

REGISTERED CHARITY NUMBER: 1164263

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019
FOR
CARDIOMYOPATHY UK**

**Seymour Taylor Audit Limited, Statutory Auditor
57 London Road
High Wycombe
Buckinghamshire
HP11 1BS**

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FOR THE YEAR ENDED 31 DECEMBER 2019**

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**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2019**

The trustees present their report with the financial statements of the charity for the year ended 31 December 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Cardiomyopathy UK is the national charity for people affected by the heart muscle disease cardiomyopathy. The charity exists to ensure that people with cardiomyopathy can live longer and fuller lives. This is achieved through:

- 1) Providing support and information services for people affected by cardiomyopathy to increase their understanding of the condition, provide skills and motivation to cope day to day and limit the damage to psychological well-being.
- 2) Working with healthcare professionals and clinical experts to enhance their ability to make appropriate diagnoses and improve treatment outcomes.
- 3) Raising awareness of cardiomyopathy amongst the general public to reduce the number of sudden and avoidable cardiac deaths through early diagnosis.
- 4) Campaigning to encourage policy makers and health service commissioners to improve access to quality treatment.
- 5) Increasing understanding of cardiomyopathy and its impact so that the charity can support the search for new treatments and ensure that its own work is effective.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2019**

ACHIEVEMENT AND PERFORMANCE

Trustees are pleased to report that during 2019, significant progress has been made across all areas of the charity's activity and that the charity continues to grow and develop in-line with its strategic plan. Trustees would like to highlight the following achievements:

Providing support and information

In 2019 the charity's nurse lead helpline continued to be a vital source of support and information helping over 1,500 people during the year over the phone, online and via email. The Trustees are pleased to see that the quality of this service remains exceptionally high with 95% of helpline callers reporting that they feel better able to cope after speaking to one of the charity's helpline nurses.

During the year, the charity was able to expand its helpline service to do more for people who are struggling to navigate the benefits system or whose personal independence payments had been reduced, stopped or denied. The charity worked with 47 people to overturn personal independence payment decision and was successful in every case.

The charity's work with children and young people continued during the year and was strengthened by funding from Max's Foundation. This enabled the charity to recruit a part time youth project manager towards the end of the year and will help to ensure that the charity can continue to grow its youth services in 2020.

In November, the charity welcomed a record number of participants to its National Conference with over 85% of attendees reporting that they felt more confident about their ability to manage living with cardiomyopathy after attending the event.

During the year, the charity's peer support services were busier than ever. There were 1,120 support group visits, 496 people helped by our hospital volunteers and 116 people helped by our telephone peer support volunteers while our Facebook support group grew to 6,000 members.

The charity's peer support work continues to expand and Trustees were delighted that the charity was successful in securing further long-term funding for this work from the National Lottery Community Fund. This additional funding will enable the charity to open up more local support groups and extend its in-hospital peer support work to more clinics nationwide.

Improving diagnosis and access to quality treatment

In 2019 the charity was able to continue its healthcare professional education work focusing on the theme of "hidden in heart failure". The Midlands healthcare professional education day was well attended with 95% of attendees reporting that they had more confidence in their ability to diagnose and treat cardiomyopathy after attending.

The charity continued to develop plans to provide online learning opportunities to sit alongside and complement the charity's existing face to face educational events. Trustees are pleased to report that sufficient funding for this work has now been secured and online learning will be available in 2020.

During the summer the charity undertook a nationwide survey of its service users looking at their experience of diagnosis and treatment. The findings from this survey were publicized in the media and relevant medical societies. The survey showed that only 9% of people with cardiomyopathy had experienced the ideal journey from diagnosis to treatment and long-term care. Information from this survey will continue to shape the charity's strategy and underpin its national advocacy work.

Trustees were pleased that the charity was able to launch a new collaboration with researchers at Imperial College. Heart Hive is an online platform that aims to match researchers with individuals who are interested in participating in research trials. Trustees believe that Heart Hive has the potential to remove barriers to research participation and encourage researchers to focus attention on improving treatments for cardiomyopathy and myocarditis.

CARDIOMYOPATHY UK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2019

During the year the charity met its commitment to fund two research nurses under the supervision of the Royal Brompton Hospital who have been focusing their efforts on developing our understanding of myocarditis.

Campaigning and raising awareness

Increasing awareness of cardiomyopathy and myocarditis is a key aim and the charity worked to increase its reach through both traditional and social media platforms by using an external media agency and focusing staff time on social media activity.

Towards the end of the year the charity ran a national campaign focusing on myocarditis, a condition that can lead to sudden cardiac death and is often a precursor to cardiomyopathy. This was the first campaign of its kind in the UK and be targeted at both GPs and the wider public. The campaign was launched during the 2019 winter flu season, an especially difficult time where myocarditis can often be masked by more common flu like symptoms.

