#### REGISTERED COMPANY NUMBER: 06490001 REGISTERED CHARITY NUMBER: 1123361

# **Report of the Trustees and Financial Statements**

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for the year ended 31 March 2020

# Circles south east

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# Contents of the Financial Statements for the Year Ended 31 March 2020

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# Report of the Trustees for the Year Ended 31 March 2020

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2020. The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the financial statements and comply with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

**Reference and Administrative Details** 

Company number	06490001
Charity number	1123361
Registered office	129 Broadway Didcot Oxfordshire OX11 8XD
Trustees	J L Williams (Chair) L Fransham N Holford E Jones R Seaborne M Goldup (appointed 5 May 2020)
Chief Executive	R Saunders
Bankers	HSBC Bank plc 1 Corn Market High Wycombe Bucks HP11 2AY
Independent examiner	Azets Audit Services The Mill House Boundary Road Loudwater High Wycombe Bucks. HP10 9QN

#### Foreword by the Chair of Board of Trustees

It is my privilege for the eighth time as Chair of the Board of Trustees to present the annual report for Circles South East. The report summarises the work of the Charity up to 31<sup>st</sup> March 2020.

The Charity was established in 2008 with the following key objective: "To relieve the needs and promote the rehabilitation, treatment, education and care of persons who have committed or are likely to commit offences, particularly sexual offences, against others and the families of such persons and others affected by such offences". This is achieved through training motivated and committed volunteer members of the public. These volunteers are trained and supported by the staff of the Charity.

A significant aspect of our work is achieved through the delivery of Circles of Support and Accountability. Circles delivery is monitored and quality assured by Circles UK, the umbrella organisation which accounts to the Ministry of Justice / Her Majesty's Prison and Probation Service for Circles provision in England and Wales. Each Circles' Provider is affiliated to Circles UK via a membership scheme and must comply with a set of rigorous practice standards and requirements set out in a Code of Practice. Providers are subject to bi-annual quality reviews. Circles South East was audited in August 2019. In this audit the Charity far exceeded the compliance threshold (80%), scoring 95% compliance. This is a significant achievement and is due to the dedication and hard work of our staff team so ably led by our Chief Executive.

As noted above, a significant amount of our service is delivered through volunteers. In 2019 we were thrilled when one of our volunteers received "Commissioned Partner Volunteer of the Year", from the Hampshire Police and Crime Commissioner.

As noted in last years report, the Charity had to develop new ways of working as a result of National Probation Service's (NPS) decision to decommission Circles nationally. This has continued to lead to innovations in our practice. Our staff have shown a commendable level of adaptation.

All our partners are very important to us and without their continued support our work would not be possible. In particular I would like to extend my thanks on behalf of the Board to all those who support us financially, including statutory bodies, charitable trusts and foundations and the Big Lottery.

In March 2020 it was beginning to become evident that significant changes were afoot. The quality of the Chief Executive's leadership has meant we were quickly able to amend our way of working and continue to support our clients.

This forward is simply a flavour of our work over the past twelve months, the Annual Report goes into much more detail and I commend it to you.

John Williams

Chair Board of Trustees Circles South East

#### Structure, Governance and Management

#### Constitution

Circles South East is a charitable company limited by guarantee with company number 06490001 and incorporated on the 31<sup>st</sup> January 2008. Circles South East was registered with the Charity Commission, registration number 1123361 on 28<sup>th</sup> March 2008.

Prior to this, Circles South East was a project of the Religious Society of Friends and known as HTV Circles. On 1<sup>st</sup> April 2008, the ownership and operation of HTV Circles was transferred to the charity.

The company was established under a Memorandum of Articles which established the objects and powers of the charitable company and is governed under its Articles of Association.

#### **Board of Trustees**

The directors of the company are also charity trustees and for the purpose of charity law and under the company's articles are known as members of the Management Committee.

The Board of Trustees advertises vacancies as they arise although it is always seeking to attract new skills and strengths to assist the governance of the Charity. A selection sub group will process applications and present potential candidates to the Board for consideration and nomination for election. The Board seeks to ensure that the needs of the Charity are appropriately reflected in the diversity and experience of the Trustees.

