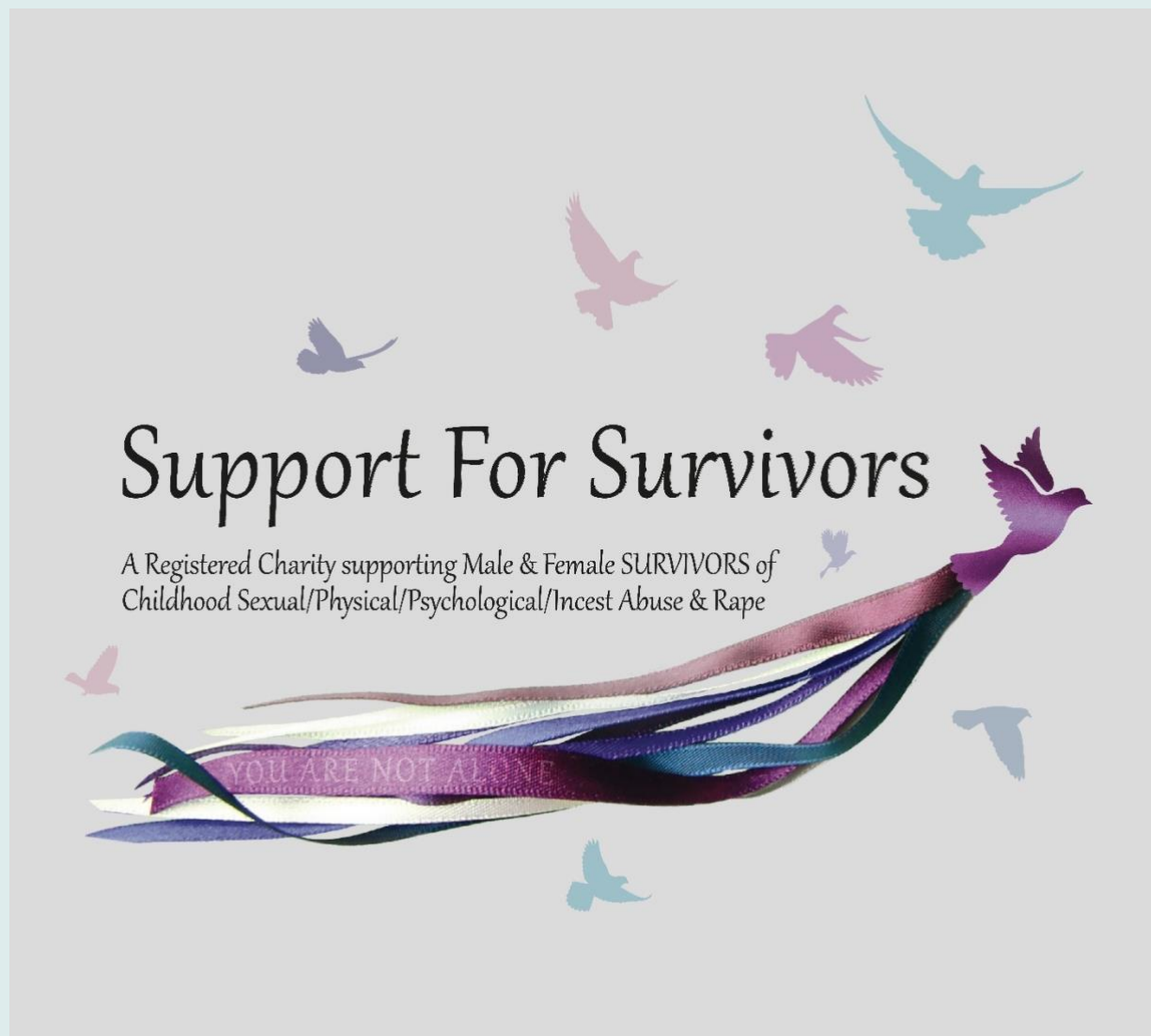




31st December 2019 Yearly Annual Report

Support for Survivors is a Charity – a CIO (registered Charitable Incorporated Organisation number 1165986).