Trustees are pleased to report that the above activity resulted in the charity securing 55 pieces of media coverage, a 22% increase in website visitors, a 26% increase in social media followers and over 290,000 visits to its website.

FINANCIAL REVIEW

Income

Total income for the year was just under £850K, around £250K less than the previous year which had seen funds transferred to the charity following the merger with The Alexander Jansons Foundation and the receipt of two large legacies. Accounting for these windfalls; Trustees were pleased to see the underlying income continue to rise in 2019 driven by increased support from companies and charitable trusts as well as an increase in the number of individuals taking on fundraising challenges and events during its 30th anniversary year.

Reserves policy

The charity aims to maintain unrestricted reserves at a level that equates to around six to nine months of normal unrestricted expenditure. Trustees believe this to be a prudent amount given that we operate in a competitive environment and, as the leading specialist provider of support services for people affected by cardiomyopathy, there is a duty to ensure that we can maintain our core services for individuals in need.

FUTURE PLANS

Providing Support and Information

In 2020, Thanks to funding from the National Lottery Community Fund, the charity plans to continue to expand its peer support network of local groups, hospital and phone volunteers.

Trustees continue to recognise the need to do more to support individuals who are not responding to treatment for cardiomyopathy and who are approaching the end of their life. A range of new services and information for these individuals will be available in 2020 with the aim of ensuring that their specific practical and emotional needs are met

Improving diagnosis and access to quality treatment

The charity is now on-track to launch its online learning platform providing learning opportunities to a greater number of healthcare professionals. Online education provides a more convenient way for healthcare professionals to access training and is a more cost effective way for the charity to reach healthcare professionals, many of whom would be unlikely to attend face to face meetings. The charity also aims to provide a face to face educational meeting for clinicians as in previous years.

During 2020 the charity will continue to work with the team from Imperial Collage on The Heart Hive project bringing together researchers and people with cardiomyopathy who wish to support research. The charity will also provide patient insight for the European Union funded CRUCIAL project and work with a wide network of researchers to ensure that people with cardiomyopathy can play a significant role in shaping research efforts.

In addition to this, the charity will be working with the Arrhythmogenic Cardiomyopathy Trust to provide a grant of up to £120K to fund research into arrhythmogenic cardiomyopathy. The funding process will be managed according to the guidelines set out by the Association of Medical Research Charities.

In 2020 the charity also plans to launch a local advocacy programme that will empower volunteers to work with clinicians, commissioners and the providers of NHS services to improve access to quality treatment for people with cardiomyopathy. This project will work across all UK nations and play a significant part in collating the evidence needed to set the charity's national policy.

Campaigning and raising awareness

In 2020 the charity plans to run a national campaign focusing on peripartum cardiomyopathy, a condition that can affect mothers in the month before and the five months after giving birth. This campaign will aim to raise awareness of the condition amongst expectant mothers and their families and change best practice for health visitors and midwives so that they are more likely to identify the condition and seek specialist help.

COVID-19

The COVID-19 pandemic has been a difficult time for everyone, yet the charity has continued to deliver a range of services, thanks to the efforts of the volunteers, staff and the community pulling together in this time of crisis. The Trustee would like to heartfully thank everyone for their efforts.

CARDIOMYOPATHY UK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2019

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document and constitutes a charitable incorporated organisation. The charity is governed by its constitution adopted on 5 November 2015.

The charity continues to review and, where necessary, improve its trustee induction and training resources to ensure that new trustees are equipped to support the work of the charity to their maximum ability.

Appropriate policies and procedures have been put in place to ensure good governance including financial management, data protection and employment practice. Trustees maintain a risk register and work with the Chief Executive to ensure that strategies are in place to mitigate against identified risks.

Related parties

Throughout the year, trustees closely monitored the impact of the charity's merger with the Alexander Jansons Foundation that was completed at the start of 2018. Trustees felt that this merger had brought considerable benefit to service users by enabling the charity to support people with myocarditis and to actively support research work focused on improving treatments for people with cardiomyopathy and myocarditis.

Towards the end of the year, the trustees reached agreement that The Alexander Jansons Fund would be separated from Cardiomyopathy UK, that Mr Andy Jansons would leave the board and establish a new charity. The de-merger process was completed by the end of the year and funds held by Cardiomyopathy UK for the purpose of supporting research into myocarditis were transferred to the newly established independent charity; Alexander Jansons Myocarditis UK (charity registration no. 1186345) to be spent for the same purpose. The two charities have agreed to work together on future projects and support each other's activities.

