

Rotherham Abuse Counselling Service



Financial statements

For the year ended 31 March 2020

Registered charity number: 1175142



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Rotherham Abuse Counselling Service
Legal and administrative information

Committee

Chair	Faye Batho
Vice Chair	Catherine Cooper
Treasurer	Laraine Bisby
	Tahera Lockhandwala - resigned May 2019
	Wendy Peake
	Eileen Brookes
	Alexa Wortley
	Jacqueline Rigby

Service Manager Angela Toulson

Date of registration 12th October 2017

Registered Office 38 Moorgate Road
Rotherham
South Yorkshire
S60 2AG

Registered charity number 1175142

Bankers Unity Trust Bank
Nine Brindley Place
Birmingham
B1 2HB

Independent Examiner Faye Hazlehurst FMAAT
Voluntary Action Rotherham
Community Accountancy
The Spectrum
Coke Hill
Rotherham
S60 2HX

**Rotherham Abuse Counselling Service
Trustees' annual report
for the year ended 31 March 2020**

Objectives and activities

The charity's objectives are:

- 1) To preserve and protect the physical and mental health of individuals in Rotherham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment. In particular, but not exclusively by the following means:
 - a) The provision of a confidential face to face and telephone counselling service
 - b) By referring with permission those clients needing help of a more specialist nature.
- 2) To advance the education of the public in the subject of sexual abuse and undertake research and disseminate the results to the public.
- 3) 3) Nothing in this constitution shall authorise an application of the property of the CIO for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 or section 2 of the Charities Act (Northern Ireland) 2008.

Structure, governance and management

The charity is a charitable incorporated organisation formed on 12 October 2017. The charity is managed by a board of trustees, who are responsible for ensuring financial stability and providing professional and strategic advice on policy and resource management.

To manage this a subgroup and responsibilities structure is in place with three decision making sub groups: finance, communications and working differently, each bounded by their own terms of reference for group members. Terms of reference provide clear levels of responsibility for each group and reporting mechanisms to full board. Minutes of each meeting are recorded and made available for all members to access.

In addition to membership of a sub group, a number of trustees oversee key areas of the charity, namely health and safety and safeguarding. Annually the trustee representing this area audits the service to ensure compliance and meeting of legal requirements.

Trustees have seen the resignation of one board member Tahera Lokhandwala in this period and formal appointment of Faye Batho as Chair after initially working in an acting role after the sad death of former Chair Nick Arkle.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Structure, governance and management continued

The trustees are appointed in accordance with the terms of the Articles of Association. Trustees can be nominated at the annual general meeting or co-opted during the year by the board for their special skills or expertise. None of the trustees have any beneficial interest in the charity. The trustees are responsible for the overall management and control of the charity and receive regular reports from staff and managers. All matters and powers of strategic management and control are vested in the board. The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Chair's report

As the Vice Chair for this report period, I am proud to support the hard work and strengths of all the staff, volunteers and committee members. 2019/2020 saw Rothacs enter its second full year as a registered charity and despite the challenges we face going into the year ahead coping with a worldwide pandemic Covid-19 we look forward to developing further and adapting the way we work.

None of this would be possible without the support of the local and national organisations and individuals who give both financial and practical support to Rothacs and to who we remain very grateful.

Organisation and Management

Rothacs continues to work as a Charitable Incorporated Organisation governed by its constitution with regular meetings of the Board of Trustees, supporting and supported by the Senior Management Team and supplemented by subcommittees.

Our Mission

To help survivors of sexual, physical or mental abuse and domestic violence (living or working in Rotherham) to fulfil their potential and lead happier and healthier lives.

We aim to provide free accessible therapeutic counselling to adults and young people aged 13 and over who have suffered sexual or domestic abuse, alongside more general support, onward referral where appropriate and develop wider awareness with the public and other organisations.

