



SHEFFIELD FAMILY HOLIDAY FUND

NOTICE of 44th ANNUAL GENERAL MEETING

**To be held on 24th MARCH 2020 AT 12.30pm
at the offices of Investec Wealth & Investment
Beech House, 61 Napier Street, Sheffield S11 8HA**

AGENDA

1. Apologies for absence.
2. Minutes of the last AGM held on 26th March 2019.
3. Annual Accounts and Annual Report, 2019.
4. Appointment of Independent Examiner.
5. Election of Trustees. Jim Fulton, David Meadows and Stephen Allen retire by rotation and offer themselves for re-election.
6. A short address by Helen Bolt, Family Project Co-Ordinator at Sheffield Young Carers.
7. Kat Lee, the recently appointed Chief Executive Officer of the Family Holiday Association based in London, will update us on the latest national developments in providing holidays for the underprivileged.
8. Any other business



SHEFFIELD FAMILY HOLIDAY FUND

Annual Report for 2019

I am pleased to report that 2019, our 43rd year of existence, showed an improvement, in income terms, on 2018. At the start of a new financial year I have to make a big decision and that is to inform the Family Holiday Association (FHA) in London how much we anticipate raising in order to fund holidays and day breaks for Sheffield families during the coming 12 months.

2018 was a lean year, by comparison with the two somewhat exceptional previous ones, when our net income amounted to £26,951. I stuck my neck out and said that we would raise, I hoped, £30,000 during 2019 and accordingly instructed the FHA to arrange holidays for the disadvantaged families we help in Sheffield for that amount. It is important that they have this information early as almost all holidays have to be booked literally in the first 2 to 3 months of the year as they are naturally taken during the summer months. As will be seen on page 5 we raised a net amount of £28,380, an increase of £1,429 on 2018. It is the trustees hope that we will hit our £30,000 target in 2020.

You will note on page 8 that we set out the sources of income received in 2019 with comparatives shown for the previous year. In the first section we show the income received from local Charitable Trust donors which amounted to £20,000 compared with £22,600 in 2018. We always refer to this as our core income for we are highly indebted to these well-established organisations who consistently support us from one year to another. Inevitably some trusts give us less than the previous year and some increase their contribution. It is always a pleasant surprise when we get income from new sources and I highlight the Ronald and Kathleen Pryor Trust, who kindly put us on their list for 2019 to the tune of £500. It will be noted that three trusts who have supported us previously did not do so during 2019, but it is hoped that they will return to the fold so to speak in 2020. We can however take nothing for granted.

The amounts we received from other donors, by the very nature of the donations, are very much of a one-off nature except for certain core supporters and this can be seen from the comparative figures shown for 2018. I place on record here particularly Sarah Lynch and Roger Purkiss, two extremely generous individuals who every year give us something which often equates to the money they have spent on a holiday of their own and their accompanying note usually reads “we count ourselves very lucky to have had such a good holiday” and by implication wish the same cash amount to help those less fortunate than themselves. The next two donations shown from Furnival Masonic Lodge and Sheffield Soroptimist Housing Committee came completely out of the blue and are naturally much appreciated. We were also fortunate to be the chosen charity to benefit from the takings of £740 received in July from the annual opening of their beautiful garden by Mr and Mrs Ferretti. I do not propose to single out the other individual donations for the narrative speaks for itself but, I say on behalf of my fellow trustees to all of these generous individuals thank you very much.



Those of you who attended our AGM last year will remember the excellent address given by Sara Gowen, one of our trustees and the managing director of Sheffield Young Carers. We are fortunate this year to have Helen Bolt, the Family Project Coordinator, also from Sheffield Young Carers, who will be giving us an insight into the excellent work that she carries out.

As I have said in previous years, and will continue to do so in future ones, we could not exist in an efficient and effective way if it weren't for the wholehearted support we continue to receive from the FHA in London. At the AGM we will welcome their newly appointed Chief Executive, Mrs Kat Lee, who will bring us up to date with latest events in London and the country as a whole.

At this stage it is important to draw to your attention to page 5. You will note that in 2019 we funded holidays and day breaks costing £30,729. Referrals for these came from 21 different Sheffield Welfare organisations which are listed on page 9. We were able to give a holiday or a group day trip to 1,234 adults and children in the Sheffield area. This means that since its inception in 1976 SFHF has enabled over 22,000 needy local people to have such breaks. We show in a separate schedule on page 9 the postal districts in which recipients of our holidays and day breaks reside. We cannot rest on our laurels however for the dreadful statistic locally is that 40,000 children (up from 25,000 in 2018) are living below the poverty line and by definition would welcome a holiday. We help approximately 2% of these people and therefore merely scratch the surface. The lack of holidays for people in such circumstances is something of which the Government is being made increasingly aware and I am sure that Kat Lee, when she addresses us, will be able to elaborate on this terrible national problem.

