

*"Kindness, Justice and
Equality for everyone no
matter who you are".*

Empowerment

Annual Report 2019 / 2020

ANNUAL REPORT CONTENTS

2019 - 2020

● Chair of the Board Introduction	Pg 3
● A word from the CEO	Pg 4
● BESS	Pg 5
● Blackpool Advocacy Hub	Pg 8
● Children & Young Person's Advocacy (CYP)	Pg 9
● Counselling	Pg 10
● Blackpool Time to Change Hub	Pg 12
● Healthwatch Blackpool	Pg 13
● Lived Experience Team	Pg 14
● Motivate2.....	Pg 15
● The Den	Pg 16
● Peer4U	Pg 18
● Support Services	Pg 19
● Welcome Team, Mayors Charity &	Pg 20
Empowerments Patron	
● Funding	Pg 21
● Financial Review	Pg 22



Like, Share & Follow us on Facebook, Twitter and Instagram to keep updated with exciting news and info from Empowerment!



/EmpowermentCharity



@Empowerment_



/EmpowermentCharity

Empowerment Charity Lancashire Registered Charity Number: 1155897

The Empowerment Base, 333 Bispham Road, Bispham, Blackpool, FY2 0HH - 0300 32 32 100 (local rate call) - admin@empowermentcharity.org.uk

CHAIR OF THE BOARD INTRODUCTION

I would like to welcome you to our Annual Report 2019-2020! It is with a great sense of pride that I present this report which showcases the inspirational work of our staff and volunteers. Empowerment has during the year continued to grow and develop new and exciting services whilst ensuring that our existing provision continually gets better.

I would like to thank all of our staff and volunteers for their outstanding work throughout the year, I am particularly pleased to report that when the COVID19 lockdown occurred, the team transferred very smoothly to our new working arrangements.

For the third year in a row, Empowerment has continued to invest our free reserves in strengthening the infrastructure and sustainability of the organisation, however this planned process has now been brought to an end and for the year 2020-2021 onward we will seek to achieve a proportionate surplus so as to safeguard the financial sustainability of the organisation.

Looking forward, Empowerment will seek to implement at every level of the organisation our Vision, Mission and Values, so that we truly become the value driven charity we strive to be. Please do read through this report and find out more about the incredible life changing work Empowerment does each and every day.

Teresa Mallabone
Chair of Board of Trustees



A WORD FROM OUR CEO

I am so pleased to be writing a piece for our Annual Report 2019-2020, and what a year it has been! My wonderful colleagues will let you know about the amazing things they have been doing over the past year, but I just want to say how much I am inspired by the people I work alongside here every day. Everyone here no matter who they are; plays their own unique role in making our work a success.

During the year we agreed our new Vision, Mission and Values document entitled, 'This is Empowerment'. This represented a refocussing of our organisation to return to our grass roots and once again be the radical advocacy organisation we are meant to be. Our new vision is therefore:

'To work alongside people in Blackpool and the Fylde Coast who feel they have no voice and are not listened to; so that they are empowered to bring about real and positive change to their own lives and the lives of others'.

This is our vision, it's who we are, we are on the side of all those people in Blackpool and the Fylde Coast whose voices are not heard and deeply listened to.

Finally, as we all know in March 2020, like the rest of the country Empowerment 'locked down', however our work never stopped, it just changed. I have never been prouder of being at Empowerment as I was during that time, we worked so hard so as not to abandon our most valuable members of our community during a time of national crisis. This is what we do and will continue to do for many years to come.

Mike Crowther
Chief Executive Officer



Our vision is at all times to be underpinned by our values:

Kindness, Justice & Equality

BESS NEEDS YOU



**BESS IS LOOKING FOR VOLUNTEERS WHO WOULD LIKE
TO WORK TOWARDS TACKLING SOCIAL ISOLATION AND
LONELINESS IN BLACKPOOL**

**IF YOU WOULD LIKE TO GET INVOLVED PLEASE CONTACT LINZI
LINZI.CASON@EMPOWERMENTCHARITY.ORG.UK**



TALK
TO

BESS

BLACKPOOL EMPOWERING SOCIAL SUPPORT



BESS service is entering its second year now and during Covid-19 has set up a project within the service to meet the demand of those who are isolated and lonely in Blackpool.

During the first few months, BESS service solely worked with those identified as High Intensity Users (HIU) of NHS services. This means working on a one to one basis to help someone who frequently calls 999, attends A&E frequently or attends their GP regularly due to being lonely and isolated.

Alongside this the 'step down' activities facilitated a way for the BESS clients to start to re-engage into the community. Activities such as coffee mornings, knitting, yoga, quiz group and book club.

Naturally these activities were also offered out to our community of Bispham and lots of people became regular users of the BESS service. The groups were popular with volunteers as well as people who used the service which works towards the core mission at Empowerment to help tackle social isolation and loneliness.

Covid-19...

When the pandemic struck it was devastating to have to send the people we had been supporting out of isolation back into complete isolation. Including the volunteers.

It was at this time we decided to start **BESS BUDDIES** another project within the service to help support the people who use our service during the lockdown. This became a virtual befriending service where people received a phone call once a week with support with whatever they needed. Working with kindness we went from a client list of 17 (plus 10 volunteers) to 100 within a week, referrals coming from Blackpool Council, Blackpool Coastal Housing, Blackpool Police and various health services.

So what did we do next...





We then took the face to face groups online and supported everyone to get online with tablets we gave out, or we helped people to use whatever equipment they had available. Although this took time we wanted to stay true to Empowerment's core values for equality for everyone. Once we had the majority of people online we then had a steady three groups per week.

The Quiz group ran for 18 consecutive weeks with volunteer John Chippendale dressing for each occasion in the theme we chose as a group. The Knitting group started to make squares for the Blackpool Victoria Hospital installation, even catching the eye of local press by featuring on That's Lancashire TV. The Friday coffee morning continued to support people who used our services as well as volunteers. Plant group started as a monthly check in with packages sent to everyone's home to grow sunflowers.

We had various afternoon tea's delivered to the houses, mugs that united us over zoom and plans for the future include a virtual Halloween afternoon tea and quiz.

The crafternoon group is already well underway with making Christmas wreathes for their front doors and we have had yoga streamed via Facebook to people's living rooms.