Activities

Demand for the service continues and the organisation has to constantly review where funding might be sourced to support this. This year we have delivered our service via a number of platforms, they are:

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Activities continued

- Face to face, 1 to 1 therapeutic counselling delivered in our office premises for anyone aged 13+. Rotherham offers a maximum of 20 counselling sessions in a safe space for clients to identify, explore and find strategies to cope with the issues causing them distress. This time is spent developing new coping strategies with the client gaining insights and confidence building to make independent choices and move forward in their recovery journey.
- Women's group sessions – This group provides an opportunity to explore issues in a supportive, confidential environment. We recognise this type of therapy is not for everyone, therefore specific assessments are completed before this is offered. However for some, being part of a group of women who have had similar experiences can help overcome feelings of isolation. The group is safe and supported and facilitated by our specialist group therapy trained counsellors.
- Men's group sessions – The men's group is a facilitated space where male survivors meet weekly with other survivors in a safe, supportive environment free of judgement and blame. The group aims to support men to improve their physical, emotional and social wellbeing and an opportunity to address areas male victims in particular find difficult to manage. These include building confidence, resolving conflict, improving communication skills, sharing experiences with other men, managing emotions effectively and increasing levels of self-esteem and confidence. We know this group is not for everyone, therefore specific assessments take place before participation. However we find being part of a male group offers the opportunity to see other men being open to sharing these feelings and this can be encouraging. Showing emotion is a strength and not a weakness.
- Pre therapy course – this 6-week course is for women aged 17+ who may benefit from additional support prior to entering counselling. We recognise counselling can be stressful and people respond in many different ways. This course is designed to support the preparation to enter counselling and develop coping strategies and is an extra support whilst on our waiting list for one-to-one therapy.
- Drop in sessions - Drop in is an informal peer support group aimed at increasing confidence, sharing members' knowledge and skills and expanding their social network.

In addition to counselling we also deliver Rotherham's Independent Sexual Violence Advocate (ISVA) Service, funded by the Police and Crime Commissioner, and are part of the South Yorkshire ISVA Consortium.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Activities continued

The ISVA worker supports victims to make an informed decision on whether they want to report the incident(s) to the police. If they decide not to report the matter, they can still access the service. If a victim does decide to report the matter, the ISVA worker will help them through the whole process, including working with the police and the rest of the criminal justice system. ISVAs advocate on behalf of someone who has been a victim of sexual violence, independently supporting them to access the services they need depending on their choice of action.

This year the Trauma Resilience Service (TRS) funded by the Stovewood Project via RDASH is now well established although, as it is inevitably reaching capacity, it will need expansion or incorporation into other services.

We are grateful to the financial contributions from National Lottery, RMBC, MOJ, Stovewood, Henry Smith, Tudor Trust, Brelms, Royal London and donations including that from the Lord Scarborough. Unfortunately, the recurrent donations from Henry Smith and the Tudor Trust have now come to an end and as we have only one more year of National Lottery Funding we are actively seeking new funding.

This year we were proud to be chosen as the Charity of the Year by Make Your Mark and are using Mark Smith's experience and expertise to facilitate improvements in the functioning of our board.

Our external communication became a focus this year raising our profile on new social media platforms with a new Facebook, Twitter and Instagram accounts alongside a new website developed by Ronan Smith, supported by his company Creativefive and our board member Eileen Brookes, which we are delighted to have now launched.

Staff and Volunteers

All team members have continued to work flexibly to provide both extended hours of work and safety in the premises. Angela Toulson is now successfully embedded in her role as Executive Officer and our Senior Management Team continue to work with other agencies in South Yorkshire.

We have inevitably experienced changes as staff move on to new posts. Some of these posts have been absorbed into more efficient office working and some are to be re-advertised although continued uncertainty over future funding preventing employment of as many permanent staff as we would like. In the mean time we have been ably supported by bank staff, volunteers and placement workers.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Going Forward

Following the resignation of our chair Faye Batho in May 2020 I have taken over the role and hope to continue to support the organisation in the best way I can along with the rest of the board members. Alexa Wortley has taken over the role of Secretary into the 2020/2021 period.

Covid 19 has caused great changes in how we can and will work going forward, how we manage our budgets and of course manage health and safety of our staff and clients accessing the service but so far staff have been very adaptable and we have made significant moves forward in our service delivery.

Although some services have inevitably had to change due to Covid-19 risks we have adapted our service quickly by delivering support on line and over the phone. This will continue as we begin to manage our new service delivery and adapt to the 'new normal' the country faces.

