

**COMPANY REGISTRATION NUMBER: 04421138**  
**CHARITY REGISTRATION NUMBER: 1094458**

**St Martins Centre for Health and Healing**  
**Company Limited by Guarantee**  
**Unaudited Financial Statements**  
**31 December 2019**

# **St Martins Centre for Health and Healing**

**Company Limited by Guarantee**

## **Financial Statements**

**Year ended 31 December 2019**

---

	<b>Page</b>
Trustees' annual report (incorporating the director's report)	<b>1</b>
Independent examiner's report to the trustees	<b>6</b>
Statement of financial activities (including income and expenditure account)	<b>8</b>
Statement of financial position	<b>9</b>
Notes to the financial statements	<b>10</b>
<b>The following pages do not form part of the financial statements</b>	
Detailed statement of financial activities	<b>20</b>
Notes to the detailed statement of financial activities	<b>22</b>

---

# **St Martins Centre for Health and Healing**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report)**

**Year ended 31 December 2019**

---

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 December 2019.

#### **Objectives and activities**

The principal activity of the company continued to be promoting, for the benefit of the public good, physical, mental, spiritual and emotional health in accordance with Christian principles. The trustees have, as a result of carrying out this activity complied with the duty in section 17(5) of the Charities Act 2011 to have due regard to the guidance published by the Charity Commission.

Through the provision of professional, accredited Counselling & Psychotherapy and Financial Conduct Authority authorised Money Advice the Centre for Health and Healing aims to alleviate the suffering and distress of the most vulnerable and excluded people in and around the city by:

#### **"empowering people to improve their own lives"**

St Martin's Centre for Health and Healing Therapy Service is dedicated to equipping the most marginalised and impoverished members of our community, people at risk of living with unresolved mental health problems and/or unmanageable debt, with the insight, skills, and resilience to take control of their lives and improve their mental health.

Over 92% of our clients live in the most deprived areas of the city.

At its core, mental health and well-being rests on the capacity of individuals to manage their thoughts, feelings and behaviour, as well as their interactions with others.

The mental health of both individuals and whole societies is affected by the interaction of a range of complex factors - social, economic and environmental. If you live with a long-term untreated mental health problem, perhaps combined with the chronic low-level stress of coping with daily deprivation and disadvantage you significantly increase the risk of disability and premature mortality from other diseases, including cardiovascular disease, diabetes and other chronic diseases.

Unfortunately, the essential core attributes of self-control, resilience and confidence frequently go undeveloped in many people who are disadvantaged so that people are ill-equipped to deal with the complex choices and potential adversities they will face.

The counselling service continued to deliver a contract on behalf of all three of the cities Clinical Commissioning Groups (CCG'S) and Birmingham Mental Health Consortium - The Living Well Consortium, providing Low Intensity Therapy under the Improving Access to Psychological Therapy Programme. Additional income was generated through general donations and the hosting of NHS High Intensity Practitioners/Therapists.

#### **Social Return on Investment**

As for the wider Impact a recent Social Return on Investment audit (2018) demonstrated that for every £1 spent, we contribute £7.26 in societal benefit - including direct therapeutic benefit, reductions in family breakdown and associated cost, reduction in costs to the NHS, Social Services, Debt reduction and benefits payments.

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 December 2019

---

#### Achievements and performance

##### Counselling & Psychotherapy Service

Dedicated to making professionally counselling and psychotherapy as accessible as possible, St Martin's Centre for Health and Healing Therapy Service has been working to improve the mental health and wellbeing of Birmingham residents for nearly 20 years. All our clients can be classed as vulnerable, many at risk, often with multiple issues, and predominantly coming from the most marginalised, impoverished parts of our community.

That's over 15,000 vulnerable people supported in developing the insight, resilience and self-management skills to improve their mental health and make a positive contribution to their overall quality of life in often very difficult personal and economic circumstances.

In 2019 the demand for our services was greater than ever and our 60+ BACP/UKCP/BABCP volunteer therapists (all either qualified or accumulating hours after academic studies), and 6 staff offered free, confidential counselling and psychotherapy to 1019 vulnerable people from our purpose premises in the centre of the city.

