



Annual Report 2019-2020





University Mental Health Advisers Network
www.umhan.com email: umhan@live.co.uk

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About UMHAN

UMHAN was established in 2003 as an information-sharing network for mental health specialists working in Higher Education. UMHAN was a key part in a series of important firsts in Higher Education, including the emphasis on practical and whole-institution approaches to mental health and illness, the development of mental health-specific services in Higher Education, facilitating awareness-raising of mental health and illness, and increasing the appropriate uptake of Disabled Students' Allowances for students with mental health conditions. Importantly, UMHAN members connected the work being undertaken by specialists in Higher Education with national initiatives regarding social exclusion, health promotion, place- and context-based provision for people with mental health conditions and tackling mental health inequalities for students with mental health conditions.

UMHAN was founded by professionals in mental health work and has been instrumental in maintaining and improving the professional development and standards of mental health specialists and services in Higher Education.

While UMHAN has broadened its membership to include other types of mental health-specialist roles and has been involved in consultations and initiatives undertaken by other organisations, its core aims have remained remarkably persistent over the years; these reflect the needs of specialists working in education, the requirements of people with mental health conditions undertaking education, and the benefits of positive action in education and mental health to students, education and society at large.

What does UMHAN do?

Our aims are to:

Influence policy development in the fields of Education, Mental Health, Disability, and beyond, to proportionately and accurately represent the needs and interests of people with mental health conditions.

Ensure mental health support staff working in education are equipped with the tools, support, and empowerment to best support students, and ensure national representation to influence the sector for good.

Remove the barriers to the full participation of people with mental health conditions in higher education and beyond, encouraging the development of a culture in which



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people with mental health conditions studying in higher education is a mainstream notion.

UMHAN is primarily a membership organisation and seeks to fulfil its aims by enabling the sharing and promotion of best practice through our networks, ensuring that members are kept up to date with the latest developments in the sector. We offer our members online forums, tailored resources and meetings.

We also actively seek to collaborate with key stakeholders and influencers in order to promote the needs and interests of people with mental health conditions, and to achieve the best educational outcomes for students with mental health conditions.

Who funds our work?

Our work is funded almost exclusively through membership fees. This income largely pays the salary of our Charity Manager, UMHAN's sole employee, who undertakes all day-to-day administration and any development work.

Organisational developments 19-20

Governance

Trustees

We have doubled the number of trustees from 3-6 this year, including the successful recruitment of 2 external trustees. After the existing Chair, Dan Doran, had to step-down the trustees appointed Dr Anna Matthews as interim Chair.

They are:

Lydia Pell, Dan Doran, Hannah Abrahams, Hannah Wilson, Andrew Plumtree and Anna Matthews.

Volunteers

Key officer posts were held by volunteers from within the membership:

Alice Wilson (Supervisor)

Amberlee Green (Mental Health Adviser Lead)

Vacant – was Anna Matthews (Mentor Lead)

Additionally, members volunteered for the following:



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Applications Working Group

Hannah Abrahams, Annie Kembell, Jo Blakely

PR and Communications Working Group:

Duncan Little (also Newsletter Editor), Donna-Lee Norton

CPD and Member Benefits Working Group:

Hannah Facey, Jackie Fothergill

Supervision Working Group:

Anna Matthews, Cheryl Parkinson, Fiona Grant, Rosie Holmes

Membership Development Working Group:

Alice Wilson, Kerry Daley

Regional Coordinators:

Wales- Cheryl Parkinson, Scotland – Jacquie Nicholson, South East – Jackie Ball, South West – Issy Southcott/Hayley Gearon, London – Rikki Lempert/Sharon Gallagher, North East – Kathy Walton, North West – Dave Wilson, East Midlands – Char Tyler, Yorkshire & Humberside – vacant (was Charlotte Hendry), West Midlands – vacant, East of England - vacant