We are grateful to have received grants from NHS, MOJ, PCC and Tudor Trust to help with the changes necessitated by Covid-19, both setting up remote working and making the premises suitable for a safe return to work in the near future.

Sadly Covid-19 has also meant that we have been unable to use the bank and volunteer staff as we did and this, along with the time setting up the remote service, has resulted in loss of counselling sessions. We have now recruited a new counsellor and with the imminent return to onsite working more bank staff will be brought in to rectify the deficit.

We envisage yet greater demand for support for those who have suffered abuse following our period of lockdown but remain positive that we can continue to move forward, secure funding and develop the service and are heartened by the support of all who contribute as well as the courage of those who use our service.

Catherine Cooper

Chair of the board

Rotherham Abuse Counselling Service (Rothacs)

Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020

Basis and Value

The trustees review our aims and objectives each year looking at what we achieved and the outcomes of our work throughout the year. The board has considered the success of each key activity and the benefits they have brought to those groups of people we are set up to help. Particularly this has been evidenced through the use of an outcome framework which uses evidence-based tools such as PHQ and bespoke methods.

The review also helps us ensure our aims, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set and submit the following report and accounts for the accounting period ending 31st March 2020.

Staff and Volunteers

The trustees would like to acknowledge and thank all the commitment and care that has been given by staff, students, bank staff and volunteers during this year. None of what follows would have been possible without their efforts.

This year saw the development of the newly appointed management team, formed late in the previous financial year. Working closely with the Board of Trustees, the management team consisting of Executive Officer Angela Toulson and Clinical Lead Gaynor Smith with the support of Senior Counsellor Julie Green and Senior Administrator Rebecca Langstaff have led Rothacs service delivery.

At the end of the financial year – 31.03.2020 Rothacs delivery team consisted of:

- 1 executive officer
- 1 clinical lead
- 1 senior counsellor
- 1 senior administrator
- 3 employed counsellors
- 4 bank counsellors
- 6 qualified volunteers
- 5 placement counsellors

We also have:

- 2 ISVAS
- 1 ISVA support worker
- 1 finance officer
- 1 volunteer drop in group worker
- 1 volunteer administrator

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Basis and Value continued

In addition, Rothacs saw the following team members leave Rothacs for their own personal development:

- 2 employed counsellors
- 5 bank counsellors
- 5 qualified volunteers

Activities for the Public Benefit

The trustees can confirm that they have complied with the duty in Section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission in reporting on how we are achieving our charitable objects.

This report outlines our key achievements and the challenges we continue to face as a small charity.

Throughout 2019-2020, Rotherham Abuse Counselling Service (Rothacs) has continued to provide free specialist therapeutic counselling support for women, men and young people aged 13 and over who have experienced abuse. We help people rebuild their lives after rape, sexual or domestic abuse, honour-based violence and child sexual exploitation (CSE). In addition Rothacs has delivered a parallel service for the Independent Sexual Violence Advocates (ISVA) across a South Yorkshire Partnership supporting victims of sexual abuse navigate their way through the criminal justice system.

In the past year Rotherham Abuse Counselling Service has received 700 counselling referrals, delivered 2826 counselling sessions and delivered an additional 364 assessments. In addition, our ISVA service received 327 referrals and have made contact with 429 clients to support them through their recovery journey.

The demand for our service continues to grow and our waiting times over the year has remained at high level due to demand levels exceeding funding availability. We are constantly addressing this issue and at the end of the financial year have secured further funding to continue to deliver this high level of service.

Throughout the year our 'Working Differently' group investigated ways to adapt service delivery to create further efficiencies, streamline our services and address inappropriate referrals.

Progress was being made in particular with the assessment process and introduction of a pre-therapy course when the world wide pandemic Covid-19 hit the UK late in the financial year. This changed service delivery for Rothacs and many other charity providers in the final two weeks of the 2019/2020 period. Developments relating to this will be reported in the 2020/2021 period.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Service Data

During the period of this report the following achievements and data has been recorded for the charity.

Counselling Service

Referrals:

Number of referrals received: 700

In comparison to 2018/2019 this shows an increase of referrals to the project. Rothacs has always received a high number of referrals from multiple referrer types, we strive to maintain strong relationships with our main referrers and contact them direct should the referrals be inappropriate for our service.

