



# ANNUAL REVIEW 2019/ 2020

Blackpool Carers Centre

*Quality • Passion • Respect*

Charity No. 1114558



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*We were thrilled to be the chosen charity partner for Kylie night at Lytham Festival*



*'Buggingham' Palace bug hotel in our gardens*



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*We bid a very sad farewell to our wonderful CEO, Michelle Smith, who moved to pastures new, after 10 years.*



*Local Disco legend, Lionel Vinyl, entertaining our Disco Ball guests*



*At Blackpool Carers, we respect everyone who comes to us for help. Whilst the following stories are true, some client names and images may have been changed to protect their privacy.*



*Raising awareness at Hounds Hill Shopping Centre, during Mental Health Awareness Week*



*Tower to Tower supporter Joe Blockley, raising awareness on Mount Kilimanjaro*



*Claire (l) with adult carers at the BBC Radio Lancashire Community Heroes awards. Joan (r) was thrilled to be a 'Carer Award' finalist.*



## WELCOME AND OVERVIEW

This year has seen significant changes here at Blackpool Carers, with a growth in provision offered to carers and young carers and lots of learning in our move to a Director model of leadership. In evolving and moving to meet the changing needs of carers, one thing remains as steadfast as ever, and that is to 'make a better life for carers', whether they are 5 or 95 years old.

We are privileged to present the 2019-2020 annual report, providing the story of the impact that our work has had on unpaid carers and their families in Blackpool throughout the past 12 months. Our work is our passion and we are inspired every day by the tenacity, strength and spirit that we see in every carer who comes through our doors. We are seeing ever more complex caring roles and it is the focus of our team to remain agile and informed in order to be responsive to local need. Our supporters continue to champion the voices of carers and support our work across Blackpool. We are

grateful for their unwavering commitment to making sure that carers remain high on the agenda in all areas of life including the wider community and business sectors.

We are proud of another year of exceptional work and development of services for carers with the belief and backing of funders, supporters and donors. With your help we have reached more isolated and unsupported carers of all ages, making life better for many families in Blackpool.

As we move further into the unknown that 2020 has brought with it, we remain determined to adapt and learn as we respond to the changing challenges facing carers and their families. As the world reacts to the coronavirus pandemic, we are starting to uncover the scale of increased mental ill health, substance misuse and neglect that families are dealing with, in addition to their existing health issues. It is with galvanised resolve that we move into

the next year, ready to tackle the increased needs, anxieties and damage left in the wake of the pandemic.

There is lots to look forward to as we once again throw open our doors and welcome carers, volunteers and supporters back to the very special place that is Beaverbrooks House as soon as we are safely able to.

I hope that you will continue to be with us on our journey to ensure a better life for carers.



Paul Jebb, Chair of Trustees



Faye Atherton, Quality Director

*The amazing Tower to Tower cyclists, at the start of their 4 day cycle ride to The Eiffel Tower from the foot of Blackpool Tower, in September 2019.*





## ADULT CARERS' PROJECT



Frances and her daughter Kelly at Beaverbrooks House

**“** I've learnt ways I can be kind to myself. Because I was right at the bottom with my mood and I'm not there anymore. Being a healthy carer is much better than being a carer that's lost her way. I don't have to put up with things anymore. I can change them because of this. **”**

Jean, Adult Carer

### Frances's Story

I have been an unpaid carer for most of my adult life. Initially I cared for my mother-in-law who I nursed through cancer and then my husband who passed away 18 months ago.

At present I care for my daughter Kelly who is now 32. Kelly has needed care from birth as she is diagnosed with epilepsy, Asperger's syndrome and fibromyalgia in addition to multiple physical and enduring mental health issues. I also care for my beautiful granddaughter, Joanna, who is now 1 year old and keeps both myself and Kelly extremely busy!

When I lost my husband of 45 years I was devastated. I felt as though my world had fallen apart, I was like a zombie. I visited my GP who recommended that I contacted Blackpool Carers for support.

Our journey with Blackpool Carers started when I was allocated a caseworker, Amanda, who is just the most helpful and nice person I have

ever met. I visited Blackpool Carers and Amanda listened to me and talked to me about my caring roles. She gave me lots of useful information about a range of services and activities in a way that I could understand. This was amazing for me as for years I had struggled alone with no help as I had no idea there was help to be had. Amanda visited me at home and helped myself and Kelly navigate our way through the health, social care and benefits systems.

The support has made a very real difference to us. Both Kelly and myself have moved from being socially isolated to have a really lovely group of friends.

We have been to lots of events at Blackpool Carers and know that Amanda and the team are always available for support whenever we need them. We both joined the Bang the Drum music project and have really enjoyed all of the activities, from learning to play an instrument to going



Popular garden centre respite trip



Making the Remembrance Day Poppy Display

to the ballet and opera. To any carer who is feeling lonely, I would just say contact Blackpool Carers.





**3,102**

one to one  
support sessions  
were provided



**799**

adult carers  
accessed support



**573**

adult carer referrals  
were received

Adult carers having fun and learning new skills in the gardens at Beaverbrooks House



## BANG THE DRUM PROJECT



Jenny, during a songwriting workshop at Beaverbrooks House

### Jenny's Story

One of our huge success stories from our Bang the Drum music project has been the development and progress of Jenny.

Jenny came along to the project with her mother – rather reluctantly at first. She was unresponsive, sat in close to her mother, slumped in her chair with her cap pulled firmly down over her face. By the end of that first session we saw some glimmers of light with Jenny as she started to talk with one of the workers, even being brave enough to lift her cap to show us her bright blue newly dyed hair!

At the next session Jenny refused to participate in a dance task, seeming unsure about her abilities and conscious of what others may think. With time and encouragement Jenny has gradually opened up to the new experiences on the project over the weeks. Her confidence has grown to the point where she will sit next to other people

in the group and develop social chat. She is keen now to explore new activities and join in, reporting that she feels safe in the group and connected with the others.

The group enjoyed a visit to the British Music Experience in Liverpool, a chance for the ladies to leave Blackpool and their caring roles behind for the day. The whole group reported that this rare opportunity to visit somewhere new and enjoy time away from the responsibilities of home had given them a new sense of adventure! They all had a fabulous time and Jenny was up there on the front row in the dance booth!

Some of the ladies have since arranged their own visits back to Liverpool, starting to foster their new found taste for adventure and also friendships with each other.

**“** She is a changed person. It has made such a difference. She has just gone out to meet a friend and she would never have done that before. Thank you so much. **”**

Jenny's mum



African Drumming session

Everyone who is on the project and has known Jenny from the beginning has said that the difference in her is remarkable.

Jenny's mum says, "She is a changed person. It has made such a difference. She has just gone out to meet a friend and she would never have done that before. Thank you so much."



Young carers' songwriting session



**26**  
music sessions  
have been held



**42**  
women and girls  
have participated

*The Bang The Drum group with the Fab Four during a visit to the British Music Experience in Liverpool.*



## P BEAVERBROOKS HOUSE, STAFF & STUDENTS



Bethany, happy to be supporting carers

“ There are days when I have to pinch myself just to remind me this is “work”, but one thing is guaranteed, at the end of the day I always leave with that feel good feeling and a big smile on my face. ”

Alison,  
Volunteer and Skills Bank Lead

### Bethany's Story

I am a Social Work student from Lancaster University on my final year placement here at Blackpool Carers. My role is to provide support for our young carers and their families.

I was introduced to the team with a warm welcome and was made to feel supported all the way through my social work journey. This learning opportunity has provided me with valuable insight into the lives of carers

and is challenging me to develop the appropriate skills to best support them.

It became clear to me early on that Blackpool Carers' values (Passion, Quality and Respect) are fundamental to the work that they do and the way in which they do it.

Every team member expresses these values in their work and create an atmosphere of incredible positivity and

proactiveness which ensures that carers receive the very best support.

I feel lucky to have had my final placement at such a nurturing, supportive and passionate organisation.

I hope to continue my partnership with the charity and its team in the future and feel proud to have been involved in making a difference to carers and their families.



Loki was one of our very welcome furry visitors during 'Take your dog to work day' on 21st June



Worry Monsters, kindly knitted by volunteers, help young carers' alleviate stress and anxiety



Our new community garden, won an Outstanding Award at the Blackpool in Bloom 2019 Awards





**5**

**Social Work student  
placements during  
the year**



**3,750**

**hours have been  
worked by Social  
Work students**



*Staff and Rocco outside Beaverbrooks House.*

*Every year, Blackpool Carers hold a Development Day for staff. This year Blackpool Transport kindly donated the use of a vintage bus, complete with driver to drive us all over Blackpool.*

*We raised awareness, raised funds and supported our community by clearing rubbish from Blackpool Beach.*

*Plus, we had great fun too!*



## BENEFITS ADVICE



### Chris and Jean's Story

Our Adult Carers team referred Chris and Jean to me for a benefit check to look at their entitlements and navigate them through completing forms and making phonecalls. Jean is a full time carer for her husband, Chris, who suffers from the after effects of polio, COPD and arthritis, an intense caring role that takes its toll on the couple's ability to get out and about and also on their finances. I arranged a home visit with Chris and Jean to talk through their finances, benefit claims and current situation.

At the visit I carried out a full benefit check for the couple. They were both in receipt of State Pension and Pension Credit. Chris was in receipt of Disability Living Allowance high rate mobility and low rate care. I ascertained that his condition has deteriorated since he was awarded DLA and his care needs now more significant. I contacted the DLA Helpline and reported the change and ordered a form to be sent out to apply

for an increase in the care component. Jean contacted me when the form was received and I once again visited them at home to support them to complete the form.

Several weeks later Chris sent me an email notifying me that he had been awarded the high rate of the care component. Now that level of the care component was in payment, I determined that Jean could claim a carers premium to be added into the Pension Credit award. Another home visit was carried out to complete a further form to facilitate the award of the carers premium.

