



Culture therapy
for mental health

ANNUAL REPORT 2019 - 20

The trustees present their report and accounts for the year ended 31 March 2020.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Restoration Trust's constitution, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

Summary of the purposes of the charity as set out in the governing document.

The objects of the CIO are:

1. The promotion of social inclusion for public benefit among marginalised people, in particular those who suffer or are at risk of mental ill health, by therapeutic engagement with the arts, culture and heritage, through:
 - Projects that encourage people to flourish through therapeutic cultural engagement;
 - Research into the wellbeing and other benefits of therapeutic cultural engagement in order to show what works;
 - Disseminating information about the wellbeing and other benefits of therapeutic cultural engagement;
 - Improving equal opportunities for therapeutic cultural engagement.
2. Such charitable purposes for the public benefit as are exclusively charitable according to the laws of England and Wales as the trustees may from time to time determine.

Summary of our main activities

The Restoration Trust helps marginalised people, and in particular those who suffer or are at risk of mental ill health, by therapeutic engagement with the arts, culture and heritage. We call this culture therapy. We set up, fund and run projects that are partnerships between cultural organisations such as galleries, historic and archaeological sites, archives, museums, orchestras and theatres, and organisations that work with people marginalized by mental ill health and by contributing factors, such as homelessness, poverty, crime, abuse and drug and alcohol misuse. We research and evaluate our projects to add to the evidence base of what works for people's wellbeing and recovery, and we use every possible means to tell people about what we do, while fully respecting privacy.

Statement confirming that the trustees have had regard to Charity Commission guidance on public benefit

The trustees are satisfied that we meet Test B of the Charities Exception under the Equality Act, and the trustees have paid due regard to guidance issued by the Charity Commission

in deciding what activities they should undertake. Our governing document restricts benefits to people with a shared protected characteristic, being mental ill health, which is a disability. The restriction can be justified as being a fair, balanced and reasonably necessary way of carrying out a legitimate aim, which is to improve people's mental health by therapeutic cultural engagement.

Evidence on cultural engagement for people with mental ill health suggests that:

- a. well managed cultural engagement improves people's mental health;
- b. people with mental ill health are disproportionately excluded from heritage, arts and culture;
- c. research into the wellbeing and health benefits of projects engaging people with mental ill health in heritage, arts and culture is needed for the development of cultural and health policy and practice;
- d. discrimination against people with mental ill health is reduced by news and information about creative projects which support prevention, treatment and recovery.

Contributions by volunteers

Volunteers play an essential part in achieving our purposes, by helping to organise and deliver projects. They are people who have participated in our projects, or who want to gain culture therapy experience. In 2019/20 we worked with 10 volunteers, who supported projects and our core activities.

Covid-19

When Covid 19 caused lockdown in March 2020, we rapidly transferred sessions to Zoom with posted culture therapy parcels and private Facebook groups to help people stay connected at such a difficult time. This hybrid way of working online, with post and meeting outdoors in a Covid Secure way, is now incorporated into our way of working. We are especially grateful to our freelance contractors who were quick to adapt their practice so that they continued to engage people in interesting culture therapy experiences. We developed a Covid-19 Risk Assessment for core and project activities, and kept in touch with project funders who supported us as we found new ways to engage people.

Achievements and performance

Summary of our main achievements

The year began with the end of two major projects, Human Henge and Change Minds, and our work focused on securing funding for new projects to build on their legacy. By the end of the financial year, we had gained funding for three new projects, Dr Hills' Casebook, Conservation for Wellbeing and Like Minds Norfolk. Burgh Castle Almanac reached its closing phase by March 2020, but was extended due to Covid 19. We consolidated our reputation in 2019/20, through peer reviewed publications and presentations, so that by the end of the year we had developed a stronger brand and recognition that our culture therapy model provides high quality participative experience of heritage and creativity, supported by credible outcomes research.

We were delighted that Culture Quest Suffolk continues to run, led by a member of the group; this is comparable to Culture Quest Norwich which is now run by an independent community organization led by its members. In this way, ownership of projects is passed from us to the members.

