

**REPORT OF THE TRUSTEES AND**  
**FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2020**  
**FOR**  
**TOWER HAMLETS PARENTS CENTRE**

Raffingers LLP  
19-20 Bourne Court  
Southend Road  
Woodford Green  
Essex  
IG8 8HD

**TOWER HAMLETS PARENTS CENTRE**

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**for the year ended 31 March 2020**

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**REPORT OF THE TRUSTEES**  
**for the year ended 31 March 2020**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The objects of the charity are as follows:

**Aims:**

The Tower Hamlets Parents Centre (THPC) is a registered charitable educational organisation based in the London Borough of Tower Hamlets. The Centre is a focus for education, training, advice and support for parents, guardians and/or carers of children. It provides a range of services and activities for parents/families in order to enable them to gain new knowledge, skills and confidence to increase involvement and participation in their children's education and to fulfil their roles as parents functioning as a successful 'family unit'. It provides support for parents/families in accessing services and organises programmes of activities encouraging inclusion, participation and connection in order to build stronger communities.

**Objectives:**

To encourage active parental participation in their children's education.

To provide Language classes for local women/mothers to improve their language, literacy and communication skills.

To provide advice and information for children, parents/families to improve choice and access to education.

To support parents/families in handling of their children's admissions and secondary transfer process.

To provide education/training for parents to enable them to bring up their families successfully.

To work with truants and children with behavioural problems and their families to prevent exclusions.

To support excluded children to remain in and complete their education.

To liaise with other organisations in Tower Hamlets doing similar or complimentary work.

To provide a safe and user-friendly environment where parents can meet to share mutual problems and experiences.

To provide Homework Support Sessions for local children to improve their attainment.

**REPORT OF THE TRUSTEES**  
**for the year ended 31 March 2020**

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

1. Intensive ESOL Class for women (Entry Levels 1-3): Two-two hourly Sessions per week were delivered for long term unemployed women at the Parents Centre for 10 weeks. This is a mixed ability Class for the women at Entry Levels 1-3 (16 women attended).
2. ICT Class for women: A one-hour weekly Session was delivered for long term unemployed women at the Parents Centre for 10 weeks (16 same women who attended the ESOL Class).
3. Careers Support for women: A three-hour weekly Session per week was delivered for long term unemployed women at the Parents Centre for 10 weeks (16 same women who attended the ESOL Class).
4. Parenting Skills Course: Two Courses consisting of a two-hour weekly Session was delivered to two Groups of parents over a period of 24 weeks. The Session intended to develop the knowledge and skills of young and first time mothers and thus, focused on parenting issues, especially parenting young children from birth to 6/7 years of age and children's Health, diet and illnesses, particularly Obesity among young children and how this serious endemic Health issue could be prevented (30 mothers attended).
5. Educational Advice and Information: The Early Intervention Project held a weekly Drop-in Session, providing advice and information on educational issues such as - Admissions, Secondary Transfer, Truancy, Free School Meals and Extended Leave, Behavioural Problems and Exclusions (64 beneficiaries served).
6. Educational Casework: The Early Intervention Project undertook Casework representing children in Admission Appeals, disciplinary and exclusion hearings (19 cases).
7. Outreach/ Mentoring Support for Truants and Excluded Children: The Early Intervention Project provided Mentoring Support to the children who were poorly performing with regard to Truancy and Exclusion and showed signs or were at risk of School failure. The Project Officer supported them, by developing a Case Plan for each child through discussion with them. The Project Officer also supported the mothers/ families of the beneficiary children in dealing with their Claims, Medical Care, Debt and Housing problems etc., by accompanying them to different Service Providers/ Support Agencies, making enquiries over the Telephone and interpreting for them, if required (17 cases served).
8. Educational Advocacy Work: The Early Intervention Project provided advocacy support for parents and families in communicating with Schools/ Teachers through interpreting for them, if required, where language caused a barrier and promoting understanding between parents and Schools by attending meetings (11 beneficiaries served).
9. Referrals/Access to Services: The Parents Centre supported mothers/families who needed support with their Claims, Immigration, Housing, Debt and Domestic Violence issues through a Referral Service (109 mothers/families).
10. Saturday Homework Club: A three hourly Session per week on Saturdays was delivered in order to provide additional support for 7 - 11 year old children in their Homework, particularly in English and Maths at Key Stages 1 and 2 (20 children attended).
11. Summer Holiday Activities: The Parents Centre delivered a Programme of activities and events for local children and families from deprived, disadvantaged and ethnic minority backgrounds, during the Summer Holiday, 2019. Activities included learning Sessions on Poetry, Reading and Writing, Arts and Crafts, Maths and Games, English and Maths, Film Shows and Games and a Daytrip to Margate Beach (216 children and parents participated).
12. Eid Party: The Parents Centre celebrated the Eid by holding a Party in August 2019, which facilitated local parents, children and families to come together, socialise and widen their social networks in order to promote Community Cohesion (130 parents and children attended).
13. Career Support to Unemployed Young People: The Parents Centre delivered a three hour weekly Drop in Session, providing advice and guidance on Employment issues, assisting young unemployed people in filling in Application Forms, writing Supporting statements and preparing for interviews during the year (29 beneficiaries).
14. Parents' Meetings: The Parents Centre organised 3 Parents' meetings on the issues; one on Obesity, one on Domestic Violence and another one on Forced Marriages, in order to raise awareness and inform parents of these issues (121 parents attended).

