

2019 TRUSTEES' ANNUAL REPORT

AND

**INDEPENDENTLY EXAMINED CONSOLIDATED
FINANCIAL STATEMENTS FOR THE YEAR ENDED
31 DECEMBER 2019**

FOR

THE INTERNATIONAL CONTINENCE SOCIETY

INTERNATIONAL CONTINENCE SOCIETY

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FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

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Reference and Administrative Details of the Charity, its Trustees and Advisors

Company Number	3589542
Registered Charity Number	1074929
Registered Office	Bath House, 6-8 Bath Street, Bristol, BS1 6HL,
Correspondence Address	19 Portland Square, Bristol, BS2 8SJ
E-mail	info@ics.org
Website	www.ics.org
Telephone	+44 (0) 117 944 4881
General Secretary appointed	David Castro Diaz – 3 year term began 05/09/19.
Treasurer appointed	John Heesakkers (3 year term)
Trustee appointed	Philip Van Kerrebroeck (3 year term)
Trustee appointed	Lori Birder (1 year co-opted term)
Trustee reappointed 30/08/18	Cristina Naranjo-Ortiz, 3 year term
Trustees appointed 14/09/17	Mauro Cervigni; Carlos D’Ancona; Alex Lin, Marcus Drake (3 year terms)
Trustee term concluded	Sherif Mourad (3 year General Secretary term ends), Jerzy Gajewski (3 year Treasurer term ends), Alex Digesu (3 year term ends)
Company Secretary	Daniel Snowdon (appointed 14/01/2011)
Independent Examiner	K Casling of Haines Watts, Bath House, 6-8 Bath Street, Bristol BS1 6HL
Solicitors	Veale Wasbrough Vizards, Orchard Lane, Bristol BS1 5WS
Bankers	NatWest Bank, Filton Bristol Branch, PO Box 182, 4 Church Road, Bristol BS99 5AA
Investment Managers	Crystal Wealth Management LLP

Staff

Daniel Snowdon	Executive Director
Dominic Turner	I.T. Director
Avicia Burchill	Projects and Events Manager – part time
Ashley Brookes	Senior Analyst Programmer
Roger Blackmore	Flash Developer/Graphics Designer
Robert Lewis	Video Editor / Post Production Assistant
Jennifer Ellis	Projects and Events Coordinator
Tracy Griffin	Administrator and Membership Secretary – part time
Beth Clement	Administrator (appointed 22 July 2019)
Leah Collis	Administrator (left employment 19 July 2019)
Sarah Ashworth	Bookkeeper - self-employed
Sarah Waters	Bookkeeper - self-employed

ICS Honorary Members

Peter Caldwell	(Deceased)	Patrick Bates	Pieter Donker	(Deceased)
Peter Gammelgaard	(Deceased)	Eric Glen	Axel Ingelman-Sundberg	(Deceased)
Guus Kramer		David Rowan (Deceased)	Paul Abrams	



Walter Artibani
Sender Herschorn
Linda Cardozo
Jerzy Gajewski

Jacques Corcos
Karl-Erik Andersson
Ted Arnold
Helmut Madersbacher

Jo Laycock
Adrian Wagg
Sherif Mourad

What is the International Continence Society and what does it do?

The International Continence Society (ICS) is a membership society for professionals working in the field of incontinence.

The objectives for which the Charity has been established are:

- To strive to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.
- To raise public awareness of both urinary and anal incontinence, and other functional abnormalities, including obstruction and pain, and the fact that it can be corrected, improved or at least better managed, and to enhance the knowledge and skills of health professionals involved in prevention and management of incontinence and thereby to improve the standard of healthcare delivery.

ICS Mission Statement

The International Continence Society is a registered charity with a global health focus which strives to improve the quality of life for people affected by urinary, bowel and pelvic floor disorders by advancing basic and clinical science through education, research, and advocacy.

The trustees have had regard to Charity Commission guidance on public benefit. Considerable **public benefit** arises from the work of the ICS. With regard to the general public, significant and often harmful misunderstandings and stigma still surround relevant medical conditions. The ICS works to break down this stigma. With regard to healthcare professionals, their knowledge and skills are increased, to the benefit of current and future patients, by the dissemination of knowledge and sharing of best practice at events such as the ICS annual international scientific meeting and the workshops and courses it facilitates (many of which are offered for free). The ICS continues to allow free access to the majority of the ICS website to allow non-ICS members to utilise the vast database of incontinence research now held within it. For those interested in becoming members of the ICS, the membership fee remains affordable and a host of benefits are included. It is in this regard that the ICS Board of Trustees has considered the public benefit. The ICS clearly fits the Charities Act aims of advancement of education and of health or the saving of lives. The ICS has members in over 70 countries and is therefore helping individuals suffering from incontinence related issues on a global level.

Scientific knowledge and expertise on incontinence issues is exchanged between the multi-disciplinary medical professionals through the various forums which the ICS provides, including the Annual Scientific Meeting, news articles and publication of research through journals. Best practices from countries with established continence awareness programmes are shared with others who are trying to set up continence programmes within their country, hospital or clinic. With the dissemination of research on incontinence treatment, the direct beneficiaries are the patients of those individuals who are members of the ICS or those who attend our congresses and courses.

The key objectives for 2019 were to hold a successful annual meeting in Gothenburg, to maintain the ICS membership at 3,000 or more members, to set up and develop new strategic partnerships, to review and implement a revised investment strategy, and to ensure clearer access to core ICS documents for the ICS community.

Strategic efforts will continue to advance the educational output of the ICS, mainly through the implementation of ICS TV, the ICS Institute and the continued update and production of ICS standardisation reports. The financial planning and controls for the society will continue to be reviewed to ensure strategies are fit for purpose.

History:

With Peter Caldwell as president, Shedden Alexander as vice president and Eric Glen as the organising secretary, the inaugural meeting of the Continent Club was held in Exeter in 1971. Over 60 participants attended the meeting from several countries and it was hailed as a great success, both scientifically and socially.

At the third ICS conference held in Copenhagen in 1973, Tage Hald was elected first Chair of the ICS Standardisation Committee. His committee published the first ICS reports between 1976 and 1981. The Society has gone on to publish many reports and retains the copyright, enabling them to be published in a range of international journals.

In 1998 the ICS was set up as a UK Charity under the guidance of Paul Abrams and now boasts a membership of over 3,000 from 70 different countries covering many disciplines: physicians, surgeons, nurses, physicists, physiotherapists, bio-medical engineers and basic scientists. The founding members agreed that the ICS should meet annually with a different meeting chair and venue each year. This Annual Meeting remains today one of the most valued dates in the urological and gynaecological calendars, attracting in excess of 2,000 delegates from all corners of the globe.

Structure, Governance and Management

Board of Trustees

The ICS Board of Trustees is required to meet twice a year and is responsible for:

- The long-term direction of the ICS
- The development of new projects in line with the charitable aims of the ICS
- Ensuring the Society's charitable aims and objectives are met
- Inspection of the annual accounts
- Ensuring suitable accounting policies are established and applied consistently
- Monitoring and reporting the financial position to membership
- Safeguarding the assets of the Charity and applying them properly
- Ensuring the ICS is operating efficiently and effectively
- Ensuring proper records and reliable financial information are maintained
- Establishing the method, policies and procedures for recruitment, appointment, induction and training of new Trustees

All nominated candidates for Trustee positions will receive documents outlining their duties, responsibilities and any risks pertaining to the role of Trustee. The Nominations Committee will review all candidates for their suitability, prior to their nominations being put to the membership.

Management Structure

The ICS is a Company Limited by Guarantee governed by Articles of Association, together with regularly updated Bylaws. These reflect the current activities of the Charity. In the event of the company being wound up members are required to contribute an amount not exceeding £1.

The directors of the company are also charity trustees for the purposes of charity law. As a UK Registered Charity, the ICS Trustees are ultimately responsible for the Charity and its affairs. However, the ICS has a management structure and Bylaws which ensure that members have sufficient input on all decisions within the ICS. The Board of Trustees reflects the multi-disciplinary aspects of the society.

Under supervision of the Trustees and the General Secretary in particular, day-to-day management of the Charity, its trading subsidiary and office staff, is delegated to the Executive Director and the IT Director. The Executive Director is a full-time employee and reports directly to the Trustees who are ultimately responsible for the management and finances of the ICS, as well as the review and approval of administrative procedures implemented by the Executive Director.

ICS Committees 2019

The following committees focus on the different aspects of the ICS and through the direction of the Board of Trustees undertake projects to assist the Board to achieve its overall strategy and Charitable aims:

- ICS Children and Young Adults' Committee
- ICS Developing World Committee
- ICS Education Committee
- ICS Ethics Committee
- ICS Meetings Committee
- ICS Neurourology Promotion Committee
- ICS Nursing Committee
- ICS Physiotherapy Committee
- ICS Publications and Communications Committee
- ICS Scientific Committee
- ICS Standardisation Steering Committee
- ICS Urodynamics Committee

A chair for each of the above-mentioned committees is elected by electronic membership ballot, to hold office for three years (with the exception of the Meetings Committee where the General Secretary is always the Chair). Further information about the remit of each committee can be found on the ICS website.

