

Charity Registration No. 1124492

Company Registration No. 06481146 (England and Wales)

CAREFREE-FOSTERING INDEPENDENCE CORNWALL
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mr R Grant	
	Mr MA Tresidder	
	Ms C Walker-Booth	
	Ms JB Hampton	(Appointed 14 March 2019)
	Ms M Carne	(Appointed 14 March 2019)
	Mr M Ellis	(Appointed 18 June 2019)
	Ms H Seymour	(Appointed 3 March 2020)
	Mr L Tilley	(Appointed 3 March 2020)
Secretary	Ms S Mari Eggins, Chief Executive Officer	
Charity number	1124492	
Company number	06481146	
Principal address	Clinton Passage REDRUTH Cornwall TR15 2AY	
Registered office	Clinton Passage REDRUTH Cornwall TR15 2AY	
Independent examiner	Mark Williams FCA DChA RRL LLP Peat House Newham Road TRURO Cornwall TR1 2DP	
Bankers	CAF Bank Limited 25 Kings Hill Avenue Kings Hill WEST MALLING Kent ME19 4JQ	

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

CONTENTS

	Page
Trustees' report	1 - 4
Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7 - 8
Statement of cash flows	9
Notes to the financial statements	10 - 24

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2019

The trustees present their report and financial statements for the year ended 31 December 2019.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2019).

Objectives and activities

The objects of the Charity are:

To act as a resource for young people up to the age of 25 with particular focus on those aged 13 to 17 living in Cornwall and who have been, are or at risk of being in care by providing advice and assistance and organising programmes of physical, educational and other activities as a means of:

- a) Advancing in life and helping them by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- b) Advancing education and training;
- c) Relieving unemployment;
- d) Providing recreational and leisure time activity in the interests of social welfare for young people living in the area of benefit who have need by reason of their youth, age, infirmity or disability, poverty or social and economic circumstances with a view to improving the conditions of life of such persons.

Objectives for the year

Young people leading Carefree's Stakeholder day in October 2011 agreed the following 10 learning priorities which continue to guide our current and future activities:

- Ability to be part of a group
- Independent living skills
- A sense of self and a positive personal identity
- Ability to learn throughout your life
- How to have a positive family yourself-'breaking the cycle'
- How to make decisions and change the things in society that were not helpful for young people
- Enjoy themselves, have fun, build resilience and belief in themselves
- Be able to communicate with others
- How to stay healthy
- Developing emotional literacy

Since 2011 Carefree has added 2 more distinct services to our portfolio; the delivery of a Personal Advisor Service to young people approaching adulthood and the allocation of grants to young people in and leaving care known as 'Funds for Care'. Both these services are commissioned by Cornwall Council. These newer services remain aligned to several of the outcomes above including in terms of promoting learning, health, independent living skills and building resilience.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the aims and objectives and in planning future activities. In particular the trustees consider how planned activities will contribute to those aims and objectives.

Principal activity

The principal activity of the charitable company is to work with young people in or leaving care, giving them the skills to do things for themselves and others.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2019

Achievements and performance

Carefree has continued to grow and develop its offer to young people in and leaving care in Cornwall throughout 2019. Our mission statement remains 'to enable young people in and leaving care to do things for themselves and others'. By this we mean enabling young people in and leaving care to learn independent living skills but also develop the skills of friendship and peer support in helping others. We have developed our work in offering a youth and community service to young people in and leaving care combined with a Personal Advisor service for young people leaving care and we have expanded, refined and developed how young people participate in the decisions made about them within Cornwall and nationally.

In 2019 we actively worked with 288 young people across the year either through engagement in our youth work provision, or through our personal advisor service, or both. Including young people who were supported through the 'Funds for Care' grant making scheme, we offered a service to 348 young people in and leaving care in 2019. With approximately 600 young people 11-21 at any one time in and leaving the care of Cornwall Council, this means that we provided an active service to over 50% of Cornwall's care population, also providing a service to some young people from other authorities and to 28 young people aged 21-25.

45% of young people we supported were female and 55% were male, broadly in line with the gender breakdown of adolescents in care.

Ages ranged from 11 to 25. 15% of the cohort receiving a direct service from us were under 16 and 85% over 16. Excluding the PA service to 16+ young people, the percentage was 27% 11 to 15 and 73% 16+.

