanced Infant Feeding practitioners from the Health Visiting service (supporting babies over 6 weeks of age) to substantially add to the current county capacity to support complex cases across both of these age groups.

“Once [families] aren’t able to get to the fabulous Midwifery Breastfeeding Clinic after 6 weeks and they have a more complex issue than positioning and attachment, there would be very little help without OBS.” (Midwife)

Antenatal breastfeeding education sessions

An Antenatal Session

During the year, 52 pregnant women attended our updated antenatal teaching session, many with partners and some with older children. Sessions equip parents-to-be with essential breastfeeding information to ensure they are able to initiate breastfeeding and find support if they experience difficulties. OxAnts, an



Oxfordshire network of antenatal teachers and providers, has been revived during the year and OBS was represented at the first meeting in October.

“I went to other antenatal breastfeeding classes and it didn’t compare. Yours not only was more relevant but more welcoming and less judgmental than others. Throughout the sessions I attended with my baby I always felt immense support and empathy. I really couldn’t have wanted more!” (response to Impact Assessment survey, 2020)

A closed, closely moderated Facebook breastfeeding support group

At the time of writing, our Facebook group has over 2000 members, with rapid growth at the end of the financial year, as social distancing began. Our long experience working in this format, and our investment in training our volunteers to work confidently on Facebook, are paying dividends.

“I am so grateful to the OBS staff and volunteers for all the advice and support they gave me in the first few months of breastfeeding. I’m not sure how I would have managed without them. I always felt boosted after attending a session... the moral support and encouragement was great and helped me to keep trying until things

improved. I have learned loads from other people's queries and replies on the Facebook group too.” (Anonymous Service User, Impact Assessment 2020)

Low-cost loan of breast pumps

Pump loans have increased from 34 during 2018-9 to 54 this year, providing a useful income stream as well as a vital service for parents. Our long-serving volunteer Sam continues to administer our pump loan system, despite having had a baby of her own during the year! Pump loans are continuing during social distancing, with appropriate hygiene measures in place.

Peer supporter training

This year we trained another 7 current or former breastfeeding mothers as peer supporters during our 8 week course in May and June. Retention of peer supporters is excellent and we currently have 19 accredited peer supporters who have provided 72 volunteer hours per month this year (an increase from 61 hours a month last year) plus even more online through Facebook.

Peer Supporter Class of 2019



In 2020 we are piloting a different approach to training our peer supporters. Instead of our in-house 12-hour course, our new trainees are doing the 35-hour online [“Mother Supporter” course](#) from Association of Breastfeeding Mothers. This potentially enables us to train volunteers from a wider geographical area, in line with our expansion plans, and to include women who might otherwise be excluded due to accessibility needs, work commitments etc. It also leads on to ABM breastfeeding counsellor training for those who wish to develop their skills further. We have developed and trialled a virtual induction session for new volunteers to follow on from the course. The timing of the switch to virtual training could not have been better, enabling us to proceed as planned, despite the pandemic.

“I love the sense of “giving something back” to new parents and babies through listening to their experiences, and sharing my understanding of the normal course of breastfeeding... OBS makes volunteers feel part of the organisation, and constantly strives to improve every aspect of their service”.
(Cathy, OBS Peer Supporter)

Skills development for volunteers & health professionals

Our peer supporter programme has been the start of a new direction for many of our volunteers. Our longest-serving peer supporter, Liz, also an OBS trustee, was accredited this year as a breastfeeding counsellor by La Leche League International. Another OBS peer supporter was appointed to the Infant Feeding Team on the Oxford Neonatal Unit (although a house move meant she couldn't take up the position) and three more peer supporters are training as breastfeeding counsellors with La Leche League.

"I joined OBS as a new volunteer only a few weeks before the current public health crisis began. The last few weeks have given me the opportunity to develop new skill sets, learn new technology and connect with women in ways that I had not done before. Supporting women online has proven to be a challenging experience, but nevertheless positive and rewarding. OBS provides an invaluable service and I am happy to be a part of a smart and dedicated group of women committed to serving their community." (Julie, IBCLC and OBS volunteer, 2020)

Observation placements

We welcome trainee health professionals to our drop-in sessions as part of our partnerships with Oxford Brookes University and the local midwifery and health visiting services. In 2019, we doubled the hours of training offered, with 44% of sessions having at least one observer this year (mostly student midwives, but also nurses, health visitors and others). This year we've also welcomed several professionals as OBS volunteers: a nursery nurse from a local health visiting team, two midwives, including a consultant midwife, and an IBCLC Lactation Consultant.

Our relationship with Oxford Brookes University has grown this year. We have:

- Taught 2nd year student midwives about "common breastfeeding problems"
- Acted as assessor for the student midwives' practical exams
- Attended Brookes Midwifery curriculum consultation
- Been part of interview panels for prospective student midwives

During National Breastfeeding Celebration week in June 2019, OBS facilitators & volunteers helped to run a stall in Oxford Children's Hospital and in addition, our team has delivered two sessions on infant feeding and a case review session for staff at Oxford Children's Hospital and a session on lactation management of faltering growth for trainee paediatricians. Trustee Ilana Levene coordinated the week's activities throughout the hospital.

Coordination and advocacy at a strategic level

OBS continues to be a key player in the Oxfordshire Countywide Breastfeeding Strategy Group and a founder member of the [Oxfordshire Baby Friendly Alliance](#).

This year we have met with members of the new Oxfordshire Perinatal Mental Health team, who have also observed an OBS drop-in; presented to the East Oxford Health Visiting Locality Team about OBS and welcomed two members of the new Enhanced Health Visiting Infant Feeding Team to an OBS team meeting.

In June, following adoption of our new Milk Sharing Policy, in partnership with Oxford Human Milk Bank we did our first big Milk Bank donor recruitment drive. This received 17,000 shares on Facebook: our biggest ever reach.

“The power of Facebook is amazing... I’ve had lots of lovely stories and support back so thank you so much for putting it out for me. [We received] well over 100 emails enquiring, plus all the social media... in a few weeks when the first of the donations start coming in we should be drowning in milk.” (Oxford Human Milk Bank Coordinator)

In January 2020, a second piece of work with the Milk Bank focused on generating feedback from recipient families and developing links with partner organisations in Berkshire to increase the reach of the Milk Bank.

Oxford Human Milk Bank, Oxford Neonatal Unit and a representative from Paediatrics have joined the Countywide Breastfeeding Strategy Group this year, further strengthening the links between Oxfordshire organisations working in feeding.

OBS has produced a [leaflet for parents of slow-growing babies](#), to accompany the practice guideline developed by the Countywide group, and approved by other group members. This has attracted interest from around the UK and has been a particularly useful resource to share online while sessions are suspended.

Specific provision for vulnerable families

In December 2019, we were awarded £114,000 over five years from the [National Lottery Community Fund](#) to widen access to our services. Part of this award will be dedicated to optimising the services we provide for women from Black and minority ethnic communities, younger mothers and those with disabilities, who are currently under-represented amongst our service users. Alongside these plans for 2020-21 onwards, in 2019-20 we began focussing on this aspect of our work through the following actions:

1. We met with The Date Palm Tree Muslim Women's group in Oxford to discuss how we can improve accessibility for Muslim women.
2. We have joined Language Line, enabling us to access interpretation in 240 languages, via phone or video. We promoted this to local organisations who work with refugees and asylum seekers.
3. Training for the facilitator team with a clinical psychologist on working with families who have experienced breastfeeding grief and trauma.
4. Lottery funding for a formal partnership with [The MotherKind Cafe](#), a postnatal support group for mothers who are worried about their mental health or wellbeing, to provide 6 facilitated sessions per year from May 2020, plus input into their peer supporter training.
5. Collaboration with Dr Marie Tidball, OBS service user, local councillor and disability rights campaigner, who will be working with us on developing our new services. The [media coverage of our Lottery announcement in February](#) was filmed at our Jericho drop-in and featured an interview with Marie.
6. Using technology to overcome barriers faced by hard to reach groups, which were highlighted in our Impact assessment



Supporting research

OBS continues to offer support to local research on infant feeding and postnatal care. In February, OBS and the Brookes Midwifery Programme Lead launched an Infant Feeding Research Alliance to work towards establishing local research priorities and, where necessary, to identify sources of funding to support the work. The Alliance will involve lay, professional and university colleagues and enthusiasts who are interested in sharing local good practice more widely, and in responding to questions and research priorities identified by our local community. We have also suggested possible topics for Midwifery masters' dissertations which are being taken up by the Oxford Brookes University programme.

We provide informal consultation to researchers, including this year a postdoctoral engineering researcher working as part of Oxford University's Incubator programme, focusing on the clinical challenge of obesity. We also continue to promote good-quality research studies via our social media platforms.

All about our service users

We gathered information about the new service users we saw in 2019, as part of our routine data collection. We identified some gaps in who comes to our services and used this information to apply for a grant from the National Lottery to improve the services we can offer to some groups of women in the county. There is more information about that grant below.