The total benefit gain for the couple as a result of my intervention was £101.30pw. The extra money means that the couple are now able to afford to buy more of the essentials in their weekly shopping and eat better. They are also enjoying being able to get out for drives in their car without worrying

*“It was wonderful to receive this payment and cheered me up no end. Your help and kindness is greatly appreciated as we would never have thought of receiving this benefit and it will be a very great help to us.”*



*Lasting Power of Attorney advice session with supporter, Stephen Mars from Bramwell Estate planning*

about fuel costs. Being able to go out in their car more has greatly improved their well-being, giving them time away from home and the freedom to visit new places, if only for a short walk or to sit and enjoy fresh air and nature somewhere different. Chris and Jean thanked me for my help and we were very happy to receive their email;

*“It was wonderful to receive this payment and cheered me up no end. Your help and kindness is greatly appreciated as we would never have thought of receiving this benefit and it will be a very great help to us.”*

Alan, Phizacklea, Benefits Advisor



Carers enjoying refreshments as well as benefits advice and support at our monthly Carers' Kitchen.



**491**

face to face  
Benefits Advice  
appointments



**£496,928**

Benefit gains  
for our carers



**39**

medical assessments  
attended with carers



## DEMENTIA PROJECT



**“** Somehow feelings of ‘not doing enough’ start to niggle away in your brain, to a point of feeling guilty. I can overcome this knowing Blackpool Carers are there to listen and help. **”**

Diana, dementia carer

### Diana's Story

Last July during a visit to our GP we happened to mention that my husband was worried about his memory. This resulted in a memory test and, following further appointments and tests, we received the devastating diagnosis of Vascular Dementia. It was at this point on our journey that I was designated as his “Carer”... and little did I know that I’d be helped so much by the amazing people at Blackpool Carers.

It was only when one of the staff from the clinic suggested a referral to Blackpool Carers and we met the support workers that we felt able to work through what was happening and how it would impact on life. This was the point where I didn’t feel so alone or bewildered by the situation. The team have been there helping us through the highs and lows of this journey; helping us with benefit advice, Dementia Awareness course and meeting others who understood.

The course helped me to find positive ways to help my husband, ways to react and manage situations limit the stresses that we are both under.

The need for carers to look after themselves was highlighted throughout the course. This is so very important but sometimes so hard to manage. Somehow feelings of ‘not doing enough’ start to niggle away in your brain to a point of feeling guilty – something I must try to overcome and will do knowing that Blackpool Carers are there to listen and help.

Being given so much more information about all sorts of support was a great help and I felt relief that there are so many kind knowledgeable people at Beaverbrooks House who are willing to help. It will help ease any problems and worries they may feel during the dementia journey that they are experiencing.



Helena delivering Dementia Awareness training at Beaverbrooks House

Top advice I could give you if you are a carer would be to most certainly contact Blackpool Carers or pay them a visit.

I don’t know how the future will pan out, so I’ve decided to take each day as it comes, make more time for myself and keep life as rich as possible. Hopefully, thanks to Blackpool Carers I will be able to achieve this.



Elsie, picking tomatoes from our garden, during Active minds group





**209**

carers have  
accessed  
dementia support



**223**

places have been  
filled on our  
Dementia Awareness  
Training Course

*Dementia carer and loved one enjoying an afternoon trip  
to Lytham Hall for the Snowdrop Walk*



## FAMILY FOCUS PROJECT



“Blackpool Carers understands; making sure that my needs are met and my voice is heard.”

Olivia, young carer

### Olivia's Story

I was very low before Blackpool Carers got involved in my life. I had experienced some personal trauma and after my mum had developed seizures due to repeated domestic violence along with anxiety and depression, I became her carer.

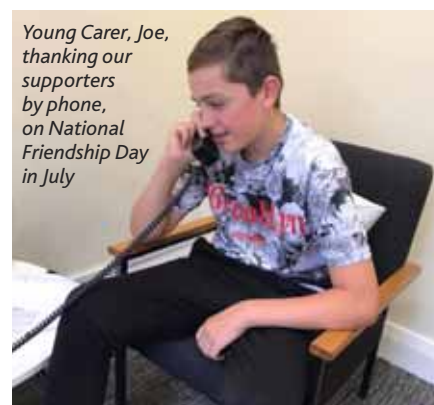
Thankfully mum has now left the destructive relationship, but I'm struggling with what happened to both of us. I ended up in hospital as I was self-harming and had thoughts of suicide as everything got too much. I was in a bad place but my support workers at Blackpool Carers have listened and helped me in important meetings about being discharged from hospital and in Child Protection meetings.

I don't really like working with agencies but I have been listened to and feel that Blackpool Carers understands, making sure that my needs are met and my voice is heard. They were responsible for my safety meetings between my

hospital discharge and my follow up meeting with mental health services. My support worker accompanied me to this meeting and didn't judge me, no matter what I said or how I felt. At the start of the Covid-19 lockdown, they have supported me, making sure my mental health doesn't start to decline again as life as a young carer becomes even more difficult.

I feel much brighter at the moment. My Child Protection plan has come to an end, mum is coping well and I am looking forward to my future. I have discussed my future with my support worker. He's helped me to look at what I want my life to become and how I can get there, helping me believe that I can do whatever I put my mind to.

I still have challenges in my life alongside the challenges of being a carer for my mum but I know where I can go for the help that I need, now and in the future.



Young Carer, Joe, thanking our supporters by phone, on National Friendship Day in July



Santa and his elf aka Emma and Sam getting ready to deliver donated Christmas presents



Jessie raising awareness at the Blackpool Parent Forum at Blackpool Football Club



**244**assessments  
conducted**163**young people  
have accessed  
respite**684**instances of  
partnership  
working**976**one to one support  
sessions have taken  
place



## FUNDRAISING & COMMUNITY PARTNERS



### Sylwester's Story

There were two reasons I signed up for the Tower to Tower cycling challenge; firstly my wife's birthday falls on 29th September so it was a great birthday present to spend time in Paris together! Secondly; when I was a teenager, I was a carer for my father. I helped my mother to look after him until I moved to England. No more than a year later he passed away due to advanced Alzheimers and cancer and so I know the challenges that many carers face.

Back in Poland we don't have services and support like Blackpool Carers. We didn't have support outside of the home and family, so there was never anyone to talk to about my situation or ask for advice. Children at school laughed at me because I was caring for my father and it wasn't easy to spend my younger years dealing with that. At Blackpool Carers, a young person can meet others in the same situation and forget for a moment about home and enjoy their childhood. They can speak

to others, share experiences and support each other which really makes a difference and means a lot.

When I hit the age of 30 a few years ago my own health deteriorated due to an unhealthy lifestyle. The training that I did for the Tower to Tower ride made me look at my health, eat better, made me fitter and I feel so much better in myself. I found my love for cycling again. Now I enjoy spending time on my bike, I've got my hobby back, and this amazing group of cyclists, whom I now call friends, has given me my confidence back in spades.

When I completed the ride, I felt so proud of myself and all of the others who I cycled with. Over five days we had to fight to keep going, the weather was against us, we were in pain, sore muscles and just so tired. I cried a lot on this journey but when we arrived in Paris the tears were pure happiness! Hearing how much money we raised made it all worthwhile.

**“** It's brilliant knowing that carers have got a place to go and someone to support them when they need it. I'm proud that I have had a part to play in that. **”**

Sylwester, supporter



Caring Corporates having fun at our Wakepark Wipeout challenge

It makes me so proud to support Blackpool Carers. By fundraising I can continue to help them to keep this place amazing for all carers, young and old, out there fighting and struggling day to day. It's brilliant knowing that they've got a place to go and someone to support them when they need it. I'm proud that I have had a part to play in helping to ensure a better life for carers.

Huge thanks goes to Sylwester and all of the other 25 riders who took on our Tower to Tower - Blackpool Tower to The Eiffel Tower bike ride in September 2019.

Their dedication, commitment and grit raised an astounding £67,747 through fundraising events and sponsorship.

The awareness of carers has also been raised thanks to the cyclists spreading the word far and wide about the work of Blackpool Carers.



£

**£67,747**

was raised for  
Blackpool Carers  
by the Tower to  
Tower cyclists



**407**

guests attended our  
biggest fundraising  
Ball at the  
Winter Gardens



**90**

Caring Corporates  
took part in our first  
Wakepark Wipeout  
challenge



**15**

teams took part  
in our annual  
Cash Quest for Carers  
fundraising event

*The Tower Ballroom, Blackpool all set up for  
our fundraising Disco Ball on 1st February*



## HUBS WITHIN THE COMMUNITY



*“Blackpool Carers has given our team the ability to manage challenging patients and situations from a different angle and meant that we have so many more options to work with.”*

**James Earle,**  
Blackpool Teaching Hospitals NHS  
Foundation Trust

### Connie's Story

Connie cares for her partner, Bill, who has Parkinson's disease and a number of other conditions that cause constant pain. As a result Bill struggles with daily tasks and needs support.

The process of diagnosis and treatment did not go smoothly and this resulted in having to make ongoing attendances at the GP practice for support. Attending was increasingly difficult for Connie and Bill due to both dealing with limited mobility and poor eyesight, meaning neither were able to drive any more. Both felt that their situation would improve if their health needs were better managed.

We referred Bill to the Far North Neighbourhood Hub for support with his range of health needs. He was promptly contacted by a Case Manager who visited them both at home to address pain management and medications. The home visits also led to solving issues with medications and

repeat prescriptions that had been causing Bill and Connie stress.

Connie reported that she was very pleased with the progress that had been made since the Neighbourhood Hub team had become involved. The support was very helpful to both of them and made a huge difference in them being able to manage daily life safely and without feeling stressed.

