

**Report of the Trustees and
Unaudited Financial Statements
for the Period 1 March 2019 to 31 March 2020
for
STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis**

Ward Goodman
4 Cedar Park
Cobham Road
Ferndown Industrial Estate
Wimborne
Dorset
BH21 7SF

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Contents of the Financial Statements
for the Period 1 March 2019 to 31 March 2020

	Page
Report of the Trustees	1 to 3
Independent Examiner's Report	4
Statement of Financial Activities	5
Balance Sheet	6
Cash Flow Statement	7
Notes to the Cash Flow Statement	8
Notes to the Financial Statements	9 to 15

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Report of the Trustees
for the Period 1 March 2019 to 31 March 2020

The trustees present their report with the financial statements of the charity for the period 1 March 2019 to 31 March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The objects of the charity are for the public benefit generally and in particular, but not exclusively, in the area of Dorset:

1. To relieve the trauma, whether psychological, emotional or physical of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual/domestic abuse or sexual exploitation of any kind by providing support, help or assistance of any kind; and
2. To advance the education of the public in the subject of rape, sexual/domestic abuse or sexual exploitation and/or its psychological and social impact on women, men and children by such means as the trustees deem fit.

Our aim is to provide survivors and those close to them, with the necessary specialist support to assist the survivor to regain a measure of control over their lives, as and when they are able to do so.

In furtherance of this aim, we host a range of services listed below:

- A Confidential Telephone Helpline
- Face-to-face therapeutic counselling
- An Independent Sexual Violence Advisor Service (ISVA)
- A Children and Young Persons' Independent Sexual Violence Advisor Service (CYPISVA)
- A Children and Young Persons' Counselling Service
- Workshop for schools on Consent
- Well Being Workshops
- Monthly Well Being "drop-in" for Staff and students at Bournemouth University, Arts Bournemouth University and the Chiropractic AECC University College.
- Training for Volunteers and other professionals

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake and for the public benefit. The activities undertaken for the public benefit include: a confidential telephone support line; Live Chat facility via our website; consent activities to local schools, colleges and universities; wellbeing workshops to clients; training provider and raising awareness in the public. Direct support is also provided to survivors through the Charity's: Adult Independent Sexual Violence Advisor (ISVA) service; Children and Young People (CYP) ISVA service; short-term counselling programme; pre-trial counselling and long-term counselling for adults and children.

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Volunteers

Whilst there is a paid staff team in the organisation, volunteers are central to the provision of support to the public. During 2019-2020, there were on average 64 active volunteers. Volunteers receive support and supervision and follow policy and guidance. The Trustees are proud that the charity has achieved the Investing in Volunteers Quality Standard.

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Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Report of the Trustees
for the Period 1 March 2019 to 31 March 2020

STRATEGIC REPORT

Achievement and performance

Charitable activities

The year 2019-20 included the official launch of the STARS brand following the charity's name change, our first fundraising skydive, achieving the Investing in Volunteers Quality Standard, relocating our head office in Poole, opening a new office in Dorchester, and running a successful Sexual Violence Awareness Week including a photography exhibition 'Asking For It'.

In May 2019 a very successful event was hosted to launch the new STARS Dorset brand. Short presentation were given and volunteers, staff and Trustees were available to talk to guests about our services and the work of the charity. It was encouraging to see engagement with new stakeholders and we have been able to build relationships in the year.

With growing demand for our services and the need for more robust record keeping we procured a CRM system specifically designed for our sector. This has helped us to have a central point for client data that both the ISVA and Counselling service can access. We are now able to scrutinise our data more robustly which will help us manage capacity issues more effectively.

Our main premises in Poole were becoming very cramped with a growing team and so larger offices were found offering greater flexibility with space for additional rooms for client appointments as well as a dedicated space for a staff break out area; training space and a small outdoor area. The move took place in February.