#### OUR SERVICES

##### Counselling Service Outcomes

	Outcome
Resilience-better able to manage difficult situations	67%
Improved Self-management	73%
Improvement in mental health and Wellbeing	76%
Improvement in presenting issues	61%
Greater control over life	81%
Overall satisfaction rate	89%

##### Street Level Money Advice

Street Level complemented our counselling service by ensuring vulnerable people where moving towards being Debt free; where better able to manage money and where receiving the Welfare Benefits and services they were entitled to.

The Advice process is often extremely time consuming and lengthy. Most of our clients cannot navigate complex systems and are unable to negotiate on their own behalf. So, numbers of people accessing the service will always be low compared to our counselling service. However, the Impact on the lives of the individuals and their families is significant and usually long-lasting.

In 2019 the service has:

- 'headed' off 29 eviction notices
- restructured the unmanageable debts of 36 people
- secured Benefits entitlements for 51 people
- supported securing accommodation for 13 people
- provide 119 general Advice Sessions
- signposted over 130 for specialist support

# **St Martins Centre for Health and Healing**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 December 2019**

---

#### **Achievements and performance *(continued)***

##### **Impact - A Theory of Change**

The centre believes that we have a duty of care to ensure our services are effective and works hard to ensure our work has a positive impact.

The Centre uses a Theory of Change model, "mapping backwards" from the desired Impact to identify the Primary & Secondary Outcomes, determine the interventions needed to achieve these Outcomes and develop indicators for each Outcome. This approach enables us to assess overall performance towards achieving the Impact and make changes/modifications to the model as necessary.

##### **Financial review**

Principal funding sources are Birmingham Cross City Commissioning Groups (NHS), the Living Well Consortium, the Training of CBT therapists under contract to Health Education England and the hosting of Birmingham and Solihull Mental Health Foundation Trust mental health clinics.

We also receive small fees direct from our clients for some of the counselling services as well as a number of grants. During the year the charity received grant funding of £61,235 (2018: £46,466) and £226,302 (2018: £164,128) from Counselling Delivery (£221,961) and Private Practice Fees (£4,341). Costs incurred were £255,498 (2018: £193,234). The overall result for the year was a surplus of £32,649 (2018: £17,366). The surplus has been added to reserves leaving a total of £162,206 carried forward to 2020.

Included in the above figures for the previous year are grants received specifically for the Street Level Money Advice service. Total grants in that year were £21,375. No grants were received in 2019. There were no restricted funds carried forward to 2020.

##### **Going Concern**

The trustees confirm they have considered all available information about the future for at least 12 months from the date the accounts were approved and have concluded that there is no uncertainty relating to going concern. Accordingly the accounts have been prepared on a going concern basis.

##### **Reserves**

The trustees' policy is to try and maintain an amount of unrestricted reserves ie those not restricted or designated for specific purposes, equivalent to six months normal operating expenditure. Actual reserves of £162,206 exceeded the calculated amount of approximately £110,000 by £52,000. The trustees intend that this excess will be used as part of the running of the Street Level Service and will review the situation at the end of 2020. The trustees are also, however, conscious of the current very serious economic climate and the pressures on health services and recognise that grants and other income can diminish at the same time as demands for services increase.

# **St Martins Centre for Health and Healing**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 December 2019**

---

#### **Structure, governance and management**

The charity is a charitable company, incorporated on 19 April 2002 and is governed by its Memorandum and Articles of Association as amended on 28 July 2008.

#### **Recruitment and induction of new trustees**

The body of trustees, who are also directors for the purpose of company law, comprises five trustees appointed by the Parochial Church Council of St Martin in the Bull Ring and up to 10 persons co-opted for a fixed period of two years by the trustees currently in place. The chair of trustees is nominated by the Rector of St Martin in the Bull Ring.

#### **Organisational structure**

Day to day management is delegated to the chief executive, Mr Rob Jones.

#### **Induction and training of new trustees**

The board ensures that all members are aware of their responsibilities as trustees. Any new trustees are supplied, on their appointment, with appropriate literature issued by Charities Commission detailing their responsibilities.

#### **Related Parties**

The charity maintains a close working relationship on all operational matters with the Parochial Church Council of St Martin in the Bull Ring. Transactions with the PCC are disclosed in the accounts.

