



## **East Liverpool Riding for the Disabled Trustees' Annual Report and Accounts**

### **Introduction**

East Liverpool Riding for the Disabled is a Merseyside based charity that works within the local community to provide horse riding and therapy sessions for children and adults with disabilities across our area.

We are led by volunteers and funded by kind hearted people who make donations and provide funding. We rely solely on donations in order to run sessions.

East Liverpool brings together individuals, carers and families from all different backgrounds and allows them escape the struggles and hardships they have to face. Our sessions give our riders social and interactive skills but most importantly it brings enjoyment and fulfilment to their lives. Sessions give carers and families the chance to take respite of the demands their role of caring for a person living with disability can bring.

We are self contained within a sole use property adapted to our needs.

### **Aims and Purpose**

To provide the opportunity for disabled children and adults to benefit from the positive experience of horse riding. Our priority is to improve the lives of those in our area who would most benefit from what we can offer.

### **Objectives and Activities**

Weekly horse riding sessions are provided for participants from across Merseyside. The therapeutic benefits of learning to ride are tremendous. The benefits of horse riding are immense enjoyment, mental fitness and stimulation in the open outside fresh air. There are significantly more physical benefits in terms of enhancing balance, developing core strength, co-ordination, reflex acceleration, etc., the emotional experience of bonding with the horse or pony and often immeasurable improvements in terms of patience, self-discipline, self-confidence and self-esteem. Adults and children (who may spend a lot of their time struggling) can learn to ride and for those with problems with mobility the horse or pony enables them to be an equal in speed, grace and agility in the arena. We aim to enhance self belief, self worth and confidence.

### **Achievements and Performance**

We presently cater for riders with a wide range of physical and mental disabilities, principally autism and cerebral palsy but also including deafness, heart-hand syndromes, learning disabilities,

developmental delay, Down's syndrome, Prader-Willi syndrome, hydrocephalus, Microcephaly, Kawasaki disease, spina bifida, as well as several others.

With the exception of East Liverpool RDA, there are very few opportunities in the areas we serve for adults and children with disabilities to learn to ride within a supportive, RDA-approved environment, taught by RDA qualified coaches.

We have provided our riders with the opportunity for unique success in Regional and National competitions; an amazing experience that they would not otherwise have had.

Following our closure from one establishment, we managed to secure a new lease to allow our group to flourish in its own way. This has allowed development, expansion and allowed us to enhance our service.

### **Financial Review**

Total receipts on unrestricted funds were £22,677.45 and the main source of income continues to be from fundraising and grants.

Total restricted funds of £4,750 which comprise of grants and donations towards ongoing development of additional stables and upgrade to disabled toilet facility.

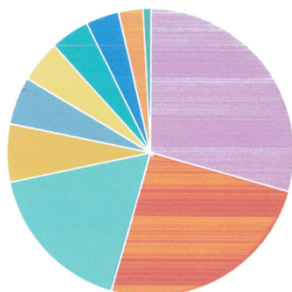
A further significant source of income was from ride sessions provided to individuals this has doubled since 2019 due to our expansion efforts. £10,312 which reflects approx. 8 months activity income due to setting up at new facility.

The remainder of income came from sponsorship of ponies and individual donations.

Expenditure this year shows a significant increase in expansion expenditure. This was to a sum of £7,706.62 these funds have been spent to enable us to build a new stable block to support the purchase of 2 new Equines allowing us to increase our ride availability.

## East Liverpool RDA

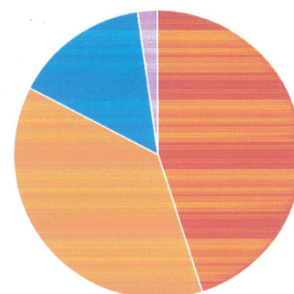
### Where the Money Goes Over Time



## East Liverpool RDA

### Where the Money Comes From - Last Financial Year Today's Date: 13/09/2020

From 2019 March 31 till 2020 March 30



## Volunteers

We would like to thank our group of extremely dedicated volunteers, without who, we would not be able to operate as we do. Our volunteers have stood by the beliefs and upheld the group through very difficult times but we are in a very strong position for all the work.

