Charity Registration No. 1150486 (England and Wales) Company Registration No. 07743643 (England and Wales)

# GET BERKSHIRE ACTIVE LIMITED ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

### LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	A M Couper G Harrison R C Ingleby T Lindfield P W Owen OBE K R Ross MBE C Thelwall-Jones J S Worthy J Halliday T Hussain R Leach R A Parker	(Appointed 28 May 2020) (Appointed 18 June 2020) (Appointed 18 June 2020) (Appointed 18 June 2020) (Appointed 18 June 2020)
Secretary	B A Nicholls	
Charity number	1150486	
Company number	07743643	
Registered office	Temple Room Bisham Abbey Sports Centre Marlow Road Nr Marlow Bucks SL7 1RR	
Auditor	Azets Audit Services 7-8 Eghams Court Boston Drive Bourne End Buckinghamshire SL8 5YS	
Bankers	Barclays Bank PLC Leicester LE87 2BB	

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### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2020

The trustees present their report and financial statements for the year ended 31 March 2020.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

#### Objectives and aims

The Objectives of the Charitable Company, in accordance with its Memorandum of Association, are for the public benefit to promote community participation in healthy recreation for the benefit of the inhabitants of Berkshire in particular by:

1)Working with and through local agencies to increase levels of participation in sport and physical activity;

2)Promoting and providing programmes and services for sport, recreation, physical activity, informal education and other leisure time occupation for healthy recreation;

3)Promoting and providing facilities and services for recreational, sporting or other leisure time occupation in the interests of social welfare for the public at large or those who by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances, have need of such facilities and services;

4)The improvement and preservation of good health and well-being through participation in healthy recreation;

5)Education, training and coaching courses which promote physical health and fitness; and

6)Facilitating and providing impact evaluation, performance measurement and related intelligence for public benefit in the context of sport, recreation, physical activity and wider health and well-being.

In setting their objectives and planning their activities the Board have given careful consideration to the Charity Commission's guidance on public benefit.

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

# Achievements and performance Who We Are

Get Berkshire Active (GBA) are part of a network of 43 other similar organisations in England. We are loosely federated and supported to and by a national team. Previously known individually as County Sports Partnerships (CSP) and nationally as the CSP Network we are now known (following branding changes agreed in Mar 19) as Active Partnerships and the Active Partnership Network. This year we changed our (historic) official name -'Berkshire County Sport Partnership' - to match our trading name and the name we are known by all who work with us. We are therefore now known officially as Get Berkshire Active.

### Our Work with Sport England

We continue to work closely with Sport England and they remain our major source of funding. Funding from Sport England is, in simple terms, in two forms. Our Primary Role funding; this allows us to exist and operate and deliver our primary role outputs. The other source is Programme funding which is granted specifically to deliver defined projects.

Our last official performance review by Sport England was in 2018 via the new evaluation method known as the Performance Management & Improvement Framework. Results were reported in last year's accounts where it was noted we were assessed as overall 'Very Good'. The system has built into it a one-day follow-up review with the external assessor. This was due to take place on 30th Mar 20 but was postponed due to the Covid-19 lockdown. It will be rescheduled for later in 2020. Notwithstanding this our on-going dialogue with Sport England indicates their level of satisfaction with our work remains high.

### New Board Members

We had one retirement from the Board in 2019 (Dr William Bird) and in early 2020 due to growing work commitments our newest board Member Nadeem Janjua also decided to retire from the board. Knowing that we were also due to lose three long-standing board members later in 2020 we initiated a board recruitment drive in January '20. Once again this attracted the interest of several excellent candidates. Interviews were staged in March '20 and five new board members have been selected (including a new Chair). The selected candidates were voted in unanimously at the 30 Mar full board meeting. They will join the board for the first time at the June 2020 meeting and their names registered at that time with Companies House and the Charity Commission.

### Continuous Improvement

We continue to have a structured Continuous Improvement programme in place including any recommendations from our Quest Assessment. In 18-19 this programme identified 6 key themes and small work teams were set up to research and develop each area.