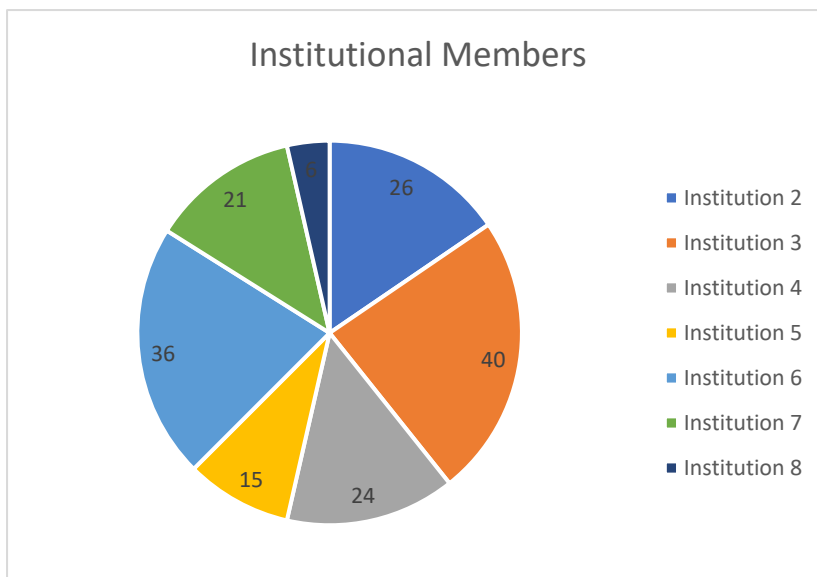
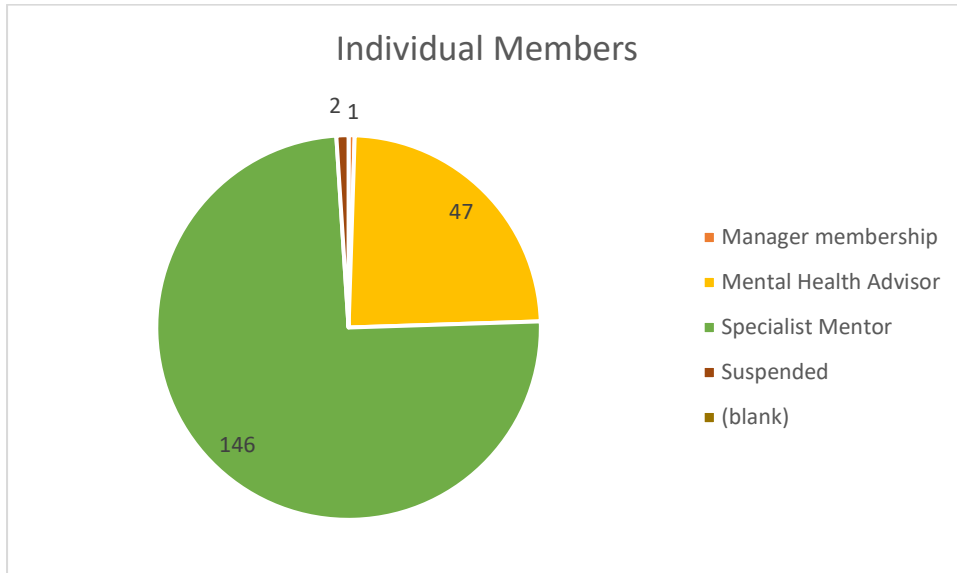
Our volunteers are instrumental in ensuring that key developments, including new guidance and practices, are member-led and representative. We believe they are an invaluable resource and will continue to ensure that we support and recognise volunteers in our organisation.

Membership

Who are our members?

During 2019-20 our membership was made of 2 distinct types – Mental Health Advisers (MHAs) and Specialist Mental Health Mentors.(SMHMs).

The majority of our individual members were SMHMs with 146 members. Only 47 MHAs were individual members as the majority work in larger teams and so take advantage of our institutional discount. (For the coming year (20-21) mentor members will also be able to be added to an institutional membership.)



The majority of SMHMs became members through our accreditation route, which has now closed. These were largely people with significant experience in mental health as well as supporting students as a mental health mentor in HE. Many also work as Specialist Autism Mentors, or Specialist one-to-one Study Skills and Strategy Support - Specific Learning Difficulties (SpLD/Autism) and as such have a range of qualifications.

Mental Health Advisers normally either have a postgraduate qualification in Mental Health or a professional qualification, and many have extensive experience of working in the public sector. Some MHA UMHAN members have been in the role for more than 10 years.



