



Free to Be Kids

Registered Charity No: 1165678

Trustees' Annual Report

For the accounting period ending 5th December 2019

Objectives and Activities

Free to Be Kids (colloquially 'Free to Be') supports particularly disadvantaged children and young people in London who are struggling with, or who are at risk of developing, emotional health difficulties. Included within this are many children whose existing difficulties with low confidence or self-esteem, managing social relationships, or otherwise negative views of themselves and their capacity to achieve are preventing them from fulfilling their potential both at school and in their wider lives.

We do this by providing a range of therapeutically structured and nature based residential programmes; young leaders' projects; and mentoring, which support vulnerable children to change their stories about who they are, and who they can be.

In turn this supports young people to feel and to do better, at school, at home, and in their wider lives. Our projects are educational in the broadest of senses – helping young people who have experienced significant disadvantage to learn about the world, themselves and to further develop their confidence, self-belief and the broader social and emotional skillset needed to thrive.

Our main programme, Thrive Outside, focusses on providing a range of countryside or nature based residential projects and respite breaks, across the year, which are structured in ways to aid access for young people who would otherwise be unlikely to access more mainstream provisions relating to emerging emotional or mental health challenges - perhaps due to reasons of poverty, the extent of emotional or behavioural difficulties or due to having developed negative views of adults via school, home, or elsewhere. Follow on support for the most in need is provided via our Journey Programme, a series of small group, high intervention, residential designed to be attended by the same cohort of young people with complex needs over a year. And via our London based mentoring programme, which provides one to one support during evenings and weekends.

Our Young Leader's programme supports teenagers who have particularly benefitted from our projects but who are too old to return on Thrive Outside as participants, to be trained to return as Young Leaders, providing incredible role modelling and support to younger peers.

Free to Be is also able to create bespoke commissioned residential respite and other residential projects for particularly vulnerable young people, as and when capacity allows. Increasingly, we are looking to influence the sector via the provision of advice and support to smaller volunteer run organisations running residential projects for disadvantaged young people.

Free to Be aims to work in partnership with organisations offering ongoing work, including work with parents, so that our residential and other projects form part of a wider, multi-organisation package of support that adds up to more than the sum of its parts.

We are committed to continuing to measure the impact of the change we support in young people.

Free to Be is run by a very small staff team, keeping core costs to a minimum. The charity relies upon and benefits immensely from several thousand hours of volunteer support each year. We believe it is the special qualities uniquely brought by volunteers – their particular passion, creativity and commitment to come together to make things work and to do the small things well, which makes what we offer so special.

Model

Free to Be's focus is on children's emotional worlds – helping disadvantaged children to experience pride, exploration and adventure whilst supporting them to feel free to be children during their time with us, away from the weight and challenges of often complex home lives.

We work with schools, housing associations, social services and other organisations to reach the children who need this type of support the most.

Many of the children we support arrive with beliefs about themselves that they are 'unimportant', 'bad', 'failing', 'a problem' or somehow 'broken', 'damaged' or 'different'. Free to Be fundamentally believes that every child deserves to experience joy and adventure within their childhood.

As a result, we structure all of our projects to support children to more often feel special, proud and valued and to provide regular opportunities to feel successful and brave. Nature, the outdoors, creative arts, engaging with animals and cooking are key parts of most projects. Many learn to swim, ride a bike or camp out for the first time and meet adults with backgrounds and perspectives very different from their own. Children come away with memories which last a lifetime.

Our model is built around the concepts of attachment, resilience and working relationally and empathetically to help young people explore who they are and who they want to be in the world. Projects incorporate the concept of the 'safe stretch zone' to support young people to develop and feel safe to explore new beliefs about themselves. Participating in new experiences, overcoming safe challenge and experiencing learning in a space very different to classroom settings, helps children who attend to develop in self-esteem, to build confidence and resilience, to develop social problem solving skills and to identify leadership or other qualities which have perhaps not come to the fore in other settings. For many, it marks a real change in how they think and feel about themselves.