### Strategic Networking

A key role of all Active Partnerships is developing strategic networks across the county. GBA's role is to be the leading advocate for Sport and Physical Activity (PA) ensuring that key stakeholders (such as NHS, Clinical Commissioning Groups (CCGs), Education Sector and Public Authorities) maintain an emphasis and priority on physical activity. Our strategic engagement continues to grow locally and regionally. Our approach to managing our relationship with the 6 Local Authorities (LAs) was refreshed approx. 12 months ago and we have now split them into East and West (3 LAs in each) regions with a relationship manager for each. GBA also now has an action plan to track our work in each of the LA areas that all members of the team contribute to. We are represented on several NHS groups, in particular NHS Strategic Transformation Plan Prevention Workgroups, covering the whole of Berkshire. We have cultivated a positive relationship with Thames Valley Police and the Department of Work & Pensions for whom we have delivered sessions of staff development training. We also partner with and work alongside an array of other 3rd Sector Organisations (who work with our target audience demographic) helping these organisations embed PA into their working culture.

# TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### NHS Collaboration

Following on from the very successful collaborative project called '#MovingCan' with our health partners, across both the NHS Frimley Integrated Care System (ICS) and the NHS Buckinghamshire, Oxfordshire and Berkshire West (BOB) Prevention Groups in August 2018 we led on another campaign in 2019. This was a collaborative Social Media Campaign under the hashtag '#MovingIs' which spoke to the many barriers people face over becoming active and encouraged people to 'post' ideas of how they overcame or overcome these barriers themselves. Again, more than 20 organisations collaborated, and the campaign had national coverage with several other Active Partnerships taking part.

#### Our Sport England Programmes of Work:

#### Workforce and Volunteering

<u>Coach Core</u>: 2019 saw the launch of Coach Core in Berkshire, in which 11 young people were employed at 6 local organisations to be apprentices as "future coaches". This 15-month programme, due to end in 2021 provides apprentices with the opportunity to qualify as a Level 2 Community Activator as well as achieving the minimum coaching standards through further qualifications and a bespoke education package led by a dedicated tutor. Employers receive grant funding from the Coach Core Foundation for each apprentice to support with their wages and further in-house training and coaching opportunities. Get Berkshire Active leads on the administration of the regional programme, distributes the grant funding and provides further strategic support by organising and facilitating coaching and training opportunities for the apprentices and employers.

<u>Department of Education</u>: Our work with funding from D of E is a 'leaders and volunteers (developing skills for life) programme'. Get Berkshire Active & Mobile Team Challenge worked with a Pupil Referral Unit in a disadvantaged area of Reading to upskill two cohorts of young people (total 15 pupils) who would be leading activities at the Winter School Games.

<u>Training & Courses</u>: Get Berkshire Active organised a wide range and number of courses to support clubs and partners. Safeguarding and First Aid courses continue to be well attended including both closed courses and open courses for specific clubs.

#### School Games

Get Berkshire Active and our local School Games Networks again worked together to organise and deliver a large scale multi - sport and physical activity festival and a number of badged events.

Over the year in total there were

- 52 events
- In 21 sports
- Engaging 3,732 pupils from 195 schools

As well as taking part, pupils act as young officials and leaders after receiving training through the Leadership Academy. 169 pupils officiated at events and 81 carried out the role of being a young leader. A small number of adult volunteers also helped with the running of events. In addition to the sporting competitions we organise a wide-ranging cultural village. The cultural village gives pupils the opportunity to try several activities which they can then pursue in their local communities. Financial support for the games came from Sport England and Ascot Racecourse via the Berkshire Community Foundation. Unfortunately, this year the Winter Festival, scheduled for March '20 was cancelled due to the Covid-19 emergency. (See later).

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### **Disability Sport**

In terms of disability sport, delivery has continued to take place across our programmes most extensively through Satellite Clubs and Ever Active to a wide range of disabled people. In addition to delivery, several strategic forums have been run by GBA. The forums have proved to be very popular with our partners and have helped us increase connectivity between the physical activity and disability sector. The number and range of partners we work with has increased as a result of the forums. Finally, mental health has been a growing area for GBA over this period. Our work in this area has included supporting the development of the South East Mind regional network and delivering the Mums' Zone intervention to improve the mental and physical wellbeing of new mums.

### Satellite Clubs

Our 2019-2020 satellite club delivery successfully achieved all Sport England targets and we received an extension fund from them to deliver an additional 7 satellite clubs targeting a wider age group in a school setting.

GBA continues to collaborate with National Governing Bodies, School Games Organisers and Schools, complimenting a greater focus on working with nonsporting organisations.