**REPORT OF THE TRUSTEES**  
**for the year ended 31 March 2020**

15. Nutrition and Cookery Classes: A three-hour weekly Nutrition and Cookery Session was delivered for 12 weeks. The first one hour of the Session discussed about nutrition, food value, calories, Child Obesity, protein and vitamins, effects of eating excessive salt, sugar and fat and the need for eating vegetables and less carbohydrates. The second two hours of the Session involved cooking Mediterranean, Chinese, some Indian and vegetarian dishes with less sugar, salt, oil or fat in a Healthy and cost effective way (20 women attended).

16. Fitness and Exercise Sessions: Two one-hourly Sessions per week were delivered for 16 weeks for two cohorts of 24 women. In these Sessions, having developed an Exercise Programme for individual participants, the Trainer advised them on food and diet and weighed them regularly to monitor the impact that the activities made on the Health of the participants. The participants also learnt some easy and light exercise practices and breathing exercise techniques which they could practise in their daily lives (24 women attended).

17. Self-Help Groups for Women: A two hourly Session per week for women was delivered at the Parents Centre for 6 weeks. In these Sessions, the participants talked about their illnesses and issues that they were experiencing and they also supported each other within the peer group (12 women attended).

18. Workshops on Healthy Eating: Three Workshops on Healthy Eating, especially emphasising the importance of eating fruit and vegetables, were delivered for 3 cohorts of 45 women, in partnership with Mohila Ongon (45 women).

19. Health Workshops for Women: An hourly two/three Sessions per week were delivered at the Tower Hamlets College for two cohorts of 24 women for 16 weeks. These Workshops showed Videos and discussed a range of issues such as Blood Pressure, Diet, Anaemia, Heart Disease, Osteoporosis, Asthma, Diabetes, Depression, Cervical Cancer and Breast Cancer etc. (24 women attended).

20. Health Workshops for Men and Women (Mixed Groups): We delivered 10 Workshops for five mixed cohorts of 55 men and women. These Workshops discussed different Health related issues like Healthy lifestyle, Healthy eating, Diet, Smoking Cessation, Keeping Fit, the need for Exercise and eating fruit and vegetables (55 beneficiaries).

21. Health Advocacy Work: A half a day Health Advocacy Session per week was provided at the Parents Centre for 40 weeks. In this Service, users were supported in making appointments, translating letters from Service Providers, showing the use of Gluco Meter (Blood Pressure Monitor), booking Physio-therapy Sessions, referring to local Gyms, Paan and Smoking Cessation Service and advising users how to lose weight, arranging Blood Tests, writing letters for making appointments, explaining use of medication and provided users with information on Health issues bi-lingually (151 people attended).

22. Paan Cessation Workshops: Three Paan Cessation Workshops were delivered. These workshops discussed the harmful effects of Paan Chewing and how this habit can be given up. As a follow up to these Workshops, a number of women who came to the Centre were given advice and information on the issue and refer them to the Cessation Service at The Royal London Hospital, Whitechapel (77 users).

23. Smoking Cessation Workshops: Five Workshops were delivered, attended by 117 men. These Workshops discussed the harmful effects of Smoking, the ways to give up this habit and support Provision available in the Borough (117 users).