Impact and engagement

Project	Human Henge	Like Minds Norfolk	Conservation for Wellbeing	Culture Quest Suffolk	Burgh Castle Almanac	Dr Hills' Casebook	Total
People							
Number of participants	12	11	6	6	26		61
Number of staff (including facilitators, creatives, researchers, experts)	5	3	10	3	15	2	38
Number of volunteers	2	1	1	1	4	1	10
Total	19	14	17	10	45	3	109
Partnerships							
Heritage and culture	2	1	2	1	2	2	10
Mental health and social care	2	1	1	2	2	1	9
Research	1	1	1	1	1	1	6
Total	5	3	4	4	5	4	25
Sessions, events media/publication							
Number of sessions	1	1	6	23	39		70
Number of events/exhibitions		0	0	0	10		10
Press, digital media and professional publications	2	0	6		3		11
Total	3	1	12	23	52		91

In 2019/20 our projects:

- supported 61 people who live with serious mental health challenges on low income
- delivered 70 sessions, lasting from 2 to 3 hours
- provided experience for 10 volunteers, including peer volunteers and students
- worked with 38 professionals, including facilitators, experts, creative professionals, mental health professionals, support workers, musicians, artists, researchers.

Our work is described under four headings: projects, research, marketing and organisation.

Projects

Dr Hills' Casebook is an archives, theatre and wellbeing project aimed at improving the wellbeing of people in South Norfolk living with mental health challenges, and to stimulate public conversation, comparing past and present treatments. It is part of the Change Minds programme and is a partnership with Norfolk Record Office, UpShoot Theatre Company and South Norfolk and Broadland District Council funded by the National Lottery Heritage Fund and Norfolk Archives and Heritage Foundation. The project began in February 2020, and by the end of March 2020 we agreed to reconfigure the project to deliver it within the pandemic.

Culture Quest is a music appreciation group for people with serious mental health problems living in Bury St Edmunds at the Hunter Club, in partnership with Julian Support. This began in April 2018 and ran until March 2020, funded by the Big Lottery and Forest Heath District Council Community Chest. www.culturequest.org.uk. The final session was cancelled due to Covid 19. The group wished to carry on meeting, and we agreed to hand it on to Noise Solutions, a mental health and music charity, and it will be facilitated by a current member. The facilitator will be supported and supervised by Noise Solutions staff. The group will also continue to be supported by a Community nurse from the Norfolk and Suffolk NHS Foundation Trust.

Burgh Castle Almanac involves local people with complex needs in walking, recording and publishing work based on one of Britain's greatest Roman forts, with fortnightly meetings alternating between Burgh Castle and Time and Tide Museum in Great Yarmouth. We are the delivery partner, Homegroup and Access CT are the client liaison organisations and the project is led by Norfolk Archaeological Trust. Funding is from the Heritage Lottery Fund Landscapes Partnership Scheme award to the Broads Authority 'Water Mills and Marshes' project. Face-to-face sessions were suspended in March 2020, but we continued to meet online. The Restoration Trust was funded by the National Lottery Community Fund to create a film of the project, and we appointed Julian Claxton to make it. Filming began in January 2020, and continued to the end of the year and beyond. The film was completed the following financial year, and can be seen on our You Tube Channel at <https://www.youtube.com/watch?v=ODVpf0bwVQI&t=7s>

Human Henge, historic landscape and wellbeing at Stonehenge and Avebury, is a partnership project with Richmond Fellowship, English Heritage, the National Trust and Bournemouth University, supported by Avon and Wiltshire Mental Health Partnership NHS Trust. It is funded by Heritage Lottery Fund, Wiltshire County Council and English Heritage. Research was concluded in April 2019, the funded programme ended in September 2019, and a final gathering was held inside the Stone Circle on 12 December 2019. In October 2019 'Historic Landscapes and Mental Wellbeing', ed Darvill, Barrass, Drysdale, Heaslip and Staelens, was published by Archaeopress, based on papers from our March 2019 conference. A Case Study appeared in the What Works for Wellbeing/Historic England Wellbeing Handbook. An article 'Locating oneself in the past to influence the present: impacts of Neolithic landscapes on mental health and wellbeing' by Heaslip, Vahdaninia, Hind, Darvill, Staelens, O'Donoghue,

Drysdale, Lunt, Hogg, Allfrey, Clifton, Sutcliffe, was published in Health and Place Journal, March 2020.