Report for year ending 31/12/2019

*We believe it is important to
talk, why?
Lack of early interventions can
& will have a devastating
impact on victims & survivors
lives with their.*

Emotional Health

Physical Health

Mental Health

Report Prepared by Maxi 'Leigh, Founder Care Services Director
&
Jez Taylor, Chair

Charity Status Granted by Charity Commission 10/03/2016
Registered Charity 1165986 CIO
Self Help Group set up 25/05/2014

Support for Survivors Charity Board of Trustees Effective for Year 2018

- | | |
|-------------------------|--|
| • Jeremy Taylor | Chair |
| • Chris Gibbon | Secretary |
| • Maxi 'Leigh | Founder Care Service Director & Acting Treasurer |
| • Joseph Anthony Curtis | Trustee |
| • Sara Orme | Trustee |
| • Zena Sanigar | Trustee |
| • Dannielle Harris | Trustee |
| • Debbie Heath | Trustee |

We provide support to male & female victims & survivors aged 18 plus, who have been impacted & suffering from a multitude of several types of childhood abuse & experiences. They may have been subjected to either sexual, physical, emotional, neglect, incest abuse, & rape, especially if the abuse continued into adulthood, this type of sexual violence, in most cases familial abuse, i.e. (blood father, mother, brother, sister) etc.

Our purpose is to provide positive pro-active progression pathways into education, training, coaching & mentoring, volunteering, befriending, with back into part time or full-time employment. With help & support in maintaining their place within their communities and society as a whole.

Delivery of continual Survivor 'Personal Development' & Survivor Management Programmes, studying impacts & the effects of childhood abuse, impacts on the victims & survivor's adult life, relationships, family & parenting. We have been able to identify & enhance, confidence, self-esteem, self-worth, awareness & assertiveness with progression, as they recover with their mental, physical health & wellbeing. We have identified those who have suffered mentally & physically can go on to enjoy happy & independent lives, although not everyone recovers, especially those victims & survivors who fit into our elderly generation & those suffering with disabilities who have carried this impact for most of their lives. Everyone as we know is at a different stage when we look at one's recovery process.

What do we Deliver ?

We actively reduce the distress of victims & survivors aged 18 plus and who are victims and survivors of childhood non-recent abuse through a range of 'Peer' led interventions.

- Support groups
- 1-2-1 support
- Family mediation
- Focus groups
- Female drop-in
- Male drop-in
- Mixed group drop-in
- Creative Arts & Crafts Quarter
- Advocacy support
- Outreach & Intervention
- Chaperone & support with Police intervention.
- Legal referrals
- Magistrates, Civil & Crown court advocacy support
- Child Protection support & intervention
- Advocacy support with housing, benefits, welfare advice
- Homeless advocacy support
- Referral support to drug, alcohol, and self-harming programmes

- Survivor 'Personal Development Programme'
- Survivor 'Management' Programme
- 12 steps 'Survivor' programme
- Wellbeing & Wellness programmes
- Financial support
- S4S 'Peer Support Volunteer & Befriending' Programme
- Coaching, Mentoring & Training
- Adult learning programmes
- Advocacy support with NHS appointment

Since opening our doors in 2014 to the end of 31st December 2019 in total we have & are now supporting **289 male & female** victims & survivors.

Growing throughout with advocacy support our educational programmes and drop-in sessions becoming a huge success.

From 31st December 2018 through to 31st December 2019 specifically we have been supporting **44 females & 24 male's** victims and survivors referred into our Charity.