24. Cervical Screening Workshops: Two Cervical Screening Workshops were delivered, attended by 31 women. These Workshops discussed the symptoms of Cervical disease and users were encouraged to undertake screening, emphasising the fact that early diagnosis of the illness can save lives (31 users).

25. Health Conference: The Parents Centre held a Health Conference, on the 23rd June 2019, with the objective to raise awareness of Health Issues and improve access to Services, leading to an improved Physical and Mental Health. The Event was attended by the Hon. Rushanara Ali, MP for Bethnal Green and Bow, as the Chief Guest and Professor Nicola Thomas, School of Health and Social Care, South Bank University, as the Keynote Speaker, of the Occasion, which was attended by 219 parents (219 beneficiaries).

26. Women's International Day: The Parents Centre celebrated the Women's International Day on 11th March 2020, in partnership with Mohila Ongon, in order to promote Women's issues such as Gender Equalities, Education and Careers, Safeguarding against Domestic Violence and Forced Marriages. The Programme of the day included a talk on Domestic Violence and a presentation on Cancer and Cervical Screening which dealt with the symptoms of the killer disease and encouraged women to undertake screening with an emphasis on the fact that early screening and diagnosis of the disease can save lives (216 women attended).

**REPORT OF THE TRUSTEES**  
**for the year ended 31 March 2020**

27. Yoga Session for Women: A one-hour weekly Session was delivered for 21 weeks for two cohorts of 32 women. In these Sessions, the beneficiaries practised different light exercise and Yoga Techniques that led to improved Mental and Physical Health (32 women attended).

28. Health Talks in Schools: We delivered two Health Talks in a School to raise awareness of young children about Healthy Eating, the negative effects of unhealthy food on human body and life, highlighting the importance of Exercise, providing information on Healthy meals, the main Food Groups, causes of Obesity and Mental Health issues (59 children attended).

29. Referrals to Sports Clubs: We referred young people to Sports Clubs in order to encourage and enable them to undertake regular Fitness and Exercise activities (51 referrals).

30. Accreditation to women who attended ICT/ESOL Courses: We gave Accreditation to 19 women, attending Intensive ESOL, ICT and Careers Support at Entry levels 1-3, examined by Trinity College London (19 women).

For 2019/2020, the Parents Centre has worked with over 1,934 beneficiaries (parents and children).

**Covid- 19 Statement**

Covid-19 is an unprecedented circumstance which we never could contemplate nor anticipate.

As Tower Hamlets Parents Centre works with parents and families, we could not deliver our Services since the Lockdown began in March 2020. However, we received some funding to deliver Covid-19 related activities for example; Talking Sessions with people with Mental Health issues, Yoga Sessions, Nutrition and Cookery Session and Music Sessions which are being delivered virtually by the dedicated Staff from their homes.

In order to ensure safety of our Staff, we organised Nutrition and Cookery Sessions for our Staff and Trustees virtually to improve their awareness of the Pandemic; how to wash hands frequently, use face masks whenever they are outside or possibly with other people and maintaining social distancing when being with other people or travelling by Public Transport. We also sent out emails to our beneficiaries to make them aware of these issues, urging them to practise them to ensure their own safety and that of others.

As our Services require the physical presence of Staff and beneficiaries, we discontinued our Services from the 3rd week of March 2020. However, when the situation improves and the beneficiaries feel confident and are able to come out and participate in our Services, we will resume the delivery of our Services.

As we have deferred a few streams of our funding, it will provide us with some income to deliver our Services in the next year. Unfortunately, most of the Donor Charities are not receiving Applications currently, possibly, due to the Pandemic. They have been impacted adversely and are generating lower incomes than they normally do. Moreover, we will strive hard to raise money when the situation becomes more normal and the Donor Charities are accepting Applications again. Additionally, we will try to economise our expenses currently and in the future.

**FINANCIAL REVIEW**

**Investment policy and objectives**

Under its Memorandum of Association the charity has power to invest in any way the trustees wish.

**Reserves policy**

The trustees have established the level of reserves (that is those funds that are freely available) that the charity ought to have. Reserves are needed to bridge the funding gaps between spending on activities and receiving resources through voluntary grants. The trustees consider that the ideal level of reserves as at 31 March 2020 would be three months of resources expended which equates to £31,013.