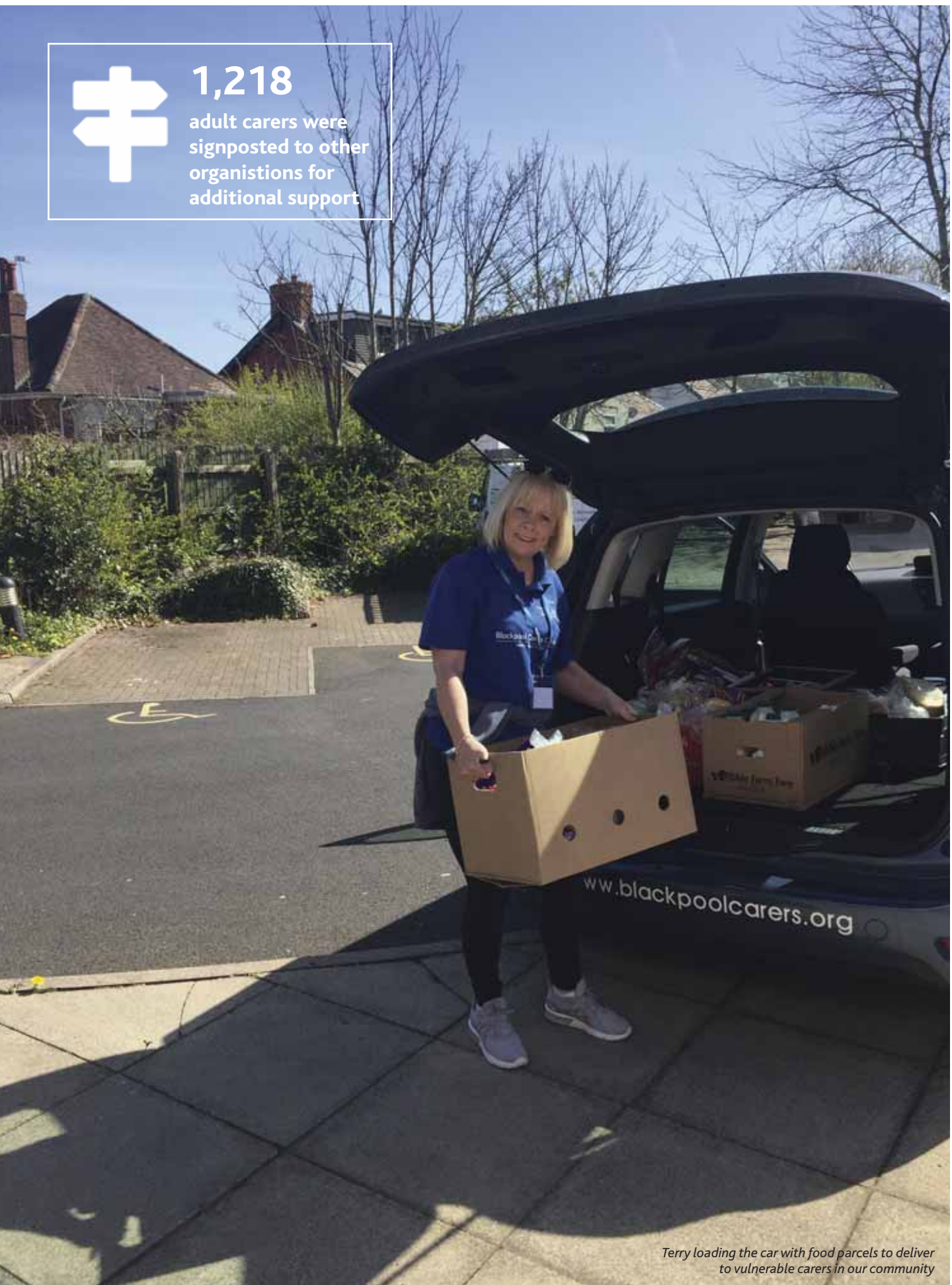
It has helped to have one point of contact and to have visits at home without struggling to get to the surgery and potentially seeing a different person and re-telling their story each time.

Blackpool Carers' support for Connie as a carer continued in partnership with the interventions provided by the Neighbourhood Hub team. This ensured that both Connie's and Bill's support needs were being met and that by working in partnership, no areas of support were missed or overlapped.



**1,218**

adult carers were  
signposted to other  
organisations for  
additional support



*Terry loading the car with food parcels to deliver  
to vulnerable carers in our community*



## MENTAL HEALTH PROJECT

Melanie (middle) with fellow carers, Pauline (l) and Jo (r), enjoying a well deserved break



### Melanie's Story

I care for my ex-husband, Ron who is 63 years old.

His medical issues all began when a traumatic incident generated symptoms of PTSD. He became very aggressive and began neglecting himself. His depression spiralled out of control and he became a danger to himself when he stopped caring about his safety. He was unwilling to allow anyone else to care for him, so it was a role that I felt I should take. As time went on he developed problems with his breathing and was diagnosed with COPD. His mobility became an issue and he was diagnosed with musculoskeletal disorder. He became totally dependent on me.

After having a breakdown in January 2019, I was visited by the Mental Health Crisis Team. They referred me to Blackpool Carers and I was visited by support workers. A plan of action was arranged and Carla became my Carer Navigator. She also supported Ron and

offered us both advice and information. Carla arranged for me to have counselling and was extremely proactive in helping me in my recovery. Her support meant that I was still able to be there for Ron.

Before I was approached by Carla and the team, I was lost in a world that overwhelmed me. My identity was "Ron's carer." I had no name and felt like a faceless being. I was the voice, ears and memory for Ron. By ensuring that he could function, my own mental health was impacted to the point that I felt suicidal. I was fighting to be recognised in my own right. It all became too much.

Carla visited me weekly and supported me to solve problems with my housing situation and invited me to join courses held at Beaverbrooks House. I was welcomed by everyone and found the courses helpful in changing my mindset. All have made a huge difference to how I feel about me and

**“** A mundane existence has now been replaced with purpose. I now believe I have a future. **”**

Melanie, adult carer

Mental Health carer and volunteer, Bev (l), won the Lancashire Evening Post, Carer of the Year Award



my life.

I met other carers, and through talking about our experiences, I feel less alone. When the Creative Writing group began I was keen to join. The atmosphere is so relaxed and those 90 minutes are just for me. I have an identity at Blackpool Carers, I am not just Ron's carer, I am Melanie.

This wonderful organisation has opened my eyes to so many possibilities. They have involved me in social activities which have brought so much joy. A mundane existence has now been replaced with purpose. I now believe I have a future. I am joining the gym to improve my health, I am studying to improve my future and I am making friends who understand. None of these changes could have been achieved without the help of Blackpool Carers. Unless you have been involved with Blackpool Carers, you can never understand how amazing it is. The staff are incredible and the services they



**194**

carers of someone  
with mental ill health  
have received  
support this year



*Our mascot Rocco the donkey  
with Harry the Hound and a  
little friend, during an awareness  
raising event at Hounds Hill  
Shopping Centre, Blackpool*



## TIME OUT PROJECT



**“** It really makes a difference to know that other young people are carers too. **”**

Stuart, young carer

### Stuart's Story

My name is Stuart, I'm 13 years old and I care for my dad who had two strokes, four years ago, one after the other. I have been caring for him ever since.

Each day I get up early and help him with medication and getting dressed before leaving for my day at school.

When I'm at school it can be difficult to concentrate as I often think about my dad and this sometimes make me sad. When I return home I am happy to see him and be with him. I help with jobs around the house as well as with my dad's mobility as he needs help to get around safely.

My mum called Blackpool Carers after being told about the service and thinking that I may need someone to speak to outside of my home situation.

After I met the support workers and heard about the different things that I could join in with, I wanted to start

going to Take5 Youth Club.

At the beginning I was nervous and spent a lot of my time there on my own, playing on the PS4, but after a few sessions someone I knew from school came who I didn't know was also a young carer. This helped me settle into the group as I realised that there were others around me coping quietly with their caring roles.

I am now one of the first through the doors of Take5 and look forward to seeing what we are going to be doing and throwing myself into it!

I also like making new young carers feel welcome as I remember how it felt at first, not knowing if everyone would understand the role you take on at home. It turns out that we're all different in our caring roles but we totally understand each other, it really makes a difference to know that other young people are carers too.



Adult Carers during 'Interactive' cooking session



Thrilled young carer meeting a little chick



Adult Carers enjoying indoor archery





**1,800**

hours of wellbeing learning delivered



**4,860**

minutes of gardening respite activities have taken place



**810**

places were accessed for Take5 respite



**18.000**

minutes of DofE sessions delivered



**442**

places filled on over 30 Take5 trips



**113**

young carers attended parties at Beaverbrooks House

Adult Carer getting lost in carrots and kale, during a Grow Wild session



## VOLUNTEERS



Steffi with young carers enjoying a picnic in Stanley Park.

“Sometimes the young carers just need someone to talk to and it is a privilege to be able to be there for them.”

Steffi, volunteer

### Steffi's Story

I first came across Blackpool Carers when I was in a particularly difficult phase of my life. It was suggested that my mum might need some help as she was taking on a caring role for me. A worker came to visit and support started for my mum. Soon, I was visiting the centre and it was such a nice and vibrant, yet relaxed atmosphere. It made me want to come back and get more involved.

My volunteering role has given me experience on so many levels. Working with young carers is incredible. It allows me to enter a world very unlike my own. Young people are much more free and bold. It is so rewarding to see them enjoy all the activities and have a great time. Sometimes, the young carers just need someone to talk to and it is a privilege to be able to be there for them and form meaningful relationships.

I started with just volunteering at one session a week but then went on to

support both primary and secondary Take 5 groups providing respite activities. I also love helping with trips during the holidays and other events, such as the garden party and annual ball. I even go to the monthly staff games nights! Every single person I have met at Blackpool Carers has been welcoming and friendly and I can honestly say that it is such a fantastic organisation, making such a difference to so many.

I am currently writing this during the coronavirus lockdown. Being away from Blackpool Carers and my volunteer role has made me miss it and appreciate how much it means to me! I definitely feel like I make a positive contribution at Blackpool Carers and I cannot emphasise enough how amazing it is. If you're able to, please do get involved and you'll see what I mean.



