

Charity registration number: 1169764

Back On Track

Annual Report and Financial Statements

for the Year Ended 5 April 2020

JM Russell FCA
Just Audit & Assurance Ltd
37 Market Square
Witney
OX28 6RE

Back On Track

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Reference and Administrative Details

Patrons	Dr Aamer Khan Mark Allen
Ambassador	Salvio Cachia
Trustees	Kathleen Anne Costello Lesley Reynolds Dee Carpenter Michael Rust Paula Hall Melanie Faldo
Senior Management Team	Amy Colley, Director of Social Media Sallie Berriff (volunteer), Bookkeeper Alison Barnes (volunteer), Bookkeeper
Principal Office	48 Harley Street Marylebone London W1G 9PU
Charity Registration Number	1169764
Bankers	Lloyds Bank PLC 113 - 117 Oxford Street London W1D 2HW
Independent Examiner	JM Russell FCA Just Audit & Assurance Ltd 37 Market Square Witney OX28 6RE

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Chairman's Report

Once again I have the honour of acknowledging the hard work, dedication and commitment of all those involved in this Charity which has worked tirelessly to improve the lives of the veterans to whom we are all so indebted. Everyone connected with the Charity works hard to ensure that we can achieve our objectives of helping servicemen and women, who have been injured in the line of duty by assisting these injured personnel, both medically and psychologically, and by providing opportunities for them to improve their lives. To this we have continued our popular go-kart racing, by holding another successful Race Day, at the ever popular Buckmore Park in Kent. Here the service personnel can race, on an equal footing, with celebrities and members of the public who are kind enough to come support our ever-growing events, events which are providing much needed publicity and revenue for our cause.

We are continuing to provide our beneficiaries with the best possible private medical treatment with our medical patron, Dr Aamer Khan of Harley Street Skin Clinic, and his team of specialist doctors who provide their expertise to our Charity free of charge so that the monies that we raise are used to best effect to provide the theatre and other hospital costs necessary to provide the outstanding quality care that we believe that these servicemen and women deserve. We are also grateful to Mary Griffin for all her hard work helping our veterans who are suffering with PTSD.

We are particularly grateful to our founder patron, Andrea Mclean for all the support she has shown to us again this year and are delighted to welcome other such famous and supportive patrons as Gillian Taylforth, Vicki Michelle and Craig Fairbrass, who have all kindly agreed to help to support our Charity. Along with our amazing band of Ambassadors, all our Patrons and Trustees have attended as many charity functions that they can in order to support the Charity. We are, of course, enormously grateful to Dr Aamer Khan (and his team of surgeons) who give their time and expertise freely to help those injured in the line of duty. We would like to thank Lesley Reynolds Khan, who with her husband, Dr Khan, founded the Charity, for her tireless efforts in encouraging such loyal support from her huge team of celebrities and clients from her clinic, allowing us to use her clinic and her staff to treat the injured personnel and to hold our Trustee Meetings and providing us with countless other facilities to keep the Charity running. We have had some personnel changes in our team and, while we were sorry to bid goodbye to Hayley Robert, as both Deputy Chair and Trustee, and Sallie Berriff, who helped with our accounts, we are delighted to welcome new blood to our fold. Melanie Faldo has joined the board as a Trustee and Paula Hall, who has provided help as Secretary, has now also become a Board Trustee. We would like to thank Dee Carpenter for all the hard work she continues to do, mostly behind the scenes, arranging events like the Race Day and organising and managing the collaborations the Charity has with other charities and congratulate her in her new position as Deputy Chair. Michael Rust has once again provided so much support for events like the Ball and the Race Day and following his kind acceptance of the role of Treasurer, he has taken on a great deal more work for the Charity. Paula Hall continues to provide the daily support for all our Veterans for whom she is always the first port of call and we are so grateful to her for this.

We can see that our Charity is going from strength to strength. The popularity of the Race Day is only increasing, and the numbers are growing year on year.