The actual reserves as at 31 March 2020 were £6,733 which is £24,280 less than our target figure. In calculating the reserves, the trustees have excluded from total funds the restricted income funds (£51,513).

The trustees are actively pursuing sources of funding in order to ensure that there are sufficient reserves to provide to financial stability and flexibility.

**REPORT OF THE TRUSTEES**  
**for the year ended 31 March 2020**

**FUTURE PLANS**

Tower Hamlets Parents Centre will continue to expand and develop its activities to provide encouragement for active parental participation in their children's education.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

Tower Hamlets Parents Centre is a charitable company limited by guarantee and is governed by its Memorandum and Articles of Association.

**Recruitment and appointment of new trustees**

New Trustees are appointed due to their interest in the work of charity and their recognised experience in specific fields which will further support the work of the Tower Hamlets Parent Centre.

**Organisational structure**

The board of trustees administers the charity. The board meets quarterly.

**Induction and training of new trustees**

New trustees are appointed due to their interest in the work of the charity and their recognised experience in specific fields which will further support the work of Tower Hamlets Parents Centre. New trustees are given a full induction by the director. Trustees can retire when they wish as they do not serve under a fixed term of tenure.

**Wider network**

At present Tower Hamlets Parents Centre does not consider itself part of a wider network.

**Related parties**

Tower Hamlets Parents Centre has no tied organisations or companies.

**Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

03246084 (England and Wales)

**Registered Charity number**

1059773

**Registered office**

Unit 1 Links Yard  
29 Spelman Street  
London  
E1 5LX

**Trustees**

Mr G Mortuza Vice-Chair and Ex- Local Councillor  
Mr S Miah Business Representative  
Mr S Ahmed Treasurer Retired Teacher  
Mr M Islam Trustee and User Representative  
Md M S A Khan School Governors' Representative  
Mrs F Ahmed Women Group's Representative  
Mr M C Ray Trustee, Retired Teacher

**Company Secretary**

Mrs F Ahmed

**REPORT OF THE TRUSTEES**  
**for the year ended 31 March 2020**

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Auditors**

Raffingers LLP  
19-20 Bourne Court  
Southend Road  
Woodford Green  
Essex  
IG8 8HD

**PUBLIC BENEFIT STATEMENT**

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**

The trustees (who are also the directors of Tower Hamlets Parents Centre for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**AUDITORS**

The auditors, Raffingers LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 17 December 2020 and signed on its behalf by:

Mr S Miah - Trustee



**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
TOWER HAMLETS PARENTS CENTRE**

**Opinion**

We have audited the financial statements of Tower Hamlets Parents Centre (the 'charitable company') for the year ended 31 March 2020 which comprise the Statement of Financial Activities, the Balance Sheet and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2020 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note 17 to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

**Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

**Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
TOWER HAMLETS PARENTS CENTRE**

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Mr Thurairatnam Sudarshan FCCA (Senior Statutory Auditor)  
for and on behalf of Raffingers LLP  
19-20 Bourne Court  
Southend Road  
Woodford Green  
Essex  
IG8 8HD

17 December 2020

**TOWER HAMLETS PARENTS CENTRE**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**for the year ended 31 March 2020**

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	10,715	113,197	123,912	159,295
Investment income	3	62	-	62	12
<b>Total</b>		<u>10,777</u>	<u>113,197</u>	<u>123,974</u>	<u>159,307</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	4				
Education, training and advice		10,881	99,766	110,647	137,263
Governance cost		-	13,408	13,408	10,580
<b>Total</b>		<u>10,881</u>	<u>113,174</u>	<u>124,055</u>	<u>147,843</u>
<b>NET INCOME/(EXPENDITURE)</b>		<u>(104)</u>	<u>23</u>	<u>(81)</u>	<u>11,464</u>
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		6,837	51,490	58,327	46,863
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>6,733</u></u>	<u><u>51,513</u></u>	<u><u>58,246</u></u>	<u><u>58,327</u></u>