#### **Reference and administrative details**

<b>Registered charity name</b>	St Martins Centre for Health and Healing
<b>Charity registration number</b>	1094458
<b>Company registration number</b>	04421138
<b>Principal office and registered office</b>	St Martin's Church Edgbaston Street Birmingham B5 5BB

#### **The trustees**

J Barber  
Co-opted  
SA Ferris  
Co-opted  
A Standing  
Co-opted  
MC Rushen  
Appointed by PCC

# **St Martins Centre for Health and Healing**

## **Company Limited by Guarantee**

### **Trustees' Annual Report (Incorporating the Director's Report) *(continued)***

**Year ended 31 December 2019**

---

MJ Woodward	
Appointed by PCC	
Revd J Allcock	(Appointed 30 May 2019)
Revd E Blair Chappell	(Appointed 30 May 2019)
S Blair Chappell	(Appointed 30 May 2019)
Revd Dr M Branscombe	(Resigned 12 January 2019)
CM Marshall	(Resigned 12 January 2019)
Appointed by PCC	

<b>Company secretary</b>	MJ Woodward
--------------------------	-------------

<b>Accountants</b>	David Seeley FCA Chartered accountant Accuo Accounting Limited Chartered Accountants Alvechurch Birmingham B48 7JX
--------------------	--

#### **Events after the end of the reporting period**

The trustees are not aware of any events occurring since the balance sheet date that need to be disclosed.

#### **Small company provisions**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

The trustees' annual report was approved on 12 May 2020 and signed on behalf of the board of trustees by:



Revd J Allcock  
Trustee

# **St Martins Centre for Health and Healing**

## **Company Limited by Guarantee**

### **Independent Examiner's Report to the Trustees of St Martins Centre for Health and Healing**

**Year ended 31 December 2019**

---

I report to the trustees on my examination of the financial statements of St Martins Centre for Health and Healing ('the charity') for the year ended 31 December 2019.

#### **Responsibilities and basis of report**

As the trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### **Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

# **St Martins Centre for Health and Healing**

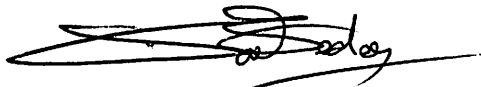
**Company Limited by Guarantee**

## **Independent Examiner's Report to the Trustees of St Martins Centre for Health and Healing** *(continued)*

**Year ended 31 December 2019**

---

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



DAVID SEELEY FCA  
Chartered accountant

Accuo Accounting Limited  
Chartered Accountants  
Alvechurch  
Birmingham  
B48 7JX

23/5/20

# St Martins Centre for Health and Healing

Company Limited by Guarantee

## Statement of Financial Activities (including income and expenditure account)

31 December 2019

		2019		2018
		Unrestricted	Total funds	Total funds
	Note	funds		
		£	£	£
<b>Income and endowments</b>				
Donations and legacies	5	61,835	61,835	46,466
Other trading activities	6	226,302	226,302	164,128
Investment income	7	10	10	6
<b>Total income</b>		<u>288,147</u>	<u>288,147</u>	<u>210,600</u>
<b>Expenditure</b>				
Expenditure on raising funds:				
Costs of raising donations and legacies	8	216	216	234
Expenditure on charitable activities	9,10	255,282	255,282	193,000
<b>Total expenditure</b>		<u>255,498</u>	<u>255,498</u>	<u>193,234</u>
<b>Net income and net movement in funds</b>		<u>32,649</u>	<u>32,649</u>	<u>17,366</u>
<b>Reconciliation of funds</b>				
Total funds brought forward		129,557	129,557	112,191
<b>Total funds carried forward</b>		<u>162,206</u>	<u>162,206</u>	<u>129,557</u>

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

The notes on pages 10 to 18 form part of these financial statements.

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Statement of Financial Position

31 December 2019

		2019 £	2018 £
<b>Fixed assets</b>			
Tangible fixed assets	16	180	653
<b>Current assets</b>			
Debtors	17	17,623	6,289
Cash at bank and in hand		159,132	129,570
		<u>176,755</u>	<u>135,859</u>
<b>Creditors: amounts falling due within one year</b>	18	<u>14,729</u>	<u>6,955</u>
<b>Net current assets</b>		<u>162,026</u>	<u>128,904</u>
<b>Total assets less current liabilities</b>		<u>162,206</u>	<u>129,557</u>
<b>Net assets</b>		<u>162,206</u>	<u>129,557</u>
<b>Funds of the charity</b>			
Unrestricted funds		<u>162,206</u>	<u>129,557</u>
<b>Total charity funds</b>	19	<u>162,206</u>	<u>129,557</u>

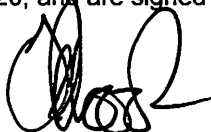
For the year ending 31 December 2019 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

These financial statements were approved by the board of trustees and authorised for issue on 12 May 2020, and are signed on behalf of the board by:



Revd J Allcock  
Trustee

The notes on pages 10 to 18 form part of these financial statements.