Seeking to provide more localised service delivery and great choice to our clients on where they can access support, we actively sort an additional property in Dorchester to open a second STARS Centre. Unfortunately the first property identified fell through at the last minute but we continue to launch the services from January and held another launch event to promote this. We were delighted to have BBC Spotlight attend and film the event. A second property was identified and were able to start moving in at the beginning of March, just before the National Lockdown was announced.

We have a detailed version of our annual report that will be available on our website for the public to view.

Financial review

Financial position

The charity has received income of £654,876 for the period from 1 March 2019 to 31 March 2020. Of this amount, £86,218 was received from the previous charity when the assets were switched over.

The charity had expenditure of £552,059 which gives a surplus of the year for £102,817.

At 31 March 2020 the charity had £102,817 reserves, of this £5,303 is restricted funds that are due to be spent in the next financial year.

Reserves policy

The reserves are maintained at a level which ensures that core activities could continue during a period of unforeseen difficulty. The trustees aim to have a minimum reserve amounting to three months running costs for the organisation as a whole. In the event of reserves dipping below this amount, the organisation will aim to restore the reserves at the first possible opportunity. Free reserves of £73,442 were held at 31 March 2020.

Future plans

The Trustees feel it would be prudent to undertake an independent governance review to ensure it is meeting all of its obligations in line with Charity Commission guidance and to help identify future development of the Board itself. Likewise, with the continued growth in referrals for all of our frontline services the Board will seek consultancy advice for the organisational structures STARS Dorset now needs to put in place to help us sustain our current growth and enable the strategic plans for the charity's on going development to be realised. We shall continue to review our current service delivery models in light of the Covid-19 global pandemic and seek to be responsive and resilient to the changes that may need to occur as we assess the impact Corona virus has both in the short-term and in the longer term.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its constitution and constitutes a Charitable Incorporated Organisation.

The charity employs a Service Manager who works under the authority of the Trustees. The Service Manager is assisted by a Clinical Lead, a Counselling Supervisor, a Lead ISVA, a Volunteer Co-ordinator and a Finance and HR Officer.

STARS
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Report of the Trustees
for the Period 1 March 2019 to 31 March 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Recruitment and appointment of new trustees

Trustees are recruited from amongst the membership and elected by the members at an AGM having been proposed by one member and seconded by another. The Board also has the discretion to co-opt up to two external trustees.

Induction and training of new trustees

All Trustees must attend the STARS in-house induction course and are provided with all essential documents including those which brief them on their legal obligations under charity law.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. A risk register is maintained and assessed regularly. Risk is also managed and overseen at each meeting of Trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1178308

Registered office

STARS - Dorset

PO Box 7697

Poole

Dorset

BH15 9GN

Trustees

Jessica Weir	(Chair)	Tenure concluded 08/10/2019
Victoria Heeley	(Secretary)	09/05/2018 - 07/10/2019
	(Chair)	08/10/2019 - Present
Elsa Travers	(Treasurer)	09/05/2018 - Present
Alex Hancox		Tenure commenced 08/10/2019 - Present
Gemma Pennington		Tenure commenced 08/10/2019 - 31/03/2020
Traci Handford		Tenure commenced 08/10/2019 - 31/03/2020
Sylvia Adler	(co-opted)	Tenure commenced 08/10/2019 - Present
Nina Jones		09/05/2018 - 30/05/2019
Deborah Maidment		09/05/2018 - 08/10/2019

Senior Management

Helen Stevens (Service Manager)

Independent Examiner

Ward Goodman

4 Cedar Park

Cobham Road

Ferndown Industrial Estate

Wimborne

Dorset

BH21 7SF

Approved by order of the board of trustees on 18/11/2020 and signed on its behalf by:


Mrs V Heeley - Trustee

Independent Examiner's Report to the Trustees of STARS

Independent examiner's report to the trustees of STARS

I report to the charity trustees on my examination of the accounts of STARS (the Trust) for the period 1 March 2019 to 31 March 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Ian M Rodd BSc FCA FCCA
ICAEW
Ward Goodman
4 Cedar Park
Cobham Road
Ferndown Industrial Estate
Wimborne
Dorset
BH21 7SF

