

The background of the entire page is a repeating pattern of stylized hands in various colors (blue, orange, green, purple, pink, grey). Each hand has a white heart shape cut out of its palm. The hands are arranged in a way that they appear to be reaching up or down, creating a sense of movement and unity.

# **Mishon Report and Financial Statement**

**For The Year Ended 31 March 2019**

**Charity Number 1149271**

**NO ONE HAS EVER  
BECOME POORER**



## MISHON

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### Reference and administrative details

Registered charity name: MISHON

Charity registration number: 1149271

Principal office: 2 FILEY AVENUE LONDON N16 6NT

The trustees: Mrs. Nicha Weiss  
Mr. Isaac Honig  
Mr. Naftoli Chaim Blau

No trustee has any beneficial interest in the Charity and all gave their time voluntarily.

Independent examiner: Accountants  
Carl Rosen ACCA  
50 Craven Park Road  
South Tottenham  
London N15 6AB





## Structure, governance and management

Mishon is constituted under a trust deed, dated 20th September 2012 and is a Registered Charity with a registered number 1149271. Recruitment and appointment of new trustees would be in line with the Trust Deed and with the consent of the trustees. The criteria set for the suitable candidate would be someone who is sensitive to the needs and demands of the organisation. There is no chief executive officer. The day to day affairs are undertaken by a devoted team of individuals on a voluntary basis on behalf of the trustees. All major decisions are taken collectively by the trustees and all the trustees give of their time freely. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts. The arrangements for setting the pay of the charity's employees is the sole domain of the trustees.

## Objectives and Activities

The Aims of the Charity are as follows 1) To promote and protect the physical and mental health of families who are in need because of their social or economic circumstances through the provision of financial assistance, support, therapeutic activities and/or practical advice. 2) The promotion of any other exclusively charitable objects and purposes as the trustees see fit, provided that they are regarded as charitable by the law of England and Wales.



## Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year.

## Grant making policy



The charity is funded by donations and grants. The charity gives out grants in line with the above objects. The charity paid out a total of £20,000 in grants to individuals comprising of holiday grants as well as grants falling in line with the charity's objects. . The trustees consider all requests which they receive and make donations based on the level of funds available.

## Achievements and performance

Day trips took place during the summer and Easter school holidays, where 500 children/ young people took part in a range of trips thus giving them opportunities to enjoy quality time in a safe environment, and access to activities they would not have otherwise.

\* Collection of surplus goods from local bakeries, grocery shops, greengrocers and restaurants and delivery to local needy families.

\* Organisation of volunteers to accompany ill to hospital appointments, taking over bedside duty of children in hospital whether night or day and support for mothers with daily housekeeping chores.

Education promoting good financial budgeting and parenting skills.





This has proven a very popular workshop, and we hope to expand the number of sessions and slots available on individual basis rather than group settings which tend to be more focused on each persons needs.

\* Proactive promotion of the value of giving and contributing to the wider community. Young people have become part of the 'Mishon' family as they help us both with the holiday activities as well as distribution of food

\*Holiday periods are extremely stressful times for families facing the challenge of having a child with severe disabilities. As part of the support offered, we have managed to provide a few children with a holiday grant to attend a sleep away camp thus giving the whole family much needed respite.



\* Distribution of both new and second-hand household items including furniture, clothing, cleaning materials and baby equipment. This project expanded and a new project Simchas Suri is currently in place where toys and games are distributed to ill and disadvantaged children and young people.

### **The charities goals for the future**

1. To expand our range of holiday activities in line with demand from local community
2. Develop a website for easy access to users and participates planning and delivery of activities
3. Increase the level of funds to enable continued service development
4. To include new projects within the program, including for those with disabilities
5. To continue to run the full range of services for financially disadvantaged and socially isolated families



Unfortunately, the trustees have had to make the decision to relocate the food bank to a temporary location due to a recent increase in rental costs. This has impacted on the number of families served through the food bank and trustees are now looking at securing more permanent premises at lower costs to the charity to ensure we reach out to all those need our support



The trustees wish to express their appreciation to the various grant making authorities listed in the grant income note to the accounts. The trustees are certain that without their support these youth clubs would simply not have taken place.





