

CARIS HARINGEY

Charity Registration No. 1061577
Company Registered in England No. 03304699

Report and Unaudited Financial Statements Year ended 31 March 2020

**Shruti Soni FCCA FCIE
Shruti Soni Ltd
117A St Johns Hill
Sevenoaks TN13 3PE**

CARIS HARINGEY

Status: Company Limited by Guarantee No.03304699
Charity Registration No.: 1061577

The Company's governing document is its Memorandum and Articles of Association dated 20 January 1997 as amended by special resolution dated 24 November 2016

Registered Office: St. Philip's Church
Philip Lane
London N15 4HJ
The Company does not have a separate principal office.

Trustees: Fr Simon Clark (Chair)
Fr James Hill
Steven Hill (appointed 5 December 2019)
Mary Christina Howes (appointed 5 December 2019)
Sha-Kera King
Kevin Norris
Patrick Routley
Jessica Swift (appointed 5 December 2019)
Julie Singleton (resigned 5 December 2019)

Secretary Gloria Saffrey-Powell
Hon Treasurer Yehen Jayasena

Independent examiner: Shruti Soni FCCA FCIE
Shruti Soni Ltd
117A St Johns Hill
Sevenoaks TN13 3PE

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2020

The trustees present their report and the financial statements for the year ended 31 March 2020. This is also a Directors' Report required by s417 of the Companies Act 2006 and all trustees are directors.

This Trustees Report and the associated Financial Statements have been prepared in accordance with guidance for preparing Charity Accounts and Reports presented in "Accounting and Reporting by Charities: Statement of Recommended Practice" and are therefore in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (effective 1 January 2015) – (Charities SORP FRS 102) together with The Companies Act 2006.

OBJECTIVES AND ACTIVITIES

The company's objects as set out in its Memorandum of Association are to:

Promote such charitable purposes for the benefit of the community within the London Borough of Haringey as shall be an expression of Christian social concern.

CARIS stands for Christian Action and Response In Society. A non-proselytising organisation, CARIS Haringey is committed to expressing God's love through social action. Our services are equally available to families of all faiths and none. CARIS has chosen to work in areas of social concern, concentrating on homeless families.

Our vision:

To empower homeless families in Haringey and to improve their welfare and enhance their quality of life.

Our mission:

- To reduce homelessness and improve housing conditions
- To improve the health of homeless families
- To improve the well-being of homeless families.
- To improve policies and practices affecting homelessness
- To increase independence and access to mainstream services
- To influence social policy affecting homeless people

CARIS continues to build on the key themes Vision, Values and Priorities as reflected in the organisation's

Business Plan: high quality services, financial security and promoting volunteering. It is this approach that ensures CARIS Haringey meets its duty of public benefit as defined by Charity Commission guidance. The charity's activities are supported and funded by: grants; contractual payments for services delivered through public-voluntary sector partnerships; collaboration with other voluntary sector bodies; donations; and volunteer support.

ORGANISATIONAL STRUCTURE

The Trustees who serving during part or whole of the year upto the date of the accounts are as shown on page 1. As set out in the Articles of Association, the Trustees have the power to appoint additional trustees. New Trustees are appointed by the existing Board, with the aim of maintaining a balance between those with voluntary sector experience, representatives of local churches and those with other skills and experience appropriate to CARIS'S activities. Trustees do not hold office for any fixed term. The Trustees meet regularly to manage and to review the activity and direction of the charity. There is a Staff Support Group, which also meets regularly and is chaired by a Trustee.

The directors are authorised by the Memorandum of Association to invest monies not immediately required for

CARIS HARINGEY

Trustees' Report For the year ended 31 March 2020

the company's own purpose in such investments, securities or property as they deem fit, subject to any conditions required by law.

CARIS Haringey Staff

Gloria Saffrey-Powell	Director (Company Secretary)
Jane Young	Office & Finance Manager
Musau Jose Kalanda	Senior Advice & Outreach Worker
Robel Tesfazion	Advice & Outreach Worker (until June 2019)
Tonya Mavri	Family Support Worker

CARIS Summer Playscheme Staff

Anastasia Loucas
Calvin Cumiskey
Elliott Powell
Ishah Harris
Jenny Loucas
Laura Thomas-Hockey
Lennie Ifield
Vicky-Ann Pessoa

The day to day operations of the charity are the responsibility of the Director, Gloria Saffrey-Powell. The Director is not a Trustee of the organisation.