# **St Martins Centre for Health and Healing**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements**

**Year ended 31 December 2019**

---

#### **1. General information**

The charity is a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is St Martin's Church, Edgbaston Street, Birmingham, B5 5BB.

The charity is a public benefit entity.

#### **2. Statement of compliance**

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

#### **3. Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

##### **Going concern**

There are no material uncertainties about the charity's ability to continue.

##### **Disclosure exemptions**

The charity satisfies the criteria of being a qualifying entity as defined in FRS 102. As such, advantage has been taken of the following disclosure exemptions available under FRS 102:

No cash flow statement has been presented for the company.

# **St Martins Centre for Health and Healing**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements** *(continued)*

**Year ended 31 December 2019**

---

#### **3. Accounting policies** *(continued)*

##### **Judgements and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

##### **Significant judgements**

The trustees consider there are no judgements (apart from those involving estimations) that management has made in the process of applying the entity's accounting policies and that have a significant effect on the amounts recognised in the financial statements.

##### **Key sources of estimation uncertainty**

Accounting estimates and assumptions are made concerning the future and, by their nature, will rarely equal the related actual outcome. There are no key assumptions or other sources of estimation uncertainty that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

##### **Fund accounting**

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes. Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and may fall into one of two sub-classes: restricted income funds or endowment funds. At present there are no endowment funds.

##### **Incoming resources**

All income is included in the statement of financial activities when entitlement has passed to the charity, it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- income from private practice fees is recognised when receivable
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

# **St Martins Centre for Health and Healing**

## **Company Limited by Guarantee**

### **Notes to the Financial Statements *(continued)***

**Year ended 31 December 2019**

---

#### **3. Accounting policies *(continued)***

##### **Resources expended**

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes VAT as this cannot be recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events and non-charitable trading activities.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.
- All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

##### **Operating leases**

Lease payments are recognised as an expense over the lease term on a straight-line basis. Any aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

##### **Tangible assets**

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. There are no tangible assets carried at revalued amounts,

##### **Depreciation**

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Fixtures and fittings                      -     25% straight line

##### **Defined contribution plans**

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

#### **4. Limited by guarantee**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £1.

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 December 2019

#### 5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2019 £
<b>Donations</b>			
Donations	1,435	—	1,435
<b>Grants</b>			
Albert Hunt Trust	—	—	—
Richard Cadbury Charitable Trust	500	—	500
GJW Turner Trust	2,000	—	2,000
Botteley Trust	—	—	—
29th May 1961 Trust	4,000	—	4,000
Edward and Dorothy Cadbury Trust	1,000	—	1,000
Oakdale Trust	750	—	750
Cole Charitable Trust	1,000	—	1,000
WO Street Zedra Trust	2,500	—	2,500
Richard and Samuel Banner Trust	1,500	—	1,500
Lord Austin Trust	1,000	—	1,000
The Dumbreck Charity	—	—	—
Joan Lamb Charitable Trust	—	—	—
NHS Cross City CCG	—	—	—
The Souter Charitable Trust	3,000	—	3,000
The W.E.D Charitable Trust	—	—	—
Eveson Trust	10,000	—	10,000
The Grimmitt Trust	2,000	—	2,000
George Henry Collins	3,000	—	3,000
Deritend Chapel Endowment	2,700	—	2,700
William A Cadbury Charitable Trust	20,000	—	20,000
Edward Cadbury Charitable Trust	5,000	—	5,000
Sundry grants < £500	450	—	450
	<u>61,835</u>	<u>—</u>	<u>61,835</u>
	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £
<b>Donations</b>			
Donations	2,072	—	2,072