Volunteers sprucing up the gardens



Volunteers Joan and Helen raising awareness



Terry during volunteer training session





**8,800**  
hours donated  
by our volunteers



**5,040**  
telephone calls  
answered by our  
Reception volunteers

*Alison with volunteers in front of Beaverbrooks House at their special Afternoon Tea Celebration Event*



**176**  
new volunteers  
welcomed this year

## YOUNG ADULT CARERS' (YAC) PROJECT

*Hazel enjoying some girl time with her mum*



### Hazel's Story

We have been supporting Hazel since April 2019 as a carer for her younger brother who has autism and global learning delay. Hazel shares caring responsibilities with her mother, helping her brother with practical tasks and also providing emotional support.

Hazel expressed at assessment that she felt lonely with very limited friendships, often finding it difficult to talk about her home situation with peers. We supported Hazel to join respite sessions with other young people, encouraging the development of peer support and friendships alongside exploring new activities and trips such as skiing, cooking sessions, cinema trips and craft activities. Hazel has started to form friendships with others who understand the highs and lows of caring.

Hazel was keen to try out dance classes but given her family situation was unable to afford to buy the kit needed to join in. We accessed a small grant to

enable her to buy the necessary equipment to be able to take part fully in dance classes which really improved her confidence.

During Hazel's support, her family used our special eligibility card for Sandcastle Waterpark, providing a much needed day out, encouraging positive family time and a great experience for them to share together.

Following their trip to the Sandcastle, the family now feel more confident in being able to access other local facilities together, having tested out what her brother is able to manage when in new environments.

**“** I've been able to make new friends who know what I'm going through at home. **”**

Jacob, young adult carer



*DofE Teamwork Session*



*Proud DofE Young Adult Carer, Dan, with his Young Citizen of the Year in Lancashire Commendation, with support worker, Michaela*



*YACs learning new navigational skills*





**166**

instances of  
partnership  
working



**414**

one to one support  
sessions have taken  
place



**97**

young adult carers  
have accessed trips  
and activities



**161**

young adult carers  
actively received  
support

YACs 'chilling out' during a trip to Planet Ice

## YOUNG CARERS' PROJECT



“Having someone outside of my family who understands and listens helps me so much.”

Sienna, young carer

### Sienna's Story

I am 13 and young carer for my 9 year old sister who has epilepsy and additional needs.

I support and help to care for my sister as she isn't able to do a lot of things herself when her seizures are bad. I help by giving her medication, timing and calling for help when she goes in to a tonic clonic seizure and getting things ready when we have to get her to hospital in an emergency.

Every day I care for my sister, helping to wash her, do her hair and get her dressed. Before my support worker from Blackpool Carers came into my life I felt like I didn't have much support for me.

School was difficult as I am often late due to my caring role and but they didn't understand or ask the right questions so my attendance and punctuality was affected leaving me feeling anxious. Blackpool Carers has helped me with problems at school, making my school life a little easier,

explaining my story to school so that they knew the life that I had at home.

My worker has also helped me to learn how to manage my anxiety better which has made a big difference to me every day. Knowing that I have someone to talk to when things get too much helps me and makes me feel supported. Sometimes it's hard to talk to family about my worries, they're too close to things, but having someone outside of my family who understands and listens helps me so much.

Blackpool Carers has helped me to realise that I'm not the only young person who has a caring role. I now feel like I have a place to go where I am away from my caring role, somewhere that I belong and can speak to others like me. Being part of Blackpool Carers has helped me with my confidence and I have been able to have time away from caring by going on trips to experience new things which I have loved!



Scaling the heights at Clip 'n' Climb



Young carers getting ready for a quad bike race



Young carers with members of the National Citizen Service (NCS)





**558**  
assessments  
conducted



**245**  
referrals were made  
to the young carers'  
project



**1,064**  
instances of  
partnership  
working



**1,544**  
one to one support  
sessions have taken  
place

Young carers having a fun day out at Stanley Park



## PLANS FOR THE FUTURE



### Dan's Story

Since volunteering at Blackpool Carers, over the past year I feel my confidence has grown and, with support, I have taken on different roles including supporting some of the teams with various admin roles which has helped with my self-esteem.

I have loved talking to different people, broadening my horizons and working on my computer skills. I have also got out and about supporting events in the community.

Volunteering has help me to think about thing differently; given me a point of interest to talk about with friends and family. I feel that I have a purpose and meeting other volunteers at events and the volunteers coffee mornings has really helped me with my confidence and positive feelings.

I would say to anyone who is thinking of volunteering with Blackpool Carers that you can't go wrong! I have volunteered with other services, but being at Blackpool Carers has been the best experience I have had. Everyone is so supportive, especially Alison the Volunteer Lead who is always available for a chat. The team always make sure that you feel appreciate too.

**“ It's so satisfying to help and give something back. I love being with such helpful people. ”**

Joan, volunteer

After such a successful year, it is crucial that we press our advantage and continue our development into the future.

Our immediate focus in the coming months is to meet the unprecedented demands placed on our carers and their families during the outbreak of COVID-19. To do this we will adapt and redesign aspects of our work to reduce the impact of loneliness with our most isolated carers by seeking ways to remove barriers to accessing work, professional support, and friendships.

We must also look to reinforce the charity during this difficult time, drawing support from both new and existing funders to allow our vital work to continue.

We will work towards identifying more carers at an early stage in their caring role by improving our external communications with professionals, families, businesses, and the public generally. This will raise awareness of the needs of carers and ensure a more joined up model of support for them and their families.

Our work to support carers with benefits will also continue and we will increase our provision in both its scale and its scope.

Another key priority over the next 12 months, is to secure long-term funding for parental mental ill health and substance misuse support.

As always, we hope to hear from you over the coming year and look forward to you joining us on our journey to make a better life for carers.



Take a break goody bags for carers



## HOW YOUR DONATIONS CAN HELP



**£5**

pays for resources for a respite group crafting session



**£50**

pays for a group of young carers to enjoy a picnic at the beach



**£10**

pays for a group of young carers to use the sensory room for relaxation



**£100**

pays for a group of young adult carers to go camping



**£15**

pays for a carer's hairdressing appointment so they feel pampered



**£350**

pays for 10 carers to take part in our Dementia Training Course



**£30**

pays for a 'household essentials' hamper for a family



**£22,988**

pays for the running of Blackpool Carers for one week



## HOW TO MAKE A DONATION

Your donation, no matter how small will make a huge difference to our carers.

If you would like to donate online, via text, or over the phone, please see points 3 to 5 below.

For donations by cheque or via BACS, please complete and return this slip to: Blackpool Carers, Beaverbrooks House, 147 Newton Drive, Blackpool FY3 8LZ

*Thank you so much for your support.*



I would like to make a donation to Blackpool Carers Centre of £ .....

### Below are 5 easy ways to make your donation:

- 1 **By cheque made payable to 'Blackpool Carers Centre'**
- 2 **Via BACS** to Blackpool Carers Centre (Account No. 81422111 Sort Code 40-17-31)

Reference: .....

- 3 **By Debit/Credit Card**

Call Louise or Matt on 01253 393748 to pay by card over the phone.

- 4 **Text BLACKPOOLCARERS** followed by the amount you would like to donate to **70085**

(for example 'BLACKPOOLCARERS £10' to 70085)

- 5 Go to **www.justgiving.com/blackpoolcarers** to donate online

**donr**

**JustGiving™**

### YOUR DETAILS

Title ..... Forename ..... Surname .....

Address .....

..... Postcode .....

Telephone .....

Email\* .....

*\*By providing your email address you are confirming that you are happy for us to contact you this way. We will not share your information with anyone else. Please visit [www.blackpoolcarers.org/privacy-and-cookies-policy/](http://www.blackpoolcarers.org/privacy-and-cookies-policy/) for more information.*

### PLEASE TICK THIS GIFT AID BOX AND MAKE YOUR DONATION GO FURTHER

*giftaid it*

**Please tick this box and increase your donation by 25% with Gift Aid - It won't cost you a penny! ☐**

I am a UK taxpayer, please claim back the tax I have paid against all charitable gifts made in the last four years and any future gifts I may make including those to Blackpool Carers Centre. I understand that if I pay less Income Tax and/or Capital Gains Tax in the current tax year than the amount of Gift Aid claimed on all my donations it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I have given.

Please notify the charity if you: want to cancel this declaration; change your name or home address; no longer pay sufficient tax on your income and/or capital gains. If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

*Please date and sign below.*

Date ..... Signature .....

## REPORT OF THE TRUSTEES

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31st March 2020. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2015.

### REFERENCE AND ADMINISTRATIVE DETAILS

#### Charity Name

Blackpool Carers Centre Ltd

#### Registered Company number

05633524 (England and Wales)

#### Registered Charity number

1114558

#### Registered office

Blackpool Carers Centre  
Beaverbrooks House  
147 Newton Drive  
Blackpool  
FY3 8LZ

#### Trustees

P Jebb, Chair  
S Lambert, Vice Chair  
D. Capper (appointed 09.09.19)  
A Gilmore, Treasurer  
H Lewis  
J Topping  
C van Deurs Goss (resigned 22.07.20)  
A Ward

#### Company Secretary

Mr T W McMurdo

#### Auditors

TLL Accountants Ltd  
Chartered Accountants  
& Statutory Auditors  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

#### Bankers

HSBC  
Victoria Square  
Thornton Cleveleys  
Lancashire  
FY5 1AY

#### Patrons:

Mr John Barnett DL MBE  
Mrs Danielle Barnett  
Miss Hayley Kay  
Mr Clive Hirst

### KEY MANAGEMENT PERSONNEL

The Trustees delegate responsibility for the day-to-day management of the charity to the following senior employees:

- Nigel McMurdo - Director of Operations
- Faye Atherton - Director of Quality
- Tom McMurdo - Director of Resources
- Michelle Smith - Director of Finance (resigned 31.01.20)

This year has seen the departure of our long serving CEO and latterly Finance Director, Mrs Michelle Smith. Michelle transformed our organisation during her ten years at the helm and we are grateful for her safe and innovative leadership, without which we would simply not be in the position that we are today.