CHAIR'S REPORT

The Trustee Board is committed to the sustainability and development of CARIS Haringey. The Board continued to provide a strategic steer for the charity, by ensuring that strong governance is in place and meeting regularly to discuss policies, procedures and making decisions on major governance issues.

CARIS homeless families project started in 1991 and its core purpose has never changed. We are here to help families and their children who are most in need. We provide a variety of support services for homeless families and our work centres around tackling social exclusion, in every form. It is wonderful that CARIS Haringey has received recognition for its invaluable work over the years, by receiving the Queen's Award for Voluntary Services, which is the highest award given to volunteer groups across the UK.

Below, you will find more examples of some of the wonderful achievements of CARIS Haringey this year, which could only be possible because of our dedicated staff and volunteers. The Trustee Board has always been appreciative and proud of the commitment and drive of our staff and volunteers, and this year is no exception. Their resilience, commitment and enthusiasm to provide services amid a global crisis is inspiring, heart-warming and honourable.

In the future we will be looking to refresh our strategic approach and develop our business plan, while we monitor progress in achieving previously agreed milestones. We will continue to highlight issues on homelessness and destitution and to influence policy makers on key social policy issues. We believe that, given the right support, anyone can change their life for the better. CARIS empowers those in need by providing the advice and tools people need to address the problems they face.

During this unprecedented time of the COVID-19 pandemic, we continue to work closely with the Director and staff team while they respond, adapt and deliver the best possible service, in a way that is safe for both the staff and the families we serve.

We recognise that there are more uncertain and challenging times ahead, as we plan for the delivery of our services for the upcoming year in a way that complies with government restrictions and meets the increasing demands for our services. Your support and encouragement are essential, as we move forward to a new landscape of challenges and opportunities.

Sha-Kera King

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2020

DIRECTOR'S STATEMENT

This has been a year of unexpected challenges, but thanks to the support we have received from charitable trusts, churches, individual donors and partners we have been able to continue our much-needed work of supporting homeless families and those facing destitution.

We have continued to meet the demand for our service, and to work in partnership with other organisations, professionals and community groups. We have worked closely with Haringey Council, and the Connected Communities Food Network to ensure destitution remained on the agenda and addressed by the Local Authority.

The Homelessness Monitor: England 2019 states that, "Homelessness temporary accommodation placements, have continued to rise, and now stand 71 per cent higher than in 2011, with a disproportionate rise in Bed & Breakfast use also ongoing. By mid-2018 some 85,000 homeless households were living in temporary accommodation, equating to over 200,000 people". As at 31 March 2020, official figures show Haringey was housing 3,006 households (5,313 children) in temporary accommodation. This remains one of the highest rates anywhere in the country.

Our aim is to continue to provide a high-quality service for as many families who present with multiple and complex needs. We know the importance of early intervention and prevention to address the underlying causes of poverty. Our holistic support has enabled many families to take back control of their lives.

As this financial year ended, lockdown measures were put in place across the UK due to the coronavirus (COVID-19) pandemic. Demand for our services has increased and staff and volunteers have risen to the challenge of delivering support in a new way. Our advice service moved to a remote basis with a telephone access point. Our food distribution and clothing exchange continues to be a lifeline to families in crisis situations. CARIS is working with Haringey Council, churches, communities and faith groups to establish a distribution network for food provision to enable those who are unable to reach a food bank to access food. We have been supporting many more clients who have suffered a loss of income, including those who have been furloughed, are on zero hours contracts, have no recourse to public funds and families experiencing delays in payment of Universal Credit. In the six weeks from the start of lockdown until the end of April we have given out 208 emergency food parcels (as well as essentials such as toiletries, nappies and cleaning products). This is almost as many as we gave out in the whole of last year.

During this challenging and uncertain time many families living in the private rented sector, especially those who are vulnerable and on low incomes, may not be able to afford to pay their rent and are at risk of eviction. The Government has announced a package of emergency measures in response to the pandemic. This includes policies to support private renters to stay safe in their homes and pay their rent in the event of financial hardship, as well as to help landlords facing difficulties paying their mortgage. We are aware these are only temporary measures. In Haringey borough, Homes for Haringey estimates that 1400 households in the private rented sector now fall into the serious risk of eviction category.

Our challenge now is to find new ways of supporting our clients through the ongoing crisis. We hope that as restrictions are gradually eased, we will be able to return to provide more face-to-face services. CARIS will continue to evolve and adapt to the changing landscape, embrace new ways of working and be creative in our approach and service delivery.