Of the number of referrals received, our assessments were:

Offered: 616

Attended: 364

In comparison to 2018/2019 the number attended is similar (362) however, the rate of 41% did not attend is a rate our 'Working Differently' group has been working to address over the year. To achieve this the assessment process has been changed now making this a two-part process to set expectations and increase positive engagement in counselling sessions and with the new way of working assessments have now changed to telephone only. This will increase assessments and will be reflected in the next financial period.

Counselling sessions delivered this period are:

Offered: 3829

Attended: 2826

A similar figure is recorded from the previous year for attended counselling sessions (2831) demonstrating a maintained demand for service. This reporting period saw only face to face sessions delivered but the next reporting period will be different due to a new variety of service delivery methods.

Additional Service Delivery

In addition to counselling sessions Rothacs also delivered over the year the following courses and group sessions as previously described:

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Service Data continued

Drop In

Number of drop ins hosted: 47
Number of clients regularly attending: 11
Total group sessions attended: 139

Women's group

Number of drop ins hosted: 45
Number of clients regularly attending: 12
Total group sessions attended: 159

Men's group

Number of drop ins hosted: 48
Number of clients regularly attending: 15
Total group sessions attended: 122

Pre-therapy group

Number of assessment sessions: 5
Number of groups hosted: 18
Number of clients: 25
Total group sessions attended: 109

From the 21st March 2020 Rothacs' service delivery had to change dramatically at the beginning of the Covid-19 pandemic. As a result, in the two weeks at the end of the reporting period, all face to face, group, drop in and pre-therapy sessions had to end and working from home began.

To adapt our service, after training, our staff team began to deliver on line and telephone counselling sessions with interim welfare calls being made to all clients.

This data shows in the final two weeks of March 2020 the following activity took place:

Online Zoom sessions: 1
Telephone counselling sessions: 6
Welfare calls: 60

Outcomes

The PHQ9 and GAD7 remain the recognised impact measuring tools Rothacs uses when measuring the impact counselling has made with our service users. In addition our own bespoke measuring tool WATCH measures each impact by rating the improvement rather than just scoring mental health at a moment in time. Our outcomes for 2019/2020 are represented below.

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Trustees' annual report - continued
for the year ended 31 March 2020**

Service Data continued

The WATCH workbook provides a score system the client works towards creating a difference they aim to make improvements on in their lives.

Scores are based between 0 and 10 and are gathered from the people who end counselling and complete the required workbook.

	Improvement	Evidence
Mental Health and wellbeing	67%	Mental health and wellbeing improved by 2.46 from a baseline assessment of 3.69 to 6.15 in the second or final reading.
Self-esteem and confidence	75%	Self-esteem and confidence improved by 2.77 from a baseline assessment of 3.69 to 6.46 in the second or final reading.
Trauma symptoms	73%	Trauma symptoms improved by 2.53 from a baseline assessment of 3.45 to 5.98 in the second or final reading.
Risk of harm	18%	Risk of harm improved by 1.26 from a baseline assessment of 7.17 to 8.43 in the second or final reading.
Physical/ medical symptoms of abuse	42%	Physical/ medical symptoms of abuse improved by 2.04 from a baseline assessment of 4.72 to 6.70 in the second or final reading.
Coping strategies	43%	Coping strategies improved by 2.56 from a baseline assessment of 4.73 to 6.77 in the second or final reading.
Social engagement	45%	Social engagement improved by 2.23 from a baseline assessment of 4.98 to 7.20 in the second or final reading.
Relationships and support	16%	Relationships and support improved by 1.06 from a baseline assessment of 6.56 to 7.63 in the second or final reading.

The clinically used GAD7 and PHQ9 are also used by Rothacs to measure levels of depression and anxiety using a score system of 0-5 shows mild and 15 and above severe. The results of these are:

PHQ9- improvement of 38% - reduction from 15.80 to 9.84

GAD7- improvement of 38% - reduction from 13.97 to 8.73

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Future Data Collection

The 2020/2021 period will show a number of changes to data and service delivery outcomes in line with new practices and management of the Covid-19 pandemic.

The trustees are regularly addressing this with Rothacs management team ensuring data is available and constructively challenged to ensure we remain true to our mission and vision.