The charity works closely with expert clinicians from a number of NHS Trusts to help ensure that its work is clinically appropriate and that it is able to reach as many people with cardiomyopathy as possible.

The charity has a positive relationship with The British Heart Foundation, The Pumping Marvellous Foundation and a number of other charities that provide support and information relating to heart diseases. Where possible, the charity works in collaboration with these charities. During the year, the Charity's Chief Executive continued to act as co-chair of the Heart Failure Alliance, a collaboration between medical colleges, pharmaceutical and health technology companies, charities and other stakeholders working to improve access to quality treatment for heart failure.

During 2019 the charity received funding from four pharmaceutical companies (Shire, Sanofi, Akcea, Pfizer and Alnylam) the total income from these companies was £24,000, less than 3% of the charity's total income. The charity limits the total income that it can receive from pharmaceutical companies and healthcare technology manufacturers to 10% of total income in a given year. A full copy of the charity's policy on working with these companies is available on its website.

Public Benefit

Cardiomyopathy UK confirms that in setting its programme of support, it has had due regard to the Charity Commission's general guidance on public benefit. The programme of support also conforms to the charity's charitable objectives and aims. No persons are excluded from the work of the charity on grounds of gender, race or religion.

CARDIOMYOPATHY UK

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2019

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees	Ms A Fielding Mrs T Amiss Mrs T Bueser Mr G Favier Mr C Horwood Mr A Jansons Mr S Kirkham Dr I McPherson OBE Mr C Horwood Mrs J O'Connell Mr G Otter Mrs S Phillips Mrs M Smith Mr E Power Mrs A Smyth Mrs R Sutton Professor A Tickell Mr P Thomas	Chair Appointed January 2020 Resigned August 2019 Resigned April 2019 Resigned June 2019 Resigned February 2019 Appointed January 2020 Appointed January 2020 Resigned September 2019, Re-appointed June 2020 Treasurer
Chief Executive Officer	Mr J Rose	
Principal Address	Unit 10, Chiltern Court Ashridge Road Chesham Buckinghamshire HP5 2PX	
Bankers	CafCash Limited Kings Hill West Malling Kent ME19 4TA Lloyds 82 High Street Rickmansworth Hertfordshire WD3 1AG	
Auditors	Seymour Taylor Audit Limited Registered Auditors 57 London Road High Wycombe Buckinghamshire HP11 1BS	
Charity number	1164263	

EVENTS SINCE THE END OF THE YEAR

Information relating to events since the end of the year is given in the notes to the financial statements.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2019

STATEMENT OF TRUSTEES' RESPONSIBILITIES - continued

The law applicable to charities in England and Wales, the Charities Act 2011, Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charity for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 8 August 2020 and signed on its behalf by:



Ms A Fielding - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF CARDIOMYOPATHY UK

Opinion

We have audited the financial statements of Cardiomyopathy UK (the 'charity') for the year ended 31 December 2019 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 December 2019 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Going concern uncertainty

We draw attention to notes 1 basis of preparation note and 16 post balance sheet events to the financial statements in respect of the ongoing uncertainty in light of the ongoing COVID-19 pandemic.

The potential impacts of COVID-19, which are yet to be fully identified, will likely have an impact on the operations and going concern of the business. As stated in note 16, these events or conditions indicate that there will not be a significant impact on going concern.

Our opinion is not modified in respect of this matter.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF CARDIOMYOPATHY UK

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities Act 2011 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements which give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Section 144 of the Charities Act 2011 and regulations made under Section 154 of that Act. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Seymour Taylor Audit Limited

Seymour Taylor Audit Limited, Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
57 London Road
High Wycombe
Buckinghamshire
HP11 1BS

8 August 2020

CARDIOMYOPATHY UK

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2019**

	Notes	Unrestricted fund £	Restricted funds £	31.12.19 Total funds £	31.12.18 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	621,669	227,556	849,225	1,158,395
Investment income	3	<u>502</u>	<u>-</u>	<u>502</u>	<u>318</u>
Total		622,171	227,556	849,727	1,158,713
 EXPENDITURE ON					
Raising funds	4	300,144	9,023	309,167	336,874
Charitable activities	5				
Providing support		140,400	92,578	232,978	211,459
Public and medical education		136,710	14,108	150,818	143,538
Campaigning		48,455	-	48,455	32,717
Research		14,548	282,891	297,439	14,965
Other		<u>75,270</u>	<u>108</u>	<u>75,378</u>	<u>77,366</u>
Total		715,527	398,708	1,114,235	816,919
 NET INCOME/(EXPENDITURE)		(93,356)	(171,152)	(264,508)	341,794
 RECONCILIATION OF FUNDS					
Total funds brought forward		550,909	257,865	808,774	466,980
 TOTAL FUNDS CARRIED FORWARD		<u>457,553</u>	<u>86,713</u>	<u>544,266</u>	<u>808,774</u>