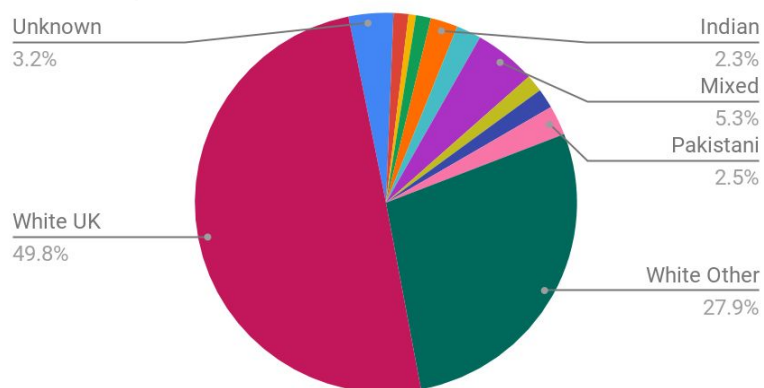
Our users closely match the Oxfordshire population in terms of deprivation, showing that OBS is serving deprived communities well (when defined geographically). However we would expect to see more younger mothers and mothers with disabilities than we do. Whilst the proportion of service users from minority ethnic groups is rising, they may still be under-represented. The new Sunday session at Donnington Doorstep attracts families with younger babies, mothers come with more supporters than the other sessions and the geographical spread of users is not skewed towards the area where the drop-in is located in the same way as other sessions. We welcome families who are providing breastmilk to their babies in many different ways and 32% of first time visitors are also using infant formula.

Ethnicity

Around half of the women who came to OBS for the first time in 2019 were from White British communities, and half from many others, as this chart shows.

In comparison, 22% of Oxford residents and at least 11% of women booking their pregnancy at Oxford University Hospitals NHS Foundation Trust were from Black and minority ethnic communities, although the quality of data collected through the Trust is poor.

Ethnicity - First Visit



Sexual and gender orientation

1.4% of our service users in 2019 identified as LGBT (Lesbian/Gay/Bisexual/Transgender). In comparison, 1% of the adult household population in Oxford are same sex couples and 2% of UK adults identify as LGBT on population surveys.

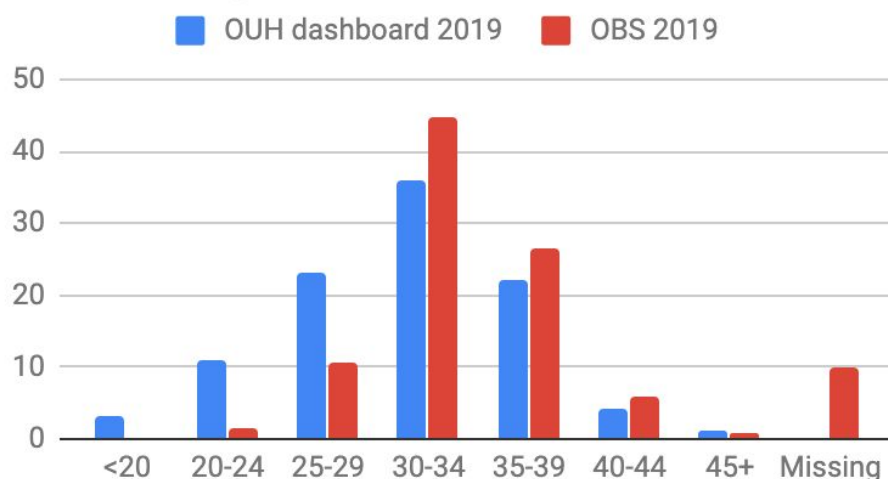
Disability

According to the Millennium Cohort Study, 9% of women who have recently given birth have a 'limiting longstanding illness' and OBS saw around 2% of our visitors with a disability - so we know that we should expect to see more women with disabilities than we do.

Age

OBS's first-time service users are older than the group of women who gave birth in Oxfordshire hospitals in 2019 ("OUH dashboard" data):

Maternal age of users 2019



Social deprivation

Overall, OBS users live in postcodes that have a similar pattern of deprivation to the general population of women giving birth in Oxfordshire in 2019. 5% of our users live in the most deprived areas. We also serve more users in the middle deprivation deciles than the most affluent. Donnington and South Oxford Family Room drop-ins saw the most mothers from the highest deprivation demographic (7% and 8%).

Returning visitors

Around half of first-time visitors return to another drop-in session. Between 56% and 70% of families coming to an antenatal session return after their baby's birth.

Changes to our services in 2019-20

New drop-in sessions

In response to service user feedback from our 2019 Impact assessment, our Donnington Doorstep session moved downstairs into a fully accessible room, and we also moved it from a Friday to a Sunday afternoon. As far as we are aware, this is the UK's only Sunday community breastfeeding drop-in. Compared with our other sessions, we have seen families travelling from further afield, with younger babies and more complex feeding issues. We received a generous grant from the Tampon Tax Fund in December 2019 to support this innovative session.



In October 2019 we opened a new session in partnership with Barton Neighbourhood Centre, supported by a Friendship Grant from [Oxfordshire Community Foundation](#). Then in January 2020, we began to provide the breastfeeding support element of the popular Didcot Baby Monday, which has continued to be facilitated by Lisa Mansour IBCLC, a longstanding member of the OBS team. The breastfeeding element of the Didcot session has become our 6th OBS drop-in, with the same quality standards, virtual support via Facebook and opportunities for Didcot mothers to train as OBS peer supporters. This is our first session outside Oxford city since the local authority funding cuts of 2016, and makes us accessible to families from South Oxfordshire.



Service Users Becky and Gurman and their babies
with Facilitator Jayne

OBS's Covid response

Since March 2020, OBS has redesigned its model of care to continue to provide support, despite the Covid-19 pandemic and the physical distancing regulations.

OBS's immediate response was to:

- Quickly transform our drop-ins into virtual video or phone consultations
- Respond to the rapid expansion of the activity on our Facebook group by increasing facilitator Facebook time from 4 to 16 hours per month
- Provide virtual antenatal provision and double sessions from once a month to twice a month, as NHS antenatal feeding education is currently very limited;
- Support new virtual groups for families who have had babies since March 1st including Didcot Baby Monday, Botley Bridges, Maple Tree Wheatley.

This has been a challenging time for us, but has also resulted in some real benefits to our service. We are now supporting many more families from outside Oxford city; those with very young babies (the youngest just 9 hours old!) and more very young first babies whom we saw less often at physical drop-ins.

“Without your support I would not still be breastfeeding.(...) You were the friendly face I needed in that madness and when you told me that you knew I would do it, I started to believe I could”. (Service User, virtual 1:1 consultations)

The rapid development of video support has shown us how useful this medium may be in supporting women with disabilities or other accessibility challenges, even once we are able to resume physical drop-ins.

“I hope this carries on afterwards on Zoom as it's a great 'distanced' way of exploring breastfeeding for our more timid clients”. (Family Nurse Partnership nurse, 2020)



OBS volunteers and facilitators at a team Zoom meeting

Finances

Financial report

This year saw a sustained effort by the OBS team to apply for and secure long term funding for the organisation. This has resulted in the awarding of three new funding streams, which will help in ensuring the viability of the service for the next five years. The most significant of these is £114,000 over 51 months from the National Lottery, in addition to two smaller grants (Tampon Tax £6,480 over 12 months and Oxfordshire Community Foundation £4,500 over the same time frame). In order to meet the requirements for these grants, there are plans to expand and diversify services, which will increase the costs of the organisation. This grant funding also requires OBS to find additional funds to ensure that existing services levels can be maintained alongside new projects. Over previous years, as a result of some individual generous donations, a comfortable level of reserves had been built up. These funds are now being used to invest in future services, and to ensure the organisation can continue to operate at current levels, whilst exploring new sources of funding to complement the major grant income. OBS has implemented online service provision, at short notice, following the Covid-19 outbreak around the year end; this has accelerated plans to invest in diversified ways of operating and has allowed new sectors of service users to be reached. This provision has incurred additional set up costs, and although in the short term OBS are able to fund this from reserves, there has also been investigation into additional sources of funding that will be able to see the organisation through this period.

[Find the full 2019/20 accounts here.](#)

During 2019/20 a deficit of £10,026 was recorded (2018/19 surplus £5,227), due to £5,000 being allocated towards funding the new Barton drop in and an increase in rates paid to facilitators for clinical work. This rate increase was agreed following a Trustee review of fair rates of pay for comparative work and is in line with our reserves policy.

Income for the year was £47,568 (2018/19 £46,156).

Outside of grant funding, OBS is reliant on the generosity of donors: through monthly Localgiving contributions, payroll giving, and fundraising events (which are organised by a dedicated team of volunteers). Breast pump loan is also becoming a valuable source of income for the organisation with £900 raised through this in both 2019/20 and 2018/19.