Structure, Governance and Management

Free to Be Kids is a registered Charitable Incorporated Organisation (C.I.O), registered charity number 1165678, and is governed via its constitution and its 'Policy & Procedures' manual. The charity is commonly known as 'Free to Be'. As an organisation built around delivering direct support to vulnerable children, with an emphasis on residential work, Free to Be recognises the special responsibilities it holds in respect of safeguarding and child protection. Safer recruitment procedures are in place governing the recruitment of volunteers to projects and include: enhanced DBS checks renewed at least every three years, provision of two references, in-person interviews, and completion of a training/selection course covering safeguarding, boundaries, behaviour support and other core topics. All components of projects, from use of residential sites and minibuses to every activity session, are subject to thorough risk assessment. Where external instructors are required, they are selected in line with the relevant standards for accreditation. Policies in these areas are carefully developed in accordance with current legislation and sector best practice and are reviewed every two years.

Free to Be has Public Liability and Personal Accident insurance in place covering all of its activities.

The charity is led by a small paid leadership team with governance provided by the separate Trustee Board. Between them the leadership team have in excess of thirty years' experience leading interventions and residential work with extremely vulnerable young people, charity management and supporting families with complex needs. The charity's safeguarding provision is led by Mike Gee who is a consultant social worker with over fifteen year's post-qualifying practice and particular experience working with vulnerable children in non-mainstream settings. Further detail regarding the leadership team's background and experience is available via www.freetobekids.org.uk.

The trustees as of the end of the financial period are:

Mrs Rosie Macpherson (nee Atkinson) (Chair)

Ms Madeleine Maxwell

Mr David van Eeghen

Mrs Debbie Boughtflower

Mrs Amy Gutcher (Treasurer)

Mr Chris Butterfield

Dr Gemma Cheney

All trustees have confirmed they will retain their positions for 2020.

Trustee meetings continue to take place at least termly. The Board includes senior professionals qualified in the fields of charity accountancy, clinical psychology and family law and encompasses the following areas of expertise:

Chartered accountancy and financial controls.

Clinical psychology, Social Care and CAMHS.

Public and private family law; UK Court system.

Residential support and outreach therapeutic youth work.

Social enterprise strategy; funding; impact and evaluation.

Charity management and strategy. Looked After Children & foster care.

Achievements and Performance

The Trustee's primary goals for the 2019 financial year were:

- Growing Easter and summer gateway project participants to over 160 to meet identified need and referrer demand. (Split across at least 3 summer project weeks and at least 1 Easter project.)
- Doubling available Mentoring and Journey Project places to better cater for the number of children with long term support needs.
- Developing support for Young Leaders into a year round programme of support including training projects, residential reward and feedback time, and creation of a Young Leader's council.
- Further developing the volunteer recruitment and training infrastructure to support the growth in volunteer numbers required if the charity is to meet it's medium term growth and development aims.
- Commencement of a multi-year strategy to further diversify income streams. Whilst grant funding will always be a core stream, and particularly so in order to fund staff appointments in a secure and sustainable way, we aim to focus on growth in income from delivering charitable services and via corporate relationships significantly over the next 3 years.
- Continuing to maintain reserves in line with the reserves policy.

The charity has achieved each of these aims. Key achievements for the period were significant growth in project numbers with residential places on gateway projects for new children increasing by just under 20% and places on projects for returning children (Journey Programme, Recurring Respite, Mentoring) increasing by circa 50%; employment of the charity's first staff member beyond the leadership team; launch of our Young Leaders' council ('Guild of Young Leaders'); gaining Project Oracle first tier accreditation for our Theory of Change and impact evaluation framework;; moving into our office near Waterloo; making significant steps towards significantly diversifying income streams; and winning the 2019 London Youth award for excellence in Outdoor Education.

The number of residential projects provided increased by over 67% from 2018 (9 projects 2018 to 15 projects 2019) to cater to increased need expressed by referrers and built on the work we had done on sustainability and infrastructure the previous year. The charity is therefore well on track to meet it's 2020 stretch target of doubling project numbers over the 2 year period of the current strategic plan from 9 projects in 2018 to 19 in 2020, with corresponding doubling of turnover within the same period.

Programmes delivered were:

Thrive Outside Programme (April 2019; July - August 2019; October 2019): Our main programme. Thrive Outside comprises different elements for different young people linked to their need: (1) Gateway projects for new children at Easter and Summer - four separate week long respite residentials offering safe, adventurous and horizon broadening breaks from home for disadvantaged children from boroughs across London; (2) follow-on Recurring Respite projects for returning children in the summer and at October half-term; and (3) the Journey Programme – a series of recurring small group residentials for our most in-need group of children, spread across the year and aimed to help them develop their story about themselves. In 2019 we doubled our Journey Programme provision to cater to increased need.