The notes form part of these financial statements

CARDIOMYOPATHY UK

**BALANCE SHEET
31 DECEMBER 2019**

	Notes	Unrestricted fund £	Restricted funds £	31.12.19 Total funds £	31.12.18 Total funds £
FIXED ASSETS					
Tangible assets	10	6,545	-	6,545	4,648
CURRENT ASSETS					
Debtors: amounts falling due within one year	11	120,153	-	120,153	224,635
Debtors: amounts falling due after more than one year	11	26,495	-	26,495	27,845
Cash at bank and in hand		<u>351,637</u>	<u>86,713</u>	<u>438,350</u>	<u>609,039</u>
		498,285	86,713	584,998	861,519
CREDITORS					
Amounts falling due within one year	12	(47,277)	-	(47,277)	(57,393)
NET CURRENT ASSETS		<u>451,008</u>	<u>86,713</u>	<u>537,721</u>	<u>804,126</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>457,553</u>	<u>86,713</u>	<u>544,266</u>	<u>808,774</u>
NET ASSETS		<u>457,553</u>	<u>86,713</u>	<u>544,266</u>	<u>808,774</u>
FUNDS	14				
Unrestricted funds				457,553	550,909
Restricted funds				<u>86,713</u>	<u>257,865</u>
TOTAL FUNDS				<u>544,266</u>	<u>808,774</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 8 August 2020 and were signed on its behalf by:



Ms A Fielding - Trustee

The notes form part of these financial statements

CARDIOMYOPATHY UK

**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2019**

	Notes	31.12.19 £	31.12.18 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(167,410)</u>	<u>177,329</u>
Net cash (used in)/provided by operating activities		<u>(167,410)</u>	<u>177,329</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(3,781)	(1,450)
Interest received		<u>502</u>	<u>318</u>
Net cash used in investing activities		<u>(3,279)</u>	<u>(1,132)</u>
Change in cash and cash equivalents in the reporting period		(170,689)	176,197
Cash and cash equivalents at the beginning of the reporting period		<u>609,039</u>	<u>432,842</u>
Cash and cash equivalents at the end of the reporting period		<u>438,350</u>	<u>609,039</u>

The notes form part of these financial statements

CARDIOMYOPATHY UK

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2019

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	31.12.19 £	31.12.18 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(264,508)	341,794
Adjustments for:		
Depreciation charges	1,884	1,867
Interest received	(502)	(318)
Decrease/(increase) in debtors	105,832	(168,774)
(Decrease)/increase in creditors	<u>(10,116)</u>	<u>2,760</u>
Net cash (used in)/provided by operations	<u>(167,410)</u>	<u>177,329</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.1.19 £	Cash flow £	At 31.12.19 £
Net cash			
Cash at bank and in hand	<u>609,039</u>	<u>(170,689)</u>	<u>438,350</u>
	<u>609,039</u>	<u>(170,689)</u>	<u>438,350</u>
Total	<u>609,039</u>	<u>(170,689)</u>	<u>438,350</u>

The notes form part of these financial statements

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Cardiomyopathy UK is a charity limited by guarantee and incorporated in England and Wales. The charity's principal address is Unit 10, Chiltern Court, Asheridge Road, Chesham, Buckinghamshire, HP5 2PX. The registered charity number is 1164263.

The presentation currency of these financial statements is Sterling (£), being the currency of the primary economic market in which the entity operates. All amounts in these financial statements have been rounded to the nearest pound unless stated otherwise.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

In light of the rapid global spread of the Coronavirus "COVID-19" in early 2020, the trustees have reviewed and stress tested projections and budgets for the next twelve months. Following this review, the trustees consider there to be little impact on the Charity's ability to act as a going concern.

The trustees have reviewed the fundraising possibilities and the capital resources available and consider that the company has adequate resources in place to continue trading for the next twelve months.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

Allocation and apportionment of costs

Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

Salaries have been apportioned in accordance with the duties to which they relate.

Premises costs have been apportioned on the basis of percentage of floor space used.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Computer equipment - at variable rates on reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Financial instruments

The charity has applied the provisions of Section 11 "Basic Financial Instruments" and Section 12 "Other Financial Instrument Issues" of FRS 102 to its financial statements.

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement, as either financial assets, financial liabilities or equity instruments. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Debtors and creditors due within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the Statement of Financial Activities in administrative expenses.