Expenses during the year were £57,594 (prior year £40,929). The majority of costs are connected to facilitator time running sessions and managing the organisation, including providing breastfeeding support via our closed Facebook group and communicating with health professionals. The impact of increasing facilitator rates for clinical work from May 2019 has been an extra £4,965. Other running costs have remained broadly in line with the prior year.

A [reserves policy](#) has been agreed by Trustees and is reviewed annually to ensure that the appropriate levels of reserves are maintained and OBS is able to continue to fund its activities without unnecessary disruption.

Donors

We are hugely grateful to all of our donors. This year we received grants from the following organisations:

- The National Lottery Community Fund
- OCF Friendship Grant (for our Barton drop-in)
- Tampon Tax Fund (for our Donnington Doorstep drop-in)
- The Pye Charitable Settlement
- We also have a small number of anonymous major donors both within the UK and overseas, with direct and indirect links to OBS. Their generosity and commitment to seeing the service flourish have amazed and inspired us.

We have also received donations from community fundraising:

- A service user Jaz Scott ran Westonbirt House Easter Half Marathon on Friday 19th April 2019. Jaz's company, ACCO Brands, made a £500 donation to OBS in support of her run.
- Our volunteer, Sam Shiell raised £176 through donations for second hand baby and toddler items;
- Our annual Family Festive Concert raised £1,008
- The annual Family Triathlon, organised jointly with South Oxford Family Room raised £4,605
- A local family chose to dedicate all fundraising in memory of their baby daughter to OBS, which has raised £4600 since Spring 2019, and for which we are so grateful.
- This year OBS has registered with Good Exchange, Amazon Smile, EasyFundraising & Oxford Lottery and we have developed our use of our mailing list, to inform service users of how we are funded and how they can help support OBS.



Louise Ellis, ACA, OBS Treasurer

Risks 2019-20

Following our successful bids to the Tampon Tax Fund and National Lottery Communities Fund, OBS is now in its most secure financial position since 2016. The facilitator team has also been strengthened with the return of Lisa to the team following the birth of her baby, and two new volunteers, a Consultant Midwife and an IBCLC, have brought extremely useful specialist skills to the organisation.

Despite this, financial risk is our most significant threat, coupled with staffing the organisation with very few local, qualified individuals available should any of the current contracts end. Fundraising remains our priority to sustain our services. The lottery funding we have received is enabling us to continue our services in these challenging times, and to look into remote and in person support models for the future, but we remain reliant on donations now and in the future to continue providing our services.

Our reputational risks include actual or perceived conflicts of interest from volunteers or facilitators and in order to mitigate these risks, we are planning the development of a Conflict of Interest Register for all facilitators and trustees and we have COI as a standing

item at all trustee meetings. We have developed both [Conflict of Interest](#) and [Commercial Activities](#) Policies. As an infant feeding organisation we also risk becoming inadvertently entangled within the often heated politics of breastfeeding and infant feeding. We are working towards developing a Code of Conduct which will include guidance on use of social media. Operational risks include concerns for the health of mothers and babies, such as mental health crisis or the health of baby if breastfeeding is not working well; data breaches or the malfunction of a pump supplied through our loan service.

Despite these uncertainties, OBS was in an excellent position to respond positively and effectively to these new challenges. The team proactively developed a new model of online support in very early March and closed all drop-ins by mid-March 2020. With this new model, we have been able to continue to support local families into the new financial year.

Looking towards 2020-21

In the year 2020-21 we look forward to beginning our programme of work to expand the reach of our services. Our work with The MotherKind Cafe will begin in May 2020; a new OBS session is planned in Banbury from April 2021, extending into North Oxfordshire and the research and development of specific projects to reach currently under-served families.

We continue to respond to the impact of Covid 19 and next financial year will look to the challenge of reopening our drop-in services as restrictions are lifted. The timing of these changes and what they will look like remain very uncertain and we may be forced to review our venues depending on their status at the time when drop-ins may reopen. The remote support the team has provided over the Covid-19 crisis has been very successful in increasing the reach of OBS beyond Oxford city, and as such this gives us an opportunity to look into future operating models for OBS that retains some elements of their new form of support for us.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees:

Signature(s) 

Full name(s) Juliet Rayment

Position: Chair of Trustees



Section A

Independent Examiner's Report

Report to the trustees/
members of

Oxfordshire Breastfeeding Support

On accounts for the year
ended

31st March 2020

Charity no
(if any)

1176948

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2020**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Nicola Goldsby-West

Date:

23/08/2020

Name:

Nicola Goldsby-West ACMA

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants

Address:

16 Tyburn Glen

Didcot, Oxfordshire

OX11 7UH



Oxfordshire Breastfeeding Support			Charity No (if any)	1176948	
Annual accounts for the period					
Period start date	01.04.2019	To	Period end date	31.03.2020	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£ F01	£ F02	£ F03	£ F04	£ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	26,990	11,866	-	38,856	39,791
Charitable activities	S02	920	-	-	920	948
Other trading activities	S03	3,187	4,605	-	7,792	5,409
Investments	S04	-	-	-	-	8
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	31,097	16,471	-	47,568	46,156
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	3,108	-	-	3,108	2,868
Charitable activities	S09	34,392	16,218	-	50,610	38,061
Separate material item of expense	S10	-	-	-	-	-
Other	S11	3,029	848	-	3,877	-
Total	S12	40,529	17,066	-	57,595	40,929
Net income/(expenditure) before investment gains/(losses)						
	S13	- 9,432	- 595	-	- 10,027	5,227
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	- 9,432	- 595	-	- 10,027	5,227
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	- 9,432	- 595	-	- 10,027	5,227
Reconciliation of funds:						
Total funds brought forward	S21	46,429	595	-	47,024	41,797
Total funds carried forward	S22	36,997	-	-	36,997	47,024

Section B Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	797	216	-	1,013	2,081
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	46,018	3,564	-	49,582	49,378
Total current assets		B10	46,815	3,780	-	50,595	51,459
Creditors: amounts falling due within one year	(Note 20)	B11	2,168	11,430	-	13,598	4,435
Net current assets/(liabilities)		B12	44,647	- 7,650	-	36,997	47,024
Total assets less current liabilities		B13	44,647	- 7,650	-	36,997	47,024
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	44,647	- 7,650	-	36,997	47,024
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	-	-	-	595
Unrestricted funds		B19	36,997	-	-	36,997	46,429
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	36,997	-	-	36,997	47,024

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with* ☒ the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with* ☒ the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

☒

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

The charity is holding around 9 months of expenditure in reserves, which is line with the stated reserves policy, and has grant funding agreed for the next 4 years so the Trustees consider the charity to be a going concern

Disclosure of any uncertainties that make the going concern assumption doubtful;

Not applicable

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

Not applicable

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

- Yes* ☒ No* ☒ * -Tick as appropriate

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

- Yes* ☒ No* ☒ * -Tick as appropriate

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

- Yes* ☒ No* ☒ * -Tick as appropriate

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

Not applicable , no changes to accounting policies

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
<i>Adjustments:</i>		

Fund balance as restated

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of period
	£
Net income/(expenditure) as previously stated	
<i>Adjustments:</i>	

Previous period net income/(expenditure) as
restated

Note 2

Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability. 	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Government grants	The charity has received government grants in the reporting period	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Donated services and facilities	Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Support costs	The charity has incurred expenditure on support costs.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Memberships subscriptions which gives a member the right to buy services or other	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>

	membership subscriptions which gives a member the right to buy our food or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> </table>	✓	✓	✓						
✓	✓	✓									
2.3 EXPENDITURE AND LIABILITIES											
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<table> <tr><td>✓</td><td>No</td><td>N/a</td></tr> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	No	N/a	✓	✓	✓	Yes	No	N/a
✓	No	N/a									
✓	✓	✓									
Yes	No	N/a									
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Redundancy cost	The charity made no redundancy payments during the reporting period.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Deferred income	No material item of deferred income has been included in the accounts.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
2.4 ASSETS											
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least <input type="text"/>										
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	The depreciation rates and methods used are disclosed in note 9.2.										
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									

Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.

✓	✓	✓
---	---	---

Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Yes	No	N/a
✓	✓	✓

Current asset investments

The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

Yes	No	N/a
✓	✓	✓

They are valued at fair value except where they qualify as basic financial instruments.

Yes	No	N/a
✓	✓	✓

POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE

Note 3 Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis						
Donations and legacies:	Donations and gifts	26,366	-	-	26,366	39,415
	Gift Aid	624	-	-	624	376
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	11,866	-	11,866	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	26,990	11,866	-	38,856	39,791
Charitable activities:						
		-	-	-	-	-
	Breast pump hire	920	-	-	920	948
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	920	-	-	920	948
Other trading activities:						
	Fundraising	3,187	4,605	-	7,792	5,409
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	3,187	4,605	-	7,792	5,409
Income from investments:						
	Interest income	-	-	-	-	8
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	8
Separate material item of income:						
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:						
	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		31,097	16,471	-	47,568	46,156

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4

Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

Not applicable

Please give details of other forms of government assistance from which the charity has directly benefited.

