

Registered Company No. 07675101 (England and Wales)
Registered Charity No. 1146684

ICENI IPSWICH
ANNUAL REPORT AND ACCOUNTS
YEAR ENDED 31 MARCH 2020

TRUSTEES' ANNUAL REPORT & ACCOUNTS

YEAR ENDED 31 MARCH 2020

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Legal & Administrative Details

Charity Name	:	Iceni Ipswich
Status	:	Company limited by guarantee
Company Number	:	07675101 (England and Wales)
Charity Registration Number	:	1146684
Registered Office & Principal Address	:	74- 78 Foundation Street Ipswich IP4 1BN Tel: 01473 214006

Patron

Sir Michael Bunbury Bt KCVO DL

Trustees (Directors)

Alexander John Scott-Barrett (Chairman)	(see below)
Inga Lockington	(see below)
Petra Sharp	(resigned 13 August 2019)
Laurence Bradley	
Noel Smith	
Elizabeth Whitney	(appointed 9 November 2020)
Toby Kramers	(appointed 9 November 2020)

At the AGM on 7 December 2019 Alexander Scott-Barrett and Inga Lockington retired by rotation, in accordance with the company's Articles of Association, and were duly re-elected.

Chief Executive

Brian Tobin MBE

Website

www.iceniipswich.org

Independent Examiner

S S Gravener
Scrutton Bland LLP
Fitzroy House
Crown Street
Ipswich
IP1 3LG

Bankers

National Westminster Bank Plc
25 High Street
Colchester
CO1 1DG

Solicitors

Gotelee Solicitors
31-41 Elm Street
Ipswich
IP1 2AY

CHIEF EXECUTIVE'S REPORT

Our financial year ended a week after the UK went into lockdown due to Covid 19. This was the start of an incredibly challenging time for us, but we were thankful that our performance in 2019-20 left IcenI in a good position to weather the storm and continue to effectively support our beneficiaries throughout this difficult period.

We improved our financial position this year and we hope to continue this trend over the coming years. However, the world is changing fast and it is impossible to predict how the continued effects of Covid 19 will impact on us and on the families we support. What is clear is that things will be different and if we can secure the requisite funding we may well introduce changes so we can continue to transform families and children's lives and the system around them, for the better. IcenI has existed for 21 years and its purpose has been to improve the lives of those affected by addiction and whilst change may be inevitable, we are used to change, and we are prepared to change to accommodate for the sake of our existing and future families who may need us.

We want to enhance our work with perpetrators of domestic violence and early intervention activities for children aged 0-5 years. We intend to apply to trusts, charitable foundations and local funding opportunities with a view to commencing these new projects in the Summer/Autumn 2021. If we do not secure the required funding, then we will continue to deliver and concentrate on improving our mainstream activities.

We are living in an uncertain funding environment that means achieving sustainability is a top priority for IcenI. Sustainability is a challenge that we must seriously address in the coming year, as is managing our financial viability in an evolving funding landscape. Increasing collaborative partnerships and continuing to demonstrate value and accountability to funders is what we have to do.

Our Trustees and I continue to be inspired by the expertise, passion and hard work of our staff, volunteers and counsellors who encapsulate the strength of our organisation and I would like to thank them for another year of effort which has seen us support more families than ever before. I have been very grateful for the support and advice of our Board of Trustees, led by Chair, Alex Scott-Barrett. Their role and input have added great value.

Finally, we know the fundraising environment will become increasingly challenging – with the impact of Covid 19, greater competition and a fall in public trust in charities, however, the impact of the charity's work is only possible because of those who support our cause. I would like to thank everyone who has supported our vital work this year. Together, we've been able to make a real difference to families' lives and bring about positive changes which will take us closer to achieving our vision that every child in Suffolk has the opportunity of having a safe and healthy start in life. I would also like to thank the families and children with whom it is our privilege to work. They keep us true to our core purpose and mission.

Brian Tobin MBE
CEO

TRUSTEES ANNUAL REPORT

The Trustees present their annual report and the financial statements for the year ended 31 March 2020. This report represents a directors' report as required by Section 417 of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

STRUCTURE, GOVERNANCE AND MANAGEMENT

Iceni Ipswich was incorporated on 20 June 2011 under company number 07675101 (England and Wales) and is a company limited by guarantee. The company became a registered charity on 30 March 2012. The company took over the staff and operations of The Iceni Project (an unincorporated charity) together with that charity's assets, liabilities and commitments on 1 April 2012.

The company is governed by its Memorandum and Articles of Association, as amended by special resolution on 9 March 2012.

The directors of the company are the charity's trustees for the purposes of charity law and throughout this report they are collectively referred to as the trustees. Trustees are recruited in a variety of ways, including introductions from existing trustees and others associated with Iceni Ipswich. A recommendation is then made to the board of trustees, following a meeting with the Chairman and the Chief Executive. Potential trustees will attend a meeting of the board of trustees before appointment. Trustees can be appointed either at a meeting of the board or by the company's members by ordinary resolution at a general meeting.

Trustees are invited to attend a short induction training session and are thereafter encouraged to participate in appropriate training courses. Periodically, trustees participate in strategy workshops which bring together trustees and staff.