The notes form part of these financial statements

**BALANCE SHEET**  
**31 March 2020**

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	11	-	2,445	2,445	2,877
<b>CURRENT ASSETS</b>					
Debtors	12	-	2,260	2,260	2,260
Cash at bank and in hand		6,733	72,112	78,845	70,316
		<u>6,733</u>	<u>74,372</u>	<u>81,105</u>	<u>72,576</u>
<b>CREDITORS</b>					
Amounts falling due within one year	13	-	(25,304)	(25,304)	(17,126)
<b>NET CURRENT ASSETS</b>		<u>6,733</u>	<u>49,068</u>	<u>55,801</u>	<u>55,450</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>6,733</u>	<u>51,513</u>	<u>58,246</u>	<u>58,327</u>
<b>NET ASSETS</b>		<u><u>6,733</u></u>	<u><u>51,513</u></u>	<u><u>58,246</u></u>	<u><u>58,327</u></u>
<b>FUNDS</b>	15				
Unrestricted funds				6,733	6,837
Restricted funds				<u>51,513</u>	<u>51,490</u>
<b>TOTAL FUNDS</b>				<u><u>58,246</u></u>	<u><u>58,327</u></u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17 December 2020 and were signed on its behalf by:

Mr S Miah - Trustee

**TOWER HAMLETS PARENTS CENTRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**for the year ended 31 March 2020**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Critical accounting judgements and key sources of estimation uncertainty**

Preparation of the accounts requires the trustees and management to make significant judgements and estimates. The items in the accounts where these judgements and estimates have been made include:

- estimating the useful economic life of tangible fixed assets.
- allocation of support costs across charitable activities.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Charitable activities**

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Governance costs**

Governance costs comprise those costs associated with meeting the constitutional and strategic requirements of the charity and the audit fees and costs linked to the strategic management of the charity.

**Allocation and apportionment of costs**

Overhead and support costs relating to charitable activities have been apportioned based on staff time.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

- |                       |                           |
|-----------------------|---------------------------|
| Fixtures and fittings | - 15% on reducing balance |
| Computer equipment    | - 15% on reducing balance |

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**TOWER HAMLETS PARENTS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 March 2020**

**1. ACCOUNTING POLICIES - continued**

**Cash at bank and in hand and debtors**

Cash at bank and in hand represents such accounts and instruments that are available on demand or have a maturity of less than three months from the date of acquisition. Deposits for more than three months but less than one year have been disclosed as short term deposits.

Debtors are recognised at their settlement amount, less any provision for non-recoverability. Prepayments are valued at the amount prepaid. They have been discounted to be present value of the future cash receipt where such discounting is material.

**Creditors and provisions**

Creditors and provisions are recognised when there is an obligation at the balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably. Creditors and provisions are recognised at the moment the charity anticipates it will pay to settle the debt. They have been discounted to the present value of the future cash payments where such discounting is material.

**2. DONATIONS AND LEGACIES**

	2020	2019
	£	£
Donations	10,715	10,250
Grants	113,197	149,045
	<hr/>	<hr/>
	123,912	159,295
	<hr/>	<hr/>

Grants received, included in the above, are as follows:

	2020	2019
	£	£
London Borough of Tower Hamlets	5,526	11,053
BBC Children in Need Appeal	19,604	11,067
Charles S French Charitable Trust	2,000	2,000
Garfield Weston Foundation	3,333	8,000
The Hale Trust	750	850
City Bridge Trust/City of London Corporation	4,743	21,674
Big Lottery Fund	64,876	86,401
29th May 1961 Charitable Trust	2,000	2,000
Woodward Charitable Trust	450	-
London Council/ESF	5,697	-
The February Foundation	-	3,000
The Magdalen Hospital Trust	-	1,000
Schroder Charity Trust	-	2,000
Paddington Development Trust	2,418	-
East End Community Foundation/LBTH	1,800	-
	<hr/>	<hr/>
	113,197	149,045
	<hr/>	<hr/>

**TOWER HAMLETS PARENTS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 March 2020**

**3. INVESTMENT INCOME**

	2020	2019
	£	£
Deposit account interest	62	12
	<u>62</u>	<u>12</u>

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 5) £	Totals £
Education, training and advice	68,919	41,728	110,647
Governance cost	-	13,408	13,408
	<u>68,919</u>	<u>55,136</u>	<u>124,055</u>

**5. SUPPORT COSTS**

	Management £	Finance £	Governance costs £	Totals £
Education, training and advice	38,213	240	3,275	41,728
Governance cost	9,513	-	3,895	13,408
	<u>47,726</u>	<u>240</u>	<u>7,170</u>	<u>55,136</u>

**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2020	2019
	£	£
Auditors' remuneration	1,800	1,800
Depreciation - owned assets	432	507
	<u>2,232</u>	<u>2,307</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor for the year ended 31 March 2019.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2020 nor for the year ended 31 March 2019.