In the face of Covid we have continued to support our clients and volunteers through some very tough times and without the Empowerment wider team and dedicated volunteers we wouldn't have been able to do so. 2021 is already looking very interesting and we can't wait for the new year of activities to start in the Empowerment garden with funding already secured to turn it into a sanctuary for all to use.



Blackpool Advocacy Hub

Congratulations

Advocacy
QPM

Recognising quality
in independent advocacy

an NDTi Programme

Well what a year it has been for Blackpool Advocacy Hub!

We were awarded the **Advocacy Quality Performance Mark (QPM)** in April 2019.

October 2019 some of the advocacy team attended the Advocacy Conference and Awards in where our volunteer Stephen was shortlisted for best supporter.

We also hosted the 19th Social Pedagogy Development network event in **November 2019**. Empowerments Chief Executive and Blackpool Advocacy Hub Manager have a keen interest in this as they are both undertaking the Social Pedagogy Leadership MA at UCLAN. Social Pedagogy sits alongside Empowerments Vision, Mission and Values of working in partnership with people to walk beside them on their journey using their head, heart and hands.



Head

What have you learn?



Heart

How do you feel?



Hands

What are you going to do?





We kick started the year with our CYP advocacy service gaining further funding due to the demand of the service and we now have two full time CYP advocates. With the additional resources we could start to deliver a truly co-produced service for our children in Blackpool. This was an exciting time as co-production is part of our new mission to ensure that our services are truly co-produced with the people of Blackpool.

In May 2019 we were pleased to be given funding by Headstart to recruit for a Youth Engagement Apprentice. In June 2019 the CYP Advocacy team commenced a 6-week focus group with our children from Blackpool to co-produce a logo, leaflet, poster, website and video. The focus group concluded in August 2019 with a trip to the Chill Factor.



In December the CYP service joined the Blackpool Families Rock implementation group run by Blackpool Council and continue to be involved in being involved with this group to ensure that the voice of our children in Blackpool is at the heart of the advocacy service we offer.

Blackpool Advocacy Hub Statutory Adult Services

Our adult services comprise of Paid Relevant Person's Representative (RPR), Independent Mental Capacity Advocacy (IMCA), Independent Mental Health Advocacy (IMHA), Care Act Advocacy and NHS complaints Advocacy. All these services work hand in hand with Empowerments overall vision, which is to work alongside people in Blackpool and the Fylde Coast who feel they have no voice and are not listened to; so that they are empowered to bring about real and positive change to their own lives and the lives of others.

In April 2019 we had one-part time advocate that specialises in the role of Paid RPR and focus on the one strand within care homes, one office based advocacy administrator who was able to signpost people to the correct services and ensure that all referrals were kept up to date. Additionally, we had specialist advocates who worked across all strands of statutory advocacy to ensure continuity for the people accessing our services. Due to the high demand for this service in September 2019 we were given additional funding for an additional Paid RPR post and a New Senior Advocate Post.

As the year 2019/2020 came to a close we went in to lockdown in mid-March and we all had to work from home using new ways of working. The Advocacy Hub Team all pulled together to ensure that we continued to offer the best service possible to those we serve ensuring that Empowerments values of Working with Kindness, working for Justice and working towards Equality for everyone was upheld.



Counselling

SARAH THORNLEY

Empowerments' counselling service started in September 2019, when we gained funding from Blackpool Fulfilling Lives. We sourced a neutral location in the centre of Blackpool, that was easily accessible for clients to attend. The space I wanted to create was private and confidential, and separate from any other service a client may have accessed in Blackpool in the past. Following Empowerments' mission to work alongside local people we offered counselling referrals from our PEER 4 U service. To meet the criteria for referral a client would need to have two or more of multiple disadvantage; mental health, offending behaviour, substance misuse or have been homeless. Counselling has been offered over two days per week since October 2019 with the aim to support a maximum of 10 clients per week. The model of therapy that is offered is Person Centred Therapy.



Person Centred Therapy, is a humanistic approach where a clients' goal is to become fully functioning. The client is at the centre of their own therapy, exploring their own experiences in a safe, confidential and non-judgemental space. This approach works well with our mission, to recognise the uniqueness and potential in everyone. Counsellors understand the client as a whole person, their values and beliefs whilst being open and genuine. To help the client feel accepted by understanding their own feelings allowing the client to reconnect with their true authentic self.

My job as a counsellor is to use my core conditions of congruence, empathy and unconditional positive regard to help clients identify and clarify their hidden agenda, to find their own solutions as they are the experts of themselves. Counselling helps empower clients to be free from issues that are holding them back. This process supports Empowerments' vision to allow people to be heard and bring about real positive change to their own lives and others.

Empowerment is also about taking a risk and trying something new, creating the opportunity for change for people who are seldom heard, allowing my counselling service to begin sessions with clients in October 2019 and continue throughout the year into 2020. We initially started one to one face to face therapy, but when the pandemic arose in March 2020 we transferred to telephone and video sessions. Throughout, the year I have supported 34 clients, with around 280 client hours.

Quotes from Clients...



“Counselling has taught me to look on the bright side and I have learnt to give myself a break and forgiveness.”

“Talking to my counsellor has really helped me rethink and reflect on my thoughts. I am feeling more positive this last week than I have felt in a long time.”

“Having one person who hears me and listens without judgement, and keeps things confidential allows me to assess my experiences, feel and reflect and change my behaviour patterns. I have found counselling more valuable during the Covid19 experience because if I didn't have someone to listen and share my feelings then I would lose the plot. Counselling is keeping me grounded.”

“Counselling has got me through isolation. It has levelled me out, reassessed myself and brought me back down again. I am more stable now, I still feel down but now I have built resilience.”

“Counselling has made me accountable for my actions and consequences instead of pushing my head in the sand like I usually do. Now I deal with my feelings, reflect and assess and act differently.”

“Counselling is helping me a great deal and I would like to thank Empowerment and Peer 4U for organising it for me. I couldn't have done it alone and got my feelings out without talking therapy. It has helped a lot to get things off my chest, to get it all out. I would recommend counselling.”

“I used to think it was stupid to talk about your past feelings, but I've realised if you don't deal with underlying issues I'll never be clean and now I have a better insight to be able to move forward with recovery and stay on track.”

