

# **Can-Survive UK**

**Annual Report and Financial  
Statements 31<sup>st</sup> March 2020**

**Charity Registration Number: 1166128**

## **CAN-SURVIVE UK**

### **REPORT OF THE TRUSTEES FOR YEAR ENDED 31<sup>ST</sup> MARCH 2020**

The Trustees present their report and the unaudited financial statements for the year ended March 2020.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

1166128

##### **Registered office and operational address:**

Kath Locke Centre  
123 Moss Lane East  
Hulme  
Manchester  
M15 5DD

##### **Trustees**

Trustees who served during the year and up to the date of this report were as follows:

Kirit Patel	Chair
Rose Thompson	Vice-Chair
Vikki Morgan	Treasurer
Suresh Rambaran	
Winsome Richbell-Brown	
Claudia McFarlane	
Paul Mattis	

##### **Independent Examiner**

Jennifer Daniel FCCA DChA  
Slade & Cooper Limited  
Greenfish Resource Centre  
46-50 Oldham St Manchester  
M4 1LE

##### **Bank**

HSBC  
760 Wimslow  
Road Didsbury  
Manchester  
M20 2DP

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

## CHAIR'S INTRODUCTION

This is Can-Survive UK's (CSUK) fourth annual financial and organisational report and this year has been one of financial growth, increased capacity and expansion into new areas of Manchester.

Now in its fifth year, CSUK continues to be based within the Kath Locke Centre – a much loved community resource centre in Hulme, Manchester. From this base, we continue to support people affected by cancer through our support groups for women and men, therapeutic services, individualised advice, information and support, home visits and advocacy service.

During this reporting period, we successfully secured three years' funding from The National Lottery Community Fund; a massive boost for the organisation, as the funding enabled the organisation to increase its capacity, further secure its stability and sustainability. We were able to employ two vital roles: a Services Development and Delivery Manager and a Finance and Project Administrator.

We raised additional funding to assist the organisation to extend its reach into new areas – replicating our support and advice services in Old Trafford in South Manchester, Cheetham Hill and Harpurhey in North Manchester.

CSUK has rapidly become the 'go to' organisation for statutory healthcare providers and cancer support services when seeking to improve their understanding of and engagement with community members from a Black, Asian and Minority Ethnic (BAME) background. As a result, CSUK was asked on several occasions to present to health professionals, students and cancer research teams. This is a testament to CSUK's positive and admirable reputation with key stakeholders across the voluntary, private and academic sectors, locally and nationally.

We would like to thank all of CSUK's supporters, commissioners and funders including **Action Together; African Caribbean Mental Health Services; ALL FM; Anglo West Indian Club, Oldham; Arawak Walton Housing Association; ASDA, Hulme, BHA for Equality in Health and Social Care; BME Cancer Communities; Cancer Equality; CDL Software; Diamond FM; Forever Manchester Auto Trader; Forever Manchester; Greater Manchester Health and Wellbeing Fund; Legacy FM; Macmillan; Manchester Research Centre; New Testament Church of God (Cheetham Hill); No 93 Community Centre, Harpurhey; One Manchester; Orchid Cancer; Salford CVS; Salim Uddin-Khandakar, Salutations; Sally Penni LLB (HONS) In Law, Kenworthy Chambers; The National Lottery Community Fund; The National Lottery Awards for All; The Welcome Centre; Trafford Housing Trust (Limelight; Victoria Breast Cancer Unit, Royal Oldham Hospital; Vijay Sangar, Consultant Urological Surgeon, The Christie NHS FT and Manchester University NHS FT; We Love Manchester.**

We are and remain grateful for this support as it is integral to CSUK's continued growth and more importantly the organisations' ability to go on providing the much needed support to community members affected by cancer.

Service users and wider community members remain at the core of what we do. Collectively, they continue to make CSUK what it is: a culturally appropriate space within which meet others and make new friends; share their feelings and concerns; grow their self-confidence and esteem; and learn new skills and try out alternative therapies.

CSUK supports individuals to use their lived experience of cancer to become community cancer champions. To go into their own communities and help break down the barriers that prevent people from recognising signs and symptoms of common cancers, seek help from their GP, speak about cancer with others and engage with the NHS cancer screening programmes available. As more and more people are diagnosed with cancer, Community Cancer Champions will become even more integral to the organisation.

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

In February 2020, I am delighted to say that CSUK was awarded '*Community Group of the Year*' at Forever Manchester's 30<sup>th</sup> celebration. The awards were organised by Forever Manchester and sponsored by CDL Software to which we say 'a huge thank you to both organisations for recognising our work in the community'.

I continue to be proud of Can-Survive UK and its many achievements.

The impact of COVID-19 in March 2020, right at the end of this reporting period, has and continues to impact on the ability to deliver all our services and projects to our service users. Although our face to face services have been interrupted, we have still been able to support some service users over the telephone and online using tools such as Zoom. What has become clear during this period is (a) the need for a digital inclusion project for those service users who are elderly, marginalised or disadvantaged and (b) the ability to quickly adapt our services enabling a seamless transition to online delivery.