Trustees are elected to the Board for a period of 2 years and may be recommended for re-election. One third of the Trustees are obliged to retire by rotation at each annual general meeting and may offer themselves for re-election. The Trustees to retire by rotation shall be those who have been longest in office since their last appointment.

#### Induction and Training

All newly appointed Trustees receive a detailed induction and information pack to familiarise themselves with the charity and their role as a Trustee. The Board has regular Away Days to discuss future plans and objectives and discuss their role as a Trustee. Trustees are able to visit the team and liaise with the Chief Executive of the Charity to assist their role. Training is arranged as the Board identifies specific requirements. Trustees must adhere to the Code of Conduct and be eligible for appointment as specified in the Articles of Association.

#### **Risk Management**

A Risk Register on the governance and operational activity of the charity is reviewed quarterly by the board. This ensures that the Charity has taken all reasonable precautions to reduce risk with systems in place to minimise risk and manage issues appropriately. Risk assessments are undertaken appropriately by staff on all aspects of operational activity.

#### **Organisational Structure**

Circles South East has a Management Committee of up to 15 trustees/directors who meet quarterly and are responsible for the governance and the strategic direction of the charity. The trustees are drawn from a variety of professional backgrounds relevant to the work of the charity. There are 6 subgroups underpinning the work of the charity:

- Finance & General Purpose (including a Fundraising subsection)
- Communications
- Policies, Procedures and Human Resources
- Quality & Diversity
- Innovation & Development
- Volunteer and Staff Development & Wellbeing

A scheme of delegation is in place and day to day responsibility for the management of services, strategic development and income generation is with the Chief Executive supported by the Senior Management Team which includes a Finance & Administration Manager.



**Community** – recognises the struggle to reintegrate those that cause serious sexual harm, and enables an informed and empowered response to this.

Humanity and Care – promotes respect for the core needs of all people, healing the harm created when these rights are undermined and abused.

Inclusiveness – recognises all affected parties as offering skills and having an equal role in addressing harm and creating solutions.

Honesty – respects our right to understand and respond accountably; it enables people to be part of the solution, making it sustainable and safe.

**Partnerships** – Communities, survivors, offenders, agencies and professionals all bring a range of expertise; when we collaborate and consult with them as true partners, we are greater than the sum of our parts.

Accountability – ensures ownership and achievement of goals, which empowers sustainable behaviours and is crucial for survivors, core members (CM), volunteers, colleagues and partners of Circles South East alike.

Safety – upholds and promotes the basic right to physical and emotional wellbeing for communities, individuals and colleagues.

#### **Our Purpose**

Our charity's purposes are contained in the company's memorandum of association:

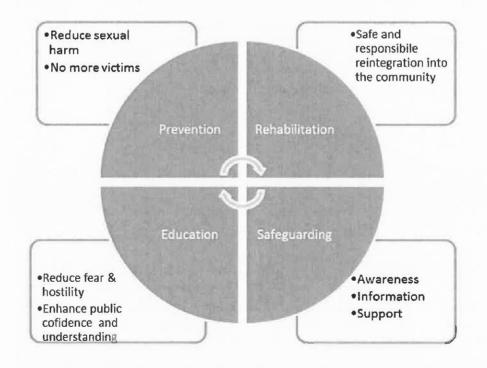
To relieve the need and promote the rehabilitation, treatment, education and care of persons who have committed or are likely to commit offences, particularly sexual offences, against others and the families of such persons and others affected by such offences.

# **Our Aims**

The Board of Trustees has determined the primary aim as: the prevention of sexual abuse and reduction in the number of new victims created. This is achieved through:

- A range of interventions to support both survivors and perpetrators in their recovery, rehabilitation and reintegration, recognising that each person has a unique set of personal circumstances and therefore will need a tailored response in order to progress.
- Reducing stigma and isolation and increasing victims, partners and families wellbeing through helping them cope, recover and make informed life choices
- Risk management provision undertaking assessment of those who have offended and those who
  may have responsibility for safeguarding.
- Awareness; education and an appetite and ability to talk about abuse, identifying appropriate and inappropriate behaviours, highlighting risk, treating all people with fairness and respect.
- Identifying motivated and committed members of the public to monitor and support persons who
  have committed or who are likely to commit sexual offences (the core member).