“Counselling has helped me so much to deal with everyday life after living a life that was definitely not everyday”

time to change blackpool

let's end mental health discrimination

Blackpool Time to Change Hub

In August 2019, Empowerment took over responsibility for delivering 'Blackpool Time to Change Hub'. Part of the national movement to drive out the stigma of mental illness from our communities and work places. Jamie-Lee Curry was appointed as Co-ordinator and embarked on a busy programme of activity:

- Speaking at the International Men's Day Conference
- Participating in high profile activities for the 'Time to Talk' Day
- Maintaining a schedule of social media posts
- Supporting and Developing Time to Change Champions
- Working with businesses to become Time to Change employers.



Blackpool Time to Change Hub was generously funded by Blackpool Council, and has already achieved much in creating positive cultures around mental health.





Healthwatch Blackpool is the independent peoples champion for publicly funded health and social care services. Our amazing team of dedicated volunteers and staff have worked hard to gain Blackpool residents views and opinions. We continue to share those views and ensure that people are at the heart of care and decision making locally.



**We look forward to the year ahead
and encourage our community to
speak up and get involved!**

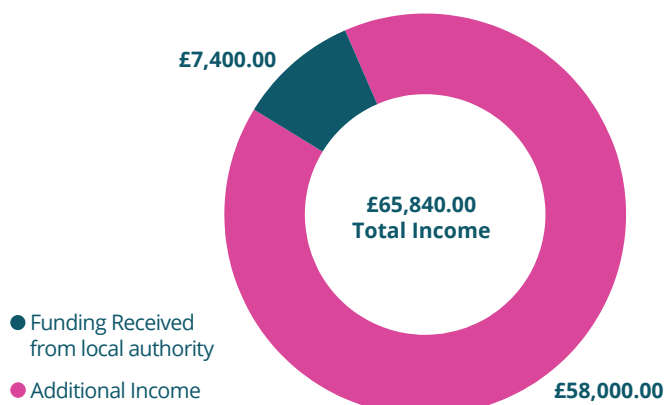
Follow us on Social Media:



**You can obtain full details of the work
carried out by Healthwatch Blackpool
during 2019/20 on our website:**

www.healthwatchblackpool.co.uk

**We are funded by our local authority
under the Health and Social Care Act
(2012). In 2019-20 we received:**



Healthwatch Blackpool have had a busy year supporting work and engagements for the NHS Long Term Plan, this has been a privilege to be involved in. The community voice really has supported local service implementation.

Working in partnership under Healthwatch Together has highlighted the importance of the collective voice across the Integrated Care System. The work we completed last year was recognised at the Annual Healthwatch Conference. We look forward to combining our expertise and community voice to promote real answers to the challenges we face in Lancashire and South Cumbria.

Covid-19 has certainly changed the direction of our intended work plan but I couldn't be prouder of the time and dedication given by our volunteers and other organisations in Blackpool to ensure that our community is supported at this uncertain time. Given the recent challenges to our system, it is vital that the public feel confident in speaking up to help shape and support our services for the future, now more than ever!

I would like to conclude our statement by saying **thank you to:**

- Our dedicated volunteers for the constant enthusiasm and commitment.
- All of the Blackpool people who have shared their experiences with us.
- All of the organisations who have worked with us
- The Empowerment support services team
- Our committed project officers Sarah Thornley and Linzi Cason who have worked tirelessly delivering projects and activities.

Lastly and not least Sheralee Turner-Birchall for all of her support over the last twelve months. Healthwatch Blackpool wish her the very best in her new venture.

Interested in becoming a Volunteer, get in touch: enquiries@healthwatchblackpool.co.uk

LET Lived Experience Team

by Empowerment & Fulfilling Lives

At the beginning of 2014 Blackpool secured 10 million pounds for the Fulfilling Lives programme to work with people with Multiple Disadvantage including homelessness, Mental Health, Offending and Substance Misuse who struggled to engage with services.

In January 2018 Empowerment were successful in securing the contract for the Lived Experience Team to work as a "Critical Friend" to the Fulfilling Lives programme. Since then the team have grown from strength to strength ensuring that the voices of the people who are disadvantaged by the system are heard.

To support with systems change in Blackpool the Lived Experience Team co-produced a Multiple Disadvantage Accreditation which services signed up to complete, including DWP, Probation and Substance Misuse services to name a few. The accreditation has enabled the team to support services to make small changes to enable better engagement with their clients.

The team are also part of the National Experts Citizens Group which was founded by the Lottery for the Lived Experience Teams of the 12 Fulfilling Lives Projects to work together to support Systems Change Nationally. The team have been involved in reports Nationally and have been invited to Parliament, the House of Lords and The Ministry of Justice ensuring the voice of the Blackpool Community is heard on a National level as well as local.



The LET are involved in a task force to reduce the number of drug deaths in Blackpool which is one of the highest in the country. The team identified that treatment services were very good at distributing Naloxone (Opiate reversal drug) to clients accessing their service, but were concerned for the 1000 drug users in Blackpool that are not in treatment. The team set up a Peer to Peer Naloxone programme and have been trained under the umbrella of drug services to distribute Naloxone to the hardest to reach in the town, using their knowledge and expertise to build relationships and get to the people that services are unable to. The Peer to Peer Naloxone programme has been very successful and due to the success the team have been funded by the Police and Crime Commissioner to continue this work.

The LET have made a great impact in Blackpool and have a seat at most board meetings to ensure that the voice of Lived Experience is heard in the right places to implement system change.