Referrals are as follows:

| <u>Referrer</u> | <u>Referred</u> |
|----------------------------------|-------------------------------|
| East Midlands Homes Co-Operative | 1 |
| Family Members | 7 |
| Friends | 7 |
| G.P.Surgery (NHS) | 7 |
| Harmless & Tomorrow Project | 2 |
| Leaflets | 3 |
| Let's Talk Wellbeing (NHS) | 3 |
| LION | 1 |
| Media (National Inquiry) | 3 |
| Metropolitan Housing | 2 |
| Notts Help Yourself | 1 |
| Occupational Therapist (NHS) | 1 |
| Pause | 2 |
| Nottinghamshire Police | 2 |
| Nottingham Recovery College | 1 |
| Self-Referrals | 15 |
| Step 4 (NHS) | 1 |
| Staff & Networking | 3 |
| Trent PTS (NHS) | 1 |
| Website | 2 |
| Wellness In Mind | 3 |
| | |
| | 68 in total referrals in 2019 |

In 2019 we supported victims & survivors covering a wide area, receiving calls from outside of the East Midlands, this included 1 victim/survivor from Chesterfield, 1 from Leicester, 1 from Lincoln, 3 from Erewash and 1 from Ashfield District Council, in Nottingham City we had 21 referrals with 41 referrals from Nottinghamshire County Council

The eldest referrals were 3 victims and survivors born in 1950 (compared to 2018 with one being born in 1949) our 5 youngest victims and survivors were born in 1999 (compared to 1 born in the year 2001 last year).

*We had nine active volunteers, (**compared to six last year**) who worked over & beyond for their passion giving back with their own support mental health and recovery programme, who succeeded with our mentor programmes, who now help and support our men and women victims & survivors all suffering from childhood trauma. I would like to say a huge thank you all for your dedication, making a difference to victims & survivors' lives.*

Our volunteers worked 4892.71 (four thousand, eight hundred & ninety-two hours 71 minutes).

To date we have no paid staff on our books

Ethnicities

| | |
|---------------------------------|------------------|
| <u>Asian</u> | <u>2</u> |
| <u>Black British</u> | <u>1</u> |
| <u>British Pakistani</u> | <u>2</u> |
| <u>Indian</u> | <u>1</u> |
| <u>Mixed Race</u> | <u>2</u> |
| <u>Polish</u> | <u>1</u> |
| <u>White American</u> | <u>1</u> |
| <u>White British</u> | <u>58</u> |

Advocacy Support & Educational Program's

- Female one-to-one's, we held **161** sessions & **41** male sessions
- We held **16 female** drop-ins with **202 women accessing**, our Men's drop in grew for the first time to **24** drop-in sessions with **233** attending in **2019**, this is a huge jump for male survivors coming forward and needing support.
- It was our staff decision to start introducing a mixed drop-in, it was felt as victims and survivors we all share the same impacts, this has been an amazing success also, we held **23 mixed drop-in sessions with 328 male & female** victims and survivors accessing our new mixed drop-in sessions.
- Safer Families, Safer Communities Parenting Program started, we facilitated **3** sessions comprising, **11 male and female** survivors attending each session
- Our successful 'Support for Survivors Personal Development & Recovery Program, we previously piloted **2 12wk** programs, this has been extremely successful with victims/survivor's recovery, some moving forward to our S4S Volunteer Program Maxi created. We held **15 PDP workshops with 142 male and females attending and graduating. (Congratulations)**
- We delivered **160** outreach intervention totaling **296** hours.
- Our Survivor Personal Development Recovery Program has been filmed three times now by the BBC / ITV & Mind.

