

<b>Trustees' Annual Report for the period</b>							
		Period start date			Period end date		
<b>From</b>	01	01	2019	<b>To</b>	31	12	2019

## Section A Reference and administration details

<b>Charity name</b>	ACE YOUTH TRUST
<b>Other names charity is known by</b>	
<b>Registered charity number (if any)</b>	1120282
<b>Charity's principal address</b>	The Parish Office St Oswald's Church School Lane, Ashbourne <b>Postcode</b> DE6 1AN

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Louise Doble	Chair		Trustees
2	Jacqueline Nicholson		Ceased to act 26/12/19	Trustees
3	Christopher Morison		Ceased to act 26/12/19	Trustees
4	Philip Michell			Trustees
5	David Holman	Treasurer	Ceased to act 27/02/20	Trustees
6	Susan Miller		Ceased to act 20/07/20	Trustees
7	Robert Woore			Trustees
8	Helen Wainwright			Trustees
9	Alison Klein			Trustees
10	Robert Morton		Appointed 10/07/19	Trustees

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Declaration of Trust dated 15 <sup>th</sup> May 2006 and Deed of Amendment dated 18 <sup>th</sup> July 2010
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

Advancement of the Christian Faith within the areas of Derbyshire/Staffordshire, in particular but not exclusively among children and young people aged 11-19 resident in the Queen Elizabeth's Grammar School catchment area, the Weaver Ward of East Staffordshire, or surrounding areas, by the provision of recreational / leisure time activities and support / guidance intended to help them grow as individuals and improve their quality of life.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

The Trustees have had regard to the guidelines issued by the Charity Commission on public benefit and are satisfied that ACE Youth Trust confers a public benefit. The charity provides a range of free services within the scope of its charitable objects to young people aged 11 to 19 particularly to those who are identified as vulnerable, disadvantaged and disabled children and young people living in the Derbyshire Dales and East Staffordshire. In shaping its services ACE Youth Trust considers how the individual needs of the young person whether by reason of special need, social deprivation or disability can best be met to reduce social isolation, improve emotional and mental health, build confidence, self-esteem and self-reliance to prepare them for life at school, college and work and living in the wider community. By so doing ACE activities achieve outcomes that are positive not only for the individual young person but also impact on their families and the wider communities in Derbyshire Dales and East Staffordshire. The cost to society of supporting young people referred to ACE is significant and is ameliorated by the free services offered by ACE. All services are paid for by grants, donations and fundraised income. The charity is managed and operated by the trustees. In addition, a significant amount of operational work is undertaken by unpaid volunteers. The organisation makes use of community facilities and community resources wherever possible.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

ACE is largely run and managed by a team of trained and DBS checked volunteers. Without their dedication and hard work ACE would not be able to provide their services to vulnerable and disadvantaged young people for 48 weeks of the year. In 2019 the total number of volunteer hours offered to ACE exceeded 5,000 hours. This enabled ACE to offer a range of group projects and 1-2-1 services to local children and young people.

### Summary of the main achievements of the charity during the year

ACE Youth Trust delivers life changing youth work, providing high quality pastoral support and youth services to young people who are vulnerable, disadvantaged, disabled and hard to reach, living in the rural communities in and around Ashbourne. ACE has made a significant impact on young people's lives providing opportunities for those who are socially isolated to accept support and helping them to continue in education, access college, work experience placements or employment. The services provided have grown steadily and today we support on average 50+ young people at any one time. Young people are referred to ACE by statutory organisations including Derbyshire County Council's Children & Young People's Services (Early Help Team and Social Care), local schools, safer neighbourhood policing team and other voluntary organisations. Young people aged 16+ only may self-refer.

ACE provides a range of services which are targeted to meet the individual needs of the young people including pastoral support, one to one mentoring, recreational and leisure activities, opportunities for socialisation, support for schooling, training and coaching as well as practical help and advocacy for those who are not in education, employment or training (NEETs) e.g. with job applications, benefit claims, work experience placements, interviews, advice and guidance and for Education Health and Care Plans. Our projects and services delivered to children and young people include:

**A Team** delivers targeted group activities to young people at risk of exclusion from school, mainstream services and society to address anger and aggression. The project is delivered by staff and volunteers.