At the time of writing this Report, we find ourselves in the 'second wave' of the pandemic. With 2020 nearly behind us, we as an organisation will be looking at what we need to put in place to ensure effective and efficient continuity of our services, going forward.

On behalf of the Trustees, we again would like to thank Marcella for her vision, passion, hard work, commitment and leadership that continue to contribute to the sustainability of the organisation. Thank you also to the Board of Trustees who collectively utilise their experience and skills to work together as a team; providing the strategic direction and support that enables CSUK's progression.

Finally, as in previous years, I would like to express our sincere thanks to our staff team, volunteers, donors and stakeholders for their valued contribution, big and small, all of which goes towards improving the health and wellbeing of our service users, carers, and family members affected by cancer.

**Kirit Patel**  
**Chair**

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

## **Our Mission**

To provide culturally appropriate information, support, holistic activities and cancer awareness to people living with or affected by cancer. Our services are primarily but not exclusively targeted to people from a Black and Minority Ethnic (BME) backgrounds. Our service is for everyone.

## **Our Vision**

CSUK continues to aspire to be a centre of excellence, providing cancer related information, support and health and wellbeing holistic activities that meet the cultural needs of its service users and help to improve their quality of life. Service users continue to remain central in the development and delivery of innovative, creative and exciting tailor-made services that are accessible, appropriate and responsive – ensuring that our services take into account the diversity of the communities we work with in terms of gender, age, sexuality, culture, literacy, disability, income and faith.

## **Our Objectives**

- To work in collaboration with mainstream cancer organisations to ensure that resources are developed with cultural sensitivity and understanding
- To ensure that all CSUK's resources are culturally appropriate and accessible to our target groups
- To develop and deliver awareness raising programmes in terms of cancer and its related issues that disproportionately affect BME communities
- To actively campaign for change in service delivery and access through research, pilot studies, consultations and service development plans
- To constantly review and strengthen the internal systems for the organisation and other policies and procedures
- To develop clear and robust internal policies, monitoring and evaluation systems and strategic plans for our core areas of work.
- Externally, we will ensure that CSUK delivers its services equal to those of mainstream cancer support providers.
- To develop clear policies in relation to volunteers within the organisation
- To develop clear, transparent and accountable monitoring and evaluation procedures and internal systems to be accountable to our funders, commissioners and target groups
- To continue to foster and strengthen our links with commissioners and funders to ensure financial stability
- To identify and develop new areas to generate income, such as training and consultancy services
- To provide ongoing reviews for meeting staff and volunteers' needs in terms of supervisions, appraisals and training support
- To identify and secure alternative premises that is appropriate and accessible for our service users
- To develop models of work in conjunction with other agencies which will target particular groups, such as the Roma community and Eastern European population groups
- To promote cancer awareness within BME communities, locally and regionally.
- To work with key policy makers to ensure that purchasers and providers are meeting the needs of our service users living with or affected by cancer.
- To effectively and strategically network and build partnerships on a local, regional and national level with other cancer related agencies.
- To highlight and challenge any discriminatory practices that exists within cancer service provisions.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

### **Why CSUK?**

It is now predicted that one in three people in the UK will be diagnosed with cancer. (Macmillan Cancer Support).

According to the 2011 census, 33.4% of Manchester residents are from a non-White ethnic background. In comparison with White ethnic groups, Black people living in Manchester have significantly higher rates of multiple myeloma and stomach cancer, Black men have higher rates of prostate cancer and Asian women have increased rate of cancers of the mouth. There are inequalities in access to prevention, screening, treatment and support services.

Due to language and cultural barriers, many BME people living with or affected by cancer do not access the support services delivered by mainstream cancer organisations. They often stay at home resulting in increased isolation, anxiety and stress, as well as a decrease in confidence, fitness and energy levels. These factors can have a negative impact on their emotional, physical, mental and psychological wellbeing. Mainstream cancer organisations and health and social care providers have identified these issues and often describe BME communities as 'hard to engage'.

Despite the delivery of targeted cancer awareness campaigns to our target populations, awareness about cancer remains low in BME, marginalised and disadvantaged populations, leading to later diagnosis and poorer outcomes.

There has been an improvement in the availability of culturally sensitive cancer resources for BME people affected by cancer, however the offer of culturally appropriate support remains challenging within mainstream cancer organisations. Often staff within mainstream cancer services are not culturally aware which can lead to mistrust, breakdown of communication and lack of engagement from the patient / service user.

### **About CSUK**

Founded in March 2015 and registered as a charity in March 2016, CSUK provides support and information that is culturally sensitive, person-centred, holistic and accessible. We help people through to come to terms and cope with the diagnosis, treatment and after effects of having cancer – that also include family members and carers.

CSUK is currently located at the Kath Locke Centre, a well utilised community resource based in Hulme, Manchester. Our services, although targeted at the Black and Minority Ethnic population is available for anyone with cancer over the age of 18 years.

At CSUK, everyone is individual. There is no 'one size fits all' approach to our services, as everyone's cancer journey is different and unique and it is on this basis that our services and projects are developed to ensure that our service users' needs are met.