The trustees meet on a regular basis in order to review and agree major areas of policy. The role of the board of trustees is principally to:

- ensure that Iceni Ipswich has a clear vision, mission and strategic direction
- monitor and support the Chief Executive in order to achieve these objectives

The day to day running of the charity and the exercise of executive responsibility is delegated by the trustees to the Chief Executive.

The trustees and the executive have joint responsibility for identifying and managing the major risks which are likely to affect the long-term viability of the charity. Where possible, systems and procedures have been introduced to mitigate the potential impact on the charity should those risks materialise. The major risks are considered to be financial in nature. The trustees and executive have continued to seek further grant funding from a variety of sources to ensure that the charity will be able to continue to operate at an appropriate level for the foreseeable future. Efforts have also continued to pursue a diverse mix of funding from local authorities, public bodies and private corporations, donations from individuals, and local fundraising activities.

OBJECTIVES AND ACTIVITIES

The objectives of IcenI Ipswich are as follows:

- to offer care and support to those living in Ipswich and the surrounding area, whose lives have been affected by the misuse of drugs and other forms of addiction, and to promote awareness within the community to prevent an increase in that addiction
- to relieve the needs of families affected by any form of addiction, and to provide them with the help they require to allow family members to become addiction free, and in particular to improve the opportunities for children to fulfil their potential by offering support to allow families to remain together
- to influence policy makers to ensure that national, regional and local strategies on drug addiction and other forms of dependency reflect the evidence-base of what we believe works through promoting the strategic, operational and tactical significance that has emerged from our work and communicating with key decision makers to enable them to see the bigger picture

OUR VISION

Our vision is one of believing in and valuing those families that need our service, that they can be architects of their own futures and that they can engage positively in the process of change that enables them to live fulfilling and healthy lifestyles whilst actively contributing to the communities in which they live.

PUBLIC BENEFIT

The trustees are aware of and have due regard to Charity Commission guidance on public benefit and have taken this into account when designing and delivering services to clients and to the wider public.

ACHIEVEMENTS AND PERFORMANCE

What we have learnt, what has changed and what do we need to improve

Reflecting on the past year and the nature of the changes and challenges we have experienced we have reason to be pleased with what we have achieved. We have achieved significant success in meeting and, in most cases, surpassing our agreed outcome targets that include reducing addiction and domestic abuse and preventing children from being taken into the statutory care system. A particularly positive sign of the ongoing impact of IcenI is the increase year on year of vulnerable families contacting us for support. However, we have identified a number of key operational areas that we think we can learn and improve on, including:

- **Early intervention is critical** - Our evidence clearly suggests that the problems families are presenting with do not occur overnight and our findings also suggest that the 'triggers' for family breakdown are often well known by individual local services for a long time before children are taken into care. Everyone knows Early Intervention is important and the cost of our work is only a fraction of what is spent on looking after children in care. IcenI are sufficiently "plugged in" to challenge and scrutinise strategies and policies relevant to the future delivery of services for parents and children. A key message we will be articulating when submitting funding bids with statutory and non-statutory sources is that our Early Intervention approach can break the intergenerational cycle of addiction and associated social distresses within families and our communities.

- **The number of families requiring support continues to rise**, and we envisage that this demand will only increase due to the impact of Covid 19. More families are referring from outside of Ipswich and we need to secure funding to not only meet this demand but explore how we can deliver a services to those families who live in rural parts of the county, including covering costs such as travel and childcare costs.
- **One of the services we provide is to victims of domestic violence (DV).** Sadly, we have witnessed large increases in women coming to us as victims. We believe that this is something we have the knowledge, expertise and experience to work effectively with. However, we believed it was time for a different response, a new approach. In 2017 we introduced The Venta Programme which is a 16 week programme for men who have committed DV. Three years in and we are pleased with the outcomes we have achieved. Suffolk University produced an evaluation report in March 2020 and it is very positive. We want to secure funding this coming year that means we can replicate this in other areas and enable perpetrator programmes to be the norm rather than a 'nice to have' option.

Early Intervention and IcenI

The philosophy of IcenI's Early Intervention Programme goes much further than prevention. It is about breaking the intergenerational cycle of addiction and associated social distresses within families and our communities. It is designed to help those who will raise the next generation of children, rather than applying sticking plasters to today's problems.

However, in spite of its merits, which have achieved increasing recognition by national and local government and the voluntary sector, the provision of successful evidence-based Early Intervention programmes remain persistently patchy and dogged by institutional and financial obstacles. In consequence, there remains an overwhelming bias in favour of intervention at a time when social problems are well-entrenched – even though these policies are known to be expensive and of limited success.

Preventative measures are sometimes seen as an optional 'nice to have' - it is often easier to prioritise finite resources towards those who are already affected by serious problems, rather than those who might face them in the future. This is particularly so in the current tight fiscal situation meaning that the public sector ends up taking a more reactive approach than it might otherwise do, and lends itself less towards longer-term investments in Early Intervention. Additionally there are often statutory obligations which require a reactive and sometimes costly approach, leaving the public sector with no option but to prioritise resources for these (putting children into care for instance, or certain parts of the criminal justice system).

A generational problem takes a generation to fix. Everyone knows Early Intervention is important. It is cheaper, it is more effective, and it will save money in the long run. The cost of this programme is only a fraction of what is spent on looking after children in care.