### STRUCTURE, GOVERNANCE AND MANAGEMENT

#### Governing document

The Charitable Company (hereafter referred to as "the Charity") is controlled by its governing document, the Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

#### Recruitment and appointment of new trustees

As set out in the Articles of Association, the board of trustees comprises not less than three trustees but not more than 12 trustees.

The Board is responsible for the recruitment and appointment of new Trustees. Each year a skills audit is undertaken and if gaps are identified, a recruitment process takes place. The recruitment process has been developed in order to attract a diverse group of trustees with appropriate skills, knowledge and experience.

Occasionally potential trustees register an interest in the organisation.

Following this, a meeting is arranged with the Chair and a Director and the trustee is held on a waiting list until an appropriate vacancy arises.

Induction and training of new trustees  
Once a decision has been made to take up a Board position, Trustees receive an induction pack containing the annual report, strategy and business plan and detailed information about the organisation and the personal commitment required. Trustees are invited to visit Beaverbrooks House and shadow workers in order to ensure a detailed understanding of the work carried out.

Each year a Board Development Day is held, when trustees, supported by senior staff, take part in governance training and review the strategy, developing new ideas and learning about each other's roles.

#### Organisational structure

The activities of the organisation are governed by the board of trustees, all of whom are directors. The board has established an Audit and Governance Sub-Committee and a Strategy Sub-Committee.

Board meetings are held quarterly, and a board assurance framework has been established in order to guide the board and sub-committee agenda.

The Treasurer works closely with the finance team to provide assurance to the board around organisational finance.

The board of trustees appoints the Directors who report to the Board on the operational running of the organisation.



## REPORT OF THE TRUSTEES

### Trustees' attendance at board meetings

Trustee	13.05.19	09.09.19	11.11.19	10.02.20	11.05.20
Paul Jebb (Chair)	✓	✓	✓	✓	✓
Sarah Lambert (Vice Chair)	✓	✓	✓	✓	✓
Alison Gilmore (Treasurer)	✓	✓	x	✓	✓
Howard Lewis	✓	x	✓	x	✓
John Topping	✓	✓	✓	✓	✓
Claire Van Deurs Goss	x	x	x	x	x
Tony Ward	✓	✓	✓	✓	✓
Daniel Capper	N/A	✓	✓	✓	x

### Related parties

None of the trustees receives remuneration or other benefits from their work with the charity. Trustees are invited to declare any relevant interests at each board meeting, and formally requested to submit an annual register of interests form.

Blackpool Carers' Centre Ltd is a network partner of Carers Trust.

### Remuneration policy

The board is responsible for considering the remuneration of all staff, taking account of the skills and experience required, as well as the sector norms for charities of this size. Staff pay is reviewed annually by the board of trustees and a full pay review has been conducted with a new salary structure in place.

### Risk management

The board follows a comprehensive risk management policy which clearly defines the roles of the board, audit committee and staff in identifying and managing risks, and how the register of risks should be used as a live document.

The board has a risk matrix to identify all major risks. Each risk is scheduled for attention according to the severity of its potential impact and the Audit and Governance Sub-Committee manages the risk process.

MarkSafety Limited has been employed to manage Health and Safety.

Relationships with funders are maintained and regarded as high priority in order to develop sustainable and diverse funding streams.

### Quality

Blackpool Carers Centre holds the PQASSO Level 2 Quality Mark and is a Carers Trust Centre of Excellence.

## OBJECTIVES AND ACTIVITIES

### Objectives and aims

The Charity's objects as set out in the objects contained in the company's memorandum of association are:

- For the public benefit, to relieve the stresses experienced by carers and the families of people with physical, mental, sensory impairment or substance misuse problems, within the family or home, through the provision of support services and the promotion of the needs of carers on the Fylde Coast and surrounding areas.
- To advance public education concerning carers.
- To undertake any other charitable activity in connection with the above.

### Purpose

The charity has a clear and easily understandable purpose which is to make 'A Better Life for Carers'.

### Public Benefit

The trustees have given careful consideration to the Charity Commission guidance on public benefit in setting its strategy and when planning for the future. The charity

supports carers from age of 5 who live, attend school/college or have a GP in Blackpool. A wide variety of support is offered to carers, families and professionals without charge.

We provide:

- One to one intensive support plans;
- Respite activities including youth clubs, trips and activities- age specific
- Beaverbrooks House as a venue for respite and ad hoc support
- Benefits advice
- School liaison
- Advocacy
- Information and advice
- Volunteering opportunities
- Counselling;
- Dementia training
- Substance Misuse project
- Mental Health support
- Sensory room
- Emergency and small grants
- Whole family support
- Hospital based service
- Magazine

In order to ensure that resources are allocated effectively and to reduce dependency on services, initial assessments identify carers who are in the highest need according to a 'red/amber/green' status. The most complex families receive time limited, intensive packages of support intended to improve the quality of their lives. At the end of the support plan, carers are able to access peer or volunteer led support alongside organised events and activities.

Beaverbrooks House is open 5 days a week from 8.00am to 6.00pm with activities also taking place most weekends. Carers can call into Beaverbrooks House at any time to use facilities, gardens, take part in activities or seek advice and support. By embedding ourselves in our community, we are able to introduce the concept of caring and its potential impact on individuals/ families and educate all our stakeholders in the services that we offer.

## REPORT OF THE TRUSTEES

### Charitable activities

In order to deliver our purpose, we have developed a strategy focusing on four areas and this is reviewed annually.

With the use of an operational plan, we review how our activities have performed against outputs and outcomes. We report on impact and ensure that all planned activities will achieve our purpose. Regular reviews allow trustees to build on the successes and learn when things go wrong in order to feed into a cycle of continuous development.

#### A. Carers - Delivering excellence for carers and their families

We aim to:

- a) Identify hidden carers each year
- b) Deliver excellent carer-led, time-limited and outcome focused support to carers and their families
- c) Be the Single Point of Access for all carers in Blackpool
- d) Increase empathy and understanding of carers within the local community
- e) Provide outstanding respite opportunities to carers of all ages

#### B. People - Developing a high-quality team of staff, volunteers, students and partners and be an employer of choice.

We aim to:

- a) Provide a values driven, performance based culture for our team
- b) Grow our own workforce
- c) Increase our capacity through providing a safe, supportive and stimulating placement for staff, students and volunteers

#### C. Resources - Developing a sustainable future.

We aim to:

- a) Develop and maintain strong relationships with a diverse range of funders and partners, focusing on unrestricted income streams
- b) Develop a sustainable and vibrant carers centre
- c) Achieve net carbon neutrality

### ACHIEVEMENT AND PERFORMANCE

Over 2019/20:

For adult carers:

- 1,218 carers were signposted to partner services;
- 3,102 support sessions were provided;
- 799 adult carers accessed support;
- 573 referrals for support;
- 1,731 respite places provided;
- 233 training places provided for carers caring for those suffering from dementia;
- 209 carers have accessed dementia support;
- 491 face-to-face benefits reviews, applications and appeals;
- £496,928.90 is the total value of benefits that have been accessed for carers.

For young carers:

- 245 referrals for support;
- 588 assessments conducted;
- 1,544 intensive 1:1 sessions provided;
- 1,064 instances of partnership working

For young adult carers

- 414 intensive 1:1 sessions provided;
- 161 young adult carers supported;
- 166 instances of partnership working
- 39 referrals for young adult carer support;
- 97 young adult carers have accessed trips and activities.

Family Focus:

- 244 assessments conducted;
- 976 support sessions held;
- 684 instances of partnership working;
- 163 young people have accessed respite.

### Resources

We are particularly indebted to the many funders who have provided vital support this year. We are indebted to The Beaverbrooks Charitable Trust, who have not only provided Beaverbrooks House at a peppercorn rent for 20 years, but also provide the funding for our Volunteer Coordinator.

In addition to monetary support we have been fortunate to benefit from many pro bono supporters who provide professional guidance and corporate resources.

We very much appreciate the kindness of all our supporters who so generously fundraise and volunteer to make a better life for carers.

#### Passion, Quality, Respect

As part of our commitment to our staff, students and volunteers, we have introduced a values-based performance management system. This has seen the end of annual appraisals with monthly live time feedback, matched against our values.

#### Donations

We make every penny count. For every £1 we spend on fundraising, we bring in £7.58 to support more local carers (2019: £14.90).

### FINANCIAL REVIEW

#### Financial review and reserves

The results of the Group are summarised on the Statement of Financial Activities.

The closing reserves are shown on the Balance Sheet.

The group has reserves of £694,274 at the year end. £30,886 of this total is restricted for specific future costs.

Of the remaining £663,388, £280,000 is a designated fund which represents the net book value (after depreciation) of donated assets received in respect of leasehold improvements during the DIYSOS: BBC Children in Need Big Build in 2016. This leaves a balance of £383,388 constituting free reserves.



## REPORT OF THE TRUSTEES

The Charity's reserves policy is to hold a level of 3-6 months free reserves equating to the unrestricted direct charitable costs for the year. In the year ended 31st March 2020 these costs amounted to £672,649.

The free reserves of £383,388 currently represent around 7 months' worth of those costs.

The Trustees will endeavour to retain this level in the future.

### Investment policy and objectives

The Charity is holding £100,000 in a deposit Bond for safekeeping.

### Future Developments

During 2020 we will be focusing on:

- developing our work to reduce the impact of loneliness with our most isolated carers by seeking ways to remove barriers to accessing work, professional support and friendships;
- identifying more carers at an early stage in their caring role by improving our external communications with professionals, families, businesses and the public generally;
- improving the financial position of carers by increasing provision of benefits advice;
- securing long term funding for parental mental ill health and substance misuse support

Importantly, as the Health and Social Care landscape shifts, we will develop new ways of working that align with the priorities of our statutory partners.