We aim to reduce the risk of further sexual abuse in the community and to support the wellbeing of those communities through prevention, rehabilitation, education and safeguarding;



1 Prevention: Circles South East Volunteers supported by professional staff (the Coordinator) offer a trusting and honest dialogue with core members offering support and guidance leading to a reduction in re-offending and creating safer communities.

2 Rehabilitation: Circles South East Volunteers supported by Coordinators provide support structures to reduce the emotional loneliness and social exclusion experienced by released offenders (core members) assisting in reintegration and helping achieve active, responsible and productive lives.

**3 Education:** Circles South East Volunteers assist in strengthening and empowering communities to work together in improving the understanding and reducing the fear and hostility felt by the public.

4 Safeguarding: Circles South East Volunteers and supervisory staff undertake programmes of collaboration with families of core members addressing future needs and teaching techniques of awareness to recognise symptoms of abuse and an understanding of the motivations and techniques that can be employed by potential abusers. Help for partners to develop their own support networks reducing social isolation with additional support provided by a volunteer mentor where necessary.

#### Ensuring our work delivers our aims

In addition to a review by Trustees of our aims, objectives and activities each year we are subject to audit every 24 months by Circles UK. Circles UK is the national umbrella body responsible for ensuring providers of circles comply with national standards on behalf of the Ministry of Justice. The review process examines the success of each key activity and the benefits they have brought to the core members and ensures our work delivers our aims, objectives and activities and remains focused on our stated purpose.

Consideration is given to all planned activities to ensure that they contribute to the aim and objectives we have set. The ongoing review process is facilitated through:

- the regular review of charity policies by the policy and compliance sub group of the Board.
- an ongoing review of formal Governance arrangements and charity documentation by the Board.
- an annual Data Protection Audit and health check to make sure that all aspects of the Charity's work, systems and structure fully complied with current recommendations.
- an annual review of and necessary amendments to volunteer recruitment, training and retention strategy is undertaken.
- regular review of the Board's effectiveness and decision making process.
- monitoring the achievement of outcomes through the quarterly Chief Executive and Senior Management reports to the Board of Trustees.
- evaluating the effectiveness of services (current and new) through the ongoing review of measurement tools and studies undertaken.

#### The focus of our work

Circles South East services commenced in 2002 to specifically deliver what is now a successful reducing reoffending programme (Circles of Support and Accountability or Circles), using large numbers of committed and trained volunteers to support persons who have committed sexual offences to safely reintegrate back into the community. Out of this experience, its success, and identifying the need for creating more and different approaches to reducing sexual harm, from the perspective of victims and partners as well as the offender, Circles South East has developed a number of new services. These include:

- Adaptation of Circles to groups of people with specific needs i.e. for people with Intellectual Disabilities, personality disorders, women and young people (12 to 18 years old).
- Engaging with the partners and families of people who perpetrate harmful sexual behaviour to enable them to be effective in the protection of their families.
- Extending services to all those impacted by sexual harm, including survivors who can now access free counselling and/or Thrive Support package.
- Development and delivery of training packages for other agencies dealing with the issues of sexual abuse.

The use of volunteers underpins all of our services, through the use of Volunteer Counsellors, Support Mentors and Circles Volunteers. We have a strong track record, established reputation and expertise, and committed trained community volunteers. The impact of our services can be evidenced through:

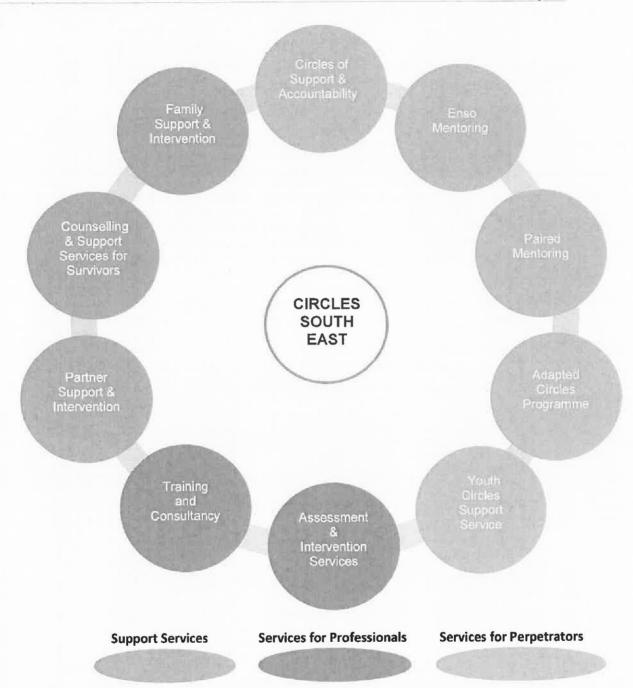
- Core Members reporting a reduction in emotional loneliness and isolation, known risk factors in predetermining sexual offending.
- Reduction in risk of sexual recidivism (Bates et al 2012).
- Reduction in minimisation and denial levels of partners and family members of sexual offenders.
- Safe structured support network for offenders that continue after end of statutory supervision.
- Reduced levels of shame and guilt for victims and partners
- Increased multi agency partnerships including active engagement of the local community.
- Increased wellbeing and self esteem for all service users.
- Evidence of increased social networks and development of appropriate relationships. CMs engaged in safe activities leading to socialisation, development of age appropriate relationships, stability and reintegration. Accessing support regarding safe accommodation, debt/finance advise, health/emotional assistance.
- Reduction in risk levels and increased ability to manage risk factors. CMs are accountable for their ongoing risk management, managing patterns of thought and behaviour that could result in their reoffending.

Circles South East are first and foremost a Public Protection Agency working with and for the community based on the principles of inclusion, restorative justice and bringing together the community to enhance public safety.

The Charity delivers a specialist resource across Oxfordshire, Berkshire and Buckinghamshire (referred to throughout as Thames Valley), Hampshire, Isle of Wight, Kent, Surrey, Sussex and London.

Staff have been trained to undertake individual service user assessments and allocate appropriate support packages, provide training and advice and to recruit, train, and manage volunteers working for the charity in the community. All volunteers working for the charity receive initial and ongoing training and are professionally supervised.

# **Core Activities**



#### **Circles of Support & Accountability**

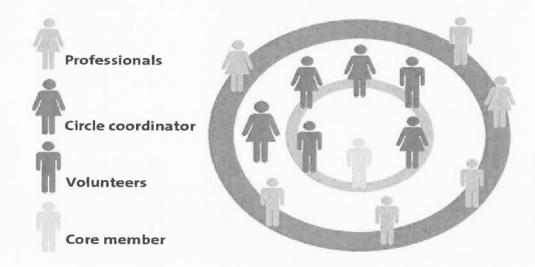
# What are Circles and how do they work

The Circles model is a complementary approach which harnesses the strengths and resources of local people to augment the statutory management of **high risk** sexual harm causers in the community, typically following release after a lengthy prison sentence. In the Circles model the offender becomes the **'Core Member'** of an 'inner Circle' made up of 4-6 trained Volunteers. The Core Member's involvement must be **voluntary**. The Circle works towards the objective of 'No More Victims' and seeks to prevent recidivism by addressing some of the key risk-factors associated with reoffending. The Circle focuses on a person's 'positives' and 'strengths' rather than his/her 'deficits' and seeks to 'include' rather than 'exclude' him/her. The Core Member is encouraged to strive to rebuild a full and meaningful life whilst managing any ongoing and potentially risky behaviour. The Circle seeks to do this by:

- Providing a safe and structured network that continues for a prolonged period of time 18 months;
- Reducing emotional loneliness and isolation, factors which are strongly linked to repeat offending;
- Assisting with the development of social and community networks;
- Assisting with a range of practical and emotional issues;
- Challenging pro-offending attitudes, beliefs and behaviours;
- · Providing additional monitoring which contributes to risk management plans and strategies.

The **'inner Circle'** works with an **'outer Circle'** comprised of the referring agency and other statutory or partnership agencies and/or other professionals who have authority over the management of the Core Member. Circles, therefore, work in close partnership with Probation and the Police and link into multi-agency public protection arrangements (MAPPA). Volunteers report any concerns to the professionals who make up the 'outer Circle' which, when necessary, will take appropriate measures to prevent the Core Member from reoffending e.g. re-call. Volunteers do not do so directly, but via a Circle Coordinator whose task it is to mediate between the 'inner' and 'outer 'Circle and so directly support and supervise the Circle process. Circle Coordinators are trained professionals with a background in risk assessment and management and the issues surrounding sexual harm.