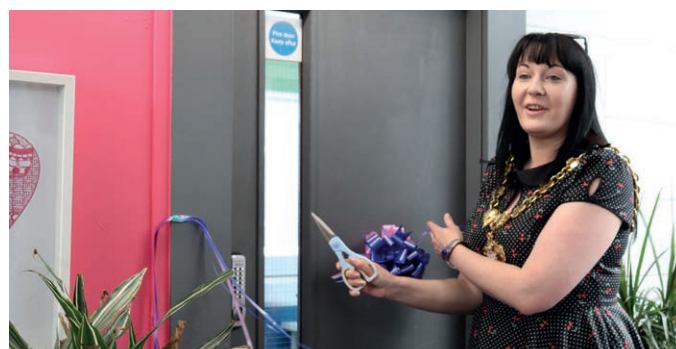
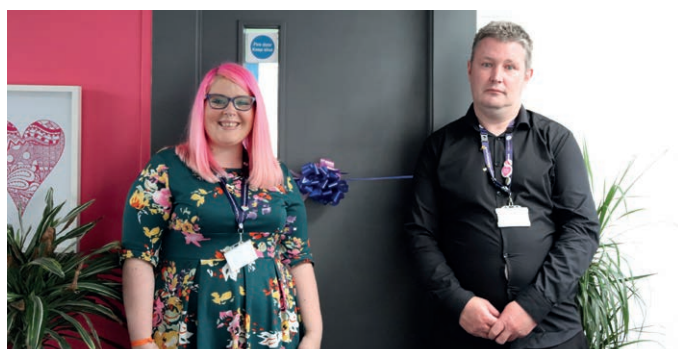
Mental Health Opportunities Training Independent Volunteering Advocacy Teamwork Empowerment

MOTIVATE2

2019 saw the start of MOTIVATE2... This was opened officially by the Mayor on 19th June with an event at the Empowerment Base. We have had Michael as Project Officer and then Ali, Louise, Joy, Eddie and Carrie as our volunteers throughout the course of the year. We additionally had a Student Social worker on placement for 100 days which meant a lot of extra people got support. We worked together to co-produce posters that were for the purpose of promoting getting volunteers and also promoting the service that we offer. The unmet need that had been captured from the referrals that we had been getting throughout the previous year was what formed the basis for what we were going to take referrals for. **They are:**

- An Informal Patient at The Harbour,
- If you were a Blackpool Resident and also a parent who has Mental Health, Learning Disabilities or Complex Needs, with children under child protection proceedings
- If you are thinking about raising a complaint with Social Services
- A person living with a Mental Health Condition and struggling to access Health and Social Care Services.

We formed a group called Re; Mind which is a focus group specifically for people with lived experience of accessing Mental Health Services within the Blackpool area. The purpose of this group is to voice personal experiences in order to promote positive changes within Mental Health Services in Blackpool. The information that is captured in this meeting is fed into the Mental Health Partnership Board and the hope for 2020 is to get some members on their board.





The Den put the people who we support at the heart of everything we do. We really do change lives! Looking back over the last 12 months...

THE DEN

The team have supported many families across Blackpool & the Fylde Coast. The majority of support has been on a one to one basis. 216 children and young people in Blackpool engaged in support from a CIDVA. In Fylde and Wyre 90 children and young people engaged in support. This support provides practical and emotional support for children and young people affect by domestic abuse. This support focuses on safety planning, identifying trusted adults and building on support networks, exploring healthy and unhealthy friendships/relationships, strategies to manage feelings and emotions and improving resilience by goal setting for the future.

The Den provided over 30 adventures for our children and young people. On average 10 children attended each day trip. These adventures enabled individuals to interact with others in similar situations, expanding their social interactions with peers. These shared experiences such as concurring fears, making connections and widening their world even just a little are key in building resilience. These adventures create so much more than touching a stingray or riding a rollercoaster. These are opportunities for children to be happy, for children to smile and for children to simply be children.

The Den facilitated seven workshops in high schools across the Fylde Coast. Over a hundred year ten pupils participated in a 'Let's Talk Relationships' session exploring healthy and unhealthy relationships, warning signs to look out for in their own relationships and learning about local services that can help should this be needed in the future.



“

Through the wider work of the team we 'ensure we never condone or excuse domestic abuse.'

Here's what families have to say about the support their children have received...

“Court is all over now and the children's wishes have been listened to, thank you for all the support you've given us. You really have gone above and beyond”

“they understand how to take themselves away from situations they may find themselves in when on contact. They also talk about how they are feeling more”

“I've (mum) always had good support networks with friends and family, but it's also been good re-looking at them, especially for the children. They know who they can talk to in school now and are more open now about how they feel.”

“There's more communication between us all now which is good. My oldest is more open about her relationship and knows what's right and wrong” “Support from The DEN has been a lot of help for her and I am so grateful. I have seen an improvement in my daughter's behaviour too.”

Here's what Schools have to say about the support pupils have received...

“A big thank you to The DEN team who support our children in school. You offer a vital service and we would be lost without you”

“The support you provide to children is invaluable! She is so much happier within school and seeing her smile again is so nice to see. Thank you” “We would like to thank the team for their continued support during this challenging time. Children have access to Zoom calls which have proved invaluable.”



Peer4U
Tackling Social Isolation

LIFE ON REPEAT?
LONELY OR ISOLATED?
A HISTORY OF BEING IN SERVICES?
IN NEED OF A FRIEND?
READY FOR A CHANGE?

If you have had a history of at least two of the following areas: Substance Misuse, Offending, Mental health or Homelessness and are ready to embark on the next stage of your journey we could be the team for you.

What Peer 4 U can offer YOU is someone to walk alongside the next stage of your journey, whilst you: initiate change, build your confidence, build support networks and empowering YOURSELF to feel more independent within your life.

The Peer4U Project funded by The Lottery Community Fund and HM Government launched in April 2019 to tackle social isolation and loneliness.

The Mentors, who all have lived experience of Multiple Disadvantage, each have a caseload of people that they befriend and mentor. The Mentors work by finding out what the Mentees are interested in and walking alongside them and accompanying them to college, community groups and volunteering. The team have achieved some great outcomes with people they have mentored such as getting involved in activities, getting out of the house and even becoming part of the Lived Experience Team. The Peer4U team coproduced how the project was going to work and has been a great success and sure it will continue to be in the future.



Peer4U is funded by the Building Connections Fund, government funding distributed by the National Lottery Community Fund.

SUPPORT SERVICES

The Support Services Team is headed up by the Support Services Manager Louise Goldstone. Louise is responsible for the supervision of a small administrative team. Louise also ensures that health and safety regulations are maintained throughout the office, finance reporting is conducted in a timely fashion and information governance and quality assurance standards are to a high quality. Louise is also the Secretary to the Board of Trustees ensuring accurate minutes and actions are noted.

Kevin Glossop is the Quality & Performance Lead and is responsible for reporting all statistical information to our commissioners and funders about how our services are performing. Kevin also regularly provides reports to the management team and the Board of Trustees.

This year the Support Services Team expanded and we welcomed Steve Ingham to the team. Steve joined us as Finance/Administration Assistant and is responsible for the inputting of our financial data and other general administrative duties.