Thrive Mentoring Programme (year round): Individualised 6-12 month mentoring programme for young people who have previously attended a Thrive Outside gateway project and are in need of longer term support to build confidence and broaden horizons.

Young Leaders Programme Continuing to train, mentor and support some of our older young people who return on Thrive Outside gateway projects as young leaders, supporting younger peers.

Total participant numbers were:

	2019:	Previous year:	Notes:
Thrive Outside Programme:			
-Gateway Projects	141	118	Including Easter and Summer attendees
-Recurring Respite Projects	31	17	Including Summer and October attendees
-Journey Programme	15 (40)	8 (24)	2 cohorts (one of 7 children, one of 8) attending 3 projects each (4 th Journey projects falls in 2020 financial year). Lower numbers due to some places missed due to illness.
Thrive Mentoring	9	6	Note – some mentoring children also attended Thrive Outside residential.
Young Leaders' Programme	10	3	Note - these also included within Thrive Outside figures

Table referrers to individual children participating on each project. Some children attended more than one project/category of project. Total unique children worked with across all projects in 2019 were 169. A total of 235 residential places were provided. A total of 9 mentoring (i.e. non-residential) places were provided.

Referrals & Need:

Children were referred from 43 organisations across 10 London Boroughs, approaching a 33% increase in referring organisations compared to the 2018 financial year. Referring organisations included a wide range of primary and secondary schools operating in deprived areas of London, specialist homelessness charities, Social Services teams, Young Carers' projects, housing associations and a range of other community or charitable organisations. Families referred were often dealing with multiple, often inter-linked, issues of poverty, emotional and behavioural challenges and historical trauma. Referrer's primary goals were: for children referred to grow in confidence and self-esteem by being supported to take on and overcome new challenges; to have a fresh/neutral safe space to practice social skills; to make lasting happy memories and experience growth in feelings of pride, value and adventure amidst what for many were exceptionally challenging circumstances.

Of those referred to us in 2019:

- **98%** were from extremely disadvantaged backgrounds including having experienced housing instability/homelessness; had a parent experiencing mental health problems or addiction issues; acting as Young Carers; recent experiences of loss/trauma; experienced food/material poverty.
- **83%** would had no other break from these circumstances or no other safe access to outdoor spaces.
- **50%** had significant involvement from statutory agencies relating to risk (either being at risk of, or having experienced, school exclusion or a Social Services referral within the past year.)
- **50%** had been the subject of concerns regarding abuse/neglect/harm within the past twelve months.

For 96% these difficulties were impacting emotional health, leading to emotional or social difficulties assessed within either their school or home environment. In particular the majority struggled with issues relating to low self-confidence, low self-esteem and very limited views of their own worth and potential.

Volunteers & staffing:

Free to Be recruited and trained 41 new project volunteers during 2018-19, with an additional 48 returning to us from previous years. Further volunteers provided non-project based support.

Until July 2018 the organisation had no paid staff and was entirely reliant upon the efforts of volunteers. Following review by the Trustees, it was determined the scale and depth of support being delivered to particularly vulnerable young people required permanent staffing in order to safeguard its sustainability and maintain the high level of quality. Accordingly, funding was secured and staffing now stands at 2.4 (1 full time, 2 part time). This will need to grow again during the next financial year in order to support growth in project place numbers to match need expressed via referrals as the charity continues to scale.

Impact:

The trustees place a high value on evidencing the value and impact of the services Free to Be provides. At the end of projects young people complete child focussed feedback forms allowing us to gather their stories, drawings and the words they use to describe themselves. Adult volunteers complete

observation sheets and structured feedback opportunities are provided for referrers and for parents. Of those attending residential projects in 2019:

- **100%** had developed at least one significantly improved social skill including making/keeping friends; resolving frustrations without lashing out; relating better with adults.
- **99%** self-reported improved indicators of self-esteem and/or social confidence.
- **92%** had felt brave enough to try something they had never before felt possible.

In subsequent follow up with referrers (largely school SENCOs but also social-workers/youth-workers) 100% of those responding reported change in emotional health/social skills which had endured into the new school term including better peer interactions; managing better when things go wrong; having greater belief in their own potential.

Further detail regarding the specific performance and impact of the charity's work can be found within our 2019 Impact Report, accessible here: https://b178f8fe-31cc-4d9f-a80d-7ba4e806829a.filesusr.com/ugd/02c029_7f2a4aff88d349518589734b0fd8d90b.pdf

Risk

The charity did not experience any major incidents of risk relating to its operations, reputation, finances nor the safeguarding or welfare of participants during the period.