Donations Fundraising & Grants Received.

| | |
|--|-------------------|
| <u>Beneficiary</u> | <u>£ 216.00</u> |
| <u>Nottingham Women's Centre</u> | <u>£ 295.00</u> |
| <u>Nottingham City Council Wards Grant</u> | <u>£ 500.00</u> |
| <u>Donations</u> | <u>£ 46.25</u> |
| <u>Amazon Credits</u> | <u>£ 52.48</u> |
| <u>National Lottery Awards</u> | <u>£10,000.00</u> |
| <u>Diocese of Plymouth</u> | <u>£ 100.00</u> |
| <u>Groundworks / Tesco</u> | <u>£ 1000.00</u> |
| <u>The Jones Trust</u> | <u>£ 1500.00</u> |
| <u>Easy Fundraising</u> | <u>£ 17.45</u> |
| <u>Fashion Show Fundraising Event</u> | <u>£ 651.09</u> |
| <u>Land Registry Donations</u> | <u>£ 300.00</u> |
| <u>Marsh Christian Trust/Mind Peer Support & Innovation Awards</u> | <u>£ 800.00</u> |
| <u>Nottingham City Council</u> | <u>£ 7500.00</u> |
| <u>S4S Tabletop Sales</u> | <u>£ 573.07</u> |
| Total | £23551.34 |

Sincere thanks to all of you who have helped to continue the vital help and support required for 'Support for Survivors' male and female survivors of non-recent abuse.

*We have now been delivering services from the **Sherwood Community Centre, 'Woodthorpe House' Mansfield Road, Sherwood, Nottingham, NG5 3FN**, and what a wonderful experience it is, and we would like to say a massive thank you to Kevin (Centre Manager) & Alison (Admin) who have been extremely supportive to us and also to Jill Chair of the 'Sherwood Community Centre, she has been very supportive, it is a warm community center and one where we are all supportive of one another to ensure all who access our Centre are within a safe and non-judgmental environment*

Maxi was invited out to Rome once again by the National & International Survivor Advisory Panel of the Pontifical Commission for the protection of minors to contribute to global Anglophone Conference. This year hosted by the Episcopal Conferences of Ireland and New Zealand in 'The Pontifical Irish College, & Notre Dame Global Gateway Centre', Rome, 1-5 July 2019. The Irish & New Zealand Catholic Bishops sponsored this years gathering from Bishops, Nuns, and all who support work with victims and survivors, raising awareness and knowledge surrounding safeguarding.

Pope Francis said 'The best results and the most effective resolution that we can offer to the victims, to the People of Holy Mother Church and to the entire world are the commitment to personal and collective conversation, the humility of learning, listening, assisting and protecting the most vulnerable. I make a heartfelt appeal for an all out battle against the abuse of minors both sexually and in other areas, on the part of all authorities and individuals, for we are dealing with abominable crimes that must be erased from the face of the earth: this is demanded by all the many victims hidden in families and in the various settings of our societies.

We pray that our time together will be fruitful and will enhance our knowledge and skill around child and adult safeguarding'

There is a new pilot project called 'Safe Spaces', bringing both Church of England and Roman Catholic Churches together. Both Churches will be commissioning a national telephone helpline for victims and survivors. The National Survivor Advisory Panel asked the consultant who is designing this project to contact S4S and this is because S4S in one of two peer support charities throughout the UK.

The consultant spent many hours speaking on a personal level to Maxi and wanted to know how the Charity model was created, and run, and most importantly why peer support now is recognized for its recovery and wellbeing from lived experiences, why does this work when it comes to advocacy support.

Maxi was then invited to General Synod, this being Church of England Parliament, where there were other victims and survivors, and this was held in York by CofE hierarchy.

The victims and survivors decided to meet again and are now heavily involved with the Safe Spaces project along with the Catholic Advisory Panel where Maxi has been sitting of the board for the last 4 years.

Maxi is now the only female sitting on both National Churches survivor boards.

July 31st, 2019 Victims & Survivors from S4S and Maxi along with Debbie Heath from Instalaw who represented us all awaited the Investigation into child abuse in the care of Nottingham City and Nottinghamshire County Councils. Miss failures into Child Sexual Abuse in the forties, fifties, sixties and seventies ,and eighties, children may have been in the care of children's homes, institutions, or foster care.

This was held once again at the Nottingham Cricket ground where the hearing was previously held in 2018.

It was a somber day, with so much media attention.

