

**REGISTERED COMPANY NUMBER: 06468412 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1123842**

**MENTAL HEALTH MATTERS WALES LTD**  
**REPORT OF THE TRUSTEES AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED**  
**31 MARCH 2020**

Bevan Buckland LLP  
Chartered Accountants  
And Statutory Auditors  
Langdon House  
Langdon Road  
SA1 Swansea Waterfront  
Swansea  
SA1 8QY

**MENTAL HEALTH MATTERS WALES LTD**

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FOR THE YEAR ENDED 31 MARCH 2020**

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## **MENTAL HEALTH MATTERS WALES LTD**

### **REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

Our charity's purpose as set out in the company's memorandum of association are to 'promote the mental and emotional health and well-being of the public through the provision of information, advocacy, training and support'.

##### **Significant activities**

Our main activities and who we try to help are described in the following pages. All our charitable activities focus on the promotion of the mental and emotional health and well-being of the public and are undertaken to further our charitable purposes for the public benefit.

##### **The charity carries out these objectives by:**

- Providing various services throughout Wales which supports adult wellbeing and supports those with mental health related issues/problems which include wellbeing hubs, telephone befriending & support and peer support groups which include eating disorders, self-harm and LGBTQI+
- Providing advocacy services across Wales for adults suffering mental health issues/problems, those who lack capacity, older people with mental health problems and/ or dementia and those eligible in relation to the Social Services and Wellbeing (Wales) Act 2014, and a commitment to raising awareness of advocacy.
- Providing counselling and training services (including workshops) for adults suffering mild to moderate mental health problems.
- Providing cognitive impairment services to support those who have cognitive impairment and their carers both within hospital settings and the community.

The Trustees confirm they have referred to the guidance contained in the Charity Commissions general guidance on public benefit when reviewing the Charity's aims and objectives and in planning future activities.

## MENTAL HEALTH MATTERS WALES LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020

#### OBJECTIVES AND ACTIVITIES

##### Who used and benefited from our services?

Our objects and funding limit the services we provide to those resident in Wales. Specific funding requirements limits those we can support, for example, our Friends of Coity Clinic Projects is only able to work within the in-patient mental health units at the Princess of Wales Hospital in Bridgend. The Independent Mental Capacity Advocacy (IMCA) Service is limited to accepting referrals from medical and social services sources and by very specific eligibility criteria and the Independent Professional Advocacy (IPA) service is restricted to only those who meet the criteria within the Social Services and Wellbeing (Wales) Act 2014.

The IMCA service is delivered across the Hywel Dda and Swansea Bay University Health Board footprint areas; these footprints cover the local authority areas of Neath Port Talbot, Swansea, Carmarthenshire, Pembrokeshire and Ceredigion. The IPA service is delivered across the Bridgend and Swansea Local Authority footprint.

We are also restricted in the provision of some services because of the geographical area specified by funders, for example, wellbeing centres, self-harm self-help project, eating disorder support and information service are restricted to the Bridgend County Borough footprint area. We are generally unrestricted in where we deliver training and education, unless this is specifically commissioned.

All services provided by MHM Wales are free to our clients and beneficiaries.

The impact of our work goes far beyond those we help directly and include reducing the distress experienced by the families and friends of people with mental or emotional health issues as well as reducing the impact upon front line and secondary mental health or related services.

The main areas of charitable activities are:

- Wellbeing drop-in centres
- Independent Mental Capacity Advocacy
- Deprivation of Liberty (paid relevant persons representative)
- Counselling
- Information services
- Community Advocacy service (mental health)
- Independent Professional Advocacy
- Dementia Wellbeing Activity Support
- Friends of Coity Clinic
- SHARE - Self-harm- self-help information and peer support groups
- SORTED- Eating disorder information and peer support groups
- LBGTQI+ information and peer support groups
- Training, education and public awareness
- Lobbying and campaigning
- Disclosure and Barring Service (DBS Cymru)

#### Volunteers

Volunteers play a unique and invaluable role in supporting the services delivered by MHM Wales, we are fully aware without volunteers we would not be able to deliver such a comprehensive range of services which help us to meet the diverse needs of people who access them. Volunteers are greatly appreciated by the Trustees (who are themselves volunteers) our staff and beneficiaries. We would like to recognise each individual who has given their time and experience freely during this financial reporting year.

In terms of the real value and contribution, it is impossible to cost the difference volunteers make to the delivery of our services.

## MENTAL HEALTH MATTERS WALES LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020

#### ACHIEVEMENT AND PERFORMANCE

##### Charitable activities

##### Wellbeing Hubs including Friends of Coity Clinic

We continue to deliver our core Wellbeing hubs at Nolton Church hall in Bridgend, Halo Leisure Centre in Maesteg, Cefn Glas Community Centre and the YMCA in Porthcawl where various activities, workshops and talks take place.

We are also very grateful to the trustees of Westward Community Centre in Cefn Glas who have continued to support this valued hub within the community by providing their venue free of charge.

The Wellbeing Hubs operate an "open door" policy which means no referral is required for someone to attend, the hubs are Service User led in that activities, etc. are dictated by attendees and not staff and can be accessed by anyone and provide a meeting place to enable social activities, networking, befriending, support, refreshments and information on mental health promotion and mental health issues, this information is also available for carers.