The trustees continued to maintain, review and update a register of significant risks to the charity's operation and ongoing effectiveness. The trustees confirm that the major risks to which the charity may be exposed, as identified by the above risk register, continue to be kept under review and that systems are in place and functioning effectively to manage any such risks.

After the year end, the charity – as with the population of the UK as a whole – has experienced the challenges and difficulties arising from the COVID19 pandemic and the resulting restrictions to daily life. The trustees have been meeting regularly during this time, taking due consideration of the advice, rules, and support put in place by the government, to mitigate the risks to the charity's beneficiaries and to its ongoing sustainability, and to make the changes to the way we operate to take into account these emerging risks. This has included in-depth risk assessments, changes to the way in which we provide our services, and maximising the charitable benefit we can provide to vulnerable children, at a time when it is needed more than ever.

Financial Review

The charity's ordinary financial year commences on 6th December each year, that being the anniversary of the signing of the draft governing document and the commencement of charitable activity.

The charity was again anticipating and experienced significant growth during the financial year, seeing income more than double from £90,585 in the previous year to £202,985 this year.

The charity was particularly successful in securing (and renewing previous) significant donations in kind (to the value of £26,195) in terms of storage space, key infrastructure requirements (phone services, email), equipment costs and accommodation rates allowing it to provide very significant additional value against the direct funds donated. Grant income more than doubled year to year, linked particularly to the charity's growing responsibilities in terms of the salaries required to supported increased project delivery, with a particular strength being a continued move towards multi-year funding, particularly where linked to salary costs. Other grant funding continued to be predominantly restricted and related to core projects (principally Thrive Outside). Income from delivering charitable services (in the main contributions from referring schools and social services' departments) remained stable, whilst income from other trading sources (predominantly joint endeavours with corporate partners, in particular our co-promotional partnership with Unilever's 'Nice by Nature' ice lolly brand) grew from just a few hundred pounds in 2018, to approaching £13,000 this year. Individual donations held steady and the trustees remain particularly grateful to those individual donors whose donations recur monthly via Direct Debit, this continuing to be a solid income stream with over half of donations from individuals made directly

to the charity again being in the form of recurring donations. Nevertheless, further developing this funding stream, alongside increasing income from fundraising events, is an area the trustees intend to focus on within the next 2 year strategic plan.

Overall, income stream diversity is increasingly strong, and reflects the substantial work in this area over recent years. In particular the stability afforded by both increased multi-year grant funding and via continued stable income from delivering services, underpins the charity's financial health in the medium term.

Programmes and projects were again delivered on budget. Direct project costs (excluding project support costs such as salary and office) remained broadly equivalent to the previous year on a per head basis, with the small increase in cost per head arising from usual annual increases in activity, vehicle and site provider fees.

There were no items of exceptional expenditure this financial year. However, having conducted a cost-benefit calculation regarding continued hire versus purchase of at least one minibus, the trustees have determined that due to the increasing number of projects per year it would be cost efficient for the charity to seek to buy a minibus during the next financial year. Specific capital grant funding will be sought against this.

With increasing numbers of projects, the charity's salary commitments have inevitably grown and now constitute a significant cost item (£81,424, including pension and National Insurance commitments). Staffing costs will again rise in 2020 given one of the charity's three staff members did not join until a third of the way through the current financial year. The trustees consider these costs integral to the provision of safe and high quality support to the particularly vulnerable children Free to Be caters for, and sees proportional growth in staffing costs in line with increased numbers of project places as being fundamental to ensuring the charity's sustainability and increasing capacity to provide in-depth and long term support to the children who need it most.

All staff directly support the planning and running of projects and Free to Be does not employ specialist fundraising or other dedicated 'back office only' staff. Consequently, in excess of 99% of the charity's expenditure in 2019 related directly to delivery and management of projects and provision of support to young people. With circa 0.4% relating to governance and the cost of raising funds.

Other key project costs continue to relate to hire of premises and vehicles to run residential projects - residential work being the charity's main approach to meeting it's aims. Activities on residentials, equipment and food costs are also amongst the charity's major project expenditure.

Funds raised again exceeded amounts required to deliver all planned projects and programmes. Including funds brought forward from the previous financial year, the charity ended the period with £34,043 in assets, approaching £5,000 of which is held in our ring-fenced free reserves account (see below) and the remainder allocated towards cashflow and salary costs for projects in the first half of 2020.