The feedback was damning and very lengthy. The inquiry found that for five decades both Councils failed in their statutory duty to protect children in their care from sexual abuse. The Councils exposed children to risk and sexual abuse mainly from predatory residential staff and foster carers.

The full report can be found on www.iicsa.org.uk throughout the month of August S4S victims and survivors wanted to share their experiences, they were brave and courageous, for the first time for many they had a voice, interview may have been on the radio, TV, and Newspaper coverage.

I nominated one of our Trustee's Debbie Heath from Instalaw Solicitors for 'The Nottingham Law Society Awards, I nominated her for her outstanding work, empathy and compassion, supporting S4S victims & survivors for the past 5 years & their involvement in the National Inquiry into child sexual abuse. Debbie Heath Won her citatory 'Junior Lawyer of the Year and Business Growth of the Year 2019'. Congratulations and well done!

Ten individuals were chosen by Nottingham City Council out of hundreds who applied to a new program and funded individuals who work/support vulnerable people. This was an intense program running for 5 days. The project called Strengthening Families, Strengthening Communities 'An Inclusive 12 wk. Parenting Program' addressing the needs of a variety of different ethnic and cultural groups, addressing violence against the self (Drugs, alcohol) and violence against others (Child abuse, domestic violence and abuse crime, gangs),

The ethos of the program 'Parent Modelling' building blocks for a violence free healthy family lifestyles.

This is an accredited program where Maxi was one of ten chosen, once accredited she will be able to teach throughout Nottinghamshire. Maxi has identified the program is based on non-recent child abuse.

S4S held their first conference celebrating International Women's Day, this was held in the large hall at the Sherwood Community Centre, with approx. 40 attendees. This was a magnificent day, where we had speakers, testimonials from our women, and men, with music a magnificent spread of food. We would like to thank Asda Arnold who donated a large amount of food, Also David, Marie and Marilyn for food preparation and Julie who decorated with displays of beautiful flowers, and my team of men and women who helped to make our celebration a very moving and joyous day.

Maxi was able to nominate Support for Survivors for a national award we were notified that Mind (Mental Health) would like to come along to film one of our Personal Development Recovery program, we had a fantastic turnout of survivors. This was short film, was positive and moving listening to our survivors having a voice once again. There were five categories. Maxi decided to enter our Charity into the 'Innovation & Mental Health Peer Support' category. S4S Peer Support Volunteers where invited to Birmingham all expenses paid to stay the day before and after the ceremony. There were 3 peer support groups chosen in all five categories and guess what 'WE WON' we were so overjoyed to win this Top Award, we were handed a beautiful glass trophy with a cheque for £800.00.

The judges said "we would like to congratulate the Charity and the support we provide to actively reduce the distress of male and female victims and survivors age 18 plus who were sexually, physically or emotionally abused, particularly your focus on positive mental attitudes for empowerment of the self and others, this is exceptional and deserves to be recognized. We would like to discover more about the dedicated work and invaluable contributions that our award winners have made and would be delighted to hear from you in the future'. (Brian Marsh OBE Chair)

Maxi and David were asked to assist with the awards for next year's national ceremony.

We are so honored and humbled being able to support, 'Support for Survivors' victims & survivors, who were boys and girls sexually, physically, emotionally, abused in childhood. What a magnificent year!

We would like to thank all our partners who we refer to, and who refer to 'Support for Survivors'. There are some remarkable people in our communities working over and beyond Thank You.

Most of all thank you to all our Trustees who have supported us, along with our magical volunteers, and not forgetting our remarkable male and female survivors of childhood abuse.

You are surviving and thriving!