The Friends of Coity project is to provide an independent listening service so patients can share their experiences of Coity Clinic. They can do this informally talking to the volunteers who will document the comments should the patient wish them to. These comments are then collated and passed on to the ward management. This reduced the isolation of patients and enables them to talk about their experiences on the ward to someone who is not a member of staff but who can help them to get their voice heard. The volunteers provide befriending to patients, engaging them in conversation and activities.

##### Independent Mental Capacity Advocacy (IMCA)

We continue to deliver the IMCA service across the Health Board footprints of both Hywel Dda University Health Board and Swansea Bay University Health Board.

The IMCA service provides statutory advocacy under the Mental Capacity Act 2005 and provides support to those over 16 years of age who lack capacity (in closely defined areas) and are un-befriended (no family or friend who can speak on their behalf). The Health Boards' footprint areas cover the local authority areas of Carmarthenshire, Pembrokeshire, Ceredigion, Neath Port Talbot and Swansea. Due to Health Board Boundary changes in April 2019 we no longer provide the IMCA service in the Bridgend County Borough as this area now comes under Cwm Taff Morgannwg University Health Board.

##### Paid Relevant Person's Representative Service (PRPR)

MHM Wales Paid Relevant Person's Representatives are qualified advocates who have specialist knowledge of the Mental Capacity Act and Deprivation of Liberty Safeguards legislation who support people who lack capacity throughout Mid Wales, South Wales, South East Wales and South West Wales.

The Paid Representative's role includes:

- Visiting the person deprived of their liberty on a regular basis.
- Supporting the person to understand their DoLS authorisation and how it affects them.
- Assisting the person to exercise their rights should they wish to do so.
- Ensuring any conditions attached to the authorisation are met and dealt with in a timely fashion.
- Call for a review of the authorisation where necessary, challenge the authorisation through local means where possible or ultimately support the individual to have access to the Court of Protection.

Our Paid Relevant Person's Representatives are independent from the care home or hospital as well as the Local Authority, Health Board and Supervisory Body / DoLS team.

##### Information

The organisation provides an information service for people who have mental health issues, carers and providers. The information worker provides information sessions at a range of different venues, including the wellbeing centres, supermarkets business venues and the psychiatric unit at the Princess of Wales hospital, and responds to individual requests for information.

The information worker continues to develop the website [www.grapevines.info](http://www.grapevines.info) which provides information on mental health and wellbeing services within the Bridgend area and also updates our Facebook page ([Facebook.com/mhmwales](https://www.facebook.com/mhmwales)) which now has over 55,000 likes and followers.

## MENTAL HEALTH MATTERS WALES LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020

#### **SHARE - Self-harm Self-help Peer Support Group**

The self-harm self-help peer support group is funded by the charities free reserves. The peer support group originated from the Big Lottery Fund "Community Voice" initiative which commenced on 1 April 2013. The aim of the original service was to increase the voice of citizens and especially those who are most marginalised in local policy and planning processes.

In Partnership with New Horizons Mental Health (based in Aberdare) we received Welsh Government funding to expand the service into Rhondda Cynon Taff up to the 31 March 2020.

#### **Bridgend Community Mental Health Advocacy (CAS)**

The Community Mental Health Advocacy Service and Mental health and Wellbeing Advocacy works with people living in the Bridgend County who experience mental health related issues to have their voice heard and acted upon when dealing with primary and secondary health and social care providers. CAS is funded through free reserves as funding was no longer available to deliver the service. CAS provides advocacy support to those which fall outside the remit of the Mental Health and Wellbeing Advocacy and also the Community Mental Health Advocacy service which is commissioned by the Health Board with another agency.

#### **SORTED - Eating Disorder Self-help Peer Support Group**

SORTED is the name for the eating disorder self-help group run by MHM Wales in the Bridgend Borough which provides a Peer-2-Peer support to people with all types of eating disorders including their carers, families and friends.

Working in partnership with the Botanic Gardens in Carmarthenshire we received funding to deliver a SORTED support group at their venue and also developed a "RAG" group within Trinity St. David's University.

SORTED offers an opportunity to meet people who may be in a similar situation in a safe and confidential space. People support each other by sharing experiences, thoughts, successes and problems or by simply listening. These groups do not offer treatment, therapy or counselling and cannot diagnose or make medical referrals.

The peer support group is run by MHM Wales volunteers who use their skills, knowledge and expertise though offering support and information. We receive no funding and rely solely on donations and the generosity of the public to be able to continue delivering the group.

The peers support group runs every 2nd and 4th Monday each month.

#### **LBGTQI+ Peer Support Group**

Our LBGTQI+ peer support group has been running since November 2019 and was setup through collaboration between MHM Wales, ARC (Assisting Recovery in the Community) Wales PRIDE and South Wales Police.

The LBGTQI+ peer support group is jointly run by the collaborations staff members and takes place on the third Wednesday evening every month.

#### **Finding Connections (Training. Workshops)**

Finding Connections is the name of the training section which delivers both formal training, both internally and externally over a wide range of subjects from health and safety, to protection of vulnerable adults. Finding Connections also delivers workshops from stress and anxiety to anger management. The workshops are designed to help support participants to find their own coping strategies. The workshops work because they are individually planned, and are suitable for any individual who attends, even in a mixed group of people, it will still work as participants find and develop their own way of coping, as each person finds out what triggers certain behaviour and finds a personal way to cope with it using the tools shown in the training session.