I close by thanking Investec Wealth and Investment for again making their Boardroom available to us, both for our AGM and other meetings which the Trustees have throughout the year. They generously supply the refreshments too which have been organised by Nick Bolton, a long serving Trustee and senior Investec local director. Thanks go to him and also to fellow trustee, Dave Meadows for both organising the typing of the accounts and putting this package together for our AGM, copies of which will be sent to all known supporters who have been unable to attend the meeting.

John Hopkins
Chairman of Trustees
21st February 2020



**Minutes of the 2019 Annual General Meeting
held on 26th March 2019 at
the offices of Investec Wealth & Investment**

Present: Jim Fulton, Nick Bolton, June Blower, Liz Murray, Christine Stanford, Les Tomlinson, Jack Turner, Matthew Stamp, Michael Smout, Alison Gardner, James Parker, John Green, Heather Clarke, Stephen Allen, Sara Gowen, Mike Archer, Janet Anker, Dave Meadows.

Apologies for absence: Andrew Coombe, Lady Anne Neill, Alan Jackson, Julia Massey, Peter Gannon, Penny Rea, Peter Ingram, Sue Smith, Robert Gardiner.

The minutes of the last AGM were approved and signed.

The Chairman took the meeting through the salient points in his annual Report for 2019. It was noted that Sheffield's leading charities had given us £22,600 compared with £20,500 the previous year. The contributions from other sources, however, decreased from £16,592 to £4,047. This outcome had been expected as 2017 was an exceptional year coming immediately after the 40th Anniversary celebrations the previous year which resulted in some sizeable one off donations being received. The Trustees were aware that 2019 would be a rebuilding year. A Fund raising sub-committee to be chaired by David Meadows would be put in place.

The Chairman asked for any comments on the accounts following which Sara Gowen proposed they be adopted and Jim Fulton seconded the motion which was carried unanimously.

Susan Smith wishes to retire as Independent Examiner and the Chairman expressed his thanks to her in having carried out this task for many years. The Chairman stated that Mr Bob Gardiner has agreed to act as the new Independent Examiner.

June Blower, Rachel and John Hopkins were the Trustees retiring by rotation and offered themselves for re-election. This was proposed by Nick Bolton and seconded by Mike Archer and the motion was carried unanimously.

Our guest speaker Sara Gowen, Managing Director of Sheffield Young Carers and a Trustee of SFHF, elaborated at length of the importance of Young Carers having a holiday and quoted many remarks made by them in their appreciation of these breaks.

Michael Smout, Head of Marketing at FHA, then introduced Martin Realey, their new Chairman, Martin then informed the meeting that FHA had helped c.3,800 families have a holiday or daybreak in 2018. FHA are developing more opportunities for disadvantaged children and their families to have a break with the help of YHA and various other charities. He also emphasised how FHA appreciated the strong linkage which has developed over the years with Sheffield and Rotherham Holiday Funds.

He went on to report that the FHA were part funding a research programme with Nottingham University into the benefits which accrue to disadvantaged families from having a holiday. These included having mealtimes and doing activities together as a family. It is hoped that the forthcoming research paper would be passed on to the Government with a view to help coming from this source in the future, as happens in major European countries.

Martin also gave us the sad news that Joan Laurence, the Founder of FHA with her husband in the 1970's, had passed away during the year at the age of 98. She and her husband had undoubtedly left a huge legacy of which to be proud.

The Chairman then asked Sara Gowen to present Martin with a cheque for £10,000 being the first contribution from SFHF for 2019. This brought the meeting to an end and a buffet lunch, again provided by Investec, was enjoyed by all present. The Chairman thanked Investec for their generosity.