**TOWER HAMLETS PARENTS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 March 2020**

**8. STAFF COSTS**

	2020	2019
	£	£
Wages and salaries	72,315	106,283
Social security costs	1,826	3,571
	<u>74,141</u>	<u>109,854</u>

The average monthly number of employees during the year was as follows:

	2020	2019
Charitable expenditure	4	6
Administration	1	1
	<u>5</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

No employee received remuneration amounting to more than £60,000 in either year.

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	10,250	149,045	159,295
Investment income	12	-	12
<b>Total</b>	<u>10,262</u>	<u>149,045</u>	<u>159,307</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Education, training and advice	10,262	127,001	137,263
Governance cost	-	10,580	10,580
<b>Total</b>	<u>10,262</u>	<u>137,581</u>	<u>147,843</u>
<b>NET INCOME</b>	<u>-</u>	<u>11,464</u>	<u>11,464</u>
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	6,837	40,026	46,863
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>6,837</u>	<u>51,490</u>	<u>58,327</u>



**TOWER HAMLETS PARENTS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 March 2020**

**10. DEFERRED INCOME**

Deferred income comprised of grants from several institutions. Income deferred in the current year relates to grants received from institutions for use in future accounting periods.

Balance as at 1 April 2019	13,975
mount released to incoming resources	(13,975)
Amount deferred in the year	18,206
	<hr/>
Balance as at 31 March 2020	18,206
	<hr/> <hr/>

**11. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £	Computer equipment £	Totals £
<b>COST</b>			
At 1 April 2019 and 31 March 2020	16,418	11,663	28,081
	<hr/>	<hr/>	<hr/>
<b>DEPRECIATION</b>			
At 1 April 2019	15,486	9,718	25,204
Charge for year	140	292	432
	<hr/>	<hr/>	<hr/>
At 31 March 2020	15,626	10,010	25,636
	<hr/>	<hr/>	<hr/>
<b>NET BOOK VALUE</b>			
At 31 March 2020	792	1,653	2,445
	<hr/>	<hr/>	<hr/>
At 31 March 2019	932	1,945	2,877
	<hr/>	<hr/>	<hr/>

**12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020 £	2019 £
Prepayments	2,260	2,260
	<hr/>	<hr/>
	2,260	2,260
	<hr/> <hr/>	<hr/> <hr/>

**TOWER HAMLETS PARENTS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 March 2020**

**13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020 £	2019 £
Accrued expenses	25,304	17,126
	<u>25,304</u>	<u>17,126</u>

**14. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2020 £	2019 £
Within one year	18,652	18,652
	<u>18,652</u>	<u>18,652</u>

**15. MOVEMENT IN FUNDS**

	At 1.4.19 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General fund	6,837	(104)	6,733
<b>Restricted funds</b>			
Restricted fund	51,490	23	51,513
<b>TOTAL FUNDS</b>	<u>58,327</u>	<u>(81)</u>	<u>58,246</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	10,777	(10,881)	(104)
<b>Restricted funds</b>			
Restricted fund	113,197	(113,174)	23
<b>TOTAL FUNDS</b>	<u>123,974</u>	<u>(124,055)</u>	<u>(81)</u>

**TOWER HAMLETS PARENTS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 March 2020**

**15. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.18 £	Net movement in funds £	At 31.3.19 £
<b>Unrestricted funds</b>			
General fund	6,837	-	6,837
<b>Restricted funds</b>			
Restricted fund	40,026	11,464	51,490
<b>TOTAL FUNDS</b>	<u>46,863</u>	<u>11,464</u>	<u>58,327</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	10,262	(10,262)	-
<b>Restricted funds</b>			
Restricted fund	149,045	(137,581)	11,464
<b>TOTAL FUNDS</b>	<u>159,307</u>	<u>(147,843)</u>	<u>11,464</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.18 £	Net movement in funds £	At 31.3.20 £
<b>Unrestricted funds</b>			
General fund	6,837	(104)	6,733
<b>Restricted funds</b>			
Restricted fund	40,026	11,487	51,513
<b>TOTAL FUNDS</b>	<u>46,863</u>	<u>11,383</u>	<u>58,246</u>

