



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From January 2019 Period start date. To December 2019 Period end date.

Charity name: Autism Inclusive

Charity registration number: 1162587

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>An inclusive community which provides support, advice and education for those with autism, ADHD and any other neurodiversity, suspected or diagnosed, along with their families and carers.</p> <p>The main objectives of Autism Inclusive;</p> <ol style="list-style-type: none">1. The relief of those in need and the promotion of social inclusion for the public benefit of individuals with autism, ADHD or other neurodiversity (diagnosed or suspected) who are socially excluded from society in particular, but not exclusively by:<ol style="list-style-type: none">i) Promoting their independence and self-confidence or supporting their equal access to essential services.ii) Enabling such individuals (and those that support them) to develop coping mechanisms in order to improve their mental, physical and emotional health and well-being.iii) Promoting autism awareness in order to improve understanding, tolerance and acceptance of all individuals in the wider community.2. The promotion of any other charitable purposes for the benefit of any individuals with autism, ADHD or any other neurodiversity (diagnosed or suspected) in the local government areas of Cheshire

		East, Cheshire West and Chester and the wider north west area.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Weekly Activities:</p> <ul style="list-style-type: none"> • Wednesday morning, Parent/Carer Support Group – A social chat peer to peer support group for parents/carers of those with autism, ADHD or other neurodiversity. • Wednesday afternoon, Adult Support Group – A social chat peer to peer support group for adults with autism, ADHD or other neurodiversity. • Friday evening, Youth Club – a fun session for children and teenagers with autism, ADHD or other neurodiversity, to play and express themselves in a safe space free from judgement. <p>Fortnightly Activities:</p> <ul style="list-style-type: none"> • Monday evening, Adult Gaming – a fun gaming session for those aged 14+ with autism, ADHD or other neurodiversity • Saturday all day, Family Fun Day – arts and crafts activities along with gaming console for children with autism, ADHD or other neurodiversity and their families. <p>Monthly Activities:</p> <ul style="list-style-type: none"> • Wednesday PM, Parent/Carer Support Group – a social chat peer to peer support group for parents/carers of those with autism, ADHD or other neurodiversity. <p>Other Activities:</p> <ul style="list-style-type: none"> • Educational workshops regularly held – Understanding Autism, Challenging Behaviour, Understanding EHCP's, Pathological Demand Avoidance, Making Meetings Work, Managing Anxiety. • Children's and Young Adult activity days – visits to local police station, Bentley Motors. <p>All of our peer to peer sessions also have professionals visiting, these might be advisors from the Cheshire East Autism Team, the local Family Information Service, Cheshire Carers or similar.</p> <p>Other Activities.</p>
Statement confirming whether the trustees have	Para 1.18	Yes

had regard to the guidance issued by the Charity Commission on public benefit		
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Significant hours have been contributed by volunteers to run all of our support groups, activities and events. Without the superb effort of our trustees and volunteers, Autism Inclusive would cease to exist.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Increased number of service users accessing our groups and activities, coming from a larger area. We have service users access our Saturday Family Sessions, coming from as far as Runcorn, Widnes and Manchester. We have a increased number of service users registered to our online closed community groups, reaching hundreds more individuals and families to offer online support as well as face to face for those who are unable to physically access our groups.

Additional information (optional)

You may choose to include further statements where relevant about:

	Para 1.41	
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Achievements against objectives set		
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We believe Autism Inclusive to be in a healthy financial position heading into 2020.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We have a reserve fund which equates to 12 months rental costs.
Amount of reserves held	Para 1.22	£8,000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our principle source of funding comes from grants, fundraising and donations.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charity Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation - CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Each trustee is appointed for a period of four years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for the appointment as charity trustees, the trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Autism Inclusive
Other name the charity uses	
Registered charity number	1162587
Charity's principal address	Unit 8/9 Briereley Business Centre Crewe Cheshire CW1 2AP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Elly Holstead	Co-Chairperson	October 2018	
2	Linda Hesketh	Co-Chairperson	October 2018	
3	Gemma Moloney	Trustee	September 2018	
4	Sharon Robinson	Trustee	January 2016	
5	Kirstie Scott	Trustee	September 2016	
6	James Faddes	Trustee	May 2019	
7	Audlan Massey	Trustee	January 2016	
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Gemma Moloney-Ridsdale	
Position (eg Secretary, Chair, etc)	Co-Chairperson	
Date	22/10/20	

Autism Inclusive Annual Accounts
Income and Expenditure Report
Year ending 31st December 2019

Income	Total	Restricted	Unrestricted
Grants	1,433	1,433	0
Donations	6,127	0	6,127
Events and Fundraisers	1,570	0	1,570
Bank Interest	16	0	16
Total Income	9,146	1,433	7,713
Expenditure			
General Running Costs	7,272	5,081	2,191
Charity Activities	4,780	0	4,780
Staff Costs	1,812	1,812	0
Total Expenditure	13,864	6,893	6,971
Net Expenditure	(4,718)	(5,460)	742
Balance Brought Forward	21,974	10,187	11,787
Net Expenditure	(4,718)	(5,460)	742
Balance	17,257	4,727	12,529
Main Account	9,195		
Reserve Account	8,022		
Cash	39		
	17,257		

I certify these Accounts are a True and Fair View of the charities Income and Expenditure during the stated period.

Co Chair: Elly Holstead

Date



29-9-20

Co Chair and Treasurer: Gemma Moloney_Ridsdale

Date



29.09.20

Autism Inclusive Annual Accounts
Breakdown of Income
Year ending 31st December 2019

Donations

	Total	Restricted	Unrestricted
Donations By Members	4,727		4,727
Donations By Companies	1,400		1,400
	<u>6,127</u>	<u>-</u>	<u>6,127</u>

Grants

Williams Foundation	4,800	4,800	
Children In Need Grant Repayment	(3,367)	(3,367)	
	<u>1,433</u>	<u>1,433</u>	<u>-</u>

Events and Fundraising

	<u>1,570</u>	<u>1,570</u>
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Bank Interest

	<u>16</u>	<u>16</u>
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Autism Inclusive Annual Accounts
Breakdown of Expenditure
Year ending 31st December 2019

	Total	Restricted	Unrestricted
General			
Office Costs	1,991		1,991
Rent	5,000	4,800	200
Telephone	281	281	
	<u>7,272</u>	<u>5,081</u>	<u>2,191</u>
Charity Activities			
Gaming Costs	2,953		2,953
Shop Supplies	721		721
Arts and Crafts	982		982
Sensory Room	125		125
	<u>4,780</u>	<u>-</u>	<u>4,780</u>
Staff Costs			
Project Development Coordinator	1,812	1,812	
	<u>1,812</u>	<u>1,812</u>	<u>-</u>