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The professions represented are Occupational Therapy, Nursing, Social Work, Psychology, Counselling and Psychotherapy (in descending order of number, although we do not have this information recorded for all members).

There has been a slight decrease in the number of SMHM members from 160 in 2019 to 146. This is no surprise as there has been no active recruitment to this membership type and no open accreditation route. Anecdotally, some mentor members have left the role due to lowering pay rates.

At the time of reporting, there has also been a decrease in the number of MHA members from 284 to 217 members, however, this number is often fluid at this time of the year due to the length of time taken to pay invoices (which has additionally been effected by Covid-10 this year).

We are now able to better report on terminated memberships, in terms of timings and type of membership, however, it is difficult to get a clear picture of why because we often don't find out until someone has left their role. Some of the reasons:

- Moved abroad
- Changed jobs (due to lowering of pay rates)
- Changed jobs (promotion)
- Changed jobs (different department)
- Institution will no longer pay membership fees

Unless a member actively withdraws their consent they continue to receive our monthly newsletter.

Why do they become members?

A recent survey showed that members most highly value the networking opportunities offered by membership, specifically the email forum and in person meetings. This gives members an opportunity to share best practice, ask questions and share resources and ideas. The outcome is improving the support provided to students with mental health conditions, and thus their educational opportunities and outcomes.

UMHAN also provides up to date resources and information about sector developments relevant to mental health.

Our audit of members provides a quality assurance mechanism which helps to professionalise the roles within Higher Education. Members interests (and by



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association those of students with mental health conditions) are represented in our strategic and collaborative work with other organisations, where we seek to give a voice to the most unwell students and those who support them.

Member engagement

At the moment the forum is split into 2 main groups – MHAs and SMHMs - with some regional and profession-specific groups. A total of 832 messages were exchanged over the main forums (518 MHAs and 314 SMHMs).

15 Regional Meetings were held over the course of the year, attracting 142 attendees. Since the Covid-19 lockdown, we have also held 3 additional online meetings with 31 attendees.

We also undertake regular member surveys to give direction to our strategy and development. This has highlighted, for example, the importance of staff mental health to ensure consistent and high-quality support for students.

Other work

Collaboration

As well as member engagement, UMHAN has been continuing its collaborative work with key sector organisations. This includes:

AMOSSHE (Association for Managers of Student Services in HE) Spring conference – panel and workshop delivered on “There is no mental health without staff mental health”

SMARTEN (The Student Mental Health Research Network) conference – co-delivered workshop with AMOSSHE and University of Reading on “Fitness to Practice”

NUS Scotland – unfortunately a planned workshop for their Spring conference about the role of Specialist Mental Health Mentoring has been postponed.

Disabled Student Stakeholder Group (DSSG) – ongoing membership and participation

Mental Health and Wellbeing in HE - ongoing membership and participation

UCAS – development of new wording around disability disclosure and also the impact of A level results timing on mental health



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Royal College of Psychiatrists – ongoing involvement with new “Mental Health of Higher Education Students” report

Student Minds – feedback to Student Minds about development of Charter, and regular catch-up meetings.

Additionally, UMHAN members have taken part in Student Minds’ University Mental Health Charter roadshows and Office for Students projects.

UMHD 2020

Uni Mental Health Day was originally launched by UMHAN in 2008. This year’s Uni Mental Health Day was the biggest ever, with events being held internationally for the first time.

Administration

UMHAN’s Charity Manager has been spending time on streamlining and developing our processes, including our digital capabilities. This has included development of the website and associated membership software and moving the accounts to an online package (Xero).

We have also updated our guidance for both members and non-members on supervision and CPD, and continued to develop resources around mental health in higher education.

Communications

Our monthly newsletter is sent to all members, but also 185 non-members who have signed up via our website. Although we do not retain much data in this area, analysis of email addresses shows that this group includes staff at partner organisations, as well as members of the public interested in our work.

UMHAN regularly uses social media platforms, namely Twitter, Facebook and Linked In. We have 2321 followers on Twitter, 601 follows on Facebook and 790 connections on Linked In.