Date: 14 December 2020

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Statement of Financial Activities
for the Period 1 March 2019 to 31 March 2020

	Notes	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM				
Donations and legacies	3	281,694	266,065	547,759
Other trading activities	4	85,347	21,571	106,918
Investment income	5	<u>199</u>	<u>-</u>	<u>199</u>
Total		367,240	287,636	654,876
EXPENDITURE ON				
Raising funds	6	3,655	-	3,655
Charitable activities	7			
Charitable activity		<u>263,766</u>	<u>284,638</u>	<u>548,404</u>
Total		267,421	284,638	552,059
NET INCOME		99,819	2,998	102,817
Transfers between funds	15	<u>(2,305)</u>	<u>2,305</u>	<u>-</u>
Net movement in funds		97,514	5,303	102,817
TOTAL FUNDS CARRIED FORWARD		<u>97,514</u>	<u>5,303</u>	<u>102,817</u>

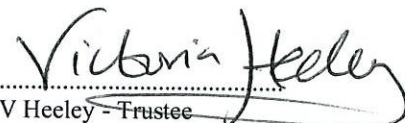
The notes form part of these financial statements

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Balance Sheet
31 March 2020

	Notes	Unrestricted funds £	Restricted funds £	Total funds £
FIXED ASSETS				
Tangible assets	12	24,071	-	24,071
CURRENT ASSETS				
Debtors	13	24,159	-	24,159
Cash at bank and in hand		<u>68,205</u>	<u>5,304</u>	<u>73,509</u>
		92,364	5,304	97,668
CREDITORS				
Amounts falling due within one year	14	(18,922)	-	(18,922)
NET CURRENT ASSETS		<u>73,442</u>	<u>5,304</u>	<u>78,746</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>97,513</u>	<u>5,304</u>	<u>102,817</u>
NET ASSETS		<u>97,513</u>	<u>5,304</u>	<u>102,817</u>
FUNDS	15			
Unrestricted funds				97,513
Restricted funds				<u>5,304</u>
TOTAL FUNDS				<u>102,817</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 18/11/2020 and were signed on its behalf by:



 V Heeley - Trustee

The notes form part of these financial statements

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Cash Flow Statement
for the Period 1 March 2019 to 31 March 2020

	Notes	£
Cash flows from operating activities		
Cash generated from operations	1	<u>106,768</u>
Net cash provided by operating activities		<u>106,768</u>
 Cash flows from investing activities		
Purchase of tangible fixed assets		(14,708)
Interest received		199
Acquired assets		<u>(18,750)</u>
Net cash (used in)/provided by investing activities		<u>(33,259)</u>
 Change in cash and cash equivalents in the reporting period		 73,509
Cash and cash equivalents at the beginning of the reporting period		<u>-</u>
 Cash and cash equivalents at the end of the reporting period		 <u><u>73,509</u></u>

The notes form part of these financial statements

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Notes to the Cash Flow Statement
for the Period 1 March 2019 to 31 March 2020

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	£
Net income for the reporting period (as per the Statement of Financial Activities)	102,817
Adjustments for:	
Depreciation charges	9,387
Interest received	(199)
Increase in debtors	(24,159)
Increase in creditors	<u>18,922</u>
Net cash provided by operations	<u><u>106,768</u></u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1.3.19 £	Cash flow £	At 31.3.20 £
Net cash			
Cash at bank and in hand	<u>-</u>	<u>73,509</u>	<u>73,509</u>
	<u>-</u>	<u>73,509</u>	<u>73,509</u>
Total	<u><u>-</u></u>	<u><u>73,509</u></u>	<u><u>73,509</u></u>

The notes form part of these financial statements

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Notes to the Financial Statements
for the Period 1 March 2019 to 31 March 2020

1. LEGAL FORM

STARS is a charitable incorporated organisation (CIO) for the public benefit and registered with the Charity Commission in England and Wales. The registered office is noted on page 1.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Critical accounting judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

No significant judgements have had to be made in preparing these financial statements.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings - over the useful life of the asset.