Across the seven years, we have:

- Funded and delivered 137 projects
- In 31 different sports and activities
- Delivered a high proportion of our projects in our most deprived wards in the County

The second quarter of the funding cycle was organised as a funding process. All groups had an application window to apply for funding which meant all funds were distributed at the same time, instead of across the second half of the year. Aside from delivering new projects we continue to spend additional time listening to young people and collecting their views on present opportunities, barriers to participating in physical activity and most importantly, what gaps there are in the current provision available. We have used satellite club programmes to tackle wider social challenges such as youth crime and violence, mental illness and inclusive activity. This has been done by focusing on positive youth development via sports-based programmes to increase personal concepts such as self-efficacy, mental wellbeing, community/social trust. Evidence from these projects have been collected and evaluated to ensure there is replication and growth in future projects both locally and nationally. Lastly, we are building a greater emphasis on Workforce and Volunteering support for our satellite clubs.

#### Primary School Sports Premium (PSSP)

Get Berkshire Active has continued to support primary schools to effectively utilise their Government funding for Physical Education and Sport (the PSSP). Our main mechanism for doing this is through our annual Primary Schools' Conference, it was staged in April 2019 and attended by over 50 schools and over 100 school staff. At the conference, schools hear the latest guidance and updates, take part in a wide range of practical workshops and get the opportunity to network with other professionals sharing good practice and ideas.

In addition to the conference we have supported schools and School Games Organisers by:

- Having a regularly updated section of our website detailing key information relating to the premium
- Meeting with individual primaries and clusters and supporting them with areas they want to develop

As part of the national mapping we have also continued to record how schools were allocating their funding to identify schools that require further support and case studies of good practice to showcase to schools.

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### Children & Young People Active Lives Survey

2019-20 was the second year of the Active Lives Children & Young People Survey, a national survey administered locally by GBA on behalf of Sport England. A random mix of primaries, secondaries, state and private schools from across the county are selected each term to complete the survey. GBA's role is to ensure that as many schools as possible each term complete the survey. At the point of writing this report, GBA are on target to meet the expectations of Sport England for the 19 -20 academic year with completion by 23 of the 84 schools approached and high response rates in Slough, Wokingham and West Berkshire.

### The Active Medicine Programme

An exciting new collaborative programme commenced in October 2019. We are working across three Active Partnership with NHS colleagues in the Buckinghamshire, Oxfordshire and Berkshire West Integrated Care System (BOB ICS) on a Sport England funded innovation project. We know that if health staff talk to patients about physical activity then many more people would aim to become active. However, research has shown that health sector staff are often lacking in knowledge, skills and confidence to have these positive conversations.

The role of this programme is to develop a range of resources and training opportunities to better equip health sector staff talk about physical activity to their patients. This is a 2-year programme in which GBA have employed a specialist programme manager who works across the 3 Active Partnerships to design, develop and deliver the programme.

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### Key Policies & Standards:

### UK Code of Governance for Sport

A baseline requirement to receive Sport England funding is our adherence to Tier 3 of the UK Code of Sports Governance. GBA are delighted to remain fully compliant with these requirements. GBA CEO has been invited as a member of a newly formed national Academy of Sports Governance where he sits on the Advisory Panel.

### Equality & Diversity

GBA is committed to tackling discrimination in all its forms and has committed to treating everyone with dignity and respect. It promotes equal opportunities in both the employment and management of staff and volunteers, and in the delivery of its services. We have recently reviewed and refreshed our Equality and Diversity policy and action plan and have a Board Champion to offer support and scrutiny to our work. We have practically used insight to support partners in ensuring they build on their knowledge to proactively use insight tools and data to influence the hardest-to-reach communities. GBA has signed up to the Charity Learning online portal which includes modules on Equality and Diversity which team and many board members have completed. One area of work for coming months is to improve our knowledge of where underrepresented groups currently feature within our county to help ensure our work is targeted appropriately and share this knowledge across the sector.

### Safeguarding

GBA is committed to ensuring that the safeguarding and protection of young people and vulnerable adults is at the heart of all we do. In the last 12 months, as part of our commitment to safeguarding, we have:

- Delivered the 2019-2020 Safeguarding Implementation plan
- Delivered a number of Safeguarding courses for specific clubs and open courses for clubs and coaches
- Achieved a Good / Very Good RAG following annual review with the Child Protection in Sport Unit (CPSU).
- Achieved a satisfactory rating for the Ann Craft Trust Safeguarding Adults framework.
- Updated GBA website to ensure relevant information is available for the public and our partners.
- Continued to ensure that young people and older and vulnerable adults involved in our programmes were safeguarded and protected through a range of mechanisms such as building safeguarding checks into all partner contracts, Check and Challenge visits to projects we fund and providing a range of safeguarding training for deliverers.
- Delivered a Safeguarding Adults themed forum to 30+ partners from across the county.

# TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### Local Programmes and Commissions (Non-Sport England Funded):

<u>Department of Work and Pensions (DWP)</u>: Having previously delivered a successful employability programme, we were approached by DWP and asked to develop another similar application, this time supporting those at risk of becoming involved in criminal activity. A bid has been submitted for consideration.

<u>Building Better Opportunities (BBO)/ Building Family Bridges (BFB)</u>: BBO and BFB are funded by European Social Funds and Big Lottery to tackle employment and associated social issues in deprived communities. This is a significant fit with Sport England priority audiences and has helped us work with the most inactive audiences, gain insight about them and make a difference to their prospects. These programmes engage, inspire, motivate and build soft skills to support people towards education and employment whilst reducing inactivity and in particular social / mental wellbeing issues. Strategically this programme gives us a partnership with over 50 organisations who work with priority audiences, tackling issues related to the 5 Government outcomes. It also puts GBA in front of important decision makers as an organisation helping social outcomes not just sport. Between March 2019 and December 2019, we delivered 2 engagement events for BFB in targeted communities, engaging around 20 people to build confidence, social connections and gain support within their local area. Our involvement in the project ended in December 2019.

In terms of BBO we worked with 14 individuals in 2019/20 across Slough & Bracknell offering tailored support for their needs. We used a variety of activities and locations to develop employability skills and build selfconfidence. In Bracknell we utilised our versatile Making the Change (MTC) kit to deliver problem solving and teambuilding activities within the Job Centre. Over 60% of the group reported improvements in self-efficacy and were referred onto our partners 'Ways into Work'. In Slough we offered more physical activities in the community such as Tai Chi, Yoga, Boxercise, Climbing, Nordic Walking and hosted a Nutrition workshop. The group really benefitted from the social support and some members agreed to continue meeting up. One participant had gone on a tough journey due to poor health and homelessness but was now in a position to consider getting back to work.

In addition to these employability programmes we have also been commissioned by Groundworks and Elevate Berkshire to run 2 additional skills and personal development programmes, targeting those at risk of becoming involved in crime and of becoming unemployed. During this period, we have been developing implementation plans and referral mechanisms, ready to engage participants in 2020-21.

<u>Ever Active West Berkshire:</u> GBA delivered to 102 participants in 19/20 and lead the consortium of Voluntary Sector Partners to gain a three-year extension to the project by West Berkshire Council. A great example of our work has seen a thriving exercise group develop in the Village of Bucklebury. GBA's market research led to a focus on the village and working with a local instructor, set up a weekly chair-based exercise group in the village hall now regularly attended by more than 40 Over 50's. Impact of reduced anxiety was recorded across the group as well as physical benefits such as improved muscle suppleness and fitness which is allowing for more activity in everyday life. It was also noted participants had used the session to get know their neighbours more with one individual stating she had met more people coming to the class that she had done for the past 25 years living in the village. We have also supported a Chair Yoga session in Newbury that has given over 50's an activity 'just for them' amongst the pressures of life.

<u>Ever Active Reading</u>: GBA commenced our second two-year contract term in Reading in June 2018 as part of the Narrowing the Gap 2 initiative. In 2019/20, we have worked with 152 participants across 14 venues with mainly chair based exercise on offer. Our activities have had an impact on 'falls risk' with improvement in 'Timed Up and Go Scores' as well as highlighting simple exercises and stretches that people can do at home which will bring great benefit. Our sessions at the Memory Café in Southcote has also afforded carers to take part.

# TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

<u>Mums' Zone</u>: The Mums' Zone intervention aims to improve the physical and mental wellbeing of new mums through a 6-month holistic health and wellbeing intervention. Each week mums get to take part in a post-natal yoga class along with the opportunity to make social connections and listen to different local organisations providing information and support across a range of different topics from nutrition, keeping active, jobs and skills support, child development etc. Under-pinned by local ambassadors and supported through a strategic steering group the intervention has successfully delivered over 100 visits in Slough with 22 mums regularly participating. The intervention has partnered with Canterbury Christ Church University as the research and evaluation partner and the full report is due by the end of September 2020. Due to the success of the intervention further funding has been confirmed for another 6-month intervention in a new area of Slough.