Planned developments for 2020-21

Membership Development – Manager and Associate Membership types will be launched in April 2020, and existing membership types will be streamlined into an “Accredited Practitioner” type. Much of the planning work for this has been undertaken in 2019-20 with input from members and volunteers.



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AGM – we hope to increase the engagement of members by introducing online voting.

Presentations: NUS Scotland Conference, ADSHE conference.

Strategic Plan – a review of our existing 5 Year Strategic Plan will be undertaken with the development of a new plan for the next 5 years.

Governance and policy – a review of our existing practices with ongoing refinement and development will be undertaken with our new Board of Trustees.

Covid-19 – we will continue to monitor the effect of the pandemic on our members, their working practices and students with mental health conditions, responding and adjusting our processes and support for members as necessary.



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Financial report

A full financial report is currently being compiled by the Treasurer and Charity Manager and will be examined by an independent, external accountant. This will be submitted to the Charity Commission and shared with members.

Sales revenue fluctuates from year to year due to membership fees and the timeframe for their payment. At our financial year end we still had 28 unpaid invoices for membership fees due on 31st March.

During 2019-2020 spending on travel increased due to the development of the regional networks. This increase was included in financial planning and one of the elements considered when calculating reserves.

Profit and Loss

University Mental Health
Advisers' Network (UMHAN)

For the year ended 5 April 2020

Account	2020
Turnover	
Other Revenue	66.50
Sales	25,717.54
Total Turnover	25,784.04
Cost of Sales	
Direct Expenses	86.95
Direct Wages	22,599.76
Total Cost of Sales	22,686.71
Gross Profit	3,097.33
Administrative Costs	
Audit & Accountancy fees	280.00
Bank Fees	143.92
Consulting	45.00
General Expenses	1,081.70
Insurance	598.20
IT Software and Consumables	2,196.91
Pensions Costs	1,144.92
Rent	2,022.80
Repairs & Maintenance	104.53



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Staff Training	617.30
Telephone & Internet	30.00
Travel - National	2,258.71
Total Administrative Costs	10,523.99

Operating Profit	(7,426.66)
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Other Income

Donations	650.25
Total Other Income	650.25

Profit on Ordinary Activities Before Taxation	(6,776.41)
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Profit after Taxation	(6,776.41)
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University Mental Health Advisers Network (UMHAN)
Report of the Trustees and Unaudited Financial Statements
for the Year Ended 31 March 2020

University Mental Health Advisers Network (UMHAN)

**Contents of the Financial Statements
for the Year Ended 31 March 2020**

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Accompanying documents

These documents form part of the financial statements

Trustees Annual Report (TAR)

University Mental Health Advisers Network (UMHAN)

**Statement of Trustees Responsibilities
for the Year Ended 31 March 2020**

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The trustees are responsible for preparing the report of the trustees and the financial statements. The charity's trustees consider that an audit is not required for this year, under section 144 of the Charities Act 2011 (the 2011 Act) but an independent examination required as per section 145 of the Charities Act 2011 (the 2011 Act) which is included on page 3.

Approved by order of the board of trustees on 18 November 2020 and signed on its behalf by:

Hannah Abrahams
Trustee

University Mental Health Advisers Network (UMHAN)

**Independent Examiner's Report to the Trustees
for the Year Ended 31 March 2020**

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2020 which are set out on pages' 4 to 9.

Responsibilities and basis of report

As trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Statement of Recommended Practice (SORP).

Having satisfied myself that the accounts of the Charity are not required to be audited but have been subjected voluntarily for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

I have no concerns and have come across no matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Steven Breese ACMA, CGMA
Colebridge Enterprises Ltd t/a Colebridge Accountancy
Unit 21, Chelmsley Wood Ind Estate,
Chelmsley Wood,
Birmingham
B37 6QQ

23 October 2020

University Mental Health Advisers Network (UMHAN)