On 2 June 2020 it was announced that CARIS Haringey was one of 230 organisations this year to be honoured with the Queen's Award for Voluntary Service. This is the highest award a voluntary group can receive in the UK. We were delighted to be recognised in this way and received many lovely messages of congratulations from clients and supporters, as well as coverage of our work in local and national media. Representatives of CARIS Haringey will receive the award from Sir Kenneth Olisa OBE, Her Majesty's Lord Lieutenant of Greater London, later in the year.

Once again, I express my gratitude and appreciation to everyone who has supported CARIS' work - our funders, individual donors, schools, universities, colleges, churches, communities and other faith organisations for your valuable contribution to CARIS. Thank you to our volunteers: we are grateful for the energy, enthusiasm and dedication you bring to your roles. Thank you for believing in CARIS' mission to bring about change and to work with and on behalf of homeless families.

Gloria Saffrey
Director

OUTREACH ADVICE & ADVOCACY

CARIS has continued to provide wide-ranging professional advice on subjects such as; housing, homelessness, disrepair, benefits, family matters, immigration and no recourse to public funds. The service has been delivered through surgeries, drop-ins and home visits.

In the year under review we received 123 new referrals from external agencies. This includes local schools, children's centres, social services, health visitors, other voluntary organisations and a few from solicitors. We have delivered training on managing finances, covering financial skills, effective budgeting, Universal Credit and the Help to Save scheme. We have also run workshops on immigration issues including the EU settlement scheme and how to remain in UK after Brexit. We have also hosted workshops in partnership with other agencies on subjects related to health and wellbeing, such as oral health, living well and healthy relationships.

Clients who attended our workshop on finances reported an increased knowledge on how to budget and improve their financial situation and a good understanding of how to save and take control of their finances to avoid financial crisis e.g. rent arrears. Service users also reported greater understanding of priority debt. We have also successfully assisted clients to claim benefits, recording an indicated minimum financial gain exceeding £129,000.

Many of our clients are facing destitution due to having No Recourse to Public Funds (NRPF). This is a restriction placed on them by the Home Office which leaves them unable to access benefits, homelessness assistance from the council or an allocation of social housing through the council's register. A key part of our work this year has been assisting clients to make applications to the Home Office to change the conditions of their leave by lifting this restriction. We have had a 100% success rate for these applications. As a result, destitute families have been granted access to the mainstream welfare benefits and given the prospect of making an improvement to their financial circumstances and their housing conditions. We continue to work with partners to advocate on behalf of those with NRPF and to raise awareness of the challenges they face.

CARIS Advice Workers and Director continue to be involved with Haringey Welcome Advisory action planning working group with the local authority (and cabinet members), Project 17, Haringey Migrant Support Centre and Consonant, to draft the Haringey Welcome Strategy action plan. The aim is to enable Haringey to be a truly welcoming borough building on the strengths and assets which residents and communities bring to borough life. This strategy will incorporate the Mayor of London's Equality, Diversity, and Inclusion Strategy 2018 and Strategy for Social Integration 2018. There has also been discussion on intended amendments to the Immigration Act, the impact on EU Nationals settlement, NRPF families' employment and poverty.

From the start of lockdown, the advice service has continued online and over the phone as we can't have face-to-face appointments for the time being. Applications for Universal Credit are the most common issue at the moment. We have been keeping our clients up-to-date with relevant information about a range of topics during the pandemic, through a new section on our website, posts on social media and printed handouts.

FAMILY SUPPORT

This year we continued to develop our well-established services providing holistic support for homeless families in the community. In addition, with support from funders, we were also able to start two new projects: a cooking club and the M.A.N (Men Are Needed) project.

Drop-in

Our weekly drop-in is for preschool children and their carers. Although this session is primarily a stay-and-play for younger children, it's also an opportunity to support families, and this year we had an increasing number of parents (more than 30) continuing to attend on their own after their children moved to full time education. This shows the value of the community and the support provided, including donations of previously owned toys and clothes.

We ran a number of workshops during the drop-in, including a six-week 'Living Well' course, with activities to support relaxation and practical tips for parents on how to reduce stress and stay calm.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2020

Throughout the year we welcomed professionals from other organisations to participate in our drop-in sessions including Haringey IAPT, Connected Communities and a local refugee life stories writing group.