Participation continued to be a significant theme of our work. Every eligible young person in care to Cornwall Council was informed about our work, included ensuring that young people could have their say about services through one to one relationships with PA's and in group work activities and encouraging those young people to get involved in participation groups, like Voice for Us. The Care for Change Council met monthly and met with, and chaired two meetings of, the Corporate Parenting Board. Targets agreed between young people and the Corporate Parenting Board included better emotional well-being and mental health provision for young people in and leaving care, free or subsidised public transport for care leavers and changing the name of 'contact' to 'Get2gether' for young people seeing their friends and family.

Nationally Carefree has been active in the National Care Leaver Benchmarking Forum, the All Party Parliamentary Group for Looked After Children and Care Leavers, the Esmée Fairbairn Leaving Care Learning Group and the Listening Project aimed at improving how professionals are helped to listen to young people. We continued to work with Research in Practice to assess the essential elements of a Carefree-type service and actively advise other organisations and local authorities about our methodology.

Carefree's group work activities engaged 163 young people in positive activities across the year ranging from holiday activity programmes (these peer-mentor led activities are our 'entry point' for 11-17 year olds) to training newly qualified social workers. Our work continues to be relational at its heart, enabling young people to develop the transferrable skills of making and maintaining positive relationships with others.

Young people continued to lead our work as much as possible in 2019, including through being given choices about activities, learning to lead as a Peer Mentor and influencing local and national services. We continued our commitment to creating apprenticeships for care leavers, and delivered 3 such apprenticeships through 2019.

30% of Carefree staff are professionals who are themselves care-experienced.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2019

Carefree staff at the year-end were:

Mari Eggins Chief Executive Officer Full Time
 Tori Cannell Youth Work Manager Full time
 Holly Seymour Interim Social Work Manager Full Time
 Taliah Powell Finance Manager 28 hours
 Deanna Earl Personal Advisor 22 hours
 Rachel Builder Personal Advisor 22 hours
 Jo Jordan Personal Advisor 33.5 hours
 Louise Deadman Personal Advisor 30 hours
 Steph Martyn Personal Advisor 30 hours
 Dean Hancock Personal Advisor Full Time
 Sonia Bradley Personal Advisor Full Time
 Abby James Personal Advisor Full Time
 Laura Ramsey Careers Information Advice and Guidance Co-ordinator 25 hours
 Lisa Clarke Careers Information Advice and Guidance Key Worker full time
 Louise Thomas Careers Information Advice and Guidance Key Worker 18.5 hours
 Jeni Stephens Peer Mentor Coordinator 22 hours
 Joanna MacQueen Care Leaver Youth Worker 22 hours
 Claire Knight Participation and Peer Mentoring Youth Worker 30 hours
 Kate Barden Edulink Coordinator 30 hours
 Kerryann Curnow Youth Worker Full time
 Duncan Williams Support Youth Worker Full Time
 Annie Sheen Music Worker 15 hours
 Marta Kodolina Apprentice Youth Worker 30 hours
 Jade Martin Finance Administrator 25 hours
 Julie Pope Administrator 25 hours

Financial review

The results for the year are shown in the statement of financial activities on page 6 and show net incoming resources for the year of £33,449 (2018: £3,278).

Reserves policy

The trustees hold reserves in funds at an adequate level to support the charity's current and future activities. This is monitored monthly. The current balance in general reserves is £90,608 which is assessed as adequate to cover closure costs.

Investment policy

The trustees have considered the most appropriate policy for investing funds and find that the current arrangement with short term bank deposits meets the requirement to generate a reasonable return on capital whilst maintaining access to funds for operational purposes.

Risk management

The trustees have examined the major strategic risks to which the charity is exposed and are satisfied that systems are in place to minimise or mitigate these. The trustees will continue to review potential risks on a regular basis and will take further action to minimise or mitigate these risks as required.