During 2019 MHM Wales put forward a staff member to undertake training to be able to facilitate Mental Health First Aid training. Within this financial year four courses have been delivered by our staff.

The Mental Health First Aid course content aims to help create stronger, more resilient individuals,

communities, and workplaces by:

## MENTAL HEALTH MATTERS WALES LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020

- Raising awareness of mental health issues in the community and the workplace.
- Teaching people how to spot the early signs of mental ill health & provide early intervention first aid for others.
- Teaching people to better take care of their own wellbeing.
- Helping organisations to effectively embed mental health first aid into their policies, procedures, and systems.

#### **Talking Connections (Counselling service)**

Our Talking Connections counselling service continues to provide low cost (donation) counselling to those who are unable to access counselling through statutory services due to their waiting times or do not wish to receive counselling in the areas where they reside,

Counselling can help clients to express their feelings, to clarify their thoughts and to understand themselves better. It assists clients to identify choices and to make changes in their life so that they can manage them more effectively.

#### **Wellbeing Activity Support (Cognitive Impairment)**

Our Wellbeing Activity Support (Cognitive Support) moved from the University Hospital Wales (UHW) in August 2019 to St. David's hospital in Cardiff where patients who no longer need active medical treatment but whose additional needs delayed them leaving hospital. The ward predominantly receives patients with dementia, cognitive impairment or other complex needs and to help support patients in maintaining as normal life as possible while waiting for transfer from hospital. Our Wellbeing Activity Support service provide a range of stimulating and engaging activities for patients to take part in.

Activities include regular music sessions where patients can sing and play instruments, take part in arts and crafts, exercise and tea parties to enhance their social interactions during their stay and encourage normal sleep patterns at night.

#### **Independent Professional Advocacy (IPA)**

The Social Services and Well-being (Wales) Act 2014 place a requirement on Local Authorities to commission Advocacy. The Act came into force in April 2016 and this changed the way local councils in Wales provide social care and support. The Act required Local Authorities to consider whether an individual may have a need for Independent Professional Advocacy (IPA) at every step of their journey through the social services system, including at their first point of contact.

The Part 10; Code of Practice on Advocacy ("the Code") states within Para 47:

"Local authorities must arrange for the provision of an Independent Professional Advocate when a person can only overcome the barrier(s) to participating fully in the assessment, care and support planning, review and safeguarding processes with assistance from an appropriate individual, but there is no appropriate individual available"

MHM Wales provide the mental health and general IPA service within Bridgend and the general/specialist Swansea since September 2019. Due to providing the IPA service in Swansea we have rented an office within Swansea Civic Centre

#### **Disclosure and Barring Service (DBS Cymru)**

DBS Cymru is the name of our umbrella service we provide on behalf the Disclosure and Barring Service (DBS) to facilitate standard and enhanced DBS checks for volunteers as well as businesses and the self-employed. Any surplus income generated by DBS Cymru helps to support the primary aims of MHM Wales by providing income to deliver existing services which no funding is received and allows the development and implementation of new services which help support our primary aims.

Having provided this service since 2018 we have seen a steady increase in applications being processed and for the 2019-2020 financial year period we processed 614 applications which was an increase of 56.5% on our previous year's total. DBS Cymru continued to service and maintain the steady existing loyal customer base as well as facilitating to a number of new clients we welcomed during the reporting period.

#### **Volunteer Service**



## MENTAL HEALTH MATTERS WALES LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020

Volunteers provide support at the wellbeing centres, counselling service, SHARE, SORTED and our LGBTQI+ peer support groups as well as our Friends of Coity Clinic service and provide additional aspects to the work the community services team is able to provide. Our volunteers raise the quality and impact of services undertaken in these settings and volunteers come from a wide range of age groups and backgrounds and include people who have been beneficiaries of our services.

Volunteers play a vital part in delivering quality services. All volunteers bring different qualities and skills which in turn all allow MHM Wales to continue providing a high standard of support and various activities which would not be possible considering the overall costs (approximately £32,000) which would be involved if the organisation were to employ people to deliver these services and projects.

#### **Integrated Care Fund (ICF)**

The aim of the Integrated Care Fund (ICF) is to drive and enable integrated working between social services, health, housing and the third and independent sectors.

The fund helps local health boards, local authorities, housing and the voluntary and independent sectors to work together to support:

older people with complex needs and long term conditions including dementia  
people with learning disabilities  
children with complex needs due to disability or illness  
carers, including young carers  
children at risk of becoming looked after, in care or who are adopted  
implementation of the Wales Community Care and Information System.

#### **The Better Together Project**

The Better Together project is funded through ICF funding and its aim is to provide both staff and volunteer befrienders' and mentors to support older people who experience emotional/mental health related issues within the Rhondda Cynon Taf Borough. This will include carers of those who have dementia and memory loss whose social network has been greatly diminished due to caring for their loved ones.

In the shorter term, the goals of the project it to provide befriending support to encourage those who are socially isolated to re-engage with their communities with a paid staff member which may entail just visiting a local café to help build the individuals confidence.

The longer term goal of the project is to then have volunteer befrienders support those being befriended to developing genuine friendship opportunities with others within their local communities by supporting them within the heart of their community through accessing local facilities i.e. café's, leisure and fitness facilities, libraries, education facilities and groups (historic, painting, etc.) which may be interest to those being befriended.