Toy Library

This year our mobile toy library regularly travelled across the borough, visiting hostels, refuges and Children's Centres to lend toys and games to children in need. Children living in temporary accommodation often have few belongings as storage space is limited, and parents may not have the means to spend money on anything except essential items. This means they may have few toys and books of their own. CARIS Mobile Toy Library provides an important service by enabling families to borrow these items for free. Toys are the tools of play that help children develop their social awareness, physical abilities, imagination, visual and motor capabilities and thinking processes. Having access to books improves children's literacy and learning, engages their imagination and improves their mental wellbeing. The toy library also continues to be a valuable non-intrusive way for introducing vulnerable families to CARIS services and helping them to access other services in the borough.

Cooking Club

Following a successful trial earlier in the year, in October we started a weekly Cooking Club. The aim was to help families learn how to make nutritious meals on a budget, using items commonly given in our food parcels. As well as learning how to make new dishes and save money, our evaluation has shown that the social aspect has been important too, with clients saying they feel happier and less isolated.

M.A.N. (Men Are Needed)

Usually, most of the parents who take part in our activities are women. CARIS workers had noticed an increase in single dads accessing our services as well as many single mums reporting to be struggling with the lack of positive male role models around their children due to absent fathers. Our Family Support Worker used social media as a platform to raise these concerns to see what ideas people in the local community have in regards to supporting these issues. There was a great response so we then organised a planning meeting, bringing together interested individuals and organisations to discuss how to go forward with this. The meeting was well attended and the expertise, skills and diversity in the room were amazing.

The result was the creation of the M.A.N. (Men Are Needed) project which aims to run inclusive events that will support fathers and other male family members, as well as giving children opportunities to take part in activities led by positive male role models. Our motto is 'It takes a village to raise a child so let's make our village one to be proud of'.

In August we hosted a M.A.N. Community Fun Day as part of the CARIS Summer Playscheme. This turned out to be hugely successful. We had over 80 parents and children who took part in the activities on offer as well as visiting the information stalls.

In December we started a monthly meet up which has been a popular event for families. Activities have included games, sport, cooking, crafts and fitness training.

The M.A.N project has linked us with more male clients and strengthened our links with other male-focused organisations.

Food Parcels & NRPF Support

Thanks to the generosity of our supporters, CARIS was able to distribute over £33,000 worth of donated goods this year, including food, toiletries, clothes, toys and baby equipment. We ran monthly sessions to provide food and other essential items to families with no recourse to public funds. 275 food parcels were given out in the period.

Our Family Support Services are continuing and being expanded to meet the growing need. Our focus since the start of the COVID-19 pandemic has been getting emergency support to our most vulnerable clients. We have been working closely with others across the borough in the public and voluntary sector to ensure food reaches those who need it most. As this is something we were doing before coronavirus, our resources and 'expertise' are being drawn on to help inform the community response.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2020

Since the start of lockdown, we have given out around ten times our usual number of food parcels. We've also given out additional items, such as toiletries, nappies and packs of educational supplies for the children. We have a partnership with a local Morrison's supermarket who have supplied us with food regularly, and generous individual supporters and groups who continue to collect for us, in particular Hampstead Parish Church and the Muswell Hill Synagogue.

ESOL (English for Speakers of Other Languages)

CARIS Haringey has continued our partnership with the Workers' Educational Association (WEA) to provide ESOL courses to our clients. This year we ran twice-weekly classes throughout the year at two levels: entry levels 1 and 2/3.

An inability to speak, read or write in English, is one of the many reasons CARIS clients may face disadvantage and exclusion. Other factors could be their financial situation, immigration status, lack of access to online and digital services and not having a permanent address. We work with clients to overcome these barriers, reducing isolation and inequality.

Summer Playscheme

During the school holidays we held a three-week Summer Playscheme for children living in temporary accommodation. 282 children and 154 parents took part. The theme this year was Ordinary is Extraordinary. We explored the wonders in the everyday world around us and how ordinary people can achieve extraordinary things. Activities included art, cooking, dance, drama, and storytelling. While the children were having fun, we also ran useful workshops for their parents, covering budgeting, Universal Credit and Brexit. To support health and wellbeing we had visits from a hairdresser, dentist and fitness coach and ran sessions on mindfulness and healthy eating. Art specialists from Universities led trips to the Tate Britain and the House of Illustration. We also ran popular day trips to the seaside at Walton-on-the-Naze and Clacton-on-Sea.

Christmas Party

Christmas is always a joyous celebration at CARIS. Thanks to the generous response to our Christmas appeal, we were once again able to provide gifts of brand-new toys, games and books to families in need. We hosted two children's parties this year, with 126 children attending. The little ones enjoyed meeting Father Christmas at their party and a DJ provided the entertainment at the disco for the older children.

