

1 Life to Live

Accounts and Trustees Report

Period Ended 31 March 2020

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Accounts and Trustees Report for the period ended 31 March 2020

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Trustees Report for the period ended 31 March 2020

Introduction

The trustees submit their accounts of the 1 Life to Live for the period ended 31 March 2020.

The results for the year are presented in the form of a Receipts and Payments account, a Statement of Assets and Liabilities and the related notes.

Principal Aims and Activities

The principal activity of the charity throughout the year was the education, training and promotion of physical and mental health and well-being. In particular to those on the margins of society and sufferers of drug and alcohol related conditions. The charity also aims to educate the public at large in all matters relating to the achievement of physical and mental health and the impact on individuals and their families.

Review of activities, financial performance and reserves policy

On a pure Receipts and Payments basis, expenses exceeded income by £411 for the year. The trustees will pursue a policy of maintaining the reserves and financial strength of the charity wherever possible and will utilise the income of the charity for the furtherance of its charitable objectives.

The Trustees for the Charity

The following persons were trustees of the charity, as defined by the provisions of the Charities Act 2011 and were in office at 31 March 2020 and served throughout the year:

Mrs E B Bidwell
Mrs J E Bentley
Mrs R E Catlow-Patterson

Trustees' responsibility statement

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for the year. In preparing the attached accounts the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the Charity will continue to operate.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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Trustees Report for the period ended 31 March 2020 (Continued)

Bankers

The principal bankers for the charity are:

HSBC
12 Manchester Road
Burnley, BB11 1JH

Independent Examiner

Stephen Robinson ACA
Champion Accountants
4 Nile Close
Nelson Court Business Centre
Preston PR2 2XU
Tel: 01772 723500 Fax: 01772 723501

By order of the Trustees

.....*E B Bidwell*.....

Mrs E B Bidwell
Trustee

.....*10-09-2020*.....

Date of approval

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Independent Examiners' Report for the period ended 31 March 2020

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2020 which are set out on pages 4 to 7.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").


I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect;

In connection with my examination, no matter has come to my attention:

- (1) accounting records were not kept in respect of the charity as required by section 130 of the Act;
or
- (2) the accounts for not accord with those records


.....
S M Robinson ACA
Champion
4 Nile Close
Riversway
Preston PR2 2XU

Date:.....17/9/20.....

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Receipts and Payments account for the period ended 31 March 2020

| | Note | Unrestricted Funds | |
|---|------|--------------------|--------|
| | | 2020 | 2019 |
| | | | £ |
| Receipts: | | | |
| Donations and legacies | | - | - |
| Charitable activities | | - | - |
| | | <hr/> | <hr/> |
| Total receipts | | - | - |
| | | <hr/> | <hr/> |
| Payments: | | | |
| Charitable activities | 2 | - | 2027 |
| Other | 2 | 411 | 471 |
| | | <hr/> | <hr/> |
| Total payments | | 411 | 2498 |
| | | <hr/> | <hr/> |
| Net increase / (decrease) for the year | | (411) | (2498) |
| Reconciliation | | | |
| Balance brought forward | | 4410 | 6908 |
| | | <hr/> | <hr/> |
| Balance carried forward | | 3999 | 4410 |
| | | <hr/> | <hr/> |

The notes on pages 6 to 7 form part of these financial statements.

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Statement of Assets and Liabilities as at 31 March 2020

| | Notes | 2020 | 2019 |
|---------------------------|-------|-------|-------|
| | | £ | £ |
| Current assets | | | |
| Cash at bank | | 3711 | 4122 |
| Cash in hand | | 288 | 288 |
| | | <hr/> | <hr/> |
| Net current assets | | 3999 | 4410 |
| | | <hr/> | <hr/> |
| Net assets | | 3999 | 4410 |
| | | <hr/> | <hr/> |
| Represented by: | | | |
| FUNDS | | | |
| Unrestricted funds | | 3999 | 4410 |
| | | <hr/> | <hr/> |
| | | 3999 | 4410 |
| | | <hr/> | <hr/> |

On behalf of the Trustees

.....*E B Bidwell*.....

Approved by the Trustees on *10-09-2020*

Mrs E B Bidwell
Trustee

The notes on pages 6 to 8 form part of these financial statements.

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Notes to the accounts for the period ended 31 March 2020

1 Accounting policies

Basis of Accounting

The accounts have been prepared in accordance with the provisions of The Statement of Recommended Practice – Accounting by Charities (“the 2015 SORP”).

The accounts have been prepared in accordance with the historical cost convention.

The Charity has taken advantage of the exemption in Financial Reporting Standard No. 1 from the requirement to produce a cash flow statement on the grounds that it qualifies as a small charity.

Donations, Legacies and Other Voluntary Income

Donations, Legacies and Other Voluntary Income are credited to the Statement of Financial Activities as they are received.

Where funds are received for a specific purpose as defined by the donor, these are credited to a Restricted Fund, and are matched against expenditure incurred with the purpose as specified.

Value Added Tax

Value Added Tax is not recoverable by the charity, and as such is included in the relevant costs in the Receipts and Payments account.

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Notes to the accounts for the period ended 31 March 2020 (Continued)

2 Payments

| | Charitable Activities Costs 2020 £ | Other Costs 2020 £ | Total 2020 £ | Total 2019 £ |
|----------------------------|--|-----------------------------|--------------------|--------------------|
| Project and training costs | - | - | - | - |
| Equipment etc | - | - | - | - |
| Food and provisions | - | - | - | - |
| Travel | - | - | - | - |
| Accommodation | - | - | - | - |
| Donations | - | - | - | 2027 |
| Insurance | - | 231 | 231 | 231 |
| Accountancy | - | 180 | 180 | 240 |
| Sundry | - | - | - | - |
| | <hr/> | <hr/> | <hr/> | <hr/> |
| | - | 411 | 411 | 2498 |
| | <hr/> | <hr/> | <hr/> | <hr/> |

None of the trustees received any emoluments during the year.

None of the trustees received reimbursement for any expenses in the year.