**Statement of Financial Activities
for the Year Ended 31 March 2020**

		31.03.20	31.03.20	31.03.20	05.04.19
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	650	-	650	845
Charitable activities	4	33,444	-	33,444	37,985
Total		<u>34,095</u>	<u>-</u>	<u>34,095</u>	<u>38,830</u>
EXPENDITURE ON					
Charitable activities					
Charitable activities	5	<u>34,429</u>	<u>-</u>	<u>34,429</u>	<u>33,742</u>
Total		<u>34,429</u>	<u>-</u>	<u>34,429</u>	<u>33,742</u>
NET INCOME		- 335	-	- 335	5,089
RECONCILIATION OF FUNDS					
Total funds brought forward		51,172	-	51,172	46,083
TOTAL FUNDS CARRIED FORWARD		<u><u>50,837</u></u>	<u><u>-</u></u>	<u><u>50,837</u></u>	<u><u>51,172</u></u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

University Mental Health Advisers Network (UMHAN)

Balance Sheet At 31 March 2020

		31.03.20	31.03.20	31.03.20	05.04.19
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
Notes	£	£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		44,813	-	44,813	51,508
Debtors		6,360	-	6,360	-
		<u>51,173</u>	<u>-</u>	<u>51,173</u>	<u>51,508</u>
CREDITORS					
Amounts falling due within one year	6	- 336	-	- 336	- 336
NET CURRENT ASSETS/(LIABILITIES)		<u>50,837</u>	<u>-</u>	<u>50,837</u>	<u>51,172</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		50,837	-	50,837	51,172
NET ASSETS		<u>50,837</u>	<u>-</u>	<u>50,837</u>	<u>51,172</u>
FUNDS					
	7				
Unrestricted funds		50,837	-	50,837	51,172
Restricted funds		-	-	-	-
		<u>50,837</u>	<u>-</u>	<u>50,837</u>	<u>51,172</u>

The directors acknowledge their responsibilities with respect to the accounting records and the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year, under Section 144 of the Charities Act 2011 (the 2011 Act) but an independent examination is required as per section 145 of the Charities Act 2011 (the 2011 Act). The independent examiners statement is included on page 3.

The financial statements were approved by the Board of Trustees on 18 November 2020 and were signed on its behalf by:

Hannah Abrahams
Trustee

University Mental Health Advisers Network (UMHAN)

Notes to the Financial Statements for the Year Ended 31 March 2020

1 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then the income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is usually upon notification of interest paid or payable by the Bank.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to a particular heading they have been allocated to activities on a basis consistent with the use of resources. Expenditure is classified under the following activity headings:

Charitable activities - this comprises the direct costs of activities undertaken to further the purposes of the charity, including grants payable and all associated support costs.

Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

Continued on next page...

University Mental Health Advisers Network (UMHAN)

**Notes to the Financial Statements
for the Year Ended 31 March 2020**

1 ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2 TRUSTEES REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor the year ended 5 April 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2020 nor the year ended 5 April 2019.

3 INCOME FROM DONATIONS AND LEGACIES

	31.03.20	05.04.19
	£	£
Fundraising	650	845

4 INCOME FROM CHARITABLE ACTIVITIES

	31.03.20	05.04.19
	£	£
Membership fees	33,444	37,850
Training delivery	-	135
	33,444	37,985

5 CHARITABLE ACTIVITIES COST

	31.03.20	05.04.19
	£	£
Staffing and recruitment costs	23,460	21,987
Premises and associated costs	2,522	3,867
Administrative expenses	7,849	6,052
Campaigns and projects	-	1,500
Governance	598	336
	34,429	33,742

6 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.03.20	05.04.19
	£	£
Accruals and deferred income	336	336

University Mental Health Advisers Network (UMHAN)

Notes to the Financial Statements
for the Year Ended 31 March 2020

7 MOVEMENT IN FUNDS

	At 31.03.20 £	Net movement in funds £	At 05.04.19 £
Unrestricted funds			
General fund	50,837	- 335	51,172
TOTAL FUNDS	<u>50,837</u>	<u>- 335</u>	<u>51,172</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	34,095	34,429	- 335
TOTAL FUNDS	<u>34,095</u>	<u>34,429</u>	<u>- 335</u>

8 STAFF COSTS

	23,460	31.03.20 £	05.04.19 £
Wages and salaries		18,185	18,808
Social security costs		3,661	1,433
Other pension costs		1,145	229
		<u>22,991</u>	<u>20,470</u>

The average monthly number of employees during the year was as follows:

	31.03.20	05.04.19
Full Time	0	0
Part Time	1	1
	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

The total amount of employee benefits received by key management personnel is £22,500 (£20,470 in 2018/19). The Charity considers its key management personnel comprise of the board of volunteer trustees and the Development Worker.