Related Parties

The wholly owned subsidiary Conticom ICS Limited was established to undertake the commercial trading activities of the Charity. Conticom ICS Limited gift aids its profits to the Charity.

Risk Management

The Trustees have implemented a formal risk management process to assess business risks and implement risk management strategies.

The Trustees have identified the types of risks the Charity faces, and have prioritised them in terms of potential impact and likelihood of occurrence, and identified, where possible, means of mitigating the risks. The adequacy of internal controls is reviewed and costs of implementing new controls compared to benefits obtained and implemented, if agreed. Procedures have been established for immediate reporting of failure to appropriate levels of management and to the Board of Trustees.

The task of monitoring the financial control systems and procedures of the Charity is delegated to the ICS Treasurer (Jerzy Gajewski to Sept 2019, followed by new Treasurer John Heesakkers on a three year term). In conjunction with the Executive Director and the ICS Accountants (Haines Watts Accountants [Bristol] Limited), the Treasurer reviews and reports to the Trustees on the working of these systems and procedures in relation to the wider issue of managing major risks identified as arising from or in connection with the activities of the Charity.

The Trustees continue to keep under review the adequacy of our systems which are, in our opinion, appropriate for the Charity at present. The reserves policy requires the ICS to retain running costs for two future years plus £100,000 in case of unforeseen liabilities.

The Trustees continue to judge that an area of risk requiring particular attention is the ICS Annual Meeting, where possible cancellation or postponement due to terrorist attacks or natural disasters is a major concern. The Charity has passed on the major risk to our permanent Congress Organiser (Kenes International) who, from 2008, has borne the financial risk of any cancellation or postponement. The Trustees also ensure that adequate levels of insurance are sought for each event. A risk reduction has been realised through the agreement to have 4 out of 5 annual meetings in Europe or North America. These continents offer the best chance of reaching a sustainable surplus level, from which much of the activity and support costs of the ICS are funded.

Although all efforts are made to ensure the administration of the ICS could continue efficiently should certain key members of staff leave or be absent for any length of time, the positions of Executive Director and IT Director are of particular importance.

With regard to the Society's finances, the bookkeeper and Accountants are fully aware of the current status and systems used and could take over from the Executive Director in this regard in an emergency. A selected group of the Trustees and the Executive Director are all signatories to the Society's accounts and therefore the accounts can be maintained.

With regard to IT systems, the IT Director has documented all design and maintenance work to ensure that another IT specialist could take over in an emergency. All systems and the ICS website are backed up and stored off site.

Wherever possible, ICS office staff are trained and briefed in all office procedures. All email communications are also filed for historical purposes.

Objectives and Activities

The strategies employed in the year to achieve the objectives of the Charity were:

- Following a strategic Board review meeting in February 2017 the trustees agreed the primary strategic aim for 2017 – 2022 is for the ICS “to be the global home of science and clinical education for LUTS, Incontinence and Pelvic Floor Disorders”.

- To host a successful Annual Scientific Meeting in Gothenburg, Sweden resulting in a surplus, and a high quality congress which will continue to secure the status of the ICS as the premier international multidisciplinary conference on continence.
- To set up and develop new strategic partnerships with individuals and organisations.
- To maintain the ICS membership at 3,000 or more members.
- For the Board to review and implement a revised investment strategy,
- To ensure clearer access to core ICS documents for the ICS community.
- To continue and consolidate ICS projects and initiatives such as the production of Standardisation reports, the delivery of Educational Courses and the provision of Awards and Fellowships.

Executive Summary

The ICS ran a very successful annual meeting in Gothenburg. The meeting continued the four day programme format, with integrated workshops and scientific presentations. Educational technology was embraced with e-posters and a meeting mobile application again made available to all delegates. Post meeting evaluation scores rated the meeting very highly, with over 90% indicating they would attend another ICS meeting.

The ICS, primarily through the Education Committee, was involved in close to 30 educational events, either with guest lectures or as part of the formal programme as an add-on course. In many cases funding was not required for speakers as they were part of the faculty or were able to attend by other means of support. The presentations offered the public benefit of expert educational presentations to a wide range of medical trainees and professionals.

An ongoing strategic aim for the ICS is to increase the quality and quantity of ICS scholarly output. There has been further positive progress in this area during 2019. The ICS Standardisation Steering Committee has numerous working groups currently working on new or updated ICS standardisation reports. The majority of these are expected to be published in the society's journal (Neurourology and Urodynamics) throughout 2019-2022. The Urodynamics Committee continues to focus on developing and publishing teaching modules. The ICS is placing greater emphasis on the production of educational content in various formats. The ICS Institute website was created to host the vast educational content of the ICS, which includes an increasing number of filmed content and interviews with key opinion leaders. The Institute orders its content into Schools of study in order to more clearly categorise ICS content for users. ICS TV is a repository for hundreds of educational videos, including abstract and workshop presentations from our annual meeting. Much of the content is open access to ensure public benefit. ICS members receive exclusive access to state of the art and custom content as a benefit of membership.

The ICS again exceeded 3,000 members, with a total of 3122 members for 2019. This continues to meet a strategic aim to consolidate and sustain a core ICS membership of 3,000 or more.

The ICS awarded 22 awards or fellowships to international applicants, in accordance with the charity's objectives and goals for public benefit and education. 'Best in Category' awards were again offered for scientific excellence at the annual meeting: 20 of these awards were given.

In financial terms the charity closed the year in with an expected deficit position due to the low surplus received from ICS 2018 (Philadelphia). The year-end figures ensure that the carried forward funds are within the set reserves policy, therefore ensuring the ongoing financial health of the charity. This is

important given the ongoing unpredictable nature of running a major annual international event. The Board resolved to limit the risk of ICS annual meeting income by changing the rotation policy to ensure that ICS is in Europe in alternate years.

Achievements and Performance

ICS Annual Scientific Meeting 2019

The ICS Annual Meeting remains the main focus of the ICS and consists of a scientific programme selected from submitted abstracts, along with workshops, courses, committee meetings as well as the ICS Annual General Meeting.

The 49th Annual Meeting of the ICS took place in Sweden, Gothenburg. The meeting was attended by 1,949 delegates. This was close to expectations and is seen as a good result given the reduction in funding for many delegates to attend international events held over multiple days. The diversity of delegates, with over 65 countries represented, proved the enduring international appeal of ICS meetings.

Over 300 abstracts on the latest research in the field were chosen by the ICS Scientific Committee to fill the 3-day scientific programme with podium, poster, and video presentations. The initiative of e-poster presentations was continued which allowed over 200 authors to present their work within this new format. The consistently high quality education programme consisted of 38 workshops, chosen from 61 applications. The many excellent educational and scientific sessions covered different aspects of urinary, bowel and pelvic floor disorders.

The Scientific Committee continued the strategy of providing programme ‘tracks’ to ensure that delegates would always have some content of interest or relevance at any point in the programme.

Our full thanks go to Ian Milsom (Meeting Chair), Adrian Wagg (Local Scientific Programme Chair), and the whole Gothenburg local organising committee for their hard work and commitment to ensuring that ICS 2019 was a scientifically successful and memorable meeting. Evaluation scores were glowing in all categories. Thanks are also due to the ICS office staff, ICS committees and the ICS meeting organiser, Kenes International.

The wholly owned subsidiary of the Charity, Conticom-ICS Limited, operates the Annual Meeting and the profits are donated to the ICS each year where a surplus has been made.

Awards and Fellowships

The ICS continued to make awards or fellowships available to all ICS members with a view to improving the public benefit in supporting younger or less advantaged persons in their medical/health studies. The ICS offered the following: twelve scholarships and eleven conference travel awards. The reviewers emphasised awarding persons from less developed countries, although worthy candidates from more developed countries were also included.

The lifetime achievement award was presented to Helmut Madersbacher at the ICS 2019 annual dinner. Helmut joined the ICS in 1973, following his attendance at the society’s 3rd annual meeting in Copenhagen. He has continued his membership ever since that date and has only missed two annual meetings. In 1984 he chaired the 14th ICS Annual Meeting in Innsbruck and throughout his long term membership of his society he held roles on the Board, Education Committee and Neurourology Committee. Helmut accepted the award with his typical good grace and charm. Part of his acceptance

speech included him playing back humorous music used long ago when trying to keep presenters to time.

Jerzy Gajewski was also awarded Honorary Membership in recognition of his outstanding and long term contribution to ICS as trustee, annual meeting chair, scientific contributor and member.

Educational Courses 2019

The ICS Education Committee has continued a successful add-on educational course format in which ICS faculty contribute to an existing local meeting. Add-on courses have a number of benefits over stand-alone courses as they allow the ICS to have more courses at already established meetings ensuring correct target audience and bearing less risk. By focusing on add-on courses a wider range of educational opportunities can be undertaken each year, which allows the ICS to further extend the worldwide sharing of good practice and knowledge. The committee have introduced a policy of a maximum of one funded ICS speaker per calendar year, to ensure the same people do not speak repeatedly at courses.

Educational Courses held in 2019 are outlined below.