**ACE Club 7** provides nurture group therapy to vulnerable children in Year 7 to assist with the transition to secondary school. The project is delivered by staff and volunteers.

**Friday Club** offers nurture group therapy to vulnerable children in Year 6 who are expected to struggle with the transition to secondary school. The project is delivered by staff and volunteers trained in nurture therapy.

**Hardship Fund** provides small grants to help disadvantaged local young people struggling to pay for travel to/from college or job interviews, school meals, educational materials and basic personal hygiene needs.

**Homework Club** offers learning support to young people struggling at school or in need of additional support with preparation for examinations. The project is led and staffed by volunteers.

**spACE4u** delivers 1:1 therapeutic service to young people affected by trauma and poor emotional and mental health and group therapy work on anxiety and anger management. The project is delivered by a qualified therapeutic worker.

**Wednesday Club** delivers recreational and leisure activities and much needed opportunities for socialisation to 11-16-year olds on referral basis. Weekly sessions run throughout the school term and school holidays. The project is delivered by staff and trained volunteers.

**1-2-1 Mentoring** delivers one-to-one support to vulnerable young people struggling to integrate into school, family life and society and facing challenges to their wellbeing. Mentoring takes the form of listening, supporting, befriending, encouraging, and guiding vulnerable young people. The project is delivered by staff and trained volunteers.

**16+** provides one-to-one and group support to 16-19-year-old NEETs (young people not in education, employment or training) and or with additional needs. The project is delivered by staff and volunteers.

This wide range of services is managed and run by a team of 30+ volunteers with support and professional direction from our paid sessional youth workers and therapist and with the assistance of a part-time project coordinator. ACE targets its services at children and young people facing troubling and serious issues such as poverty, poor family/peer relationships, instability at home, being a carer, being a care leaver, involved in youth offending, anti-social behaviour, bullying, truancy, missing education, alcohol/substance misuse, self-harm, suicidal thoughts, depression, low self-esteem, mental health issues, ADHD/disruptive behaviour and social exclusion. Some have additional needs including autism and other learning disabilities. Typically, for the young people we work with, quality of life is poor, and the future is uncertain, particularly for those who are struggling with social isolation and lacking in confidence. Without ACE's help, many of these young people would find it impossible to sustain effective relationships, engage in education, employment or training, access services such as benefits and health which in turn leads to low self-esteem and poor life skills. Therefore, they are at risk of developing a long-term dependency on expensive State interventions.

The demand for our services continues to grow along with the extent and complexity of the needs of the young people we are encountering. Of the 59 cases open at the end of November 2019, the array of diagnoses and social care status was as follows:

- 5 x ADHD
- 13 x Autism Spectrum Disorder
- 1 x Anger Management
- 8 x Anxiety
- 1 x Cancer
- 1 x Cerebral Palsy
- 1 x Child in Need
- 2 x Child Protection Plan
- 1 x Crohn's Disease
- 3 x Domestic Abuse/Family Breakdown
- 2 x Dyslexia
- 1 x Dyspraxia
- 1 x Eating Disorder
- 5 x Emotional/Mental Health
- 1 x Foetal Alcohol Syndrome
- 3 x Looked After Child
- 7 x PTSD
- 3 x Social Care

ACE recruits, trains and supervises volunteer mentors who operate under the professional supervision and guidance of our qualified workers and offer a range of mentoring, advocacy and practical help through the project structure.