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

Our services include:

- Cancer Support Groups
- Home Visiting Service
- Advocacy
- Group and 1:1 activities and therapies
- Diverse range of holistic therapies, i.e. massage, talking therapy, art therapy, yoga, exercise, relaxation
- Workshops, i.e. cancer management, managing anxiety and stress, relationships, hair loss and solutions
- Focus Groups / Consultations (organisation and facilitation)
- Cancer Awareness sessions / events
- Information Service

CSUK's support services are free of charge. This is important as the majority of our service users are marginalised and disadvantaged.

Our services are delivered by experienced, trained and qualified professionals. We also have volunteers who contribute hugely to the development and delivery of the organisation.

This year was a pivotal year in terms of growth, as we successfully secured three years' funding from The National Lottery Community Fund. This funding helped us to secure the organisation's two first roles – that of Services Delivery and Development Manager and Finance and Project Administrator. The funding also contributed to meeting other significant core and service delivery costs.

## **SUPPORT and INFORMATION SERVICES/ACTIVITIES**

### **Support Groups: Women Only Wednesdays (WOW) and Men only Thursdays (MOT) Cancer Support Groups**

We continue to deliver the support **WOW** and **MOT** support groups, (funded by Macmillan, The National Lottery Community Fund) which take place on Wednesdays or Thursdays on a fortnightly basis. The groups welcome everyone whilst specifically targeting BME people living with and beyond cancer, their family members and /or carers. The groups enable those affected by cancer to meet others going through a similar experience. Service users feedback that they like attending the group as not only does it meet their cultural needs; i.e. they meet other people from similar backgrounds, traditions and cultures and they are also able to participate in various activities and workshops such as yoga, exercise, relaxation and breathing, art therapy, group talking therapy, walk and talk, workshops covering health and wellbeing, as well as cancer awareness. During this reporting period we delivered **51** sessions and **85** accessed the support groups.

Funding from Forever Manchester Auto Trader enabled us to start **Coffee Connect Chat** – a safe place for all service users to come together for a chat, refreshments, play board games, take part in quizzes – generally socialise, create new friendships and memories. This is also delivered fortnightly. During this reporting period we delivered **17** sessions and **28** individuals attended the sessions.

### **Cancer Support and Information: Old Trafford / Cheetham Hill**

The organisation was also able to expand its services to other parts of Manchester with funding from Awards for All. Working in partnership with **Limelight** in **Old Trafford**, **New Testament Church of God** and **Welcome Centre** in **Cheetham Hill** and **No. 93 Community Centre** in **Harpurhey**, we were able to deliver fortnightly Cancer Support and Information drop ins. At the various venues, we engaged with community members offering advice to people affected by cancer as well as finding out what they would like in a cancer support service in their area. Delivering these sessions helped us to identify the different needs of the community as well as the different approaches we would have to take to ensure engagement. The sessions at No 93 were in preparation for launching the service in May

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

2020. During this period we delivered **22** sessions and engaged with **240** individuals across all Centres.

We were delighted this year to be able to offer counselling sessions to service users. With funding from Greater Manchester Mental Health Wellbeing Fund we created our **Talk and Thrive** project. The sessions offered were on a group or 1:1 basis. With the funding we were able to deliver **8** group sessions and **58** 1:1 sessions (on average individuals received 6 sessions each). Working with two qualified, experienced and culturally appropriate therapists, service users were able to explore their feelings about their cancer diagnosis i.e. fear of death, fear of the cancer returning etc. Having this service also challenged the taboos that exist within Black communities about speaking with a counsellor and generally talking about feelings. In total this project engaged with **32** individuals.

As part of our support for service users, we also successfully secured a number of Macmillan Grants for individuals which provided them with much needed extra finance during the early stages of being diagnosed with cancer.

The **annual trip** this year was once again Llandudno, Wales. This was funded by donations from One Manchester and Arawak Walton Housing Association and Salford CVS.

The men of the MOT Cancer Support Group had the opportunity to travel to Nottingham to meet the service users of Friends and Bredrin (FAB) – a prostate cancer support group aimed at but not exclusive to Black men. They shared their experiences, exchanged tips and ideas on how to better manage the impact of cancer treatment. The men thoroughly enjoyed the experience – requesting that we make it an annual event.

Funding also from Greater Manchester Mental Health Wellbeing fund also contributed to the annual service users' Christmas celebration. This was held in a local community hall and service users were fully involved from conception through to delivery – making decorations in their art sessions, decorating the hall, sourcing the entertainment, delivering speeches, testimonies and remembering those we had lost during the year. Service users, their carers and family members all came together and had a very enjoyable evening.

We successful also secured £1,000 from Celebrate Lottery 25 – however due to COVID-19 our first celebratory event has been postponed until 2021.

## **Advocacy**

We continue to advocate on behalf of service users; i.e. attending GP / hospital / benefits appointments – assisting them to ensure that their views and wishes are being heard and any issues dealt with effectively and to their satisfaction. This area of work increased during this period as service users frustrated with not being 'listened to' or struggling to understand details of their cancer diagnosis or treatment, housing issues, immigration issues, financial matters, requested that CSUK attended various appointments with different bodies and draft letters to consultants, GPs, Home Office, Housing departments, on their behalf. During this period we provided advocacy services to **12** individuals.