University Mental Health Advisers Network (UMHAN)

**Notes to the Financial Statements
for the Year Ended 31 March 2020**

**8 COMPARATIVE STATEMENTS OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED
5 APRIL 2019**

		05.04.19	05.04.19	05.04.19
		Unrestricted	Restricted	Total
		funds	funds	funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM				
Donations and legacies		845	-	845
Charitable activities		37,985	-	37,985
Total		38,830	-	38,830
EXPENDITURE ON				
Charitable activities				
Charitable activities		33,742	-	33,742
Total		33,742	-	33,742
NET INCOME		5,088	-	5,088
RECONCILIATION OF FUNDS				
Total funds brought forward		46,083	-	46,083
TOTAL FUNDS CARRIED FORWARD		51,172	-	51,172

See Trustees Annual Report (TAR) on the next page

University Mental Health Advisers Network (UMHAN)
Report of the Trustees and Unaudited Financial Statements
for the Year Ended 31 March 2020

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University Mental Health Advisers Network (UMHAN)

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for the Year Ended 31 March 2020**

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Approved by order of the board of trustees on 18 November 2020 and signed on its behalf by:

Hannah Abrahams
Trustee

University Mental Health Advisers Network (UMHAN)

**Independent Examiner's Report to the Trustees
for the Year Ended 31 March 2020**

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2020 which are set out on pages' 4 to 9.

Responsibilities and basis of report

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Having satisfied myself that the accounts of the Charity are not required to be audited but have been subjected voluntarily for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- 1) accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2) the accounts do not accord with those records; or
- 3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102).

I have no concerns and have come across no matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Steven Breese ACMA, CGMA
Colebridge Enterprises Ltd t/a Colebridge Accountancy
Unit 21, Chelmsley Wood Ind Estate,
Chelmsley Wood,
Birmingham
B37 6QQ

23 October 2020

University Mental Health Advisers Network (UMHAN)

**Statement of Financial Activities
for the Year Ended 31 March 2020**

		31.03.20	31.03.20	31.03.20	05.04.19
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
	Notes	£	£	£	£
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	650	-	650	845
Charitable activities	4	33,444	-	33,444	37,985
Total		<u>34,095</u>	<u>-</u>	<u>34,095</u>	<u>38,830</u>
EXPENDITURE ON					
Charitable activities					
Charitable activities	5	<u>34,429</u>	<u>-</u>	<u>34,429</u>	<u>33,742</u>
Total		<u>34,429</u>	<u>-</u>	<u>34,429</u>	<u>33,742</u>
NET INCOME		- 335	-	- 335	5,089
RECONCILIATION OF FUNDS					
Total funds brought forward		51,172	-	51,172	46,083
TOTAL FUNDS CARRIED FORWARD		<u><u>50,837</u></u>	<u><u>-</u></u>	<u><u>50,837</u></u>	<u><u>51,172</u></u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

University Mental Health Advisers Network (UMHAN)

Balance Sheet At 31 March 2020

		31.03.20	31.03.20	31.03.20	05.04.19
		Unrestricted	Restricted	Total	Total
		funds	funds	funds	funds
Notes	£	£	£	£	£
CURRENT ASSETS					
Cash at bank and in hand		44,813	-	44,813	51,508
Debtors		6,360	-	6,360	-
		<u>51,173</u>	<u>-</u>	<u>51,173</u>	<u>51,508</u>
CREDITORS					
Amounts falling due within one year	6	- 336	-	- 336	- 336
NET CURRENT ASSETS/(LIABILITIES)		<u>50,837</u>	<u>-</u>	<u>50,837</u>	<u>51,172</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		50,837	-	50,837	51,172
NET ASSETS		<u>50,837</u>	<u>-</u>	<u>50,837</u>	<u>51,172</u>
FUNDS					
	7				
Unrestricted funds		50,837	-	50,837	51,172
Restricted funds		-	-	-	-
		<u>50,837</u>	<u>-</u>	<u>50,837</u>	<u>51,172</u>

The directors acknowledge their responsibilities with respect to the accounting records and the preparation of the accounts.