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The Board has set out the charity's reserve policy to enable trustees to be in proper financial control of the organisation and meet its legal obligations. The reserve policy is a product of the charity's strategic planning, budgeting and risk management process. This policy is non static and is reviewed on an annual basis by the Board of Trustees.

The Board has set the reserves policy based on the following:-

- Contingency planning-critical costs
- Reserves to meet the medium term strategic plan
- Reserves to match any capital spend
- Any remaining reserves represents the 'true free reserves' of the charity

By reviewing the reserves policy annually the Board will review the organisation's financial circumstances and operational environment and ensure the level of reserves is monitored as part of the budget and financial reporting process.

## MENTAL HEALTH MATTERS WALES LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020

#### **FUTURE PLANS**

The charity aims to continue to offer the full range of services it currently offers and expand its operations.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

##### **Recruitment and appointment of new trustees**

The executive committee is made up of the trustees. Members of the executive committee are elected at each Annual General Meeting from nominations received from the members, and serve for three years, after which period they may put themselves forward for re-appointment. Officer posts are elected annually.

The executive committee must consist of a minimum of three members, with no more than three members due for re-appointment in any one year. The Secretary is appointed by the executive committee and is currently the Chief Executive Officer (Richard Jones).

The executive committee meets regularly, every two months. A financial sub-committee is responsible for overseeing the financial operations of the charity. A personnel sub-committee oversees all matters relating to human resources and the development and review of policies. Both sub-committees report directly to the full board meetings.

The executive committee may make co-options during the year, but such persons must be elected at the next Annual General Meeting following to continue beyond it.

A trustee shall cease to hold office if they become disqualified, are absent from meetings for a qualifying period, notifies the trustees of their wish to resign, ceases to be a member, or fails to declare an interest in a contract of the charity.

##### **Organisational structure**

Senior management team:

Mr Richard Jones            Chief Executive Officer  
Mrs Michaela Moore    Director

Day to day management of the organisation is delegated to the Chief Executive Officer as stated above. The adoption of aims and objectives or strategies to achieve them, and of policies and procedures are matters for the executive committee, as is the responsibility for ensuring compliance with various legal and regulatory obligations of the organisation and of the Trustees.

##### **Risk management**

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

At the time of writing this report we are at the beginning of a worldwide pandemic which has seen the Government of the UK place movement restriction upon the whole country. The effect of these restrictions will undoubtedly have an effect on the mental health and wellbeing of many people which will be affected by what is being called "the lockdown". We envisage demand for our services will increase greatly over the following year.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Company number**

06468412 (England and Wales)

##### **Registered Charity number**

1123842

## MENTAL HEALTH MATTERS WALES LTD

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2020

#### Registered office

Union Offices  
Quarella Road  
Bridgend  
Mid Glamorgan  
CF31 1JW

#### Trustees

S A Hawas Quality Manager  
R I Jamil Consultant  
P Mitchell Independent Social Worker  
Ms P Nolan Family Support Worker  
Ms D Patel Paralegal  
R Young Lecturer  
Ms P Connett-White Carer

#### Company Secretary

R Jones

#### Auditors

Bevan Buckland LLP  
Chartered Accountants  
And Statutory Auditors  
Langdon House  
Langdon Road  
SA1 Swansea Waterfront  
Swansea  
SA1 8QY

#### STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Mental Health Matters Wales Ltd for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

**MENTAL HEALTH MATTERS WALES LTD**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2020**

**AUDITORS**

The auditors, Bevan Buckland LLP, will be proposed for re-appointment at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on **29<sup>th</sup> of October 2020** and signed on its behalf by:



.....  
R Young - Trustee

## **REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF MENTAL HEALTH MATTERS WALES LTD**

### **Opinion**

We have audited the financial statements of Mental Health Matters Wales Ltd (the 'charitable company') for the year ended 31 March 2020 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2020 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

### **Other information**

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

**REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF  
MENTAL HEALTH MATTERS WALES LTD**

**Matters on which we are required to report by exception**

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

**Responsibilities of trustees**

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Our responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at [www.frc.org.uk/auditorsresponsibilities](http://www.frc.org.uk/auditorsresponsibilities). This description forms part of our Report of the Independent Auditors.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Alison Vickers (Senior Statutory Auditor)  
for and on behalf of Bevan Buckland LLP  
Chartered Accountants  
And Statutory Auditors  
Langdon House  
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Date: .....

**MENTAL HEALTH MATTERS WALES LTD**

**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2020**

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>INCOME AND ENDOWMENTS FROM Charitable activities</b>	3				
Advocacy Services		517,778	-	517,778	475,720
Befriending		24,979	-	24,979	-
Community Services Support		240,861	-	240,861	235,734
DBS Cymru		33,995	-	33,995	11,057
Other		2,757	-	2,757	3,059
Grants		-	-	-	22,848
Peer Support Group		617	6,650	7,267	-
Investment income	2	<u>3,312</u>	<u>-</u>	<u>3,312</u>	<u>2,661</u>
<b>Total</b>		824,299	6,650	830,949	751,079
 <b>EXPENDITURE ON Charitable activities</b>	4				
Advocacy Services		454,411	-	454,411	403,935
Befriending		2,414	-	2,414	-
Community Services Support		253,880	-	253,880	220,922
DBS Cymru		28,827	-	28,827	25,560
Other		42,067	-	42,067	59,476
Grants		6,500	-	6,500	20,240
Peer Support Group		10	1,448	1,458	-
<b>Total</b>		788,109	1,448	789,557	730,133
 <b>NET INCOME</b>		36,190	5,202	41,392	20,946
<b>Transfers between funds</b>	13	<u>(2,608)</u>	<u>2,608</u>	<u>-</u>	<u>-</u>
<b>Net movement in funds</b>		33,582	7,810	41,392	20,946
 <b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		1,027,074	11,345	1,038,419	1,017,473
 <b>TOTAL FUNDS CARRIED FORWARD</b>		<u>1,060,656</u>	<u>19,155</u>	<u>1,079,811</u>	<u>1,038,419</u>