The charity remains in solid financial health at the end of the 2019 year and has again been able to place advance deposits for project accommodation for some of the following year's projects.

Reserves statement:

In line with the charity's continued growth and increasing commitments both to long-term support to vulnerable young people, and to staffing salaries to support the same, the trustees reviewed and amended Free to Be's reserves policy within the year.

Reserves policy now covers three separate strands of reserve funds: (1) that Free to Be retain sufficient funds in a designated salaries account to cover salaries and associated employment costs for currently employed PAYE staff for 6 months (Current target: £46,800. Status: met – some of these funds being designated to the 2020 financial year and accordingly not shown within the 2019 accrued accounts); (2) that the charity retain sufficient designated project funds at all times to provide at least 50 residential

places, in order to guarantee a service through any period of crisis to the charity's most vulnerable beneficiaries (Target: £13,750. Status: met.); (3) that the charity retain unrestricted funds equivalent to three months general running costs, not including salaries or project funds covered above. (Target: £3,500. Status: met.)

Future development

This year has seen reworking and refinement of the Journey Programme model for long term support for our higher need young people, as well as the continued success of our mentoring scheme. The aims of both programmes remain to support a structure within which more in-depth support can be offered to the increasingly large number of children referred to us who have complex needs, are struggling to engage successfully in more mainstream interventions, yet who benefit immensely from Free to Be residentials and consequently would particularly benefit from longer term support designed in a similar vein.

Our core model is now firmly established through the charity with volunteers, referrers and families all familiar with its workings. Our main Thrive Outside programme residentials function as therapeutically structured and engaging respite breaks which act as 'gateway projects' for children who are new to us. All engage in outdoor based, horizon broadening and confidence building activities within a small group structure carefully designed to help children with complex attachment and identity issues to more often experience feeling brave, adventurous, proud of themselves, and successful. For those who need longer term support, a longer term 'Journey Plan' is identified which could consist of recurring respite, individual mentoring, or residential follow on 'journey projects'. Journey projects are sequenced series of follow-on projects consisting of smaller numbers of young people (always less than ten) who attend the same series of projects together over a twelve month period. The Journey Projects have a strengthened focus on developing confidence, relational skills and self-belief in young people who schools or other referrers see as particularly at risk and have an adult to child ratio approaching one to one. For young people who would benefit from one to one support in London, our Thrive Mentoring programme matches them to trained mentors who have a shared experience of beginning their Free to Be journey on a gateway residential, thereby helping children who often struggle to trust, feel safe and invested enough to more readily engage with adult support. Our recurring respite projects see children whose need is largely related to requiring a break from challenging home lives, return multiple times on projects which are designed to help them feel a sense of belonging and inclusion. The trustees continue to believe that the careful, sustainable growth of project places within this model, constitutes the best support to vulnerable young people referred to the charity.

Core aims for the 2019-20 operating period are:

- To sustainably increase residential project places by 25% across the Thrive Outside programme, in order to continue to respond to the very high levels of need expressed by referrers.
- Secure additional salary funds to underwrite an increase of circa 0.5 full time equivalent in staffing to ensure the above project growth is sustainable and safe.
- Continue growth in volunteer numbers to support planned project growth.
- Secure funds for purchase of a minibus, in order to better increase cost efficiency across all projects.
- Further embed and refine the Journey Programme structure and secure at least one long-term funding partner for the programme.
- Explore growth into a new geographical area outside London.
- Continuing to maintain reserves in line with the reserves policy.

Registered Address & Contact details

The charity's registered address is:

Free to Be Kids
C/o CAN Mezzanine,
7-14 Great Dover Street

Southwark
London
SE1 4YR
0203 778 0323; hello@freetobekids.org.uk; www.freetobekids.org.uk

Free to Be holds no formal relationship with CAN Mezzanine beyond the provision of registered address services.

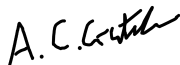
Declarations

The trustees declare that they have approved the contents above as a true reflection of the charity's activities, operations and financial position within the 2018-19 operating period.