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 December 2019

#### 5. Donations and legacies *(continued)*

	Unrestricted Funds £	Restricted Funds £	Total Funds 2018 £
<b>Grants</b>			
Albert Hunt Trust	—	2,000	2,000
Richard Cadbury Charitable Trust	—	400	400
GJW Turner Trust	—	2,000	2,000
Botteley Trust	—	1,000	1,000
29th May 1961 Trust	—	4,000	4,000
Edward and Dorothy Cadbury Trust	—	—	—
Oakdale Trust	—	—	—
Cole Charitable Trust	—	—	—
WO Street Zedra Trust	—	—	—
Richard and Samuel Banner Trust	—	—	—
Lord Austin Trust	—	1,000	1,000
The Dumbreck Charity	—	1,000	1,000
Joan Lamb Charitable Trust	—	2,475	2,475
NHS Cross City CCG	22,419	—	22,419
The Souter Charitable Trust	—	—	—
The W.E.D Charitable Trust	—	500	500
Eveson Trust	—	—	—
The Grimmitt Trust	—	1,000	1,000
George Henry Collins	—	—	—
Deritend Chapel Endowment	—	1,000	1,000
William A Cadbury Charitable Trust	—	—	—
Edward Cadbury Charitable Trust	—	5,000	5,000
Sundry grants < £500	600	—	600
	<u>25,091</u>	<u>21,375</u>	<u>46,466</u>

#### 6. Other trading activities

	Unrestricted Funds £	Total Funds 2019 £	Unrestricted Funds £	Total Funds 2018 £
Private practice fees	4,341	4,341	25,715	25,715
Counselling fees- individual	31,100	31,100	36,130	36,130
Counselling fees-corporate	1,860	1,860	780	780
Living Well Consortium Contract				
Counselling delivery	92,294	92,294	92,805	92,805
Salary support	—	—	8,698	8,698
Access Clinic	13,330	13,330	—	—
Birmingham and Solihull CCG				
Community Contract	22,491	22,491	—	—
Birmingham and Solihull IAPT Training	60,886	60,886	—	—
	<u>226,302</u>	<u>226,302</u>	<u>164,128</u>	<u>164,128</u>

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 December 2019

#### 7. Investment income

	Unrestricted Funds	Total Funds 2019	Unrestricted Funds	Total Funds 2018
	£	£	£	£
Bank interest receivable	10	10	6	6

#### 8. Costs of raising donations and legacies

	Unrestricted Funds	Total Funds 2019	Unrestricted Funds	Total Funds 2018
	£	£	£	£
Fundraising costs	216	216	234	234

#### 9. Expenditure on charitable activities by fund type

	Unrestricted Funds	Restricted Funds	Total Funds 2019
	£	£	£
Counselling delivery and private practice fees	158,829	–	158,829
Street Level	34,944	–	34,944
Support costs	61,509	–	61,509
	<u>255,282</u>	<u>–</u>	<u>255,282</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2018
	£	£	£
Counselling delivery and private practice fees	98,789	–	98,789
Street Level	1,325	21,375	22,700
Support costs	71,511	–	71,511
	<u>171,625</u>	<u>21,375</u>	<u>193,000</u>

#### 10. Expenditure on charitable activities by activity type

	Activities undertaken directly	Support costs	Total funds 2019	Total fund 2018
	£	£	£	£
Counselling delivery and private practice fees	158,829	59,576	218,405	167,735
Street Level	34,944	–	34,944	22,700
Governance costs	–	1,933	1,933	2,565
	<u>193,773</u>	<u>61,509</u>	<u>255,282</u>	<u>193,000</u>

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 December 2019

#### 11. Analysis of support costs

	Counselling and private practice fees £	Total 2019 £	Total 2018 £
Staff costs	62,961	62,961	66,946
General office	3,050	3,050	1,200
Governance costs	1,953	1,953	2,565
	<u>67,964</u>	<u>67,964</u>	<u>70,711</u>

#### 12. Net income

Net income is stated after charging/(crediting):

	2019 £	2018 £
Depreciation of tangible fixed assets	<u>473</u>	<u>472</u>

#### 13. Independent examination fees

	2019 £	2018 £
Fees payable to the independent examiner for:		
Independent examination of the financial statements	600	600
Other financial services	<u>1,320</u>	<u>1,320</u>
	<u>1,920</u>	<u>1,920</u>

#### 14. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2019 £	2018 £
Wages and salaries	167,247	126,432
Social security costs	12,401	7,751
Employer contributions to pension plans	<u>4,923</u>	<u>2,370</u>
	<u>184,571</u>	<u>136,553</u>

The average head count of employees during the year was 6 (2018: 5). The average number of full-time equivalent employees during the year is analysed as follows:

	2019 No.	2018 No.
Director	1	1
Administration	2	2
Counselling	<u>3</u>	<u>2</u>
	<u>6</u>	<u>5</u>

No employee received employee benefits of more than £60,000 during the year (2018: Nil).