The notes form part of these financial statements

**MENTAL HEALTH MATTERS WALES LTD**

**BALANCE SHEET  
31 MARCH 2020**

	Notes	Unrestricted funds £	Restricted funds £	2020 Total funds £	2019 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	10	336,081	-	336,081	344,249
<b>CURRENT ASSETS</b>					
Debtors	11	77,197	-	77,197	101,935
Cash at bank and in hand		<u>699,467</u>	<u>19,155</u>	<u>718,622</u>	<u>630,379</u>
		776,664	19,155	795,819	732,314
<b>CREDITORS</b>					
Amounts falling due within one year	12	(52,089)	-	(52,089)	(38,144)
<b>NET CURRENT ASSETS</b>		<u>724,575</u>	<u>19,155</u>	<u>743,730</u>	<u>694,170</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>1,060,656</u>	<u>19,155</u>	<u>1,079,811</u>	<u>1,038,419</u>
<b>NET ASSETS</b>		<u>1,060,656</u>	<u>19,155</u>	<u>1,079,811</u>	<u>1,038,419</u>
<b>FUNDS</b>	13				
Unrestricted funds				1,060,656	1,027,074
Restricted funds				<u>19,155</u>	<u>11,345</u>
<b>TOTAL FUNDS</b>				<u>1,079,811</u>	<u>1,038,419</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on **29<sup>th</sup> of October 2020** and were signed on its behalf by:



.....  
R Young - Trustee

The notes form part of these financial statements



**MENTAL HEALTH MATTERS WALES LTD**

**CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2020**

	Notes	2020 £	2019 £
<b>Cash flows from operating activities</b>			
Cash generated from operations	1	<u>84,931</u>	<u>71,202</u>
Net cash provided by operating activities		<u>84,931</u>	<u>71,202</u>
<b>Cash flows from investing activities</b>			
Interest received		<u>3,312</u>	<u>2,661</u>
Net cash provided by investing activities		<u>3,312</u>	<u>2,661</u>
		<hr/>	<hr/>
<b>Change in cash and cash equivalents in the reporting period</b>		88,243	73,863
<b>Cash and cash equivalents at the beginning of the reporting period</b>		<u>630,379</u>	<u>556,516</u>
<b>Cash and cash equivalents at the end of the reporting period</b>		<u>718,622</u>	<u>630,379</u>

The notes form part of these financial statements

**MENTAL HEALTH MATTERS WALES LTD**

**NOTES TO THE CASH FLOW STATEMENT  
FOR THE YEAR ENDED 31 MARCH 2020**

**1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2020 £	2019 £
<b>Net income for the reporting period (as per the Statement of Financial Activities)</b>	41,392	20,946
<b>Adjustments for:</b>		
Depreciation charges	8,168	8,405
Interest received	(3,312)	(2,661)
Decrease in debtors	24,738	29,281
Increase in creditors	<u>13,945</u>	<u>15,231</u>
<b>Net cash provided by operations</b>	<u>84,931</u>	<u>71,202</u>

**2. ANALYSIS OF CHANGES IN NET FUNDS**

	At 1.4.19 £	Cash flow £	At 31.3.20 £
<b>Net cash</b>			
Cash at bank and in hand	<u>630,379</u>	<u>88,243</u>	<u>718,622</u>
	<u>630,379</u>	<u>88,243</u>	<u>718,622</u>
<b>Total</b>	<u>630,379</u>	<u>88,243</u>	<u>718,622</u>

The notes form part of these financial statements

## MENTAL HEALTH MATTERS WALES LTD

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2020

#### 1. ACCOUNTING POLICIES

##### **Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

##### **Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Income from advocacy and DBS services is recognised when the charity has entitlement to the monies, and it is probable that the income will be received and the amount can be measured reliably.

Income from donations and fundraising is recognised when the respective income is received.

Income from government and other grants, and as a result of service level agreements is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probably that the income will be received and the amount can be measured reliably.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities, both costs directly attributable and indirect support costs.

##### **Allocation and apportionment of costs**

Costs have been allocated as far as possible between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly. Others have been apportioned based on the estimated usage of the resource.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2%	on cost
Fixtures and fittings	- 15%	on cost

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the report of the trustees.

## MENTAL HEALTH MATTERS WALES LTD

### NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2020

#### 1. ACCOUNTING POLICIES - continued

##### **Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

##### **Government grants**

Grants are credited to deferred revenue. Grants towards capital expenditure are released to the profit and loss account over the useful life of the asset. Grants towards revenue expenditure are released to the profit and loss account as the related expenditure is incurred.