For example, during 2019 a pool of 28 trained and DBS checked volunteers led by a qualified youth leader and support worker delivered 47 Wednesday Club sessions providing 137 hours of support between January and December 2019. The project, which is mostly funded by BBC Children in Need, has provided a referral-only weekly youth group for vulnerable and disadvantaged young people offering a safe space for socialisation and support through structured activities. A qualified nurture therapy worker has been present at most sessions to deliver 1-2-1 support as needed and work on integration strategies. During term time, sessions

ran after school from 4pm to 5:15pm. Extended after school sessions were arranged for outdoor activities such as Birds of Prey experience, visits to Ashbourne Leisure Centre for squash and racket ball which took place in 3 hours. The Christmas Party also took place after school over 4 hours. During school holidays, 4 full day sessions and 5 half day sessions were offered to allow for trips to Manchester, The Potteries Stoke-on-Trent and Jodrell Bank, Peak District, Staffordshire Moorlands and the cinema and fish and chips in Derby. Sessions and holiday activities have included: World Tour Challenge, Burns Night celebration, sponsored Rowathon, Chinese New Year food tasting, self-defence class, Shrovetide Football, two cinema outings, Oxfam trading game, budding artists competition, Birds of Prey experience, magic hour with magician, It's a Knock Out, archery, orienteering, high ropes, bottle rockets, grow your own tomatoes, pasta making, mini Olympics, Professor Morton's Blastlab, ceramic pot making, visit to Sea Life Manchester and Manchester Science & Industry Museum Power Up, visit to local butchers to make burgers, walk along the Tissington Trail, visit to historic village sweetshop, fish and chips at George's Famous Fish Restaurant, visit to Wedgwood Factory for pot throwing, visit to Jodrell Bank, fishing, farm visits, walking in Beresford Dale, games and quizzes, making finger puppets, caring for ourselves, taster squash session, racket ball, plastic recycling project, e-safety, Dragon's Den for the Planet, caring for our teeth, first aid, sponsored exercise bike session, Toastmasters public speaking challenge and a Christmas Party at Megazone Derby involving laser tag and party tea funded by Ashbourne Partnership Charitable Trust.

Of the 59 children and young people who attended the project, 49 were aged 10-15 and 10 were aged 16 to 18. As a result of attending, over 93% have experienced significant or some reduction in social isolation and improvement in mental health and wellbeing, improved confidence and self-esteem and developed independence and self-reliance.

1-2-1 work has covered interview skills, CV writing, support with arranging work and college experience placements and part-time work, psychotherapeutic intervention, online safety, contraception, substance/alcohol misuse, pregnancy support and advice.

Staff observed improvements in behaviour, engagement and mood alongside reduced anxiety and anger plus a willingness to empathise and help each other. Young people's comments included 'feeling relaxed and calmer', 'feeling happy', experiencing 'kindness', 'laughter and joking', 'feeling confident'. Noted improvements in positive language, eye contact, turn taking, peer relationships, curiosity, and willingness to experiment, evidenced by socially affirming language in feedback, were recorded.

Young person C (12) ADHD, temporary school exclusions, and social isolation. Significant progress in socialisation, joining in rather disrupting, listening rather than interrupting, calmer, has shown consideration for others, positive impact on his mental well-being and confidence: *"I like Wednesday Club because I am calm. I really enjoy it. It makes me feel relaxed and calmer. It puts me in a different place. It makes me feel happy."*

Young person A (12) autism, anxiety. Real strides in socialisation, confidence, and mental wellbeing, marked improvement in communication skills. *"I love Wednesday Club. It is really good because I get to express my thoughts to people. I can actually let it out. Hanging out with everyone is fun. It's a very good place to talk to people about how you feel. It has made me feel a lot better and calmer and sharing my thoughts about how I feel about school is really helpful."*

Young person A (13) autism, withdrawn and socially isolated. Significant improvements in his mental and emotional health, confidence, and self-

esteem, more independent now walking alone without Mum. *"I get to chat with people, do fun things, hang out with young people, play games – pretty much all my favourite things I get to do at ACE. Coming to ACE makes me feel sociable and happy. I get quite excited at school when it's Wednesday and I know I'm coming here. Mum has noticed quite a lot that I got more confident since I came to ACE. I felt a lot happier here. I learned how to do CPR when we did first aid. I learned about caring for animals. I went on a fishing trip. I like to walk here by myself now."*