Month/2019	Course Name	Speaker
Feb	Pan Arabic Continence Society (PACS)	<ul style="list-style-type: none"> • Elise De • David Castro Diaz • Abdalla Fayad • Ange Rantell
20-22 Feb	Uro Zag	<ul style="list-style-type: none"> • Sherif Mourad • Ahmed Saafan • Dr Zimmerman
14-16 Feb	ESSM	<ul style="list-style-type: none"> • Mija Blaganje • Adolf Lukanovic
10-18 Feb	Urogynaecology Operative Workshop - Burma	<ul style="list-style-type: none"> • Kate Sloane
26 Feb- 3 March	SUFU	<ul style="list-style-type: none"> • David Castro Diaz
16-Mar	ESFFU	<ul style="list-style-type: none"> • David Castro Diaz
18-20 Apr	MIPS	<ul style="list-style-type: none"> • David Castro Diaz
12-14 April	Cyprus Urological Association CAU	<ul style="list-style-type: none"> • Sherif Mourad • Alex Digesu
17-Apr	Female Functional Urology: Milestones and Guarantees	<ul style="list-style-type: none"> • Sherif Mourad • Mauro Cervigni
18-20 April	Mediterranean Minimally Invasive Surgery in Urology Conference	<ul style="list-style-type: none"> • Sherif Mourad
3-6 May	AUA	<ul style="list-style-type: none"> • Sherif Mourad • Marcus Drake

7-9 June	HUA	<ul style="list-style-type: none"> Alex Digesu
13-15 June	SIUD	<ul style="list-style-type: none"> Roger Dmochowski John Heesakkers
21-22 June	2nd Functional Cadaver Course	<ul style="list-style-type: none"> Alex Digesu Sherif Mourad
11-13 July	International course of neuro urology and pelvic floor disfunction	<ul style="list-style-type: none"> Ervin Kocjancic
24th Aug	Brazilian Congress of Urology	<ul style="list-style-type: none"> Mauro Cervigni
19-Sep	Neurourology Course Tunisia	<ul style="list-style-type: none"> Emmanuel Chartier Kastler Gilles Karsenty Pierre Denys Jalesh Panicker Karel Everaert Bary Berghmans Amina Slaoui
27-Sep	IUGA	<ul style="list-style-type: none"> Sherif Mourad
20-29 Sept	Nurses Education Course China	<ul style="list-style-type: none"> Donna Bliss Frankie Bates Jo Dean
02-Oct	Turkish Continence Society	<ul style="list-style-type: none"> Sherif Mourad Yasser Farahat Alex Digesu
04-Oct	Georgian Urological Society	<ul style="list-style-type: none"> Sakineh Hajebrahimi Rizwan Hamid
6-8 Oct	ISPP	<ul style="list-style-type: none"> Mauro Cervigni
10-14 Oct	TAU - neuro Turkish Urological Association	<ul style="list-style-type: none"> Charalampos Konstantinidis
17-21 Oct	SIU	<ul style="list-style-type: none"> Sherif Mourad Elise De
24-26 Oct	II International Congress of Physiotherapy in Pelveperineology	<ul style="list-style-type: none"> Beth Shelly
01-Nov	Regional course (Istanbul)	<ul style="list-style-type: none"> Mauro Cervigni
5-7 Nov	University of Tlaxcala	<ul style="list-style-type: none"> Charles Hubscher
6-7 Nov	TIFU - Iran	<ul style="list-style-type: none"> Phillip Van Kerrebroeck George Kasyan
14 Nov	AIUG Urodynamics	<ul style="list-style-type: none"> Ulrich Mehnert Jure Tornic Pawan Vasudeva

16-17 Nov	Society of Pelvic Research	<ul style="list-style-type: none"> Karl-Erik Andersson
16 Dec	2nd International Symposium of Urodynamics	<ul style="list-style-type: none"> Peter Rosier Carlos D'Ancona David Castro-Diaz
20th December	ICS Course on Transitional Continence Management	<ul style="list-style-type: none"> Dr. Giovanni Mosiello Dr. Ashani Couchman

ICS Regional Meeting, in collaboration with EAU

ICS partnered with the European Association of Urology (EAU) to jointly host the 3rd edition of the European Lower Urinary Tract Symptoms (ELUTS19). The meeting delivered essentials in LUTS management and offered well-rounded treatment approaches collated from urological subspecialties. Around 300 participants from 40 countries joined the event, which was held in Prague, Czechia over 31 October – 2 November.

ICS Membership

The ICS recorded 3,122 members for 2019 which represents the third successive year in exceeding 3,000 members.

The Board did not increase the membership fee for 2019. The ICS tries hard to keep the membership fee as low as possible to keep the ICS accessible. To extend the public benefit of ICS membership the Board introduced free one year membership for early career professionals that had not held ICS membership before. The lower membership fees for nurses, physiotherapists and early career professionals were continued.

There were many other projects undertaken in 2019 and some notable achievements are highlighted. A news story and Annual Magazine was created for the ICS Membership to highlight in-year achievements, this is available at this link: <https://www.ics.org/news/999>

The full annual reports of each committee are available on the [ICS website](#). The below are a selection of ICS committee achievements.

Children and Young Adults Committee

The committee organised a workshop for Gothenburg on transitional care of neurogenic and anatomical incontinence. As well a course on transitional care of incontinence in Abu Dhabi, December 2019. The committee finalised their fellowship on paediatric and adolescents Neuro-Urology, the fellowships will take place in 2020.

Developing World Committee

The committee were busy over the last year continuing their working on two research proposals. The first, a systematic review about prevalence of urinary incontinence in developing world. The second, prevalence of voiding dysfunction in 5 developing countries. The committee also held a workshop in Gothenburg entitled 'Implementation of Evidence Based Practice for Continence Care in Developing Worlds.'

Education Committee

The committee plans and delivers all the ICS education courses and guest lectures. The committee delivered 34 courses and lectures in 2019 as detailed above. The committee also held the third ICS

Cadaver Course in Bristol, which was sold out.

The entire committee was engaged in selecting workshops for ICS 2019. The committee successfully reviewed all the workshops applications and held a very useful face-to-face meeting to create the educational program and discuss the future activities of the committee.

The committee continued with their faculty database for ICS members to join, to speak on behalf of ICS. As well as their learner assessment project, co-chaired by Amy and Enrico, learners can complete the survey monkey multiple choice test and get instant results. If they want, they can request a certificate of completion.

Ethics Committee

Building on the success of their 2018 workshop, Nina Davis travelled to Bristol and filmed a video, “Frailty Assessment and Surgical Planning for the Geriatric Patient”.

This year, no workshop was offered, as it was felt by Chair, Nina Davis, that it was time to step back and re-evaluate the TOR of the EC via a needs assessment to help to better focus the activities of the committee and, by addressing the expressed needs of the membership, to be able to then integrate them as dictated by the Trustees’ Strategic Plan.

Nursing Committee

The committee hosted a Nursing Forum and Nursing Workshop for the 2019 annual conference in Gothenburg. Members of the committee were also involved in the review of the abstracts submitted to the main annual meeting in conjunction with the Scientific Committee.

The Nursing Committee along with the chair of the Nursing Institute engaged in a Strategic Planning process, led by chair, D. Bliss, to assist in developing its future scholarly activities and materials for the Nursing Institute.

The Nursing Subcommittee identified 8 conferences for promoting the ICS Annual Meeting in Melbourne (2021) via sponsorship of a speaker from the Nursing Committee. The committee also hosted the second collaboration with the Chinese Urology Association Nurses (CUAN) to offer educational courses focused on nursing care for patients with incontinence and advanced practice continence nursing in China. D. Bliss and F. Bates will present at 3 conferences in 2 cities in China in Sept. 2019.

The committee continue to work on their Bladder and Bowel Training Consensus Document.

Physiotherapy Committee

Physiotherapy Forum sub-committee led by Petra Voorham-van Zalm, is responsible for the Organisation of the Gothenburg Physiotherapy Forum meeting. The 2019 programme was changed to allow time for debates following presentations, which may identify some important points.

The education and professional development sub-committee under Peter Meyers and Els Baker – Publication in Neurourology and Urodynamics ‘International Continence Society supported pelvic physiotherapy education guideline’ Published 2018, <https://doi.org/10.1002/nau.23350>

The committee are also working on several documents: (1) Scoping review of current world-wide practice in PFM examination and assessment. (2) Terminology for Pelvic Floor Muscle Function and Dysfunction – Led by Helena Frawley and Beth Shelley. (3) Educational Module regarding the Physiotherapy Assessment of Urinary Incontinence (Female), as well as the SOP for this gold standard

format for online educational content.

Scientific Committee

The Committee coordinated and participated in the review of a high number of abstracts. The number of accepted abstracts was slightly increased this year at 895. This was very encouraging despite the obvious increased pressure on contributor's budgets and significant reduction in industry support and reflects the high standing of ICS as the premier meeting at which to present original work.

Again, this year, whilst the committee continues to recognise the importance of ethics, given the very small number of abstracts received they are unable to give prominence to this field in the presented programme.