Structure, governance and management

Carefree - Fostering Independence Cornwall is a company limited by Guarantee governed by its Memorandum and Articles of Association dated 23 January 2008 and amended 23 May 2008. It became a registered charity with the Charity Commission on 12 June 2008. In the event that the charity is wound up the members agree to contribute an amount of not more than £10 to the assets of the charity.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr R Grant

Mr MA Tresidder

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2019

Ms C Walker-Booth	
Ms JB Hampton	(Appointed 14 March 2019)
Ms M Carne	(Appointed 14 March 2019)
Mr M Ellis	(Appointed 18 June 2019)
Ms H Seymour	(Appointed 3 March 2020)
Mr L Tilley	(Appointed 3 March 2020)

Recruitment and induction of trustees

The directors of the company are also charity trustees for the purposes of charity law. The trustees may appoint a person who is willing to act to be a trustee. Potential trustees meet the trustees and management prior to the proposal as a trustee. Once appointed, trustees undertake an induction into the working of the charity including observing operational activity, discussions with staff and reading information such as accounts and other evaluation documents.

Organisation

The trustees are legally responsible for the overall control and management of the charity. The Chief Executive Officer is responsible for the day to day management and administration of the charity and reports to the trustees.

Remuneration policy for key management personnel

The trustees consider the Chief Executive Officer, the Youth Work Team Manager and the Finance Manager to comprise the key management personnel of the charity.

The pay of the senior staff is reviewed annually and normally increased in accordance with average earnings. In view of the nature of the charity, the Trustees benchmark against pay levels in other similar organisations.

This trustees' report was written before the full impact of the Covid 19 pandemic was understood. Whilst the trustees' report relates to work delivered in 2019, for the record the Trustees are supporting staff as 2020 unfolds to meet the needs of young people in and leaving care as thoroughly as possible. This includes keeping in very regular contact with young people, using social distancing when undertaking essential face to face work and developing a range of online support, communication and group work.

The trustees' report was approved by the Board of Trustees.

Mr M Ellis

Trustee

Dated: 18 June 2020

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CAREFREE-FOSTERING INDEPENDENCE CORNWALL

I report to the trustees on my examination of the financial statements of Carefree-Fostering Independence Cornwall (the charity) for the year ended 31 December 2019.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mark Williams FCA DChA

RRL LLP
Peat House
Newham Road
TRURO
Cornwall
TR1 2DP

Dated: 18 June 2020

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 DECEMBER 2019

		Unrestricted funds 2019 £	Restricted funds 2019 £	Total 2019 £	Unrestricted funds 2018 £	Restricted funds 2018 £	Total 2018 £
	Notes						
Income from:							
Donations and legacies	3	10,676	-	10,676	2,551	-	2,551
Charitable activities	4	190,132	655,340	845,472	34,500	696,500	731,000
Investments	5	81	-	81	37	-	37
Total income		200,889	655,340	856,229	37,088	696,500	733,588
Expenditure on:							
Charitable activities	6	86,630	735,475	822,105	53,166	677,144	730,310
Net gains/(losses) on investments	10	(675)	-	(675)	-	-	-
Net incoming/ (outgoing) resources before transfers		113,584	(80,135)	33,449	(16,078)	19,356	3,278
Gross transfers between funds		(3)	3	-	663	(663)	-
Net movement in funds		113,581	(80,132)	33,449	(15,415)	18,693	3,278
Fund balances at 1 January 2019		36,697	175,580	212,277	52,112	156,887	208,999
Fund balances at 31 December 2019		150,278	95,448	245,726	36,697	175,580	212,277

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

BALANCE SHEET

AS AT 31 DECEMBER 2019

	Notes	2019 £	£	2018 £	£
Fixed assets					
Tangible assets	12		1,670		-
Investments	13		7,851		-
			<u>9,521</u>		<u>-</u>
Current assets					
Debtors	15	27,539		28,175	
Cash at bank and in hand		219,228		209,051	
		<u>246,767</u>		<u>237,226</u>	
Creditors: amounts falling due within one year	16	(10,562)		(24,949)	
Net current assets			236,205		212,277
Total assets less current liabilities			<u>245,726</u>		<u>212,277</u>
Income funds					
Restricted funds	18		95,448		175,580
<u>Unrestricted funds</u>					
Designated funds	19	59,670		30,000	
General unrestricted funds		90,608		6,697	
		<u>150,278</u>		<u>36,697</u>	
			<u>245,726</u>		<u>212,277</u>

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

BALANCE SHEET (CONTINUED)

AS AT 31 DECEMBER 2019

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2019.

The trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 18 June 2020

Mr M Ellis
Trustee

Company Registration No. 06481146

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 DECEMBER 2019

	Notes	2019 £	£	2018 £	£
Cash flows from operating activities					
Cash generated from operations	23		12,323		18,135
Investing activities					
Purchase of tangible fixed assets		(2,227)		-	
Interest received		81		37	
Net cash (used in)/generated from investing activities			(2,146)		37
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			10,177		18,172
Cash and cash equivalents at beginning of year			209,051		190,879
Cash and cash equivalents at end of year			219,228		209,051

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 DECEMBER 2019

1 Accounting policies

Charity information

Carefree-Fostering Independence Cornwall is a private company limited by guarantee incorporated in England and Wales. The registered office is Clinton Passage, REDRUTH, Cornwall, TR15 2AY. In the event that the charity is wound up the members agree to contribute an amount of not more than £10 towards the assets of the charity in the event of liquidation. The members of the charity are the trustees named on the legal and administrative information page.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1 January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

Governance costs include costs of the preparation and examination of the statutory accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating staff costs by the time spent and other costs by their usage.

1.6 Tangible fixed assets

Tangible fixed assets costing £500 or more are capitalised and are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% straight line basis
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

1 Accounting policies

(Continued)

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2019 £	2018 £
Donations and gifts	10,676	2,551

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2019

4 Charitable activities

	2019 £	2018 £
Grants and contracts for general charitable purposes	182,196	34,500
Grants and contracts for specific purposes	655,340	696,500
Other income	7,936	-
	<u>845,472</u>	<u>731,000</u>
Analysis by fund		
Unrestricted funds	190,132	34,500
Restricted funds	655,340	696,500
	<u>845,472</u>	<u>731,000</u>
Grants and contracts		
Big Lottery	80,910	78,553
Children in Need	38,062	35,638
Esmée Fairbairn	52,000	53,000
Learning Partnership - BBO	29,826	39,701
Local Authority - Leaving Care Services (via The Learning Partnership for Cornwall and the Isles of Scilly)	271,134	227,747
Local Authority - Engagement and Participation Services	106,206	119,154
British Foreign Schools Society	29,946	14,867
Learning Partnership - Ambitions	11,269	-
Youth Music	24,995	25,995
Other	193,188	136,345
	<u>837,536</u>	<u>731,000</u>

The amounts included in other grants and contracts include the following for general charitable purposes:

£40,000 - Barnardos
£47,915 - Lloyds Foundation
£10,000 - National Lottery Awards for All
£30,000 - Segelman Trust
£25,000 - CHK Foundation

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

5 Investments

	Unrestricted funds	Unrestricted funds
	2019 £	2018 £
Interest receivable	81	37

6 Charitable activities

	2019 £	2018 £
Staff costs	613,960	527,310
Depreciation and impairment	557	-
Activity venue hire	6,708	8,529
Project resources	9,579	7,538
Young peoples travel	31,816	37,652
Other project costs	23,957	13,827
Funds 4 care purchases	28,181	41,720
PA service refreshments	-	1,594
	714,758	638,170
Share of support costs (see note 7)	96,655	88,434
Share of governance costs (see note 7)	10,692	3,706
	822,105	730,310
Analysis by fund		
Unrestricted funds	86,630	53,166
Restricted funds	735,475	677,144
	822,105	730,310

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

7 Support costs

	Support costs £	Governance costs £	2019 £	Support costs £	Governance costs £	2018 £
Staff costs	47,000	-	47,000	44,000	-	44,000
Rent, rates and insurance	17,469	-	17,469	13,654	-	13,654
Repairs and maintenance	6,000	-	6,000	6,365	-	6,365
Telephone and fax	10,262	-	10,262	10,590	-	10,590
Computer software and maintenance costs	1,974	-	1,974	2,432	-	2,432
Printing, postage and stationery	2,171	-	2,171	2,283	-	2,283
Sundry expenses	8,590	-	8,590	5,927	-	5,927
Cleaning	2,480	-	2,480	1,400	-	1,400
Consultancy fees and research in practice	-	-	-	1,020	-	1,020
Advertising	589	-	589	643	-	643
Bank charges	120	-	120	120	-	120
Accountancy	-	4,236	4,236	-	3,706	3,706
Legal and professional	-	6,456	6,456	-	-	-
	<u>96,655</u>	<u>10,692</u>	<u>107,347</u>	<u>88,434</u>	<u>3,706</u>	<u>92,140</u>
Analysed between						
Charitable activities	<u>96,655</u>	<u>10,692</u>	<u>107,347</u>	<u>88,434</u>	<u>3,706</u>	<u>92,140</u>

Governance costs includes payments to the accountants of £2,220 (2018 - £2,220) for independent examination fees.