Conservation for Wellbeing is a 13-session pilot programme plus evaluation at London Metropolitan Archives, where Londoners living with serious mental health conditions learn conservation skills so that their wellbeing improves. It is funded by City Bridge Trust. Partners are the Institute of Conservation, St Mary Abbots Rehabilitation and Training, London Metropolitan Archives with University College London research oversight. Sessions began in January. Five were delivered at London Metropolitan Archives until the project was suspended on March 15 due to Covid 19.

Like Minds Norfolk is a 24-session pilot project that connects excluded people living with mental health challenges in North Norfolk, Broadland and Norwich with Norfolk's amazing landscape, heritage, arts and culture so that their mental wellbeing improves. It is a partnership with Norfolk Library and Information service co-designed with people who have participated in Restoration Trust projects. It is funded by Charles Hill Littlewood Trust, Geoffrey Watling Charity, Arts Council England. The first Project Board meeting was held in February, and we ran one session in Wroxham Library before Covid 19 meant that we had to reconfigure the programme to remote engagement. The group was able to meet online via Facebook, with our first Zoom session on 3 April 2020.

Research

Research is core to our mission of making culture therapy an everyday part of the offer to people with serious mental health problems. During 2019/20 we published in Health and Place, a peer reviewed journal, regarding Human Henge. We commissioned evaluations from Jane Willis (Willis Newson) for Burgh Castle Almanac; Dr Victoria Scaife (University of East Anglia) for Culture Quest Suffolk; Prof. Karen McArdle (Aberdeen University) for Dr Hills' Casebook; Daisy Rubinstein with Dr Linda Thomson (University College London) for Conservation for Wellbeing. Evaluation of Like Minds Norfolk will broadly use a framework developed by Norfolk Libraries and Information Service.

The results of our research, showing higher levels of confidence, ongoing engagement with heritage and cultural assets, sustained friendships and movements towards volunteering and work, give us confidence that our model is robust and scaleable. During 2019/20 we were confirmed in our view that scaling up for research purposes should be led by national organisations or universities with access to research council funding. Our role will be to manage quality so that data is consistent with that already obtained.

Marketing and communications

We have a website (www.restorationtrust.org.uk), Facebook and Twitter accounts. Each project has its own website, and Change Minds, Human Henge and Burgh Castle Almanac also have Facebook and Twitter accounts. Projects use private Facebook groups for internal communications, in addition to text, phone and email.

Presentations and public events included Broads Authority Event April 2019; Creativity and Wellbeing Week presentation for Norfolk Arts Service June 2019; APPG Arts and Health evidence to a session about Heritage and Wellbeing July 2019; What Works for Wellbeing/Historic England seminar Sept 2019; Unearthing Landscape Conference October

2019; Strong and Safe, National Archives/Museum of London Conference January 2020; Makers Festival Workshop, The Forum Norwich February 2020. Several planned conference presentations and public events that we proposed or were invited to run in this financial year were eventually cancelled due to Covid 19.

Organisation

The Director Laura Drysdale continues to manage the organisation on a volunteer basis and is paid a fee for managing projects and for running our contract to deliver Burgh Castle Almanac for the Norfolk Archaeological Trust. Our Coordinators are self-employment contractors. The Culture Quest Coordinator remained on contract to deliver Culture Quest Suffolk, with the Culture Quest Norwich contract ending in January 2019. He is also contracted to deliver Like Minds Norfolk. Dr Hills' Casebook is coordinated by Darren France, who is also a Restoration Trust board member; the conflict of interest is managed through our Constitution and is minuted at all Board meetings. Conservation for Wellbeing is coordinated by Helen Lindsay. Charity Backroom carries out Disclosure and Barring Service checks of volunteers, staff and trustees on our behalf. We are based in Laura Drysdale's home office in Cromer.

People-led growth

Our board and project boards include people with lived experience of serious mental health problems, people who are members of NHS Patient Public Involvement groups and participants.