Volunteers are rigorously screened and receive intensive training, development and ongoing support



#### The Circle

**Volunteer** - I have been a Circle Volunteer for some years now. I am just coming to the end of my fourth Circle. I have come to realise what a valuable time it is for a Core Member to have a group of people committed to helping get them back into 'normal' life. To build confidence and to help with practical things like finding jobs or if that is difficult, then finding volunteering opportunities which will build skill sets. Of course it is not all one way. As a volunteer I have benefitted so much from seeing progress in the lives of the Core Members I have worked with, a feeling of satisfaction, of having made a difference and a solid hope that there will be no further victims. I have also appreciated the mutual support of other members of the Circles and the professionalism of our Circle Co-ordinators who do a great job. •The Circle - The core member's primary goals for the Circle included becoming more trusting of others, becoming less fearful of forming relationships and increasing his confidence. At the commencement of the Circle he reported feeling socially isolated, and when not working had little to do with his time and very few people to spend time with. By the end of the Circle CM was visibly happier, more positive and far more confident. His social network had increased. He had re connected with friends, formed a team and begun attending a regular quiz night. He also reported reconnecting with some old friends from university. He reported significantly reduced levels of isolation by the end of the Circle. He stated in the End of Circle Questionnaire that he felt 'more alive' and more of a 'people person'. He described himself as 'more trusting' and 'more confident about the future and life in general.' Throughout the Circle CM's relationship with work colleagues had also improved and he presented as far more positive about his job. CM had also begun swimming regularly, something the volunteers had encouraged him to pursue throughout the Circle he presented as more optimistic about the possibility of having a relationship in the future, and less anxious and fearful about the impact of his conviction on this.

#### **Enso Mentoring & Paired Mentoring**

At the heart of Enso Mentoring is a belief that communities are key when it comes to rehabilitation and safe reintegration of those that have caused harm to others. We aim to support community members in working together to access the better, stronger parts of themselves and contribute positively to society. Through approaches which encourage acceptance, responsibility, guidance and personal development, volunteers work with individuals who are engaging with the Intensive Integrated Risk Management Service (IIRMS) – the Chiron community, to reintegrate and achieve positive goals after release from custody. Our approach values Enso Mentees as individuals and therefore the interventions offered are tailored to their specific needs. Our overall aims are to reduce the risk of further harmful behaviours by supporting Mentees to make positive steps in their lives. Each part of the model allows for genuine trusting relationships between Mentees and volunteers to be built. Our aim is to help Mentees to develop positive skills by working with other members of their communities in a safe environment, and assist them to achieve the lives they are working towards.

This Enso Mentoring model is based on the essence of Circles work – that community volunteers can help Service Users to make positive steps in their lives. Each part of the model allows for genuine trusting relationships between Service Users and volunteers to be built. Chiron Community members have regular engagement with staff members and other service users, and therefore volunteer mentoring provides a unique area of support and an opportunity to develop different types of relationships.

Our objectives are:

- Supporting Enso Mentees to engage meaningfully with the Chiron community and other professionals
- Supporting Enso Mentees to build and develop appropriate relationships
- Encouraging Enso Mentees to prioritise their health (mental and physical)
- Enabling Enso Mentees to engage in meaningful and leisure activities
- Increasing Enso Mentees' opportunities to develop new skills and interests
- Increasing Enso Mentees' self-confidence and self-management skills

# **Counselling Service**

Circles South East has recruited and trained a cohort of counsellors who offer their services free of charge. We take referrals for:

- Perpetrators of sexual abuse whose unresolved trauma is linked to their offending behaviour
- Survivors of sexual abuse
- Non-offending partners of sexual abusers
- Young people engaged in harmful sexual behaviours.

Counsellors are fully qualified with at least 100 hours of clinically supervised hours of counselling completed. Circles South East is an organizational member of British Association for Counselling and Psychotherapy.

