

# E.L.Friend *Treasurer*720 Foxhall Road, Ipswich, Suffolk IP4 5TD. *Phone* 01473 728477 *e-mail* ted.friend@btinternet.comy

### Trustees' Report for the period 1st April 2019 to 31st March 2020

The Trustees' of ESPCSG present their report for the period ending 31st March 2020

#### Introduction

East Suffolk Prostate Cancer Support Group (ESPCSG) is a registered CIO charity whose aims are to provide support, information and help to all men with prostate cancer, their families and carers and was formed so that they can meet together to find out more about their illness and what treatments or support is available to them. ESPCSG is run entirely by volunteers and operates from the East Suffolk and North Essex Hospital Trust, Ipswich, for all prostate cancer patients in East Suffolk catchment area. We have between 70 to 80 members attending these meetings.

#### Organisation

The Trustees are listed at the end of the report.

Our meetings are held in The Lecture Theatre, Education Centre, Ipswich Hospital for patients and their carers at 7pm on the first Wednesday of alternate months February, April, June, August, October and December. All members are kept informed of meetings or events by post, email or the information is on our website, we also have a newsletter and a notice board at our meetings. At each meeting we have a speaker, mainly from the medical profession, followed by refreshments and an opportunity to have a useful exchange of experiences if anybody wishes, in an open and friendly atmosphere. This year we arranged a three course homemade Sunday lunch followed by tea or coffee which was held on 8<sup>th</sup> March in Henley Community Centre. The meal was prepared by the very well respected Henley Chefs who arrange dinners, BBQ's and buffets for charity in the area. Members were able to have a social gathering before and after the lunch. Just over 40 members attended who said how very good and enjoyable it had all been.

We had booked a hall and were starting to plan and make arrangements to hold another PSA test event in the 2020-21 year, this as it turned out had to be cancelled due to the Covid 19 virus.

We attend events at which we have a stand to give out leaflets and books on prostate cancer information, we also helped another charity to hold a PSA test event.

In August we presented the Radiotherapy Department at Ipswich Hospital with a new mobile bladder scanner which we had donated £4650 towards, we also gave £1650 between five other charities with a connection to Prostate Cancer.

#### **Funding**

Is received from charities, collections, donations and from a raffle and refreshments at our meetings. We do not have any subscriptions for membership. We have not received any funding.

Michael John Earey was appointed as a Trustee from December 2019

#### **Trustees**

The following Trustees served the Group as appropriate throughout this period :-

Philip David, Ted Friend, David Shipman, Chris Southcott and Michael Earey (from Dec 2019).

Registered Charity No. 1164097 Support for all those affected by Prostate Cancer www.suffolkprostatesupport.co.uk



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#### EAST SUFFOLK PROSTATE CANCER SUPPORT GROUP

### Accounting Period 1st April 2019 to 31st March 2020

INCOME

£10501

**EXPENSES** 

£5380

**NET PROFIT** 

£5121

Our income was received from charities, collections, donations, also from a raffle and refreshments at our group meetings.

We received a total of £9,319 in donations this year.

We gave £4200 in total to six different Charities related to Prostate Cancer.

Our accounts have been independently checked.

E L Friend Treasurer