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 December 2019

---

#### 14. Staff costs *(continued)*

##### Key Management Personnel

The charity considers the key management personnel to be the trustees and the Chief Executive. The trustees receive no remuneration and the total employee benefits are £54,000 (2017: £50,000).

#### 15. Trustee remuneration and expenses

- no remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

#### 16. Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 January 2019 and 31 December 2019	<u>16,648</u>
Depreciation	
At 1 January 2019	15,995
Charge for the year	<u>473</u>
At 31 December 2019	<u>16,468</u>
Carrying amount	
At 31 December 2019	<u>180</u>
At 31 December 2018	<u>653</u>

#### 17. Debtors

	2019 £	2018 £
Trade debtors	<u>17,623</u>	<u>6,289</u>

#### 18. Creditors: amounts falling due within one year

	2019 £	2018 £
Trade creditors	3,240	1,990
Social security and other taxes	4,113	1,432
Other creditors	<u>7,376</u>	<u>3,533</u>
	<u>14,729</u>	<u>6,955</u>

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Notes to the Financial Statements *(continued)*

Year ended 31 December 2019

#### 19. Analysis of charitable funds

##### Unrestricted funds

	At 1 January 20 19	Income	Expenditure	At 31 December 2019
	£	£	£	£
General funds	<u>129,557</u>	<u>288,147</u>	<u>(255,498)</u>	<u>162,206</u>

#### 20. Analysis of net assets between funds

	Unrestricted Funds	Total Funds 2019	Total Funds 2018
	£	£	£
Tangible fixed assets	180	180	653
Current assets	176,755	176,755	135,859
Creditors less than 1 year	<u>(14,729)</u>	<u>(14,729)</u>	<u>(6,955)</u>
<b>Net assets</b>	<u>162,206</u>	<u>162,206</u>	<u>129,557</u>

#### 21. Operating lease commitments

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2019	2018
	£	£
Later than 5 years	<u>302,400</u>	<u>322,560</u>

#### 22. Related parties

During the year the charity entered into the following transactions with related parties:

	Transaction value		Balance owed by/(owed to)	
	2019	2018	2019	2018
	£	£	£	£
St Martin's Parochial Church Council	<u>37,366</u>	<u>37,301</u>	<u>(1,287)</u>	<u>(,1377)</u>

There are transactions with the Parochial Church Council of St Martin in the Bull Ring.

(a) The Rector of the church has the power to appoint the chair of trustees and the PCC has the power to appoint up to five trustees to the charity.

(b) The building in which the charity operates is leased from the PCC and the PCC also makes recharges to the charity in respect of a number of services provided; telephone, heat and light, photocopying, and a staff service charge. The amounts charged in the year were £17,206 (2018: £17,141);

(c) The lease is for a period of 20 years, due to finish in 2035 and the annual rent payable is £20,160.

# **St Martins Centre for Health and Healing**

**Company Limited by Guarantee**

**Management Information**

**Year ended 31 December 2019**

---

**The following pages do not form part of the financial statements.**

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Detailed Statement of Financial Activities