## Structure, Governance and Management

East Liverpool RDA was established in 2017 and we adopted the Articles of Management recommended by RDA National Office at our inaugural meeting on 1st July. We immediately took the necessary steps to register at Charities Commission our Registered Charity no. is: 1175033.

Accounts are submitted annually to Charities Commission.

East Liverpool RDA Group is a Member Group of the Riding for the Disabled Association. The RDA National is registered as a Charitable Company Limited (no 5010395) by Guarantee governed by a Memorandum and Articles of Association and registered charity number 244108.

East Liverpool RDA was set up by its Founder Natalie Burns. The group is constituted and run by the Trustees, although matters will generally be settled by consensus, they are the only members to have voting rights. Additional Full Members (with voting rights) need to be proposed and seconded by existing members and approved by the Committee at a scheduled meeting. In pursuing a desirable expansion of voting membership it must be borne in mind that a quorum at a General Meeting requires 35% of members to attend.

Although various responsibilities are delegated to individual members of the Committee, every effort will be made to keep the Committee informed of any significant developments. The Secretary will maintain a list of voting members and details of the allocation of specific responsibilities. Meetings will be held at least four times a year with a minimum of four weeks' notice and an agenda circulated no fewer than ten days beforehand. The Chairperson, Vice Chairperson, Secretary and Treasurer should feel empowered (in consultation with each other) to take any necessary decisions between scheduled meetings.

The Group operates independently of any single Equestrian Centre or Riding School.

The legal responsibility for the direction and administration of the Group rests with the elected Trustees. The Trustees are required to submit themselves for re election at the Annual General Meeting which will be held in September.

### **Administrative Information**

The registered address for East Liverpool Riding for the Disabled is: 7 Montgomery Close, Whiston, Liverpool, L35 3<sup>RD</sup>

Activity address for East Liverpool Riding for the Disabled is: Woodhouse Stables, School Lane, Rainhill, L35 6NW

**Chair person-** Natalie Burns

**Vice Chairperson-**Pauline Edge

**Secretary-** Jane Alison Owens

**Treasurer-** Carole Burns

**Trustees** –Mary Angela Heatherington, Freddy Carpen-Jukes and Lynn Robinson

Approved and signed by Natalie Burns (Chairperson)



# **EAST LIVERPOOL RIDING FOR THE DISABLED**

Charity Number 1175033

## **Income and Expenditure Account for the year ended 31 March 2020**

	2020	2019
	£	£
<b>Income</b>		
Donations	4,139.35	1,180.00
Fundraising	12,366.00	5,196.00
Riding Sessions	10,312.10	<u>4,375.83</u>
Sponsorship of horses	<u>610.00</u>	
<b>Total Income</b>	<b>27,427.45</b>	<b>10,751.83</b>
<b>Expenditure</b>		
Insurance	975	0
Rent	6,595.18	2,766.10
Sundries	725.53	441.41
Competitions	0	1,679.32
Clothing/uniform/hats	0	376.65
Charity Expansion	7,706.62	
Equipment	1,236.55	1,134.50
Feed/Bedding	4,542.54	754.61
Health:farrier/vets/dentist/physio/wormers	1,158.08	217.88
Tack	1,415.34	
Yard maintenance	1,721.04	
Training	241.43	105
<b>Total Expenditure</b>	<b>26,317.31</b>	<b>7,475.47</b>
<b>Balance carried forward</b>	<b>£1,110.14</b>	

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- \* accounting records were not kept in accordance with Section 130 of the Charities Act 2011 ("the Act")
- \* the account do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed H. Newman  
Name H. Newman

Date 14/09/2020



**East Liverpool Riding for the Disabled**

**Notes to the financial statement for the period ended 30 March 2020**

**Assets**

<b>2 temporary wooden stables</b>	<b>£3,140.00</b>
<b>2 horses</b>	<b>£4,100.00</b>
<b>2 saddles</b>	<b><u>£2,400.00</u></b>
<b>Total value</b>	<b>£9,640.00</b>

**East Liverpool Riding for the Disabled**  
**Charity number 1175033**

**Year 31/03/2019-31/03/2020**

**Total restricted £4,750**

**Total unrestricted £22,677.45**