The committee continue to refine their programme putting increased volume and quality into the e-poster sessions and with that in mind they aim to make these sessions increasingly robust and educational. These sessions, therefore, deserve the same quality of facilities as that afforded to the more formal podium sessions.

Much effort has been given to continue to embed the educational workshops within the meeting and ensure, as much as possible, that there are minimal clashes of interest for delegates. The video submissions continue to grow and appear very popular. The committee are aware that, by their very nature, they are less open to scientific scrutiny and may have a disproportionate impact on those viewing them. The committee will continue to review how best to score them and include them within the programme.

Standardisation Steering Committee

The SSC's main focus is the creation of scientific content via terminology documents. The committee have completed/ Near completion: Ten (3 Published in 2017; 1 Published in 2018; 2 published in 2019, 4 for publication in 2020). The two documents published in 2019 were: (1) An International Continence Society (ICS) Report on the Terminology for Adult Male Lower Urinary Tract and Pelvic Floor Symptoms and Dysfunction. (2) An International Continence Society (ICS) Report on the terminology for nocturia and nocturnal lower urinary tract function.

The committee launched the new ICS Glossary. This is an online collation of 1124 terms/descriptors from all ICS documents back to 2000. This works well on mobile handsets. Features include: (i) access to all recent and past references for each term; (ii) instant copying of each reference; (iii) instant download of all reference documents; (iv) instant contribution to more extensive feedback via ICS Terminology Discussion (below); (v) instant short feedback to ICS Office. This provides the ultimate facility for terminology accessibility, exclusive to ICS.

Urodynamics Committee

The project continues with the ongoing production of new modules, some of which were published this year. The list of the 10 modules that are completed including the publication and filming:

- 1: Krhut J, Zachoval R, Smith PP, Rosier PF, Valanský L, Martan A, Zvara P. Pad weight testing in the evaluation of urinary incontinence. *Neurourol Urodyn*. 2014 Jun;33(5):507-10. doi: 10.1002/nau.22436. Epub 2013 Jun 24. Review. PubMed PMID: 23797972.
- 2: Rosier PF, Kirschner-Hermanns R, Svihra J, Homma Y, Wein AJ. ICS teaching module: Analysis of voiding, pressure flow analysis (basic module). *Neurourol Urodyn*. 2016 Jan;35(1):36-8. doi: 10.1002/nau.22660. Epub 2014 Sep 11. PubMed PMID: 25214425.
- 3: Asimakopoulos AD, De Nunzio C, Kocjancic E, Tubaro A, Rosier PF, Finazzi-Agrò E. Measurement of post-void residual urine. *Neurourol Urodyn*. 2016 Jan;35(1):55-7. doi: 10.1002/nau.22671. Epub 2014 Sep 22. PubMed PMID: 25251215.

- 4: Gammie A, D'Ancona C, Kuo HC, Rosier PF. ICS teaching module: Artefacts in urodynamic pressure traces (basic module). *Neurourol Urodyn*. 2017 Jan;36(1):35-36. doi: 10.1002/nau.22881. Epub 2015 Sep 15. Review. PubMed PMID: 26372678.
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- 10: Schurch B, Iacovelli V, Averbek MA, Stefano C, Altaweel W, Finazzi Agrò E. Urodynamics in patients with spinal cord injury: A clinical review and best practice paper by a working group of The International Continence Society Urodynamics Committee. *Neurourol Urodyn*. 2018 Feb;37(2):581-591. doi: 10.1002/nau.23369. (*This one has been converted to a best practice consensus paper.*)

The committee are continuing working on the other planned teaching modules. All new modules should be prepared preferably in a review adhering to PRISMA-guideline, but some topics may not fit this format. Delphi consensus process may also be used, for topics about whom the evidence is limited. The Education modules will be submitted to NAU for peer review including a printout of the slides. The journal should create a specific section of the instruction for authors.

The Committee has been involved with the Education Committee in the process of recognition of educational courses on Urodynamics. Several courses have been accredited and a new procedure to encourage the use of ICS Educational Modules and to ensure quality control in ICS recognised courses has been used.

The committee have started the project of a book on urodynamic techniques (provisional title "Practical Urodynamics". This project will have no costs for the ICS because it could be conducted with the collaboration of the Italian Society of Urodynamics, that have an agreement with a publisher (Springer). The committee plan to have the book published in 2020.

Information Technology Department – Development Projects

ICS continues to evolve and adapt to the rapid change in technology and business environment in our sector. Innovation and technical skills keep us relevant and brings the "work smarter" ethos to everything we do at ICS. Great design is at the core of making our products and services efficient and pleasing to use for members, the public and staff. Automation and agile development continued to be at the forefront of our work to push doing more with less. Online education and ICS TV continued to grow exponentially – new techniques and workflows enabled us to increase our output both from the Annual Meeting and throughout the year. Our studio in Portland Square has continued to be developed, with new capabilities including teleprompters, green screen and better lighting and sound recording equipment.

Major projects completed in 2019:

- Automated the webcasting system for ICS 2019. By recording the presentation video signal through a capture card as well as the video signal from a camcorder and the audio output from the mixing desk are composited together into the final branded video on a laptop in real time. This allows for a vastly reduced post-production effort to publish the webcast on our YouTube channel following the meeting. With 6 automated laptops recorded concurrently for the first time, not only was every session of the meeting webcast but they were all published by year end (in 2018 using the manual editing process we only published the last sessions just before ICS 2019)! The improved workflow opened up our capacity for an increased amount of studio work for filming and editing educational modules as part of the Education Committee's strategic upscaling of content.
- For the first time we live streamed sessions from ICS 2019 on the YouTube Live platform.
- ICS TV Views doubled in 2019! Significant growth of the ICS YouTube channel on every metric, engagement, watch time and individual views. Huge increase in the dissemination of scientific content and research in video format.
- Automated awards and fellowship applications process from application stage through to reviewing stage as an online membership only system. This was previously a paper- based system taking huge amounts of admin staff time.
- Added remote X drive access via the internet with a secure gateway allowing staff to work remotely. This was added to a new Intel NUC server using windows server 2019 software.
- New Editor with new permission-edit AngularJS component for the ICS website Document publishing system. This was done while maintaining supporting for the old document editor.
- Utilised amazon web services (AWS) to backup all ICS files on the Shared X Drive to the cloud, using a technology exchange voucher to get a 900% cost saving.
- Migrated the skype for business phone system to Microsoft Teams phones. Trained all staff to use new MS teams software for calls. This integrated all ICS telephony, communications and team tools into one platform.
- Performance review stage III further reduced web server response times. This was helped by using a Stackify Retrace software on our production server. This gives real time performance monitoring of the web server platform, frequency and timing of processes and details of errors on the production server. Massive improvement in load times even on slow 3G connections.
- New Notification system to send emails from the ICS website using the Microsoft Graph API. The old SMTP protocol was always very slow and unreliable. From 2018 it was also being throttled by Microsoft making sending mail from the website unusable. This new system allowed ICS to send email reliably but now at much increased speed. The new platform also was designed with sophisticated modern email templates designed to match our branding and the look of our marketing email. As well as sending emails, the notifications are alerted in real time via the website so logged in users can also view all their notifications via their user panel.
- New Forums system replaces the legacy forum system integrated into the legacy documents system. This new system is tightly integrated into the new notifications platform allowing real time collaboration in committees, working groups and public comments settings.
- Migration of all legacy website notifications including old forums to the new notifications system, giving modern reliable branded emails to all old systems.
- New Mentor Platform - an Education Committee initiative to give voluntary mentoring support from senior ICS members to other ICS members.

- Created new version of Continence Product Advisor (CPA) website on the Microsoft azure hosting services. The ICI editorial team are now able to update the content and create the new version of the website while the existing site is still live. Funding from University of Southampton.
- New ICS glossary system for the Standardisation Committee. This useful resource for members allows all standardisation definitions from all published ICS reports to be viewed, searched and referenced easily. All historic definitions are available as well as all being able to download the relevant current and previous published reports themselves.
- New ICS Voting System for ICS Elections, Polls and Forum Votes.
- ICS 2019 USB Sponsored by Astellas
- ICS 2019 Mobile App Sponsored by Astellas
- New Fast Scientific Programme
- New Scientific Programme Session Builder
- ICS Merchandise on Sale in on-demand no cost model via the ICS online shop
- On demand printing projects - various ICS books and publications have been made available to members using print-on-demand at no cost to the society.
- ICS Standards Book 2019 (also fulfilled via print-on-demand).
- ICS 2019 Magazine

Financial Review

Results for the year

The consolidated results of the charity and its trading subsidiary, Conticom, showed net outgoing funds in the year of £32,173 (2018: net outgoing funds of £278,174) with closing consolidated funds of £1,419,382 (2018: £1,451,555).

Consolidated Income

Income in the year was from the Annual Meeting and trading of £457,648 (2018: £242,360), membership fees £177,481 (2018: £192,590), royalty income totalling £97,456 (2018: £109,508), donations of £43,877 (2018: £27,082), publications of £Nil (2018: £14,171), Educational activities totalling £29,546 (2018: £32,169) and interest from Investments of £3,248 (2018: £1,644).