Cash and cash equivalents

Cash and cash equivalents in the Statement of Financial Position comprise cash at bank and in hand and short term deposits with an original maturity date of three months or less. Bank overdrafts are disclosed within creditors on the Statement of Financial Position.

2. DONATIONS AND LEGACIES

	31.12.19	31.12.18
	£	£
Donations	75,957	93,705
Grants and legacies	236,009	492,066
Memberships and donations	80,864	78,962
Fundraising	<u>456,395</u>	<u>493,662</u>
	<u>849,225</u>	<u>1,158,395</u>

CARDIOMYOPATHY UK

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2019

2. DONATIONS AND LEGACIES - continued

Grants received included above are as follows:

	Unrestricted £	Restricted £	2019 Total £	2018 Total £
Genetic Disorders UK	-	-	-	5,000
The Roger Vere Foundation	-	-	-	1,000
Big Lottery Fund	-	40,330	40,330	38,830
Garfield Weston Foundation	-	-	-	60,000
The Edward and Dorothy Cadbury Trust	-	-	-	750
The Lilley Benevolent Trust	1,000	-	1,000	1,000
The Moss Family Charitable Trust	-	-	-	-
The Sir Jules Thorn Charitable Trust	-	-	-	-
Browns Solicitors	-	30,000	30,000	30,000
William and Mable Morris Charitable Trust	-	-	-	1,000
The ACT Foundation	-	-	-	15,000
Alexander Jansons Fund	-	10,000	10,000	6,000
BBC Children in Need	-	2,745	2,745	10,980
The Girdler's Company Charitable Trust	-	-	-	1,665
Ronald William Raven Trust	-	-	-	50,000
Big Lottery Fund - Community Peer Support	-	30,557	30,557	-
Heart Hive	-	21,175	21,175	-
Tesco	-	1,000	1,000	-
The Edward Gostling Foundation	-	15,000	15,000	-
Max's Foundation	-	15,276	15,276	-
Cunningham Family Trust	5,000	-	5,000	-
BP Foundation US	63	-	63	-
John Mason Raven (dec'd) Trust	50,000	-	50,000	-
Total Grants	56,063	166,083	222,146	221,225
 Total Legacies			13,863	170,841
Alexander Jansons fund transfer			-	100,000
			236,009	492,066

3. INVESTMENT INCOME

	31.12.19 £	31.12.18 £
Deposit account interest	<u>502</u>	<u>318</u>

CARDIOMYOPATHY UK

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019**

4. RAISING FUNDS

Raising donations and legacies

	31.12.19	31.12.18
	£	£
Staff costs	175,030	211,166
Rates and water	304	344
Insurance	-	433
Postage and stationery	3,525	4,559
Sundries	243	241
Event costs	55,304	56,438
Marketing	28,661	26,359
Travel and subsistence	1,801	905
Computer	4,642	5,641
Recruitment	5,309	4,500
Staff training	107	11
Rent	9,489	5,343
Professional fees	8,745	884
Donation charges	11,703	14,926
Bank charges	3,250	4,056
Subscriptions	198	212
Depreciation	856	856
	<u>309,167</u>	<u>336,874</u>

5. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Grant funding of activities (see note 6) £	Totals £
Providing support	232,978	-	232,978
Public and medical education	150,818	-	150,818
Campaigning	48,455	-	48,455
Research	<u>33,239</u>	<u>264,200</u>	<u>297,439</u>
	<u>465,490</u>	<u>264,200</u>	<u>729,690</u>

6. GRANTS PAYABLE

	31.12.19	31.12.18
	£	£
Research	<u>264,200</u>	<u>-</u>

The following Grant were paid to Institutions during the year;

	£
Royal Brompton Hospital	92,500
Imperial College Hospital	39,284
Alexander Janson's Myocarditis	132,416
	<u>264,200</u>
Total	<u>264,200</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019

7. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Other resources expended	<u>69,658</u>	<u>5,720</u>	<u>75,378</u>

Analysis of support and governance costs

The charity initially identifies the costs of its support function. It then identifies those costs which relate to the governance function. Having identified its governance costs and support costs these are apportioned between the key charitable activities undertaken in the year. Please refer to the table below for the basis of apportionment and the key analysis of support.

	General Support £	Governance function £	Basis of apportionment
Wages	27,764	-	The duties to which they relate
Property related expenses	13,938	-	Floor space
General office and administration	27,567	-	Specific support costs
Legal and professional fees	1,051	-	Specific support costs
Bank charges	118	-	General charges
Depreciation	229	-	Floor space
Audit fees	-	<u>5,720</u>	Governance
Total	<u>70,667</u>	<u>5,720</u>	

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2019 nor for the year ended 31 December 2018.