## Financial review

The trustees feel that the activity reflects the profile and standing within the local community have been delighted with the level of support from the community. The impact for future year's expenditure is self-evident and the trustees would like to record their appreciation for all the financial and voluntary support received from benefactors during the course of the year.

## Reserves policy

The Trustees aim to maintain unrestricted funds, which are the free reserves of the Charity at a level of at least six months running costs and up to one year's running costs. The Trustees are pleased to have achieved a level of reserves for the Charity this past year, in accordance with their aim.

## Responsibilities of the Trustees

Charity Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity as at the Balance Sheet date, and of its incoming resources, including income and expenditure for the financial year. In preparing those financial statements, the Trustees should follow best practice and:

- a) Select suitable accounting policies and the apply them consistently.
- b) Make judgements and estimates that are reasonable and prudent.
- c) Follow applicable accounting standards and the Charities SORP 2015, updated May 2008 disclosing and explaining any departures in the financial statements.
- d) Prepare the financial statements on the going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them as Trustees to ensure that the financial statements comply with the Charity Law. The Trustees are also responsible for safeguarding the charity's assets and hence for taking reasonable steps for the prevention and detection of fraud and other regularities.



## Board Of Trustees

The members of the Board Of Trustees are set out on Page 1.

Approved by The Trustees of on and signed on behalf of them all.

Trustee Mrs. Nicha Weiss      16 January 2020

## **Mishon Report of the Trustees**

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Approved by The Trustees of on 16 January 2020

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Trustee

Mrs. Nicha Weiss

# Mishon

## Statement Of Financial Activities

For The Year Ended 31 March 2019

	Notes	Unrestricted Funds £	Restricted Funds £	2019 Total Funds £	2018 Total Funds £
<b>INCOMING RESOURCES</b>					
Activities to further the Charitable Activities	2	<u>15,743</u>	<u>12,735</u>	<u>28,478</u>	<u>38,486</u>
<b>Total Incoming Resources</b>		<b>15,743</b>	<b>12,735</b>	<b>28,478</b>	<b>38,486</b>
<b>RESOURCES EXPENDED</b>					
Cost of Generating Funds		<u>0</u>	<u>0</u>	<u>0</u>	<u>5,004</u>
<b>Net Incoming Resources Available For Charitable Application</b>		<b>15,743</b>	<b>12,735</b>	<b>28,478</b>	<b>33,482</b>
Cost of Activities In Furtherance of the Charitable Activities	3	23,329	13,202	36,531	43,153
Governance Costs	5	<u>500</u>	<u>0</u>	<u>500</u>	<u>556</u>
<b>Total Charitable Expenditure</b>		<b>23,829</b>	<b>13,202</b>	<b>37,031</b>	<b>43,709</b>
<b>Total Resources Expended</b>	3	<b><u>23,829</u></b>	<b><u>13,202</u></b>	<b><u>37,031</u></b>	<b><u>48,713</u></b>
<b>Net Movement In Funds</b>		<b>(8,086)</b>	<b>(467)</b>	<b>(8,553)</b>	<b>(10,227)</b>
Transfer To / (From) Reserves		<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
<b>Net Reserves for the Year</b>		<b><u>(8,086)</u></b>	<b><u>(467)</u></b>	<b><u>(8,553)</u></b>	<b><u>(10,227)</u></b>
<b>Total Funds Brought Forward</b>		<b>29,250</b>	<b>1,502</b>	<b>30,752</b>	<b>40,979</b>
<b>Total Funds Carried Forward</b>	10	<b><u>£ 21,164</u></b>	<b><u>£ 1,035</u></b>	<b><u>£ 22,199</u></b>	<b><u>£ 30,752</u></b>

**Mishon**

**Balance Sheet at 31 March 2019**

	Notes	2019 £	2018 £
<b>Current Assets</b>			
Cash at Bank and in Hand		<u>22,699</u>	<u>31,252</u>
		22,699	31,252
<b>Creditors</b> : Amounts falling due within one year	8	<u>(500)</u>	<u>(500)</u>
<b>Net Current Assets</b>		<u>22,199</u>	<u>30,752</u>
<b>Total Assets less Current Liabilities</b>		<u>22,199</u>	<u>30,752</u>
 <b>Net Assets</b>	9	 <u><b>£ 22,199</b></u>	 <u><b>£ 30,752</b></u>
 <b>Restricted Funds</b>	10	 1,035	 1,502
<b>Unrestricted Funds</b>	11	<u>21,164</u>	<u>29,250</u>
<b>Total Funds</b>		<u><b>£ 22,199</b></u>	<u><b>£ 30,752</b></u>

Approved by the Trustees on 16 January 2020, and signed on behalf of them all.