<u>Thames Valley Police (Project Activate)</u>: Project Activate has had a successful 1.5 years of delivery, having provided 10 Engagement events / tasters, 3 ongoing regular clubs (2x boxing, 1x rugby) and we have engaged over 550 young people. The programme has proved to be very challenging due to the type of community and social issues being addressed and it has taken longer to see results. We have refined and adjusted our approach as our learning has improved and local trust has built. We have been successful in engaging young people, developing long term, local clubs and providing transferable skills to disadvantaged children through our targeted skills programme. We have worked well with multiple public and voluntary agencies through our role as steering group lead.

We have also been approached by Reading Police to provide a similar intervention in Reading, targeting those at risk of becoming involved in violent crime, through serious violence reduction funding. We delivered a skills and personal development programme at the local Pupil Referral Unit, successfully engaging with young people. Unfortunately, this programme was interrupted by Covid-19 and therefore have not been able to assess all of the outcomes, however anecdotal feedback from staff was very positive.

Working in collaboration with Thames Valley Police Crime Commissioners office we also ran 2 forums for partners in the physical activity sector and Crime Prevention / Police to help connect with each other and develop approaches that prevent crime locally. These events attracted over 120 people from across the charity, local authority, health, police and housing sectors. Our Satellite Club investment is also targeted towards crime prevention, working alongside local community safety partnerships and achieving notable successes with at-risk young people in secondary schools.

The strategic impact of this programme provides exponentially greater added value as GBA now have a good relationship with local Thames Valley Police, Police & Crime Commissioners' office and Community Safety Partnerships. Reflected in being invited to present to the regional police conference and GBA leading on a crime prevention forum with TVP.

<u>Project Activate</u>: The Sports Council Trust Company (SCTC) awarded funding to GBA to administer small grants to physical activity projects seeking to target low socio-economic communities. 17 projects have been awarded funding, a wide range of organisations are involved in the delivery of these projects including Homestart Bracknell, Reading Rockets (a basketball club), MNR Coaching and Wokingham Waterside Centre. The projects cover a variety of sports and physical activities including Stand Up Paddleboarding, Seated Exercise, Walking Netball and Handball. Unfortunately, COVID-19 has led to the delay of a lot of these projects delivering to their originally planned timescales. However, we have been awarded further funding from the SCTC to award new innovative virtual delivery projects to support physical activity opportunities during lockdown.

### Investment

It is part of Get Berkshire Active's role to source funding for sport and physical activity in the community. During this period, a total of £826K has been secured for programmes in Berkshire - £273K from non-Sport England sources and £553K has been invested in the county through Sport England's investment in our programmes.

# TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

#### Covid-19

By the end of the period (Mar 20) covered by this report the UK entered a period of 'lockdown' due to the emergency caused by the Coronavirus. The immediate effect on GBA was, like all organisations, dramatic and widespread. Thankfully, because of our longstanding use of mobile IT systems, cloud technology and Microsoft 365, all team members were immediately able to operate remotely from their home. We set up regular contacts with staff via Microsoft Teams to ensure morale and welfare was being monitored and to allow the team to continue communicating across all work-related topics.

Once we had ensured good internal communications our immediate concerns were (given that all direct delivery, meetings, forums and events had to be suspended) around funding both nationally from Sport England and from local funding partners. SE acted swiftly and decisively to reassure the Active Partnership network of its continued support and funding. Communication with local partners and funders understandably took longer but within a few weeks we had liaised with most and agreed mutually acceptable ways forward. Since then the team have been exceptionally busy developing new ways of dealing with and supporting partners, delivering meetings via virtual means and developing a range of online resources and training options. The effect of all this work will become apparent during subsequent months and will be reported on in detail in the 2020-2021 report.

#### Financial review

#### Results for the year

The results are set out in the Statement of Financial Activities.

Incoming resources for the year were £826K (2019: £743K), resources expended were £807K (2019: £756K) and the surplus for the year was £19K (deficit 2019: £13K).

The fund balances carried forward at 31 March 2020 were £382K (2019: £363K) represented by unrestricted funds of £262K (2019: £274K) and restricted funds of £120K (2019: £89K).