Trustees' expenses

During the year ended 31 December 2019, 2 trustees received reimbursed expenses of £2,094 (2018: £1,162) for travel and other charitable related costs. At the year end date £1,345 (2018: £1,036) was due to 1 trustee in relation to expenses.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019**9. STAFF COSTS**

	2019	2018
	£	£
Wages and salaries	443,061	444,954
Social security costs	40,145	39,337
Other pension costs	11,614	8,400
	<u>494,820</u>	<u>492,691</u>

Transactions with key management personnel

	2019	2018
	£	£
Total compensation of key management personnel	<u>63,036</u>	<u>61,800</u>

The average monthly number of employees during the year was as follows:

2019	2018
<u>20</u>	<u>19</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2019	2018
£60,001 - £70,000	<u>1</u>	<u>-</u>

10. TANGIBLE FIXED ASSETS

	Computer equipment £
COST	
At 1 January 2019	20,122
Additions	<u>3,781</u>
At 31 December 2019	<u>23,903</u>
DEPRECIATION	
At 1 January 2019	15,474
Charge for year	<u>1,884</u>
At 31 December 2019	<u>17,358</u>
NET BOOK VALUE	
At 31 December 2019	<u>6,545</u>
At 31 December 2018	<u>4,648</u>

CARDIOMYOPATHY UK

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.19	31.12.18
	£	£
Prepayments and accrued income	<u>120,153</u>	<u>224,635</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.19	31.12.18
	£	£
Trade creditors	4,132	6,881
Social security and other taxes	8,982	9,874
Other creditors	2,795	2,032
Accruals and deferred income	<u>31,368</u>	<u>38,606</u>
	<u>47,277</u>	<u>57,393</u>

13. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.12.19	31.12.18
	£	£
Within one year	23,468	24,601
Between one and five years	<u>3,911</u>	<u>27,379</u>
	<u>27,379</u>	<u>51,980</u>

14. MOVEMENT IN FUNDS

	At 1.1.19	Net movement in funds	At 31.12.19
	£	£	£
Unrestricted funds			
General fund	550,909	(93,356)	457,553
Restricted funds			
Medical education	23,049	(449)	22,600
Providing support helpline	-	164	164
Youth services	10,156	(3,492)	6,664
BLF Heart to Heart Project	2,366	(2,366)	-
West Midlands support fund	924	-	924
Alexander Janson's Foundation	210,390	(210,274)	116
BBC Children in Need	10,980	(8,043)	2,937
Heart Hive	-	1,891	1,891
Max's Foundation	-	11,755	11,755
Community Peer Support (National Lottery Community Fund)	-	4,662	4,662
Building Capabilities (National Lottery Community Fund)	-	25,000	25,000
Online Medical Education	-	10,000	10,000
	<u>257,865</u>	<u>(171,152)</u>	<u>86,713</u>
TOTAL FUNDS	<u>808,774</u>	<u>(264,508)</u>	<u>544,266</u>

CARDIOMYOPATHY UK

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2019

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	622,171	(715,527)	(93,356)
Restricted funds			
Medical education	-	(449)	(449)
Providing support helpline	30,000	(29,836)	164
Youth services	15,000	(18,492)	(3,492)
BLF Heart to Heart Project	40,330	(42,696)	(2,366)
Alexander Janson's Foundation	41,473	(251,747)	(210,274)
BBC Children in Need	2,745	(10,788)	(8,043)
Tesco's Community Groundwork Fund	1,000	(1,000)	-
Heart Hive	41,175	(39,284)	1,891
Max's Foundation	15,276	(3,521)	11,755
Community Peer Support (National Lottery Community Fund)	5,557	(895)	4,662
Building Capabilities (National Lottery Community Fund)	25,000	-	25,000
Online Medical Education	10,000	-	10,000
	<u>227,556</u>	<u>(398,708)</u>	<u>(171,152)</u>
TOTAL FUNDS	<u>849,727</u>	<u>(1,114,235)</u>	<u>(264,508)</u>

Comparatives for movement in funds

	At 1.1.18 £	Net movement in funds £	Transfers between funds £	At 31.12.18 £
Unrestricted funds				
General fund	427,106	132,062	(8,259)	550,909
Restricted funds				
Medical education	29,807	(6,758)	-	23,049
Providing support helpline	-	(8,259)	8,259	-
Youth services	7,290	2,866	-	10,156
BLF Heart to Heart Project	2,603	(237)	-	2,366
West Midlands support fund	174	750	-	924
Alexander Janson's Foundation	-	210,390	-	210,390
BBC Children in Need	-	10,980	-	10,980
	<u>39,874</u>	<u>209,732</u>	<u>8,259</u>	<u>257,865</u>
TOTAL FUNDS	<u>466,980</u>	<u>341,794</u>	<u>-</u>	<u>808,774</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2019