#### Adapted Circles Programme

Following an internal survey we discovered that standard Circles were not working for the majority of Core Members who had a recognised Intellectual Disability (ID) and/or Autism. Many Core Members either left Circles early or continued to display sexually inappropriate behaviours. As a result a project was set up to adapt Circles specifically to meet the needs of this particular group of Core Members. This service has now been fully evaluated and is available across the South East and London. Alterations include:

- Language used in information packs
- Selection of volunteers
- Additional training for volunteers
- Length of model
- Materials used within Circles meetings (to reflect adapted treatment methods used within the Criminal Justice System and Health service)

#### **Youth Service**

Our Young Person (YP) service was adapted from the proven Adults Circles model; a group of community volunteers, supervised and supported by an experienced Coordinator, meeting regularly with the YP to provide a supportive social network, providing practical advice and guidance, e.g. finding appropriate social activities, and affirming the need for the YP to be 'accountable' for their on-going risk management.

Following referral and assessment (Coordinator), YP's are matched with volunteers who will deliver bespoke support, with input from parents and carers, professionals (the Outer Circle) and the YP, to achieve the best outcomes, e.g. sports, community activities, and voluntary work such as helping at an animal sanctuary.

Young People respond most positively when combining 'doing something' with exploring issues that underpin their Harmful Sexual Behaviours (HSB), relying on what interests them before expanding their repertoire. Support is for a minimum of 12 months, however, this could be more or less; our service is flexible to meet individual needs.

'I really liked having the volunteers; I had someone I could talk too about my problems.' Young Person

'It really helped. At first I didn't like the idea of having a male volunteer cos I only talk to females but Nick was ok, I could talk to him sometimes' **Young Person** 

'Thank you to the circles volunteers for their commitment and support. It's clear that without their support this young man would not receive the support he needed. Please pass on my regards.' Child Protection Chair.

Our service was the first Youth Service Circles Project. We have continued to review, reflect and develop our service and are committed to sharing this learning at all opportunities. We have been the first project to undertake a national audit with CUK and will be part of the national working group reviewing the COP in September. We are pleased to report that we achieved 100% on the audit of the youth service with no deficits being identified across operations and governance. Overall the charity scored 95% across all areas. The following is a quote from the conclusion section written by Leah Warwick, National Development Manager for CUK:

<sup>c</sup>Circles South East was the first Provider to adapt the Circles model for Young People and generously shared the findings and learning generated during the development phase of the project, to support the improvement, standardisation and subsequent dissemination of the new model across the Circles network. During the development phase Circles South East sought and received feedback from funders, subject experts and CUK and utilised this information to undertake a comprehensive review of its' YP Service. This led to the introduction of a range of new or improved systems, policies and procedures. The documents examined and interviews conducted to inform this compliance report testify to the positive progress made; supervision, support and oversight of safeguarding at all levels within the organization has improved, risk management procedures are more transparent and robust, the relative role and responsibilities of the 'inner' and 'outer' Circle are more clearly defined and enforced, volunteers are well trained, supervised and supported, family members and carers are appropriately involved and engaged with.'

#### **Assessment Services**

We provide full assessments on the following:

- · Risk assessments concerning men who have sexually abused
- Women's ability to protect their children from partners or ex-partners who have sexually abused
- Risk assessments concerning young people displaying harmful sexual behaviours.
- Family Assessments

# **Training and Consultancy**

We offer training covering on a range of topics, some examples are:

- Working with people who have committed sexual offences Level 1 and 2
- Understanding sexually abusive behaviour
- Working with denial, minimisation and blame
- Treatment methods for perpetrators of sexual abuse
- · Working with women who are in relationships with men who have sexually abused
- Safeguarding children and vulnerable adults
- Working with families/carers of young people displaying harmful sexual behaviors
- Working with families of adults who have committed sexual offences

"Absolutely fascinating. Very useful for everyday practice and also for risk assessment, practical support and understanding"

We provide consultancy to team and/or team managers where there are concerns about working in the field of sexual abuse. Consultancy can include input on organisational policy, risk management, team welfare and training needs. It can run alongside training and seminars, increasing organisations' skills and confidence.

#### Partner Support and Intervention

'Breaking the Cycle' is a programme for the non-offending partners of men who have been accused or convicted of sexual offences committed against children. The programme is delivered in both group and one-to-one formats to provide flexibility to service users. The intervention has been designed specifically to complement and support the statutory child protection process with its primary aim being to enhance and assess the protective abilities of participants.

The programme is based on 3 Key Principles:

**Inform** – To share with participants information relating to professional understanding of child sexual abuse and to help them begin to relate that information to their own particular circumstances.