We also have a number of new servicemen we are investigating to see how we can help them. Our main focus in the future is to find other ex-service personnel that we can help and that is why we are working with other service charities so that they can help us to find those in need and they can also use their networks to publicise the opportunities that our Charity can offer and the widespread coverage of our incredible Ball will help to achieve this.

All the information I have provided above was written before the COVID pandemic wrought its destructive powers on the world. As with everything and everyone else it has completely altered the way the Charity works and has put all our great plans for fundraising on hold.

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Chairman's Report

We had plans for our Race Day and following the huge success of our Ball at the Hilton Hotel in Park Lane with headline acts like Peter Andre and Beverley Knight, we had planned an even bigger Ball to be held at The Landmark Hotel in November 2020, along with other exciting events like Golf Days but, along with the rest of the world, our plans have had to be altered.

We have postponed all our events to be held in 2021 and Dee Carpenter has ensured a smooth transfer of these events without any financial repercussions to the Charity. But, perhaps, even more importantly, Dr Khan, Lesley Reynolds Khan and Paula Hall have ensured that none of the veterans with whom we are already working, have been ignored during this strange and difficult time and keep regular contact, and where possible, regular treatments continuing for our veterans. This is the single most important thing we can continue to do at this time. We are very aware that we do not want to offer our help and then, when it is most needed, withdraw it so it is vital to thank them for their continued efforts on behalf of our veterans.

We have all continued to work hard to raise awareness and money for this great cause and are so proud that we are raising more and more money on behalf of our Charity and we are very grateful to all our Patrons and Ambassadors for everything that they do to help. We realise that this year will be very different until this pandemic is controlled but I thank the Board of Trustees for everything they do for the Charity and all the time and effort they spend on its behalf and the help they provide to improving the lives of our veterans. Nothing we can do will match what they have done for us but we hope that it will go some way to letting our brave veterans know how much we appreciate all they have done.

Kathleen Costello
Chair of Back on Track

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Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 5 April 2020.

Objectives and activities

Objects and aims

The preservation of health, rehabilitation and resettlement into society of former members of the armed forces who have been wounded, physically or psychologically, in particular but not exclusively by providing or assisting in the provision of medical treatment (including reconstructive surgery) emotional and psychological support and facilities or other support at the discretion of the Trustees.

We have worked in partnership with a number of charities, organisations and companies:

- ▯ SSAFA
- ▯ The Not Forgotten Association
- ▯ The Irish Guards
- ▯ The Johnson Beharry Foundation
- ▯ Soldiering on awards
- ▯ The Harley Street Skin Clinic
- ▯ Defence medical Rehabilitation Centre (DMRC)
- ▯ Lee Rigby Foundation

Objectives, strategies and activities

▯ We have continued treatment for a double amputee from the Afghanistan conflict with laser treatment for scarring.

▯ We have continued treatment for a burns victim of the Afghanistan conflict with laser treatment for scarring.

▯ We have provided Abdominoplasty surgery for a Gulf War veteran who came to us via SSAFFA.

▯ We have supported an Afghanistan veteran in pursuing his cycling hobby to encourage rehabilitation.

▯ We have had many beneficiaries who have hidden wounds, such as PTSD, anxiety and depression. We are finding that this is where there is a huge gap treatment-wise on the NHS and therefore we are working with specialist therapists and counsellors to ensure treatment is available as quickly as possible to these veterans.

▯ We have provided all new veterans that display/declare psychological scars, with a private assessment with a psychologist. This has then abled us to receive a professional report, from which our medical team under our patron (Dr Khan) can assess to decide how each veteran can move forward with us.

Fundraising disclosures

Back On Track is committed to high standards with regard to fundraising activity and has complied with all laws relating to charities and fundraising. We are clear, honest and open about our activities and fund raising requirements and received no complaints about our fundraising activities during the year

Back On Track does not employ any professional fundraisers or use commercial participators nor do we cold-call members of the public. Other than sponsored events no fundraising activities are carried out on the charity's behalf by external parties. Back On Track has not signed up to any voluntary fundraising scheme or standards; however, as noted above all, of our fundraising activities are carried out to the highest possible standards.