Young person B (13) PTSD witnessed Mum attempted suicide, child in need withdrawn, disengaged. B has shown improvements in his mental health, relationships with others, and self-esteem. *"Wednesday Club gives me a chance to do things I've never done before and to meet people so I can make friends. It's so good when we do activities. I went to everything in the summer holidays. My favourite was the fishing. I touched a fish. It made me feel good because I never thought I'd catch anything. ACE makes me feel happy. I've got more new friends at school since I came to ACE. I can talk to someone if I need to which is really good. I was nervous when I first came. Now I don't feel nervous."*

Young person L (15) PTSD CSE, anxiety, low self-esteem, L has low school attendance and concerns regarding her behaviour. 91% attendance; significant progress in self-esteem, confidence, emotional and mental health and positive engagement with others. *"Last year I was scared to do anything. ACE has boosted my confidence. I am really proud of myself. I was able to do the fishing trip. I am so scared of water. I especially liked all the trips. I will never forget all of the ACE people, what we did. I was so happy spending time with ACE, having fun with people I would never normally talk to. I've enjoyed every session. It means so much to me coming to ACE."*

Young person C (15) autism, anxiety, low confidence. 85% attendance. *"ACE gets me out of the house. As soon as I know it's on I'm straight out of the door. It's very calming. I shall never forget the trips. Manchester was brilliant. I loved MSIM Power Up. I really enjoyed the fishing; it was something totally new to me. At ACE I get to take the lead. I don't want to ask to do that in school."*

Volunteers provided 637 hours of voluntary time in 2019 to the efficient and effective running of the Wednesday Club. Some volunteers attended and worked at 30+ sessions and attended evening and weekend training courses on safeguarding, certified first aid, child protection and nurture therapy. The volunteers also complete project feedback and record their observations outside of session time. This dedication is indispensable and invaluable to ACE and a measure of the commitment provided by members of the local community.

We have actively encouraged young adults leaving our projects to take on voluntary responsibilities within their abilities to facilitate their continuing growth and personal development. We trained 2 young adult volunteers from our previous cohort in 2019 and hope to train a further 2 in 2020.

On 22 June 2019 ACE Youth Trust was awarded the **Queen's Award for Voluntary Services** in recognition of the volunteer contribution. Volunteers attended a tea party and an award ceremony at St John's Church Ashbourne. Young people made clay figures as personal thank you keepsakes during a Wednesday Club session in 2019 as a mark of appreciation.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The charity's policy is to maintain reserves equivalent to 12 months operating cost. In this way the Trustees aim to ensure that funds will be available to continue to provide services to support the needs of young people for a reasonable period, if there is a failure or shortfall in funding.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

During 2019 the principal sources of funding for our projects were:

- BBC Children in Need - Wednesday Club
- The Ernest Hecht Charitable Foundation – A Team
- Hedley Foundation – A Team
- Ashbourne Town Council – Friday Club
- Derby Mercia Rotary Club – ACE Club 7
- Ashbourne Rotary Club – ACE Summer Holiday Programme
- spACE4u - Derbyshire County Council

During 2019 the following fundraising events were organised:

- Dogs on Bees – Live Band Evening Event
- ACE Spring Raffle

## Section F

## Other optional information

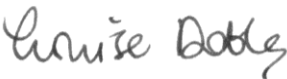
## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees



<b>Signature(s)</b>		
<b>Full name(s)</b>	Louise	Doble
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	7 October 2020	