Partnerships

We have continued to work in partnership with other voluntary organisations and faith groups. In June 2019, staff member, Jane Young, had the honour of representing CARIS Haringey and meeting Her Majesty the Queen at a reception at Buckingham Palace to celebrate the work of UK faith and belief groups in promoting community cohesion. We continue to meet with local MPs and Councillors at various forums and meetings.

We have made social media a huge focus this year. We have increased our profile on Facebook, Instagram and WhatsApp. These have been paramount to increasing the awareness of destitution and the work CARIS undertakes. These media platforms mean we can request support and donations within the local community. We have also featured on the national news and in the local paper.

CARIS continues to participate in meetings organised by Bridge Renewal Trust engaging in the Thematic Forums and Community Centre Network sharing best practice and discussing how organisations best engage with Haringey Council as key community assets. We also continue to participate in meetings with London Destitution Forum.

We continue to build on our relationships with local businesses and look for opportunities for collaborative working with other organisations. We have continued to share our knowledge with local partners, in particular around support for those with no recourse to public funds.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2020

Volunteers

The contribution of our volunteers is invaluable to CARIS Haringey's work. This year over 1,700 hours were given by 54 volunteers and by professionals delivering services.

Not only does the organisation benefit greatly from their support, but there are benefits for those who take part in volunteering. By providing suitable volunteering opportunities that suit individual lives, we have seen people improve their skills and grow in confidence. This year, we took on a new volunteer who had worked as a teacher in his country of origin but needed more experience working with children in the UK. Through our Summer Playscheme and weekly drop-in he was able to gain valuable experience and has now been offered a paid position in a local school.

In March 2020, two CARIS volunteers, Amy Robinson and Angie Anusionwu, were presented with Unsung Women Awards by the Mayor of Haringey for their work in the local community. Amy and Angie have both been volunteering for CARIS for many years, and regularly give up their time to lend a helping hand to those in need. Their dedication, generosity and skills are a real asset to CARIS and we're so pleased their contribution has been recognised in this way.

Shortly after the end of the year under review, the achievements of our volunteers were further celebrated as it was announced that CARIS Haringey has been awarded the Queen's Award for Voluntary Service. This is the highest award that can be given to voluntary groups in the UK and is equivalent to an MBE. We were delighted to receive news of this award and are grateful to all those involved with CARIS, in particular our volunteers. Without your help and support CARIS Haringey would not be able to achieve all we do, or make the difference to homeless and destitute families.

FINANCIAL REVIEW

The charity's income for year ended 31 March 2020 was £247,546 (2019: £274,086) of which £197,391 was restricted (2019: £197,006). The expenditure for the year was £194,666 (2019: £247,847) of which £180,090 was restricted (2019: £189,372) finishing the year with net income of £52,881 (2019: £26,238).

RESERVES POLICY

Total charity funds at year end amounted to £121,227 (2019: £68,346) of which £42,036 (2019: £24,735) represented restricted funds.

The trustees have established a policy whereby the unrestricted funds should be between three and six months of their core committed costs, which equates to between £37,500 and £75,000 in general funds. At this level, the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed. At the end of this year the free reserves, which amount to £73,364 (2019: £35,569), which is well within this target level.

RISK REVIEW

Although SORP 2015 (FRS 102) does not require a formal risk assessment in the case of charities of the size of CARIS Haringey, the trustees have reviewed the major risks to which the charity is exposed and procedures have been implemented to minimise those risks. The key risk again identified during the financial year is external and relates to funding.

Significant progress continues to be made in the development of a funding strategy to diversify funding and address new areas of activity.

GOING CONCERN

The trustees are satisfied that the charity will continue to be a going concern for the foreseeable future.

CARIS HARINGEY

Trustees' Report

For the year ended 31 March 2020

PUBLIC BENEFIT STATEMENT

The trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission in determining the activities undertaken by the charity.

Statement of Trustees' Responsibilities


The trustees (who are also directors of the charitable company for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- a) select suitable accounting policies and apply them consistently;
- b) observe the methods and principles in the Charities SORP;
- c) make judgments and accounting estimates that are reasonable and prudent;
- d) state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- e) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report, which has been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006, was approved by the Board on 07/10/2020 and signed on its behalf.


Trustee
Name: Sha-Kera King

Independent Examiner's Report to the Trustees of CARIS Haringey

I report on the financial statements of the company for the year ended 31 March 2020 as set out on pages 11 to 22.