With this funding the Charity has been able to finance: the annual meeting in Gothenburg, educational activities, including awards, fellowships, courses and lectures, the running costs of the ICS Office that continues to support the Board, committees, the annual meeting, the membership of over 3,000 and subscriptions to the NaU Journal.

The total profit of the trading subsidiary was £118,310 (2018: Loss of £87,032).

Consolidated Expenditure

Expenditure in the year was on Educational Activities £295,434 (2018: £286,022), Annual Meeting expenditure £338,897 (2018: £334,893) and Publication and Membership £240,376 (2018: £224,683).

Annual Meeting

The Annual Meeting is an annual international medical and scientific conference for specialists in the medical and scientific disciplines relevant to the charitable objects of ICS. Organisation of the Annual Meeting is contracted to an organiser (this has been Kenes International since 2008 and will, under their current contract, continue in the role until 15 April 2022), by Conticom-ICS Limited (the wholly-owned trading subsidiary of ICS).

The terms of the relevant agreement (on which legal advice was taken) provide for the organiser to accept all financial risks and for a proportion of any net surplus to be passed to ICS via Conticom-ICS Limited.

In order to mitigate risk the Trustees implemented a policy of rotating annual meeting locations. This reduces the risk to the ICS of locations that may be less likely to generate a surplus. The four year rotation policy involves a European meeting every other year, with the alternate years in a destination outside of Europe; on the provision that an adequate surplus is forecast. The meeting surplus continues to be the major income of the charity so must be protected. The ICS will continue to reach a range of countries through its educational course programme.

As requested by the membership, the table below shows an overview of the Annual Meeting income, expenditure and surplus.

	£	£	£	£	£
	2019	2018	2017	2016	2015
Sponsorship & exhibition	486,948	640,194	801,445	465,380	650,648
Registrations	774,086	601,770	1,031,819	871,593	543,824
Other income	116,298	80,442	136,830	150,771	111,274
Total income	1,377,332	1,322,406	1,970,094	1,487,744	1,305,746
Total expenditure	1,114,308	1,243,573	1,341,113	1,372,160	938,085
Surplus/(Deficit)	263,024	78,833	628,981	115,584	367,661
Surplus of which Conticom received including Scientific Services Fee	395,734	190,627	635,335	206,857	483,816

Investment Performance

The charity's investment portfolio is diverse and set in accordance with the agreed risk and ethical policy of the Board. The valuation of the portfolio rose by 4.5% in 2019, a profit of £33,278, which has been declared in the accounts as net gains on investments (2018: loss of £52,100).

£3,248 was received in interest from bank accounts and investments has been declared as income from investments for the year to 31 December 2019 (2018: £1,644).

Reserves Policy

In order to maintain prudent levels of financial reserves the following conditions should be met:

- a) Provide a safeguard of two years' estimated future operating costs of ICS and Conticom ICS Limited, (as ICS operates on an annual cycle and its key annual event, the Annual Meeting, has to be pre-planned on a four year cycle).
 - o Calculations are to be based on estimated future combined operating costs for the next two years.
 - o These operating costs are to only take into account running costs not guaranteed to be financed by matching income.
- b) Provide an element of contingency for unforeseen liabilities.
 - o Which should be £100,000
- c) Provide a permanent base for the Charity and safeguard future projects.

The estimated operating costs of ICS and Conticom ICS Limited are £669,563 for 2020 and £647,874 for 2021, giving a total of £1,317,437 for both years. This does not include budgeted expenditure for educational courses, grants, fellowships and awards as these are non-essential expenditure.

This gives a desired level of reserves of £1,417,437 as at 31.12.2019.

As of 31st December 2019, the consolidated balance sheet showed the Charity and its subsidiary had combined carried forward funds of **£1,419,382** (2018: £1,451,555); therefore covering the level of reserves required. It needs to be noted that this calculation does not take into account charitable activities (Educational courses, grants, fellowships, awards and NAU journal subscription costs) which have been committed of approximately £120,000 each year. The 2019 surplus above the reserves policy will be utilised during 2020 to cover general ICS charitable and running costs. The trading subsidiary continued to support the Charity in meeting its objectives.

Pay policy for senior staff

The trustees and the senior management team comprise the key management personnel of the charity in charge of directing and controlling, running and operating the charity on a day to day basis. All trustees give of their time freely and no trustee received remuneration in the year. Details of trustees' expenses are disclosed in note 9 to the accounts. The pay of the senior staff is reviewed annually and normally increased in accordance with average earnings. In view of the nature of the charity, the trustees benchmark against pay levels for similarly experienced staff.

Investment Powers and Policy

Under the Memorandum and Articles of Association, the Charity has the power to invest in any way the Trustees wish. The Trustees, having regard to the liquidity requirements of operating the Charity and to the reserves policy, operated a policy of keeping approximately 70% of total funds available in interest-bearing, yet instant access accounts.

Plans for Future Periods

ICS Annual Meeting 2020

Annual Meeting Chair: Gamal Ghoniem

Scientific Chairs: Howard Goldman, Vani Dandolu

The 50th Annual Meeting of the ICS will take place at the Rio Convention Centre in Las Vegas, USA. The Scientific Committee will produce a cutting edge programme which caters to the entire multi-disciplinary audience that attend an ICS annual meeting. There will be a wide range of educational content and a variety of presentation formats on offer, e.g. Eposters, video presentations, round tables, abstract presentations, product theatres. Special sessions will be put on to commemorate the 50th annual meeting of the ICS.

Future Meetings

ICS 2021: Melbourne, Australia. Chair: Helen O'Connell

ICS 2022: Vienna, Austria. Chair: Heinz Koelbl

ICS 2023: Toronto, Canada. Chair: Magdy Hassouna

ICS Regional Meeting in partnership with EAU

ICS will collaborate with the European Association of Urology (EAU) to deliver ELUTS 2020 in Barcelona, Spain over 31 October – 2 November. This will be the second major educational collaboration between the two societies. The regional meeting format offers a more targeted and intimate programme and structure for delegates and ensures that ICS has an annual presence in Europe.

ICS Standards

The successful ICS Standards publication will be reviewed and updated for 2020. This will ensure that core ICS publications are collated and easier accessible, therefore disseminating the important information more readily.

ICS COMMITTEES

Standardisation Steering Committee

The Standardisation Steering Committee (SSC) will continue to work on and develop key terminology documents. 7 terminology documents are currently in process. The SSC are also working on ICS wiki rebranding and relaunch for 2020.

Urodynamics Committee

The Urodynamics Committee will continue to work on the new ICS teaching modules to build on the modules already completed during 2019. The urodynamics committee is working with the Standardisation and Education committees to standardise urodynamics. These modules will be published, used in educational lectures and become e-learning modules. This information is available via the ICS website.

Education Committee

In addition to their annual tasks, annual meeting scientific review and education courses. The committee plan to continue developing the ICS Institute with the School Directors and range of SOP's required. As well as assigning each Institute a member of the Education Committee to suggest content and to comment on usability of ICS TV appearance. This role is not to provide oversight but rather to propose/comment.

Information Technology Department – Future Plans (for 2020)

Automation Membership Renewal Notification



Building an automated system for sending renewal reminders on a bi-weekly basis to expired members instead of mail campaigns being sent manually by administration staff to expired member segments.

PayPal Integration

A new ICS Payments System to handle card transactions integrating with the PayPal merchant platform

Continence Product Advisor (CPA) Relaunch

A new facelift and content update for the CPA website, funded by Southampton University.

New Voting Admin Console

A new angular based system to allow staff to set up votes and polls for ICS Elections, Committee and working group forums.

Automated Memberships via Registration

A new system to automate creating memberships and process renewals that have been sold via the Kenes registration system to annual meeting delegates.

New Products / Promotion Code Admin

A new AngularJS system for admin staff to manage products for sale on the ICS Shop and manage promotion codes to discount products.

ICS Live Webinar

Develop a new live webinar event hosted on YouTube Live with speakers filmed in the ICS Office.

Approved by the Trustees and signed on their behalf by:

John Heesakkers

Treasurer

Date

INDEPENDENT EXAMINER'S REPORT TO THE MEMBERS AND TRUSTEES OF THE INTERNATIONAL CONTINENCE SOCIETY

I report to the charity trustees on my examination of the accounts of The International Continence Society for the year ended 31 December 2019.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities

I have no concerns, other than the matter set out below, and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Matter of concern identified

The Trustees' view on the impact of COVID-19 is disclosed on the Trustees report. However, not all future events or conditions can be predicted. The COVID-19 viral pandemic is one of the most significant economic events for the UK with unprecedented levels of uncertainty of outcomes. It is therefore difficult to evaluate all of the potential implications on the charitable company's trade, suppliers and wider economy.

Christopher Brown FCA
Institute of Chartered Accountants in England and Wales
For and on behalf of Haines Watts Bristol Limited
Bath House
6-8 Bath Street
Bristol
BS1 6HL

Date.....