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Trustees' Report

Public benefit

Working with injured servicemen and women, particularly in the field of skin injuries, Back On Track seeks to offer psychological, physical and medical support to ex-members of the British forces. Such support extends to both scar and aesthetic treatments following the care afforded by the NHS. The charity can also help in other ways such as funding of equipment, facilities for hobbies, the provision of wheelchairs and home alterations, eg wet rooms and accessibility needs.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Financial review

Policy on reserves

The charity aims to hold sufficient reserves to provide adequate financial stability and the means for it to meet its charitable objectives for the near future. Total reserves as at 5 April 2020 were £84,109

Principal funding sources

The Charity's source of income during this year has been from fundraising events and from a variety of grants awarded to our patron who chose our charity to be the beneficiary of these funds.

Below is a summary of funds gained over this reporting year:

Back on Track race day, £21905.00

Our third race event as a charity which we ran independently.

Back On track Ball, £97,935.24

Our second charity ball, held at the Hilton Hotel November 2019.

Miscellaneous income, £6,062.55

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Structure, governance and management

Nature of governing document

The charity is constituted as a Charitable Incorporated Organisation (CIO) and is controlled by its governing document, dated 1 April 2016.

If the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

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Trustees' Report

Recruitment and appointment of trustees

The appointment and induction of new Trustees is regularly reviewed and requires Trustees to demonstrate the way in which their expertise adds value to the work of the charity.

Apart from the first charity Trustees, every Trustee must be appointed for a term of two years by a resolution passed at a properly convened meeting of the charity Trustees. There is no maximum number of Trustees but there must be at least four; if the number of Trustees fall below this minimum the remaining trustee or trustees may act only to call a meeting of the charity to appoint new Trustees.

Induction and training of trustees

The charity Trustees make available to each new Trustee, on or before his or her first appointment, a copy of the current constitution and a copy of the latest financial statements, together with Trustees' Report. Thereafter, the training requirements of the Trustees are reviewed regularly at Trustee meetings.

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Trustees' Report

Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 7 October 2020 and signed on its behalf by:

.....
Michael Rust
Trustee



Back On Track

Independent Examiner's Report to the trustees of Back On Track

I report to the charity trustees on my examination of the accounts of the charity for the year ended 5 April 2020 which are set out on pages 9 to 17.

Respective responsibilities of trustees and examiner

As the charity's trustees of Back On Track you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

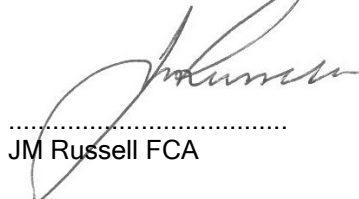
I report in respect of my examination of the Back On Track's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Back On Track as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
JM Russell FCA

Just Audit & Assurance Ltd
37 Market Square
Witney
OX28 6RE

9 October 2020

Back On Track

Statement of Financial Activities for the Year Ended 5 April 2020

	Note	Unrestricted funds £	Total 2020 £	Total 2019 £
Income and Endowments from:				
Donations and legacies	2	125,903	125,903	72,685
Expenditure on:				
Raising funds	3	(446)	(446)	(216)
Charitable activities	4	(86,061)	(86,061)	(53,745)
Other expenditure	5	<u>(22,593)</u>	<u>(22,593)</u>	<u>(9,614)</u>
Total Expenditure		<u>(109,100)</u>	<u>(109,100)</u>	<u>(63,575)</u>
Net movement in funds		16,803	16,803	9,110
Reconciliation of funds				
Total funds brought forward		<u>50,730</u>	<u>50,730</u>	<u>41,620</u>
Total funds carried forward	11	<u><u>67,533</u></u>	<u><u>67,533</u></u>	<u><u>50,730</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2019 is shown in note 11.