Not applicable



Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-

Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.

Not applicable

Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.

Not applicable

Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.

Peer support is provided at drop in sessions by volunteers. As well as assisting in talking to families about the normal course of breastfeeding, referring to facilitators where complex issues arise, peer supporters help with ensuring appropriate session record keeping is maintained, setting up and tidying the room and making refreshments. Volunteers also organise fundraising events, help fill in grant applications, help attract donors and run the breast pump hire scheme.



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Section C	Notes to the accounts	(cont)
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Note 6 Analysis of expenditure

	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis					
Expenditure on raising funds:					
Incurred seeking donations	2,592	-	-	2,592	2,350
Incurred seeking legacies	-	-	-	-	-
Incurred seeking grants					
Operating membership schemes and social lotteries					
Staging fundraising events	516			516	518
Fundraising agents					
Operating charity shops					
Operating a trading company undertaking non-charitable trading activity					
Advertising, marketing, direct mail and publicity	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-
Database development costs	-	-	-	-	-
Other trading activities					
Investment management costs:	-	-	-	-	
Portfolio management costs	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-
Investment administration costs	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-
	-	-	-	-	-
Total expenditure on raising funds	3,108	-	-	3,108	2,868
Expenditure on charitable activities					
Facilitator session fees	17,070	12,210	-	29,280	19,263
Facilitator project running costs	16,117	3,323	-	19,440	13,012
Antenatal and peer support sessions	1,206	685	-	1,891	1,445
	-	-	-	-	-
Total expenditure on charitable activities	34,393	16,218	-	50,611	33,720
Separate material item of expense					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Total	-	-	-	-	-
Other					
Insurance	202	56	-	258	668
Equipment	-	-	-	-	-
Administration	2,799	769	-	3,568	3,557
Volunteer expenses	-	-	-	-	46
Trustee expenses	28	23	-	51	70
Total other expenditure	3,029	848	-	3,877	4,341

TOTAL EXPENDITURE

40,530	17,066	-	57,596	40,929
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Other information:**Analysis of expenditure on charitable activities**

Activity or programme	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Total prior year
	£	£	£	£	£
Sessions	Drop ins and online support	48720		48720	36060
Training	Antenatal sessions and peer support training	1891		1891	2001
Other					
Total		50611	0	50611	38061

Prior year expenditure on charitable activities can be analysed as follows:

Charitable activities last year were split between grant funding £38,061 and support costs £4341

Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Material items of expenditure are facilitator direct session costs and project management costs. 2019/20 £48,720 (2018/19 £32,275)

Section C	Notes to the accounts	(cont)
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Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1	Not applicable	-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

Section C
Notes to the accounts
Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
Not applicable		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C	Notes to the accounts
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Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost (examples)	Raising funds	Drop in sessions	Peer support/Antenatal		Grand total	Basis of allocation
	£	£	£	£	£	(Describe method)
Governance	-	-		-	-	
Insurance	-	246	12	-	258	Time spent
Website and other fees	-	2,693	81	-	2,774	Time spent
	-	-		-	-	
Other	-	819	26	-	845	Time spent
Total	-	3,758	119	-	3,877	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

The organisation has identified it's support costs and allocated them between the 2 main activities undertaken based on an estimate of time allocated per month to the different activity sessions. Governance costs at present relate to time spent by Trustees on charity management. No costs are incurred for this.

Section C	Notes to the accounts
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Note 10 **Details of certain items of expenditure**

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
0	0
0	0
0	0
0	0

Note 11 Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

Salaries and wages

Social security costs

Pension costs (defined contribution scheme)

Other employee benefits

Total staff costs

This year £	Last year £
-	-
-	-
-	-
-	-
-	-
-	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None noted

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

None noted

Band	Number of employees
£60,000 to £69,999	None
£70,000 to £79,999	None
£80,000 to £89,999	None
£90,000 to £99,999	None
£100,000 to £109,999	None

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

No employees. No payments made to Trustees for services.

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	-	-
Other	-	-
Total	-	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

None

Please state the legal authority or reason for making the payment

n/a

Please state the amount of the payment (or value of any waiver of a right to an asset)

n/a

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

None

The nature of the payment (cash, asset etc.)

n/a

The extent of redundancy funding at the balance sheet date

n/a

Please state the accounting policy for any redundancy or termination payments

n/a

Section C	Notes to the accounts	(cont)
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Note 12 **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

12.1 *Please complete this note if a defined contribution pension scheme is operated.*

Amount of contributions recognised in the SOFA as an expense	Not applicable
Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	

12.2 *Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.*

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity	

12.3 *Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.*

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan	

Section C	Notes to the accounts	(cont)
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Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

Not applicable

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
Activity or project 1			£	£
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	<i>Please provide details of charity's URL.</i>
No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets n/a

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate						
At beginning of the year	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Impairment	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
At end of the year	-	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

<i>the effective date of the revaluation</i>	
<i>the name of independent valuer, if applicable</i>	
<i>the methods applied and significant assumptions</i>	
<i>the carrying amount that would have been recognised had the assets been carried under the cost model.</i>	

14.6 Other disclosures

- (i) *Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.*
- (ii) *Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.*
- (iii) *Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.*

* The "transfers" row is for movements between fixed asset categories.

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight*

Section C**Notes to the accounts****Note 15 Intangible assets**

Please complete this note if the charity has any intangible assets n/a

15.1 Cost or valuation

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the year	-	-	-	-
Disposals	-	-	-	-
Amortisation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of year	-	-	-	-

15.3 Net book value

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates

--

Policies for the recognition of any capital development

--

15.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

--

the name of independent valuer, if applicable

--

the methods applied

--

the carrying amount that would have been recognised had the assets been carried under the cost model.

--

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

--

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

--

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

--

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

--

(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

--

(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

--

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction

Note 16 **Heritage assets** n/a
Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

- (i) Explain the nature and scale of heritage assets held.
- (ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

**Basis					Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

- the effective date of the revaluation*
- the name of independent valuer, if applicable*
- qualifications of independent valuer*
- the methods applied and significant assumptions*

any significant limitations on the valuation

--

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A	At cost Group B	Total
	£	£	£
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Section C	Notes to the accounts	(cont)
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Note 17	Investment assets	n/a
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Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

--

Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

Analysis of investments

	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)		

17.3 If your charity holds investment properties, please complete the following note:

(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity	
(ii) Name or independent valuer, if applicable, and relevant qualifications	
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds	
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements	

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-
-	-

Cash or cash equivalents
Listed investments
Investment properties
Social investments
Other investments
Total

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party

Name of the entity or entities benefitting from those guarantees

Please explain how the guarantee furthers the charity's aims

17.6 Concessionary loans

Amount of concessionary loans made (*Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information*).

Description	This year £	Last year £
Total		

Amount of concessionary loans received (*Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information*).

Description	This year £	Last year £
Total		

Terms and conditions eg interest rate, security provided

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

(cont)

n/a

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

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Section C	Notes to the accounts	(cont)
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Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
167.0	1,705.0
846.0	376.0
1,013.0	2,081.0

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-

Section C	Notes to the accounts	(cont)
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Note 20 **Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	13,598	4,435	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	13,598	4,435	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

Donation income received in March 2019 with condition that expenditure would only take place from 2019/2020 onwards was released to income during the current year

Movement in deferred income account

Balance at the start of the reporting period
 Amounts added in current period
 Amounts released to income from previous periods
 Balance at the end of the reporting period

This year £	Last year £
1,173	-
7,650	1,173
- 1,173	-
7,650	1,173

Section C**Notes to the accounts****(cont)****Note 21 Provisions for liabilities and charges**

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;
- an indication of the uncertainties about the amount or timing of those outflows; and
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

<i>Not applicable</i>

21.2 Movements in recognised provisions and funding commitment during the period

Balance at the start of the reporting period
 Amounts added in current period
 Amounts charged against the provision in the current period
 Unused amounts reversed during the period
 Balance at the end of the reporting period

This year £	Last year £
-	-
-	-
-	-
-	-
-	-

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

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21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.

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Section C	Notes to the accounts	(cont)
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Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.

Not applicable

22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conditions related to its pledge should be given here.