THE INTERNATIONAL CONTINENCE SOCIETY
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2019

		Unrestricted Year ended 31.12.19	Restricted Year ended 31.12.19	Total Year ended 31.12.19	Unrestricted Year ended 31.12.18 (as restated)	Restricted Year ended 31.12.18	Total Year ended 31.12.18 (as restated)
	Notes	£	£	£	£	£	£
Income from:							
Donations and legacies	2	457	43,420	43,877	681	26,401	27,082
Investments	3	3,241	-	3,241	1,635	-	1,635
<i>Charitable activities:</i>							
Distribution from trading subsidiary		-	-	-	383,337	-	383,337
Subscription and royalties	4	274,937	-	274,937	302,098	-	302,098
Educational activities	6	29,546	-	29,546	32,169	-	32,169
Total income		308,181	43,420	351,601	719,920	26,401	746,321
Expenditure on:							
<i>Charitable activities:</i>							
Educational activities	7	253,632	41,802	295,434	258,175	27,847	286,022
Publication and membership	7	239,928	-	239,928	216,003	-	216,003
Total expenditure		493,560	41,802	535,362	474,178	27,847	502,025
Net gain/(losses) on investments	14	33,278	-	33,278	(52,100)	-	(52,100)
Net income/(expenditure) and movement in funds		(152,101)	1,618	(150,483)	193,642	(1,446)	192,196
Reconciliation of funds:							
Fund balances brought forward		1,476,507	16,402	1,492,909	1,282,865	17,848	1,300,713
Fund balances carried forward		1,324,406	18,020	1,342,426	1,476,507	16,402	1,492,909

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING CONSOLIDATED INCOME & EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 DECEMBER 2019

		Unrestricted Year ended 31.12.19	Restricted Year ended 31.12.19	Total Year ended 31.12.19	Unrestricted Year ended 31.12.18	Restricted Year ended 31.12.18	Total Year ended 31.12.18
		£	£	£	£	£	£
Income from:	Notes						
Donations and legacies	2	457	43,420	43,877	681	26,401	27,082
Investments	3	3,248	-	3,248	1,644	-	1,644
<i>Charitable activities:</i>							
Annual meeting and trading	14	457,648	-	457,648	242,360	-	242,360
Subscription and royalties	4	274,937	-	274,937	302,098	-	302,098
Publications	5	-	-	-	14,171	-	14,171
Educational activities	6	29,546	-	29,546	32,169	-	32,169
Total income		765,836	43,420	809,256	593,123	26,401	619,524
Expenditure on:							
<i>Charitable activities:</i>							
Educational activities	7	253,632	41,802	295,434	258,175	27,847	286,022
Publication and membership	7	240,376	-	240,376	224,683	-	224,683
Annual meeting	7	338,897	-	338,897	334,893	-	334,893
Total expenditure		832,905	41,802	874,707	817,751	27,847	845,598
Net gains/(losses) on investments	14	33,278	-	33,278	(52,100)	-	(52,100)
Net income/(expenditure) and movement in funds		(33,791)	1,618	(32,173)	(276,728)	(1,446)	(278,174)
Reconciliation of funds:							
Fund balances brought forward		1,435,153	16,402	1,451,555	1,711,881	17,848	1,729,729
Fund balances carried forward		1,401,362	18,020	1,419,382	1,435,153	16,402	1,451,555

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derives from continuing activities.

THE INTERNATIONAL CONTINENCE SOCIETY

BALANCE SHEET AS AT 31 DECEMBER 2019

		<u>2019</u>		<u>2018</u>	
	Notes	£	£	£	£
FIXED ASSETS:					
Intangible assets	12		1,864		2,019
Investments	14		<u>771,070</u>		<u>737,792</u>
			772,934		<u>739,811</u>
CURRENT ASSETS:					
Debtors	15	332,793		219,691	
Cash at bank and in hand		<u>394,015</u>		<u>630,935</u>	
		726,808		850,626	
CREDITORS: Amounts falling due within one year	16	<u>(157,316)</u>		<u>(97,528)</u>	
NET CURRENT ASSETS:			<u>569,492</u>		<u>753,098</u>
TOTAL ASSETS LESS CURRENT LIABILITIES:			<u><u>1,342,426</u></u>		<u><u>1,492,909</u></u>
FUNDS:					
Unrestricted funds	18		1,324,406		1,476,507
Restricted funds	18		<u>18,020</u>		<u>16,402</u>
			<u><u>1,342,426</u></u>		<u><u>1,492,909</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies.

The financial statements were approved by the Trustees on and were signed on their behalf by:

Dr J Heesakkers - TRUSTEE

Company Registration No. 03589542

THE INTERNATIONAL CONTINENCE SOCIETY
CONSOLIDATED BALANCE SHEET AS AT 31 DECEMBER 2019

		<u>2019</u>		<u>2018</u>	
	Notes	£	£	£	£
FIXED ASSETS:					
Intangible assets	12		1,864		2,019
Tangible assets	13		17,543		15,196
Investments	14		771,069		<u>737,792</u>
			790,476		<u>755,007</u>
 CURRENT ASSETS:					
Debtors	15	415,451		183,301	
Cash at bank and in hand		410,895		<u>646,383</u>	
		826,346		<u>829,684</u>	
 CREDITORS: Amounts falling due within one year	16	(197,440)		<u>(133,136)</u>	
 NET CURRENT ASSETS:			628,906		<u>696,548</u>
 TOTAL ASSETS LESS CURRENT LIABILITIES:			1,419,382		<u>1,451,555</u>
 FUNDS:					
Unrestricted funds	18		1,401,362		1,435,153
Restricted funds	18		18,020		<u>16,402</u>
			1,419,382		<u>1,451,555</u>

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THE INTERNATIONAL CONTINENCE SOCIETY

**STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR
ENDING 31 DECEMBER 2019**

	Notes	Charity 2019 £	Charity 2018 £	Group 2019 £	Group 2018 £
Cash flows from operating activities:					
Net cash provided by (used in) operating activities	1	(240,161)	341,974	(225,007)	153,793
Cash flows from investing activities:					
Interest income		3,241	1,635	3,248	1,644
Purchase of property, plant and equipment		-	-	(13,729)	(9,716)
Disposal of property, plant and equipment		-	-	-	16,729
Purchase of investments		-	-	-	-
Net cash provided by (used in) investing activities		3,241	1,635	(10,481)	8,657
Change in cash and cash equivalents in the reporting period	2	(236,920)	343,608	(235,488)	162,450
Cash and cash equivalents at the beginning of the reporting period		630,935	287,327	646,383	483,933
Cash and cash equivalents at the end of the reporting period		394,015	630,935	410,895	646,383

NOTES TO CASH FLOWS:

1. RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Charity 2019 £	Charity 2018 £	Group 2019 £	Group 2018 £
Net movement in funds	(121,165)	(191,141)	(32,173)	(278,175)
Add back depreciation/amortisation charge	155	155	11,537	(5,869)
Deduct interest income shown in investing activities	(3,241)	(1,635)	(3,248)	(1,644)
Deduct/add net (gain)/loss on investments	(33,278)	52,100	(33,278)	52,100
Decrease (increase) in debtors	(142,421)	495,176	(232,150)	392,850
Increase (decrease) in creditors	59,788	(12,681)	64,305	(5,469)
Net cash (used)/gained in/from operating activities	(240,161)	341,974	(225,007)	(153,793)

THE INTERNATIONAL CONTINENCE SOCIETY

**STATEMENT OF CASH FLOWS AND CONSOLIDATED STATEMENT OF CASH FLOWS FOR YEAR
ENDING 31 DECEMBER 2019**

NOTES TO CASH FLOWS – continued:

2. ANALYSIS OF CHANGES IN NET FUNDS - CHARITY

	At 1.1.19 £	Cash flow £	At 31.12.19 £
Net cash			
Cash at bank and in hand	<u>630,935</u>	<u>(236,920)</u>	<u>394,015</u>
	<u>630,935</u>	<u>(236,920)</u>	<u>394,015</u>

ANALYSIS OF CHANGES IN NET FUNDS - GROUP

	At 1.1.19 £	Cash flow £	At 31.12.19 £
Net cash			
Cash at bank and in hand	<u>646,383</u>	<u>(235,488)</u>	<u>410,895</u>
	<u>646,383</u>	<u>(235,488)</u>	<u>410,895</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The International Continence Society is a company limited by guarantee, registered in England and Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The accounts have been prepared on the assumption that the charity is able to continue as a going concern. However, the COVID-19 pandemic is likely to have a profound impact on the global economy, and may in turn affect the charity. The trustees have considered the impact of this issue on the charitable company's current and future financial position. The charity holds unrestricted, general reserves of £1,401,362 and a cash balance of £410,895. The trustees consider that the charity has sufficient cash reserves to continue as a going concern for a period of at least 12 months from the date on which these financial statements are approved. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The charity constitutes a public benefit entity as defined by FRS 102. The address of the registered office and place of business is given in the charity information on page 1 of these financial statements. The nature of the charity's operations is a membership society for professionals working in the field of incontinence.

The principal accounting policies adopted by the charity in drawing up its financial statements are as follows:

(a) Income

All incoming resources are included in the Statement of Financial Activities when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that income will be received. Incoming resources from subscriptions are recognised in the Statement of Financial Activities on a calendar year basis and are deferred where they are received in advance.