Our approach offers a real opportunity to make lasting improvements in the lives of our children, to end their transmission from one generation to the next, and to make long-term savings in public spending. Longer term we want today's children to become good parents to their own children.

Partnerships and Collaborative Arrangements

Everyone's responsibility – working together

Iceni are aware and deeply committed to working with those who share similar aims as families and individual members are often known to several agencies. It has often been said that the agencies involved “know” who this client group is, but there is no lead agency that is willing to take responsibility for delivering services. Being everyone's problem but no-one's responsibility means that such families can bounce around the system without their needs being met. If agencies know who they are, one approach would be to use such local intelligence and focus collective interventions on this group. The available evidence strongly indicates that successful early interventions for parents and children require a high degree of collaborative working across agencies and sectors.

A mechanism for agencies to share best practices and lessons learned is noted as being an important issue moving forward. Communication issues surrounding roles and responsibilities and intended outcomes is also noted and need to be addressed in order for agencies to maximise the potential of such an approach. In the coming year we will continue to forge relationships with those that share similar aims.

Iceni have forged enduring ties with the communities we serve because we are set up and run by local people. Partnerships and networks have been formed based on mutual trust and the coming together of like-minded individuals and organisations who truly want to make a difference in the communities of Ipswich. Iceni have over 20 years of experience and success in treating addiction and other societal ills and this experience means we are seen as a trustworthy organisation by partners, referring agencies and those who fund our work.

Whilst we have built strong relationships locally, we acknowledge that building and maintaining effective working relationships with others is integral to the achievement of positive outcomes for vulnerable families. Our vision for 2021 and beyond is to maintain a visible outcomes-based service which is well-known and highly regarded across the county. As such, service promotion remains a key objective which ensures that we attract a steady flow of appropriate referrals. This is achieved with all our stakeholders, including funders, with open, transparent and honest communication and regular engagement with referring agencies and all key partners.

External context

Iceni has a long history of delivering services with proven outcomes. We believe our work continues to act as a catalyst for positive change as it contributes to creating awareness and changing attitudes at both a local and national level about how the number of children being needlessly removed into the care system can be reduced. We have enhanced our reputation by making available good practice/evidence to others including potential funders on how we have improved outcomes for parents and children to form the basis for replicability of this model in other areas.

We routinely share our outcomes/findings with other Suffolk based organisations, including: commissioners, family services, Public Health and Social Care. We want our work to influence and benefit those who share our aims of helping families to thrive.

The issues we work with and the families we support do not “belong” to any one agency. Families should have comprehensive services provided along a continuum of prevention, intervention, and treatment, and at different developmental stages in the life of the child. No single agency can deliver all of these services alone, so an interagency, integrated services effort is critical. We believe it is essential to effectively collaborate with external services and funding streams to guide them in providing a comprehensive approach that meets the needs of families and children.

Today, IcenI work with whole families. Working with each parent we reduce behaviours with negative consequences, such as poor mental health, addiction or domestic abuse. Research evidence shows that children experiencing the above parental issues can be negatively affected in every aspect of their functioning: safety, health, school attendance and achievement, economic wellbeing, and emotional development. Currently Suffolk's service responses are patchy and frequently fail to address the needs of these children. In the most extreme cases children are at risk of serious injury or death. We have to start putting children at the centre of our work as the human costs and financial costs will continue to rise. With this in mind, over the coming years we want to further enhance and develop the work we do with children.

Policy

Drug policy in the UK has historically been dominated by targets within a criminal justice or health framework. In terms of reducing intergenerational cycles of addiction and protecting our children it has been a costly investment in failure and there remains inadequate investment in early interventions for vulnerable children. Unless our society and policy makers focus policy on the reasons why children come into care, we will be faced with unappealing alternatives: taking more children into care and placing more children at risk. IcenI are sufficiently "plugged in" to scrutinise and question strategies relevant to the local delivery of services for children and families. We need to imbue a cultural shift and articulate to commissioners, funders and policy makers that reducing the number of children from being removed needlessly from the parental home has to be a key policy objective.

FINANCIAL REVIEW

Income for the year amounted to £358,740 (2019: £370,472) and expenditure amounted to £415,117 (2019: £444,018) giving net expenditure for the year of £56,377 (2019: £73,546). Closing fund balances at 31 March 2020 amounted to £77,149 (2019: £133,526) comprising unrestricted funds of £77,149 (2019: £122,026) and no restricted funds (2019: £11,500). Although expenditure exceeded income by another significant amount during 2019/20, the results for the year show a slight improvement over the previous year, and we have in fact managed to make up a little ground since the end of March, which is encouraging.

When reviewing results and the charity's financial health generally, we generally focus more on the level of our unrestricted funds available to sustain our mainstream activities going forward. IcenI experienced a drop in unrestricted income, compared with the previous year, of around £16,000, primarily due to a reduction in local fundraising income, however IcenI has benefitted from an even greater reduction in unrestricted expenditure during 2019/20. This mainly relates to expenditure on the charity's premises, which were much higher during 2018/19 following our relocation.