### **Reserves policy**

The company will set aside a sum by way of a reserve against unforeseen contingencies. This sum will be used in the event of the organisation being threatened with closure, for redundancy payments, to cover long term sickness liabilities and maternity pay.

The company will seek to maintain reserves equivalent to three month's budgeted expenditure and will include a sum for this operating reserve in budget planning.

The charity now holds reserves exceeding this amount and has started to fund some projects within the county. The charity will continue to hold higher reserves short-term as the trustees recognise that this is prudent given the potential change in funding landscape following the new Sports Strategy from the Department of Digital, Culture Media and Sport.

#### Structure, governance and management

#### Governing document

The company is governed by its Memorandum and Articles of Association dated 17 August 2011 as amended by Special Resolution dated 7 December 2012 and December 2015, and constitutes a limited company, limited by guarantee, as defined by the Companies act 2006.

# TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

up to the date of eightative of the infahelar states	
S J Anstiss MBE	(Resigned 18 June 2020)
A M Couper	
A K Foister OBE	(Resigned 18 June 2020)
G Harrison	
R C Ingleby	
T Lindfield	
P W Owen OBE	
D J Peaple	(Resigned 18 June 2020)
K R Ross MBE	
C Thelwall-Jones	
J S Worthy	(Appointed 28 May 2020)
C W H Bird MBE	(Resigned 26 September 2019)
N A Janjua	(Resigned 30 March 2020)
J Halliday	(Appointed 18 June 2020)
T Hussain	(Appointed 18 June 2020)
R Leach	(Appointed 18 June 2020)
R A Parker	(Appointed 18 June 2020)

#### **Organisational structure**

The company, which operates under the name Get Berkshire Active, commenced in August 2011 and was registered as a charity on 14 January 2014 (registered Charity Commission no. 1150486).

The Directors give of their time freely and no remuneration was paid in the year.

The Directors meet as a Board at least three times. a year to determine the general policy of the Charitable Company and to review its overall management and control for which they are legally responsible. The day to day running of the Company is delegated to the Company Secretary, Brett Nicholls, in his capacity as Chief Executive and the management team.

#### Induction and training of new trustees

The Directors operate a continuing training programme designed to keep them informed and updated on current issues in the sector and regulatory requirements.

#### **Risk management**

The Directors have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The Directors continue to keep the Company's activities under review, particularly with regards to any major risks that may arise from time to time as well the systems and procedures to manage them.

The Directors are satisfied that for all major risks identified appropriate controls have been put in place and maintained to mitigate those risks adequately. It is recognised that systems can provide only reasonable but not absolute assurance that major risks have been managed.

### Auditor

In accordance with the company's articles, a resolution proposing that Azets Audit Services be reappointed as auditor of the company will be put at a General Meeting.

# TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

J S Worthy Trustee Dated: 16 December 2020

### STATEMENT OF TRUSTEES' RESPONSIBILITIES

### FOR THE YEAR ENDED 31 MARCH 2020

The trustees, who are also the directors of Get Berkshire Active Limited for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

### INDEPENDENT AUDITOR'S REPORT

### TO THE MEMBERS OF GET BERKSHIRE ACTIVE LIMITED

### Opinion

We have audited the financial statements of Get Berkshire Active Limited (the 'charity') for the year ended 31 March 2020 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2020 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charity's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

### Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE MEMBERS OF GET BERKSHIRE ACTIVE LIMITED

#### Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' Report, which includes the directors' report prepared for the purposes of company law, for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

#### Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

#### **Responsibilities of trustees**

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

### INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE MEMBERS OF GET BERKSHIRE ACTIVE LIMITED

#### Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Christopher Nisbet BA(Hons) ACA (Senior Statutory Auditor)
for and on behalf of Azets Audit Services
Chartered Accountants
Statutory Auditor

18 December 2020

7-8 Eghams Court Boston Drive Bourne End Buckinghamshire SL8 5YS

### STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

### FOR THE YEAR ENDED 31 MARCH 2020

	U Notes	nrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Unrestricted funds 2019 £	Restricted funds 2019 <b>£</b>	Total 2019 <b>£</b>
Income from:	•	04.007		000 740	~~~~~	740 704	740.000
Charitable activities	3	34,837	787,875	822,712		710,701	740,083
Investments	4	3,628	-	3,628	3,165	-	3,165
Total income		38,465	787,875	826,340	32,547	710,701	743,248
Expenditure on:							
Charitable activities	5	44,840	762,187	807,027	46,596	709,959	756,555
Net (outgoing)/ incoming resources before transfers		(6,375)	25,688	19,313	(14,049)	742	(13,307)
Gross transfers between funds		(4,662)	4,662				
Net (expenditure)/inc for the year/		(44,007)	20.050	40.040	(11.0.00)	740	(40,007)
Net movement in fun	as	(11,037)	30,350	19,313	(14,049)	742	(13,307)
Fund balances at 1 April 2019		273,496	89,120	362,616	287,545	88,378	375,923
Fund balances at 31 March 2020		262,459	119,919	382,378	273,496	89,120	362,616