Financial review

Review of our financial position at the end of the year

Our income grew in the latter part of the year, as project funding was won for Burgh Castle Almanac Community Film, Dr Hills' Casebook, Conservation for Wellbeing and Like Minds Norfolk, but the projects were in their early stages so expenditure was minor. We were fortunate that the funders for these projects had paid the grants before Covid-19 lockdown, as they then closed funds to new applications while affirming support for existing grantees. Unrestricted funds remained under significant pressure, and a donations drive raised £1,394. We managed financial risk by making viability a routine agenda item at Board Meetings.

Reserves policy

The board considered the level of reserves that is prudent for the Restoration Trust to have at its first meeting and now does so annually. We reviewed our Reserves and Risk Management Policy in January 2019 and agreed that our policy should be based on what we need to cover current liabilities, which are small given that we do not employ staff except on contracts covered by restricted funds. We agreed to continue with the substance of our policy in that we anticipate that the bulk of the Restoration Trust's funds will be restricted; that its assets will be functional. It will accrue sufficient reserves to cover emergency expenditure and liabilities for at least 1 but not more than 3 months. It will not accrue excess reserves.

Amount of reserves held

£500

Principal sources of funds

Our income is largely restricted funding, raised for projects. We also receive income from consultancy on projects led by other partners, for example Burgh Castle Almanac. Our unrestricted funds largely comprise an overhead charge for delivering projects, which the trustees have agreed should aim to be at least 12% of project costs. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognized at the time of the donation.

The trustees agree that we will raise funds by the following means:

- a. grants from charitable trusts, research funders and lottery distributors;
- b. donations;
- c. fundraising activities and events;
- d. contributions in kind from partner and supporting organizations;
- e. facilitation fees;
- f. the sale of licences for use of our good practice model; training in use of our good practice model; research and dissemination events relating to our purposes; sale of tickets for entry to exhibitions relating to our projects; sale of artworks and books produced by our projects;
- g. any other income generating activity approved by our trustees.

Principal risks facing the charity

We believe that the Restoration Trust's purposes do not pose a risk of detriment or harm. However, we have identified risks of detriment or harm that could result from the way we carry out our purposes. We consider that the benefits of our purposes and related activities outweigh the risks of detriment or harm to our beneficiaries or the public at large.

Detriment or harm to participants could be caused by:

- a. failure of staff (in this and all the following instances staff include consultants and researchers) and volunteers to observe and alert others to a deterioration in someone's health and wellbeing;
- b. failure of staff and volunteers to protect a participant from detriment or harm by other participants;
- c. failure to identify and report abuse to or by a participant;
- d. failure to prevent abuse by staff or volunteers working on a project;
- e. failure to conform to good health and safety practice;
- f. failure to conform to appropriate confidentiality requirements;
- g. failure to conform to ethical research practice;
- h. failure to conform to excellent standards of staff, project and financial management;
- i. failure to operate in a Covid-Secure manner.

Detriment or harm to staff and volunteers could be caused by:

- a. harmful actions by participants in a Restoration Trust project;
- b. failure of others involved in the project to protect staff or volunteers;
- c. failure to observe and alert others to an escalation in abuse by participants;
- d. failure to identify and record abuse to staff and volunteers;
- e. failure to conform to good health and safety practice;
- f. failure to conform to appropriate confidentiality requirements;

- g. failure to conform to ethical research practice;
- h. failure to conform to excellent staff, project and financial management;
- i. failure to operate in a Covid-Secure manner.

Financial, operational and reputational risks are:

- financial damage to trustees, partners and funders by failure to implement an effective financial management policy and practices;
- reputational damage to staff, volunteers, trustees, partners and funders by any significant incident of harm connected to a Restoration Trust project;
- financial, operational and reputational damage to the organisation by failure to manage conflict of interest effectively.

We minimise the detriment or harm from the above by:

- a. ensuring that good practice in working with vulnerable people is integral to project plans and operations;
- b. appropriate training for staff and volunteers involved with our projects;
- c. routine operational monitoring of our performance in respect of detriment or harm;
- d. careful record keeping;
- e. excellent staff, project and financial management;
- f. training for trustees in risk management in the context of our purposes and beneficiaries;
- g. annual risk management report to the trustees.