We also welcomed Fab Kuster to the team who joined us as our Cleaner for 3 days a week.

*"As I started with Empowerment over a year ago I find my role is very important because I keep the office's clean and tidy so the building looks nice for visitors" – **Fab Kuster**.*

Over the year the Support Services Team continued to provide the back office support to the ever growing Empowerment team. Due to the growth in Empowerment we invested in a new cloud based HR system to help manage our growing staff team and ensure a more streamlined and efficient process.

At the start of 2020 we renewed our ISO 9001 accreditation. The ISO 9001 is recognised worldwide as the international benchmark for quality within an organisation. It is designed to help organisations meet the needs of the people that use their service by having a framework in place that ensures consistent quality in the services that they provide. At Empowerment we are committed to quality and we utilise the ISO 9001 to help further this commitment.

Empowerment is hoping to move towards increasing our fundraising element and as part of this Louise and Steve attended a two day Giftaid training course in order to make preparations for getting the organisation to be Giftaid ready.

Louise also continued her AAT studies and took her final exam of her Level 4 AAT Professional Diploma in Accountancy in March 2020, however, the result would not be known until the next financial year!



Steve Ingham



Fab Kuster

WELCOME TEAM

The welcome team are the glue that keeps the Empowerment building together!

This groups of volunteers from the community are buddied up to cover the welcome space between opening hours and do exactly what it says in their title – welcome people.

Coming into an office space can be sometimes a bit daunting for people who use our services so having a team that offer a friendly face, help to sign in and provide guests to the building with information (and even a brew!) is vital.

“I love working with the team at Empowerment and meeting new people that come to the building. Its brilliant being on reception with my buddy Drew as we have a fun time and a laugh”.

Stephen Phillips, Welcome Team Volunteer



Mayors Charity

In May 2019, Cllr. Amy Cross became the Mayor of Blackpool, the youngest person ever to become Mayor and the first openly LGBT person to assume the role. Amy chose Empowerment as her charity of the year, in keeping with her passion for justice for people on the margins of society especially those of us who are experiencing mental illness. Amy quickly set about visiting our projects and hosting fundraising events for Empowerment which were to culminate with the Mayor's Ball in March 2020. Unfortunately, like so many other things, this had to be cancelled. However, the great news is that due to the Full Council not being able to meet in May 2020 to welcome a new Mayor, Amy has been asked to remain in that role for a further year. We are of course thrilled!



Paul Stewart – Empowerments Patron

This year we were delighted to announce that Paul Stewart had agreed to become our Patron. As well as being a loving husband and father, successful in business and having played professional football in the Premier League (as well as our very own Blackpool Football Club), Paul in recent years has become an inspirational speaker about his own experience of being abused as a young person. Paul has demonstrated the power of speaking out and sharing our story so as to inspire others to share their stories too. We are so proud of the fact that Paul is our Patron, and we could think of no-one better be a wonderful advocate for Empowerment and the work we do.



FUNDERS DURING 2019 / 2020

Blackpool Council

HEADSTART



NHS
Blackpool
Clinical Commissioning Group



we are
with you

the
Tudor trust



Public Health
England



OUR BANKERS DURING THE YEAR HAVE BEEN;

CAF (Charities Aid Foundation)

25 Kings Hill Avenue,
Kings Hill,
West Malling,
Kent,
ME19 4TA

CAF

Charities Aid Foundation

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2020
FOR
EMPOWERMENT CHARITY LANCASHIRE CIO

TLL Accountants
7-9 Station Road
Hesketh Bank
Preston
Lancashire
PR4 6SN

EMPOWERMENT CHARITY LANCASHIRE CIO

CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2020

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Cash Flow Statement	8
Notes to the Cash Flow Statement	9
Notes to the Financial Statements	11 to 18
Detailed Statement of Financial Activities	19 to 20

EMPOWERMENT CHARITY LANCASHIRE CIO

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST MARCH 2020**

The trustees present their report with the financial statements of the charity for the year ended 31st March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objectives of the charity are to:-

Promote, support and provide advocacy services or representation services as a means by which people disadvantaged by disability, illness, age or social exclusion can make known their needs and wishes in order to obtain appropriate services, and so increase their quality of life; and

To educate health and social care service providers and the community in general as to the difficulties for disadvantaged people to express themselves; and

To relieve the distress and suffering experienced by any individual or family who are or have been victims of domestic abuse.

Public benefit

The Trustees of the charity confirm that they have exercised their powers of duty to ensure that the objects of the charity are performed for the benefit of the public and comply with the Charity Commission guidance on public benefit.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The main sources of income during the year were Blackpool Council and the National Lottery Community Fund. The trustees would like to thank them and all other funders for their support over the year.

The objectives of the charity continue to be achieved through the provision of services. A detailed report of the Charity's activities may be obtained by writing to the Charity at the principal address.

Fundraising activities

During the year fundraising activities were held for specific purposes. These are accounted for separately on the SOFA.

FINANCIAL REVIEW

Financial position

The net deficit during the year ended 31 March 2020, after accounting for all recognised gains and losses, was £35,961 (2019 - £46,536).

This year, as agreed in the November 2017 Business Plan would be the last year that the organisation would be prudently using its free reserves to invest in the infrastructure of the organisation, invest in the training and development of the staff team and invest in the sustainability of the organisation. It is therefore planned that all future financial years will deliver a small surplus.

Investment policy and objectives

The Trustees control and approve all important financial transactions.

The Charity does not hold any investments and keeps its funds in UK bank accounts.

EMPOWERMENT CHARITY LANCASHIRE CIO

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST MARCH 2020**

FINANCIAL REVIEW

Reserves policy

Under the requirements of Charity Law, the Trustees are obliged to define the Charity's policy for holding reserves. The intention in establishing this reserves policy is to ensure the continuation of the Charity's activities. The policy will enable the Charity to meet its legal objects, provide confidence to supporters and donors seeking to give financial support to a prudently controlled charity and to ensure that the reserves are at a level sufficient to discharge all of the Charity's obligations in the event that it should cease its operations.

