

Together As One Annual Report 2019 — 2020

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About Us

Together As One exists to provide a safe place on a regular basis for any adults in Twickenham, Richmond, and surrounding areas who may be experiencing mental health issues or social isolation, to attend to socialise and enjoy all the activities that we can provide.

In the period April 2019 — March 2020, TAO provided three full days a week drop-in service, with RUILS funding all our Wednesdays.

We are delighted that Dr Sir Vincent Cable, the former MP for Twickenham, does us the honour of being our Patron. This is in recognition of the good work we do, and means an enormous amount to the group.

News

Naturally, we are all currently concerned with coronavirus; within this Report Year only the period 23th to 30th March was affected, when, in line with the Government advice prevailing then, we were closed. (We reopened on 6th July 2020).

Martin has stepped down as a Trustee, at the end of February; many thanks to him for giving, for free, his and effort time to us, both at the Pavilion and at the Shop.

An overarching Pavilion Management Committee has now been established. It comprises representatives of Twickenham Cricket Club, Thamesians Rugby Club, and ourselves; with the aim of easing resolution of any issues that may arise between these various users of the premises. Initially Martin was, and now Steve is, our attendee.

Average attendance rose over the year, from around 30 people per session to around 35 people per session; this is because groups from various supported living places around the Borough, including Shenehom in Barnes, have started visiting.

For the first time in our history, we have employed people in paid roles. In 2019, Rachael Guest was our Administrator from May to August; recruited by interview, she dealt with emails and any other administrative matters; she worked 18 hours per week, and was paid through RUILS payroll. Since the beginning of this March, Elizabeth Beilby, who was formerly a Trustee, has been paid as Pavilion Coordinator.

During April and May, the Pavilion's kitchen was refurbished completely. During this time, we provided clients with breakfast at a pub, a buffet lunch, and several takeaway lunches. This was much appreciated.

Regular Activities

We provided:——

- subsidised good quality hot cooked food at every session.
- two different art and craft groups per week, run by Nicki and Sophie, both with steady attendance.
- a music group, run by Music Therapist Sophie from Otakar Kraus Music Trust.
- opportunities for two different types of counselling, with either Jamie or Katie.
- hairdressing, provided by Alex, available throughout the year; donations received from this help to support our running costs.
- board games and cards, available at any time, these being frequently used.

Trips And Events

Places we visited include:

- Bournemouth for a day trip; for this we hired a coach.
- Hampton Court, both for a tour of the Palace and also the Christmastime outdoor Ice Rink.
- Kew Gardens.

Our Christmas Meal was held at the Freemasons' Hall near Twickenham Station; prior to eating we all enjoyed the Concert performance from the Music Group.

Pop Up Shop

Our Shop in Kew which has run since June 2017 closed during September 2019. We are now fortunate to have premises in Twickenham; this ran from 7th February to 22th March (closed by the lockdown; subsequently reopened on 6th June).

Both have proved very good at raising funds, and we are fortunate to have enough volunteers to (have) staff(ed) them both 6 days a week.

Staff Members

For the year 2019 to 2020, our Committee was:—

- | | |
|---|-------------------|
| • Chair | David May |
| • Secretary | Steve Cotton |
| • Treasurer | Ron Millar |
| • Pop-Up Shop Coordinator | Gunna Finnsdottir |
| • Pavilion Coordinator
(April — February) | Martin Higham |
| • Deputy Pavilion Coordinator | Yvonne Fyfe |

For the year 2019 to 2020, paid employees were:—

- | | |
|--|------------------|
| • Administrator
(May — August) | Rachael Guest |
| • Pavilion Coordinator
(March) | Elizabeth Beilby |

Appreciation

Our most sincere thanks to:—

Our Patron,

Dr Sir Vincent Cable

John Holmes, MBE

Cathy Maker and Charlie

Thefaut at RUILS

For art groups: Nicki, Sophie

Nisha, for payroll and other
financial support

Twickenham Cricket Club,
especially Tony and Nigel

For catering: Rachid, Avtar,
Aruna, Johnny, Anna, Mary M,
Ian, Cliff, Steve, Yvonne