### OUR FUNDRAISING PRACTICE

Blackpool Carers Centre Ltd has moved away from a heavy reliance on statutory funding from the local authority. Instead, the Charity is developing and widening its income streams to ensure a sustainable future.

Our approach to fundraising is based on building and maintaining key relationships. We take this approach seriously, ensuring that donors feel fully involved in our work and able to

see clearly why their donations are making a better life for carers. Whilst we accept single donations, we do not actively seek them. Our best fundraisers are the service delivery team who deliver excellence in their daily work.

Passionate, committed donors who understand the value of unpaid carers will often become our ambassadors. We aim to connect with donors and help them to understand why donations are important and how their money will be used. We offer our donors choice and focus on the impact of their donations. We consult with donors regularly. Many donors accept recognition whereas some of our donors request anonymity.

Our Head of Fundraising holds the MInstF (Cert) qualification from the Institute of Fundraising (IoF). We have subscribed to the IoF's Code of Fundraising Practice and pro-actively adhere to the code by training all staff and volunteers in its contents.

As a result of our relationship approach, we do not approach individuals for donations and we have not received any fundraising complaints. There is a clear process to deal with complaints.

### GOING CONCERN

The accounts are prepared on a going concern basis, which the Trustees consider to be appropriate having considered the foreseeable future. The Charitable Company holds reserves which are sufficiently in line with its reserves policy.

### MEASURING PERFORMANCE

The charity employs a number of tools to measure the performance of each of its projects. All carers across the service receive a pre and post intervention assessment, enabling a measure to be taken of the impact achieved by each project, both collectively and individually with carers and their families.

Quantitative information is generated through each contact made, with a range of key performance indicators, including referral numbers, instances of 1:1 support and activity attendances, all being regularly assessed to ensure quality throughout the service. Qualitative information, most frequently communicated through case studies, is used to give a holistic picture of a case, both internally to measure performance and externally to inform our partners.

### EMPLOYMENT POLICY

The charity's policy is to promote equality of opportunity to all in employment and throughout the selection process, irrespective of their gender, race, ethnic origin, disability, age, nationality, sexuality, marital status and social class. Blackpool Carers oppose all forms of unlawful and unfair discrimination.

All employees, students and volunteers are treated fairly and equally. Selection for employment, promotion, training and any other benefits is on the basis of aptitude and ability. All employees are helped and encouraged to further develop to their full potential and the talents and the resources of the workforce are fully utilised to maximise the efficiency of the organisation.

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Blackpool Carers Centre Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

### AUDITORS

The auditors, TLL Accountants Ltd will be proposed for re-appointment at the forthcoming Annual General Meeting.

ON BEHALF OF THE BOARD:



A Gilmore - Trustee  
9th November 2020



T W McMurdo - Secretary  
9th November 2020



## REPORT OF THE INDEPENDENT AUDITORS

### Opinion

We have audited the financial statements of Blackpool Carers Centre Limited (the 'parent company') and its subsidiaries (the 'group') for the year ended 31st March 2020 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and of the parent company's affairs as at 31st March 2020 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent company, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

### Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern,

## REPORT OF THE INDEPENDENT AUDITORS

disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance; but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

### Use of our report

This report is made solely to the Charitable company's / Group's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's / Group's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charitable Company/Group and the Charitable Company's / Group's members as a body, for our audit work, for this report, or for the opinions we have formed.



P Buck FCA,DChA (Senior Statutory Auditor)  
for and on behalf of TLL Accountants Ltd  
Chartered Accountants  
& Statutory Auditors  
7-9 Station Road  
Hesketh Bank  
Preston  
Lancashire  
PR4 6SN

Date: 9th November 2020



# CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31st March 2020 (incorporating income and expenditure account)

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	99,256	527,397	626,653	660,918
<b>Charitable activities</b>					
Direct charitable activities	5	386,193	3,000	389,193	384,495
Other trading activities	3	177,200	-	177,200	163,190
Investment income	4	2,341	-	2,341	1,733
Total		664,990	530,397	1,195,387	1,210,336
<b>EXPENDITURE ON</b>					
Raising funds	6	76,983	134	77,117	64,134
<b>Charitable activities</b>					
Direct charitable activities	7	672,649	363,304	1,035,953	1,075,851
Total		749,632	363,438	1,113,070	1,139,985
<b>NET INCOME BEFORE TRANSFERS</b>		(84,642)	166,959	82,317	70,351
<b>Gross transfers between funds</b>	19	177,983	(177,983)	-	-
<b>NET INCOME</b>		93,341	(11,024)	82,317	70,351
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		570,047	41,910	611,957	541,606
<b>TOTAL FUNDS CARRIED FORWARD</b>		663,388	30,886	694,274	611,957

The consolidated figures above include the results of the Charity which had income for the year of £1,173,676 (2019: £1,163,206) and a net surplus of £81,596 (2019: £69,507).

The Statement of Financial Activities includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

## BALANCE SHEETS

as at 31st March 2020

		Consolidated		Charity	
		2020	2019	2020	2019
		Group	Group	Charity	Charity
	Notes	£	£	£	£
<b>FIXED ASSETS</b>					
Tangible assets	14	360,630	343,600	355,949	342,945
Investments	15	-	-	100	100
		<u>360,630</u>	<u>343,600</u>	<u>356,049</u>	<u>343,045</u>
<b>CURRENT ASSETS</b>					
Stock - raw materials		2,017	4,066	2,017	3,678
Debtors	16	64,547	30,750	97,708	58,918
Investments	17	340,553	439,359	340,553	439,359
Cash at bank		83,361	48,608	46,817	17,518
		<u>490,478</u>	<u>522,783</u>	<u>487,095</u>	<u>519,473</u>
<b>CREDITORS</b>					
Amounts falling due within one year	18	(156,834)	(254,426)	(151,047)	(252,016)
<b>NET CURRENT ASSETS</b>					
		<u>333,644</u>	<u>268,357</u>	<u>336,048</u>	<u>267,457</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
		694,274	611,957	692,097	610,502
<b>NET ASSETS</b>					
		<u>694,274</u>	<u>611,957</u>	<u>692,097</u>	<u>610,502</u>
<b>FUNDS</b>					
19					
Unrestricted funds:					
General fund		383,388	272,547	381,211	271,092
Designated fund – leasehold improvements donated*		280,000	297,500	280,000	297,500
		<u>663,388</u>	<u>570,047</u>	<u>661,211</u>	<u>568,592</u>
Restricted funds:					
Restricted fund		-	-	-	-
Restricted fund - Capital Appeal		30,886	41,910	30,886	41,910
		<u>30,886</u>	<u>41,910</u>	<u>30,886</u>	<u>41,910</u>
<b>TOTAL FUNDS</b>					
		<u>694,274</u>	<u>611,957</u>	<u>692,097</u>	<u>610,502</u>

\*The designated fund represents the net book value (after depreciation) of donated assets received in respect of leasehold improvements. This does not represent available liquid resources.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Board of Trustees on 9th November 2020 and were signed on its behalf by:

.....  
A Gilmore –Trustee

Registered Company Number: 05633524 (England and Wales); Charity Number: 1114558



## CASH FLOW STATEMENT

for the year ended 31st March 2020

	Notes	2020 £	2019 £
<b>Cash flows from operating activities:</b>			
Cash generated from operations	1	(11,185)	76,157
<b>Net cash provided by (used in) operating activities</b>		<u>(11,185)</u>	<u>76,157</u>
<b>Cash flows from investing activities:</b>			
Purchase of tangible fixed assets		(55,209)	(2,549)
Disposal of tangible fixed assets		-	-
Interest received		2,341	1,733
<b>Net cash provided by (used in) investing activities</b>		<u>(52,868)</u>	<u>(816)</u>
<b>Change in cash and cash equivalents in the reporting period</b>		(64,053)	75,341
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>487,967</u>	<u>412,626</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u><u>423,914</u></u>	<u><u>487,967</u></u>

## NOTES TO THE CASH FLOW STATEMENT

for the year ended 31st March 2020

### 1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2020 £	2019 £
<b>Net income for the reporting period (as per the statement of financial activities)</b>	82,317	70,351
<b>Adjustments for:</b>		
Depreciation charges	38,179	32,456
Interest received	(2,341)	(1,733)
Decrease (Increase) in stocks	2,049	(3,589)
(Increase) in debtors	(33,797)	31,265
Increase/(Decrease) in creditors	(97,592)	(52,593)
	<hr/>	<hr/>
<b>Net cash provided by (used in) operating activities</b>	<u>(11,185)</u>	<u>76,157</u>



# NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

## 1. ACCOUNTING POLICIES

### Basis of preparing the financial statements

The financial statements of the charitable company have been prepared in accordance with the Charities SORP (FRS102) 'Accounting and Reporting by Charities: Statement of Recommended Practice and the Companies Act 2006. The financial statements have been prepared under the historical cost convention with the exception of investments which are included at market value.

### Group Financial Statements

These Financial Statements consolidate the results of the charity, and its subsidiary: Blackpool Carers Centre Trading Limited on a line by line basis. Details of the relationship between these entities are included in the notes to the Financial Statements.

### Income

All income is recognised in the Statement of Financial Activities once the charity has legal entitlement to the funds, it is possible that the income will be received and the amount can be measured reliably.

Grants are credited to income (voluntary income; where no conditions are attached) as they are received except where there is confirmation from the donor that these should be deferred, to be matched against future costs.

### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Grants offered subject to conditions which have not been met at the year end date are noted as a commitment but not accrued as expenditure.

### Allocation and apportionment of costs

#### Support costs

There is only one charitable activity heading, and a very small proportion of charitable activities are attributed to fund raising, therefore to reallocate support costs to this heading would be meaningless and the figures involved immaterial.

Only costs formerly included in governance are shown as support costs and allocated to charitable activities. Since there is only one charitable activity heading, all costs are included there.

### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Leasehold improvements	- 5% straight line over the life of the lease
Plant and machinery	- 25% on reducing balance
Fixtures and fittings	- 25% on reducing balance
Motor vehicles	- 25% on reducing balance

### Taxation

The charity is exempt from corporation tax on its charitable activities.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

# NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

## Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## Donated assets and services

In accordance with the Charity SORP, donated services are included in the accounts at the value they would have otherwise have been if paid for by a customer. Donated goods are included at the cost to the donor. The resulting amount is shown within donation income on the Statement of Financial Activities, with a corresponding cost heading within charitable activities. Items that would normally be capitalised are included as fixed assets and depreciated over the life of the asset as noted above. The value of volunteer labour is not included within the Accounts except as a narrative note valued by taking the amount of time given multiplied by a reasonable rate per hour (such as national minimum wage). Goods donated for re-sale, especially those that are difficult to place a value on, are not included within the accounts (as income or stock) until the items are sold when the price sold for is recorded as income.

## Investments

Investments are shown at market value.

## Stock

Stocks are included at the lower of cost and net realisable value.

## 2. DONATIONS AND LEGACIES – Charity and Group

	2020	2019
	£	£
Donations	24,830	25,219
Grants	571,168	602,428
Donated services	30,655	33,271
	<hr/>	<hr/>
	626,653	660,918



## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

Grants received, included in the above, are as follows:

	2020 £	2019 £
Beaverbrooks Charitable Trust	25,000	16,667
Big Lottery Fund - Family Focus	119,261	118,475
Big Lottery Fund - Hand in Hand	30,125	75,928
Blackpool CCG - Connect 5	25,000	18,333
Blackpool Council - Headstart	8,334	16,666
Blackpool Council – Managing Challenging Behaviour	25,770	25,770
Carers Trust - Dementia	9,000	9,000
Carers Trust – Inspiring Change	2,000	-
Carers Trust - Mental Health Fund	-	419
Carers Trust- My Mental Health	-	7,500
Carers Trust - Young Carers in Schools	3,060	4,000
Children in Need	50,700	49,702
Children in Need - Activity Fund	9,925	4,116
Eric Wright Charitable Trust	20,000	20,000
Esmee Fairbairn Foundation	6,667	33,000
Games Aid	-	14,000
Henry Smith Charity	5,361	31,389
Individual grants	17,427	10,597
Lancashire Mind - Time to Change	-	280
Lloyds Bank Foundation	10,299	24,718
NHS Transition Fund	-	10,000
People's Postcode Lottery	-	14,821
Progress Recruitment	6,272	8,728
The Rank Foundation – Business Development	25,000	28,750
The Rank Foundation – Community Action Placement	150	-
The Rank Foundation – Profit for Good	5,353	-
The Rank Foundation - Rank Aspire Programme	6,000	19,083
The Rank Foundation - Time to Shine	-	15,154
The Screwfix Foundation	-	4,999
Spirit – Bang the Drum	91,964	-
Tudor Trust	37,500	20,000
Vera Wolstencroft Trust – Sensory Room	26,000	-
West Lancashire Freemason's Charity	5,000	-
	<u>571,168</u>	<u>602,428</u>

# NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

## 3. OTHER TRADING ACTIVITIES

	2020 £	2019 £
Fundraising and events – charity	130,842	90,060
Charity shops and trading – subsidiary	46,358	73,130
	<u>177,200</u>	<u>163,190</u>

## 4. INVESTMENT INCOME – Charity & Group

	2020 £	2019 £
Deposit account interest	2,341	1,633
Interest receivable – trading	-	100
	<u>2,341</u>	<u>1,733</u>

## 5. INCOME FROM CHARITABLE ACTIVITIES – Charity & Group

	Activity	2020 £	2019 £
Social work, student placements	Direct charitable activities	21,948	28,482
Contract income	Direct charitable activities	336,000	336,000
Support services	Direct charitable activities	31,245	20,013
		<u>389,193</u>	<u>384,495</u>
		2020 £	2019 £

Grants received, included in the above, are as follows:

Blackpool CCG - Adult Carers' Support	188,000	188,000
Blackpool CCG - Carers Break and Relief Fund	10,000	10,000
Blackpool CCG - Dementia Support	75,000	75,000
Blackpool CCG – Young Carers' Support	63,000	63,000
	<u>336,000</u>	<u>336,000</u>

## 6. RAISING FUNDS – Charity & Group

	2020 £	2019 £
Fundraising costs – Charity	56,127	17,848
Charity shops and trading – subsidiary	20,990	46,286
	<u>77,117</u>	<u>64,134</u>

## 7. CHARITABLE ACTIVITIES COSTS – Charity & Group

	Direct costs £	Grant funding of activities (see note 8) £	Support costs (see note 9) £	Totals £
Direct charitable activities	<u>1,007,265</u>	<u>19,693</u>	<u>8,995</u>	<u>1,035,953</u>



## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

### 8. GRANTS PAYABLE - Charity & Group

Grants paid to individuals amount to £19,693 (2019: £11,736).

### 9. SUPPORT COSTS - Group

	Governance costs £
Direct charitable activities – Charity	8,995

### 10. NET INCOME/(EXPENDITURE) - Group

Net income/(expenditure) is stated after charging/(crediting):

	2020 £	2019 £
Auditors' remuneration – charity	6,900	5,100
Accountancy fees – subsidiary	1,140	900
Depreciation – owned assets	20,678	14,865
Depreciation – donated assets	17,500	17,500

### 11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor for the year ended 31 March 2019.

#### Trustees' expenses

There were no trustees' expenses (2019: £36) in the year ended 31 March 2020.

### 12. STAFF COSTS – Charity & Group

	2020 £	2019 £
Wages and salaries	687,399	766,778
Social security costs	50,643	58,142
Other pension costs	18,103	22,950
	<u>756,145</u>	<u>847,870</u>

The average monthly number of employees during the year was as follows:

	2020 £	2019 £
Charity	30	33
Subsidiary	1	2
Group total	<u>35</u>	<u>35</u>

The key management personnel of the Charity are noted in the Trustees Report. The total employee benefits of the key management personnel of the Charity were £161,080 (2019: £183,740).

No member of staff was paid more than £60,000 during the year (being the reportable limit specified by the Charity Commission).

There are pension contributions outstanding at the balance sheet date of £0 (2019: £2).

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

### 13. GRANT INCOME IN ADVANCE - Charity (note 18)

	As at 1/4/19 £	Movement £	As at 31/3/20 £
Big Lottery Fund - Family Focus	48,874	3,927	52,801
Big Lottery Fund - Hand in Hand	11,079	(11,079)	-
Blackpool Council - Headstart	8,334	(8,334)	-
Carers Trust - Dementia	9,000	(9,000)	-
Carers Trust – Inspiring Change	-	4,751	4,751
Children in Need	8,299	181	8,480
Children in Need – Activities Fund	5,762	(5,762)	-
Eric Wright Charitable Trust	15,000	-	15,000
Esmee Fairbairn Foundation	6,667	(6,667)	-
Henry Smith	5,361	(5,361)	-
Lloyds Bank Foundation	10,299	(10,299)	-
Progress Recruitment	6,272	(6,272)	-
The Rank Foundation - Business Development	18,750	-	18,750
The Rank Foundation - Rank Aspire Programme	6,000	(6,000)	-
Tudor Trust	37,500	-	37,500
West Lancashire Freemason's Charity	5,000	(5,000)	-
	<u>202,197</u>	<u>(64,915)</u>	<u>137,282</u>
Group total	<u>203,547</u>	<u>(61,618)</u>	<u>141,929</u>



## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

### 14a) TANGIBLE FIXED ASSETS - Group

	Leasehold Improvements (Donated) £	Improve- ments Property £	Plant to Machinery £	Fixtures and Fittings £	Vehicles £	Totals £
<b>COST</b>						
At 1st April 2019	350,000	968	96,035	19,703	32,335	499,041
Additions	-	3,378	21,544	30,287	-	55,209
At 31st March 2020	350,000	4,346	117,579	49,990	32,335	554,250
<b>DEPRECIATION</b>						
At 1st April 2019	52,500	313	69,615	9,607	23,406	155,441
Charge for year	17,500	586	9,073	8,788	2,232	38,178
At 31st March 2020	70,000	899	78,688	18,395	25,638	193,619
<b>NET BOOK VALUE</b>						
At 31st March 2020	280,000	3,447	38,891	31,595	6,697	360,630
At 31st March 2019	297,500	655	26,420	10,096	8,929	343,600

### 14b) TANGIBLE FIXED ASSETS - Charity

	Leasehold Improvements (Donated) £	Plant and Machinery £	Fixtures and Fittings £	Motor Vehicle £	Totals £
<b>COST</b>					
At 1st April 2019	350,000	96,035	19,703	32,335	498,073
Additions	-	21,544	28,842	-	50,386
At 31st March 2020	350,000	117,579	48,545	32,335	548,459
<b>DEPRECIATION</b>					
At 1st April 2019	52,500	69,615	9,607	23,406	155,128
Charge for year	17,500	9,074	8,576	2,232	37,382
At 31st March 2020	70,000	78,689	18,183	25,638	192,510
<b>NET BOOK VALUE</b>					
At 31st March 2020	280,000	38,891	30,361	6,697	355,949
At 31st March 2019	297,500	26,420	10,096	8,929	342,945

# NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

## 15. SUBSIDIARY COMPANY

The Charity has one trading subsidiary: Blackpool Carers Centre Trading Ltd, a company incorporated in England and Wales which is consolidated into the results of the Charity. The Charity owns the entire share capital of the trading subsidiary, being 100 £1 ordinary shares.