It is estimated that these costs will be at least 2 months. The policy is therefore to hold at least 2 and no more than 6 months' operating costs in reserve. Unrestricted funds at the year end amounted to £223,501 (2019: £282,305), which approximates to 3 months costs for Empowerment continuing the same range of activities. The trustees believe that this level of reserves is sufficient to ensure the charity can continue effectively and develop further projects to improve the advocacy and other services provided.

To maintain appropriate levels of reserves, the Trustees have determined that:

- all donations, which have no restriction placed upon them by the terms of the donation, are considered to be general reserves;
- capital commitments and expenditure plans are reviewed periodically and the funds required to finance such may be removed from general reserves as necessary for the attainment of its broad objects;
- Funds may, from time to time, be designated for specific purposes.

FUTURE PLANS

The future plans for the Charity are as follows:

- To secure funding for existing projects.
- To source funding for additional creative and innovative projects.
- To enhance and develop Quality Assurance.
- To develop a comprehensive outcomes framework.
- To ensure that service users shape and develop all service delivery.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document, a deed of trust, and constitutes a charitable incorporated organisation.

The Executive Committee of the Charity are its Trustees for the purpose of charity law. Under the constitution the Executive are elected at the Annual general meeting. At the AGM, one third of the Board or, if their number is not three or a multiple of three, the nearest number to one third must retire from office. If there is only one Board member he or she must retire. The Board to retire by rotation shall be those who have been longest in office since their last appointment.

The policies are determined by the trustees. Regular trustee meetings are held to monitor and supervise the day to day operations of the Charity.

EMPOWERMENT CHARITY LANCASHIRE CIO

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31ST MARCH 2020**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Trustees' Appreciation

Each year Empowerment benefits from the generosity of those people and organisations who support the Charity and those who make individual donations. The trustees wish to extend their gratitude to the individual donors and volunteers for their support for the charity.

Recruitment and Appointment of new Trustees

In the event of a vacancy, the existing members may co-opt not more than two new trustees subject to the co-opted members not exceeding one third of the members of the Executive Committee, being such persons as they think fit as being in sympathy with the objectives of the organisation. A person must be nominated by one of the trustees and a ballot taken by the whole membership - admission is determined by this vote.

Trustees are selected from individuals with appropriate experience and knowledge. The induction and training of trustees is undertaken by the other members of the Executive Committee.

Organisational Structure

The Executive Committee, (the Board of Trustees) shall consist of not less than 3 members but not more than 12 members, who meet not less than every quarter but usually monthly to administer the charity. A chief executive is appointed by the trustees with delegated responsibility for the management of the organisation.

Risk Assessment

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The trustees have introduced a formal risk management process to assess the risk to which charities are exposed to and risk management strategies. This involves identifying types of risk the charity faces, prioritising them in terms of potential impact and the likelihood of occurrence and identifying means of mitigating the risks. The risk policy continues to be reviewed at least every six months. Internal risks are minimised by the financial controls imposed in respect of the procedures for the authorisation of all transactions and projects.

The trustees maintain a close control on the day-to-day operation of the charity in respect of its activities. The Charity has an approved Health and Safety policy.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
1155897

Principal address
333 Bispham Road
Bispham
Blackpool
FY2 0HH

Trustees
M Wilson
I Collingwood (resigned 19.3.2020)
Ms T Mallabone Chair
Ms S Turner
Ms S Bilsborrow Vice Chair
A Fletcher
Ms R Eastham (appointed 16.9.2019)
Ms N Shorrock (appointed 11.11.2019)

EMPOWERMENT CHARITY LANCASHIRE CIO

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2020

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Peter Buck
FCA DChA
TLL Accountants
7-9 Station Road
Hesketh Bank
Preston
Lancashire
PR4 6SN

Bankers

CAF Bank Limited
25 Kings Hill Avenue
Kings Hill
West Malling
Kent
FY2 0HH

KEY MANAGEMENT PERSONNEL

During the year the Trustees delegated responsibility for the day-to-day management of the charity to the following senior employees:

Mike Crowther, Louise Goldstone, Nicola Plumb, Diana Evans, Sheralee Turner-Birchall (until December 2019), and Kerrie Fawcett.

Approved by order of the board of trustees on 20/11/2020 and signed on its behalf by:


.....

M Wilson - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
EMPOWERMENT CHARITY LANCASHIRE CIO**

Independent examiner's report to the trustees of Empowerment Charity Lancashire CIO

I report to the charity trustees on my examination of the accounts of Empowerment Charity Lancashire CIO (the Trust) for the year ended 31st March 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCA DChA which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Peter Buck
FCA DChA
TLL Accountants
7-9 Station Road
Hesketh Bank
Preston
Lancashire
PR4 6SN

Date: 20.11.2020

EMPOWERMENT CHARITY LANCASHIRE CIO

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2020

	Notes	Unrestricted funds £	Restricted fund £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	74,892	355,523	430,415	290,184
Charitable activities	4				
Direct Charitable Activities		512,471	-	512,471	408,804
Investment income	3	<u>644</u>	<u>-</u>	<u>644</u>	<u>4,319</u>
Total		<u>588,007</u>	<u>355,523</u>	<u>943,530</u>	<u>703,307</u>
 EXPENDITURE ON					
Raising funds	5	94,393	8,611	103,004	101,530
Charitable activities	6				
Direct Charitable Activities		<u>574,878</u>	<u>301,609</u>	<u>876,487</u>	<u>648,313</u>
Total		<u>669,271</u>	<u>310,220</u>	<u>979,491</u>	<u>749,843</u>
 NET INCOME/(EXPENDITURE)		<u>(81,264)</u>	<u>45,303</u>	<u>(35,961)</u>	<u>(46,536)</u>
Transfers between funds	14	<u>42,485</u>	<u>(42,485)</u>	<u>-</u>	<u>-</u>
Net movement in funds		<u>(38,779)</u>	<u>2,818</u>	<u>(35,961)</u>	<u>(46,536)</u>
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>282,305</u>	<u>1,148</u>	<u>283,453</u>	<u>329,989</u>
 TOTAL FUNDS CARRIED FORWARD		<u><u>243,526</u></u>	<u><u>3,966</u></u>	<u><u>247,492</u></u>	<u><u>283,453</u></u>


