



Registered charity no. 1152247

"For when I was hungry, you gave me food, when thirsty, you gave me drink, when naked, you clothed me..." Matthew 25 v35

**Ealing Soup Kitchen
Accounts for the year ended 31st December 2019**

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**Ealing Soup Kitchen
Trustees Review
Year ended 31st December 2019**

Over the past year, the Trustees of Ealing Soup Kitchen have been formalising our methodologies for how we help someone go from living on the street, to being fit and capable for a normal life.

We cant do everything, and we can't do it for everybody, but what we do is of enormous value to the individuals involved and to the wider community. We provide much more than food. Our services include help and advice, clothing, sleeping bags, haircuts, Oyster cards, showers, entertainment, referrals, medical attention, and perhaps the most valuable of all – a sense of community.

Methodologies

At ESK, we provide three types of assistance:



1. Solutions to End Homelessness



About 30% of clients at our sessions are rough sleepers.

Where we can, we direct them to emergency shelters, hostels, housing associations, and private landlords that take DSS.

The Ealing Churches Worker With Homeless People, Andrew Mcleay, is the point person for this. When a client approaches him needing a bed, he works with them to try to find a solution.

2. Combatting Isolation

Even once people are housed they can feel isolated. It's important to bring them into a community. We are a 'Soup Kitchen', but a high proportion of our clients are not suffering from hunger. Food is a draw to bring people in.



We encourage them to include us as part of a routine. We give them little jobs and get them involved, don't always treat them like 'others'. We give them things that keep them involved with us after they've left, so that the sense of community doesn't end at the door.

**Ealing Soup Kitchen
Trustees Review (Continued)
Year ended 31st December 2019**

3. Empowering our Clients



A few 'star' clients are now regular volunteers. We give them routines and responsibilities, so that they can begin to believe in themselves as being capable of leading a normal life. For many clients, change is scary, so it has to be slow and gradual. They need to overcome self-doubt, to (re)learn pride, confidence and purpose



We currently help people by sitting with them as they fill in forms, tutoring them, rather than doing it for them. We also host language classes. We'd like to do even more, such as:-

Help clients learn digital skills by finding partners who will teach them.

Tutor them in digital form filling

Give them tasks within the Hubs.

Give them cooking classes.

Build relationships with others doing this sort of work so that we can refer some of our clients to them, such as: City Harvest, Lido Centre, Besom, Job Club



A Small, Beautiful Army of Volunteers

Ealing Soup Kitchen is powered not by money or donations, but by our volunteers. We estimate that somewhere between 200 – 250 people are directly involved with ESK.

Donations are always welcome, of course, but without volunteers we're nothing.

Each weekend, a team from a local church provides food on Saturday and Sunday afternoons. There is about 10 people rotating per team, and there are currently seven teams.



Each Friday, we run a drop-in 'Hub' where people can get help and advice, haircuts, showers and clothes. This is run by a rotating team of about a dozen people. In addition, local businesses come and help with teams of about six. We're had ten throughout the year.

**Ealing Soup Kitchen
Trustees Review (Continued)
Year ended 31st December**

On Monday evening, we hold an another Hub serving food and often entertainment, providing a greater sense of community and a place to go in the evening away from malign influences. A rotating team of about 30 volunteer for this.



Every week, others donate their time doing fundraising, cooking food, helping us with websites and social media, taking photographs, making films, representing us politically, and more. Every single one of them is invaluable, and we're grateful for every pair of hands that turns up to help.

ESK teams

- Chosen for Christ Ministries
- Ealing Abbey
- Ealing Christian Centre
- Haven Green Baptist Church
- St. Mary's Church
- St. Paul's Church
- St. Stephen's Church

Trustees

- John Carter, *Chair*
- Alan Simpson
- Julian Lloyd, *Treasurer & Secretary*
- Alan Reynolds
- Richard Sarsons
- Naomi Rattrey

**Ealing Soup Kitchen
Independent Examiners Report
Year ended 31st December 2019**

Independent examiner's report to the trustees of Ealing Soup Kitchen

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31st December 2019, which are set out on pages 5 to 6.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Name: Christopher Wickenden



Address: 94 Holland Gardens, Brentford, Middlesex TW8 0BH

Date: 24th October 2020

**Ealing Soup Kitchen
Receipts & Payments
Year ended 31st December 2019**

| Notes | 2019 £ | 2018 £ |
|-------------------------------------|------------------|------------------|
| RECEIPTS | | |
| Notting Hill School | 320.69 | 557.03 |
| Haven Green Baptist Church | 2,472.00 | 2,400.00 |
| Bless Community Church | 120.00 | - |
| St Stephen's Church | 3,219.59 | 2,600.00 |
| St Mary's Church | 2,654.50 | - |
| Ealing Green Methodist | 450.00 | - |
| Tudor Trust | - | 2,000.00 |
| The Elim Hoare Trust | 10,000.00 | 5,000.00 |
| Ealing Abbey | 10,000.00 | - |
| St. Paul's | 1,500.00 | 2,500.00 |
| St. John's and St. James | 2,600.00 | 2,600.00 |
| Hope Church | - | 300.00 |
| West Ealing Trust | - | 4,072.06 |
| Fund raising events | - | 1,065.00 |
| Donations from individuals | 37,436.45 | 7,646.68 |
| Bank interest | 3.36 | 1.28 |
| Total Receipts | 70,776.59 | 30,742.05 |
| PAYMENTS | | |
| Rent | 384.00 | 384.00 |
| Events for clients | - | - |
| Fund raising events | - | - |
| Cleaning | 75.00 | 75.00 |
| Food and drink | 2,339.83 | 2,746.52 |
| Worker With Homeless People | 21,275.62 | 20,798.27 |
| Equipment | - | 172.99 |
| Bulding Work | - | 10,516.00 |
| Bank Charges | 60.00 | 20.00 |
| Hub expenses | 6,433.69 | 10,103.20 |
| Housing Justice | 500.00 | - |
| Insurance | 578.71 | 578.71 |
| Total Payments | 31,646.85 | 45,394.69 |
| Surplus/(Deficit) for the 12 months | 39,129.74 | (14,652.64) |
| Balance B/F | 28,175.70 | 42,828.34 |
| Closing funds | 67,305.44 | 28,175.70 |

**Ealing Soup Kitchen
Balance Sheet
Year ended 31st December 2019**

| | Notes | 2019 | 2018 |
|------------------------------|--------------|------------------|------------------|
| | | £ | £ |
| Assets | | | |
| Bank - current account | | 65,368.59 | 26,242.21 |
| Bank - reserve account | | 1,936.85 | 1,933.49 |
| Net Assets | | 67,305.44 | 28,175.70 |
| Financed by | | | |
| Balance brought forward | | 28,175.70 | 42,828.34 |
| Surplus/Deficit for the year | | 39,129.74 | (14,652.64) |
| Reserves | 2 | 67,305.44 | 28,175.70 |

**Ealing Soup Kitchen
Notes to the Financial Statements
Year ended 31st December 2019**

1 Accounting Policies

These accounts have been prepared on a 'receipts and payments' basis and in accordance with Section 133 Charities Act 2011.

2 Basis of preparation

All funds generated by the charity during the year were unrestricted