Section C	Notes to the accounts	(cont)
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Note 23 Contingent liabilities and contingent assets n/a

23.1 Contingent liabilities

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement

Where it is not practical to make one or more of these disclosures, please state this fact

Section C	Notes to the accounts	(cont)
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Note 24 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
49,585	49,378
-	-
49,585	49,378

Section C	Notes to the accounts	(cont)
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Note 25	Fair value of assets and liabilities	n/a
----------------	---	------------

25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

--

25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

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Section C	Notes to the accounts	(cont)
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Note 26	Events after the end of the reporting period	n/a
---------	--	-----

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

Please provide details of the nature of the event

Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made

Section C	Notes to the accounts	(cont)
-----------	-----------------------	--------

Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF antenatal fund	R	To run monthly antenatal sessions and yearly peer support sessions	595	-	595	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	8,536	8,536	-	-	-
Tampon tax fund	R	To run Donnington sessions	-	1,080	1,080	-	-	-
OCF Barton fund	R	To run new Barton sessions	-	2,250	2,250	-	-	-
SOFR fund	R	To run SOFR sessions	-	4,605	4,605	-	-	-
General fund	U	unrestricted	46,429	31,097	40,525	-	-	37,001
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			47,024	47,568	57,591	-	-	37,001

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF antenatal and peer support fund	R	To run antenatal and peer support taining sessions	2,596	-	- 2,001	-	-	595
General fund	U	Unrestricted fund	39,201	46,156	- 38,928	-	-	46,429
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			41,797	46,156	- 40,929	-	-	47,024

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.3 Transfers between funds

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

None

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£

<p><i>Please give details of why remuneration or other employment benefits were paid.</i></p>	<p>Not applicable</p>
<p><i>Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.</i></p>	<p>Not applicable</p>

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

Type of expenses reimbursed	This year	Last year
	£	£
Travel		46
Subsistence		
Accommodation		
Other (please specify): Training	51	70
TOTAL	51	116

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity	2
---	---

28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)

1

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

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For any related party, please provide details of any guarantees given or received.

--

Note 29**Additional Disclosures**

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Reserves policy: OBS will review the level of reserves held, both restricted and unrestricted, at each Trustee meeting. The charity relies on donations from individuals and fundraising to fund the majority of its charitable activities. The nature of these income streams are that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions then holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding. The charity has recently been awarded some long term grant funding, most notably £120k over 4 years from the National Lottery. This has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior year and use this money to invest in the sessions that aren't funded by the grants. At present the drop in sessions are held at free venues, and online, however if any of these circumstances changed then the Trustees believe it is reasonable to hold cash reserves to enable rental payments to be made. The charity is now holding 6 sessions a week, and in order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the Trustees consider it reasonable to hold around 9 months of expenditure in reserve. Unrestricted reserves at the end of the year were £37k which represents about 8 months of expenditure, along with an additional £8k of deferred grant income which has been earmarked for future activities.



Section A

Independent Examiner's Report

Report to the trustees/
members of

Oxfordshire Breastfeeding Support

On accounts for the year
ended

31st March 2020

Charity no
(if any)

1176948

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31 / 03 / 2020**.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Nicola Goldsby-West

Date:

23/08/2020

Name:

Nicola Goldsby-West ACMA

Relevant professional
qualification(s) or body
(if any):

Chartered Institute of Management Accountants

Address:

16 Tyburn Glen

Didcot, Oxfordshire

OX11 7UH



Oxfordshire Breastfeeding Support			Charity No (if any)	1176948	
Annual accounts for the period					
Period start date	01.04.2019	To	Period end date	31.03.2020	

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£ F01	£ F02	£ F03	£ F04	£ F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	26,990	11,866	-	38,856	39,791
Charitable activities	S02	920	-	-	920	948
Other trading activities	S03	3,187	4,605	-	7,792	5,409
Investments	S04	-	-	-	-	8
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	31,097	16,471	-	47,568	46,156
Resources expended (Note 6)						
Expenditure on:						
Raising funds	S08	3,108	-	-	3,108	2,868
Charitable activities	S09	34,392	16,218	-	50,610	38,061
Separate material item of expense	S10	-	-	-	-	-
Other	S11	3,029	848	-	3,877	-
Total	S12	40,529	17,066	-	57,595	40,929
Net income/(expenditure) before investment gains/(losses)						
	S13	- 9,432	- 595	-	- 10,027	5,227
Net gains/(losses) on investments	S14	-	-	-	-	-
Net income/(expenditure)	S15	- 9,432	- 595	-	- 10,027	5,227
Extraordinary items	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	- 9,432	- 595	-	- 10,027	5,227
Reconciliation of funds:						
Total funds brought forward	S21	46,429	595	-	47,024	41,797
Total funds carried forward	S22	36,997	-	-	36,997	47,024

Section B Balance sheet

		Guidance Notes	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets							
Intangible assets	(Note 15)	B01	-	-	-	-	-
Tangible assets	(Note 14)	B02	-	-	-	-	-
Heritage assets	(Note 16)	B03	-	-	-	-	-
Investments	(Note 17)	B04	-	-	-	-	-
Total fixed assets		B05	-	-	-	-	-
Current assets							
Stocks	(Note 18)	B06	-	-	-	-	-
Debtors	(Note 19)	B07	797	216	-	1,013	2,081
Investments	(Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand	(Note 24)	B09	46,018	3,564	-	49,582	49,378
Total current assets		B10	46,815	3,780	-	50,595	51,459
Creditors: amounts falling due within one year	(Note 20)	B11	2,168	11,430	-	13,598	4,435
Net current assets/(liabilities)		B12	44,647	- 7,650	-	36,997	47,024
Total assets less current liabilities		B13	44,647	- 7,650	-	36,997	47,024
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-	-	-
Provisions for liabilities		B15	-	-	-	-	-
Total net assets or liabilities		B16	44,647	- 7,650	-	36,997	47,024
Funds of the Charity							
Endowment funds	(Note 27)	B17	-	-	-	-	-
Restricted income funds	(Note 27)	B18	-	-	-	-	595
Unrestricted funds		B19	36,997	-	-	36,997	46,429
Revaluation reserve		B20	-	-	-	-	-
Total funds		B21	36,997	-	-	36,997	47,024

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy

Section C Notes to the accounts

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with* ☒ the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with* ☒ the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

☒

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;

The charity is holding around 9 months of expenditure in reserves, which is line with the stated reserves policy, and has grant funding agreed for the next 4 years so the Trustees consider the charity to be a going concern

Disclosure of any uncertainties that make the going concern assumption doubtful;

Not applicable

Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.

Not applicable

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.

- Yes* ☒ * -Tick as appropriate
- No* ☒

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

- Yes* ☒ * -Tick as appropriate
- No* ☒

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

- Yes* ☒ * -Tick as appropriate
- No* ☒

Please disclose:

<i>(i) the nature of the prior period error;</i>	
<i>(ii) for each prior period presented in the accounts, the amount of the correction for each account line item affected; and</i>	
<i>(iii) the amount of the correction at the beginning of the earliest prior period presented in the accounts.</i>	

Note 2 Accounting policies

Please complete this note when first reporting under FRS2102. Section 35 of FRS102, requires 3 reconciliations to be presented, if all are applicable.

2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE

Please provide a description of the nature of each change in accounting policy

Not applicable , no changes to accounting policies

Reconciliation of funds per previous GAAP to funds determined under FRS 102

	Start of period	End of period
	£	£
Fund balances as previously stated		
<i>Adjustments:</i>		

Fund balance as restated

Reconciliation of net income/(net expenditure) per previous GAAP to net income/(net expenditure) under FRS 102

	End of period
	£
Net income/(expenditure) as previously stated	
<i>Adjustments:</i>	

Previous period net income/(expenditure) as
restated

Note 2

Accounting policies

2.2 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability. 	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Legacies	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP). Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Government grants	The charity has received government grants in the reporting period	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Donated services and facilities	Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Support costs	The charity has incurred expenditure on support costs.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>
	Memberships subscriptions which gives a member the right to buy services or other	Yes <input checked="" type="checkbox"/>	No <input checked="" type="checkbox"/>	N/a <input checked="" type="checkbox"/>

	membership subscriptions which gives a member the right to buy our food or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> </table>	✓	✓	✓						
✓	✓	✓									
2.3 EXPENDITURE AND LIABILITIES											
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	<table> <tr><td>✓</td><td>No</td><td>N/a</td></tr> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	No	N/a	✓	✓	✓	Yes	No	N/a
✓	No	N/a									
✓	✓	✓									
Yes	No	N/a									
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Redundancy cost	The charity made no redundancy payments during the reporting period.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Deferred income	No material item of deferred income has been included in the accounts.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
2.4 ASSETS											
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least <input type="text"/>	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	They are valued at cost.										
	The depreciation rates and methods used are disclosed in note 9.2.										
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	They are valued at cost.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	<table> <tr><td>✓</td><td>✓</td><td>✓</td></tr> <tr><td>Yes</td><td>No</td><td>N/a</td></tr> </table>	✓	✓	✓	Yes	No	N/a			
✓	✓	✓									
Yes	No	N/a									

Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.

✓	✓	✓
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Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Yes	No	N/a
✓	✓	✓

Current asset investments

The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.

Yes	No	N/a
✓	✓	✓

They are valued at fair value except where they qualify as basic financial instruments.