During 2018/19 we incurred £16,207 specifically in connection with the move, and in addition our annual property related costs for 2018/19 were approximately £9,500 higher compared with this year. These two items in themselves have led to a reduction of around £25,000 in unrestricted operating costs during 2019/20. Further reductions have been achieved in a few other areas, including insurance premiums, legal and professional fees (these again were higher than usual last year as a result of the move to new premises) and also canteen and sundry costs. Several costs were higher last year as IcenI settled in and customised its new premises. In particular rent payable in 2018/19 was higher than for a normal year, as there was some overlap during the move between those incurred at our former premises and those relating to the current property; this added an extra £5,500 to last year's costs. Property related costs during 2019/20 better reflect a typical year going forward.

Our main costs, of course, relate to staffing (including subcontracted expertise) and in total this has remained fairly constant throughout the year. We have been fortunate over the years in securing both National Lottery funding and also additional grants from a few charitable trusts specifically as a contribution towards some of our staff costs, and these have the effect of minimising the expenditure that has to be met from general funds. It is difficult to reduce staff related costs in any significant way without curtailing the level of the charity's activities. Indeed, we would like to increase the amount we are able to do, and we are constantly looking at ways of generating the necessary funds to enable some of these activities to be extended, to better serve those in the community who so desperately need our services. One initiative undertaken during 2019/20 was a major upgrade to our website and online presence, as a result of which we are slowly beginning to see more online donations and more interaction from the general public, which can only be a good thing. The cost of this work amounted to £12,000, and this was largely covered by a restricted grant of £11,500 from the National Lottery Fund. Most of this cost has not, therefore, affected general funds, however monthly maintenance and web hosting charges are now higher than before, and these need to be paid for out of general funds.

Unrestricted income for 2019/20 of £181,212 included a grant of £20,000 from Ipswich Borough Council, £5,000 from the Elizabeth Frankland Moore & Star Foundation, and £4,290 from the government's Job Retention Scheme up to the end of March 2020. We continued to be contracted by Turning Point during the year, as part of the delivery of the Suffolk Recovery Network, which generated a further £120,000 and we are pleased that this contract has been extended past the initial five year period which ended on 31 March 2020. Matrix College continued to use our premises and facilities during the year and this generated additional unrestricted income of £3,333 – less than in 2018/19 due to Covid 19 restrictions. The charity also received other donations and fundraising income of around £16,000 (including gift aid tax recoveries) from many individual supporters, churches, companies and other organisations adding further to general funds during the year. These included partnership fundraising efforts with Orwell Park School and the Willis Group, together with additional funds raised by Pop Chorus at the start of 2019/20. It is unfortunate that some of our plans going forward into 2020/21 have had to be severely curtailed due to Covid 19 lockdown restrictions, nevertheless our supporters have continued to find innovative ways of raising funds on our behalf even in these very difficult circumstances.

The charity's unrestricted reserves reduced in total by a further £44,877 during 2019/20, however this was considerably less than the equivalent £59,198 during 2018/19, and (as already mentioned) unrestricted reserves have already begun to bounce back during 2020/21 despite the understandable constraints on potential fundraising activities experienced to date as a result of the restrictions introduced to combat the global coronavirus pandemic.

Restricted income for 2019/20 of £177,528 included £119,595 from the National Lottery Fund in support of our Strengthening Families work (part of a four year funding agreement which comes to an end on 31 August 2020), funding from Suffolk Community Foundation through Skinner's Fund of £2,000 to help with the management, support and development of volunteers, and additional grants as detailed under note 14 to the financial statements. These include grants to support the running of further pilot sessions of our Venta Programme aimed at the perpetrators of domestic violence, and also specific funding to allow Iceni to gain formal national accreditation by 'Respect' - a well-known and highly regarded UK charity which promotes high professional standards in this area of work. We hope to bring this into our mainstream work if sufficient future funding can be secured. Extremely positive reports have been drawn up by the University of Suffolk following further external monitoring and evaluation of these pilot sessions.

All restricted grants have been fully utilised during 2019/20.

RESERVES AND FUTURE FUNDING

The trustees' policy is for the charity to aim for a level of unrestricted reserves sufficient to cover normal operating expenses for at least 6 months at any one time. Unrestricted reserves at the end of March 2020 amounted to £77,149, which represents under 3 months of projected operating costs. The situation has, however, improved since the end of March 2020, partly as a result of Covid 19 financial assistance in the form of Job Retention Scheme grants, and partly as a result of a special one off £86,000 Covid 19 Recovery grant received from the National Lottery in October 2020. Although local fundraising efforts have had to be put substantially on hold during the current pandemic, we have secured some additional funding from other sources, and we have been able to continue operating (albeit in the main via zoom, telephone, and other remote working) during the Covid 19 restrictions introduced in various forms since March. We continue to seek new income sources, and we continue to keep our expenditure under review. We are also optimistic that continuation funding can be agreed with the National Lottery from 2021 onwards, and the Turning Point contract should continue for the next few years. The trustees, therefore, consider that the charity should have sufficient resources to allow it to continue operating for at least the next 12 months from the date of this report, and for this reason they continue to adopt the going concern basis when preparing the financial statements.