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

### **BALANCE SHEET**

### AS AT 31 MARCH 2020

		202	0	201	9
	Notes	£	£	£	£
Current assets					
Debtors	8	60,709		38,579	
Cash at bank and in hand		483,290		441,398	
		543,999		479,977	
Creditors: amounts falling due within one year	9	(161,621)		(117,361)	
Net current assets			382,378		362,616
Income funds					
Restricted funds			119,919		89,120
Unrestricted funds			262,459		273,496
					000.040
			382,378		362,616

The financial statements were approved by the Trustees on 16 December 2020

A M Couper Trustee J S Worthy Trustee

Company Registration No. 07743643

### STATEMENT OF CASH FLOWS

### FOR THE YEAR ENDED 31 MARCH 2020

		2020		2019	
	Notes	£	£	£	£
<b>Cash flows from operating activities</b> Cash generated from/(absorbed by) operations	12		38,264		(1,047)
Investing activities Interest received		3,628		3,165	
Net cash generated from investing activities			3,628		3,165
Net cash used in financing activities			-		-
Net increase in cash and cash equivale	ents		41,892		2,118
Cash and cash equivalents at beginning	of year		441,398		439,280
Cash and cash equivalents at end of y	ear		483,290		441,398

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

#### 1 Accounting policies

#### **Charity information**

Get Berkshire Active Limited is a private company limited by guarantee incorporated in England and Wales. The registered office is Temple Room, Bisham Abbey Sports Centre, Marlow Road, Nr Marlow, Bucks, SL7 1RR.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.5 Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### 1 Accounting policies

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

#### Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

#### Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

### 1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

#### 1.9 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

(Continued)

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

#### 1 Accounting policies

#### 1.10 Leases

Rentals payable under operating leases, including any lease incentives received, are charged as an expense on a straight line basis over the term of the relevant lease.

#### 2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

#### 3 Charitable activities

	Sports England 2020	Local Authority 2020	Other public body 2020	Non - public 2020	Total 2020	Total 2019
	£	£	£	£	£	£
Sales within charitable						
activities	552,808	104,067	10,000	155,837	822,712	740,083
Analysis by fund						
Unrestricted funds	-	-	-	34,837	34,837	29,382
Restricted funds	552,808	104,067	10,000	121,000	787,875	710,701
	552,808	104,067	10,000	155,837	822,712	740,083

#### For the year ended 31 March 2019

Sports England	Local Authority	Other public body	Non - public	Total 2019
£	£	£	£	£
477,103	103,860	39,000	120,120	740,083
-	-	-	29,382	29,382
477,103	103,860	39,000	90,738	710,701
477,103	103,860	39,000	120,120	740,083
	England £ 477,103  477,103	England       Authority         £       £         477,103       103,860         477,103       103,860	England       Authority       body         £       £       £       £         477,103       103,860       39,000               477,103       103,860       39,000              477,103       103,860       39,000	England       Authority       body         £       £       £       £ $477,103$ $103,860$ $39,000$ $120,120$ $\_$ $\_$ $\_$ $\_$ $477,103$ $103,860$ $39,000$ $\_$ <

### (Continued)

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

#### 4 Investments

	Unrestricted funds	Unrestricted funds
	2020 £	2019 £
Interest receivable	3,628	3,165

