



Supporting Later Life Friendly Parishes

Registered charity, number 1161765

Financial statements

for the year ended

31st March 2020

Page	Contents
2,3,	Trustees' annual report
4	Receipts & payments account
5	Statement of assets & liabilities

Full name **Growing Old Grace-fully**
Registered charity number 1161765

Main address: Diocese of Leeds, 11 North Grange Road, Leeds LS6 2BR

Committee members

Carol Burns, *Chair*
Anne Forbes
Cath Mahoney
Ann West

Pippa Bonner
Paul Grafton
Mgr Peter Rosser, *Treasurer*
Maria Longfellow

Bankers: The Co-operative Bank, P O Box 250, Delf House, Southway,
Skelmersdale WN8 6WT

Governance and management

Growing Old Grace-fully is managed by a committee of between 5 and 10 trustees.
The trustees have the power to:

- i. Raise funds, receive grants and donations
- ii. Apply funds to carry out the work of the charity
- iii. Co-operate with and support other charities with similar purpose
- iv. Do anything which is lawful and necessary to achieve the purposes.

New trustees are recruited either because:

- a. vacancies have arisen or will arise
- b. existing Trustees have agreed that additional specific skills are needed.

The trustees agree what skills, experience and knowledge are needed, and write it down in the form of a short job description and person specification to form the criteria for recruitment. The responsibilities and a process for recruitment are agreed and the whole board remains consulted. The best route to find new candidates is agreed and a short-list is produced. Interviews are arranged against the agreed criteria, with notes kept and similar questions asked. Preferred candidates are identified and invited to join the trustees, subject to references and formal vetting. They then receive a formal letter of appointment including a copy of the Constitution setting out their duties, which they sign and return. Unsuccessful candidates are notified and thanked. A simple induction plan is agreed and all relevant parties, such as funders, are notified.

Aims and objectives

We are a charity working across the Roman Catholic Diocese of Leeds to raise awareness of the spiritual and practical needs of older people and their contribution in the Parishes. Our work is focused on supporting Later Life Friendly Parishes, specifically promoting social inclusion by working with people who are socially excluded as a result of conditions which arise from old age.

Our aims are to:

- Share current best practice in talks and through our website
- Help create local solutions to local needs
- Offer spiritual and practical support and advice
- Encourage the establishment of dementia-friendly parishes.

Achievements in 2019-20.

One of our major grants came to an end in March 2019. This meant we could no longer commission services from Rachel Walker.

Throughout the remainder of 2019 we were able to keep the website up to date and keep our links with the Dementia Friendly working group of the diocese. They organised a dementia friendly Carol Service at the cathedral. We also began some partnership work with Faith in Elderly People and Leeds Church Institute to develop a conference looking at death and dying. The title of the conference was A Matter of Life and Death. This was due to take place in March 2020. It was postponed because of the pandemic and has now been delivered on line in autumn 2020.

With Rachel's support in April and May we were able to secure support from the Leeds Diocese who asked Catholic Care trustees to support our work. We entered into a Memorandum of Understanding with Catholic Care to receive support of £8000 a year for three years. We are also grateful to the Sisters of Charity of St Paul, Sisters of Mercy and the Linden Trust who have also supported us this year.

This funding enabled us to engage another person to deliver some of the objectives of our regional plan. It took 5 months to find a suitable person, however we were delighted to be able to work with Rhoda Wu.

Between January – March, before all face to face activities were suspended we were able to improve the website, send out regular mailings and recontact many supporters to ensure our mailing list is up to date. Plans for 2020-21 had to be completely rethought. We have aimed to keep in touch by post and electronically and expect to be working virtually at least until March 2021

We were also delighted to receive support from The Ladies of the Grail for our plan to pilot a Community Lay Chaplaincy for Older People. Sadly this project is on hold because of the global pandemic.

The charity's policy on reserves

We aim to hold the equivalent of 3 months expenditure (based on last year's costs) plus a proportion for legal costs and maintain the level of reserves from unrestricted income. The trustees may agree to designate some of the free reserves for a particular project or activity. They will ensure that these designated funds are spent within a reasonable period of time. This policy is reviewed at least annually.

Signed on behalf of the charity's trustees:

Signed _____ Date _____
Carol Burns, Chair

**Growing Old Grace-fully
Receipts & payments account
for the year ended 31st March 2020**

	Unrestricted Funds £	Restricted funds £	Total funds £
Income			
Donations -	3000	8000	11,000
Event Income	0	0	0
Bank interest	<u>0</u>	<u>0</u>	<u>0</u>
Total receipts	<u>3,000</u>	<u>8,000</u>	<u>11,000</u>
Expenditure			
Event expenditure	0	0	0
Office expenses	449	0	0
Freelance services	1529.39	0	0
Membership	20	0	0
Total Payments	<u>1998.39</u>	<u>0</u>	<u>1,998.39</u>
Net receipts/(payments)	<u>1001.61</u>	<u>8,000</u>	<u>9,001.61</u>
Bank and cash at the start of the period	3,880.09		3,880.09
Bank and cash at the end of the period	<u>12,881.70</u>	0	<u>12,881.70</u>

Growing Old Grace-fully
Statement of assets and liabilities
at 31st March 2020

	£
Cash assets	
Current account	12,881.70
Deposit account	0
Petty cash	<u>0</u>
Total cash assets	12,881.70
Other assets - None	

These financial statements are accepted on behalf of the charity by:

Signed _____ Dated _____
Mgr Peter Rosser, Treasurer