PLANS FOR THE FUTURE

Operationally we are pleased with what we have achieved. There is no area of our work that has not resulted in successful outcomes. However, we have been subjected to unprecedented demand over the past six months, particularly from families who are demonstrating high levels of safeguarding risk. We have been operating at our absolute maximum capacity for many months. It is a challenging time and we are saddened that we may have to focus on and target our support to those families in 'crisis' at the expense of early intervention which we know only stores up further trouble for the future. However, the resilience and skills of our staff have ensured we continue to deliver a highly effective service.

Activities

Going forward and given the tight financial situation affecting us, we do not envisage much real change in the activities we will be delivering. There is unlikely to be any new funding of any magnitude that would allow us to introduce new activities of any great scale. We are good at what we do and whilst we remain keen to introduce new and innovative activities, we feel that at this time we will concentrate on delivering an effective and much needed service. So, we will go with 'if it's not broken why try and fix it' philosophy.

However, we are always looking to improve our activities and if appropriate and financially possible we hope to introduce Suffolk RaPporT (Repair, Prevent, Thrive). The philosophy of Rapport is to utilise child-centred approaches, and to make progress in addressing the crucial development needs of young children, up to and including their transition to primary school. This child-centred approach will be based on recognised good practice and will provide crucial interventions at the earliest opportunity (Early Intervention). Ultimately, funding will determine whether we can introduce this new way of working to Suffolk.

We want to keep delivering services to all sections of the communities in Suffolk as a trusted brand where families, communities and organisations can receive constructive help, advice, support, and a first-class service. We have a commitment to the people of Suffolk, and we will strive to deliver a positive service that will be of direct benefit to a broader spectrum of the community than ever before. Over the next year we want to explore how we can work better with those who are underrepresented within the community.

Whilst we remain cognisant about the challenges we face, specifically capacity issues and staffing levels, we are pleased with the progress the organisation has made.

RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also the directors of the charity for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

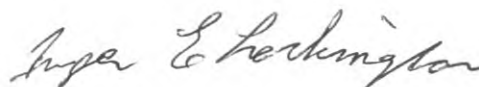
The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report represents a directors' report as required by Section 417 of the Companies Act 2006 and has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

This report has been approved by the trustees on 9 November 2020 and signed on their behalf by



Alexander Scott-Barrett
Chairman



Inga Lockington
Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH

I report to the trustees (who are also the Directors for the purpose of company law) on my examination of the financial statements of IcenI Ipswich ('the charitable company') for the year ended 31 March 2020 as set out on pages 13 to 24.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in this report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charitable company you are responsible for the preparation of the financial statements in accordance with the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the charitable company are not required to be audited under Part 16 of the Act and are eligible for independent examination, I report in respect of my examination of the charitable company's financial statements carried out under section 145 of the Charities Act 2011 ('the 2011 Act') and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently I express no opinion as to whether the financial statements present a 'true and fair' view and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiners statement

Since the charitable company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales and of the Association of Chartered Certified Accountants, which are two of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- Accounting records were not kept in respect of the charitable company as required by section 386 of the 2006 Act; or
- The financial statements do not accord with those records; or
- The financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- The financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

Continued/.....

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ICENI IPSWICH
(continued)**

Independent examiners statement (continued)

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

S S Gravener

S S Gravener FCCA, ACA
Scrutton Bland LLP
Fitzroy House
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IP1 3LG

17 November 2020

STATEMENT OF FINANCIAL ACTIVITIES (including Income and Expenditure Account)
YEAR ENDED 31 MARCH 2020

	Notes	Unrestricted Funds	Restricted Funds	Total Funds	2019
Income and endowments from:		£	£	£	£
Donations and legacies	2	45,335	-	45,335	47,604
Other trading activities	3	10,021	-	10,021	22,094
Income from investments	4	216	-	216	204
Income from charitable activities	5	125,640	177,528	303,168	300,570
Total		181,212	177,528	358,740	370,472
Expenditure on:					
Expenditure on raising funds		705	-	705	1,089
Expenditure on charitable activities	6	225,384	189,028	414,412	442,929
Total		226,089	189,028	415,117	444,018
Net expenditure for the year	7	(44,877)	(11,500)	(56,377)	(73,546)
Net transfers between funds		-	-	-	-
Net movement in funds		(44,877)	(11,500)	(56,377)	(73,546)
Funds at 1 April 2019		122,026	11,500	133,526	207,072
Funds at 31 March 2020		77,149	-	77,149	133,526

The statement of financial activities includes all gains and losses recognised for the above financial year. Comparative figures for the previous year are further analysed by fund type under Note 19 to the financial statements.

**BALANCE SHEET
AS AT 31 MARCH 2020**

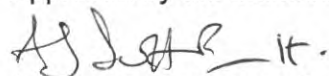
	Notes	£	2019 £
Fixed Assets			
Tangible assets	9	3,818	6,776
Current Assets			
Debtors	10	21,021	29,562
Cash at bank and in hand	11	103,743	142,501
		124,764	172,063
Creditors: amounts falling due within one year	12	(51,433)	(45,313)
Net current assets		73,331	126,750
Total net assets		£77,149	£133,526
Funds			
Restricted funds	14	-	11,500
Unrestricted funds	13	77,149	122,026
Total charity funds		£77,149	£133,526

The trustees are satisfied that, for the year ended 31 March 2020, the charity is entitled to exemption from the provisions of the Companies Act 2006 ('the Act') relating to the audit of financial statements for the year by virtue of Section 477, and that no member or members have requested an audit pursuant to Section 476 of the Act.