SHEFFIELD FAMILY HOLIDAY FUND

INCOME AND EXPENDITURE ACCOUNT – YEAR ENDED 31ST DECEMBER 2019

INCOME	2019	2018
	£	£
Donations from Charitable Trusts, Organisations and Individuals	27,946	26,647
Dividend Income	1,411	1,367
Bank Interest	33	15
Total Income	29,390	28,029
Less Sundry expenses	1010	998
NET INCOME FOR THE YEAR	28,380	27,031

BALANCE SHEET AT 31ST DECEMBER 2019

	2019	2018
	£	£
FIXED ASSETS		
Quoted Investment at cost (Note 2)	12,810	12,810
Capital Fund cash balance (Note 3)	2,206	2,082
	15,016	14,892
CURRENT ASSETS		
Cash at Bank	14,630	16,380
Debtors	50	-
	14,680	16,380
NET ASSETS	29,696	31,272
Represented by:		
ACCUMULATED FUND		
Balance B/fwd	31,272	31,234
Add: Excess of Income over Expenditure	28,380	27,031
	59,652	58,265
Add: Increase in Capital Fund	124	82
	59,776	58,347
Less: Transfer to Family Holiday Association	30,080	27,075
ACCUMULATED FUND at 31.12.2019 (2018)	29,696	31,272

SHEFFIELD FAMILY HOLIDAY FUND

NOTE 1

HOLIDAY ARRANGMENTS FOR 2019

The Sheffield Family Holiday Fund (SFHF) has agreed with the Family Holiday Association (FHA) that the direct arrangements for holidays in 2020 for disadvantaged Sheffield families will be continued by the FHA. SFHF will continue to raise funds for the provision of holidays and has agreed to transfer money to FHA in advance to finance the holidays.

NOTE 2

The Quote Investment had a market value of £14,796 at 31st December 2019 (£12,859 – 2018)

NOTE 3

Capital Fund

2019 Balance £2,206 (2018 - £2,082)

NOTE 4

SUMMARY OF FUNDS TRANSFERRED TO FAMILY HOLIDAY ASSOCIATION

	2019	2018
	£	£
Funds held by FHA b/fwd	9,694	13,573
Payments made for 2019/2020 holidays	30,080	27,075
	39,774	40,648
Cost of holidays in 2019 (2018) as per attached Sheffield referral sheet	30,729	30,954
Funds help by FHA c/fwd to 2020 (2019)	9,045	9,694



SHEFFIELD FAMILY HOLIDAY FUND

Independent Inspection

My inspection of the records and the preparation of the accounts is undertaken on a voluntary basis, and not intended to be treated by the committee or members as being an audit for the purposes of the Charities Act, nor as an independent examination by a reporting accountant as defined by the Charities Act.

My inspection is undertaken at the voluntary discretion of the Trustees with the sole purpose of assisting in the preparation of a fair statement of the Fund and subject to the foregoing, I am satisfied that the statements are in accordance with the records and explanations received, and further subject to those records, are free from material mis- statement

24 February 2020

R Gardiner
Accountant



TRUST & FOUNDATION DONORS

	2019	2018
	£	£
Freshgate Trust	5,000	4,000
Zachery Merton & George Woofindin Conv Trust	3,000	3,500
Church Burgesses Trust	2,250	3,000
Town Trustees of Sheffield	2,000	2,000
Talbot Trusts	2,000	1,000
Cutlers Company Charitable Trust	2,000	1,000
Queen Victoria and Johnson Mem Trust	1,500	2,000
James Neill Trust Fund	1,000	500
Dixon Pitchfork Charitable Trust	750	500
Ronald and Kathleen Pryor Trust	500	-
JG Graves Charitable Trust	-	3,000
Hyman Winstone Foundation	-	500
Sheffield Benevolent Society	-	400
	20,000	22,600

OTHER DONORS

	2019	2018
	£	£
Sarah Lynch and Roger Purkiss	1,750	450
Furnival Masonic Lodge	1,266	-
Sheffield Soroptimist Housing Committee	1,000	-
James Bedingfield Memorial donations	940	216
Rotary Club of Sheffield	750	700
Mr & Mrs Ferretti Open Garden	740	-
Outokumpu Charity Fund	400	-
St John's Church Ranmoor	333	448
Anon	300	400
Donations less than £100	120	-
Peter Gannon	100	80
Julia Massey	100	100
C Beardsall	72	78
D Meadows	75	75
HM Customs & Excise Tax Refund – Gift Aid	-	1,065
St Marie's Activity Group	-	250
J.Green	-	135
Rotary Club of Vulcan	-	50
	7,946	4,047
	27,946	26,647

CAPITAL FUND

	2019	2018
	£	£
Balance at 31 st December	2,206	2,082

Sheffield Family Holiday Fund impact report 2019

Total number of families helped by Sheffield Family Holiday Fund in 2019 = 330

Sheffield Family Holiday Fund					
Type of break	Families	No. adults	No. children	Cost	Average cost per family
Caravan breaks (3/4 or 7 nights)	66	129	148	£20,919	£317
Other types of break (3/4 nights)	2	3	4	£302	£151
Group day trip	254	355	564	£9,509	£37
Individual family day trip	8	14	18		
Total	330	501	734	£30,729	