Policies and practice

We have the following policies in place to manage the risk of detriment or harm: Safeguarding vulnerable adults policy; safeguarding young people policy; volunteer policy; data protection; privacy; disclosure of information policy; health and safety policy; equality, inclusion and diversity policy; financial management and controls policy; reserves and risk management policy; conflict of interest policy. We maintain and annually review a corporate risk register and each project has its own risk register. We have introduced a Covid-19 risk assessment register.

Structure, governance and management

The Restoration Trust was established by a charitable trust deed on 7 April 2015 as a Charitable Incorporated Organisation (CIO).

Trustee selection

Trustees are selected because they can contribute to the achievement of our purposes. They are appointed by the existing trustees. As the organisation works with vulnerable adults we carry out all trustee eligibility tests that are required by law. Our constitution has the following provisions:

Functions and duties of charity trustees

The charity trustees shall manage the affairs of the CIO and may for that purpose exercise all the powers of the CIO. It is the duty of each charity trustee:

- a. to exercise his or her powers and to perform his or her functions in his or her capacity as a trustee of the CIO in the way he or she decides in good faith would be most likely to further the purposes of the CIO;
- b. to exercise, in the performance of those functions, such care and skill as is reasonable in the circumstances having regard in particular to any special knowledge or experience that he or she has or holds himself or herself out as having. If he or she acts as a charity trustee of the CIO in the course of a business or profession, to any special knowledge or experience that it is reasonable to expect of a person acting in the course of that kind of business or profession.

Eligibility for trusteeship

- a. Every trustee must be a natural person.
- b. No individual may be appointed as a trustee if he or she is under the age of 16 years; or if he or she would automatically cease to hold office under the provisions of clause 12(1)(e).
- c. No one is entitled to act as a trustee whether on appointment or on any re-appointment until he or she has expressly acknowledged his or her acceptance of the office of trustee.

Number of charity trustees

- a. There must be at least five trustees. If the number falls below this minimum, the remaining trustee or trustees may act only to call a meeting of the charity trustees, or appoint a new charity trustee.
- b. There is no maximum number of charity trustees that can be appointed to the CIO.

Trustee induction

The board inducts trustees according to the following policies and procedures:

- Terms of reference
- Principles for the operation of the board
- Code of conduct for trustees
- Chair of trustees job description
- Trustee job description
- Trustee person specification

Board organisational structure

The Restoration Trust is a small charity with a simple organisational structure. The board met three times in 2019/20. All meetings were held in London. The trustees have been led by the Chair Alison Richmond from May 2019. Frances Halahan is Secretary to the Board.

Trustees are responsible for:

- a. Ensuring that The Restoration Trust has a clear mission, vision and strategic direction and is focused on achieving these.
- b. Being responsible for the performance of the Restoration Trust and for its 'corporate' behavior.
- c. Ensuring that the Restoration Trust complies with all legal and regulatory requirements.
- d. Acting as guardians of the Restoration Trust's assets, both tangible and intangible.
- e. Representing the Restoration Trust as ambassadors in the wider community.

f. Ensuring that the Restoration Trust's governance is of the highest possible standard.

The Director is contracted to:

- a. Work with the Board to develop and review The Restoration Trust's vision and strategic plans.
- b. Deliver the Restoration Trust's charitable objectives through appropriate plans and in accordance with agreed policies and procedures.
- c. Ensure that The Restoration Trust is well administered and meets its governance and risk management responsibilities.
- d. Enhance the Restoration Trust's impact and profile.

Relationship with related parties

We cooperate with a number of other charities and organisations in pursuit of our objectives, as ours is a partnership model. These relationships are managed by partnership agreements agreed and signed by all parties, approved by the trustees and accepted by funders. Conflicts of interest in the relationship between trustees and the activities of the Restoration Trust are managed the other trustees by using our constitution, notably items 5 (Application of income and property); 6 (Benefits and payments to charity trustees and connected persons); 7 (Conflicts of interest and conflicts of loyalty). Our Conflicts of Interest Policy applies.

