Charity Registration No. 1168397

Company Registration No. 09913673 (England and Wales)

# DEMENTIA CLUB UK ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

### LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	L Rutter M Rutter A Parker N Rutter V Chodosh D Longstaff	(Appointed 1 December 2019)
Charity number	1168397	
Company number	09913673	
Principal address	6 Kingswood Close London N20 9PX	
Registered office	Churchill House 137-139 Brent Street London NW4 4DJ	
Independent examiner	Anthony Epstein FCA Paragon Partners Limited Churchill House 137 - 139 Brent Street London NW4 4DJ	

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### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2019

The trustees present their report and financial statements for the year ended 31 December 2019.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Companies Act 2006 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

#### **Objectives and activities**

The charity's objects are:

(1) to promote good health and relieve need by: (i) providing support to persons living with dementia, their families and carers, including by providing advice, support and information; (ii) disseminating information and advice to dementia/alzheimer sufferers, their families and carers in order to improve their understanding and to enhance coping strategies; (iii) raising awareness of the symptoms and needs of dementia/alzheimer sufferers in the wider community; (iv) supporting research that includes the impact of gentle movement and exercise in relation to dementia and alzheimer's; and (v) providing experience-based and bespoke training for carers working with dementia/alzheimer sufferers."

(2) to advance the education of the public about dementia and about care and support for people living with dementia, their families and carers"

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

#### Achievements and performance

Dementia Club UK are now running twelve dementia clubs in the Borough of Barnet and the Borough of Camden. The number of people living with Alzheimer's disease and other types of dementia continues to increase and our aim is to continue to raise awareness about dementia and to open more dementia clubs to meet the demand.

Our association with the Rotary Clubs are continuing to work well and Rotary Club members are volunteering in the dementia clubs to support the charity.

Two GLL BETTER Leisure Centres have also joined in Association with Dementia Club UK - Barnet Copthall Leisure Centre and Kentish Town Leisure Centre in the Borough of Camden.

Our two GPs continue to volunteer their time and take blood pressures when members request it and provide medical advice.

The Tovertafel at The Finchley Memorial Hospital continues to be very successful and is bringing a lot of joy and smiles to many faces including the carers. We continue to have about 40 people attending this venue every week and similar numbers in the other venues.

We have also bought 2 OM interactive games systems similar to the Tovertafel but they have more choice of games. We have installed one of the OMi systems in a Care Home in Barnet so that residents and their carers and the local community can benefit and have fun. This has been very successful. The other OM interactive system is a mobile unit which we are taking to some of the other dementia club venues to provide more variety of activities.

The charity continues to receive referrals from the Barnet Memory Clinic and also from The Alzheimer's Society and GP surgeries and other organisations.

We have a steady number of volunteers and we are very grateful for their continued help. We continue to get students and University medical students from time to time who also want to volunteer and learn about dementia.

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 DECEMBER 2019

#### Financial review

The charity's income is mainly derived from donations received. The statement of Financial Activities shows donations received of £40,983 and an excess of expenditure over income of £1,959 for the period. The trustees expect an increase in donations in the coming year.

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees considers that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### Structure, governance and management

The charity is a company limited by guarantee without share capital use of "Limited" exemption as established by memorandum and articles incorporated on 11 December 2015 as amended by a special resolution registered at companies house on 18 July 2016.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

L Rutter M Rutter P Cragg A Parker N Rutter V Chodosh D Longstaff

(Resigned 6 November 2019)

(Appointed 1 December 2019)

The Board of Trustees is authorised to appoint new trustees to fill vacancies arising through resignation or death of an existing trustee.

None of the trustees has any beneficial interest in the company. All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The trustees' report was approved by the Board of Trustees.

L Rutter

L Rutter Trustee Dated: 16 October 2020

#### INDEPENDENT EXAMINER'S REPORT

#### TO THE TRUSTEES OF DEMENTIA CLUB UK

I report to the trustees on my examination of the financial statements of Dementia Club UK (the charity) for the year ended 31 December 2019.

#### **Responsibilities and basis of report**

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Anthony Epstein FCA

Paragon Partners Limited Churchill House 137 - 139 Brent Street London NW4 4DJ

Dated: 19 October 2020

### STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

### FOR THE YEAR ENDED 31 DECEMBER 2019

	Unrestricted funds		Unrestricted funds
		2019	2018
	Notes	£	£
Income from: Donations and activities	3	40,983	26,484
Expenditure on: Charitable activities	4	39,340	22,662
Support costs	5	3,602	1,463
Total resources expended		42,942	24,125
Net (expenditure)/income for the year/			
Net movement in funds		(1,959)	2,359
Fund balances at 1 January 2019		42,258	39,899
Fund balances at 31 December 2019		40,299	42,258

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

### BALANCE SHEET AS AT 31 DECEMBER 2019

		2019		2018	
	Notes	£	£	£	£
Current assets					
Cash at bank and in hand		40,299		42,258	
Net current assets			40,299		42,258
Income funds					
Unrestricted funds			40,299		42,258
			40,299		42,258

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2019.

The trustees acknowledges his responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 16 October 2020

L Rutter Trustee

Company Registration No. 09913673

### NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 DECEMBER 2019

#### 1 Accounting policies

#### Charity information

Dementia Club UK is a private company limited by guarantee incorporated in England and Wales. The registered office is Churchill House, 137-139 Brent Street, London, NW4 4DJ.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.5 Expenditure

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered.

Costs of charitable activities relate to the furtherance of the charities objectives

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2019

#### 1 Accounting policies

**Resir financial assets** 

(Continued)

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

#### Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

#### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### 3 Donations and activities

Unrestricted	Unrestricted
funds	funds
2019	2018
£	£
Donations and gifts 40,983	26,484

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 DECEMBER 2019

#### 4 Charitable activities

	2019	2018
	£	£
Donations	-	6,000
Activities and events	39,340	16,662
	39,340	22,662
	39,340	22,662

#### 5 Support costs

	Unrestricted funds	Total
	2019	2018 £
Administrative expenses	3,602	1,463
	3,602	1,463

#### 6 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year.

#### 7 Employees

There were no employees during the year.

#### 8 Related party transactions

There were no disclosable related party transactions during the year (2019- none).