##### **Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

##### **Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

##### **Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

##### **Financial instruments**

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

##### **Hire purchase and Leasing agreements**

Assets obtained under hire purchase contracts or finance leases are capitalised in the balance sheet. Those held under hire purchase contracts are depreciated over their estimated useful lives. Those held under finance leases are depreciated over their estimated useful lives or the lease term, whichever is shorter.

The interest element of these obligations is charged to profit or loss over the relevant period. The capital element of the future payments is treated as a liability.

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

##### **Employee benefits**

The charity provides a range of benefits to employees, paid holiday arrangements and defined benefit and defined contribution pension plans.

##### **Short term benefits**

Short term benefits, including holiday pay and other similar non-monetary benefits, are recognised as an expense in the period in which the service is received.

##### **Functional and Presentational currency**

The functional and presentational currency is £ sterling.

##### **Going Concern**

**MENTAL HEALTH MATTERS WALES LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020**

**1. ACCOUNTING POLICIES - continued**

**Fund accounting**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**2. INVESTMENT INCOME**

	2020 £	2019 £
Deposit account interest	<u>3,312</u>	<u>2,661</u>

**3. INCOME FROM CHARITABLE ACTIVITIES**

	Grants £	Other £	Fund- raising £	PRPR £	SLA £	Donat- ions £
Advocacy Services	-	-	-	263,998	253,780	-
Community Services Support	13,000	-	-	-	227,931	-
Peer	-	7,267	-	-	-	-
Befriending	11,979	6,000	-	-	7,000	-
DBS Cymru	-	33,995	-	-	-	-
Other	-	3,312	-	-	-	2,683
Grants	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
	<u>24,979</u>	<u>50,574</u>	<u>-</u>	<u>263,998</u>	<u>488,711</u>	<u>2,683</u>

Grants received, included in the above, are as follows:

	2020 £	2019 £
Better Together Project	13,000	-
Integrated Care Fund	-	22,848
Befriending: Moving on Project	11,979	-
Other Grants	<u>-</u>	<u>-</u>
	<u>24,979</u>	<u>22,848</u>

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £	Support costs (see note 5) £	Totals £
Advocacy Services	242,445	211,966	454,411
Befriending	1,557	857	2,414
Community Services Support	226,794	27,086	253,880
DBS Cymru	28,679	148	28,827
Other	38,297	3,770	42,067
Grants	5,949	551	6,500
Peer Support Group	<u>522</u>	<u>936</u>	<u>1,458</u>
	<u>544,243</u>	<u>245,314</u>	<u>789,557</u>

**MENTAL HEALTH MATTERS WALES LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020**

**5. SUPPORT COSTS**

	Management £	Support costs £	Totals £
Advocacy Services	196,248	15,718	211,966
Befriending	857	-	857
Community Services Support	27,086	-	27,086
DBS Cymru	148	-	148
Other	850	2,920	3,770
Grants	491	60	551
Peer Support Group	<u>936</u>	<u>-</u>	<u>936</u>
	<u>226,616</u>	<u>18,698</u>	<u>245,314</u>

**6. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	2020 £	2019 £
Auditors' remuneration	5,300	6,500
Auditors' remuneration for non audit work	2,920	2,000
Depreciation - owned assets	<u>8,168</u>	<u>8,405</u>

**7. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 nor for the year ended 31 March 2019.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 March 2020 nor for the year ended 31 March 2019.

**8. STAFF COSTS**

	2020 £	2019 £
Wages and salaries	<u>627,119</u>	<u>576,923</u>
	<u>627,119</u>	<u>576,923</u>

The average monthly number of employees during the year was as follows:

	2020	2019
Direct employees	25	24
Administrative staff	<u>4</u>	<u>3</u>
	<u>29</u>	<u>27</u>

No employees received emoluments in excess of £60,000.

**MENTAL HEALTH MATTERS WALES LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020**

**9. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
<b>Charitable activities</b>			
Advocacy Services	475,720	-	475,720
Community Services Support	235,734	-	235,734
DBS Cymru	11,057	-	11,057
Other	3,059	-	3,059
Grants	-	22,848	22,848
Investment income	<u>2,661</u>	<u>-</u>	<u>2,661</u>
<b>Total</b>	<b>728,231</b>	<b>22,848</b>	<b>751,079</b>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Advocacy Services	403,935	-	403,935
Community Services Support	220,922	-	220,922
DBS Cymru	25,560	-	25,560
Other	59,476	-	59,476
Grants	-	20,240	20,240
<b>Total</b>	<u>709,893</u>	<u>20,240</u>	<u>730,133</u>
<b>NET INCOME</b>	18,338	2,608	20,946
<b>Transfers between funds</b>	<u>14,884</u>	<u>(14,884)</u>	<u>-</u>
<b>Net movement in funds</b>	33,222	(12,276)	20,946
<b>RECONCILIATION OF FUNDS</b>			
<b>Total funds brought forward</b>	993,852	23,621	1,017,473
 <b>TOTAL FUNDS CARRIED FORWARD</b>	 <u>1,027,074</u>	 <u>11,345</u>	 <u>1,038,419</u>