One of the highlights was helping a gentleman (referred to us by African Caribbean Mental Health Service) who accessed our service in February 2020 after being diagnosed with prostate cancer in July 2019. This gentleman was also homeless and going through the immigration process. Up to March 2020, we managed to engage with his GP, consultants at The Christie NHS Foundation Trust and Manchester Royal Infirmary Hospital and The Greater Manchester Immigration Aid Unit. We worked as a team to bring about positive outcomes in all areas – which we will report on in our 2020/2021 Report.



Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

### Home Visiting Service

We conduct home visits to service users who are not able to come to the office. During this period, the majority of our house calls were to assist family members access the right services for their loved one coming to end of life. We supported **4** families during this period.

At the time of writing this report, this element of our services has increased as a result of COVID-19. Visits to homes as become an integral part of what we do, as many of our elderly service users shield, isolate or are too fearful to leave their homes. We will expand on this in our 2020/2021 Report.

### FOCUS GROUPS/CONSULTATIONS

This area of our work is vital to ensuring that the thoughts, opinions and experiences of community members across Manchester are heard and included in future planning of cancer and health and wellbeing projects and services. This approach contributes to addressing and resolving the health inequalities that exist within mainstream cancer support services and published resources and to ensure that their views are taken into consideration at the beginning of any planning for funding/commissioning. This year CSUK hosted focus groups for Action Together in relation to the Greater Manchester Walking project. CSUK also conducted its own consultation with service users, their family members and friends about their personal experiences engaging with GPs, hospital consultants and staff and other cancer services to highlight the successes as well as identify the challenges and discussing ways the challenges can be addressed. The findings are then fed into the various external stakeholder meetings that CSUK has representation, i.e. BME Cancer Partnership, Manchester BME Network, The Christie Council of Governors, Community Explorers, Greater Manchester Cancer Partnership, Greater Manchester Cancer.

### CANCER AWARENESS EVENTS

CSUK continues to raise awareness about cancer at community events, for community groups, individuals, some of which are highlighted below:

Some of the men of **MOT** Cancer Support Group hosted an information stall within ASDA Hulme. The men spoke openly to community members about their prostate cancer diagnosis whilst handing out information leaflets about the disease. Community members who shared that they had cancer were encouraged to attend MOT (and also WOW!). The men also handed out a range of CSUK publicity leaflets. The men spoke directly to **105** community members and signed up **10** CSUK Community Cancer Champions.

In partnership with staff from the Macmillan Breast Cancer After Care Unit based within the Victoria Breast Cancer Unit at the Royal Oldham Hospital, we hosted a Oldham Breast cancer awareness session at the Anglo West Indian Club based in Oldham. Staff from the Breast Cancer Unit spoke of the signs and symptoms of Breast Cancer, whilst giving community members the opportunity to feel an anatomical model of a breast with lumps inside and also conducted a demonstration on self-examination. **26** women attended and we successfully signed up **5** ladies as CSUK Community Cancer Champions.

Again at the Anglo West Indian Club, our own Trustee, Suresh Rambaran, Prostate Cancer Specialist Nurse delivered a Prostate cancer awareness session. **34** community members attended (this increased to 54 taking into account late comers) and **6** men officially signed up to be a CSUK Community Cancer Champion.

During this period staff and service users were able to speak on Legacy FM, ALL FM, Diamond FM to: promote the services of the organisation; for service users to share their experiences of cancer and to raise awareness about prostate, breast and bowel cancer. On average we reached a total of **30,000** listeners.

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

Although there have been signs of improvement, there still remains a low level of awareness about cancer amongst many BME, marginalised and disadvantaged people. CSUK's educational work contributes to the wider Greater Manchester Cancer Plan which includes informing people about the signs, symptoms and risk factors of cancer, increasing the uptake of screening programmes, reducing the risk of cancer, earlier diagnosis and achieving better outcomes. There remains a lot of work still to be done.

On World Cancer Day – 4<sup>th</sup> February 2020, our Services Development and Delivery Manager delivered a talk to health professionals and students at the Manchester Cancer Research Centre, Manchester University, around health inequalities faced by BAME community members diagnosed with cancer and why this impacted negatively on BAME community members participating in research. We also showcased our short video of service users sharing their experiences (good and bad) of the NHS. This event attracted **65** attendees.

CSUK also hosted a stall at the Greater Manchester Cancer Conference held at The Hilton Hotel in Manchester. This provided an excellent opportunity to network with other health professionals, cancer organisations, publicise our work and raise our profile.

CSUK continues to support Ethnic Minority Cancer Awareness Month (July) and in 2019 we partnered up with Orchid, Cancer Equality and The Christie NHS Foundation Trust to organise an event for healthcare professionals and students within the Oncology Department at The Christie, to showcase Orchid's '*A Letter to my Unpresented Self*'- a short film about one man's personal journey with prostate cancer. The film highlighted the cultural myths and taboos that exist within Black communities as well as the unconscious racism that occurs amongst some health professional. One of the men from our MOT Cancer Support Group spoke about his own experience and our Services Development and Delivery Manager responded to questions from the audience during the Q&A session. This event was well received and described by attendees as 'an excellent learning opportunity'. This event attracted **72** individuals.