Future Planning

Rothacs will continue to make plans in line with its Objectives and its Mission Statement. We continue to face strong challenges in the current environment and expect that Trustees need to continue to be vigilant and creative in responding to threats from reduced income and the strategic priorities of the public sector and funding bodies.

Our financial monitoring group regularly manages the budgets for the charity highlighting any future known concerns in time to minimise their effects in relation to long term funding.

We continue to manage and apply for funding from numerous funding bodies alongside fundraising and awareness raising to increase the possibility of sustainability for both restricted and unrestricted funds.

Financial Review

The organisation offers a free service to people who live or work in the Rotherham area and is totally dependent on funding from grants and Statutory Authorities.

It has been a difficult year in terms of planning as some funding wasn't confirmed until the final quarter of 2019-20. Confirmation of increased Ministry of Justice funding for a three year period was gratefully received in February and a guarantee of funding from Rotherham Borough Council until December 2020 was confirmed in March. This has meant that service delivery can continue at existing levels.

We have also been very pleased to receive a number of generous donations from our Local Giving site and from the Earl and Countess of Scarborough.

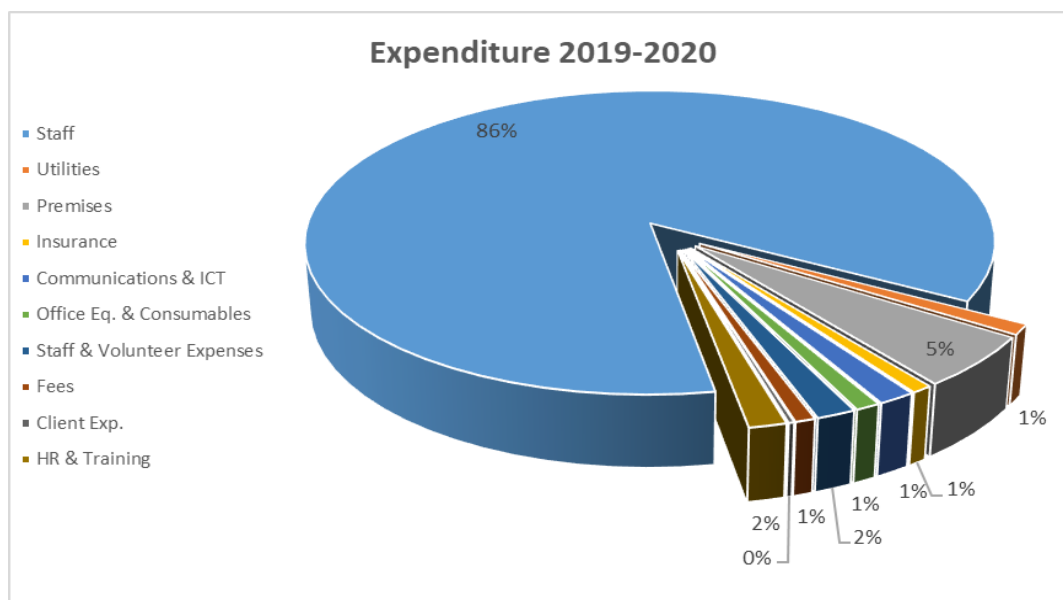
Our total income this year was £365,145 and expenditure £336,401. The underspend was a result of staff turnover and our lack of clarity around funding into the following year.

Recruitment was delayed until confirmation of Central and Local Government funding was received. However, the outbreak of Covid-19 has now forced us to look at alternative ways of delivering the service going forward.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Financial Review continued

The graph below highlights the proportions we spent on each indicative category. Staff salary costs, as expected, constitute the biggest proportion of our expenditure. The graph also shows the proportions of expenditure in consolidated categories and further information is contained within the finalized accounts.



Total funds at the year-end, including Fixed Assets stand at £106,070 (2019: £77,326)

The general reserves of the charity, represented by unrestricted funds, stands at £55,501 (2019: £49,231)

Fundraising and Funding

We would like to say a big thank you to our supporters who donate privately through Just Giving and also to our funders for their support and continued belief in the service we provide:

Big Lottery, Tudor Trust, Henry Smith, Ministry of Justice, RDASH, Police and Crime Commissioner, Brelms Trust, Rotherham MBC, and Royal London.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ended 31 March 2020**

Fundraising and Funding continued

Rothacs is a charity whose service relies entirely on external funding. We are grateful to our current funders who recognise the value of the work we do and the long term benefits to our clients. However, the numbers on our service waiting list remain high as people who have been abused historically continue to come forward. It can take many years for some to disclose their experience. We actively explore all funding sources and will make new and repeat applications to past funders as and when circumstances allow.