**ACE YOUTH TRUST**

Registered Charity No. 1120282

**Statement of Financial Activities for the 12 months ended 31 December 2019**

	Unrestricted Funds	Restricted Funds	Total Funds 2019	Total Funds 2018
	£	£	£	£
<b>INCOMING RESOURCES (Receipts)</b>				
Tax Efficient Planned Giving	3,416.00		3,416.00	3,404.00
Other Planned Giving	1,260.00		1,260.00	1,270.00
Other Gift Aided Donations	348.77	50.00	398.77	1,534.20
Unrestricted Donations	2,382.71		2,382.71	1,795.00
Restricted Donations		12,179.54	12,179.54	610.00
QEGS A Team contribution		2,175.68	2,175.68	0.00
QEGS 1-2-1 contribution	1,939.16		1,939.16	0.00
Grant from Children In Need		12,000.00	12,000.00	10,000.00
Grant from National Lottery Awards for All			0.00	9,992.00
Grant from Derbyshire County Council			0.00	10,000.00
Grant from Ashbourne Town Council		1,131.00	1,131.00	0.00
Grant from Woodruffe Benton		500.00	500.00	0.00
Grant from Hedley Foundation		680.00	680.00	0.00
Grant from Merlin's Magic Wand		200.00	200.00	2,100.00
Tax Recovered through Gift Aid	0.00		0.00	361.13
Fund-raising	2,924.93		2,924.93	2,438.30
Bank Interest	34.00		34.00	13.60
Other Incoming Resources/Miscellaneous Income	0.00		0.00	0.00
<b>TOTAL INCOMING RESOURCES</b>	<b>12,305.57</b>	<b>28,916.22</b>	<b>41,221.79</b>	<b>43,518.23</b>
<b>RESOURCES EXPENDED (Payments)</b>				
Fees	6,861.70	22,024.77	28,886.47	22,290.78
Travel & Mileage	2,164.87	1,723.24	3,888.11	2,271.59
Telephone & Postage	893.01	0.00	893.01	831.82
Food & Subsistence	462.90	0.00	462.90	299.55
Insurance	706.79	353.40	1,060.19	1,012.93
Computer costs, Printing & Stationery	630.42	0.00	630.42	386.22
Training & Certification	2,602.71	1,100.00	3,702.71	2,365.25
1-2-1 Mentoring	1,085.39	200.00	1,285.39	0.00
ACE Wednesday Club		5,347.05	5,347.05	3,747.34
Hardship Grant		448.47	448.47	609.53
16+ Project	243.33	100.00	343.33	650.58
Friday Club		667.87	667.87	725.89
Homework Club		156.05	156.05	24.10
spACE4u		76.75	76.75	0.00
The A-Team		2,595.71	2,595.71	135.40
ACE Club 7		584.53	584.53	0.00
Fundraising Expenses	111.50		111.50	39.38
Public Relations	0.00		0.00	0.00
Miscellaneous Expenses	0.00	0.00	0.00	41.39
<b>TOTAL RESOURCES EXPENDED</b>	<b>15,762.62</b>	<b>35,377.84</b>	<b>51,140.46</b>	<b>35,431.75</b>
<b>SURPLUS/(DEFICIT) OF INCOMING RESOURCES OVER RESOURCES USED</b>	<b>(3,457.05)</b>	<b>(6,461.62)</b>	<b>(9,918.67)</b>	<b>8,086.48</b>

**STATEMENT OF ASSETS & LIABILITIES AT 31 DECEMBER 2019**

<b>Current Assets</b>			
Cash at Bank			
NatWest Current Account		22,884.27	32,836.94
NatWest Reserve Account		17,069.23	17,035.23
Cash in hand		0.00	0.00
		<b>39,953.50</b>	<b>49,872.17</b>
<b>NET MOVEMENT IN FUNDS</b>			
Balance brought forward at 1 January 2019		49,872.17	41,785.69
Incoming Resources		41,221.79	43,518.23
Resources Expended		51,140.46	35,431.75
<b>Balance carried forward at 31 December 2019</b>		<b>39,953.50</b>	<b>49,872.17</b>

**FUNDS**

Unrestricted		27,870.68	
Restricted			
ACE 1-2-1 Mentoring Project	500.00		
ACE Hardship Fund	846.92		
ACE Wednesday Club	743.44		
ACE 16+ Club	0.00		
ACE Friday Club	2,724.68		
Homework Club	129.52		
spACE4u	6,258.51		
The A-Team	81.42		
ACE Club 7	798.33	12,082.82	
		<b>39,953.50</b>	

David Holman (Treasurer)

## **Independent examiner's report to the trustees of ACE Youth Trust**

I report to the trustees on my examination of the accounts of the ACE Youth Trust (for the year ended 31 December 2019

### **Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination and can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Jane Stoney, ACMA  
Green Cottage, Kniveton,  
Ashbourne. DE6 1JJ

Date: 1 April 2020