In partnership with Arawak Walton Housing Association and as part of Macmillan's national Tea Party fundraising initiative, we hosted an event, raising awareness about cancer, as well as promoting our services – we engaged directly with **25** tenants.

During this period, we engaged directly with **728** individuals; to include service users, their family members, carers, community members and health professionals.

### **The benefit of our services**

The services, projects and initiatives we deliver are beneficial to service users, the wider community and health care professionals:

#### **Service users**

- reduced feelings of isolation
- increased confidence and communication skills
- improved mental, physical and emotional wellbeing
- improved resilience
- developed new friendships and expanded support network
- acquired new methods to manage stress and anxiety through relaxation techniques
- learnt new skills and participated in new experiences
- better management of the impact of cancer treatment

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

**Wider community**

- increased knowledge and understanding of cancers, particular those that are prevalent in specific BME communities
- increased knowledge and skills within specific minority groups by providing an accessible person-centred cancer support resource in the community for the community
- challenged cultural barriers, stigma and taboos that prevent individuals from BME communities from attending the cancer screening programmes, leading to late diagnosis and poorer health outcomes

**Healthcare professionals**

- Through delivery of focus groups and consultations, enable health care providers to better understand the barriers that exists for BME people accessing cancer screening, awareness and support information and services
- Contributes to the development of improved and more appropriate information and services
- Able to refer patients to a service that meets their cultural needs

**Information service**

CSUK continues to work in partnership with mainstream cancer organisations such as Macmillan, Prostate Cancer UK, Breast Cancer Care, Jo's Trust, Orchid Cancer to ensure that information is culturally appropriate in terms of language and images that enable improved accessibility to and engagement with the BAME population.

**Volunteers**

Volunteers continue to play a huge and vital role in the development of CSUK and the delivery of its services. During the reporting period, **16** volunteers (7 of which are trustees) have contributed approximately **1,720hrs** to the organisation and enabled CSUK to achieve its key outcome of providing support that is culturally appropriate to people, particularly those from a BME background, living with or affected by cancer. With their support, we have been able to help people at a 'traumatic' and 'bewildering' time of their life. CSUK's role is to encourage and enable people affected by cancer to build resilience, grow in confidence, make appropriate changes and move forward with their lives. One of our volunteers, previously a service user, is now our Finance and Project Administrator. This demonstrates our commitment in supporting service users to move forward with their lives.

Due to individuals giving up their free time and utilising their knowledge, experience and skills, CSUK has grown and continues to establish itself as a valuable community resource and asset.

**GOING FORWARD: CSUK's PLANS FOR THE FUTURE**

**External Development Strategy**

CSUK will continue to:

- develop and work in partnership with other organisations, services and agencies locally, regionally and nationally to form effective relationships for the benefit of our service users
- act in a consultative role and participate in the development of improving strategies and policies around cancer service provision for BME, disadvantaged and marginalised communities
- ensure that the views of CSUK's target communities are highlighted on purchase and provider groups including, Clinical Commissioning Groups
- influence existing mainstream cancer service providers to consult, incorporate and accommodate the needs of BME people living with or affected by cancer
- ensure we have a stakeholder presence within key cancer related groups and committees

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

**Internal Development Strategy**

CSUK will continue to:

- identify and secure further core funding in order to secure the vital roles required to further develop and grow CSUK into a sustainable organisation
- review and develop internal policies
- identify training needs in the organisation for the Board of trustees, staff and volunteers
- identify real costs of services to purchasers including hidden costs
- ensure regular review and development programmes for the organisation
- identify clear service objectives and targets in line with the Business Plan

**Service Development Strategy**

CSUK will continue to:

- develop services which are service user led or have been identified through our contacts with our target groups
- provide services that raise awareness of cancer, the signs and symptoms and the importance of early detection
- provide education and training which raise awareness of cancer services
- develop effective partnerships and undertake joint working with other cancer organisations
- develop clear and effective systems for needs analysis and ongoing monitoring and review of all our services
- identify areas to fundraise for future development of CSUK
- establish a digital inclusion project for service users in light of COVID-19

A priority area for CSUK is to continue to secure core funding to enable effective development and progression as outlined in our Business Plan.

The Board of Trustees and Services Development and Delivery Manager will continue to:

- ensure that transparent and open financial procedures, policies and systems continue to be in line with the Charity Commission and Company Law
- identify and secure further funding for a Community Engagement and Development Worker/Volunteers' Coordinator
- continue to seek additional revenue funding to further develop new and existing services in response to the needs of our service users
- identify and secure funding to enable CSUK to move into new premises

The next stage is to grow and further embed CSUK's work into the wider Greater Manchester region, with the long term vision of having CSUK in other major cities across the UK where there is a large BME community.