Signed on 31st August 2020:



Mrs Rosie Macpherson (Chair)



Mrs Amy Gutcher (Treasurer)



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name Free to Be Kids

**On accounts for the year
ended**

5/12/2019	Charity no (if any)	1165678
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Set out on pages

<small>(remember to include the page numbers of additional sheets)</small>
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I report to the trustees on my examination of the accounts of the above charity ("the Charity") for the year ended **05 / 12 / 2019**.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:	<input type="text"/>	Date:	<input type="text"/>
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Name:	Tiffany King
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Relevant professional qualification(s) or body (if any):	ACA
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Address:	70 Clock House Road, Beckenham BR3 4JT
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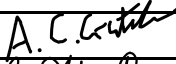



Free to Be Kids		Charity No (if any)	1165678
Annual accounts for the period			
Period start date	06/12/2018	To	Period end date 05/12/2019

Section A Statement of financial activities

Recommended categories by activity	Guidance Notes	Restricted			Total funds	Prior year funds
		Unrestricted funds	income funds	Endowment funds		
		£	£	£	£	£
		F01	F02	F03	F04	F05
Incoming resources (Note 3)						
Income and endowments from:						
Donations and legacies	S01	33,202	142,080	-	175,282	75,306
Charitable activities	S02	14,705	-	-	14,705	14,995
Other trading activities	S03	467	12,405	-	12,872	284
Investments	S04	126	-	-	126	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	48,500	154,485	-	202,985	90,585
Resources expended (Note 5)						
Expenditure on:						
Raising funds	S08	352	-	-	352	299
Charitable activities	S09	31,375	155,119	-	186,494	88,328
Separate material item of expense	S10	-	-	-	-	-
Other	S11	348	120	-	468	391
Total	S12	32,075	155,239	-	187,314	89,018
Net income/(expenditure) before investment gains/(losses)						
Net gains/(losses) on investments	S13	16,425	- 754	-	15,671	1,567
	S14	-	-	-	-	-
Net income/(expenditure) Extraordinary items	S15	16,425	- 754	-	15,671	1,567
	S16	-	-	-	-	-
Transfers between funds	S17	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S18	-	-	-	-	-
Other gains/(losses)	S19	-	-	-	-	-
Net movement in funds	S20	16,425	- 754	-	15,671	1,567
Reconciliation of funds:						
Total funds brought forward	S21	17,618	754	-	18,372	16,805
Total funds carried forward	S22	34,044	- 0	-	34,043	18,372

Section B Balance sheet

	Guidance Notes	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Current assets						
Debtors (Note 9)	B07	7,107		-	7,107	4,217
Cash at bank and in hand (Note 11)	B09	26,936	108,738	-	135,675	59,350
Total current assets	B10	34,044	108,738	-	142,782	63,567
Creditors: amounts falling due within one year (Note 10)						
	B11	-	108,738	-	108,738	45,194
Net current assets/(liabilities)	B12	34,044	-	-	34,044	18,372
Total assets less current liabilities	B13	34,044	-	-	34,044	18,372
Total net assets or liabilities	B16	34,044	-	-	34,044	18,372
Funds of the Charity						
Restricted income funds (Note 13)	B18		-		-	754
Unrestricted funds	B19	34,044		-	34,044	17,618
Revaluation reserve	B20				-	-
Total funds	B21	34,044	-	-	34,044	18,372
Signed by one or two trustees on behalf of all the trustees						
		Signature		Print Name		Date of approval dd/mm/yyyy
				Amy Gutcher		31/8/20
				Rosie Macpherson		31/8/20

Note 1 Basis of preparation

This section should be completed by all charities.

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with*

✓

 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with*

✓

 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.*

* -Tick as appropriate

1.2 Going concern

If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:

An explanation as to those factors that support the conclusion that the charity is a going concern;	The charity has unrestricted 'free' reserves of £34k at the year end, which is sufficient for it to continue its activities for the next 12-18 months.
Disclosure of any uncertainties that make the going concern assumption doubtful;	Not applicable
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	Not applicable

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input checked="" type="checkbox"/>	

Please disclose:

<i>(i) the nature of the change in accounting policy;</i>	
<i>(ii) the reasons why applying the new accounting policy provides more reliable and more relevant information; and</i>	
<i>(iii) the amount of the adjustment for each line affected in the current period, each prior period presented and the aggregate amount of the adjustment relating to periods before those presented, 3.44 FRS 102 SORP.</i>	

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input checked="" type="checkbox"/>	

Please disclose:

<i>(i) the nature of any changes;</i>	
<i>(ii) the effect of the change on income and expense or assets and liabilities for the current period; and</i>	
<i>(iii) where practicable, the effect of the change in one or more future periods.</i>	

1.5 Material prior year errors

No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).

Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate
No*	<input checked="" type="checkbox"/>	

Note 2 Accounting policies

2.1 INCOME

This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.

Recognition of income	<p>These are included in the Statement of Financial Activities (SoFA) when:</p> <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability. 	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Offsetting	<p>There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Grants and donations	<p>Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).</p>	<table border="1"> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>			
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Legacies	<p>In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).</p> <p>Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Government grants	<p>The charity has received government grants in the reporting period</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Tax reclaims on donations and gifts	<p>Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Contractual income and performance related grants	<p>This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Donated goods	<p>Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
	<p>The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
	<p>Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
	<p>Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
	<p>Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Donated services and facilities	<p>Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
	<p>Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Support costs	<p>The charity has incurred expenditure on support costs.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Volunteer help	<p>The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Income from interest, royalties and dividends	<p>This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
Income from membership subscriptions	<p>Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						
	<p>Membership subscriptions which gives a member the right to buy services or other</p>	<table border="1"> <thead> <tr> <th>Yes</th> <th>No</th> <th>N/a</th> </tr> </thead> <tbody> <tr> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> <td><input checked="" type="checkbox"/></td> </tr> </tbody> </table>	Yes	No	N/a	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Yes	No	N/a						
<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>						

	benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2.2 EXPENDITURE AND LIABILITIES				
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Deferred income	No material item of deferred income has been included in the accounts.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
2.3 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least	500		
	They are valued at cost.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Intangible fixed assets	The depreciation rates and methods used are disclosed in note 9.2.	Yes	No	N/a
	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	They are valued at cost.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	They are valued at cost.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

Note 3

Analysis of income

Analysis	Unrestricted funds	Restricted		Total funds	Prior year
		income funds	Endowment funds		
				£	£
Donations and legacies:					
Donations and gifts, including gift aid	17,554	-	-	17,554	52,606
General grants provided by government/other charities	15,648	115,885	-	131,533	22,700
Donated goods, facilities and services	-	26,195	-	26,195	-
Total	33,202	142,080	-	175,282	75,306
Charitable activities:					
Delivering programmes	14,705	-	-	14,705	14,995
	-	-	-	-	-
	-	-	-	-	-
Other	-	-	-	-	-
Total	14,705	-	-	14,705	14,995
Other trading activities:					
	-	-	-	-	-
	-	-	-	-	-
Other	467	12,405	-	12,872	284
Total	467	12,405	-	12,872	284
Income from investments:					
Interest income	126	-	-	126	-
Dividend income	-	-	-	-	-
Rental and leasing income	-	-	-	-	-
Other	-	-	-	-	-
Total	126	-	-	126	-
TOTAL INCOME	48,500	154,485	-	202,985	90,585

Other information:

All income in the prior year was unrestricted except for:
(please provide description and amounts)

£62,347 of prior year income was restricted to specific projects

Note 4 Donated goods, facilities and services

	This year £	Last year £
Seconded staff	-	-
Use of property	-	-
Other	26,195	-
	26,195	-

Please provide details of the accounting policy for the recognition and valuation of donated goods, facilities and services.

Donated goods, facilities and services are recognised at the cost they would be to the charity, when this can be reliably measured.

Section C **Notes to the accounts** **(cont)**

Note 5 **Analysis of expenditure**

Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Expenditure on raising funds:	Incurring seeking donations	352	-	-	352	299
	Total expenditure on raising funds	352	-	-	352	299
Expenditure on charitable activities	Free to Be Projects	31,375	155,119	-	186,494	88,328
				-	-	-
				-	-	-
	Total expenditure on charitable activities	31,375	155,119	-	186,494	88,328
Other	Governance	348	120	-	468	391
	Total other expenditure	348	120	-	468	391
TOTAL EXPENDITURE		32,075	155,239	-	187,314	89,018

Section C**Notes to the accounts****Note 6** **Details of certain items of expenditure****6 Fees for examination of the accounts**

Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).

Independent examiner's fees**Assurance services other than audit or independent examination****Tax advisory fees****Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner**

This year £	Last year £
0	0
0	0
0	0
0	0

Note 7

Paid employees

Please complete this note if the charity has any employees.

