

REGISTERED CHARITY NUMBER: 1177266



**Report of the Trustees and Financial Statements for the Year Ended**

**31 March 2020  
for  
Sunflowers Suicide Support CIO**

GCSD Accountants Limited  
Chartered Accountants  
701 Stonehouse Park  
Sperry Way  
Stonehouse  
Gloucestershire  
GL10 3UT

**Sunflowers Suicide Support CIO**

**Contents of the Financial Statements  
for the Year Ended 31 March 2020**

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## Sunflowers Suicide Support CIO

### Report of the Trustees for the Year Ended 31 March 2020

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The trustees present their report with the financial statements of the charity for the year ended 31 March 2020. The Financial Statements comprise a Receipts and Payments Account for the period and a Statement of Assets and Liabilities.

#### REFERENCE AND ADMINISTRATIVE DETAILS

##### Registered Charity number

1177266

##### Principal address

Suite 4  
The Counting House  
Bonds Mill Estate, Stonehouse, Gloucestershire  
GL10 3RF

##### Trustees

Mrs J Watkins	- appointed 11.9.19 (Chair)
Ms K T Turner	
Mrs S Bullingham	
Ms J Kille	- resigned 01.5.20
Mrs W J Morris	- resigned 18.6.19
Mr N M Gardiner-Clark	
Mr M Gardiner-Clark	
Mr G Foxley	
Mr H J Sagar	- appointed 11.9.19

##### Independent examiner

Mr J S Owens FCA  
GCSD Accountants Limited  
Chartered Accountants  
701 Stonehouse Park  
Sperry Way  
Stonehouse  
Gloucestershire  
GL10 3UT

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

##### Governing document

The Charity is constituted as a Charitable Incorporated Organisation (CIO) and is governed by a constitution. The Sunflowers Suicide Support was registered with the Charity Commission as a charity on 21st February 2018.

##### Recruitment and appointment of new trustees

New trustees' appointments are shown under trustees' details section. Any new trustees are invited by agreement of the existing trustees having due regard to the skills, knowledge and experience required for the effective administration of the Charity.

## **Sunflowers Suicide Support CIO**

### **Report of the Trustees for the Year Ended 31 March 2020**

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#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Induction and training of new trustees**

Any new trustees are introduced to the Charity Commission trustee guidelines and are provided with a copy of the Charities Commission "Essential Trustee" guidance booklet. New trustees are fully updated on the charity's background, operational framework, and its objectives.

##### **Organisational structure**

There are currently seven trustees and few charity volunteers. The organisational structure of the charity is such that long term strategic decisions are made during regular trustees' meetings attended by both trustees and volunteers.

##### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees acknowledge their responsibility to assess and mitigate the major risks to which the charity is exposed. The trustees have conducted a review of the major risks to which the charity is exposed and, where appropriate, systems or procedures have been established to mitigate those risks. Internal control risks are minimised by the implementation of procedures for authorisation of transactions.

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The objects of the CIO are to relieve the mental and physical sickness of people bereaved by suicide and those at risk of suicide by provision of counselling and support. To advance the education of the public in all areas relating to suicide and suicide bereavement, in particular but not exclusively among health professionals and those who work with people bereaved by suicide or at risk of suicide. To meet the needs and break the isolation of those bereaved by the suicide of a close relative or friend, by offering a safe confidential environment in which bereaved people can share their experiences and feelings, consequently giving and gaining support from each other. To promote greater awareness for professionals to help them recognise the specific support required for those bereaved by suicide.

##### **Statement on Public Benefit**

The trustees are aware of the Public Benefit provisions of the Charities Act 2011 and of the guidance on them published by the Charity Commission. They are satisfied that the objects of the charity and the activities of the charity are within the definitions of Charitable Purposes as set down in the Act. The trustees are not aware of any public detriment caused by the charity's objects or activities, nor are they aware of anyone receiving private benefit from the charity's activities.

##### **Grant making**

The Charity is not a grant making charity and does not invite grant applications.

##### **Volunteers**

Charity's team of volunteers who have assisted in organising various events and meetings during the period.

## Sunflowers Suicide Support CIO

### Report of the Trustees for the Year Ended 31 March 2020

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#### FINANCIAL REVIEW

##### Reserves policy

The Restricted funds have been shown in the statements of assets. The income is spent on the charitable activities in accordance with the charity's objectives.

##### Principal funding sources

The Charity's principal source of funds has been from donations made by individuals and through events such as presentations and quiz events. These will continue to be our primary sources of funding. During the period Gloucestershire Public Health made grants to the Charity in the sum of £4,000 for children and £1,278 for Grief Recovery. In addition, the Charity secured National Lottery funding in the sum of £91,812 payable over the period of 3 years. The first instalment was received in the sum of £15,000 during the year to 31<sup>st</sup> March 2020. DWP has paid a one off grant to cover the costs of Hearing Aid Equipment as part of Access to Work scheme.

Funds were raised during Stay in the Sun Annual Suicide Prevention walk that was held in September 2019 to mark World Suicide Prevention Day. Other events included Chase The Sun and Sunset Ball and Quiz. In addition, the charity receives funds from the sale of logo bracelets.