We will continue to:

- deliver our support groups in its current locations, however at the time of writing, due to COVID-19 face to face interaction is limited and some of our activities have moved online
- work collaboratively with statutory and voluntary organisations to widen our reach in relation in the delivery of cancer awareness events and sessions
- identify and secure a building which will be the CSUK Cancer Support Centre providing a diverse range of person-centred, culturally sensitive holistic complementary therapies and support for people affected living by cancer
- strive towards achieving the social enterprise arm of CSUK by:
  - developing a Home Respite Service for carers or people affected by cancer
  - developing a Charity Shop/community hub

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

## **Governance Review**

The objects of CSUK are to promote and protect good health for the public benefit, in particular but not exclusively to people from Black ethnic minority communities living with or affected by cancer.

## **Board of Trustees**

The trustees, who served during the reporting period and since year end are set out on page 1. Trustees serve for a period of three years, after which they may resign or seek re-appointment. The Board of Trustees meet on a quarterly basis. The Chair has regular supervision meetings with the CEO to review the Strategic Plan, deal with any issues and discuss future plans. The CEO prepares a full set of Board papers (having first sent them to the Chair for approval) that are sent to the Board of Trustees one week prior to the meeting date.

The Board of Trustees are responsible for the strategic direction of the organisation and as such discuss and make decisions relating to the Business Strategic Plan, budgets, monitoring of financial performance and agreeing the Fundraising Strategy. The Board of trustees is also responsible for the recruitment and approval of any senior posts and for reviewing the performance of senior managers.

The Board of Trustees have in place a diverse range of skills, experience and knowledge required to grow and secure the sustainability of CSUK. These include business management, human resources, financial management, project management, voluntary sector, social enterprise, charity governance and administration, health and social care and cancer.

Trustees are recruited via networking, word of mouth and advertising. All potential trustees complete an application form, have an initial meeting with the Chair and CEO and if approved, invited to attend a CSUK Board Meeting as an observer and by way of introduction to the rest of the trustees. Once approved by all trustees, they are formally voted onto the Board at the next meeting. The induction process takes place during the year, when new trustees are invited to attend the support groups to meet and talk with service users as well as the volunteers. We will be looking to secure service user representation on the Board.

The trustees delegated day to day responsibility to and sought advice from Marcella Turner, Services Development and Delivery Manager, during this reporting period.

## **Finance Review**

The financial statements for the reporting period are set out on pages 17 to 26. They have been prepared in accordance with CSUK's accounting policies and comply with our constitution and applicable law.

## **Summary**

Total income for the period was £74,085. Restricted income was £69,821. Unrestricted income was £4,264.

The cost of providing our services was £50,644, of which £1,189 was funded from unrestricted funds; £49,455 from restricted funds.

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

CSUK say a tremendous big 'thank you' to all our funders and commissioners who have supported our work:

- Action Together
- African Caribbean Mental Health Services
- ALL FM
- Anglo West Indian Club, Oldham
- Arawak Walton Housing Association
- ASDA, Hulme
- BHA for Equality
- BME Cancer Communities
- Cancer Equality
- CDL Software
- Diamond FM
- Forever Manchester Auto Trader
- Forever Manchester
- Greater Manchester Health and Wellbeing Fund
- Legacy FM
- Macmillan
- Manchester Research Centre
- New Testament Church of God (Cheetham Hill)
- No 93 Community Centre, Harpurhey
- One Manchester
- Orchid Cancer
- Salford CVS
- Salim Uddin-Khandakar, Salutations
- Sally Penni LLB (HONS) In Law, Kenworthy Chambers
- The National Lottery Awards for All
- The National Lottery Community Fund
- The Welcome Centre (Wai Yin)
- Trafford Housing Trust (Limelight)
- Victoria Breast Cancer Unit, Royal Oldham Hospital
- Vijay Sangar, Consultant Urological Surgeon, The Christie NHS FT & Manchester University NHS FT
- We Love Manchester

### **Unrestricted income**

Unrestricted funding, including donations is key to the organisation's income and we are extremely grateful as it assists in supporting our services and core element of the organisation.

### **Operating Costs**

Our total expenditure for the reporting period was £50,644.

During the reporting period approximately 45% of the organisation's expenditure was related to meeting core costs and 55% service delivery. We continue to identify and secure funding and commissions for core expenditure to enable effective growth and future sustainability of CSUK as a viable organisation.

### **Reserves Policy**

CSUK is a relatively new charity therefore all funding acquired to date has been mainly for core costs and project and services development and delivery. Although we have not had the financial capacity to start building reserves, we believe looking at our finances that we can begin to build on reserves in

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

2020/2021. We will continue to aim to increase our reserves in line with the growth of the organisation. We have an appropriate Reserves Policy that will enable us to meet our objectives. This is included in our Fundraising Strategy.

CSUK is a Community Incorporated Organisation and was registered as a charity on 18<sup>th</sup> March 2016 in England and Wales.

The charity is constituted under a constitution dated 15<sup>th</sup> December 2015. The Trustees are members of the charity but this entitles them only to voting rights. The Trustees have no beneficial interest in the charity.

All Trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 6 to the accounts.

**Related parties and relationships with other organisations**

CSUK works in collaboration with voluntary sector organisations, as well as statutory bodies and other cancer organisations to achieve its charitable objectives.

