



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From: Period start date To 1.1.19

Period end date 31.12.19

Charity name: FRESH HORIZONS CNB

Charity registration number: 1167809

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<ol style="list-style-type: none">1. The relief of poverty through the provision of accommodation and other amenities and services.2. To advance the Christian faith in the United Kingdom as the trustees may from time to time think fit.3. The furtherance of the charitable work of the charity by the advancement of such other charitable purposes as the trustees may from time to time decide.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Accommodation for the homeless The provision of accommodation for persons previously street homeless and/or under the care of a night shelter. We offer a stable and secure living environment for individuals who find themselves without accommodation. Residents stay with us for a period of six to eighteen months.</p> <p>Faith based Advancing the Christian faith by offering literature, information and opportunity for worship to those interested or sympathetic to the Christian faith.</p> <p>Life skills Support Residents commit to a support programme throughout the duration of their stay. Our program helps to restore life skills & self-confidence. Enabling residents to return to mainstream living, including education, employment and independent living.</p> <p>Residents Receive Life skills training.</p>

		<p>Help accessing educational and employment opportunities.</p> <p>Advice on financial budgeting and overcoming debt.</p> <p>Assistance with accessing health and social care.</p> <p>Guidance in finding community facilities and resources.</p> <p>Support with resettlement into independent accommodation.</p> <p>Food Bank</p> <p>Fresh Horizons CNB runs a weekly stationary food bank and a bi-weekly mobile food bank which complements its work with the homeless. Supplies are provided to residents, families, individuals, churches and other help centres working to reduce food poverty. Supplies are provided by local grocers and food share schemes.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>ACTIVITIES UNDERTAKEN FOR THE PUBLIC BENEFIT</p> <p>The trustees have fully complied with guidance to have due regard to the Public Benefit published by the Charity Commission in executing the duties of the charity.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable.
Policy on social investment including program related investment	Para 1.38	Not applicable.
Contribution made by volunteers	Para 1.38	<p>Volunteer Contribution</p> <p>Volunteer contribution has been invaluable in the running of the charity activities. Between 26 volunteers have willingly contributed more than 9,000 man hours between throughout the year. enabling the homeless accommodation and food banks to run successfully. In addition, over this time they have covered over 7,000 miles in their own vehicles to enable the food bank to run and to offer help and support to residents. A café runs simultaneously with the food bank providing refreshments and hot meals to those that attend.</p>

Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Accommodation: Occupancy rate was 96% throughout the year, 70% of residents remained with us for 1 year before moving on to alternative accommodation. During the year the charity graduated to accepting residents showing progress in drug and/or alcohol related programmes. Closely working with Job Centre Plus and Harrow College resulted in 37% of resident entering work and 30% entering training courses with the college. Accommodation is open to residents of all faiths, previous and present residents are from multi-cultural, multi faith backgrounds. Residents have dwelt harmoniously together. Some have shown a particular interest in the Christian faith, and have stated that reading materials and participation has been beneficial in providing a sense of purpose, focus and calm.</p> <p>Food Banks: Attendees of the local food bank are supplied with up to two shopping bags of food. This year the food bank has distributed 8,680 shopping bags of re-purposed food. Between January December 4340 adults have benefitted from the food bank, 1,587 children have been supported with food, of which 386 have been between the ages of 0 – 5yrs.</p> <p>There are now 30 volunteers on our foodbank rota, a mixture of local residents & members from local churches - their help has been invaluable. The food bank is supplied with re-purposed food by The Felix Project, City Harvest and Tesco (via Fareshare Food Cloud).</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	Para 1.41	
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Achievements against objectives set		<p>OBJECTIVE 1. To open a new house for rehousing. This was accomplished in May 2019, doubling the number of bed spaces provided.</p> <p>OBJECTIVE 2. To see 40% of residents moved to permanent housing. We fell shy of this target with 30% of residents moving on to more stable accommodation.</p> <p>OBJECTIVE 3. At least 35% of residents entering work or education. This target was met with 35% taking on part time work (up to 16 hours per week).</p> <p>OBJECTIVE 4. To increase the number of families in need helped with re-purposed food by 25%. This target had it's challenges due to the finite amount of food delivered to the food bank, or collected from depots. Never the less we were able to increase the number of families helped by 30%.. Providing 'meal' specific items contributed to this target.</p> <p>OBJECTIVE 5. Increase the number of volunteers completing the Food safety course, enabling them to work across both the Food bank and the Café. We were able to achieve a 20% increase in this area. Which will continue into next year.</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>OBJECTIVE 1. To increase the number of individual donors by 20%. We were able to achieve this target, mainly via word of mouth promotion.</p> <p>OBJECTIVE 2. To increase the number of individual fundraiser initiatives by 20%.</p> <p>We saw a 70% increase in this area over last year, with several supporters taking part in the Westminster Virgin Sport 10K race on our behalf.</p>
Investment performance against objectives	Para 1.41	Not applicable.
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	End of year financial position £5,019+ reserves. No outstanding debts or monies owed to the charity.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity's policy is to ensure sufficient reserves to enable present commitments to be met. Specifically, to meet the cost of property repairs, upgrades and necessary enhancements to our present leased property. In addition, we seek to meet budgeting forecast requirements for the coming financial year, including resident support, staff and volunteer re imbursements, training and travel.
Amount of reserves held	Para 1.22	£5,019
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no present concerns about the charity continuing as a going concern. It has held sufficient reserves to meet its outgoings over the last four years since launching.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The principle source of funding comes from housing benefit payments for our residents amounting to 75.6% of income this year. Donations, including gift aid payments have made up a further 17.5% of received funds.
Investment policy and objectives including any social investment policy adopted	Para 1.46	The Charity does not adhere to an investment policy at this time.
A description of the principal risks facing the charity	Para 1.46	Principal risks include a reduction in referrals to the charity, comprising of individuals who are street homeless, or threatened with street homelessness. A change in policy by local or national government affecting Exempt Accommodation or payment of housing benefit for our residents would also pose a significant risk.
Other		