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration, benefits or expenses from the charity during the year.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

9 Employees

Number of employees

The average monthly number of employees during the year was:

	2019 Number	2018 Number
Charitable activities	28	24

Employment costs

	2019 £	2018 £
Wages and salaries	527,363	449,409
Social security costs	39,359	34,151
Other pension costs	14,807	11,658
	581,529	495,218

There were no employees whose annual remuneration was £60,000 or more.

10 Net gains/(losses) on investments

	Unrestricted funds	Total
	2019 £	2018 £
Revaluation of investments	(675)	-

11 Taxation

The company is a registered charity and is, therefore, exempt from taxation.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2019

12 Tangible fixed assets

	Fixtures and fittings £
Cost	
At 1 January 2019	2,229
Additions	2,227
	<u> </u>
At 31 December 2019	4,456
	<u> </u>
Depreciation and impairment	
At 1 January 2019	2,229
Depreciation charged in the year	557
	<u> </u>
At 31 December 2019	2,786
	<u> </u>
Carrying amount	
At 31 December 2019	1,670
	<u> </u>
At 31 December 2018	-
	<u> </u>

13 Fixed asset investments

	Listed investments £
Cost or valuation	
At 1 January 2019	-
Additions	8,526
Valuation changes	(675)
	<u> </u>
At 31 December 2019	7,851
	<u> </u>
Carrying amount	
At 31 December 2019	7,851
	<u> </u>
At 31 December 2018	-
	<u> </u>

All fixed asset investments are held in the United Kingdom.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

14	Financial instruments	2019	2018
		£	£
	Carrying amount of financial assets		
	Instruments measured at fair value through profit or loss	7,851	-
		<u> </u>	<u> </u>
15	Debtors	2019	2018
		£	£
	Amounts falling due within one year:		
	Trade debtors	26,299	6,062
	Other debtors	1,240	-
	Prepayments and accrued income	-	22,113
		<u> </u>	<u> </u>
		<u>27,539</u>	<u>28,175</u>
		<u> </u>	<u> </u>
16	Creditors: amounts falling due within one year	2019	2018
		£	£
	Other taxation and social security	7,354	9,084
	Trade creditors	988	13,045
	Accruals and deferred income	2,220	2,820
		<u> </u>	<u> </u>
		<u>10,562</u>	<u>24,949</u>
		<u> </u>	<u> </u>

17 Retirement benefit schemes

Defined contribution schemes

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

The charge to the statement of financial activities in respect of defined contribution schemes was £14,807 (2018 - £11,658).

There were no unpaid contributions at the year end (2018: £Nil).

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

18 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds				
	Balance at 1 January 2018	Incoming resources	Resources expended	Transfers	Balance at 1 January 2019	Incoming resources	Resources expended	Transfers	Balance at 31 December 2019
	£	£	£	£	£	£	£	£	£
Big Lottery	951	78,553	(76,862)	-	2,642	80,910	(79,831)	-	3,721
Children in Need	7,038	35,638	(37,059)	-	5,617	38,062	(38,107)	-	5,572
Co-Operative Foundation	19,417	35,000	(19,422)	-	34,995	-	(34,995)	-	-
Esmee Fairbairn Foundation	35,798	50,000	(50,047)	-	35,751	50,000	(50,497)	-	35,254
Lloyds Foundation	22,082	2,085	(24,167)	-	-	-	-	-	-
The West Cornwall Youth Trust	-	4,000	(4,000)	-	-	-	-	-	-
Youth Music	16,117	25,995	(31,682)	-	10,430	24,995	(30,726)	-	4,699
British and Foreign Schools Society	-	14,867	(5,226)	-	9,641	29,946	(29,348)	-	10,239
Listening Fund (Blagrove Trust)	-	20,386	(2,875)	-	17,511	20,000	(27,476)	-	10,035
Barnardos	-	14,000	(5,227)	-	8,773	-	(8,773)	-	-
Segelman Trust	-	30,000	(5,000)	-	25,000	-	(25,000)	-	-
Trewithen Fund	-	4,322	-	-	4,322	-	(4,325)	3	-
Cornwall Council - Participation and engagement services	9,145	119,154	(126,487)	-	1,812	106,206	(94,545)	-	13,473
Local Authority - Leaving Care Services (via The Learning Partnership for Cornwall and the Isles of Scilly)	44,915	227,747	(259,822)	-	12,840	271,134	(261,544)	-	22,430
Small Grants	663	-	-	(663)	-	-	-	-	-
Learning Partnership - BBO End to End	-	25,510	(23,135)	-	2,375	25,384	(39,009)	-	(11,250)
Learning Partnership - BBO participant costs	761	3,134	(24)	-	3,871	40	-	-	3,911
Learning Partnership - Ambitions	-	6,109	(6,109)	-	-	8,663	(11,299)	-	(2,636)
	<u>156,887</u>	<u>696,500</u>	<u>(677,144)</u>	<u>(663)</u>	<u>175,580</u>	<u>655,340</u>	<u>(735,475)</u>	<u>3</u>	<u>95,448</u>