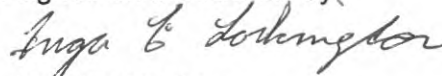
The trustees acknowledge their responsibilities for ensuring that the charity keeps proper accounting records which comply with the requirements of Section 386 of the Act, and for preparing financial statements which give a true and fair view of the state of affairs of the charity as at 31 March 2020 and of its surplus or deficit for the year in accordance with the requirements of Sections 394 and 395, and which otherwise comply with the requirements of the Act relating to financial statements, so far as applicable to the charity.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

Approved by the trustees on 9 November 2020 and signed on their behalf by,



Alexander Scott-Barrett
Trustee



Inga Lockington
Trustee

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2020

1 ACCOUNTING POLICIES

Basis of accounting

The charity is a public benefit entity as defined by FRS 102: an entity whose primary objective is to provide goods or services for the general public, community or social benefit and where any equity is provided with a view to supporting the entity's primary objectives rather than providing a financial return to equity providers, shareholders or members.

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) – Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

Going concern

The financial statements have been drawn up on a going concern basis. Since March 2020 the Charity has operated within restrictions imposed on activities and social distancing relating to the spread of Coronavirus. The impact of Coronavirus will have a significant affect on the economy and will have some impact on the Charity for 2020/21. The Trustees have considered the level of reserves and anticipate that the Charity will be able to continue to meet its liabilities as they fall due for a period of 12 months from the date of approval of the financial statements.

Income

Income from donations and legacies includes donations, gifts, legacies and grants that provide core funding of a general nature, and is recognised where there is entitlement, and where the receipt is probable, and the amount can be measured with sufficient reliability. Income is deferred if the donor has specified that the grant or donation is intended for use in future accounting periods or has imposed conditions that must be met before the charity has unconditional entitlement.

Income arising from other trading activities includes amounts raised from fundraising activities and events organised by supporters of the charity and by the charity itself, together with rent receivable from sub-letting arrangements in respect of property held on lease by the charity primarily for functional use but which was surplus to operational requirements on certain days.

Income from investments is recognised on a receivable basis.

Income from charitable activities includes amounts receivable under contract together with grants receivable for the provision of specific services or where entitlement to grant funding is subject to specific performance conditions. Grants and donations received to support specific services or programmes are credited to income in the period during which the relevant services are to be provided, provided there is entitlement, probability of receipt and the amount can be measured with sufficient reliability. Income is deferred to the extent that it relates to services to be provided in future accounting periods.

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2020**

1 ACCOUNTING POLICIES

Expenditure

Expenditure is accounted for on an accruals basis and is recognised when a liability is incurred.

Expenditure on raising funds includes expenses in organising fundraising events and activities, together with minor fundraising trading expenditure.

Expenditure on charitable activities includes expenditure associated with the care and support of those affected by the misuse of drugs, and by other forms of addiction, and they include both direct costs and support costs relating to these activities. Costs which cannot be directly allocated to particular activities are allocated on a basis consistent with the use of resources.

Costs incurred in connection with the governance of the charity and its assets, and which are primarily associated with constitutional and statutory requirements, are included in expenditure on charitable activities and are further detailed in the notes to the financial statements.

Depreciation

Tangible fixed assets are recognised at cost. Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life as follows: -

Fixtures, fittings and equipment	-	20.0% on cost
Computer equipment	-	33.3% on cost

Cash at bank and in hand

Cash at bank and in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Creditors

Liabilities are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payment for the goods or services it must provide. Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised within interest payable and similar charges.

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2020**

1 ACCOUNTING POLICIES

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

Iceni Ipswich is a charity within the meaning of the Charities Acts 1993 and 2006 and as such is a charity within the meaning of Part 11, Corporation Tax Act 2010. Accordingly, Iceni Ipswich is potentially exempt from taxation in respect of income or gains received within categories covered by Part 11, Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that such income or gains are applied exclusively to its charitable purposes.

Restricted Funds

Grants and other income received for specific purposes are credited to restricted funds, and any related expenditure is charged to the relevant fund, subject to the level of funds available. Amounts can be restricted either by conditions imposed by the donor or by the charity itself when raising funds for particular purposes.

Unrestricted funds

Unrestricted funds are available for use at the discretion of the trustees in the furtherance of the general objects of the charity and which have not been designated for other purposes.

Operating Lease Agreements

Rentals applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight-line basis over the period of the lease.