Structure, Governance and Management

Description of charity's trusts:		Not applicable.
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by the Trustee Board.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Induction and training of trustees is carried out through membership of The National Council for Voluntary Organisations (NCVO). Trustees are required to complete the 'Trustee's Role & Responsibilities' course and attend at least one additional course per year, with ongoing refreshers.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	Risk management training is given to all staff & volunteers. Our accommodations are risk assessed and carry relevant insurance and safety protocol. Our food banks also have a written risk assessment which is reviewed annually. To accomplish its objectives Fresh Horizons CNB works in collaboration with the following organisations: HOUSING: Firm Foundation Night Shelter, Growth Night Shelter, Salvation Army, CRISIS, Shelter, Refugees at Home, Hope World Wide, Brent SHiPs, Harrow Council, Voluntary Action Harrow and Harrow Churches Together.
Relationship with any related parties	Para 1.51	Fresh Horizons CNB works closely with Green Pastures, a Charity committed to ending homelessness through collaboration with local churches through out the UK. We lease our homes from Green pastures for the purpose of re housing the homeless.
Other		

Reference and Administrative details

Charity name	FRESH HORIZONS CNB
Other name the charity uses	N/A
Registered charity number	1167809
Charity's principal address	31A Heather Park Drive, Wembley Middlesex HA0 1SP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	ROSE MCGOWAN	CHAIR		TRUSTEE BOARD
2	JASON EDWARDS	TREASURER		
3	DULCETTE LAMBERT	SECRETARY		
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name	N/A	

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
N/A		

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A


Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Jason Edwards	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	22.10.20	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Fresh Horizons CNB

1167809

Receipts and payments accounts

CC16a

For the period
from

Period start date
01/12/2018


To

Period end date
30/11/2019

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Housing Benefit - Harrow Council	41,479	-	-	41,479	36,928
Residents service charge	1,040	-	-	1,040	2,449
Donations	734	-	-	734	8,253
Other i.e gift aid, refunds, etc	8,898	-	-	8,898	2,924
Brought forward balance	2,699	-	-	2,699	8,669
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	54,850	-	-	54,850	59,223
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	54,850	-	-	54,850	59,223
A3 Payments					
Council Tax	2,621	-	-	2,621	1,810
Water Rates	686	-	-	686	882
Gross Wages & Salaries	7,820	-	-	7,820	9,482
Staff & Volunteer Training	150	-	-	150	1,033
Website	57	-	-	57	1,348
Lease	22,660	-	-	22,660	25,025
Insurance(building and goods)	281	-	-	281	1,297
Fund raising	-	-	-	-	5,580
TV Licence	232	-	-	232	169
Gas & Electricity	3,281	-	-	3,281	2,955
Telephone and broadband	907	-	-	907	626
Mobile Phone	73	-	-	73	90
Office Admin	6	-	-	6	129
Client support	69	-	-	69	290
Food Bank	1,745	-	-	1,745	1,190
Maintenance & repairs	6,378	-	-	6,378	4,047
Miscellaneous	2,865	-	-	2,865	571
	-	-	-	-	-
Sub total	49,831	-	-	49,831	56,524
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	49,831	-	-	49,831	56,524
Net of receipts/(payments)	5,019	-	-	5,019	2,699
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	5,019	-	-	5,019	2,699

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Barclays Bank - Current a/c	5,019	-	-
		-	-	-
		-	-	-
	Total cash funds	5,019	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use		Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities		Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Jason Edwards	31/08/2019	

The Trustees
Fresh Horizons CNB
31A Heather Park Drive
Wembley, Middlesex
HA0 1SP

Independent examiner's report to the trustees of Fresh Horizons CNB

I report to the trustees on my examination of the accounts of Fresh Horizons CNB for the period 31 December 2018 to 31 December 2019.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Yours faithfully,



Ekaete Onipinla
93 Kempe Road, London NW6 6SN
19 October 2020