Responsibilities and basis of report

As the charity's trustees of the Company (who are also the directors of the company for the purposes of company law), you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act").

Having satisfied myself that the accounts of the Company are not required to be audited for this year under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, I have followed the Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

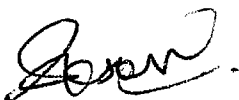
Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Association of Chartered Certified Accountant, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
2. the accounts do not accord with such records; or
3. the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Shruti Soni FCCA FCIE
Shruti Soni Ltd • Chartered Certified Accountants
117A St Johns Hill, Sevenoaks TN13 3PL

Date: 12/10/2020

CARIS HARINGEY

Statement of financial activities (incorporating an income and expenditure account)

For the year ended 31 March 2020

				2020			2019
	Note	Unrestricted £	Restricted £	Total £	Unrestricted £	Restricted £	Total £
Income from:							
Donations and legacies	2	49,791	153,391	203,182	73,473	153,006	226,479
Charitable activities							
Advice and Advocacy Support and Outreach Family Support	3	-	44,000	44,000	-	44,000	44,000
Investments		44	-	44	46	-	46
Other		320	-	320	3,561	-	3,561
Total income		50,155	197,391	247,546	77,080	197,006	274,086
Expenditure on:							
Raising funds	4	5,155	-	5,155	6,429	-	6,429
Charitable activities							
Summer playscheme	4	1,158	22,530	23,688	3,876	24,060	27,936
Advice and Advocacy Support and Outreach Family Support	4	8,262	157,560	165,822	48,171	165,312	213,483
Total expenditure		14,576	180,090	194,666	58,475	189,372	247,848
Net income / (expenditure) for the year	5	35,580	17,301	52,881	18,605	7,634	26,238
Transfers between funds		-	-	-	-	-	-
Net movement in funds		35,580	17,301	52,881	18,605	7,634	26,239
Reconciliation of funds:							
Total funds brought forward		43,611	24,735	68,346	25,006	17,101	42,107
Total funds carried forward	15	79,191	42,036	121,227	43,611	24,735	68,346

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above. Movements in funds are disclosed in Note 15 to the financial statements.

CARIS HARINGEY

Balance sheet

Company no. 3304699

As at 31 March 2020

	Note	£	2020 £	£	2019 £
Fixed assets:					
Tangible assets	10		<u>5,827</u>		<u>8,042</u>
			5,827		8,042
Current assets:					
Stock	11	2,075		4,110	
Debtors	12	-		3,550	
Cash at bank and in hand		<u>121,408</u>		<u>55,216</u>	
		123,483		62,876	
Liabilities:					
Creditors: amounts falling due within one year	13	<u>(8,083)</u>		<u>(2,572)</u>	
Net current assets / (liabilities)			115,400		60,304
Total assets less current liabilities			121,227		68,346
Total net assets / (liabilities)	14		<u>121,227</u>		<u>68,346</u>
The funds of the charity:					
Restricted income funds			42,036		24,735
Unrestricted income funds:					
General funds		<u>79,191</u>		<u>43,611</u>	
Total unrestricted funds			79,191		43,611
Total charity funds	15		<u>121,227</u>		<u>68,346</u>

For the year ending 31 March 2020 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Trustees' Responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476
- The trustees acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

These financial statements, which have been prepared in accordance with the special provisions relating to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), were approved by the Board on 07/10/2020 and signed on its behalf by:



Name: Sha-Kera King
Trustee

Notes to the financial statements

For the year ended 31 March 2020

1 Accounting policies

a) Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

The charity is a company limited by guarantee (registered in England and Wales number 3304699) and has no share capital. The liability of each member in the event of winding up is limited to £1. Its registered address is St Philip's Church Philip Lane, London N15 4HJ

b) Public benefit entity

The charitable company meets the definition of a public benefit entity under FRS 102.

c) Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating value of donated goods and accruals.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

d) Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

e) Donations of gifts, services and facilities

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

f) Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

1 Accounting policies (continued)

g) Fund accounting

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

h) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose
- Expenditure on charitable activities includes the costs of delivering services and activities undertaken to further the purposes of the charity and their associated support costs
- Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

i) Allocation of support costs

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the salary and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

● Summer playscheme	0%
● Advice and Family Support	97%
● Fundraising	3%

j) Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

k) Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £150. Depreciation costs are allocated to activities on the basis of the use of the related assets in those activities. Assets are reviewed for impairment if circumstances indicate their carrying value may exceed their net realisable value and value in use.

Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

● Office fixture and equipment	5 years
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l) Stocks

Donated items of stock, held for distribution or resale, are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2020

1 Accounting policies (continued)

m) Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

n) Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

o) Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

p) Pensions

Pension contributions to employees' pension scheme is charged to Statement of Financial Activities when due.

2 Income from donations and legacies

	Unrestricted £	Restricted £	2020 total Total £	2019 Total £
Individual and church donations	18,207	-	18,207	32,577
Grants from Trusts and Foundations	-	153,391	153,391	153,006
Donated goods	31,584	-	31,584	40,896
	<u>49,791</u>	<u>153,391</u>	<u>203,182</u>	<u>226,479</u>

Donations from churches includes £3,130 from St Michael's Church in Highgate (2019: £2,500), £3,363 from Hampstead Parish Church, £1,244 from 133rd London Boys Brigade Company and £1,000 from St Ann's Church, Tottenham (2019: £1,000).

3 Income from charitable activities

	Unrestricted £	Restricted £	2020 Total £	2019 Total £
Advice and Family Support LBH (Children's Centre Services)	-	44,000	44,000	44,000
Sub-total for Advice and Family Support	<u>-</u>	<u>44,000</u>	<u>44,000</u>	<u>44,000</u>
Total income from charitable activities	<u>-</u>	<u>44,000</u>	<u>44,000</u>	<u>44,000</u>

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2020

4 Analysis of expenditure

	Cost of raising funds £	Charitable activities		Support costs £	2020 Total £
		Summer Playscheme £	Advice and Family Support £		
Staff costs (Note 6)	3,493	15,508	82,884	8,965	110,850
Rent	215	650	11,238	5,905	18,008
Office Costs	94	-	7,111	45	7,250
Travel and excursions	336	3,391	299	2,981	7,007
Depreciation	-	-	-	2,215	2,215
Other direct costs, insurance and utilities	259	4,139	4,610	5,169	14,177
Donated goods	-	-	33,619	-	33,619
	4,397	23,688	139,761	25,280	193,126
Support costs	758	-	24,522	(25,280)	-
Governance costs	-	-	1,540	-	1,540
Total expenditure 2020	5,155	23,688	165,822	-	194,666

Of the total expenditure, £14,576 was unrestricted (2019: £58,475) and £180,090 was restricted (2019: £189,372).

4A Analysis of expenditure

	Cost of raising funds £	Charitable activities		Support costs £	2019 Total £
		Summer Playscheme £	Advice and Family Support £		
Staff costs (Note 6)	4,678	20,015	111,744	12,005	148,442
Rent	258	450	13,710	7,034	21,451
Office Costs	120	-	9,120	58	9,298
Travel and excursions	319	2,922	587	2,835	6,664
Depreciation	-	-	-	2,215	2,215
Other direct costs, insurance and utilities	217	4,549	4,588	3,761	13,114
Donated goods	-	-	41,181	-	41,181
	5,592	27,936	180,930	27,909	242,366
Support costs	837	-	27,072	(27,909)	-
Governance costs	-	-	5,481	-	5,481
Total expenditure 2019	6,429	27,936	213,483	-	247,847

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2020

5 Net incoming resources for the year

This is stated after charging / crediting:

	2020	2019
	£	£
Depreciation	2,215	2,215
Independent examiner's fee	1,440	1,440
Operating lease rentals:		
Property	18,008	21,451
	<u>18,008</u>	<u>21,451</u>

6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

Staff costs were as follows:

	2020	2019
	£	£
Salaries and wages	90,578	121,574
Social security costs	4,784	6,976
Employer's contribution to defined contribution pension schemes	6,407	5,964
Other staff costs	9,081	13,928
	<u>110,850</u>	<u>148,442</u>

No employee earned more than £60,000 during the year (2019: nil).

The total employee benefits including pension contributions of the key management personnel were £23,028 (2019: £43,894).

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2019: £nil).

No charity trustee received payment for professional or other services supplied to the charity (2019: £nil).

No Trustees are made payments or reimbursement of travel and subsistence costs totalling during the year (2019: nil).

7 Staff numbers

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2020	2019
	No.	No.
Charitable activities	6.0	6.0
	<u>6.0</u>	<u>6.0</u>

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2020

8 Related party transactions

There are no related party transactions to disclose for 2020 (2019: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

9 Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10 Tangible fixed assets

	Office fixture and equipment £	Total £
Cost or valuation		
At the start of the year	34,956	34,956
Disposals in year	(9,336)	(9,336)
At the end of the year	25,620	25,620
Depreciation		
At the start of the year	26,914	26,914
Charge for the year	2,215	2,215
Eliminated on disposal	(9,336)	(9,336)
At the end of the year	19,793	19,793
Net book value		
At the end of the year	5,827	5,827
At the start of the year	8,042	8,042
All of the above assets are used for charitable purposes.		