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(Registration number: 1169764)
Balance Sheet as at 5 April 2020

	Note	2020 £	2019 £
Current assets			
Debtors	9	-	250
Cash at bank and in hand		<u>72,271</u>	<u>52,219</u>
		72,271	52,469
Creditors: Amounts falling due within one year	10	<u>(4,738)</u>	<u>(1,739)</u>
Net assets		<u>67,533</u>	<u>50,730</u>
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		<u>67,533</u>	<u>50,730</u>
Total funds	11	<u>67,533</u>	<u>50,730</u>

The financial statements on pages 9 to 17 were approved by the trustees, and authorised for issue on 7 October 2020 and signed on their behalf by:

.....
Michael Rust
Trustee



Back On Track

Notes to the Financial Statements for the Year Ended 5 April 2020

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Back On Track meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Exemption from preparing a cash flow statement

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

As these accounts reflect the first period of reporting they do not include any value attached to the professional time and expertise afforded to the charity from without, the modus operandi of the charity being determined; the value attributed to such work is considered de minimus for these accounts. In future years the value of such work will, where possible, be valued and put against the charitable delivery of the charity.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

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Notes to the Financial Statements for the Year Ended 5 April 2020

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Grant provisions

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

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Notes to the Financial Statements for the Year Ended 5 April 2020

2 Income from donations and legacies

	Unrestricted funds	Total 2020	Total 2019
	General £	£	£
Donations and legacies;			
Donations from companies, trusts and similar proceeds	105,450	105,450	61,239
Donations from individuals	14,590	14,590	9,203
Gift aid reclaimed	-	-	(668)
Other income from donations and legacies	<u>5,863</u>	<u>5,863</u>	<u>2,911</u>
	<u>125,903</u>	<u>125,903</u>	<u>72,685</u>

3 Expenditure on raising funds

Costs of generating donations and legacies

	Unrestricted funds	Total 2020	Total 2019
	General £	£	£
Donations	<u>446</u>	<u>446</u>	<u>216</u>

4 Expenditure on charitable activities

	Unrestricted funds	Total 2020	Total 2019
	General £	£	£
Events and awards	72,306	72,306	36,845
Grant funding of activities	12,015	12,015	14,975
Governance costs	<u>1,740</u>	<u>1,740</u>	<u>1,925</u>
	<u>86,061</u>	<u>86,061</u>	<u>53,745</u>

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Notes to the Financial Statements for the Year Ended 5 April 2020

5 Other expenditure

	Unrestricted funds	Total 2020	Total 2019
	General	2020	2019
	£	£	£
Marketing and publicity	10,100	10,100	-
Printing, postage and stationery	3,263	3,263	1,446
Sundry expenses	-	-	321
Travel and subsistence	1,360	1,360	1,147
Advertising	4,825	4,825	1,720
Web maintenance	2,839	2,839	4,827
Bank charges	206	206	153
	<u>22,593</u>	<u>22,593</u>	<u>9,614</u>

6 Analysis of governance and support costs

Governance costs

	Unrestricted funds	Total 2020	Total 2019
	General	2020	2019
	£	£	£
Independent examiner fees			
Examination of the financial statements	<u>1,740</u>	<u>1,740</u>	<u>1,925</u>
	<u>1,740</u>	<u>1,740</u>	<u>1,925</u>

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Notes to the Financial Statements for the Year Ended 5 April 2020

7 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

Hayley Roberts

£Nil (2019: £211) of expenses were reimbursed to Hayley Roberts during the year.

In respect of travel costs incurred

Dee Carpenter

£Nil (2019: £80) of expenses were reimbursed to Dee Carpenter during the year.

In respect of costs incurred on behalf of the Charity

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any other benefits from the charity during the year.

8 Taxation

The charity is a registered charity and is therefore exempt from taxation.