2 DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2019 £
Grants and donations receivable	45,335	-	45,335	47,604
Legacies	-	-	-	-
	<u>£45,335</u>	<u>£-</u>	<u>£45,335</u>	<u>£47,604</u>

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2020**

3 INCOME FROM OTHER TRADING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2019 £
Rent receivable	3,333	-	3,333	5,250
Fund raising activities	6,688	-	6,688	16,844
	<u>£10,021</u>	<u>£-</u>	<u>£10,021</u>	<u>£22,094</u>

4 INCOME FROM INVESTMENTS

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2019 £
Interest received	£216	£-	£216	£204

5 INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2019 £
Grants and fees receivable	125,640	184,781	310,421	300,552
Deferred grants brought forward	-	30,007	30,007	30,025
Deferred grants carried forward	-	(37,260)	(37,260)	(30,007)
	<u>£125,640</u>	<u>£177,528</u>	<u>£303,168</u>	<u>£300,570</u>

Unrestricted grants and fees receivable of £125,640 include £120,000 (2019: £120,000) relating to contracted services provided as part of the Suffolk Recovery Network, a comprehensive drug and alcohol treatment service within Suffolk. Also included here are amounts receivables for arranging drug testing analysis and reports, together with other services. Restricted grants of £175,528 received in the year include £119,595 (2019: £116,042) received from the National Lottery Fund (Reaching Communities).

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2020**

6 CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds £	2019 £
Staff salaries, national insurance & pension costs	146,076	142,967	289,043	282,719
Training	4,724	1,167	5,891	2,692
Therapy costs	7,072	494	7,566	7,731
Other fees	70	11,360	11,430	20,987
Relocation costs	-	-	-	16,207
Premises expenses	35,881	10,092	45,973	54,794
Insurance costs	3,334	544	3,878	4,602
Office equipment maintenance	4,550	2,394	6,944	6,553
Communication	7,400	693	8,093	8,768
Travel	2,026	1,561	3,587	3,320
Programme evaluation fees	-	3,840	3,840	15,000
Independent examination fees	2,680	-	2,680	2,632
Legal and professional fees	1,594	-	1,594	2,640
Affiliation fees & subscriptions	10	-	10	-
Canteen and sundries	4,405	1,516	5,921	7,365
Advertising & Website costs	1,258	11,500	12,758	325
Bank charges	304	-	304	395
Miscellaneous client expenses	1,042	900	1,942	1,694
Fixtures, fittings and equipment depreciation	1,357	-	1,357	1,360
Computer equipment depreciation	1,601	-	1,601	3,145
	<u>£225,384</u>	<u>£189,028</u>	<u>£414,412</u>	<u>£442,929</u>

7 NET EXPENDITURE FOR THE FINANCIAL YEAR

Net expenditure for the financial year is stated after charging the following amounts:

	£	2019 £
Depreciation	£2,958	£4,505
Independent examination fees	£2,680	£2,632
Payroll fees	£720	£720
	<u>£</u>	<u>£</u>

No trustee received any remuneration from the charity (2019: £Nil) and no expenses were incurred by or reimbursed to any trustee during the year (2019: £Nil). There were no donations from related parties with conditions. The aggregate amount of donations received without conditions from trustees was £5,920 (2019: £2,820).

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2020

8 STAFF COSTS

		2019
	£	£
Wages and salaries	266,925	261,109
Social security costs	19,396	19,725
Pension costs (see below)	2,722	1,885
	<u>£289,043</u>	<u>£282,719</u>
	No.	No.
Average monthly number of employees	<u>12</u>	<u>11</u>

No employees earned in excess of £60,000 during the year. There was no accrued holiday pay at the year end (2019: £Nil). Contributions of £2,722 (2019: £1,885) have been paid into a defined contribution 'money purchase' pension scheme operated through the National Employment Savings Trust ('NEST'). This commenced on 1 May 2017 and represents a workplace pension scheme. Eligible employees are automatically enrolled into the scheme and are able to opt out if they so wish. Key management personnel remuneration amounted to £41,000 (2019: £41,000) and comprised the gross salary of the Chief Executive in both years.

9 TANGIBLE FIXED ASSETS

	Fixtures, Fittings and equipment	Computer equipment	Total
	£	£	£
Cost			
At 1 April 2019	19,215	15,810	35,025
Additions	-	-	-
	<u>19,215</u>	<u>15,810</u>	<u>35,025</u>
At 31 March 2020	<u>19,215</u>	<u>15,810</u>	<u>35,025</u>
Depreciation			
At 1 April 2019	15,083	13,166	28,249
Charge for the year	1,357	1,601	2,958
	<u>16,440</u>	<u>14,767</u>	<u>31,207</u>
At 31 March 2020	<u>16,440</u>	<u>14,767</u>	<u>31,207</u>
Net book values			
At 31 March 2020	<u>£2,775</u>	<u>£1,043</u>	<u>£3,818</u>
At 31 March 2019	<u>£4,132</u>	<u>£2,644</u>	<u>£6,776</u>

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2020**

10 DEBTORS

	£	2019 £
Other Debtors	1,515	11,528
Prepayments	13,468	15,051
Accrued income	6,038	2,983
	<u>£21,021</u>	<u>£29,562</u>

11 CASH AT BANK AND IN HAND

	£	2019 £
Cash at bank	103,037	142,321
Cash in hand	706	180
	<u>£103,743</u>	<u>£142,501</u>

12 CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£	2019 £
Deferred grant income (see below)	37,260	30,007
Other creditors	7,163	8,186
Accruals	7,010	7,120
	<u>£51,433</u>	<u>£45,313</u>

	£	2019 £
Deferred grant income at year end relates to:		
Restricted grants (see note 5)	37,260	30,007
	<u>£37,260</u>	<u>£30,007</u>

