

**CORINNE BURTON
MEMORIAL TRUST**

A Charitable Trust

**TRUSTEES' REPORT
AND FINANCIAL STATEMENTS**

For the year ended 31 December 2019

CORINNE BURTON MEMORIAL TRUST

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CORINNE BURTON MEMORIAL TRUST

TRUST INFORMATION

Trustees	Sir Michael John Burton Laurence Stephen Brass Norman Anthony Leifer Lorna Lee Cohen Jeremy Bard Judith Frances Kasriel Joshua Daniel March Cowan
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Charity Number	1015586
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Principal Address	28 Church Road Stanmore Middlesex HA7 4XR
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Accountants/ Independent Examiner	Parker Cavendish 28 Church Road Stanmore Middlesex HA7 4XR
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Principal Bankers	Barclays Bank plc 160 Piccadilly London W1A 2AB
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CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2019

The Trustees present their report and accounts for the year ended 31 December 2019

The trustees present their report with the financial statements of the charity for the year ended 30 September 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Status and objectives

The Trust was created by a Deed dated 24 November 1992 ("the Trust Deed") in memory of the late Corinne Burton and is a registered charity no. 1015586. It is governed by the Trust Deed and by the Charities Act 2011.

The Trustees have unrestricted powers to apply the trust funds towards the charitable objectives set out in the Trust Deed.

The main object which the Trust pursues is the funding of art therapy for cancer patients.

There have been no changes in the policies adopted by the Trust during the year.

In January 2019 the Trust Deed was amended such that the total number of Trustees shall not exceed nine. Joshua Daniel March Cowan was appointed a trustee on 26 January 2019

Results, Activities and Review of the Year

Incoming Resources

The excess of incoming resources as against resources expended in the year is shown on page 5.

Total incoming resources amounted to £35,050 as compared with £28,987 the previous year.

Interest receivable and similar income amounted to £140, as compares with £140 for the previous year.

Resources Expended

Total expenditure in the year amounted to £56,890 an increase of £17,664 on the previous year.

Direct charitable expenditure (net of write backs) included in the above amount totalled £39,730, an increase of £1,194 on the previous year's amount.

It is the usual policy of the Trustees to make awards from the accumulated unrestricted fund only, and to write back any provisions to this fund where a write back is deemed necessary.

Assets and Liabilities

The balance sheet on page 6 of the financial statements shows the financial position of the Trust as at 31 December 2019.

Total liabilities exceeded total assets by £13,804 which is represented by the accumulated balances on both capital and income funds. The Trustees are satisfied that this shortfall can be covered by future incoming resources. The net assets of the Trust are held in order to meet the Trust's operating expenses, if any, and also to be applied towards the Trust's charitable objectives.

The Trust has made future commitments with regards to the funds held as detailed in notes 4, 6 and 7 on page 8.

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2019 (CONTINUED)

Trustees and Administration

The trustees of the Trust are listed on page 1. The power of appointing new or additional trustees is vested in the settlor, Sir M J Burton. An additional trustee may be appointed at any time but so that the total number of the trustees shall at no time exceed nine.

The Trust's objectives are met in such proportion and manner as the trustees shall in their absolute discretion from time to time determine.

The Trust has no employees. The day to day administration of the Trust is dependent on the services provided by the trustees.

Impact Report

What we do

The Corinne Burton Memorial Trust (CBMT) is the only charity in the UK that supports the practice of art psychotherapy for cancer care. It has played a fundamental role in the development of this field through a number of initiatives, including a scholarship at Goldsmiths to help fund the education of new art therapists; through the publication of materials and books either directly or indirectly through sponsorship, and through direct support of art therapist positions at hospitals (currently St Bartholomew's Hospital in London). CBMT was founded by Sir Michael Burton QC and others, following the death of his artist and illustrator wife Corinne from cancer, in 1992.

Receiving a diagnosis of cancer is a deeply emotionally distressing event. While traditional psychotherapy is a useful tool, it has traditionally worked on a longer term basis - but cancer patients sadly cannot be guaranteed any kind of 'longer term'. Art therapy (also called Art Psychotherapy) steps into this gap to give an immediate outlet, playing a powerful role in giving patients both insight and an additional will to fight. It plays an especially important role for patients who are resistant to traditional psychological therapy, for example young men, who often turn down other forms of support; and for patients who may struggle with traditional therapy because they've suffered a loss of speech or have learning difficulties.

Art therapy is defined as an integrative mental health and human services profession that enriches the lives of individuals, families, and communities through active art making, creative processes, applied psychological theory, and human experience within a psychotherapeutic relationship. The art making occurs in the context of a facilitative therapeutic relationship with a professionally trained art therapist, and is considered reparative and adaptive by activating the creative and imaginative aspects of human brain functioning.