**MENTAL HEALTH MATTERS WALES LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020**

**10. TANGIBLE FIXED ASSETS**

	Freehold property £	Fixtures and fittings £	Totals £
<b>COST</b>			
At 1 April 2019 and 31 March 2020	<u>396,730</u>	<u>33,800</u>	<u>430,530</u>
<b>DEPRECIATION</b>			
At 1 April 2019	53,298	32,983	86,281
Charge for year	<u>7,935</u>	<u>233</u>	<u>8,168</u>
At 31 March 2020	<u>61,233</u>	<u>33,216</u>	<u>94,449</u>
<b>NET BOOK VALUE</b>			
At 31 March 2020	<u>335,497</u>	<u>584</u>	<u>336,081</u>
At 31 March 2019	<u>343,432</u>	<u>817</u>	<u>344,249</u>

**11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020 £	2019 £
Trade debtors	30,492	55,596
Other debtors	1,827	2,785
Grants receivable	41,925	38,999
Prepayments	<u>2,953</u>	<u>4,555</u>
	<u>77,197</u>	<u>101,935</u>

**12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2020 £	2019 £
Trade creditors	18,258	5,312
Social security and other taxes	11,573	11,722
Accrued expenses	<u>22,258</u>	<u>21,110</u>
	<u>52,089</u>	<u>38,144</u>



**MENTAL HEALTH MATTERS WALES LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020**

**13. MOVEMENT IN FUNDS**

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
PRPR/ Advocacy services	287,047	50,662	-	337,709
Core Funding	6,690	23,358	-	30,048
Cardiff & Vale UHB - Project 28	55,256	(11,665)	-	43,591
DBS income	599	5,168	-	5,767
General fund	23,398	(38,446)	15,048	-
Designated Capital Fund	344,249	(8,168)	-	336,081
Critical Costs	309,835	-	(15,048)	294,787
Better Together Project	-	10,769	-	10,769
Integrated Care Fund	-	4,512	(2,608)	1,904
	<u>1,027,074</u>	<u>36,190</u>	<u>(2,608)</u>	<u>1,060,656</u>
<b>Restricted funds</b>				
Community Cafe	8,737	-	-	8,737
Integrated Care Fund (ICF)	2,608	-	2,608	5,216
Cwm Taf Morgannwg UHB	-	5,202	-	5,202
	<u>11,345</u>	<u>5,202</u>	<u>2,608</u>	<u>19,155</u>
<b>TOTAL FUNDS</b>	<u>1,038,419</u>	<u>41,392</u>	<u>-</u>	<u>1,079,811</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
PRPR/ Advocacy services	505,823	(455,161)	50,662
Core Funding	173,495	(150,137)	23,358
Cardiff & Vale UHB - Project 28	82,966	(94,631)	(11,665)
DBS income	33,995	(28,827)	5,168
General fund	3,041	(41,487)	(38,446)
Designated Capital Fund	-	(8,168)	(8,168)
Better Together Project	13,000	(2,231)	10,769
Integrated Care Fund	11,979	(7,467)	4,512
	<u>824,299</u>	<u>(788,109)</u>	<u>36,190</u>
<b>Restricted funds</b>			
Cwm Taf Morgannwg UHB	6,650	(1,448)	5,202
<b>TOTAL FUNDS</b>	<u>830,949</u>	<u>(789,557)</u>	<u>41,392</u>

**MENTAL HEALTH MATTERS WALES LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020**

**13. MOVEMENT IN FUNDS - continued**

**Comparatives for movement in funds**

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.19 £
<b>Unrestricted funds</b>				
PRPR/ Advocacy services	199,385	72,778	14,884	287,047
Core Funding	-	6,690	-	6,690
Cardiff & Vale UHB - Project 28	24,832	30,424	-	55,256
DBS income	15,102	(14,503)	-	599
General fund	92,044	(68,646)	-	23,398
Designated Capital Fund	352,654	(8,405)	-	344,249
Critical Costs	<u>309,835</u>	<u>-</u>	<u>-</u>	<u>309,835</u>
	993,852	18,338	14,884	1,027,074
<b>Restricted funds</b>				
Community Cafe	8,737	-	-	8,737
Lloyds Bank Foundation	14,884	-	(14,884)	-
Integrated Care Fund (ICF)	<u>-</u>	<u>2,608</u>	<u>-</u>	<u>2,608</u>
	<u>23,621</u>	<u>2,608</u>	<u>(14,884)</u>	<u>11,345</u>
<b>TOTAL FUNDS</b>	<u><u>1,017,473</u></u>	<u><u>20,946</u></u>	<u><u>-</u></u>	<u><u>1,038,419</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
PRPR/ Advocacy services	475,958	(403,180)	72,778
Core Funding	149,360	(142,670)	6,690
Cardiff & Vale UHB - Project 28	94,824	(64,400)	30,424
DBS income	11,057	(25,560)	(14,503)
General fund	(2,968)	(65,678)	(68,646)
Designated Capital Fund	<u>-</u>	<u>(8,405)</u>	<u>(8,405)</u>
	728,231	(709,893)	18,338
<b>Restricted funds</b>			
Integrated Care Fund (ICF)	22,848	(20,240)	2,608
<b>TOTAL FUNDS</b>	<u><u>751,079</u></u>	<u><u>(730,133)</u></u>	<u><u>20,946</u></u>