The notes form part of these financial statements

EMPOWERMENT CHARITY LANCASHIRE CIO

BALANCE SHEET
31ST MARCH 2020

	Notes	Unrestricted funds £	Restricted fund £	2020 Total funds £	2019 Total funds £
FIXED ASSETS					
Tangible assets	11	20,025	-	20,025	16,786
CURRENT ASSETS					
Debtors	12	51,775	-	51,775	45,895
Cash at bank and in hand		<u>274,006</u>	<u>3,966</u>	<u>277,972</u>	<u>299,474</u>
		325,781	3,966	329,747	345,369
CREDITORS					
Amounts falling due within one year	13	(102,280)	-	(102,280)	(78,702)
NET CURRENT ASSETS		<u>223,501</u>	<u>3,966</u>	<u>227,467</u>	<u>266,667</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>243,526</u>	<u>3,966</u>	<u>247,492</u>	<u>283,453</u>
NET ASSETS		<u>243,526</u>	<u>3,966</u>	<u>247,492</u>	<u>283,453</u>
FUNDS	14				
Unrestricted funds:					
General fund				223,501	265,519
Designated fund - Fixed Assets				<u>20,025</u>	<u>16,786</u>
				243,526	282,305
Restricted funds:					
Restricted Fund				<u>3,966</u>	<u>1,148</u>
TOTAL FUNDS				<u>247,492</u>	<u>283,453</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 20/11/2020 and were signed on its behalf by:


.....
M Wilson - Trustee

The notes form part of these financial statements

EMPOWERMENT CHARITY LANCASHIRE CIO

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2020

	Notes	2020 £	2019 £
Cash flows from operating activities			
Cash generated from operations	1	<u>(13,912)</u>	<u>(50,446)</u>
Net cash used in operating activities		<u>(13,912)</u>	<u>(50,446)</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(8,235)	(3,714)
Interest received		<u>644</u>	<u>514</u>
Net cash used in investing activities		<u>(7,591)</u>	<u>(3,200)</u>
Change in cash and cash equivalents in the reporting period		<u>(21,503)</u>	<u>(53,646)</u>
Cash and cash equivalents at the beginning of the reporting period		<u>299,474</u>	<u>353,119</u>
Cash and cash equivalents at the end of the reporting period		<u><u>277,972</u></u>	<u><u>299,474</u></u>

The notes form part of these financial statements

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2020

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2020 £	2019 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(35,961)	(46,536)
Adjustments for:		
Depreciation charges	4,995	4,131
Interest received	(644)	(514)
Increase in debtors	(5,880)	(36,050)
Increase in creditors	<u>23,578</u>	<u>28,523</u>
Net cash used in operations	<u>(13,912)</u>	<u>(50,446)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.4.19 £	Cash flow £	At 31.3.20 £
Net cash			
Cash at bank and in hand	<u>299,474</u>	<u>(21,502)</u>	<u>277,972</u>
	<u>299,474</u>	<u>(21,502)</u>	<u>277,972</u>
Total	<u>299,474</u>	<u>(21,502)</u>	<u>277,972</u>

The notes form part of these financial statements

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE CASH FLOW STATEMENT
FOR THE YEAR ENDED 31ST MARCH 2020

The notes to the Cash Flow Statement form part of the financial statements for the year ended 31st March 2020.

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE FINANCIAL STATEMENTS **FOR THE YEAR ENDED 31ST MARCH 2020**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Support costs

There is only one charitable activity heading, and a very small proportion of charitable activities are attributed to fund raising, therefore to reallocate support costs to this heading would be meaningless and the figures involved immaterial.

Only costs formerly included in governance are shown as support costs and allocated to charitable activities. Since there is only one charitable activity heading, all costs are included there.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Improvements to property	- straight line over period of lease
Fixtures and fittings	- 25% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2020

2. DONATIONS AND LEGACIES

	2020	2019
	£	£
Donations	20,134	1,457
Donations in kind	850	955
Grants	395,102	283,672
Other income	12,189	-
Student placements	2,140	4,100
	<u>430,415</u>	<u>290,184</u>

Grants received, included in the above, are as follows:

	2020	2019
	£	£
Henry Smith	-	6,866
BLF - CIDVA	70,558	70,126
Fulfilling Lives	100,000	100,000
Awards for All	2,500	7,500
Tudor Trust Blackpool CIDVA	35,000	11,667
Coop Foundation	-	10,000
Healthwatch Blackpool Transfer Fund	1,347	14,919
Healthwatch Blackpool Commissioned	4,500	17,895
Peer 4 U Building Connections Big Lottery	38,000	19,000
Various Authorities	25,794	25,699
Headstart - BA Hub Youth Engagement Apprentice	12,574	-
Motivate 2	1,228	-
North West Young Persons Development Trust	12,500	-
BBC Children in Need	25,660	-
Headstart - Youth Engagement Apprentice	8,219	-
Counselling Project	9,500	-
Healthwatch Blackpool NHS Longterm Plan	4,500	-
Healthwatch Blackpool Toolkit Testing	1,000	-
Good Things Foundation	22,222	-
Public Health Funding (LET Team)	20,000	-
	<u>395,102</u>	<u>283,672</u>

3. INVESTMENT INCOME

	2020	2019
	£	£
Rents received	-	3,805
Deposit account interest	644	514
	<u>644</u>	<u>4,319</u>

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2020

4. INCOME FROM CHARITABLE ACTIVITIES

		2020	2019
	Activity	£	£
Grants	Direct Charitable Activities	<u>512,471</u>	<u>408,804</u>

Grants received, included in the above, are as follows:

	2020	2019
	£	£
Dementia and Peer Support (DFSN)	75,000	75,000
Blackpool Advocacy	334,137	254,163
CYP Experiencing Domestic Abuse	34,000	28,333
Healthwatch Blackpool	58,000	51,308
Time to Change Hub	<u>11,333</u>	<u>-</u>
	<u>512,471</u>	<u>408,804</u>

5. RAISING FUNDS

Raising donations and legacies

	2020	2019
	£	£
Direct project costs	85,491	84,960
Fundraising costs	<u>17,513</u>	<u>16,570</u>
	<u>103,004</u>	<u>101,530</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Direct Charitable Activities	<u>862,995</u>	<u>13,492</u>	<u>876,487</u>

7. SUPPORT COSTS

	Governance costs £
Direct Charitable Activities	<u>13,492</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2020 nor for the year ended 31st March 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31st March 2020 nor for the year ended 31st March 2019.