Yes	No	N/a
✓	✓	✓

POLICIES ADOPTED
ADDITIONAL TO OR
DIFFERENT FROM
THOSE ABOVE

Note 3 Analysis of income

		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis						
Donations and legacies:	Donations and gifts	26,366	-	-	26,366	39,415
	Gift Aid	624	-	-	624	376
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	11,866	-	11,866	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	26,990	11,866	-	38,856	39,791
Charitable activities:						
		-	-	-	-	-
	Breast pump hire	920	-	-	920	948
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	920	-	-	920	948
Other trading activities:						
	Fundraising	3,187	4,605	-	7,792	5,409
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	3,187	4,605	-	7,792	5,409
Income from investments:						
	Interest income	-	-	-	-	8
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	8
Separate material item of income:						
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:						
	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		31,097	16,471	-	47,568	46,156

Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Note 4

Analysis of receipts of government grants

	Description	This year £	Last year £
Government grant 1		-	-
Government grant 2		-	-
Government grant 3		-	-
Other		-	-
	Total	-	-

Please provide details of any unfulfilled conditions and other contingencies attaching to grants that have been recognised in income.

Not applicable

Please give details of other forms of government assistance from which the charity has directly benefited.

Not applicable



Note 5 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	-	-

Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.

Not applicable

Please provide details of any unfulfilled conditions and other contingencies attaching to resources from donated goods and services not recognised in income.

Not applicable

Please give details of other forms of other donated goods and services not recognised in the accounts, eg contribution of unpaid volunteers.

Peer support is provided at drop in sessions by volunteers. As well as assisting in talking to families about the normal course of breastfeeding, referring to facilitators where complex issues arise, peer supporters help with ensuring appropriate session record keeping is maintained, setting up and tidying the room and making refreshments. Volunteers also organise fundraising events, help fill in grant applications, help attract donors and run the breast pump hire scheme.



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Section C	Notes to the accounts	(cont)
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Note 6 Analysis of expenditure

	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Analysis					
Expenditure on raising funds:					
Incurred seeking donations	2,592	-	-	2,592	2,350
Incurred seeking legacies	-	-	-	-	-
Incurred seeking grants					
Operating membership schemes and social lotteries					
Staging fundraising events	516			516	518
Fundraising agents					
Operating charity shops					
Operating a trading company undertaking non-charitable trading activity					
Advertising, marketing, direct mail and publicity	-	-	-	-	-
Start up costs incurred in generating new source of future income	-	-	-	-	-
Database development costs	-	-	-	-	-
Other trading activities					
Investment management costs:	-	-	-	-	
Portfolio management costs	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-
Investment administration costs	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-
	-	-	-	-	-
Total expenditure on raising funds	3,108	-	-	3,108	2,868
Expenditure on charitable activities					
Facilitator session fees	17,070	12,210	-	29,280	19,263
Facilitator project running costs	16,117	3,323	-	19,440	13,012
Antenatal and peer support sessions	1,206	685	-	1,891	1,445
	-	-	-	-	-
Total expenditure on charitable activities	34,393	16,218	-	50,611	33,720
Separate material item of expense					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Total	-	-	-	-	-
Other					
Insurance	202	56	-	258	668
Equipment	-	-	-	-	-
Administration	2,799	769	-	3,568	3,557
Volunteer expenses	-	-	-	-	46
Trustee expenses	28	23	-	51	70
Total other expenditure	3,029	848	-	3,877	4,341

TOTAL EXPENDITURE

40,530	17,066	-	57,596	40,929
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Other information:**Analysis of expenditure on charitable activities**

Activity or programme	Activities undertaken directly	Grant funding of activities	Support Costs	Total this year	Total prior year
	£	£	£	£	£
Sessions	Drop ins and online support	48720		48720	36060
Training	Antenatal sessions and peer support training	1891		1891	2001
Other					
Total		50611	0	50611	38061

Prior year expenditure on charitable activities can be analysed as follows:

Charitable activities last year were split between grant funding £38,061 and support costs £4341

Within the expenditure items above the following items are material: (please disclose the nature, amount and any prior year amounts)

Material items of expenditure are facilitator direct session costs and project management costs. 2019/20 £48,720 (2018/19 £32,275)

Section C	Notes to the accounts	(cont)
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Note 7 Extraordinary items

Please explain the nature of each extraordinary item occurring in the period.

	Description	This year £	Last year £
Extraordinary item 1	Not applicable	-	-
Extraordinary item 2		-	-
Extraordinary item 3		-	-
Extraordinary item 4		-	-
Total extraordinary items		-	-

Section C
Notes to the accounts
Note 8 Funds received as agent

8.1 Please complete this note if the charity has agreed to administer the funds of another entity as its agent. Note: If a charity is acting as an agent, it should not recognise the income in the Statement of Financial Activities or the Balance Sheet.

Description/name of party	Related party (Yes or No)	Amount received		Amount paid out		Balance held at period end	
		This year	Last year	This year	Last year	This year	Last year
		£	£	£	£	£	£
Not applicable		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
		-	-	-	-	-	-
Total		-	-	-	-	-	-

8.2 Where a consortia or similar arrangement exists whereby 2 or more charities co-operate to achieve economies in the purchase of goods or services, please disclose details of any balances outstanding between any participating members.

Description/name of party	Balance held at period end	
	This year	Last year
	£	£
	-	-
	-	-
	-	-
	-	-
	-	-
Total	-	-

Section C	Notes to the accounts
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Note 9 Support Costs

Please complete this note if the charity has analysed its expenses using activity categories and has support costs.

Support cost (examples)	Raising funds	Drop in sessions	Peer support/Antenatal		Grand total	Basis of allocation
	£	£	£	£	£	(Describe method)
Governance	-	-		-	-	
Insurance	-	246	12	-	258	Time spent
Website and other fees	-	2,693	81	-	2,774	
	-	-		-	-	
Other	-	819	26	-	845	Time spent
Total	-	3,758	119	-	3,877	

Please provide details of the accounting policy adopted for the apportionment of costs between activities and any estimation techniques used to calculate their apportionment.

The organisation has identified it's support costs and allocated them between the 2 main activities undertaken based on an estimate of time allocated per month to the different activitiy sessions. Governance costs at present relate to time spent by Trustees on charity management. No costs are incurred for this.

Section C	Notes to the accounts
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Note 10 **Details of certain items of expenditure**

10.1 Fees for examination of the accounts

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees

Assurance services other than audit or independent examination

Tax advisory fees

Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner

This year £	Last year £
0	0
0	0
0	0
0	0

Note 11

Paid employees

Please complete this note if the charity has any employees.

11.1 Staff Costs

Salaries and wages

Social security costs

Pension costs (defined contribution scheme)

Other employee benefits

Total staff costs

This year £	Last year £
-	-
-	-
-	-
-	-
-	-

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

None noted

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

None noted

Band	Number of employees
£60,000 to £69,999	None
£70,000 to £79,999	None
£80,000 to £89,999	None
£90,000 to £99,999	None
£100,000 to £109,999	None

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

No employees. No payments made to Trustees for services.

11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	-	-
Governance	-	-
Other	-	-
Total	-	-

11.3 Ex-gratia payments to employees and others (excluding trustees)

Please complete if an ex-gratia payment is made.

Please explain the nature of the payment

None

Please state the legal authority or reason for making the payment

n/a

Please state the amount of the payment (or value of any waiver of a right to an asset)

n/a

11.4 Redundancy payments

Please complete if any redundancy or termination payment is made in the period.

Total amount of payment

None

The nature of the payment (cash, asset etc.)

n/a

The extent of redundancy funding at the balance sheet date

n/a

Please state the accounting policy for any redundancy or termination payments

n/a

Section C	Notes to the accounts	(cont)
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Note 12 **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

12.1 *Please complete this note if a defined contribution pension scheme is operated.*

Amount of contributions recognised in the SOFA as an expense	Not applicable
Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.	

12.2 *Please complete this section where the charity participates in a defined benefit pension plan but is unable to ascertain its share of the underlying assets and liabilities.*

Please confirm that although the scheme is accounted for as a defined contribution plan, it is a defined benefit plan.	
Please provide such information as is available about the plan's surplus or deficit and the implications, if any, for the reporting charity	

12.3 *Please complete this section where the charity participates in a multi-employer defined benefit pension plan that is accounted for as a defined contribution plan.*

Describe the extent to which the charity can be liable to the plan for other entities' obligations under the terms and conditions of the multi-employer plan	

Section C	Notes to the accounts	(cont)
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Note 13 Grantmaking

Please complete this note if the charity made any grants or donations which in aggregate form a material part of the charitable activities undertaken.

Not applicable

13.1 Analysis of grants paid (included in cost of charitable activities)

Analysis	Grants to institutions	Grants to individuals	Support costs	Total
Activity or project 1			£	£
Activity or project 2			-	-
Activity or project 3			-	-
Activity or project 4			-	-
Total	-	-	-	-

Please enter "Nil" if the charity does not identify and/or allocate support costs.