These relationships are as follows

- Johnny Tipler is a trustee and the husband of Laura Drysdale, Director of the Restoration Trust.
- Dr Sara Lunt is the retired Senior Curator, West Territory, English Heritage, and the Restoration Trust runs Human Henge with English Heritage in properties for which she was responsible. Dr Lunt provides pro bono advice as Chair of the Human Henge Project Board, and Restoration Trust covers her related travel and subsistence expenses.
- Alison Richmond is the former Chief Executive Officer of Icon, the Institute of Conservation, and Icon is a partner in our Conservation for Wellbeing programme.
- Darren France is the Coordinator for Dr Hills' Casebook and also a Director of UpShoot Theatre Company who are partners in the project.

Reference and administrative details

Name: The Restoration Trust

Registered Charity Number: 1161196

Principal address: 3 Vicarage Road, Cromer, NR27 9DQ

Trustees who served during the year

Nic Allen

Frances Halahan, Secretary

Dr Sara Lunt, Chair Human Henge Project Board

Johnny Tipler

Danny Whatmough

Alison Richmond, Chair

Darren France

There are no corporate trustees, and no trustee holds title to property belonging to the charity. We do not hold funds as custodian trustees on behalf of others. Trustees are appointed for a three-year term, with a maximum of two term renewals.

Advisers

Our accountants and independent examiners are Timothy Highnett and Partners, 7 High Street, Cromer, Norfolk NR27 9HG.

Staff

Laura Drysdale is our Director.

Declaration

The Trustees declare that they have approved the report above.

A handwritten signature in black ink, appearing to be 'Alison Richmond', with a horizontal line extending to the right.

Alison Richmond

Chair of the Trustees

Dated: 5th January 2021

Charity Registration No. 1161196

The Restoration Trust
Annual report and financial statements
Year ended 31st March 2020

The Restoration Trust

Annual report and financial statements

Year ended 31st March 2020

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The Restoration Trust

Independent examiner's report

Year ended 31st March 2020

To the trustees of The Restoration Trust

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31st March 2020.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1st April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1st January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Timothy Hignett and Partners Limited

7 High Street
Cromer
Norfolk
NR27 9HG

Dated: 14th August 2020

The Restoration Trust

Statement of financial activities Including income and expenditure account

Year ended 31st March 2020

	Notes	Unrestricted funds 2020 £	Restricted funds 2020 £	Designated fund 2020 £	Total 2020 £	Total 2019 £
Income from:						
Charitable activities	2	2,467	101,107	-	103,574	38,343
Transfers between funds		2,000	952	500	3,452	-
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Expenditure on:						
Charitable activities	4	4,999	40,253	-	45,252	67,830
Transfers between funds		1,452	2,000	-	3,452	-
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Net movement in funds		(1,984)	59,806	500	58,322	(29,487)
Fund balances at 1 st April 2019		2,288	5,339	-	7,627	37,114
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Fund balances at 31st March 2020		304	65,145	500	65,949	7,627
		<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The Restoration Trust

Balance sheet

As at 31st March 2020

	Notes	2020 £	2019 £
Fixed assets			
Tangible assets	6	-	295
		<hr/>	<hr/>
Current assets			
Debtors	7	1,608	721
Cash at bank and in hand		75,172	8,964
		<hr/>	<hr/>
Current assets		76,780	9,685
Creditors: amounts falling due within one year	8	(10,831)	(2,353)
		<hr/>	<hr/>
Net current (liabilities)/assets		65,949	7,332
		<hr/>	<hr/>
Total assets less current liabilities		65,949	7,627
		<hr/> <hr/>	<hr/> <hr/>
Income funds			
Restricted funds		65,145	5,339
Unrestricted funds		304	2,288
Designated fund		500	-
		<hr/>	<hr/>
		65,949	7,627
		<hr/> <hr/>	<hr/> <hr/>

The financial statements were approved by the trustees on 14th August 2020.