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Mrs. Nicha Weiss  
Trustee

The notes on pages 6 to 8 form part of these accounts.



# Mishon

## Notes To The Accounts - 31 March 2019

### 1) Principal Accounting Policies

#### Basis of Accounting

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

#### Cash Flow

The accounts do not include a cash flow statement because the charity as a small reporting entity is exempt from the requirement to prepare such a statement.

#### Donations and Fund Accounting

Donations received for the general and main purposes of the Charity is included as unrestricted funds in the Statement of Financial Activities when receivable.

Donations and Grants for activities restricted by the donors are taken to restricted funds if the wishes and conditions of the donor are legally binding on the Trustees.

#### Resources Expended

Management and administration costs are those incurred in connection with administration of the charity and compliance with constitutional and statutory requirements.

The irrecoverable element of VAT is included with the item of expense to which it relates.

	Unrestricted Funds £	Restricted Funds £	Total 2019 £	Unrestricted Funds	Restricted Funds	Total 2018 £
<b>2) Incoming Funds</b>						
Donations	15,456	0	15,456	18,265	0	18,265
Fundraising Income	0		0	0		0
User Fees	<u>287</u>		<u>287</u>	<u>1,771</u>		<u>1,771</u>
<b>Total Donations and Fees</b>	<b>15,743</b>	<b>0</b>	<b>15,743</b>	<b>20,036</b>	<b>0</b>	<b>20,036</b>
<b>Grants Received</b>						
Anthony Bourne		0	0		2,500	2,500
Arbib Lucas		1,950	1,950		3,250	3,250
Awards For All		0	0		0	0
Big Ben Trust	0		0	600		600
Bruce Wake		1,500	1,500		1,500	
Hackney Parochial		0	0		5,200	5,200
Hospital Saturday Fund		0	0		0	0
JAPH		3,500	3,500			0
Jewish Child Day		0	0		0	0
Jewish Child Holiday Fund		5,000	5,000		5,000	5,000
Respite Association		480	480	400		400
Tottenham Grant	<u>0</u>	<u>305</u>	<u>305</u>	<u>0</u>		<u>0</u>
<b>Total Grants</b>	<b><u>0</u></b>	<b><u>12,735</u></b>	<b><u>12,735</u></b>	<b><u>1,000</u></b>	<b><u>17,450</u></b>	<b><u>16,950</u></b>
<b>Total Income Generated</b>	<b><u>£ 15,743</u></b>	<b><u>£ 12,735</u></b>	<b><u>£ 28,478</u></b>	<b><u>£ 21,036</u></b>	<b><u>£ 17,450</u></b>	<b><u>£ 38,486</u></b>

# Mishon

## Notes To The Accounts - 31 March 2019

	Unrestricted Funds	Restricted Funds	Total 2019	Unrestricted Funds	Restricted Funds	Total 2018
<b>3) Analysis of Total Resources Expended Charitable Activities</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Cost of Activities In Furtherance of the Charitable Activities						
Charitable Activities						
Advertising	210	0	210	0	330	330
Disposables/Food	650		650	839		839
Donations Given			0			0
Entertainment and Trips	8,863	1,812	10,675		6,719	6,719
Grants	9,000	4,630	13,630	2,757	3,250	6,007
Holiday Grants	0	6,410	6,410	5,194	5,000	10,194
Office Costs	65	0	65	232	48	280
Rent and Rates	780		780	10,020		10,020
Toys and Stationery	3,190	350	3,540	802		802
Volunteer Costs	571	0	571	175	461	636
Staff Costs	0	0	0	2,701	4,625	7,326
Charitable						
Total Activities	23,329	13,202	36,531	22,720	20,433	43,153
Total Cost of Activities In Furtherance of the Charitable Activities	<b><u>£ 23,329</u></b>	<b><u>£ 13,202</u></b>	<b><u>£ 36,531</u></b>			<b><u>£ 43,153</u></b>
<b>4) Cost of Generating Funds</b>			<b><u>£ 0</u></b>			<b><u>£ 5,004</u></b>
<b>5) Governance Costs</b>						
Accountancy			500			500
Bank Charges			0			0
Governance			0			56
			<b><u>£ 500</u></b>			<b><u>£ 556</u></b>
<b>6) Taxation</b>						
The Charity is exempt from taxation on its charitable activities.						
<b>7) The average number of Employees during the year, on a full time equivalent basis was</b>				<b>2019</b>	<b>2018</b>	
				<u>0</u>	<u>1</u>	
No Employee was paid above £60,000 per year.						