The audited Financial Statements of Blackpool Carers Centre Trading Ltd for the year ended 31st March 2020 are filed with the Registrar of Companies. A summary of the trading results of Blackpool Carers Centre Trading Ltd are shown below:

	2020 £
Turnover	51,711
Cost of sales	(15,246)
Gross profit	36,465
Establishment costs	(30,000)
Administrative and finance costs	(4,947)
Depreciation	(796)
Net Profit for the year	722

The aggregate of assets, liabilities and reserves is:	2020 £
Fixed Assets	4,681
Current Assets	38,361
Current Liabilities	(40,765)
Total reserves	2,277

## 16. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Group		Charity	
	2020 £	2019 £	2020 £	2019 £
Trade debtors	38,389	12,334	36,563	10,749
Inter company account	-	-	34,987	29,797
Other debtors	8,584	1,675	8,584	1,675
Prepayments	17,574	16,741	17,574	16,697
	64,547	30,750	97,708	58,918



## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

### 17. CURRENT ASSET INVESTMENTS

	Group		Charity	
	2020	2019	2020	2019
	£	£	£	£
Unlisted investments – bonds and deposits	340,553	439,359	340,553	439,359

### 18. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	Group		Charity	
	2020	2019	2020	2019
	£	£	£	£
Trade creditors	3,985	17,350	3,985	17,190
Social security and other taxes	-	14,847	-	14,847
Accruals and deferred income (note 13)	141,929	203,547	137,282	202,197
Accrued expenses	10,920	18,682	9,780	17,782
	<u>156,834</u>	<u>254,426</u>	<u>151,047</u>	<u>252,016</u>

### 19. MOVEMENT IN FUNDS – Charity & Group

	At 1.4.19	Net movement in funds	Transfers between funds	At 31.3.20
	£	£	£	£
<b>Unrestricted funds</b>				
Designated fund – Charity	297,500	-	(17,500)	280,000
General fund – Charity	271,092	(110,009)	190,128	351,211
General fund – Subsidiary	1,455	30,722	-	32,177
	<u>570,047</u>	<u>(79,287)</u>	<u>172,628</u>	<u>663,388</u>
<b>Restricted funds</b>				
Restricted fund – Charity & Group	<u>41,910</u>	<u>161,604</u>	<u>(172,628)</u>	<u>30,886</u>
<b>TOTAL FUNDS</b>	<u>611,957</u>	<u>82,317</u>	<u>-</u>	<u>694,274</u>

Analysis of net assets between funds: Group

	Restricted funds	Unrestricted funds	Total 2020
	£	£	£
Fixed Assets	-	360,630	360,630
Current Assets	30,886	464,570	495,456
Current Liabilities	-	(161,812)	(161,812)
Net Assets	<u>30,886</u>	<u>663,488</u>	<u>694,274</u>

## NOTES TO THE FINANCIAL STATEMENTS

for the year ended 31st March 2020

### 19. MOVEMENT IN FUNDS - Charity & Group - Continued

Analysis of net assets between funds: Charity

	Restricted funds £	Unrestricted funds £	Total 2020 £
Fixed Assets and Investments	-	356,049	356,049
Current Assets	30,886	426,209	457,095
Current Liabilities	-	(151,047)	(151,047)
Net Assets	<u>30,886</u>	<u>631,211</u>	<u>662,097</u>

The designated fund relates to leasehold improvement assets that were donated (as described on the Statement of Financial Activities and Balance Sheet) which are depreciated over the life of the lease. These do not therefore represent available liquid resources.

The restricted fund balance is made up of a number of grant balances on specific projects which will be expended in the coming year.

The transfer from restricted funds to unrestricted funds represents costs incurred in head office and central activities relating to restricted projects which have been re-charged by way of a management recharge.

### 20. RELATED PARTY DISCLOSURES

During the year the charity incurred net income totalling £5,181 in relation to the trading subsidiary. The balance owed to the trading subsidiary at the year end, and shown within debtors is £34,978 (2019: £29,797).

### 21. DONATED SERVICES AND FACILITIES

The figure recognised as income/expenditure relating to donated services and facilities may be summarised as follows:

	£
Use of facilities at Blackpool Sandcastle Centre	1,464
Annual Ball prizes donated	6,884
General donations	2,307
Notional annual rent- Beaverbrooks House	<u>20,000</u>
	30,655



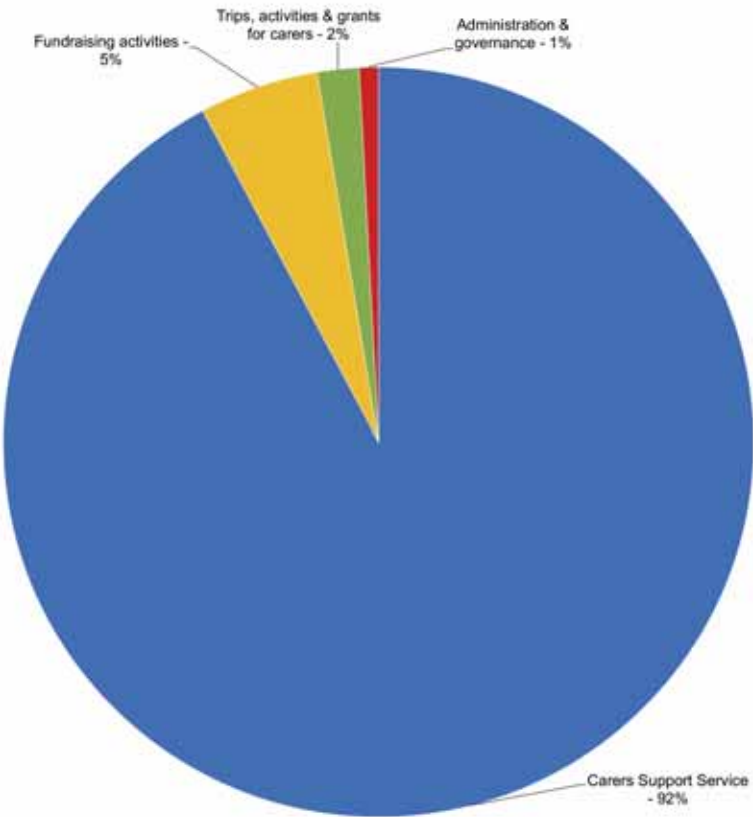
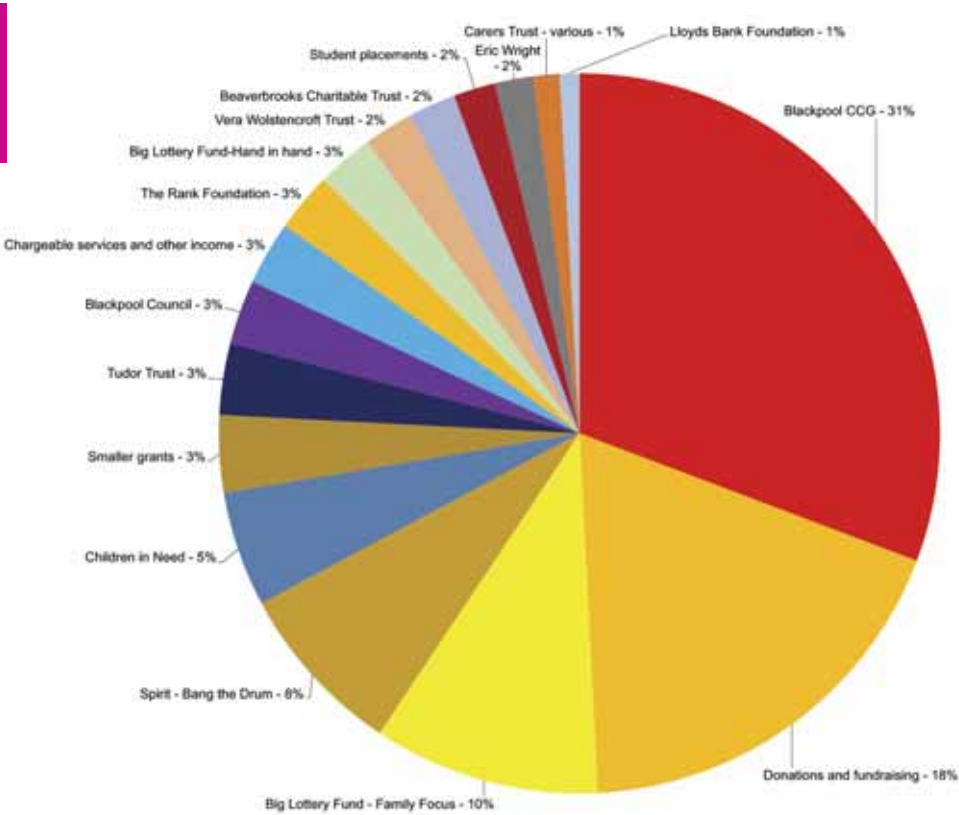
## CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES

Comparative figures for the year ended 31st March 2019

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	109,801	551,117	660,918
<b>Charitable activities</b>			
Direct charitable activities	382,495	2,000	384,495
Other trading activities	163,190	-	163,190
Investment income	1,733	-	1,733
<b>Total</b>	<b>657,219</b>	<b>553,117</b>	<b>1,210,336</b>
<b>EXPENDITURE ON</b>			
Raising funds	64,134	-	64,134
<b>Charitable activities</b>			
Direct charitable activities	656,698	419,153	1,075,851
<b>Total</b>	<b>720,832</b>	<b>419,153</b>	<b>1,139,985</b>
<b>NET INCOME BEFORE TRANSFERS</b>	<b>(63,613)</b>	<b>133,964</b>	<b>70,351</b>
<b>Gross transfers between funds</b>	<b>124,325</b>	<b>(124,325)</b>	<b>-</b>
<b>NET INCOME</b>	<b>60,712</b>	<b>9,639</b>	<b>70,351</b>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	<b>509,335</b>	<b>32,271</b>	<b>541,606</b>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<b>570,047</b>	<b>41,910</b>	<b>611,957</b>

CHARITY INCOME AND EXPENDITURE

INCOME  
£1,173,676



EXPENDITURE  
£1,092,080





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to give £5\*

\*Texts charged at your standard network rate

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## Blackpool Carers Centre

*Quality • Passion • Respect*

Charity No. 1114558

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