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	821,710	(689,648)	132,062
Restricted funds			
Medical education	-	(6,758)	(6,758)
Providing support helpline	30,000	(38,259)	(8,259)
Youth services	20,333	(17,467)	2,866
BLF Heart to Heart Project	38,830	(39,067)	(237)
West Midlands support fund	750	-	750
Alexander Janson's Foundation	236,110	(25,720)	210,390
BBC Children in Need	10,980	-	10,980
	<u>337,003</u>	<u>(127,271)</u>	<u>209,732</u>
TOTAL FUNDS	<u>1,158,713</u>	<u>(816,919)</u>	<u>341,794</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.18 £	Net movement in funds £	Transfers between funds £	At 31.12.19 £
Unrestricted funds				
General fund	427,106	38,706	(8,259)	457,553
Restricted funds				
Medical education	29,807	(7,207)	-	22,600
Providing support helpline	-	(8,095)	8,259	164
Youth services	7,290	(626)	-	6,664
BLF Heart to Heart Project	2,603	(2,603)	-	-
West Midlands support fund	174	750	-	924
Alexander Janson's Foundation	-	116	-	116
BBC Children in Need	-	2,937	-	2,937
Heart Hive	-	1,891	-	1,891
Max's Foundation	-	11,755	-	11,755
Community Peer Support (National Lottery Community Fund)	-	4,662	-	4,662
Building Capabilities (National Lottery Community Fund)	-	25,000	-	25,000
Online Medical Education	-	10,000	-	10,000
	<u>39,874</u>	<u>38,580</u>	<u>8,259</u>	<u>86,713</u>
TOTAL FUNDS	<u>466,980</u>	<u>77,286</u>	<u>-</u>	<u>544,266</u>

CARDIOMYOPATHY UK

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2019

14. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	1,443,881	(1,405,175)	38,706
Restricted funds			
Medical education	-	(7,207)	(7,207)
Providing support helpline	60,000	(68,095)	(8,095)
Youth services	35,333	(35,959)	(626)
BLF Heart to Heart Project	79,160	(81,763)	(2,603)
West Midlands support fund	750	-	750
Alexander Janson's Foundation	277,583	(277,467)	116
BBC Children in Need	13,725	(10,788)	2,937
Tesco's Community Groundwork Fund	1,000	(1,000)	-
Heart Hive	41,175	(39,284)	1,891
Max's Foundation	15,276	(3,521)	11,755
Community Peer Support (National Lottery Community Fund)	5,557	(895)	4,662
Building Capabilities (National Lottery Community Fund)	25,000	-	25,000
Online Medical Education	10,000	-	10,000
	<u>564,559</u>	<u>(525,979)</u>	<u>38,580</u>
TOTAL FUNDS	<u>2,008,440</u>	<u>(1,931,154)</u>	<u>77,286</u>

Medical education - Towards the costs of providing educational events and opportunities for healthcare professionals. This includes the Olsen-Gourley Lecture fund and the M Hicks Educational fund transferred from Cardiomyopathy Association.

Youth services - Towards the costs of developing and providing support services for children, youth and young adults. This includes the Wates Foundation fund, the Childrens Book Restricted Fund, Chairman's Appeal 2013 fund and the Children and Young People Office fund transferred from Cardiomyopathy Association.

Providing support helpline - Towards the costs of providing a nurse lead clinical helpline for people affected by cardiomyopathy. This includes the Chairman's Appeal 2013 fund, Support Nurse Helpline fund, Raft Race Appeal fund and the Cardio Connect fund transferred from Cardiomyopathy Association.

BLF Heart to Heart Project - To fund the support and provision of a network of support groups throughout England. This includes the Sussex Support Group fund, Hampshire Support Group fund and the Winchester Support Group fund transferred from Cardiomyopathy Association.

West Midland support group - to provide support for those with cardiomyopathy in the West Midlands.

Alexander Janson's Foundation - to fund research into the causes, prevention and cures for Myocarditis

14. MOVEMENT IN FUNDS - continued

BBC Children in Need - To improve the emotional, physical and psychosocial (empowerment) well-being of young people under 18. Information resources (web and hard copy), paediatric helpline (out of hours), and national event, plus Panel meetings.

Tesco's Community Groundwork Fund - Towards the holding of a musical event raising the awareness of Cardiomyopathy in Leeds.

Heart Hive - Online platform that aims to match researchers at Imperial College with individuals interested in taking part in research trials. The objective is to seek ways of improving treatment for cardiomyopathy and myocarditis.

Max's Foundation - Three year grant to fund the position of Youth Support Manager.