Reserves Policy

The trustees have designated an amount of £45,000 to cover two months running costs for closure and statutory redundancy payments should the remaining operational reserves deplete to a level that is no longer sustainable. Operational reserves are monitored monthly through management reports which help determine the level of additional funding required through grant application processes. The trustees are aware of the shortfall and are planning to increase unrestricted funds to manage the shortfall as required.

Governance

The trustees have sought to discharge their responsibilities by the implementation of strong recruitment and supervision policies, and by regular and rigorous reviews of policy, ensuring that they are fully implemented by all staff and volunteers. An annual safeguarding report is required by the trustees, who have all received appropriate safeguarding training. The trustees also regularly review the financial situation to ensure the continued viability of Rothacs.

During this period no trustees have received expenses or financial payment from Rothacs. One trustee is a member of a political party but it has been agreed that this does not impact on the trustee role.

Approved and signed on behalf of the board of trustees:

Signed:

Date:

Print Name: _____

Trustee

**Independent Examiner's report to the trustees of
Rotherham Abuse Counselling Service (the charity)**

I report to the trustees on my examination of the accounts of Rotherham Abuse Counselling service ("the Charity") for the period ended 31 March 2020.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the Trust's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I can confirm that I am qualified to undertake the examination because I am a member of Association of Accounting Technician, which is one of the listed bodies.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- [1] accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- [2] the accounts do not accord with those records; or
- [3] the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an Independent examination.

Signed:

Date:

F Hazlehurst FMAAT
Voluntary Action Rotherham Ltd
Community Accountancy
The Spectrum, Coke Hill
Rotherham
S60 2HX

Rotherham Abuse Counselling Service
Statement of Financial Activities
(incorporating the income and expenditure account)
for the year ended 31 March 2020

		Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
		£	£	£	£	£	£
Income from:							
Donations and grants	2	5,784	357,929	363,713	1,397	490,559	491,956
Charitable Activities	3	1,040	-	1,040	2,336	-	2,336
Bank interest		392	-	392	241	-	241
Total income		7,216	357,929	365,145	3,974	490,559	494,533
Expenditure on:							
Charitable Activities	4	946	335,455	336,401	509	516,915	517,424
Total expenditure		946	335,455	336,401	509	516,915	517,424
Net income/expenditure		6,270	22,474	28,744	3,465	(26,356)	(22,892)
Transfers between funds		-	-	-	1,970	(1,970)	-
Net movement in funds		6,270	22,474	28,744	5,435	(28,326)	(22,892)
Total funds brought forward		49,231	28,095	77,326	43,796	56,421	100,217
Total funds carried forward		55,501	50,569	106,070	49,231	28,095	77,326

Rotherham Abuse Counselling Service
Balance Sheet
at 31 March 2020

		Total	Total
		31 March 2020	31 March 2019
	Notes	£	£
Fixed Assets	7	1,010	2,020
Current Assets			
Debtors	8	23,133	24,340
Cash at Bank and in hand		91,705	95,621
		114,838	119,961
Liabilities			
Creditors - amounts due within one year	9	(9,778)	(45,655)
Net current assets		105,060	74,306
Net assets		106,070	76,326
Funds of the company			
Unrestricted Funds		55,501	49,231
Restricted Funds	10	50,569	28,095
Total funds		106,070	77,326

Approved and signed by the board of trustees on:

Signed:

Date:

(Print name): _____
Trustee

Rotherham Abuse Counselling Service
Notes to the financial statement
for the year to 31 March 2020

1 Accounting policies

1.1 Basis of preparation of the accounts

These financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (second edition).

The financial statements have also adopted Charities SORP (FRS102) Bulletin 1 and have taken the exemption not to prepare a cash flow statement.

Rotherham Abuse Counselling Service meets the definition of a public benefit entity under FRS102.