For donations to be recognised, the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

(b) Group Accounts

The results of Conticom-ICS Limited, a wholly owned subsidiary, have been consolidated on a line by line basis in the Statement of Financial Activities, the Balance Sheet and The Statement of Cashflows.

(c) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of general objectives of the charity and which have not been designated for other purposes.

Restricted funds are funds donated for use in a particular area or for specific purposes, the use of which is restricted to that area of purpose.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

1. ACCOUNTING POLICIES - continued

(d) **Investment assets**

The investment in the subsidiary is stated at cost. Listed investments held for the continuing benefit of the charity and are treated as fixed assets and are valued at fair value at the balance sheet date.

(e) **Expenditure**

All expenditure included in the Statement of Financial Activities is accounted for on an accruals basis.

Charitable activities include expenditure associated with educational activities, together with publication and membership, and include both the direct costs and support and governance costs relating to these activities.

Support and governance costs are those functions that assist the work of the charity but do not directly undertake charitable activities. These costs have been allocated to expenditure on charitable activities as set out in note 7.

Any irrecoverable VAT is charged to the Statement of Financial Activities or capitalised as part of the asset cost, where appropriate.

(f) **Intangible Assets**

The domain name is stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

The domain name is being amortised evenly over 20 years.

(g) **Tangible Fixed Assets**

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and fittings -25% on cost

Computer equipment -33% on reducing balance

(h) **Foreign Currencies**

Transactions in foreign currencies are recorded at the rate ruling at the date of transaction. Monetary assets and liabilities are retranslated at the rate of exchange ruling at the balance sheet date. All differences are taken to the Statement of Financial Activities.

(i) **Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to the Statement of Financial Activities over the period to which they relate.

(j) **Pension costs**

The charity operates a defined pension contribution scheme. Contributions payable for the year are charged in the Statement of Financial Activities.

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

1. ACCOUNTING POLICIES - continued

(l) Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments. Financial instruments are recognised when the charity becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously

Basic financial assets

Basic financial assets, which include trade and other debtors, amounts due from group undertakings and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost. Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the charity transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Basic financial liabilities

Basic financial liabilities, including trade and other creditors and amounts due to group undertakings are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Financial liabilities are derecognised when, and only when, the charity's contractual obligations are discharged, cancelled, or they expire.

(m) Short term liquid investments and cash

Cash at bank is held to meet short-term cash commitments as they fall due rather than for investment purposes and includes all cash equivalents held in the form of short-term highly liquid investments. Cash equivalents are short-term, highly liquid investments that are readily convertible to known amounts of cash and that are subject to an insignificant risk of changes in value.

Prior year adjustment

Under revised guidance from the Financial Reporting Standards, where there is no legal obligation at the balance sheet date for a subsidiary company to transfer its profits to its parent charity, then donations should no longer be accrued for and should instead be recorded in the financial statements as a distribution in the year of payment. Because of the renewed guidance, the accrued donation due from the charity's 100% owned subsidiary in 2017 of £383,337 has instead been shown as a distribution received in 2018. The brought forward balance of the unrestricted fund in 2018 has been reduced by £383,337 with a compensating distribution being shown in the year. The closing fund balances in 2018, together with the consolidated accounts, are unchanged.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

2. INCOME FROM DONATIONS AND LEGACIES

	Charity		Group	
	2019	2018	2019	2018
	£	£	£	£
Other donors	28,307	27,082	28,307	27,082
Grants	15,570	-	15,570	-
	<u>43,877</u>	<u>27,082</u>	<u>43,877</u>	<u>27,082</u>

3. INCOME FROM INVESTMENTS

	Charity		Group	
	2019	2018	2019	2018
	£	£	£	£
Interest receivable	3,241	1,635	3,248	1,644
	<u>3,241</u>	<u>1,635</u>	<u>3,248</u>	<u>1,644</u>

4. INCOME FROM SUBSCRIPTIONS AND ROYALTIES

	Charity & Group	
	2019	2018
	£	£
Subscription Income:		
Deferred balance brought forward	37,325	43,712
Membership income received during the year	209,783	186,203
Deferred balance carried forward	(69,627)	(37,325)
	<u>177,481</u>	<u>192,590</u>
Royalty income on subscriptions	97,456	109,508
	<u>274,937</u>	<u>302,098</u>

5. INCOME FROM PUBLICATIONS

	Group	
	2019	2018
	£	£
ICI book income	-	14,171
	<u>-</u>	<u>14,171</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

6. INCOME FROM EDUCATIONAL ACTIVITIES

	Charity & Group	
	2019	2018
	£	£
Cadaver Course income	19,590	18,800
Fistula Course income	8,000	10,969
Other income	1,956	2,400
	<u>29,546</u>	<u>32,169</u>

7. ANALYSIS OF CHARITABLE EXPENDITURE

	Educational Activities	Publication & Membership	Annual meeting	Total 2019	Total 2018
	£	£	£	£	£
Journal and other membership costs	-	68,984	-	68,984	56,375
Travel and subsistence costs	58	58	-	116	38
Advertising and promotional events	-	-	-	-	112
Publication committee costs	479	-	-	479	21,413
Education committee costs	8,754	-	-	8,754	9,671
Awards, grants and fellowships	53,083	-	-	53,083	46,457
Educational activity costs	80,733	-	-	80,733	68,786
Printing and postage costs	155	155	-	310	1,266
Staff costs	95,214	113,774	-	208,988	196,586
Finance costs	5,762	5,762	-	11,524	13,461
Foreign exchange loss/(gain)	2,925	2,925	-	5,850	(1,224)
Trustees' board costs	10,457	10,457	-	20,914	17,630
Support costs (see note 8)	13,390	13,390	-	26,780	23,294
Governance costs (see note 8)	24,424	24,423	-	48,847	48,160
Charity total	<u>295,434</u>	<u>239,928</u>	<u>-</u>	<u>535,362</u>	<u>502,025</u>
Annual meeting expenses	-	-	338,897	338,897	334,893
Books and merchandising	-	448	-	448	8,680
	<u>-</u>	<u>448</u>	<u>-</u>	<u>448</u>	<u>8,680</u>
Group total	<u>295,434</u>	<u>240,376</u>	<u>338,897</u>	<u>874,707</u>	<u>845,598</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

8. ANALYSIS OF GOVERNANCE AND SUPPORT COSTS

	Educational Activities		Charity & Group	
	Costs	Membership Costs	Total 2019	Total 2018
	£	£	£	£
Support costs:				
Phone	6,408	6,408	12,816	9,782
Insurance	731	731	1,462	1,180
Rent, rates, light and heat	5,319	5,319	10,638	10,756
Sundry	854	854	1,708	1,420
Amortisation	78	78	156	156
	<u>13,390</u>	<u>13,390</u>	<u>26,780</u>	<u>23,294</u>
Governance costs:				
Trustees' board costs	4,024	4,024	8,048	7,746
Indemnity insurance	122	121	243	272
Staff costs	12,053	12,053	24,106	22,652
Independent examiner's fee (see note 11)	3,231	3,231	6,462	5,940
Legal and professional	4,994	4,994	9,988	11,550
	<u>24,424</u>	<u>24,423</u>	<u>48,847</u>	<u>48,160</u>

Support and governance costs have been allocated evenly between educational activities and publication and membership costs.

9. TRUSTEES REMUNERATION

The trustees neither received nor waived any emoluments during the period (2018: £Nil).

Out of pocket expenses were reimbursed to trustees as follows:

	Charity & Group		Charity & Group	
	2019	2018	2019	2018
	Number	Number	£	£
Travel and meeting expenses	9	8	22,930	18,778

10. STAFF COSTS

	Charity		Group	
	2019	2018	2019	2018
	£	£	£	£
Wages and salaries	188,725	179,195	377,450	358,390
National insurance contributions	18,831	17,582	37,662	35,164
Pension contributions	23,619	22,409	47,237	44,818
Recruitment and training	1,920	52	1,920	52
	<u>233,095</u>	<u>219,238</u>	<u>464,269</u>	<u>438,424</u>

One employee earned more than £60,000 during the year.

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

10. STAFF COSTS - continued

The average monthly number of employees during the year were as follows:

	Charity		Group	
	2019	2018	2019	2018
	Number	Number	Number	Number
Governance	0.28	0.27	0.28	0.27
Educational activities	1.85	1.73	1.85	1.73
Publication and membership	2.37	2	2.37	2
Meeting co-ordinators	-	-	4.5	4
	<u>4.5</u>	<u>4</u>	<u>9</u>	<u>8</u>

The key management personnel of the group and the charity comprise the trustees, the administrative director and the I.T. director. The total employee benefits of the key management personnel of the group were £175,432 (2018: £168,309).