9 Debtors

	2020 £	2019 £
Prepayments	-	250

10 Creditors: amounts falling due within one year

	2020 £	2019 £
Accruals	1,738	1,739
Deferred income	3,000	-
	<u>4,738</u>	<u>1,739</u>

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Notes to the Financial Statements for the Year Ended 5 April 2020

11 Funds

	Balance at 6 April 2019 £	Incoming resources £	Resources expended £	Balance at 5 April 2020 £
Unrestricted funds				
General	<u>50,730</u>	<u>125,903</u>	<u>(109,100)</u>	<u>67,533</u>
	Balance at 6 April 2018 £	Incoming resources £	Resources expended £	Balance at 5 April 2019 £
Unrestricted funds				
General	<u>41,620</u>	<u>72,685</u>	<u>(63,575)</u>	<u>50,730</u>

12 Analysis of net assets between funds

	Unrestricted funds General £	Total funds £
5 April 2020		
Current assets	72,271	72,271
Current liabilities	<u>(4,738)</u>	<u>(4,738)</u>
Total net assets	<u>67,533</u>	<u>67,533</u>

	Unrestricted funds General £	Total funds £
5 April 2019		
Current assets	52,469	52,469
Current liabilities	<u>(1,739)</u>	<u>(1,739)</u>
Total net assets	<u>50,730</u>	<u>50,730</u>

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Notes to the Financial Statements for the Year Ended 5 April 2020

13 Analysis of net funds

	At 6 April 2019 £	Cash flow £	At 5 April 2020 £
Cash at bank and in hand	52,219	20,052	72,271
Net debt	<u>52,219</u>	<u>20,052</u>	<u>72,271</u>

	At 6 April 2018 £	Cash flow £	At 5 April 2019 £
Cash at bank and in hand	29,650	22,569	52,219
Net debt	<u>29,650</u>	<u>22,569</u>	<u>52,219</u>

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Detailed Statement of Financial Activities for the Year Ended 5 April 2020

	Total 2020 £	Total 2019 £
Income and Endowments from:		
Donations and legacies (analysed below)	<u>125,903</u>	<u>72,685</u>
Total income	<u>125,903</u>	<u>72,685</u>
Expenditure on:		
Raising funds (analysed below)	(446)	(216)
Charitable activities (analysed below)	(84,321)	(51,820)
Other expenditure (analysed below)	<u>(24,333)</u>	<u>(11,539)</u>
Total expenditure	<u>(109,100)</u>	<u>(63,575)</u>
Net income	<u>16,803</u>	<u>9,110</u>
Net movement in funds	16,803	9,110
Reconciliation of funds		
Total funds brought forward	<u>50,730</u>	<u>41,620</u>
Total funds carried forward	<u><u>67,533</u></u>	<u><u>50,730</u></u>

Back On Track

Detailed Statement of Financial Activities for the Year Ended 5 April 2020

	Total 2020 £	Total 2019 £
<i>Donations and legacies</i>		
Appeals and donations - corporate	105,450	61,239
Appeals and donations - individual	14,590	9,203
Appeals and donations - anonymous	5,073	2,750
Appeals and donations - JustGiving	790	161
Gift Aid tax reclaimed	-	(668)
	<u>125,903</u>	<u>72,685</u>
<i>Raising funds</i>		
Fundraising costs	446	216
	<u>446</u>	<u>216</u>
<i>Charitable activities</i>		
Direct costs	72,306	36,845
Grants payable - individuals	12,015	14,975
	<u>84,321</u>	<u>51,820</u>
<i>Other expenditure</i>		
Printing, postage and stationery	3,263	1,446
Sundry expenses	-	321
Travel and subsistence	1,360	1,147
Advertising	4,825	1,720
Web maintenance	2,839	4,827
Consultancy fees	10,100	-
Bank charges	206	153
Independent Examiner's remuneration	1,740	1,925
	<u>24,333</u>	<u>11,539</u>