Unfortunately, while the benefits of art psychotherapy to cancer sufferers is unquestioned, funding and expertise in the field has been sorely lacking, especially in the United Kingdom. CBMT stepped into this gap to help ensure that there are enough qualified professionals in the space, and to ensure that art therapy is available to those who need it most.

In addition to directly funding the training of some 30 new art therapists, CBMT also maintains an art therapy practice at Barts Hospital, in London, where the CBMT art therapists, in addition to their core work with cancer patients, are also engaged in several areas of research and even in providing support for doctors and nurses.

2019 activities and impact

"[The Corinne Burton Memorial Trust] scholarship...has made an "incalculable contribution" to the field of art therapy in cancer care" - Tom Morgan, Goldsmiths¹

¹ <https://www.gold.ac.uk/news/corinne-burton-memorial-trust/>

CORINNE BURTON MEMORIAL TRUST

TRUSTEES' REPORT FOR THE YEAR ENDED 31 DECEMBER 2019 (CONTINUED)

Scholarship at Goldsmiths University London

In 2019 the Corinne Burton Memorial Trust scholarship was awarded to a former nurse who decided to train as an art therapist after she had several painful personal experiences with cancer (both with her family and herself), and saw the powerful role that art therapy can play in helping patients.

As well as continuing to support the 2018 recipient, we are also continuing to support a former recipient who is now in a post-graduation placement at Barts Hospital, where she is providing direct support to cancer patients as well as being involved in several areas of research.

Art therapist placements at hospitals

In 2019 we continued our support of a CBMT Art Therapist at Barts Hospital, with the additional placement of a previous CBMT scholarship recipient (as above). Together they carried out hundreds of art therapy sessions for cancer patients at Barts.

In addition to their core patient work, the CBMT Art Therapists have also expanded their support to doctors and other medical staff who are at high risk of burnout (work that has become especially important during the COVID-19 pandemic), and are involved in several important areas of research into the benefits of art therapy for underserved demographics.

Case study from the CBMT scholarship recipient placed at Barts in 2019:

"I had the opportunity of working with a young male journalist who had a lymphoma diagnosis. Due to complications of a subsequent brain infection he lost speech and the ability to write and stand. He used image making and clay to communicate the rage and frustration that he was unable to put into words. With time his language improved, his comments at the end of our time together was 'No offence, I thought it wouldn't have worked, but I would not have done so much or come so far if I had not had this time with you doing Art Therapy'. The usefulness of our sessions was also recognised by the patient's family his physios and his doctors.

From the success of this work I distilled the connection and unique usefulness of Art therapy for people with neurological complications from cancer and its treatments. As a service we have built stronger relationships with multi disciplinary teams such as the Neuro- Rehab MDT in order to facilitate the most appropriate referrals and try to reach patients who may find it difficult to access other psychological support. We also identified particular strength in the use of Art therapy with young men (gauged from referrals from other staff and the benefits measured from the work). This has been part of a recent successful funding bid to help continue to develop this work and reach vulnerable patients who may otherwise struggle to access services.

Publications

In order to help raise awareness of the role of art therapy in cancer care, in 2019 we did an online fundraiser for a second print run of our 25th anniversary book, showcasing the stories and work from a number of Corinne Burton Memorial Trust art therapists and patients. A number of these books have now been sent out to universities and libraries.

This report was approved by the Trustees on 19 October 2020 and signed on their behalf by

..... Sir Michael John Burton Laurence Stephen Brass

..... Norman Anthony Leifer Lorna Lee Cohen

..... Jeremy Bard Judith Frances Kasriel

.....Joshua Daniel March Cowan

**Independent Examiner's Report to the Trustees of
The Corinne Burton Memorial Trust**

Independent examiner's report to the trustees of The

I report to the charity trustees on my examination of the accounts of The Corinne Burton Memorial Trust (the Trust) for the year ended 31 December 2019.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mervyn Beth FCCA
Parker Cavendish
Chartered Accountants
28 Church Road
Stanmore
Middlesex
HA7 4XR

Date:

**CORINNE BURTON MEMORIAL TRUST
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2019**

		Unrestricted Income Fund	
	NOTES	2018 £	2018 £
INCOMING RESOURCES			
General donations and Activities (net)		34,909	28,062
Bank deposit interest received (gross)		140	140
Tax refunds		-	785
		<hr/>	<hr/>
TOTAL INCOMING RESOURCES		35,050	28,987
		<hr/>	<hr/>
Less: Cost of Generating Funds			
Activity costs		16,500	-
		<hr/>	<hr/>
NET INCOMING RESOURCES AVAILABLE FOR CHARITABLE APPLICATION		18,550	28,987
		<hr/>	<hr/>
Less: Resources Expended			
Donations and grants	3	39,730	38,536
Governance costs	4	660	690
		<hr/>	<hr/>
TOTAL CHARITABLE EXPENDITURE		40,390	39,226
		<hr/>	<hr/>
TOTAL RESOURCES EXPENDED		56,890	39,226
		<hr/>	<hr/>
NET MOVEMENTS IN FUNDS		(21,840)	(10,239)
INCOME FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2019			
		7,936	18,175
		<hr/>	<hr/>
INCOME BALANCE CARRIED FORWARD AT 31 DECEMBER 2019			
		(13,904)	7,936
		<hr/>	<hr/>
CAPITAL FUND BALANCE BROUGHT FORWARD AT 1 JANUARY 2019 AND CARRIED FORWARD AT 31 DECEMBER 2019			
		100	100
		<hr/>	<hr/>