13.2 Grants made to institutions

My charity has made grants to particular institutions that are material in the context of its grantmaking. Details of the institution supported, purpose of the grant and total paid to each institution is available on the charity's web site.

Yes	<i>Please provide details of charity's URL.</i>
No	<i>Provide details below</i>

Names of institution	Purpose	Total amount of grants paid £
		-
		-
		-
		-
		-
		-
		-
		-
		-
		-
Total grants to institutions in reporting period		-
Other unanalysed grants		-
TOTAL GRANTS PAID		-

Note 14 Tangible fixed assets

Please complete this note if the charity has any tangible fixed assets n/a

14.1 Cost or valuation

	Freehold land & buildings	Other land & buildings	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Total
	£	£	£	£	£
At the beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Revaluations	-	-	-	-	-
Disposals	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

14.2 Depreciation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate						
At beginning of the year	-	-	-	-	-	-
Disposals	-	-	-	-	-	-
Depreciation	-	-	-	-	-	-
Impairment	-	-	-	-	-	-
Transfers*	-	-	-	-	-	-
At end of the year	-	-	-	-	-	-

14.3 Net book value

Net book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

14.4 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

14.5 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

the name of independent valuer, if applicable

the methods applied and significant assumptions

the carrying amount that would have been recognised had the assets been carried under the cost model.

14.6 Other disclosures

(i) Please state the amount of borrowing costs, if any, capitalised in the construction of tangible fixed assets and the capitalisation rate used.

(ii) Please provide the amount of contractual commitments for the acquisition of tangible fixed assets.

(iii) Details of the existence and carrying amounts of property, plant and equipment to which the charity has restricted title or that are pledged as security for liabilities.

* The "transfers" row is for movements between fixed asset categories.

*** Please indicate the method of depreciation by deleting the method not applicable (SL = straight*

Note 15 Intangible assets

Please complete this note if the charity has any intangible assets n/a

15.1 Cost or valuation

	Research & development	Patents and trademarks	Other	Total
	£	£	£	£
At beginning of the year	-	-	-	-
Additions	-	-	-	-
Disposals	-	-	-	-
Revaluations	-	-	-	-
Transfers *	-	-	-	-
At end of the year	-	-	-	-

15.2 Amortisation and impairments

**Basis	SL or RB	SL or RB	SL or RB	SL or RB	Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the year	-	-	-	-
Disposals	-	-	-	-
Amortisation	-	-	-	-
Impairment	-	-	-	-
Transfers*	-	-	-	-
At end of year	-	-	-	-

15.3 Net book value

Nat book value at the beginning of the year	-	-	-	-
Net book value at the end of the year	-	-	-	-

15.4 Accounting policy

Please disclose the accounting policy for intangible fixed assets including:

Reasons for choosing amortisation rates

--

Policies for the recognition of any capital development

--

15.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

--

15.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

the effective date of the revaluation

--

the name of independent valuer, if applicable

--

the methods applied

--

the carrying amount that would have been recognised had the assets been carried under the cost model.

--

15.7 Other disclosures

(i) If your intangible asset was acquired by way of grant, provide value on initial recognition and carrying amount of the asset.

--

(ii) Details of the carrying amounts of any intangible assets to which the charity has restricted title or that are pledged as security for liabilities.

--

(iii) Please provide the amount of contractual commitments for the acquisition of intangible assets.

--

(iv) State the amount of research and development expenditure recognised as expenditure in the year.

--

(vi) Please detail the headings in the SOFA in which a charge for amortisation of intangible assets is included.

--

(vii) For any material intangible assets, please provide a description, its carrying amount and any remaining amortisation period.

--

* The "transfers" row is for movements between fixed asset categories.

** Please indicate the method of depreciation by deleting the method not applicable (SL = straight line; RB = reducing balance). Also please indicate the rate of depreciation: for straight line, what is the anticipated life of the asset (in years); for reducing balance, what is the percentage annual deduction

Note 16 **Heritage assets** n/a
Please complete this note if the charity has heritage assets

16.1 General disclosures for all charities holding heritage assets

- (i) Explain the nature and scale of heritage assets held.
- (ii) Explain the policy for the acquisition, preservation, management and disposal of heritage assets.

16.2 Cost or valuation

	Heritage asset 1 £	Heritage asset 2 £	Heritage asset 3 £	Heritage asset 4 £	Total £
At beginning of the year	-	-	-	-	-
Additions	-	-	-	-	-
Disposals	-	-	-	-	-
Revaluations	-	-	-	-	-
Transfers *	-	-	-	-	-
At end of the year	-	-	-	-	-

16.3 Depreciation and impairments

**Basis					Straight Line ("SL") or Reducing Balance ("RB")
** Rate					

At beginning of the year	-	-	-	-	-
Disposals	-	-	-	-	-
Depreciation	-	-	-	-	-
Impairment	-	-	-	-	-
Transfers*	-	-	-	-	-
At end of year	-	-	-	-	-

16.4 Net book value

Nat book value at the beginning of the year	-	-	-	-	-
Net book value at the end of the year	-	-	-	-	-

16.5 Impairment

Please provide a description of the events and circumstances that led to the recognition or reversal of an impairment loss.

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16.6 Revaluation

If an accounting policy of revaluation is adopted, please provide:

- the effective date of the revaluation*
- the name of independent valuer, if applicable*
- qualifications of independent valuer*
- the methods applied and significant assumptions*

any significant limitations on the valuation

--

16.7 Analysis of heritage assets by class or group distinguishing those at cost and those at valuation

	At valuation Group A	At cost Group B	Total
	£	£	£
Carrying amount at the beginning of the period	-	-	-
Additions	-	-	-
Disposals	-	-	-
Depreciation/impairment	-	-	-
Revaluation	-	-	-
Carrying amount at the end of period	-	-	-

16.8 Heritage assets (where heritage assets are not recognised on the balance sheet)

(i) Explain the reason why heritage assets have not been recognised on the balance sheet.

(ii) Describe the significance and nature of heritage assets.

(iii) Disclose information that is helpful in assessing the value of heritage assets.

(iv) Explain the reason why it is not practicable to obtain a valuation of heritage assets.

16.9 Five year summary of heritage assets transactions

	2015	2014	2013	2012	2011
	£	£	£	£	£
Purchases					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-				
Other	-				
Donations					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total additions	-	-	-	-	-
Charge for impairment					
Group A	-	-	-	-	-
Group B	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total charge for impairment	-	-	-	-	-
Disposals					
Group A - carrying amount	-	-	-	-	-
Group B - carrying amount	-	-	-	-	-
Group C	-	-	-	-	-
Other	-	-	-	-	-
Total disposals	-	-	-	-	-

Section C	Notes to the accounts	(cont)
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Note 17	Investment assets	n/a
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Please complete this note if the charity has any investment assets.

17.1 Fixed assets investments (please provide for each class of investment)

	Cash & cash equivalents	Listed investments	Investment properties	Social investments	Other	Total
Carrying (fair) value at beginning of period	-	-	-	-	-	-
Add: additions to investments during period*	-	-	-	-	-	-
Less: disposals at carrying value	-	-	-	-	-	-
Less: impairments	-	-	-	-	-	-
Add: Reversal of impairments	-	-	-	-	-	-
Add/(deduct): transfer in/(out) in the period	-	-	-	-	-	-
Add/(deduct): net gain/(loss) on revaluation	-	-	-	-	-	-
Carrying (fair) value at end of year	-	-	-	-	-	-

*Please specify additions resulting from acquisitions through business combinations, if any.

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Please note that Fair Value in this context is the amount for which an asset could be exchanged between knowledgeable and willing parties in an arm's length transaction. For traded securities, the fair value is the value of the security quoted on the London Stock Exchange Daily Official List or equivalent. For other assets where there is no market price on a traded market, it is the trustees' or valuers' best estimate of fair value.

17.2 Please provide a breakdown of investments shown above agreeing with the balance sheet row B04 differentiating between those held at fair value and those held at cost less impairment.

Analysis of investments

	Fair value at year end	Cost less impairment
	£	£
Cash or cash equivalents	-	-
Listed investments	-	-
Investment properties	-	-
Social investments	-	-
Other investments	-	-
Total	-	-
Grand total (Fair value at year end+Cost less impairment)		

17.3 If your charity holds investment properties, please complete the following note:

(i) Explain the methods and significant assumptions in determining the fair value of investment property held by the charity	
(ii) Name or independent valuer, if applicable, and relevant qualifications	
(iii) Provide details of any restrictions on the ability to realise investment property or on the remittance of income or disposal proceeds	
(iv) Explain any contractual obligations for the purchase, construction or development of investment property or for repairs, maintenance or enhancements	

17.4 Please provide a breakdown of current asset investments, if applicable, agreeing with the balance sheet.

Analysis of current asset investments

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-
-	-

Cash or cash equivalents
Listed investments
Investment properties
Social investments
Other investments
Total

17.5 Guarantees

Please provide details and amount of any guarantee made to or on behalf of a third party

Name of the entity or entities benefitting from those guarantees

Please explain how the guarantee furthers the charity's aims

17.6 Concessionary loans

Amount of concessionary loans made (*Multiple loans made may be disclosed in aggregate provided that such aggregation does not obscure significant information*).