1.2 Going Concern Note

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

1.3 Incoming resources

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Contract income is included in the period in which the service took place.

1.4 Resources expended

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged against the activity for which the expenditure was incurred.

1.5 Bank Interest

Bank Interest is recognised as an incoming resource when it is credited to the bank statement. All bank interest is treated as unrestricted income.

Rotherham Abuse Counselling Service
Notes to the financial statement continued
for the year to 31 March 2020

1.6 Tangible fixed assets

Items of expenditure are capitalised if the cost is in excess of £500 and the item is estimated to have a life of at least 3 years.

Depreciation is calculated to write down the cost or valuation, less estimated residual value of all tangible fixed assets over their expected useful lives on a straight line basis.

Depreciation rates applicable are:

Furniture	25%
IT Equipment	33%

1.7 Fund accounting

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the donor.

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year to 31 March 2020

	Unrestricted	Restricted	Total	Total
	Funds	Funds		17 months to
2 Donations and grants			31 March 2020	31 March 2019
	£	£	£	£
The Big Lottery Fund	-	95,700	95,700	138,818
RMBC	-	33,000	33,000	66,750
Brelms Trust	-	5,000	5,000	5,000
NHS Rotherham CCG	-	-	-	20,000
RDASH	-	34,500	34,500	10,000
Tudor Trust	-	30,000	30,000	45,000
Talbot Trust	-	-	-	5,000
Awards for All	-	9,965	9,965	-
South Yorkshire Sexual Violence Partnership	-	92,164	92,164	103,605
Screwfix	-	-	-	5,000
The Peoples Health Trust	-	-	-	2,880
The Henry Smith Charity	-	20,600	20,600	40,600
Garfield Weston Foundation	-	-	-	15,000
The Ministry of Justice	-	32,000	32,000	32,906
Royal London	-	5,000	5,000	-
Health Education England	2,020	-	2,020	-
Donations	3,764	-	3,764	1,397
	5,784	357,929	363,713	491,956

£5,784 (2019: £1,397) was received into unrestricted funds and £357,929 (2019: £490,559) into restricted funds

	Unrestricted	Restricted	Total	Total
	Funds	Funds		17 months to
3 Income from charitable activities			31 March 2020	31 March 2019
	£	£	£	£
General fundraising	250	-	250	-
Other income	90	-	90	2,336
Training	500	-	500	-
Girls Day School Trust	200	-	200	-
	1,040	-	1,040	2,336

All income on charitable activities in 2020 and 2019 were received into unrestricted funds.

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year to 31 March 2020

4 Expenditure on charitable activities

	Unrestricted Funds	Restricted Funds	Total 31 March 2020	Total 17 months to 31 March 2019
	£	£	£	£
Salary costs	-	257,556	257,556	399,742
Sessional staff	-	31,030	31,030	38,278
Payroll/HR service	-	3,202	3,202	4,397
Bank charges	-	159	159	243
External supervision	-	1,075	1,075	1,837
Staff/volunteer expenses	-	5,992	5,992	5,701
Client access fund	-	732	732	2,431
Rent and rates	-	16,653	16,653	20,967
Room hire	-	-	-	601
Maintenance	-	1,513	1,513	9,196
Advertising and publicity	-	-	-	1,410
Training and conference	-	860	860	3,380
Office costs and equipment	-	2,806	2,806	4,440
Insurance	-	2,151	2,151	2,793
Telephone and internet	-	1,823	1,823	7,300
Professional Fees	-	2,238	2,238	2,184
Printing, postage and stationery	59	3,337	3,396	4,312
Subscription	-	552	552	242
Depreciation	843	167	1,010	1,010
Utilities	-	3,606	3,606	6,480
Sundry expenditure	44	-	44	480
	946	335,455	336,401	517,424

£946 (2019: £509) was paid from unrestricted funds and £335,455 (2019: £516,915) from restricted funds

	Total 31 March 2020	Total 17 months to 31 March 2019
	£	£
5 Staff Costs		
Salaries	225,310	342,693
Employers National Insurance	16,063	25,173
Employers allowance	(3,000)	(3,000)
Employers pension	19,183	34,876
	257,556	399,742

The average number of employees during the period is 13 (2019: 17)

No person received emoluments of more than £60,000 in the year.