**CORINNE BURTON MEMORIAL TRUST
BALANCE SHEET AS AT 31 DECEMBER 2019**

	Notes	2019 £	2018 £
CURRENT ASSETS			
Cash at bank		93,925	79,534
Debtors	8	-	2,702
		<hr/>	<hr/>
		93,925	82,236
Creditors: Amounts falling due within one year	6	(53,929)	(31,700)
		<hr/>	<hr/>
NET CURRENT ASSETS		39,996	50,536
		<hr/>	<hr/>
Creditors: Amounts falling due after more than one year	7	(53,800)	(42,500)
		<hr/>	<hr/>
NET LIABILITIES (2018 ASSETS)		(13,804)	8,036
		<hr/> <hr/>	<hr/> <hr/>
TRUST FUNDS			
CAPITAL FUND: expenditure endowment		100	100
INCOME FUND: unrestricted		(13,904)	7,936
		<hr/>	<hr/>
		(13,804)	8,036
		<hr/> <hr/>	<hr/> <hr/>

Approved by the Trustees on 19 October 2020

..... Sir Michael John Burton Laurence Stephen Brass
..... Norman Anthony Leifer Judith Frances Kasriel
..... Lorna Lee Cohen Jeremy Bard
..... Joshua Daniel March Cowan	

The notes on pages 7 and 8 form an integral part of these financial statements.

CORINNE BURTON MEMORIAL TRUST

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2019

1. ACCOUNTING POLICIES

a) Basis of preparing the financial statements

The financial statements of the charity which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard applicable in the UK and Republic of Ireland EFA, and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

The requirements of Section 7 Statement of Cash Flows;

The requirement of Section 3 Financial Statement Presentation paragraph 3.17(d);

The requirements of Section 11 Financial Instruments paragraphs 11.41(b), 11.41(c), 11.41(e), 11.41(f), 11.42, 11.44, 11.45, 11.47, 11.48(a)(iii), 11.48(a)(iv), 11.48(b) and 11.48(c);

The requirements of Section 12 Other Financial Instruments paragraphs 12.26, 12.27, 12.29(a), 12.29(b) and 12.29A;

The requirement of Section 33 Related Party Disclosures paragraph 33.7.

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year/period, and also have been consistently applied within the same accounts.

b) Incoming Resources

All incoming resources are included in the Statement of Financial Activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policy is applied to particular categories of income:

Donations received are accounted for on a receivable basis and, where appropriate, include tax deducted at source which is recoverable by the Trust.

c) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates

Donations and grants made during the year have been fully provided in the accounts where amounts have been made covering more than one year.

d) Taxation

The charity is exempt from tax on its charitable activities

**CORINNE BURTON MEMORIAL TRUST
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2019 (CONTINUED)**

2. FUND ACCOUNTING

The unrestricted income fund consists of funds to be used for the purpose of meeting ongoing overheads of the Trust and also funds received that have yet to be applied towards the Trust's charitable objectives.

The capital endowment fund is attributable to the original amount settled on the charity. Under the terms of the Deed of Settlement, the endowment is expendable at the discretion of the Trustees on expenditure which meets the Charitable objectives of the Trust.

3. GENERAL DONATIONS RECEIVED

General donations include the following:
Sobell Foundation £5,000

4. DONATIONS AND GRANTS	2019 £	2018 £
a) Goldsmiths' College		
Donation to cover the cost of art Therapy studentships ('The Corinne Burton Art Therapy Studentships')	19,100	19,100
Less: Written back	(9,400)	(9,400)
b) St Bartholomew's Hospital (Barts),		
Donation to cover the cost of an art therapist (‘The Corinne Burton Art Therapist’)	17,233	28,836
Less: Written back	-	-
	<u>38,536</u>	<u>38,536</u>
5. GOVERNANCE COSTS		
Accountancy fees	660	690
	<u>660</u>	<u>690</u>
6. CREDITORS: Amounts falling due within one year		
Accrued activity costs	16,500	-
Provision for charitable commitments	36,109	31,040
Accrued expenses	1,320	660
	<u>53,929</u>	<u>31,700</u>
7. CREDITORS: Amounts falling due after more than one year		
Provision for charitable commitments	53,800	42,500
	<u>53,800</u>	<u>42,500</u>
8. DEBTORS:		
Tax refunds	-	852
General donations	-	<u>1,850</u>
	<u>-</u>	<u>2,702</u>