11 Stock

	2020 £	2019 £
Donated clothing and other items for distribution	2,075	4,110
	2,075	4,110

12 Debtors

	2020 £	2019 £
Accrued income	-	3,550
	-	3,550

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2020

13 Creditors: amounts falling due within one year

	2020 £	2019 £
Trade creditors	1,193	1,132
Accruals	1,440	1,440
Deferred income	5,450	-
	8,083	2,572

14 Analysis of net assets between funds at the end of year - 31 March 2020

	General unrestricted £	Designated £	Restricted £	Total funds £
Tangible fixed assets	5,827	-	-	5,827
Net current assets	73,364	-	42,036	115,400
Net assets at the end of the year	79,191	-	42,036	121,227

Analysis of net assets between funds at the start of year - 1 April 2019

	General £	Designated £	Restricted £	Total funds £
Tangible fixed assets	8,042	-	-	8,042
Net current assets	42,202	1,000	17,102	60,304
Net assets at the end of the year	50,244	1,000	17,102	68,346

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2020

15 Movements in funds during the year - 2020

	At the start of the year £	Incoming resources & gains £	Outgoing resources & losses £	Transfers £	At the end of the year £
Restricted funds:					
Summer playscheme					
BBC Children In Need	4,368	14,200	(18,568)	-	-
Hornsey Parochial Charities	-	1,962	(1,962)	-	-
Tottenham Grammar School Foundation	-	2,000	(2,000)	-	-
Austin & Hope Pilkington Trust	-	1,000	(1,000)	-	-
Advice and Advocacy Support and Outreach Family Support					
L. B. Haringey (Childrens Centre Services)	-	44,000	(44,000)	-	-
Haringey Giving Changing Lives Programme		2,875	-	-	2,875
Joseph Rank Trust		12,500	(9,375)	-	3,125
City Bridge Trust		5,450	(5,450)	-	-
WHSmith Community Grant		200	(200)	-	-
Tudor Trust	10,000	30,000	(30,000)	-	10,000
Woodward Trust	565	-	(565)	-	-
Big Lottery Fund	9,802	83,204	(66,970)	-	26,036
Total restricted funds	24,735	197,391	(180,090)	-	42,036
Unrestricted funds:					
General funds	43,611	50,155	(14,576)	-	79,191
Total unrestricted funds	43,611	50,155	(14,576)	-	79,191
Total funds	68,346	247,546	(194,666)	-	121,227

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2020

15 Movements in funds during previous year - 2019

	At the start of £	Incoming £	Outgoing £	Transfers £	At the end £
Restricted funds:					
Summer playscheme					
BBC Children In Need	4,712	14,200	(14,544)	-	4,368
Hornsey Parochial Charities	-	3,516	(3,516)	-	-
Wednesday's Child	-	2,000	(2,000)	-	-
Tottenham Grammar School Foundation	-	4,000	(4,000)	-	-
Advice and Advocacy Support and Outreach Family Support					
L. B. Haringey (Childrens Centre Services)	-	44,000	(44,000)	-	-
Tudor Trust	-	30,000	(20,000)	-	10,000
Frontline Homeless	-	10,000	(10,000)	-	-
Garfield Weston Foundation	-	10,000	(10,000)	-	-
Woodward Trust	-	1,000	(435)	-	565
Big Lottery Fund	12,389	78,290	(80,877)	-	9,802
Total restricted funds	17,101	197,006	(189,372)	-	24,735
Unrestricted funds:					
Designated funds:					
New premises	1,000	-	-	(1,000)	-
Total designated funds	1,000	-	-	(1,000)	-
General funds	24,006	77,080	(58,475)	1,000	43,611
Total unrestricted funds	25,006	77,080	(58,475)	-	43,611
Total funds	42,107	274,086	(247,847)	-	68,346

CARIS HARINGEY

Notes to the financial statements

For the year ended 31 March 2020

16 Operating lease commitments

The charity's total future minimum lease payments under non-cancellable operating leases is as follows for each of the

	Property	
	2020	2019
	£	£
Less than one year	13,500	10,000
	<u>13,500</u>	<u>10,000</u>

17 Legal status of the charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