**Empower** – To facilitate participants ability to contextualise their (ex)partners' offending behaviour thereby ensuring that any future decisions they may make relating to their relationship and / or their children's relationship with the offender, is an informed decision.

**Support** – To decrease the isolation felt by participants and to identify and facilitate support networks in order to strengthen the individual's ability to protect.

Partner Testimony - 'My experience with Circles South East has been very positive. Up until I was introduced to Circles I felt very isolated and alone with no support. Working with circles I have worked hard, learnt a lot and now feel I have the tools and confidence to deal with the situation. Circles have supported me throughout and have provided a mentor, who has proven to be great help both emotionally and practically. With Circles and my mentor I feel I can approach them about any issues and they will provide good sound advice and help where ever they can. At last I have someone who listens to me and works with me.'

#### **Counselling and Support Services for Survivors**

We provide counselling free to anyone affected by sexual abuse and sexual violence. All potential service users are assessed by staff as to requiring counselling to assist their ability to cope and recover and live safe and independently within the community. Our counsellors are qualified and experienced and work individually with Survivors, non-offending family members as well as perpetrators. We are organisational members of the BACP, and take referrals from organisations such as Victim Support, Childrens' and Social Services, Rape Crisis, Probation and Victim Liaison Units, GP Surgeries etc. as well as from potential clients themselves. Our counsellors work with a range of issues in order to increase clients' autonomy and ability to lead healthy and socially accepted lives.

Service users accessing the counselling service for survivors of sexual abuse report the following are improved:

- perceptions of self
- relationships to others
- philosophy of life
- sense of value
- sense of autonomy and choice

#### **Family Support and Intervention**

An early lesson to the Youth Programme was that families of young people engaging in harmful sexual behaviours in many cases also require professional input. Families can find the process of disclosure of such behaviours, and the resulting professional and personal interest in their lives intrusive and traumatic. As such when working with the young people, we have found ourselves also working with family members who are in a state of shock themselves.

Consequently Circles South East has developed a programme of work, 'Restoring the Balance', for such families. Families, and in particular parents, carers and siblings, bear the brunt of the consequences of such behaviours, often in the glare of hostile public opinion. Similarly families are often left to absorb not only the behaviour itself, but the aftermath in terms of statutory interventions and various sanctions. The underpinning principles of the programme are to educate families about harmful sexual behaviour, to support in dealing with the aftermath of disclosure, and to empower families to protect other family members and the community from such behaviour.

We have recently developed the new 'Forging the Link', programme designed to support families of adults who have committed or who are likely to commit sexual offences. We are also in the position to licence and deliver a train the trainer programme for agencies requiring this service.

#### How our activities deliver public benefit

All our activities focus on the prevention and reduction of sexual harm and improved wellbeing for the victim, the community and core members.

Circles of Support & Accountability (Circles, core delivery model) build safer communities through local volunteers working with sexual offenders to minimise alienation, support reintegration and so prevent sexual reoffending.

The activities of the charity reduce the level of fear and hostility felt by the public towards high risk sexual offenders entering local communities. The charity strengthens and empowers communities to work together, taking an active and constructive approach and increasing community cohesion.

Circles/Mentoring has a significant impact on reducing reoffending rates and risk of harm to the public.

Persons who commit sexual offences and are released into the community experience high levels of emotional loneliness and social exclusion (known risk factors) finding themselves with little support other than statutory contacts. We provide support structures through the use of trained and supervised volunteers which reduce isolation, assist offenders reintegrating appropriately into local communities, leading responsible, productive and accountable lives.

The investment made by the volunteer in their relationship with the offender has a powerful impact on their commitment to abstaining from offending and their individual wellbeing.

#### Volunteer Training and Development

At Circles SE we take our responsibility to our volunteers very seriously. Our active volunteers are provided with a minimum of quarterly group supervision and are encouraged to support each other through weekly debriefs. Individual supervision is available to develop skills, but also as a welfare check. We offer regular additional training such as Working with Individuals with Personality Disorders, Female Offenders or Managing Sexual Thinking. Once a year we invite volunteers to our flagship 'Towards Excellence Day', with 6 training session options on offer. We are in the process of developing an annual 'Mini Ted' to allow volunteers to access local training opportunities across the region and we are exploring the opportunities offered by technology such as online training courses. Our volunteers are invited to undertake a recognised National Open College Network Qualification, which they can complete free of charge. We encourage our experienced volunteers to act as mentors to the newer volunteers, appointing Circles 'Ambassadors' who participate in volunteer recruitment and training.