Twickenham Cricket Club,
especially Tony and Nigel

Borough Councillors, especially
Meena Bond, Lesley Pollesche,
Helen Lee-Parsons; also
successive mayors of Richmond

Kew Gardens, with whom we
have Community Membership

Historic Royal Palaces,
from whom we received
training to lead our own tours
at Hampton Court Palace and
the Tower Of London

The Patel family from our
local shop

Alex, our hairdresser

Mary H; Margaret; Chris, for
organising trips

Eric, in charge of our website

Richard, for his work on our
accounts

For auditing our accounts:
Mike and Avtar

NCS The Challenge,
who help young people with
citizenship training

For cleaning:

Paul; all at Crystal Cleaning

Richmond Furniture Scheme,
whom we partnered with to
sell their furniture; especially
Simon, the manager

All our regular donors, for their
financial support

The student volunteers
who worked with us on
placement, as part of their
university courses

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For working in our Shop:

Patsy, John, Ken, Johnny,
Linda, Pam, Martin, Hannah,
Richard, Elizabeth, Gunna;
also especially to Hakim, for
collections, deliveries, and
much else

This year's TAO Paid Employees — Rachael, Elizabeth

This year's TAO Committee — David, Steve, Ron, Martin,
Gunna, Yvonne

Also, to everybody else in the community who helps us.

Support Us

If you would like to help us or volunteer in any way, regularly or occasionally, please let us know — we would be delighted.

Alternatively simply donate to TAO: Account Number **31706276**,
Sort Code **40—38—18**.

Contact Details

Email taotwickenham@gmail.com (**David** — Administrator)

Phone 07504 824 657 (**Ron** — Day-to-Day Pavilion Contact)

Website <http://www.togetherasone.co.uk>

Together As One
Audited Statement of Accounts
for 1/4/2019 to 31/3/2020

[Total 4 pages]

Summary

	£	£
Total Receipts	35,268	
Balance b/f as at start of financial year	82,183	
Total		117,451

	£	£
Total Payments	27,309	
Payments made but not yet banked	140	
Balance c/f as at end of financial year	90,002	
Total		117,451

[November 2020]

Receipts

£

£

Donations / Fundraising

Give As You Live / EasyFundraising	15	
Charities' Aid Foundation	100	
Virgin Money	0	
Regular Donations	536	
One-off Donations	6,175	
Other Receipts	13	
Total		6,839

Contributions To Expenses

Rent	0	
Repairs / Cleaning	0	
Outings	209	
Meals Sold	4,894	
Total		5,103

Pop-Up Shop

Income	22,909	
Total		22,909

Payments

£

£

Ongoing

Rent	7,800	
Repairs / Cleaning	144	
Insurance	407	
Wages	2,450	
Total		10,801

Activities

Music Group	1,300	
Outings	1,003	
Art Group	64	
Other Activities	0	
Total		2,367

Pop-Up Shop

Expenses	7,287	
Total		7,287

Meals

Cost of Meals	4,146	
Christmas Meal	1,758	
Total		5,904

Other

Equipment	588	
General Expenses	324	
Publicity / Marketing	39	
Fundraising	0	
Total		951

Statement of Accounts for Shop

Receipts	£	£
Sales	22,856	
Miscellaneous Receipts	54	
Total		22,909

**Balance b/f as at start of
financial year**

Total **48,551**

Total **71,460**

Payments	£	£
Business Rates	1,393	
Furniture Payments	2,297	
Groceries	330	
Utilities	448	
DIY	140	
Stationery	411	
Fixtures and Fittings	156	
Insurance	570	
Telephone	8	
Tradespeople	281	
Transport	285	
Storage	428	
Miscellaneous Costs	250	
Unidentified Costs	290	
Total		7,287

**Balance c/f as at end of
financial year**

Total **64,174**

Total **71,460**

December 2020

Together As One

This is to confirm, that the Accounts for the year **1/4/2019** to **31/3/2020** have been audited, in line with Charity Commission requirements.

In case of any queries, please email our Administrator on **taotwickenham@gmail.com** and we will be happy to address them.

p.p. Avtar and Mike

Joint Auditors

Registered Charity No. 1142042