The charity's trustees consider that an audit is not required for this year, under Section 144 of the Charities Act 2011 (the 2011 Act) but an independent examination is required as per section 145 of the Charities Act 2011 (the 2011 Act). The independent examiners statement is included on page 3.

The financial statements were approved by the Board of Trustees on 18 November 2020 and were signed on its behalf by:

Hannah Abrahams
Trustee

University Mental Health Advisers Network (UMHAN)

Notes to the Financial Statements for the Year Ended 31 March 2020

1 ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then the income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is usually upon notification of interest paid or payable by the Bank.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs relating to the category. Where costs cannot be directly attributed to a particular heading they have been allocated to activities on a basis consistent with the use of resources. Expenditure is classified under the following activity headings:

Charitable activities - this comprises the direct costs of activities undertaken to further the purposes of the charity, including grants payable and all associated support costs.

Taxation

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

Continued on next page...

University Mental Health Advisers Network (UMHAN)

Notes to the Financial Statements for the Year Ended 31 March 2020

1 ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2 TRUSTEES REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor the year ended 5 April 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2020 nor the year ended 5 April 2019.

3 INCOME FROM DONATIONS AND LEGACIES

	31.03.20	05.04.19
	£	£
Fundraising	650	845

4 INCOME FROM CHARITABLE ACTIVITIES

	31.03.20	05.04.19
	£	£
Membership fees	33,444	37,850
Training delivery	-	135
	33,444	37,985

5 CHARITABLE ACTIVITIES COST

	31.03.20	05.04.19
	£	£
Staffing and recruitment costs	23,460	21,987
Premises and associated costs	2,522	3,867
Administrative expenses	7,849	6,052
Campaigns and projects	-	1,500
Governance	598	336
	34,429	33,742

6 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.03.20	05.04.19
	£	£
Accruals and deferred income	336	336

University Mental Health Advisers Network (UMHAN)

Notes to the Financial Statements
for the Year Ended 31 March 2020

7 MOVEMENT IN FUNDS

	At 31.03.20 £	Net movement in funds £	At 05.04.19 £
Unrestricted funds			
General fund	50,837	- 335	51,172
TOTAL FUNDS	<u>50,837</u>	<u>- 335</u>	<u>51,172</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	34,095	34,429	- 335
TOTAL FUNDS	<u>34,095</u>	<u>34,429</u>	<u>- 335</u>

8 STAFF COSTS

	23,460	31.03.20 £	05.04.19 £
Wages and salaries		18,185	18,808
Social security costs		3,661	1,433
Other pension costs		1,145	229
		<u>22,991</u>	<u>20,470</u>

The average monthly number of employees during the year was as follows:

	31.03.20	05.04.19
Full Time	0	0
Part Time	1	1
	<u>1</u>	<u>1</u>

No employees received emoluments in excess of £60,000.

The total amount of employee benefits received by key management personnel is £22,500 (£20,470 in 2018/19). The Charity considers its key management personnel comprise of the board of volunteer trustees and the Development Worker.

University Mental Health Advisers Network (UMHAN)

**Notes to the Financial Statements
for the Year Ended 31 March 2020**

**8 COMPARATIVE STATEMENTS OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED
5 APRIL 2019**

		05.04.19	05.04.19	05.04.19
		Unrestricted	Restricted	Total
		funds	funds	funds
	Notes	£	£	£
INCOME AND ENDOWMENTS FROM				
Donations and legacies		845	-	845
Charitable activities		37,985	-	37,985
Total		38,830	-	38,830
EXPENDITURE ON				
Charitable activities				
Charitable activities		33,742	-	33,742
Total		33,742	-	33,742
NET INCOME		5,088	-	5,088
RECONCILIATION OF FUNDS				
Total funds brought forward		46,083	-	46,083
TOTAL FUNDS CARRIED FORWARD		51,172	-	51,172

See Trustees Annual Report (TAR) on the next page