Mrs Alison Richmond
Chair of The Restoration Trust board

The Restoration Trust

Notes to the financial statements

Year ended 31st March 2020

1. Accounting policies

Accounting convention

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1st January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment - 25% Reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

2. Charitable activities

	Unrestricted funds 2020 £	Restricted funds 2020 £	Designated fund 2020 £	Total 2020 £	Total 2019 £
Income	2,467	101,107	-	103,574	38,343

The Restoration Trust

Notes to the financial statements (continued)

Year ended 31st March 2020

3. Grants and donations

	2020	2019
Donations and gifts		
Unrestricted funds:		
Donations received	1,455	1,112
Unrestricted income	1,012	5,369
	<hr/>	<hr/>
	2,467	6,481
	<hr/> <hr/>	<hr/> <hr/>
Restricted funds:		
Burgh Castle Almanac - Income	16,908	14,070
Change Minds - Income	-	14,250
BCA Film Project - Income	9,590	-
Conservation for Wellbeing - Income	19,800	-
Dr Hills Casebook - Income	36,000	-
Like Minds (Norfolk) - Income	15,198	-
Culture Quest (Suffolk) - Income	3,611	3,542
	<hr/>	<hr/>
	101,107	31,862
	<hr/> <hr/>	<hr/> <hr/>

The Restoration Trust

Notes to the financial statements (continued)

Year ended 31st March 2020

4. Charitable activities

	Other costs	Total	Total
	2020	2020	2019
	£	£	£
Analysis by fund			
Unrestricted funds	4,999	4,999	7,958
Restricted funds	40,253	40,253	59,872
Designated fund	-	-	-
	<hr/>	<hr/>	<hr/>
	45,252	45,252	67,830
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

5. Employees

There were no employees during the year (2019:0).

The Restoration Trust

Notes to the financial statements (continued)

Year ended 31st March 2020

6. Tangible fixed assets

	Fixtures, fittings & equipment £
Cost	
At 1 st April 2019	525
Disposals	(525)
	<hr/>
At 31st March 2020	-
	<hr/>
Depreciation and impairment	
At 1 st April 2019	230
Depreciation charged in the year	57
Disposals	(287)
	<hr/>
At 31st March 2020	-
	<hr/>
Carrying amount At 31st March 2020	-
	<hr/> <hr/>
At 31 st March 2019	295
	<hr/> <hr/>

7. Debtors

	2020	2019
	£	£
Amounts falling due within one year:		
Trade debtors	285	55
Other debtors	1,045	579
Prepayment and accrued income	278	87
	<hr/>	<hr/>
	1,608	721
	<hr/> <hr/>	<hr/> <hr/>

The Restoration Trust

Notes to the financial statements (continued)

Year ended 31st March 2020

8. Creditors: amounts falling due within one year

	2020	2019
	£	£
Trade creditors	2,169	561
Other creditors	3,562	992
Accruals and deferred income	5,100	800
	<hr/>	<hr/>
	10,831	2,353
	<hr/> <hr/>	<hr/> <hr/>

9. Restricted costs

	2020	2019
	£	£
Burgh Castle Almanac	16,260	13,523
Change Minds	-	13,236
Culture Quest	457	7,760
Culture Quest (Suffolk)	7,683	5,877
Human Henge	431	11,681
Human Henge (Avebury)	-	7,795
Like Minds (Norfolk)	1,504	-
Conservation for Wellbeing	7,854	-
Dr Hills Casebook	1,280	-
BCA Film Project	4,784	-
	<hr/>	<hr/>
	40,253	59,872
	<hr/> <hr/>	<hr/> <hr/>

Charity Registration No. 1161196

The Restoration Trust
Annual report and financial statements
Year ended 31st March 2020

The Restoration Trust

Annual report and financial statements

Year ended 31st March 2020

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The Restoration Trust

Independent examiner's report

Year ended 31st March 2020

To the trustees of The Restoration Trust

I report to the trustees on my examination of the financial statements of The Restoration Trust (the charity) for the year ended 31st March 2020.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1st April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1st January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Timothy Hignett and Partners Limited

7 High Street
Cromer
Norfolk
NR27 9HG

Dated: 14th August 2020

The Restoration Trust

Statement of financial activities Including income and expenditure account

Year ended 31st March 2020

	Notes	Unrestricted funds 2020 £	Restricted funds 2020 £	Designated fund 2020 £	Total 2020 £	Total 2019 £
Income from:						
Charitable activities	2	2,467	101,107	-	103,574	38,343
Transfers between funds		2,000	952	500	3,452	-
Expenditure on:						
Charitable activities	4	4,999	40,253	-	45,252	67,830
Transfers between funds		1,452	2,000	-	3,452	-
Net movement in funds		(1,984)	59,806	500	58,322	(29,487)
Fund balances at 1 st April 2019		2,288	5,339	-	7,627	37,114
Fund balances at 31st March 2020		304	65,145	500	65,949	7,627