The cost of acquiring fixed assets is charged to the SOFA in the year of acquisition if the cost is less £1,000 or the useful economic life is less than three years.

Taxation

The charity is exempt from tax on its charitable activities.

Because of its current activities the charity is not registered for VAT and therefore cannot recover VAT on its expenses.

Debtors & Creditors

Basic financial assets, which include trade and other receivables and cash and bank balances, are initially measured at transaction price including transaction costs.

Basic financial liabilities, including trade and other payables are initially recognised at transaction price.

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Notes to the Financial Statements - continued
for the Period 1 March 2019 to 31 March 2020

2. ACCOUNTING POLICIES - continued

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

3. DONATIONS AND LEGACIES

	£
Donations	9,602
Grants	264,029
Contracted income	<u>274,128</u>
	<u>547,759</u>

Grants received, included in the above, are as follows:

	£
Dorset Police and Crime Commissioner	115,203
BBC Children in Need	30,606
Lloyds	25,000
Ministry of Justice	90,720
Louis Ross	1,000
Dorchester Town Council	500
AFCB Community Grant	<u>1,000</u>
	<u>264,029</u>

4. OTHER TRADING ACTIVITIES

	£
Fundraising events	11,218
Training income	9,347
Other income	135
Transfer from DRCS	<u>86,218</u>
	<u>106,918</u>

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Notes to the Financial Statements - continued
for the Period 1 March 2019 to 31 March 2020

5. INVESTMENT INCOME

Interest receivable	£ <u>199</u>
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6. RAISING FUNDS

Raising donations and legacies

Fundraising	£ <u>3,655</u>
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7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Charitable activity	<u>545,169</u>	<u>3,235</u>	<u>548,404</u>

8. SUPPORT COSTS

	Governance costs £
Charitable activity	<u>3,235</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

Depreciation - owned assets	£ 9,386
Independent examination	<u>1,450</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the period ended 31 March 2020.

Trustees' expenses

Trustees' expenses	£ <u>55</u>
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During the year two of the trustees were paid expenses of £55.

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Notes to the Financial Statements - continued
for the Period 1 March 2019 to 31 March 2020

11. STAFF COSTS

	£
Wages and salaries	354,492
Social security costs	14,638
Other pension costs	8,469
	<u>377,599</u>

The average monthly number of employees during the period was as follows:

Employees	<u>23</u>
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No employees received emoluments in excess of £60,000.

12. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
Additions	14,708
Reclassification	<u>24,395</u>
At 31 March 2020	<u>39,103</u>
DEPRECIATION	
Charge for year	9,386
Reclassification/transfer	<u>5,646</u>
At 31 March 2020	<u>15,032</u>
NET BOOK VALUE	
At 31 March 2020	<u>24,071</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Trade debtors	13,443
Other debtors	6,875
Prepayments	3,841
	<u>24,159</u>

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Notes to the Financial Statements - continued
for the Period 1 March 2019 to 31 March 2020

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	£
Trade creditors	8,619
Social security and other taxes	7,245
Other creditors	117
Accruals and deferred income	<u>2,941</u>
	<u><u>18,922</u></u>

15. MOVEMENT IN FUNDS

	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds			
General fund	91,050	(6,031)	85,019
STARS Fundraising	12,494	-	12,494
STARS Training	<u>(3,726)</u>	<u>3,726</u>	<u>-</u>
	99,818	(2,305)	97,513
Restricted funds			
Dorset Police and Crime Commissioner - Adult ISVA	1,971	-	1,971
Dorset Police and Crime Commissioner - CYP ISVA	65	-	65
BBC Children in Need - CYP ISVA	2,413	-	2,413
Dorchester Set Up	(1,929)	1,929	-
AFCB Community Grant	855	-	855
7 Stars Foundation	<u>(376)</u>	<u>376</u>	<u>-</u>
	<u>2,999</u>	<u>2,305</u>	<u>5,304</u>
TOTAL FUNDS	<u><u>102,817</u></u>	<u><u>-</u></u>	<u><u>102,817</u></u>