Community Peer Support (National Lottery Community Fund) - A five year project partly funded by the National Lottery Community Fund to develop an innovative face to face and phone peer support service for people with life limiting heart muscle disease throughout England.

Building Capabilities (National Lottery Community Fund) - National audit pan England of those NHS trusts and service providers providing clinical care and treatment to people affected by cardiomyopathy and myocarditis.

Online Medical Education - Towards the development of an online learning program which will improve diagnoses of cardiomyopathy and access to treatment by upskilling clinical knowledge of patient facing clinicians.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2019.

16. POST BALANCE SHEET EVENTS

Since the reporting date, the growth of the COVID-19 pandemic across the world has caused us to consider whether the charity can continue as a going concern for the next twelve months.

The charity has responded to the global pandemic by ensuring that its core services can be accessed online and that it is able to provide appropriate support and information to service users in line with government guidance. As with all charities, the pandemic has impacted on funds chiefly through the cancellation or delay of mass participation events such as the London Marathon that accounts for a large part of the charity's income. Although some of this impact can be mitigated through diversifying fundraising and identifying cost savings, it is likely that the charity will need to call on its free reserves. At present under a pessimistic scenario, Trustees predicts that free reserves at the end of the financial year will equate to around 4.5 months of unrestricted expenditure, and continue to monitor the situation closely. The Trustees are optimistic that whilst the changing operating environment brings new challenges, the organisation can continue to quickly adapt and find innovative ways of raising funds and delivering our services to the benefit of the community.

The trustees have performed stress tests and applied these to budgets and forecasts and although there is an impact on the 2020 performance, this will not significantly impact going concern. Given the level of cash held by the company and high levels of reserves, the charity is in a position to continue as a going concern for the next twelve months.

CARDIOMYOPATHY UK

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2019**

	31.12.19 £	31.12.18 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	75,957	93,705
Grants and legacies	236,009	492,066
Memberships and donations	80,864	78,962
Fundraising	<u>456,395</u>	<u>493,662</u>
	849,225	1,158,395
Investment income		
Deposit account interest	<u>502</u>	<u>318</u>
Total incoming resources	849,727	1,158,713
EXPENDITURE		
Raising donations and legacies		
Wages	156,085	190,351
Social security	14,809	17,184
Pensions	4,136	3,631
Rates and water	304	344
Insurance	-	433
Postage and stationery	3,525	4,559
Sundries	243	241
Event costs	55,304	56,438
Marketing	28,661	26,359
Travel and subsistence	1,801	905
Computer	4,642	5,641
Recruitment	5,309	4,500
Staff training	107	11
Rent	9,489	5,343
Professional fees	8,745	884
Donation charges	11,703	14,926
Bank charges	3,250	4,056
Subscriptions	198	212
Depreciation of tangible fixed assets	<u>856</u>	<u>856</u>
	309,167	336,874
Charitable activities		
Wages	262,051	245,960
Social security	23,229	21,681
Pensions	6,846	4,661
Insurance	2,584	2,842
Telephone	3,184	3,168
Postage and stationery	3,008	5,873
Carried forward	300,902	284,185

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CARDIOMYOPATHY UK

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2019**

	31.12.19 £	31.12.18 £
Charitable activities		
Brought forward	300,902	284,185
Advertising	64,814	49,031
Sundries	416	585
Medical conferences and events	10,448	12,722
Public conferences and events	57,908	24,327
Computer	4,328	3,379
Travel and subsistence	7,161	8,866
Recruitment	820	10,610
Staff training	300	129
Support costs	6,153	7,586
Rent	11,441	-
Depreciation of tangible fixed assets	799	799
Grants to institutions	<u>264,200</u>	<u>-</u>
	729,690	402,219
Support costs		
Management		
Wages	24,925	8,643
Social security	2,107	472
Pensions	632	108
Rates and water	1,947	1,576
Insurance	1,986	1,166
Light and heat	2,242	2,409
Telephone	3,337	3,162
Postage and stationery	7,371	5,190
Sundries	6,908	5,151
Computer	7,170	6,381
Rent	6,215	20,399
Repairs and maintenance	1,243	1,206
Travel and subsistence	704	235
Staff training	302	-
Subscriptions	671	847
Legal and professional fees	1,551	16,531
Bank charges	118	138
Depreciation of tangible and heritage assets	<u>229</u>	<u>212</u>
	69,658	73,826
Governance costs		
Auditors' remuneration	<u>5,720</u>	<u>4,000</u>
Total resources expended	<u>1,114,235</u>	<u>816,919</u>
Net (expenditure)/income	<u>(264,508)</u>	<u>341,794</u>

This page does not form part of the statutory financial statements