**Mishon**  
**Notes To The Accounts - 31 March 2019**

**8) Creditors: Amounts falling due within one year**

	2019	2018
	£	£
Accruals	<u>500</u>	<u>500</u>
	<u><b>£ 500</b></u>	<u><b>£ 500</b></u>

**9) Net Assets of The Charity's Funds**

	Fixed Assets	Net Current Assets	Long Term Liabilities	Fund Balances
	£	£	£	£
Restricted Funds	0	1,035	0	1,035
Unrestricted Funds	<u>0</u>	<u>21,164</u>	<u>0</u>	<u>21,164</u>
<b>Total Funds</b>	<u><b>£ 0</b></u>	<u><b>£ 22,199</b></u>	<u><b>£ 0</b></u>	<u><b>£ 22,199</b></u>

**10) Restricted Funds : Movements In The Year**

	Balance at 31 March 2018	Income	Expended	Transfer To /(From) Reserves	Balance at 31 March 2019
	£	£	£		£
	<u>1,502</u>	<u>12,735</u>	<u>13,202</u>	<u>0</u>	<u>1,035</u>
<b>Total Funds</b>	<u><b>£ 1,502</b></u>	<u><b>£ 12,735</b></u>	<u><b>£ 13,202</b></u>	<u><b>£ 0</b></u>	<u><b>£ 1,035</b></u>

**11) Unrestricted Funds : Movements In The Year**

	Balance at 31 March 2018	Income	Expended	Transfer To /(From) Reserves	Balance at 31 March 2019
	£	£	£		£
General Reserve	<u>29,250</u>	<u>15,743</u>	<u>23,829</u>	<u>0</u>	<u>21,164</u>
<b>Total Funds</b>	<u><b>£ 29,250</b></u>	<u><b>£ 15,743</b></u>	<u><b>£ 23,829</b></u>	<u><b>£ 0</b></u>	<u><b>£ 21,164</b></u>

**12) Related Party Transactions**

No trustee nor any person connected with them received any remuneration, or claimed any expense, during the year, from this or any related Charity.  
There were no Related Party Transactions in the Year.

**Accountants Report to the Trustees on the Unaudited Accounts of the Charity  
Mishon  
For The Year Ended 31 March 2019**

We report on the financial statements of Mishon for the year ended 31 March 2019 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. These financial statements have been prepared, under the historical cost convention, and in accordance with the recommendations in Accounting and Reporting By Charities: Statement of Recommended Practice (Issued 2015), and the Financial Reporting Standard for Smaller Entities 102 (effective 2016), and the accounting policies set out therein.

**Respective Responsibilities Of Trustees and Reporting Accountants**

As described on page 3, the trustees of the charity are responsible for the preparation of the accounts, and they consider that the audit requirement of section 144 of the Charities Act 2011 (the Act) does not apply. It is our responsibility to state, on the basis of procedures specified in the General Directions given by the Charity Commissioners under section 249 of the Act, whether particular matters have come to our attention.

**Basis of Accountant's Report**

Our examination was carried out in accordance with the General Directions given by the Charity Commissioners.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters.

These procedures provide only the assurance expressed in our opinion.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on the view given by the accounts.

**Opinion**

In our opinion, no matter has come to our attention,

- 1) which gives us reasonable cause to believe that, in any material respect, the requirements
  - a) to keep accounting records in accordance with section 130 of the Act; and
  - b) to prepare accounts which accord with the accounting records and to comply with the accounting requirements of the 2011 Act have not been met; or
- 2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Carl Rosen*

Date 16 January 2020

**Reporting Accountant**

Carl Rosen ACCA  
50 Craven Park Road  
South Tottenham  
London N15 6AB