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

18 Restricted funds

(Continued)

Description, nature and purpose of restricted funds

Big Lottery

Positive activities and accreditation for young people in and leaving care

Children in Need

Peer mentor development

Co-Operative Foundation

Enabling Carefree to work with young people in and leaving care to reduce youth loneliness

Esmee Fairbairn Foundation

Core funding to promote better emotional and mental health, improve local services and influence national services for young people in and leaving care

Lloyds Foundation

Core funding to develop services for young people in and leaving care

The West Cornwall Youth Trust

For delivering positive activities in holiday time to young people in West Cornwall

Youth Music

Helping young people in care enjoy and achieve through music

British and Foreign School Society

Deliver Edulink, working in schools to enable young people in care to achieve

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

18 Restricted funds

(Continued)

Listening Fund (Blagrove Trust)

Improving how we listen to young people and influencing the local authority to do the same

Barnardos

Supporting our partnership work with a national children's charity

Segelman Trust

Core funding to develop our work and build our capacity to meet the needs of young people in and leaving care

Trewithen Fund

For support to care leavers including young parents

Cornwall Council - Participation and Engagement Services

Enabling young people in and leaving care to associate with their peers and influence the services they receive

Local Authority - Leaving Care Services (via The Learning Partnership for Cornwall and the Isles of Scilly)

For provision of a Personal Advisor service for young people leaving care

Learning Partnership - BBO End to End and Participant Costs

Enable young people not in Education Training or Employment to improve their chances of positive careers

Learning Partnership - Ambitions

For provision of careers-based information advice and guidance to young people not in, or at risk of not being in, education employment or training

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

19 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 January 2018	Transfers	Balance at 1 January 2019	Transfers	Balance at 31 December 2019
	£	£	£	£	£
Closure costs	-	30,000	30,000	28,000	58,000
Capital reserve	-	-	-	1,670	1,670
	-	30,000	30,000	29,670	59,670

Purposes of designated funds

Closure Costs - This fund is to be utilised should the charity cease to operate to ensure that all closure costs can be funded.

Capital Reserve - This fund equals the net book value of tangible fixed assets.

20 Analysis of net assets between funds

	Unrestricted funds 2019 £	Restricted funds 2019 £	Total 2019 £	Unrestricted funds 2018 £	Restricted funds 2018 £	Total 2018 £
Fund balances at 31 December 2019 are represented by:						
Tangible assets	1,670	-	1,670	-	-	-
Investments	7,851	-	7,851	-	-	-
Current assets/ (liabilities)	140,757	95,448	236,205	36,697	175,580	212,277
	150,278	95,448	245,726	36,697	175,580	212,277

21 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2019 £	2018 £
Aggregate compensation	116,686	107,366

The charity is controlled by the trustees who are all directors of the company.

CAREFREE-FOSTERING INDEPENDENCE CORNWALL

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 DECEMBER 2019

22 Analysis of changes in net funds

The charity had no debt during the year.

23 Cash generated from operations	2019 £	2018 £
Surplus for the year	33,449	3,278
Adjustments for:		
Gift of investment	(8,526)	-
Investment income recognised in statement of financial activities	(81)	(37)
Fair value gains and losses on investments	675	-
Depreciation and impairment of tangible fixed assets	557	-
Movements in working capital:		
Decrease in debtors	636	4,112
(Decrease)/increase in creditors	(14,387)	10,782
Cash generated from operations	12,323	18,135