6 Trustees and key management remuneration, benefits and expenses

There were no payments, remuneration or expenses made to trustees during the period.

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year to 31 March 2020

7 Tangible Fixed Assets

	Equipment	Total 2020
Cost	£	£
At 31 March 2019	3,031	3,031
Additions	-	-
at 31 March 2020	<u>3,031</u>	<u>3,031</u>
Depreciation		
at 31 March 2019	1,011	1,011
Charge this period	1,010	1,010
Disposals	-	-
at 31 March 2020	<u>2,021</u>	<u>2,021</u>
Net book value at 31 March 2020	<u>1,010</u>	<u>1,010</u>
Net book value at 31 March 2019	<u>2,020</u>	<u>2,020</u>

	31 March 2020	31 March 2019
8 Debtors	£	£
Accrued income	22,430	24,340
Prepayments	703	-
	<u>23,133</u>	<u>24,340</u>

	31 March 2020	31 March 2019
9 Creditors: amounts falling due within one year	£	£
Deferred income	-	34,500
Accruals	6,106	7,629
HMRC liabilities	<u>3,672</u>	<u>3,526</u>
	<u>9,778</u>	<u>45,655</u>

Rotherham Abuse Counselling Service
Notes to the financial statements continued
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10 Movement on Funds Restricted	Brought forward	Incoming Resources	Expended Resources	Transfers	Carried forward
	£	£	£	£	£
The Big Lottery Fund	-	95,700	90,569	-	5,131
Brelms Trust	2,500	5,000	5,000	-	2,500
Ministry of Justice	-	32,000	32,000	-	-
South Yorkshire Sexual Violence Partnerships	6,475	92,164	86,092	-	12,548
RDASH	-	34,500	27,313	-	7,187
The Henry Smith Charity	-	20,600	20,600	-	-
The Tudor Trust	-	30,000	30,000	-	-
Awards for All	-	9,965	5,120	-	4,845
Royal London	-	5,000	2,565	-	2,435
RMBC	19,120	33,000	36,195	-	15,925
	28,095	357,929	335,455	-	50,569

prior year	Brought forward	Incoming Resources	Expended Resources	Transfers	Carried forward
	£	£	£	£	£
<i>The Big Lottery Fund</i>	(8,029)	138,818	128,819	(1,970)	-
<i>Brelms Trust</i>	-	5,000	2,500	-	2,500
<i>Ministry of Justice</i>	-	32,906	32,906	-	-
<i>People Health Trust</i>	-	2,880	2,880	-	-
<i>South Yorkshire Sexual Violence Partnerships</i>	(970)	103,605	96,160	-	6,475
<i>RDASH</i>	-	10,000	10,000	-	-
<i>The Henry Smith Charity</i>	-	40,600	40,600	-	-
<i>NHS Rotherham CCG</i>	-	20,000	20,000	-	-
<i>The Tudor Trust</i>	-	45,000	45,000	-	-
<i>Talbot Trust</i>	-	5,000	5,000	-	-
<i>Screwfix</i>	-	5,000	5,000	-	-
<i>Garfield Weston Foundation</i>	-	15,000	15,000	-	-
<i>RMBC</i>	65,420	66,750	113,050	-	19,120
	56,421	490,559	516,915	(1,970)	28,095

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year to 31 March 2020

11 Analysis of net assets by fund	Unrestricted Funds £	Restricted Funds £	Total £
Fixed assets	843	167	1,010
Current assets	54,658	60,180	114,838
Current liabilities	-	(9,778)	(9,778)
	<u>55,501</u>	<u>50,569</u>	<u>106,070</u>
<i>prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total £</i>
<i>Fixed assets</i>	<i>1,686</i>	<i>334</i>	<i>2,020</i>
<i>Current assets</i>	<i>47,545</i>	<i>73,416</i>	<i>120,961</i>
<i>Current liabilities</i>	<i>-</i>	<i>(45,655)</i>	<i>(45,655)</i>
	<i><u>49,231</u></i>	<i><u>28,095</u></i>	<i><u>77,326</u></i>

11 Related Party Transactions

During the period there were no related party transactions (2019: 1 trustee - £260).