7.1 Staff Costs

	This year £	Last year £
Salaries and wages	64,871	20,265
Social security costs	8,952	3,735
Pension costs (defined contribution scheme)	7,204	2,000
Other employee benefits	-	-
Total staff costs	81,027	26,000

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

N/A

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

TRUE

Band	Number of employees
£60,000 to £69,999	
£70,000 to £79,999	
£80,000 to £89,999	
£90,000 to £99,999	
£100,000 to £109,999	

Please provide the total amount paid to key management personnel (includes trustees and senior management) for their services to the charity

7.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	-	-
Charitable Activities	3	2
Governance	-	-
Other	-	-
Total	3	2

Section C**Notes to the accounts****(cont)**

Note 8 **Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.**

Amount of contributions recognised in the SOFA as an expense

7203.6

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

All staff costs are funded from restricted funds, and therefore all liabilities and expenses are allocated to restricted funds.



Section C**Notes to the accounts****(cont)****Note 9 Debtors and prepayments**

Please complete this note if the charity has any debtors or prepayments.

9 Analysis of debtors**Prepayments and accrued income****Other debtors****Total**

This year	Last year
£	£
-	-
7,107.4	4,217.0
7,107.4	4,217.0

Note 10 Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

10.1 Analysis of creditors

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals and deferred income	108,738	45,194	-	-
Total	108,738	45,194	-	-

10.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

The charity has received several grants in advance that relate to work to be undertaken in 2020 - these total over £108k, and so have been reflected as deferred income as the charity has not yet run the projects that it relates to.

Movement in deferred income account

	This year £	Last year £
Balance at the start of the reporting period	45,194	-
Amounts added in current period	108,738	45,194
Amounts released to income from previous periods	- 45,194	-
Balance at the end of the reporting period	108,738	45,194

Section C **Notes to the accounts** **(cont)**

Note 11 **Cash at bank and in hand**

Cash at bank and on hand
Total

This year £	Last year £
135,675	59,350
135,675	59,350

Note 12 Fair value of assets and liabilities

Please provide details of the charity's exposure to credit risk (the risk of incurring a loss due to a debtor not paying what is owed) , liquidity risk (the risk of not being able to meet short term financial demands) and market risk (the risk that the value of an investment will fall due to changes in the market) arising from financial instruments to which the charity is exposed at the end of the reporting period and explain how the charity manages those risks.

The charity is exposed to a low level of credit risk, as most grants are paid in advance. The charity holds a cash balance that can meet short term obligations as they fall due.

Section C **Notes to the accounts** **(cont)**

Note 13 **Charity funds**

13.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

** Key: PE - permanent endowment funds; EE - expendible endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds*

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted fund	UR	General purposes of the charity	17,618	48,500	- 32,075	-	-	34,044
Restricted fund	R	Restricted to specific projects and salaries	754	154,485	- 155,239	-	-	0
Total Funds			18,372	202,985	- 187,314	-	-	34,043

Section C

Notes to the accounts

(cont)

Note 13 Charity funds (cont)

13.2 Details of material funds held and movements during the PREVIOUS reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds'. The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

* Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Transfers £	Gains and losses £	Fund balances carried forward £
Unrestricted fund	UR	General purposes of the charity	15,605	28,238	- 26,224	-	-	17,618
Restricted fund	R	Restricted to specific projects and salaries	1,200	62,347	- 62,793	-	-	754
Total Funds			16,805	90,585	- 89,018	-	-	18,372

Note 14 Transactions with trustees and related parties

If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.

14.1 Trustee remuneration and benefits

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

In the period the charity has paid trustees remuneration and benefits. Please give the amount of, and legal authority for, any remuneration or other benefits paid to a trustee by the charity or any institution or company connected with it.

Name of trustee	Legal authority (eg order, governing document)	Amounts paid or benefit value				
		This year				Last year
		Remuneration	Pension contribution	Redundancy (including loss of office)/ex gratia	Other	TOTAL
£	£		£	£		

Please give details of why remuneration or other employment benefits were paid.

Where an ex gratia payment has been made to a trustee, provide an explanation of the nature of the payment.

14.2 Trustees' expenses

If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".

No trustee expenses have been incurred (True or False)

TRUE

Type of expenses reimbursed	This year	Last year
	£	£
Travel		
Subsistence		
Accommodation		
Other (please specify):		
TOTAL		

Please provide the number of trustees reimbursed for expenses or who had expenses paid by the charity

0

14.3 Transaction(s) with related parties

Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£

In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.

For any related party, please provide details of any guarantees given or received.