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Notes to the Financial Statements - continued
for the Period 1 March 2019 to 31 March 2020

15. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	339,681	(248,631)	91,050
STARS Fundraising	18,212	(5,718)	12,494
STARS Training	<u>9,347</u>	<u>(13,073)</u>	<u>(3,726)</u>
	367,240	(267,422)	99,818
Restricted funds			
Dorset Police and Crime Commissioner - CSA	39,227	(39,227)	-
Dorset Police and Crime Commissioner - Adult ISVA	37,631	(35,660)	1,971
Dorset Police and Crime Commissioner - CYP ISVA	29,787	(29,722)	65
BBC Children in Need - CYP ISVA	31,479	(29,066)	2,413
Lloyds Restriction	25,110	(25,110)	-
Ministry of Justice	90,720	(90,720)	-
Louis Ross Foundation	1,000	(1,000)	-
Dorset Police and Crime Commissioner - Dorchester rent	15,000	(15,000)	-
Dorchester Set Up	2,535	(4,464)	(1,929)
AFCB Community Grant	1,000	(145)	855
Postcode Lottery	7,122	(7,122)	-
Dorset Community Foundation Tampon Tax	5,790	(5,790)	-
7 Stars Foundation	<u>1,235</u>	<u>(1,611)</u>	<u>(376)</u>
	<u>287,636</u>	<u>(284,637)</u>	<u>2,999</u>
TOTAL FUNDS	<u>654,876</u>	<u>(552,059)</u>	<u>102,817</u>

The restricted funds represent amounts given to the Trust with restrictions as to their use. All the funds were expended during the year in accordance with those restrictions.

- The MoJ Female Rape Support fund is for the development of the rape support centre in Dorset as part of the government's initiative to establish 15 new centres.

- The Dorset Police and Crime Commissioner Adult ISVA funding is for an additional full-time Adults ISVA to meet the increased demand for this service.

- The Dorset Police and Crime Commissioner CYP ISVA funding is for an additional full-time Children and Young Persons' ISVA to meet the increased demand for this service.

- The Dorset Police and Crime Commissioner CSA funding is to cover the cost of CSA funding.

- The Postcode Lottery grant has been awarded for the provision of specialist counselling sessions of victims where their sexual violence has been experienced within domestic abuse.

- The BBC Children in Need funding is to cover the salary cost of the CYP ISVA.

STARS
Sexual Trauma and Recovery Services -
Dorset Rape Crisis

Notes to the Financial Statements - continued
for the Period 1 March 2019 to 31 March 2020

15. MOVEMENT IN FUNDS - continued

- Lloyds Bank Foundation - The Lloyds Bank Foundation restricted fund is a contribution to admin and service manager costs.
- 7 Stars Foundation - The 7 stars restricted fund is for the provision of specialist CYP counselling.
- Dorset Community Foundation Tampon Tax - The Tampon Tax grant income is restricted for the delivery of wellbeing workshops for clients of the Charity.
- Dorchester rent and Dorchester set up - Restricted for rent and initial set up costs for the new Dorchester office. Included in the Dorchester set up income for the year is a grant for £2,000 received from the Hedley Foundation.
- Louis Ross Foundation - provision of specialist CYP counselling.
- AFC Bournemouth Community Chest - resources for children and young people being supported by STARS Dorset services

Transfers between funds

Transfers have been made on satisfaction of the restriction on each of the above funds into general reserves to reflect amounts expended on fixed assets in the year

16. RELATED PARTY DISCLOSURES

There were no related party transactions for the period ended 31 March 2020.