**Remuneration policy for key management personnel**

CSUK base its salary structure on the NJC pay scales.

**Risk management**

CSUK is in the process of developing a comprehensive Risk Register that reflects growth in terms staffing, contractual obligations and service development and delivery.

Can-Survive UK  
Trustees' annual report  
for the year ended 31 March 2020

**Statement of responsibilities of the trustees**

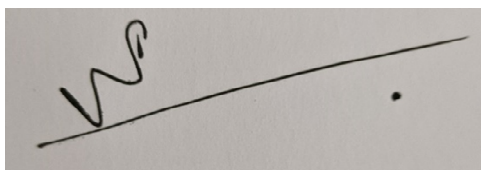
Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the period and of its financial position at the end of the period. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The trustees' annual report has been approved by the trustees on 17/12/2020 and signed on their behalf by

A handwritten signature in black ink, appearing to be 'Kirit Patel', written over a horizontal line.

**Name: Kirit Patel**

**Title: Chair**



Independent examiner's report  
to the trustees of  
Can-Survive UK

I report to the charity trustees on my examination of the accounts of the company for the year ended 31<sup>st</sup> March 2020 which are set out on pages 17 to 26.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jennifer Daniel FCCA DChA

Slade & Cooper Limited  
Green Fish Resource Centre, 46-50 Oldham Street  
Manchester, M4 1LE

Date.....

Can-Survive UK  
Statement of Financial Activities  
for the period ended 31 March 2020

	Note	Unrestricted funds £	Restricted funds £	Total funds 2020 £	<i>Total funds 2019 £</i>
<b>Income from:</b>					
Donations and legacies	3	909	-	909	3,077
Charitable activities:	4	3,355	69,821	73,176	24,172
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total income</b>		<b>4,264</b>	<b>69,821</b>	<b>74,085</b>	<b>27,249</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Expenditure on:</b>					
Charitable activities:	5	1,189	49,455	50,644	35,156
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total expenditure</b>		<b>1,189</b>	<b>49,455</b>	<b>50,644</b>	<b>35,156</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Net income/(expenditure) for the year</b>	13	<b>3,075</b>	<b>20,366</b>	<b>23,441</b>	<b>(7,907)</b>
Transfer between funds		(90)	90	-	-
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Net movement in funds for the year</b>		<b>2,985</b>	<b>20,456</b>	<b>23,441</b>	<b>(7,907)</b>
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Reconciliation of funds</b>					
Total funds brought forward		(986)	3,407	2,421	10,328
		<hr/>	<hr/>	<hr/>	<hr/>
<b>Total funds carried forward</b>		<b>1,999</b>	<b>23,863</b>	<b>25,862</b>	<b>2,421</b>
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

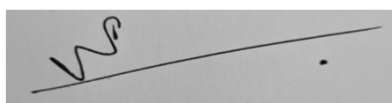
The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.

Can-Survive UK  
Balance Sheet  
as at 31 March 2020

	Note	2020	2019
		£	£
<b>Current assets</b>			
Cash at bank and in hand		27,469	3,882
Debtors		100	-
<b>Current assets</b>		<b>27,569</b>	<b>3,882</b>
<b>Liabilities</b>			
Creditors: amounts falling due in less than one year	10	(1,707)	(1,461)
<b>Net current assets</b>		<b>25,862</b>	<b>2,421</b>
<b>Total assets less current liabilities</b>		<b>25,862</b>	<b>2,421</b>
<b>Funds of the charity:</b>			
Restricted income funds	11	23,863	3,407
Unrestricted income funds	12	1,999	(986)
<b>Total charity funds</b>		<b>25,862</b>	<b>2,421</b>

The notes on pages 17 to 26 form part of these accounts.

Approved by the trustees on 17th December 2020 and signed on their behalf by:



Kirit Patel (Chair)



Vikki Morgan (Treasurer)

Notes to the accounts for the period ended 31 March 2020

**1 Accounting policies**

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**a Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The charity has applied the exemption available to small charities in the Charities SORP (FRS 102) and does not include a Statement of Cash Flows in these Financial Statements.

Can-Survive UK meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

**b Preparation of the accounts on a going concern basis**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

**c Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

## Can-Survive UK

### Notes to the accounts for the period ended 31 March 2020 (continued)

#### **d Donated services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), general volunteer time is not recognised; refer to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

#### **e Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

#### **f Fund accounting**

Unrestricted funds are available to spend on activities that further any of the purposes of

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

#### **g Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was

#### **h Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Notes to the accounts for the period ended 31 March 2020 (continued)

**i Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**j Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**k Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**2 Legal status of the charity**

The charity is a charitable incorporated organisation, registered as a charity in England & Wales.