31 December 2019

	2019 £	2018 £
<b>Income and endowments</b>		
<b>Donations and legacies</b>		
Donations	1,435	2,072
Albert Hunt Trust	—	2,000
Richard Cadbury Charitable Trust	500	400
GJW Turner Trust	2,000	2,000
Botteley Trust	—	1,000
29th May 1961 Trust	4,000	4,000
Edward and Dorothy Cadbury Trust	1,000	—
Oakdale Trust	750	—
Cole Charitable Trust	1,000	—
WO Street Zedra Trust	2,500	—
Richard and Samuel Banner Trust	1,500	—
Lord Austin Trust	1,000	1,000
The Dumbreck Charity	—	1,000
Joan Lamb Charitable Trust	—	2,475
NHS Cross City CCG	—	22,419
The Souter Charitable Trust	3,000	—
The W.E.D Charitable Trust	—	500
Eveson Trust	10,000	—
The Grimmitt Trust	2,000	1,000
George Henry Collins	3,000	—
Deritend Chapel Endowment	2,700	1,000
William A Cadbury Charitable Trust	20,000	—
Edward Cadbury Charitable Trust	5,000	5,000
Sundry grants < £500	450	600
	<u>61,835</u>	<u>46,466</u>
<b>Other trading activities</b>		
Private practice fees	4,341	25,715
Counselling fees- individual	31,100	36,130
Counselling fees-corporate	1,860	780
Living Well Consortium Contract Counselling delivery	92,294	92,805
Salary support	—	8,698
Access Clinic	13,330	—
Birmingham and Solihull CCG Community Contract	22,491	—
Birmingham and Solihull IAPT Training	60,886	—
	<u>226,302</u>	<u>164,128</u>
<b>Investment income</b>		
Bank interest receivable	10	6
	<u>10</u>	<u>6</u>
<b>Total income</b>	<u>288,147</u>	<u>210,600</u>

# St Martins Centre for Health and Healing

Company Limited by Guarantee

## Detailed Statement of Financial Activities *(continued)*

31 December 2019

	2019 £	2018 £
<b>Expenditure</b>		
<b>Costs of raising donations and legacies</b>		
Other office costs	216	234
<b>Expenditure on charitable activities</b>		
Purchases	15,179	—
Wages and salaries	167,247	126,432
Employer's NIC	12,401	7,751
Pension costs	4,923	2,370
Rent	20,160	20,160
Rates and water	273	451
Light and heat	1,959	3,955
Repairs and maintenance	1,959	500
Insurance	3,701	4,013
Other establishment	332	435
Legal and professional fees	1,920	1,920
Telephone	961	977
Other office costs	7,032	10,849
Depreciation	473	472
Management charges	9,624	9,800
Counselling and volunteer expenses	4,088	390
Book-keeping	3,050	1,200
	—	1,325
	<u>255,282</u>	<u>193,000</u>
<b>Total expenditure</b>	<u>255,498</u>	<u>193,234</u>
<b>Net income</b>	<u>32,649</u>	<u>17,366</u>

# **St Martins Centre for Health and Healing**

**Company Limited by Guarantee**

## **Notes to the Detailed Statement of Financial Activities**

**31 December 2019**

---

	<b>2019</b>	<b>2018</b>
	<b>£</b>	<b>£</b>
<b>Costs of raising donations and legacies</b>		
<b>Costs of raising donations and legacies - Donations</b>		
Fundraising costs	<u>216</u>	<u>234</u>
	<u>      </u>	<u>      </u>
<b>Costs of raising donations and legacies</b>	<u>216</u>	<u>234</u>

# St Martins Centre for Health and Healing

## Company Limited by Guarantee

### Notes to the Detailed Statement of Financial Activities *(continued)*

31 December 2019

	2019 £	2018 £
<b>Expenditure on charitable activities</b>		
<b>Counselling and private practice fees</b>		
<b><i>Activities undertaken directly</i></b>		
Service provision and delivery	15,179	—
Salaries	88,247	47,432
Employer's NIC	3,881	—
Pension costs	973	—
Rent	20,160	20,160
Rates & water	273	451
Light & heat	1,959	3,955
Repairs & maintenance	1,959	500
Insurance	3,701	4,013
Other establishment costs	332	435
Telephone	961	977
Other office costs	7,019	10,204
Depreciation	473	472
Management charges	9,624	9,800
Counselling and volunteer expenses	4,088	390
	<u>158,829</u>	<u>98,789</u>
<b><i>Support costs</i></b>		
Salaries	47,565	57,625
Employer's NIC	6,261	7,751
Pension costs	2,700	2,370
Book-keeping	3,050	1,200
	<u>59,576</u>	<u>68,946</u>
<b>Street Level</b>		
<b><i>Activities undertaken directly</i></b>		
Salaries	31,435	21,375
Employer's NIC	2,259	—
Pension costs	1,250	—
Training courses	—	1,325
	<u>34,944</u>	<u>22,700</u>
<b>Governance costs</b>		
Legal and other professional fees	1,920	1,920
Governance costs - other office costs	13	645
	<u>1,933</u>	<u>2,565</u>
<b>Expenditure on charitable activities</b>	<u>255,282</u>	<u>193,000</u>