##### Activities during the period, achievements, and performance

The total donations received during the period totalled £41,979 with the remaining £87 being generated from the sale of logo merchandise and £29,578 fees from events and talks and £5 bank interest. The expenditure totalled £55,990 resulting in the excess of receipts over payments of £40,242 (2019: £33,983). The Charity has not claimed any gift aid on donations during the period other than through CAF Giving and My Donate.

##### Investment policy and objectives

At present the Charity does not have any funds in equities or other assets. As a new charity, it has chosen to hold funds on reserve in a Charity bank account. This has the benefit of ensuring readily available liquid assets to draw on as required.

##### Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

##### COVID-19 impact on activities

These accounts cover the year to end of March 2020 when the charity was having to start to make significant changes in the way it operated to comply with the government restrictions in relation to the pandemic. The COVID-19 pandemic and the reaction to it has caused numerous operational issues including the ability to fund-raise, services offered being affected having to transfer to online support as well as cancellation of fundraising events.

Approved by order of the board of trustees on <sup>16<sup>th</sup></sup> September 2020 and signed on its behalf by:



Mr Martin Gardiner Clark - Trustee

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**Independent Examiner's Report to the Trustees of  
Sunflowers Suicide Support CIO**

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I report on the accounts for the year ended to 31 March 2020, which are set out on pages five to seven.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's statement**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records.

It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention

(1) which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act;
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr J S Owens FCA  
GCSD Accountants Limited  
Chartered Accountants  
701 Stonehouse Park  
Sperry Way  
Stonehouse  
Gloucestershire  
GL10 3UT



16th September 2020

# Sunflowers Suicide Support CIO

## Receipts and Payments Account for the Year Ended 31 March 2020

			Year Ended 31.3.20	Period to 31.3.19
	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
<b>RECEIPTS</b>				
<b>Incoming resources from generated funds</b>				
Grants	-	24,583	24,583	-
Voluntary income donations	41,979	-	41,979	33,121
Training fees	18,628	-	18,628	5,300
Events and presentations	10,950	-	10,950	23,392
Grief recovery	-	-	-	578
Artwork sale	-	-	-	610
Christmas cards sale	-	-	-	1,025
Charity logo bracelet sale	87	-	87	743
Books sale	-	-	-	50
Refund of fees	-	-	-	2
Bank interest	5	-	5	-
<b>Total receipts</b>	<b>71,649</b>	<b>24,583</b>	<b>96,232</b>	<b>64,821</b>
<b>PAYMENTS</b>				
Costs of goods sold and other direct costs	-	-	-	1,642
<b>Charitable activities - general</b>				
Rents and rates	5,250	1,590	6,840	634
Rent deposit paid	-	-	-	1,557
Light and heat	281	65	346	-
Telephone	454	162	616	-
Wages, national insurance, and pensions	9,807	1,877	11,684	-
Insurance	563	-	563	772
Advertising and marketing	1,313	-	1,313	589
Computer costs and website	925	-	925	491
Repairs and renewals	274	-	274	55
Furnitures and fixtures	-	-	-	288
Postage and stationery	220	132	352	259
Bank, finance charges	103	-	103	718
Training costs and travel	1,780	171	1,951	3,466
ASIST costs	16,181	-	16,181	7,702
Events costs	3,868	-	3,868	10,242
Grief support costs and family liaison	1,897	2,649	4,546	802
Sunshine box and SOS pack costs	187	-	187	-
Digital hearing office equipment	-	3,305	3,305	-
Accountancy and independent examination	1,140	-	1,140	600
Legal fees and professional charges	1,008	-	1,048	1,007
Sundries	-	40	40	14
	<u>45,251</u>	<u>9,991</u>	<u>55,242</u>	<u>30,838</u>



# Sunflowers Suicide Support CIO

## Receipts and Payments Account for the Year Ended 31 March 2020

			Year Ended 31.3.20 Total funds £	Period to 31.3.19 Total funds £
	Unrestricted funds £	Restricted funds £		
<b>b/f</b>	<u>45,251</u>	<u>9,991</u>	<u>55,242</u>	<u>30,838</u>
<b>Family support activity allocation</b>				
Rent and rates	-	278	278	-
Wages	-	420	420	-
Design work	50	-	50	-
	<u>50</u>	<u>698</u>	<u>748</u>	<u>-</u>
<b>Total payments</b>	<u>45,301</u>	<u>10,689</u>	<u>55,990</u>	<u>30,838</u>
<b>Excess of Receipts over Payments</b>	26,348	13,894	40,242	33,983
<b>Cash at bank and in hand brought forward</b>	<u>34,329</u>	<u>(346)</u>	<u>33,983</u>	-
<b>Cash at bank and in hand carried forward</b>	<u>60,677</u>	<u>13,548</u>	<u>74,225</u>	<u>33,983</u>



Sunflowers Suicide Support CIO

Statement of Assets and Liabilities  
At 31 March 2020

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	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>ASSETS</b>				
Cash at bank and in hand	60,677	13,548	74,225	33,983
Other monetary assets and grants due	<u>-</u>	<u>-</u>	<u>-</u>	<u>7,778</u>
	60,677	13,548	74,225	41,761
<b>LIABILITIES</b>				
HMRC	92	-	92	-
	<u>92</u>	<u>-</u>	<u>92</u>	<u>-</u>

The financial statements were approved by the Trustees on 16<sup>th</sup> September 2020 and were signed on its behalf by:



Mr Martin Gardiner Clark -Trustee