*Maxi Leigh
Founder Care Services Director*

*Jez Taylor
Chair*

11th October 2020



Receipts and payments account

| | | | |
|------------------------|---------------------------------|--|--|
| For the period from | Period start date 01.01.2019 | | |
|------------------------|---------------------------------|--|--|

Section A Receipts and payments

| | Unrestricted funds to the nearest £ | Restricted funds to the nearest £ | Endowment funds to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|
| A1 Receipts | | | |
| | 23,551 | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| Sub total (Gross income for AR) | 23,551 | - | - |
| A2 Asset and investment sales, (see table). | | | |
| | - | - | - |
| | - | - | - |
| Sub total | - | - | - |
| Total receipts | 23,551 | - | - |
| A3 Payments | | | |
| | 20,947 | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| | - | - | - |
| Sub total | 20,947 | - | - |
| A4 Asset and investment purchases, (see table) | | | |
| | - | - | - |
| | - | - | - |
| Sub total | - | - | - |
| Total payments | 20,947 | - | - |
| Net of receipts/(payments) | 2,604 | - | - |
| A5 Transfers between funds | - | - | - |
| A6 Cash funds last year end | - | - | - |

| | | | |
|--|--------------|----------|----------|
| <i>Cash funds this year end</i> | 2,604 | - | - |
|--|--------------|----------|----------|

Section B Statement of assets and liabilities at the end of the period

| Categories | Details | Unrestricted funds to nearest £ |
|---|--|--|
| B1 Cash funds | | 2,604 |
| | Balance c/f | 9,339 |
| | | - |
| | Total cash funds | 11,943 |
| | (agree balances with receipts and payments account(s)) | Agreement Error |
| B2 Other monetary assets | Details | Unrestricted funds to nearest £ |
| | | - |
| | | - |
| | | - |
| | | - |
| | | - |
| B3 Investment assets | Details | Fund to which asset belongs |
| | | |
| | | |
| | | |
| | | |
| B4 Assets retained for the charity's own use | Details | Fund to which asset belongs |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| | | |
| B5 Liabilities | Details | Fund to which liability relates |
| | | |
| CCXX R3 accounts (SS) | 3 | 27/10/2020 |

Signed by one or two trustees on
behalf of all the trustees

| |
|--|
| |
| |
| |

| |
|--|
| |
| |
| |

Signature

Print Name

| |
|------------------|
| Signed JW Taylor |
| Signed C Gibbon |

| |
|---------------|
| JW Taylor |
| C Gibbon (Hor |

| |
|-------------------------------|
| o (if any) 165986 |
| units |
| Period end date 31.12.2019 |

| |
|--------------|
| CC16a |
|--------------|



Total funds
to the nearest £

Last year
to the nearest £

| | |
|--------|--------|
| 23,551 | 13,767 |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| 23,551 | 13,767 |

| | |
|---|---|
| - | |
| - | - |
| - | - |

| | |
|--------|--------|
| 23,551 | 13,767 |
|--------|--------|

| | |
|--------|--------|
| 20,947 | 12,930 |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| 20,947 | 12,930 |

| | |
|---|---|
| - | |
| - | |
| - | - |

| | |
|--------|--------|
| 20,947 | 12,930 |
|--------|--------|

| | |
|-------|-----|
| 2,604 | 837 |
| - | - |
| - | - |

| | |
|-------|-----|
| 2,604 | 837 |
|-------|-----|

| Restricted funds | Endowment funds |
|------------------|-----------------|
| to nearest £ | to nearest £ |
| - | - |
| - | - |
| - | - |
| - | - |
| OK | OK |

| Restricted funds | Endowment funds |
|------------------|-----------------|
| to nearest £ | to nearest £ |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |

| Cost (optional) | Current value (optional) |
|-----------------|--------------------------|
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |

| Cost (optional) | Current value (optional) |
|-----------------|--------------------------|
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |
| - | - |

| Amount due (optional) | When due (optional) |
|-----------------------|---------------------|
| - | |
| - | |

| | |
|---|--|
| - | |
| - | |
| - | |

| ame | Date of approval |
|--------------|---------------------------------|
| · (Chair) | <u>13th October 2020</u> |
| 1 Secretary) | <u>13th October 2020</u> |