### 5 Charitable activities

	Sport England	LocalOther public Non - public Authority body			Total 2020		
	2020	2020	2020	2020	2020	2010	
	£	£	£	£	£	£	
Staff costs	332,157	22,065	9,015	42,737	405,974	392,906	
Direct costs	145,037	79,618	10,942	93,839	329,436	279,019	
Governance and board							
meetings	2,202	-	-	-	2,202	2,326	
Rent	19,501	-	-	-	19,501	19,100	
Travel	5,734	801	595	596	7,726	11,632	
Insurance	2,019	-	-	-	2,019	1,976	
Partnership meetings	4,983	-	-	-	4,983	4,766	
Post, printing and stationery	1,771	_	_	_	1,771	1,910	
IT and communications	3,449		_	_	3,449	3,008	
Marketing	9,401		_	_	9,401	7,321	
Computer and website	3,401	-	-	-	3,401	7,521	
costs	7,920	-	-	-	7,920	20,323	
Other office costs	5,199	599	25	2,537	8,360	8,005	
Payroll costs	702	-		_,	702	648	
Professional fees	-	-	-	-	-	405	
	540,075	103,083	20,577	139,709	803,444	753,345	
	540,075	105,005	20,011	155,705	000,444	755,545	
Audit fee	3,583	-	-	-	3,583	3,210	
	543,658	103,083	20,577	139,709	807,027	756,555	
Analysis by fund							
Unrestricted funds	-	-	-	44,840	44,840	46,596	
Restricted funds	543,658	103,083	20,577	94,869	762,187	709,959	
	543,658	103,083	20,577	139,709	807,027	756,555	

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

### 5 Charitable activities

### For the year ended 31 March 2019

	Sport England	LocalOther public Non - public Authority body		on - public	Total 2019
	£	£	£	£	£
Staff costs	313,408	11,661	_	67,837	392,906
Direct costs	134,442	86,201	9,524	48,852	279,019
Governance and board meetings	2,326	-	-	-	2,326
Rent	19,100	-	-	-	19,100
Travel	7,327	862	299	3,144	11,632
Insurance	1,976	-	-	-	1,976
Partnership meetings	4,766	-	-	-	4,766
Post, printing and stationery	1,910	-	-	-	1,910
IT and communications	3,008	-	-	-	3,008
Marketing	7,321	-	-	-	7,321
Computer and website costs	20,055	-	-	268	20,323
Other office costs	7,946	-	-	59	8,005
Payroll costs	648	-	-	-	648
Professional fees	405	-	-	-	405
	524,638	98,724	9,823	120,160	753,345
Audit fee	3,210	-	-	-	3,210
	527,848	98,724	9,823	120,160	756,555
Analysis by fund Unrestricted funds				46,596	46,596
Restricted funds	- 527,848	- 98,724	- 9,823	40,590 73,564	40,590 709,959
				-	
	527,848	98,724	9,823	120,160	756,555

### 6 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

(Continued)

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2020

#### 7 Employees

8

9

### Number of employees

The average monthly number of employees during the year was:

	2020 Number	2019 Number
Average number of employees	12	12
Employment costs	2020 £	2019 £
Wages and salaries	348,205	332,586
Social security costs	26,431	25,051
Other pension costs	31,338	35,269
	405,974	392,906

The number of employees whose annual remuneration was  $\pounds 60,000$  or more were:

	2020 Number	2019 Number
Number of employees that received a salary at a rate of more than £65,000		
per annum in the period	1	1
Debtors		
	2020	2019
Amounts falling due within one year:	£	£
Trade debtors	51,646	28,892
Prepayments and accrued income	9,063	9,687
	60,709	38,579
Creditors: amounts falling due within one year		
	2020	2019
	£	£
Other taxation and social security	-	6,412
Trade creditors	22,634	51,453
Other creditors	4,816	4,816
Accruals and deferred income	134,171	54,680
	161,621	117,361

# NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2020

10	Analysis of net assets between funds						
		Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
		2020	2020	2020	2019	2019	2019
		£	£	£	£	£	£
	Fund balances at 31 March 2020 are represented by: Current assets/						
	(liabilities)	262,907	119,471	382,378	273,496	89,120	362,616
		262,907	119,471	382,378	273,496	89,120	362,616

### 11 Related party transactions

There were no disclosable related party transactions during the year (2019 - none).

Key management compensation was £85,550

12	Cash generated from operations	2020 £	2019 £
	Surplus/(deficit) for the year	19,313	(13,307)
	Adjustments for: Investment income recognised in statement of financial activities	(3,628)	(3,165)
	Movements in working capital: (Increase)/decrease in debtors Increase/(decrease) in creditors	(22,130) 44,709	29,410 (13,985)
	Cash generated from/(absorbed by) operations	38,264	(1,047)
10	Analysis of changes in not funds		

13 Analysis of changes in net funds The charity had no debt during the year.