120 applications from 52 Sheffield referrers in 2019:

- 79 applications were successful and saw families going on breaks
- 7 families cancelled the break after it was booked
- 20 families were offered a break but did not book
- 14 applications came in after we had distributed all of the breaks (and have been offered breaks for 2020)

Total income received from Sheffield Family Holiday Fund in 2019 = £30,000

Underspend from 2018 = £938

Postcode	Total
S5	19
S2	9
S8	7
S12	6
S14	5
S20	5
S13	3
S2	2
S35	2
S6	2
S9	2
S10	1
S3	1
S36	1
S4	1
TOTAL	66

Organisations / Council departments that **successfully** referred in 2019

Organisation	Organisation
Arbourthorne Community Primary School	Sheffield Children, Young People and Families Service.
Citizens Advice Sheffield	Sheffield City Council
Darnall Community Nursery	Sheffield Education
Families Together	Sheffield Young Carers Project
Manor Castle Development Trust	Shelter
North MAST Sheffield City Council	Shelter Homeless Prevention and Resettlement Service
Open Heaven for Children	Social Care Sheffield City Council
Prison Advice and Care Trust	SRASAC
Roundabout Ltd	West Mast Team Sheffield
Sheffield Alcohol Support Service	Zest

Impact of the breaks

As a result of our work this year families told us that the breaks made these differences:

- 92% were able to cope better
- 90% got on better as a family
- 91% were more optimistic about the future
- 94% had more time together as a family
- 92% had reduced stress and worries
- 86% had more confidence
- 98% had fun and created happy memories
- 97% of children had new experiences

For families where mental health was an issue, 89% reported that the break made a positive difference.

Longer term impact

This year, thanks to our new online platform, we were able to ask the longer term impact of the break for families who went away in 2019.

63% of families report that they still do more together up to a year later as a result of their Family Holiday Association break.

83% of families who experience mental health issues said that they still noticed a positive difference up to a year later.

For families whose children had attendance issues, over 80% said that attendance had improved thanks to their time together.

Perhaps the most striking feedback that we received was the impact on isolation. 85% of families who were isolated said that the break made a difference and helped them to reconnect with friends, attend support groups or get more involved in school life.

We also heard from our referrers who told us that it improved their relationship with the family in 65% of cases.

Feedback from Sheffield families

We had a great time and the weather was great too. We were all looking forward to this holiday so much as things have been hard and we have been caring for N's granddad too.

The timing of the break was perfect for us as fell in between treatments for a tumour and was very much needed by the whole family. Our daughter has been so worried about her dad that it was a perfect opportunity for us to forget his illness and just be together enjoying ourselves as a family

It was brilliant to get away together - get some time away from home - be somewhere new and do stuff we would not normally do and we did things together which was nice.



I live with my youngest 2 children - twins my eldest children live with my Mum - the holiday gave us a unique chance to come together in a neutral place as it were when we were all together to have time out - fun away from the problems at home.

We had an absolutely great time just doing fun things together - we were all in the swimming pool at least 3 times a day for example. It was free time together the kids all played together in a way that does not happen at home. You gave us the gift of just time for us on holiday- thankyou.

The break was the best thing that could have happened to us.

It was amazing as it gave me and my son time to reconnect after our long spell in refuge.

We had such a great time. The site was beautiful, the caravan was gorgeous, the weather was lovely and we really enjoyed spending time together without the normal pressures of life hanging over us.

The holiday was amazing, we have not had one before, so it was our son's first holiday. We were able to spend time together away from the stress of everyday life.

We have had a very difficult year but have worked hard and thus have turned things around - as a family we really needed some time away to "feel normal" - spend time together and have fun together.

Thank you so much for giving us this opportunity. We had been struggling as a family especially with dads recovery. This gave us the chance to have some time out.

I feel so grateful for the opportunity we have had to spend time together as a family and for the memories we have created from the break - a massive thankyou!

Thanks for letting me and my family go on holiday it has made such a massive difference to us from travelling on a train for the first time to spending quality time together on the beach.

This is a wonderful opportunity for families and I certainly took great benefit from the opportunity to spend quality recreational time with my family. This wouldn't have happened if it hadn't have been for Family holiday fund

Thank you so much for this opportunity. It has made us feel normal and has allowed us to do the things that other normal people do.

**Information provided by John Kinnear,
Head of Programmes, Family Holiday Association January 2020**