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2020**

13 UNRESTRICTED FUNDS

	1 April 2019 £	Income for year £	Expenditure For year £	31 March 2020 £
General charitable funds	<u>£122,026</u>	<u>£181,212</u>	<u>£(226,089)</u>	<u>£77,149</u>

14 RESTRICTED FUNDS

	1 April 2019 £	Income for year £	Expenditure For year £	31 March 2020 £
Strengthening Families fund	-	119,595	(119,595)	-
Building Capabilities fund	11,500	-	(11,500)	-
Family support workers fund	-	38,333	(38,333)	-
Volunteer support fund	-	2,000	(2,000)	-
Venta Programme fund	-	16,700	(16,700)	-
Client activities and support	-	900	(900)	-
	<u>£11,500</u>	<u>177,528</u>	<u>£(189,028)</u>	<u>£-</u>

The Strengthening Families fund relates to the charity's mainstream work with families where there is an addiction issue affecting one or more family members. Restricted funding of £119,595 relates to a grant from the National Lottery Fund (Reaching Communities) which commenced on 1 September 2016 and which has been secured for four years up to 31 August 2020. The grant part-funds the salaries of certain members of staff, together with a proportion of staff training, travel costs, general running expenses and allocated overheads.

The Building Capabilities fund relates to a one-off grant of £15,000 received during a previous year from the National Lottery Fund, to help IcenI Ipswich improve relevant skills, knowledge and confidence, to improve outcomes to beneficiaries. This has been fully utilised during 2019/20 in connection with a major upgrade to the charity's website and online presence.

The family support workers fund relates to grants received towards family support workers' salaries, national insurance and pension costs. Grants allocated to 2019/20 comprise £25,000 from the Lloyds Bank Foundation, and £13,333 from the Trusthouse Charitable Foundation.

The Volunteer support fund relates to funding from Suffolk Community Foundation through Skinner's Fund, to assist with the management, support and development of volunteers at IcenI.

The Venta Programme fund relates to a new programme which is still being developed, working with men who behave in a violent, abusive, coercive or controlling way. Two further programmes were run during 2019/20, and additional external evaluation work was carried out by the University of Suffolk. Grants for 2019/20 include £8,200 contributed jointly by Suffolk County Council and the Suffolk Police and Crime Commissioner's Fund to facilitate IcenI's ongoing application to obtain "Respect" accreditation for the Venta Programme, together with a further £8,000 from Suffolk County Council and £500 from Rotary Club of Ipswich East.

Grants of £900, received towards the cost of client events and support, have been used to help with the cost of running events and activities for clients and their families during the year.

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2020**

15 ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Tangible fixed assets £	Net current assets £	Total £
Restricted funds	-	-	-
Unrestricted funds	3,818	73,331	77,149
	<u>£3,818</u>	<u>£73,331</u>	<u>£77,149</u>

16 COMMITMENTS

At 31 March 2020 the charity had commitments under non-cancellable operating leases as set out below:

Land and Buildings

		2019
Operating leases which expire:	£	£
Within 12 months	-	-
Within 5 to 10 years (see below)	106,151	141,151

The £106,151 relates to rent payable for periods up to 12 April 2023 in respect of two property leases (one for £30,000 per annum and the other for £5,000 per annum) entered into by the charity during 2018 on premises occupied and used by the charity from June 2018. Both leases commenced on 12 April 2018 and are for a term of 10 years, with the option for the tenant to terminate each lease on the 5th and all subsequent anniversaries up to the 9th anniversary.

Equipment

The charity had commitments of £4,592 in respect of office equipment leases expiring within 2 to 5 years of the year end: £2,742 on a five-year lease for a telephone system, commencing December 2016, and £1,850 on a five-year lease for a printer/copier, commencing July 2017.

17 COMPANY STATUS AND MEMBERS

Iceni Ipswich is a company limited by guarantee and accordingly does not have any share capital. Membership of the company is open to individuals and organisations. The only members are currently the directors of the company, who are also the trustees. The liability of each member is limited to a sum not exceeding £1, this being the amount that each member undertakes to contribute to the assets of the charity in the event of it being wound up while they are a member, or within one year of ceasing to be a member.

18 RELATED PARTY TRANSACTIONS

Other than the donations received from trustees, as detailed under note 7 to the financial statements, there were no related party transactions during the current year.

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2020**
19 SOFA COMPARATIVES

	Unrestricted Funds	Restricted Funds	Total Funds
Income and endowments from:	£	£	£
Donations and legacies	47,604	-	47,604
Other trading activities	22,094	-	22,094
Income from investments	204	-	204
Income from charitable activities	127,290	173,280	300,570
Total	197,192	173,280	370,472
Expenditure on:			
Expenditure on raising funds	1,089	-	1,089
Expenditure on charitable activities	255,301	187,628	442,929
Total	256,390	187,628	444,018
Net expenditure	(59,198)	(14,348)	(73,546)
Net transfers between funds	-	-	-
Net movement in funds	(59,198)	(14,348)	(73,546)
Funds at 1 April 2018	181,224	25,848	207,072
Funds at 31 March 2019	£122,026	£11,500	£133,526

The above schedule provides a breakdown of comparative figures in respect of the year ended 31 March 2019 for all amounts shown in the Statement of Financial Activities analysed across fund types.