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The Restoration Trust

Balance sheet

As at 31st March 2020

	Notes	2020 £	2019 £
Fixed assets			
Tangible assets	6	-	295
		<hr/>	<hr/>
Current assets			
Debtors	7	1,608	721
Cash at bank and in hand		75,172	8,964
		<hr/>	<hr/>
Current assets		76,780	9,685
Creditors: amounts falling due within one year	8	(10,831)	(2,353)
		<hr/>	<hr/>
Net current (liabilities)/assets		65,949	7,332
		<hr/>	<hr/>
Total assets less current liabilities		65,949	7,627
		<hr/> <hr/>	<hr/> <hr/>
Income funds			
Restricted funds		65,145	5,339
Unrestricted funds		304	2,288
Designated fund		500	-
		<hr/>	<hr/>
		65,949	7,627
		<hr/> <hr/>	<hr/> <hr/>

The financial statements were approved by the trustees on 14th August 2020.

Mrs Alison Richmond
Chair of The Restoration Trust board

The Restoration Trust

Notes to the financial statements

Year ended 31st March 2020

1. Accounting policies

Accounting convention

The financial statements have been prepared in accordance with The Restoration Trust's constitution, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended for accounting periods commencing from 1st January 2016). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures, fittings & equipment - 25% Reducing balance

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

2. Charitable activities

	Unrestricted funds 2020 £	Restricted funds 2020 £	Designated fund 2020 £	Total 2020 £	Total 2019 £
Income	2,467	101,107	-	103,574	38,343

The Restoration Trust

Notes to the financial statements (continued)

Year ended 31st March 2020

3. Grants and donations

	2020	2019
Donations and gifts		
Unrestricted funds:		
Donations received	1,455	1,112
Unrestricted income	1,012	5,369
	<hr/>	<hr/>
	2,467	6,481
	<hr/> <hr/>	<hr/> <hr/>
Restricted funds:		
Burgh Castle Almanac - Income	16,908	14,070
Change Minds - Income	-	14,250
BCA Film Project - Income	9,590	-
Conservation for Wellbeing - Income	19,800	-
Dr Hills Casebook - Income	36,000	-
Like Minds (Norfolk) - Income	15,198	-
Culture Quest (Suffolk) - Income	3,611	3,542
	<hr/>	<hr/>
	101,107	31,862
	<hr/> <hr/>	<hr/> <hr/>

The Restoration Trust

Notes to the financial statements (continued)

Year ended 31st March 2020

4. Charitable activities

	Other costs	Total	Total
	2020	2020	2019
	£	£	£
Analysis by fund			
Unrestricted funds	4,999	4,999	7,958
Restricted funds	40,253	40,253	59,872
Designated fund	-	-	-
	<hr/>	<hr/>	<hr/>
	45,252	45,252	67,830
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>

5. Employees

There were no employees during the year (2019:0).

The Restoration Trust

Notes to the financial statements (continued)

Year ended 31st March 2020

6. Tangible fixed assets

	Fixtures, fittings & equipment £
Cost	
At 1 st April 2019	525
Disposals	(525)
	<hr/>
At 31st March 2020	-
	<hr/>
Depreciation and impairment	
At 1 st April 2019	230
Depreciation charged in the year	57
Disposals	(287)
	<hr/>
At 31st March 2020	-
	<hr/>
Carrying amount At 31st March 2020	-
	<hr/> <hr/>
At 31 st March 2019	295
	<hr/> <hr/>

7. Debtors

	2020	2019
	£	£
Amounts falling due within one year:		
Trade debtors	285	55
Other debtors	1,045	579
Prepayment and accrued income	278	87
	<hr/>	<hr/>
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The Restoration Trust

Notes to the financial statements (continued)

Year ended 31st March 2020

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