11. INDEPENDENT EXAMINER'S REMUNERATION

The independent examiner's remuneration consists of the following:

	Charity		Group	
	2019	2018	2019	2018
	£	£	£	£
For independent examination	1,720	1,580	1,720	1,580
For accounting services	2,920	2,780	6,520	6,380
For preparation of consolidated accounts	1,720	1,580	1,720	1,580
For general advice, meetings & other services	102	-	102	-
	<u>6,462</u>	<u>5,940</u>	<u>10,062</u>	<u>9,540</u>

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

12. CHARITY & CONSOLIDATED INTANGIBLE FIXED ASSETS

	Domain name £	Totals £
COST		
At 1 January 2019	3,106	3,106
At 31 December 2019	<u>3,106</u>	<u>3,106</u>
AMORTISATION		
At 1 January 2019	1,087	1,087
Charge for year	155	155
At 31 December 2019	<u>1,242</u>	<u>1,242</u>
NET BOOK VALUE		
At 31 December 2019	<u>1,864</u>	<u>1,864</u>
At 31 December 2018	<u>2,019</u>	<u>2,019</u>

13. CONSOLIDATED TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Total £
COST:			
At 1 January 2019	11,146	44,925	56,071
Additions	-	13,729	13,729
Disposals	-	-	-
At 31 December 2019	<u>11,146</u>	<u>58,654</u>	<u>69,800</u>
DEPRECIATION:			
At 1 January 2019	9,590	31,285	40,875
Charge for year	842	10,540	11,382
Eliminated on disposal	-	-	-
At 31 December 2019	<u>10,432</u>	<u>41,825</u>	<u>52,257</u>
NET BOOK VALUE:			
At 31 December 2019	<u>714</u>	<u>16,829</u>	<u>17,543</u>
At 31 December 2018	<u>1,556</u>	<u>13,640</u>	<u>15,196</u>

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

14. CHARITY FIXED ASSET INVESTMENTS

	£	
COST OR VALUATION:		
At 1 January 2019		737,792
Increase in market value of investments		<u>33,278</u>
		<u>771,070</u>
At 31 December 2019		<u>771,070</u>
NET BOOK VALUE:		
At 31 December 2019		<u>771,070</u>
At 31 December 2018		<u>737,792</u>
	2019	2018
	£	£
Listed investments	771,069	737,791
Unlisted investments	<u>1</u>	<u>1</u>
Total investments	<u>771,070</u>	<u>737,792</u>

The charity's investments at the balance sheet date in the share capital of unlisted companies include the following:

Conticom - ICS Limited

Company number: 03687688

Country of incorporation: England & Wales

Nature of business: Conference facilitator

Class of shares: Ordinary – 100% holding

	2019	2018
	£	£
Aggregate capital and reserves	79,957	(41,353)
Profit/(loss) for the year	<u>118,310</u>	<u>(87,032)</u>

Results and net assets/(liabilities) of Conticom – ICS Limited

	£
Turnover:	
Annual meeting income	449,173
Other income	8,475
Trading income	<u>-</u>
	457,648
Cost of sales	(49,999)
Gross profit	407,649
Administrative expenses	<u>(289,346)</u>
Operating profit/(loss)	118,303
Interest receivable and other similar income	7
Net income/(expenditure)	<u>118,310</u>
Retained profit for the year	118,310
Retained profit brought forward	(41,353)
Retained profit/(loss)carried forward	<u>76,957</u>
Assets	331,314
Liabilities	254,357

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2019	2018	2019	2018
	£	£	£	£
Trade debtors	5,480	-	268,840	62,793
Prepayments and accrued income	15,625	13,131	49,155	21,594
Amounts due from group undertaking	214,232	107,680	-	-
Other debtors	97,456	98,880	97,456	98,880
VAT	-	-	-	34
	<u>332,793</u>	<u>219,691</u>	<u>415,451</u>	<u>183,301</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Charity		Group	
	2019	2018	2019	2018
	£	£	£	£
Trade creditors	18,246	19,216	21,976	20,315
Other creditors	2,437	2,695	4,678	4,185
Social security and other taxes	-	-	15,743	16,070
Accruals and deferred income	136,633	75,617	153,962	92,566
VAT	-	-	1,081	-
	<u>157,316</u>	<u>97,528</u>	<u>197,440</u>	<u>133,136</u>

17. FINANCIAL COMMITMENTS

Total financial commitments, guarantees and contingencies for the charity which are not included in the balance sheet amount to £9,811 (2018 - £24,287).

Total financial commitments, guarantees and contingencies undertaken as a group, which are not included in the balance sheet amount to £17,211 (2018 - £42,787).

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

18. STATEMENT OF FUNDS

	At 01 January 2019 £	Income £	Expenditure £	Gains on Investments £	At 31 December 2019 £
Unrestricted funds:					
General fund	1,476,507	308,181	(493,560)	33,278	1,324,406
Total unrestricted funds	1,476,507	308,181	(493,560)	33,278	1,324,406
Restricted funds:					
Laborie Fellowship fund	3,517	12,150	(11,121)	-	4,546
Continence Promotion Committee fund	7,824	-	-	-	7,824
3 rd World Fistula work	500	-	-	-	500
Pfizer grant	4,561	15,700	(15,111)	-	5,150
Fistula course fund	-	15,570	(15,570)	-	-
Total restricted funds	16,402	43,420	(41,802)	-	18,020
Total charity funds	1,492,909	351,601	(535,362)	33,278	1,342,426
Subsidiary funds (unrestricted)	(41,354)	457,655	(339,345)	-	76,956
Intercompany adjustment	-	-	-	-	-
Total consolidated funds	1,451,555	809,256	(874,707)	33,278	1,419,382

STATEMENT OF FUNDS - comparatives

	At 01 January 2018 £ (as restated)	Income £ (as restated)	Expenditure £	Losses on Investments £	At 31 December 2018 £
Unrestricted funds:					
General fund	1,282,865	719,920	(474,178)	(52,100)	1,476,507
Total unrestricted funds	1,282,865	719,920	(474,178)	(52,100)	1,476,507
Restricted funds:					
Laborie Fellowship fund	-	7,914	(4,397)	-	3,517
Continence Promotion Committee fund	7,824	-	-	-	7,824
3 rd World Fistula work	500	-	-	-	500
Pfizer grant	9,524	18,487	(23,450)	-	4,561
Total restricted funds	17,848	26,401	(27,847)	-	16,402
Total charity funds	1,300,713	746,321	(502,025)	(52,100)	1,492,909
Subsidiary funds (unrestricted)	429,016	256,540	(343,572)	-	341,983
Intercompany adjustment	-	(383,337)	-	-	(383,337)
Total consolidated funds	1,729,729	619,524	(845,598)	(52,100)	1,451,555

THE INTERNATIONAL CONTINENCE SOCIETY

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019**

18. STATEMENT OF FUNDS - continued

General fund (unrestricted)

This fund represents the free funds of the charity, which are not designated for particular purposes.

Laborie Fellowship fund (restricted)

The Laborie Fellowship fund relates to a 3 year fellowship programme for an eligible member. Grants are received each year to support funding of the programme.

Continence Promotion Committee Fund (restricted)

The Continence Promotion Committee fund was established to support the activities of the Continence Promotion Committee.

3rd World Fistula work (restricted)

This fund relates to a restricted donation received in November 2012 to fund 3rd world Fitsula work.

Pfizer grant (restricted)

This fund relates to a Pfizer grant received each year to fund international scholarships.

Fistula course fund (restricted)

This fund relates to a grant received during the year to support the Fistula repair course held in Sudan.

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS

CHARITY

**Fund Balances at 31 December 2019
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	772,934	772,934
Current assets	31,490	695,318	726,808
Current liabilities	(13,470)	(143,846)	(157,316)
Total Net Assets	18,020	1,324,406	1,342,46

GROUP

**Fund Balances at 31 December 2019
are represented by:**

	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fixed assets	-	790,476	790,476
Current assets	31,490	794,856	826,346
Current liabilities	(13,470)	(183,970)	(197,440)
Total Net Assets	18,020	1,401,362	1,419,382

THE INTERNATIONAL CONTINENCE SOCIETY

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

19. ANALYSIS OF NET FUNDS BETWEEN FUNDS – comparatives

<u>CHARITY</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2018 are represented by:			
Fixed assets	-	739,811	739,811
Current assets	16,402	834,224	850,626
Current liabilities	-	(97,528)	(97,528)
Total Net Assets	16,402	1,476,507	1,492,909
<u>GROUP</u>	Restricted Funds £	Unrestricted Funds £	Total Funds £
Fund Balances at 31 December 2018 are represented by:			
Fixed assets	-	755,007	755,007
Current assets	16,402	813,282	829,684
Current liabilities	-	(133,136)	(133,136)
Total Net Assets	16,402	1,435,153	1,451,555

20. PENSION COMMITMENTS

During the year, the group paid into a defined contribution pension scheme. The total for the year of £47,237 (2018: £44,818) is included within expenditure in the Statement of Financial Activities.

There were outstanding group contributions of £Nil (2018: £Nil) as at 31 December 2019.

21. TAXATION

As a registered charity the International Continence Society is exempt from taxation of income and gains falling within Section 505 Taxes Act 1988 or Section 256 Taxation of Chargeable Gains Act 1992 to the extent these are applied to its charitable objects. No tax charge has arisen during the year. No tax charge has arisen in the subsidiary as its profits are donated by way of Gift Aid to the charity.

22. RELATED PARTY TRANSACTIONS

There are no related party transactions that require disclosure (2018: £Nil) as at 31 December 2019.