**MENTAL HEALTH MATTERS WALES LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020**

**13. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.18 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
<b>Unrestricted funds</b>				
PRPR/ Advocacy services	199,385	123,440	14,884	337,709
Core Funding	-	30,048	-	30,048
Cardiff & Vale UHB - Project 28	24,832	18,759	-	43,591
DBS income	15,102	(9,335)	-	5,767
General fund	92,044	(107,092)	15,048	-
Designated Capital Fund	352,654	(16,573)	-	336,081
Critical Costs	309,835	-	(15,048)	294,787
Better Together Project	-	10,769	-	10,769
Integrated Care Fund	-	4,512	(2,608)	1,904
	993,852	54,528	12,276	1,060,656
<b>Restricted funds</b>				
Community Cafe	8,737	-	-	8,737
Lloyds Bank Foundation	14,884	-	(14,884)	-
Integrated Care Fund (ICF)	-	2,608	2,608	5,216
Cwm Taf Morgannwg UHB	-	5,202	-	5,202
	23,621	7,810	(12,276)	19,155
<b>TOTAL FUNDS</b>	<u>1,017,473</u>	<u>62,338</u>	<u>-</u>	<u>1,079,811</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
PRPR/ Advocacy services	981,781	(858,341)	123,440
Core Funding	322,855	(292,807)	30,048
Cardiff & Vale UHB - Project 28	177,790	(159,031)	18,759
DBS income	45,052	(54,387)	(9,335)
General fund	73	(107,165)	(107,092)
Designated Capital Fund	-	(16,573)	(16,573)
Better Together Project	13,000	(2,231)	10,769
Integrated Care Fund	11,979	(7,467)	4,512
	1,552,530	(1,498,002)	54,528
<b>Restricted funds</b>			
Integrated Care Fund (ICF)	22,848	(20,240)	2,608
Cwm Taf Morgannwg UHB	6,650	(1,448)	5,202
	29,498	(21,688)	7,810
<b>TOTAL FUNDS</b>	<u>1,582,028</u>	<u>(1,519,690)</u>	<u>62,338</u>

**Transfers**

The board made the decision to fund projects where funding had ceased out of core funds.



**MENTAL HEALTH MATTERS WALES LTD**

**NOTES TO THE FINANCIAL STATEMENTS - continued  
FOR THE YEAR ENDED 31 MARCH 2020**

**13. MOVEMENT IN FUNDS - continued**

**Funds**

**Unrestricted funds**

Unrestricted funds can be deployed in any way the charity sees fit, apart from designated reserves which are set aside for use in the designated projects. During the year the Board took the decision to partially fund several projects from these reserves.

**Befriending & Mentoring Scheme**

The project is for people who are over the age of 50 and have a mental health disorder and/ or a learning disability and reside in the Bridgend Borough. People who have experienced mental health related disorders or learning disabilities often find they become isolated and lonely. They frequently lose self- confidence and find it difficult to enjoy the everyday activities that many of us take for granted.

**NLCB- Big Lottery**

This fund relates to the undertaking of a celebration for World Mental Health Day.

**Sports Wales Community Chest**

This fund enabled the wellbeing centres to undertake sporting activities, such as Tai Chi, table tennis, darts, netball etc.

**Community Cafe**

This project is run in conjunction with Bridgend Association Voluntary Organisation (BAVO) to deliver the Community Companion Cafés in a number of locations throughout the County Borough of Bridgend.

**Community Voices**

The project is to increase the voices of citizens and especially those who are more marginalised in local policy and planning processes.

**14. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 March 2020.

**15. ULTIMATE CONTROLLING PARTY**

The charity is controlled by its Trustees.

**16. LEASING AGREEMENTS**

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2020 £	2019 £
Within one year	-	3,465
Between one and five years	-	-
	<u>-</u>	<u>3,465</u>

**MENTAL HEALTH MATTERS WALES LTD**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2020**

	2020 £	2019 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Investment income</b>		
Deposit account interest	3,312	2,661
<b>Charitable activities</b>		
Grants	24,983	22,848
Other income	38,692	14,190
Donations	4,259	1,738
PRPR income	225,804	258,173
SLA	<u>533,899</u>	<u>451,469</u>
	<u>827,637</u>	<u>748,418</u>
<b>Total incoming resources</b>	830,949	751,079
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	484,341	441,514
Recruitment costs	1,230	390
Travel expenses	29,995	33,311
Volunteer costs	663	985
Training costs	5,104	6,910
DBS costs	<u>22,910</u>	<u>12,610</u>
	544,243	495,720
<b>Support costs</b>		
<b>Management</b>		
Wages	142,778	135,409
Telephone & Computer Costs	31,131	18,378
Postage and stationery	12,040	12,542
Sundries	3,299	8,623
Bad debts	10,000	-
Room hire	3,525	8,786
Centre costs	3,735	14,785
General overheads	11,940	9,503
Depreciation of tangible and heritage assets	<u>8,168</u>	<u>8,405</u>
	226,616	216,431
<b>Finance</b>		
Bank charges	-	36
<b>Support costs</b>		
Auditors' remuneration	5,300	6,500
Auditors' remuneration for non audit work	2,920	2,000
Legal and Professional fees	<u>10,478</u>	<u>9,446</u>
	18,698	17,946

This page does not form part of the statutory financial statements

**MENTAL HEALTH MATTERS WALES LTD**

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2020**

	2020 <u>£</u>	2019 <u>£</u>
Total resources expended	<u>789,557</u>	<u>730,133</u>
<b>Net income</b>	<u><u>41,392</u></u>	<u><u>20,946</u></u>

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