# Can-Survive UK

## Notes to the accounts for the period ended 31 March 2020 (continued)

### 3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2020 £	Total 2019 £
Donations	909	-	909	3,077
<b>Total</b>	909	-	909	3,077

### 4 Income from charitable activities

	Unrestricted £	Restricted £	Total 2020 £	Total 2019 £
Macmillan	-	-	-	7,256
BMECC	-	-	-	16,165
Action Together	-	-	-	700
Awards for All	-	10,000	10,000	-
Together We Can	-	56,371	56,371	-
FM Auto Trader	1,000	-	1,000	-
GMMH NHS	-	3,450	3,450	-
Other	2,355	-	2,355	51
<b>Total</b>	3,355	69,821	73,176	24,172
<i>Total by fund 31 March 2019</i>	<i>12,294</i>	<i>11,878</i>	<i>24,172</i>	

## Notes to the accounts for the period ended 31 March 2020 (continued)

**5 Analysis of expenditure on charitable activities**

	Total 2020 £	Total 2019 £
Catering and venue hire	2,512	7,095
Salary	29,130	12,225
Travel	2,241	2,169
Publicity & Resources	2,355	3,149
Insurance	377	458
Activities & Events	1,546	472
Volunteer expenses	876	240
Facilitator, Sessional workers & Focus Groups	3,149	4,955
Rent and office cost	6,586	3,219
Accountancy	1,350	1,080
Training	394	-
Other	128	94
	<hr/> 50,644	<hr/> 35,156
	<hr/> <hr/> 2020 £	<hr/> <hr/> 2019 £
Restricted expenditure	49,455	19,972
Unrestricted expenditure	1,189	15,184
	<hr/> 50,644	<hr/> 35,156
	<hr/> <hr/>	<hr/> <hr/>

**6 Net income/(expenditure) for the year**

This is stated after charging/(crediting):

	2020 £	2019 £
Independent examination	200	200
Accountancy	700	700
	<hr/> 200	<hr/> 200
	<hr/> <hr/>	<hr/> <hr/>

**7 Staff costs**

Staff costs during the year were as follows:

	2020 £	2019 £
Wages and salaries	24,508	12,225
Social security costs	4,622	-
	<hr/> 29,130	<hr/> 12,225
	<hr/> <hr/>	<hr/> <hr/>



## Notes to the accounts for the period ended 31 March 2020 (continued)

**8 Trustee remuneration and expenses, and related party transactions**

Neither the management committee nor any persons connected with them received any remuneration during the year.

Two members of the management committee received travel and subsistence expenses during the year of £270.37 (2019: £5.80).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year.

**9 Debtors**

	2020 £	2019 £
Grants receivable	100	-
	<hr/>	<hr/>
	100	-
	<hr/>	<hr/>

**Cash at bank and in hand**

	2020 £	2019 £
Cash at bank and on hand	27,469	3,882
	<hr/>	<hr/>
	27,469	3,882
	<hr/>	<hr/>

**10 Creditors: amounts falling due within one year**

	2020 £	2019 £
Trade creditors	-	112
Other creditors and accruals	1,707	1,349
Deferred income	-	-
	<hr/>	<hr/>
	1,707	1,461
	<hr/>	<hr/>

# Can-Survive UK

## Notes to the accounts for the period ended 31 March 2020 (continued)

### 11 Analysis of movements in restricted funds

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2020 £
Awards for All	1,034	10,000	(2,903)	-	8,131
GMMH NHS	-	3,450	(1,723)	-	1,727
Macmillan	2,463	-	(2,087)	-	376
We Love Manchester	(90)	-	-	90	-
Together We can	-	56,371	(42,742)	-	13,629
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total	3,407	69,821	(49,455)	90	23,863
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

<b>Previous reporting period</b>	Balance at 1 April 2018 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2019 £
Awards for All	8,964	-	(7,930)	-	1,034
NHS Manchester CCG	2,487	-	(2,487)	-	-
Macmillan	6	7,256	(4,799)	-	2,463
We Love Manchester	-	-	(90)	-	(90)
BMECC	44	3,922	(3,966)	-	-
Action Together	-	700	(700)	-	-
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	11,501	11,878	(19,972)	-	3,407
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

Name of Fund	Description, nature and purposes of the fund
Awards For All:	Delivery of WOW and MOT Cancer Support Groups.
GMMH NHS	This is for one to one and group conselling sessions and wellbeing taster sessions.
Macmillan	Delivery of WOW and MOT Cancer Support Groups.
Together We Can	Delivery of WOW and MOT Cancer Support Groups.

## Notes to the accounts for the period ended 31 March 2020 (continued)

**12 Analysis of movement in unrestricted funds**

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	As at 31 March 2020 £
General fund	(986)	4,264	(1,189)	(90)	1,999
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	(986)	4,264	(1,189)	(90)	1,999
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

**Previous reporting  
period**

	Balance at 1 April 2018 £	Income £	Expenditure £	Transfers £	As at 31 March 2019 £
General fund	(1,173)	15,371	(15,184)	-	(986)
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	(1,173)	15,371	(15,184)	-	(986)
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

<b>Name of</b>	<b>Description, nature and purposes of the fund</b>
General fund	The free reserves after allowing for all designated funds

**13 Analysis of net assets between funds**

	General fund £	Restricted funds £	Total £
Other net current assets/(liabilities)	1,999	23,863	25,862
	<hr/>	<hr/>	<hr/>
Total	1,999	23,863	25,862
	<hr/>	<hr/>	<hr/>