**TOWER HAMLETS PARENTS CENTRE**

**NOTES TO THE FINANCIAL STATEMENTS - continued**  
**for the year ended 31 March 2020**

**15. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	21,039	(21,143)	(104)
<b>Restricted funds</b>			
Restricted fund	262,242	(250,755)	11,487
<b>TOTAL FUNDS</b>	<u>283,281</u>	<u>(271,898)</u>	<u>11,383</u>

Net movement in funds, included in the above are as follows:

**Restricted funds - 2020**

	Incoming resources £	Resources expended £	Movement in funds £
Early Intervention Project	13,000	13,000	-
Homework club	10,000	10,000	-
Summer programme	6,000	6,000	-
Health matters 2 programme	64,876	64,876	-
Women ICT embedded with ESOL	19,041	19,018	23
Parenting skills course	320	320	-
	<u>113,197</u>	<u>113,174</u>	<u>23</u>

**Restricted funds - 2019**

	Incoming resources £	Resources expended £	Movement in funds £
Early Intervention Project	13,624	12,500	1,124
Homework club	12,800	6,156	6,644
Summer programme	12,450	10,524	1,926
Health matters 2 programme	86,401	86,401	-
Women ICT embedded with ESOL	23,450	21,680	1,770
Parenting skills course	320	320	-
	<u>149,045</u>	<u>137,581</u>	<u>11,464</u>

**Name of fund**

Health matters 2  
programme

**Description, nature and purpose for the fund**

To provide a range of services in order to reduce inequalities in health by improving physical and mental health of disadvantaged ethnic minority communities. The services and activities delivered include Outreach Support, Health Advocacy, Workshops on Health issues, Fitness Exercise and Swimming Sessions, Nutrition and Cookery Class, Healthy Food Exhibition and Workshops on Smoking and Paan Cessation and Cervical Screening.

## **TOWER HAMLETS PARENTS CENTRE**

### **NOTES TO THE FINANCIAL STATEMENTS - continued** **for the year ended 31 March 2020**

#### **15. MOVEMENT IN FUNDS - continued**

Early Intervention Project	To provide mentoring support to the children who were poorly performing with regard to Truancy and Exclusion and showed signs and at risk of school failure.
Homework Club	To provide additional support for 7-11 year old children in their homework, particularly in English and Maths at Key Stage 2.
Summer Programme	To deliver programmes of activities and events for local children and families during the Summer Holiday 2018.
Women ICT embedded with ESOL	To provide ICT embedded with ESOL classes to improve women's literacy and ICT skills.

Restricted funds represent funds which have been given for particular purposes in connection with the provision of advice, education, training and support in line with the charity's objectives.

Unrestricted funds represents funds available to the trustees for the general purposes of the charity.

#### **16. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2020.

#### **17. FRC ETHICAL STANDARD - PROVISIONS AVAILABLE FOR SMALL ENTITIES**

In common with many other businesses of our size and nature we use our auditors to assist with the preparation of the financial statements.

#### **18. AUDITOR LIABILITY LIMITATION AGREEMENT**

The charity has entered into a liability limitation agreement with Raffingers LLP, the statutory auditor, in respect of the statutory audit for the year ended 31 March 2019. The proportionate liability agreement follows the standard terms in Appendix B to the Financial Reporting Council's June 2008 Guidance on Auditor Liability Agreements, and was approved by the directors on 24 April 2019.

#### **19. DONATIONS**

	2020 £	2019 £
HC Beer Charity Trust	-	3,000
City London Solicitors	1,000	-
Dentons Charitable Trust	1,000	-
The Master Poulter's Pelican Trust	-	250
Worshipful Company of Inholders	2,000	-
The Worshipful Company of Coopers	3,000	1,500
HDH Wills 1965 Charitable Trust	-	500
Ruben Foundation	250	-
Jacobs Charitable Trust	200	-
Holman Fenwick Wilan LLP	3,265	-
The Worshipful Company Of BasketMakers' 2011 Charitable Trust	-	5,000
	<hr/> 10,715 <hr/>	<hr/> 10,250 <hr/>