Description	This year £	Last year £
Total		

Amount of concessionary loans received (*Multiple loans received may be disclosed in aggregate provided that such aggregation does not obscure significant information*).

Description	This year £	Last year £
Total		

Terms and conditions eg interest rate, security provided

Value of any concessionary loans which have been committed but not taken up at the reporting date

Amounts payable within 1 year

Amounts payable after more than 1 year

Amounts receivable within 1 year

Amounts receivable after more than 1 year

17.7 Additional information

Please provide information about the significance of investments to the charity's financial position or performance eg. terms and conditions of loans or the use of hedging to manage financial risk.

For all investments measured at fair value, the basis for determining the value, including any assumptions applied when using a valuation technique.

Where a charity has provided financial assets as a form of security, the carrying amount of the financial asset pledged as security and the terms and conditions relating to its pledge.

(cont)

n/a

18.1 Please state the carrying amount of stock and work in progress analysed between activities.

	Stock		Donated goods		Work in progress
	For distribution	For resale	For distribution	For resale	
	£	£	£	£	£
Charitable activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other trading activities:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Other:					
<i>Opening</i>	-	-	-	-	-
<i>Added in period</i>	-	-	-	-	-
<i>Expensed in period</i>	-	-	-	-	-
<i>Impaired</i>	-	-	-	-	-
<i>Closing</i>	-	-	-	-	-
Total this year	-	-	-	-	-
Total previous year	-	-	-	-	-

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Section C	Notes to the accounts	(cont)
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Note 19 Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1 Analysis of debtors

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
167.0	1,705.0
846.0	376.0
1,013.0	2,081.0

Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)

Trade debtors

Prepayments and accrued income

Other debtors

Total

This year	Last year
£	£
-	-
-	-
-	-
-	-
-	-

Section C	Notes to the accounts	(cont)
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Note 20 **Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	13,598	4,435	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	13,598	4,435	-	-

20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

Donation income received in March 2019 with condition that expenditure would only take place from 2019/2020 onwards was released to income during the current year

Movement in deferred income account

Balance at the start of the reporting period
 Amounts added in current period
 Amounts released to income from previous periods
 Balance at the end of the reporting period

This year £	Last year £
1,173	-
7,650	1,173
- 1,173	-
7,650	1,173

Section C**Notes to the accounts****(cont)****Note 21 Provisions for liabilities and charges**

Please complete this note if you have included in charity expenditure any provisions. A provision is made when the charity has a liability of uncertain timing or amount.

21.1 Please provide:

- a brief description of any obligations on the balance sheet and the expected amount and timing of resulting payments;
- an indication of the uncertainties about the amount or timing of those outflows; and
- the amount of any expected reimbursement, stating the amount of any asset that has been recognised for that expected reimbursement.

<i>Not applicable</i>

21.2 Movements in recognised provisions and funding commitment during the period

Balance at the start of the reporting period
 Amounts added in current period
 Amounts charged against the provision in the current period
 Unused amounts reversed during the period
 Balance at the end of the reporting period

This year £	Last year £
-	-
-	-
-	-
-	-
-	-

21.3 For any funding commitment that is not recognised as a liability or provision, provide details of commitment made, the time frame of that commitment, any performance-related conditions and details of how the commitment will be funded (with contracts for capital expenditure separately identified).

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21.4 Where unrestricted funds have been designated to a fund commitment, please disclose the nature of any amounts designated and the likely timing of that expenditure.

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Section C	Notes to the accounts	(cont)
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Note 22 Other disclosures for debtors, creditors and other basic financial instruments

22.1 Please provide information about the significance of financial instruments (eg. debtors, creditors, investments etc) to the charity's financial position or performance, for example, the terms and conditions of loans or the use of hedging to manage financial risk.

Not applicable

22.2 If the charity has provided financial assets as a form of security, the carrying amount of the financial assets pledged as security and the terms and conditions related to its pledge should be given here.

Section C	Notes to the accounts	(cont)
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Note 23 Contingent liabilities and contingent assets n/a

23.1 Contingent liabilities

Where the charity has contingent liabilities, please complete the following section unless the possibility of their existence is remote.

Description of item including its legal nature. Please describe any security provided in connection to the liability.	Estimate of financial effect

23.2 Contingent assets

Where the charity has contingent assets, please complete the following section when their existence is probable

Description of item	Estimate of financial effect

23.4 Other disclosures for contingent assets and/or liabilities

Please provide the following information where practicable:

Explain any uncertainties relating to the amount or timing of settlement; and the possibility of any reimbursement

Where it is not practical to make one or more of these disclosures, please state this fact

Section C	Notes to the accounts	(cont)
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Note 24 **Cash at bank and in hand**

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
49,585	49,378
-	-
49,585	49,378

Section C	Notes to the accounts	(cont)
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Note 25	Fair value of assets and liabilities	n/a
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25.1 Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

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25.2 Please give details of the amount of change in the fair value of basic financial instruments (debtors, creditors, investments (see section 11, FRS 102 SORP)) measured at fair value through the SoFA that is attributable to changes in credit risk.

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Section C	Notes to the accounts	(cont)
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Note 26 **Events after the end of the reporting period** **n/a**

Please complete this note events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

Please provide details of the nature of the event

Provide an estimate of the financial effect of the event or a statement that such an estimate cannot be made

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds**

27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF antenatal fund	R	To run monthly antenatal sessions and yearly peer support sessions	595	-	595	-	-	-
Lottery grant fund	R	To run extra sessions and projects as per Lottery funding bid	-	8,536	8,536	-	-	-
Tampon tax fund	R	To run Donnington sessions	-	1,080	1,080	-	-	-
OCF Barton fund	R	To run new Barton sessions	-	2,250	2,250	-	-	-
SOFR fund	R	To run SOFR sessions	-	4,605	4,605	-	-	-
General fund	U	unrestricted	46,429	31,097	40,525	-	-	37,001
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			47,024	47,568	57,591	-	-	37,001

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
OCF antenatal and peer support fund	R	To run antenatal and peer support taining sessions	2,596	-	- 2,001	-	-	595
General fund	U	Unrestricted fund	39,201	46,156	- 38,928	-	-	46,429
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
			-	-	-	-	-	-
Other funds	N/a	N/a	-	-	-	-	-	-
Total Funds			41,797	46,156	- 40,929	-	-	47,024

Section C	Notes to the accounts	(cont)
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Note 27 **Charity funds (cont)**

27.3 Transfers between funds

	Reason for transfer and where endowment is converted to income, legal power for its conversion	Amount
Between unrestricted and restricted funds		
Between endowment and restricted funds		
Between endowment and unrestricted funds		

27.4 Designated funds

Planned use	Purpose of the designation	Amount

Note 28 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

28.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

None

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
		£	£		£	£

<p><i>Please give details of why remuneration or other employment benefits were paid.</i></p>	<p>Not applicable</p>
<p><i>Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.</i></p>	<p>Not applicable</p>

28.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

Type of expenses reimbursed	This year	Last year
	£	£
Travel		46
Subsistence		
Accommodation		
Other (please specify): Training	51	70
TOTAL	51	116

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity	2
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28.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)

1

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

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For any related party, please provide details of any guarantees given or received.

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Note 29**Additional Disclosures**

The following are significant matters which are not covered in other notes and need to be included to provide a proper understanding of the accounts. If there is insufficient room here, please add a separate sheet.

Reserves policy: OBS will review the level of reserves held, both restricted and unrestricted, at each Trustee meeting. The charity relies on donations from individuals and fundraising to fund the majority of its charitable activities. The nature of these income streams are that funds are not certain to be received and are not evenly spread throughout the year. As future income from donations is uncertain and would be affected by the wider economic conditions then holding reserves allows the charity time to plan the best way to reduce services or investigate other sources of funding. The charity has recently been awarded some long term grant funding, most notably £120k over 4 years from the National Lottery. This has meant that the charity feels more confident in holding a reduced level of reserves compared to the prior year and use this money to invest in the sessions that aren't funded by the grants. At present the drop in sessions are held at free venues, and online, however if any of these circumstances changed then the Trustees believe it is reasonable to hold cash reserves to enable rental payments to be made. The charity is now holding 6 sessions a week, and in order to assist in the planning of future service levels and to enable giving notice to both service users and facilitators of any reductions in service levels because of lack of funds, the Trustees consider it is reasonable to hold around 9 months of expenditure in reserve. Unrestricted reserves at the end of the year were £37k which represents about 8 months of expenditure, along with an additional £8k of deferred grant income which has been earmarked for future activities.