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2020

9. STAFF COSTS

The average number of staff, including part time staff, employed by the charity during the year was 36 (2019: 23).

The key management personnel of the Charity during the year are as noted in the Trustees Report. The total employee benefits of the key management personnel of the Charity were £200,911 (2019: £185,516).

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	63,085	227,099	290,184
Charitable activities			
Direct Charitable Activities	408,804	-	408,804
Investment income	<u>4,319</u>	<u>-</u>	<u>4,319</u>
Total	476,208	227,099	703,307
EXPENDITURE ON			
Raising funds	90,061	11,469	101,530
Charitable activities			
Direct Charitable Activities	490,686	157,627	648,313
Total	<u>580,747</u>	<u>169,096</u>	<u>749,843</u>
NET INCOME/(EXPENDITURE)	(104,539)	58,003	(46,536)
Transfers between funds	<u>62,858</u>	<u>(62,858)</u>	<u>-</u>
Net movement in funds	(41,681)	(4,855)	(46,536)
RECONCILIATION OF FUNDS			
Total funds brought forward	323,986	6,003	329,989
TOTAL FUNDS CARRIED FORWARD	<u>282,305</u>	<u>1,148</u>	<u>283,453</u>

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2020

11. TANGIBLE FIXED ASSETS

	Improvements to property £	Fixtures and fittings £	Totals £
COST			
At 1st April 2019	25,773	27,049	52,822
Additions	-	8,235	8,235
At 31st March 2020	25,773	35,284	61,057
DEPRECIATION			
At 1st April 2019	17,993	18,043	36,036
Charge for year	1,555	3,441	4,996
At 31st March 2020	19,548	21,484	41,032
NET BOOK VALUE			
At 31st March 2020	6,225	13,800	20,025
At 31st March 2019	7,780	9,006	16,786

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Trade debtors	27,495	27,586
Accrued income	15,085	8,668
Prepayments	9,195	9,641
	51,775	45,895

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Trade creditors	6,405	7,235
Social security and other taxes	15,873	10,935
Accruals and deferred income	68,045	50,319
Accrued expenses	11,957	10,213
	102,280	78,702

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2020

14. MOVEMENT IN FUNDS

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	265,519	(84,503)	42,485	223,501
Designated fund - Fixed Assets	<u>16,786</u>	<u>3,239</u>	<u>-</u>	<u>20,025</u>
	282,305	(81,264)	42,485	243,526
Restricted funds				
Restricted Fund	<u>1,148</u>	<u>45,303</u>	<u>(42,485)</u>	<u>3,966</u>
TOTAL FUNDS	<u>283,453</u>	<u>(35,961)</u>	<u>-</u>	<u>247,492</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	588,007	(672,510)	(84,503)
Designated fund - Fixed Assets	<u>-</u>	<u>3,239</u>	<u>3,239</u>
	588,007	(669,271)	(81,264)
Restricted funds			
Restricted Fund	<u>355,523</u>	<u>(310,220)</u>	<u>45,303</u>
TOTAL FUNDS	<u>943,530</u>	<u>(979,491)</u>	<u>(35,961)</u>

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2020

14. MOVEMENT IN FUNDS - continued

Transfers between funds

The transfer from restricted funds to unrestricted funds represents costs incurred in head office and central activities relating to restricted projects which have been re-charged by way of a management recharge.

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2020.

EMPOWERMENT CHARITY LANCASHIRE CIO

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31ST MARCH 2020

16. RESTRICTED FUNDS

The balances on restricted funds as at 31 March 2020 are as follows:-

CIDVA Donations Fund £3,866

CIDVA Hardship Fund £100

EMPOWERMENT CHARITY LANCASHIRE CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2020

	2020 £	2019 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	20,134	1,457
Donations in kind	850	955
Grants	395,102	283,672
Other income	12,189	-
Student placements	<u>2,140</u>	<u>4,100</u>
	430,415	290,184
Investment income		
Rents received	-	3,805
Deposit account interest	<u>644</u>	<u>514</u>
	644	4,319
Charitable activities		
Grants	<u>512,471</u>	<u>408,804</u>
Total incoming resources	943,530	703,307
EXPENDITURE		
Raising donations and legacies		
Direct project costs	85,491	84,960
Fundraising costs	<u>17,513</u>	<u>16,570</u>
	103,004	101,530
Charitable activities		
Wages	642,893	444,289
Redundancy and ex gratia payments	7,353	2,526
Consultancy and secondments	8,500	12,000
Social security	47,226	34,069
Pensions	12,811	6,809
Rent, rates and water	23,204	22,371
Insurance	6,142	5,038
Telephone	14,028	10,365
Postage and stationery	4,369	3,595
Staff and volunteer expenses	20,871	21,826
Computer support	22,394	23,013
Repairs and equipment hire	8,159	12,905
Subscriptions, training and quality	30,934	29,289
Bank charges	1,536	477
Recruitment and HR	1,826	5,975
Refreshments and cleaning	4,904	5,742
Expenses in kind	850	955
Improvements to property	1,556	1,945
Carried forward	859,556	643,189

This page does not form part of the statutory financial statements

EMPOWERMENT CHARITY LANCASHIRE CIO

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2020

	2020 £	2019 £
Charitable activities		
Brought forward	859,556	643,189
Fixtures and fittings	2,532	1,898
Computer equipment	<u>907</u>	<u>288</u>
	862,995	645,375
 Support costs		
Governance costs		
Accountancy fees	3,264	2,938
Legal and professional fees	<u>10,228</u>	<u>-</u>
	<u>13,492</u>	<u>2,938</u>
 Total resources expended	<u>979,491</u>	<u>749,843</u>
 Net expenditure	<u>(35,961)</u>	<u>(46,536)</u>

This page does not form part of the statutory financial statements



www.empowermentcharity.org.uk

Like, Share & Follow us on Facebook, Twitter and Instagram to keep updated with exciting news and info from Empowerment!



/EmpowermentCharity



@Empowerment_



/EmpowermentCharity

Empowerment Charity Lancashire Registered Charity Number: 1155897

The Empowerment Base, 333 Bispham Road, Bispham, Blackpool, FY2 0HH

Telephone: 0300 32 32 100 (local rate call) - Email: admin@empowermentcharity.org.uk