A recent review of volunteer training evaluation forms evidenced: '94% volunteers stated that training had increased their awareness of sexual offending with 96% stating that training had increased their skills and confidence to address sexually harmful behaviour.

**Circle Volunteer** - " I volunteered for Circles in the hope that this work would contribute towards my continuing professional development. The initial two-day training for volunteers was intensive. It was backed up with relevant reference literature, and equipped us to begin learning through experience. I gradually came to appreciate that the differences in our working backgrounds, cultures and temperaments seemed to create a balanced perspective within each circle I was part of. This process of social learning is complemented by a range of further and additional training offered via Circles by experts in the field. Supervision takes place regularly to provide a space in which conflicts or difficulties can be resolved and strategies can be agreed, enabling volunteers to work safely in partnership with Probation Services and the Police. Circles Coordinators are very experienced, skilled and supportive professionals who genuinely value their volunteers. The benefits of this work with Circles have certainly exceeded my modest expectations two years ago"

Our Volunteer Pathway Lead ensures volunteer's wellbeing and development:

- Ensuring consistency across all areas of support, training and practice for volunteers
- Increasing recruitment and retention of volunteers
- Improving diversity of volunteers and reviewing recruitment strategy to address this
- Increase level of communication between charity and volunteers to increase sense that volunteers are part of the charity and not just their local project.

#### What we achieved in the year to 31 March 2020

Throughout the last 12 months we have been working hard on the following objectives. We continue to address outstanding areas and recognise the current public heath crisis will impact on our targets for 2020-2021:

- Development of new Strategic Plan for 2020-2023
- · Implementation of new infrastructure to support effective governance
- We have undertaken a full review of Volunteer Training and Development Package across all services
- Review of current fundraising and income diversification strategy and support understanding our strengths and capacity for development
- Review of New Services Business plan and strategy to secure social investment and guidance on the potential next steps available for the charity
- Options appraisal of potential fundraising audiences
- Work on identifying recommended areas of growth both short and long term identifying existing and potential sources of support
- We have undertaken a full review of our Performance Framework for individual services and for the charity. A new framework will shortly be implemented.
- · We have continued implementing the Quality Assurance Strategy across all services
- There has been a full implementation of revised Policies and Procedures across all services
- Continued to work towards securing continuation of funding arrangements with the National Probation Service across all delivery areas. This has resulted in expansion of the secondment model to new areas with 5 Circle Coordinators seconded to the National Probation Service
- Continued to explore co-commissioning options between the National Probation Service and Police & Crime Commissioners as effectively demonstrated with our Surrey joint commissioning model
- Further promotion and expansion of Reducing Sexual Harm Community Hub Support Services including ongoing work on funding applications to support development
- We have established a Service user engagement group which continues to support service delivery development
- We have commenced the design and development of a new messaging platform for Circles and are working with tech provider to produce a viable product for testing. We wish to provide effective real time support between volunteers and core members and hope this new tech grant may support this development
- We continue to focus on increasing accessibility and inclusivity to our services and establishing
  overlap across pathways of support and intervention and developing models of engagement
- We have continued to grow and develop our training, assessment and consultancy services delivering Level 1 and Level 2 training programmes to external agencies.
- We have continued to develop our family support work to ensure we can support families if young people and adults.

We have recruited and trained 180 volunteers throughout the last 12 months with a further 54 volunteers waiting for training at the end of March 20. We have a total of 554 volunteers on our database and 117 volunteers attended supplementary training events throughout the year.

73 new Circles have been established over the last 12 months. There were an additional 10 Enso Mentoring case operational.

36 service users accessed our partner, family and counselling services throughout the year.

Between April 19– September 19 there were 88 Circles in operation with a total of 19 closures, between October 19 and March 20 there were 89 Circles operational with 17 closures.

A total of 27 Circles were pending set up at the end of March 2020.

# **Project Example**

#### London Circles Project 19-20

50 Circles were operational between April 19 and March 20:

- 28 Operational at the end of March 20
- 21 New starts throughout the 12 months
- 22 Completed Circles
- 171 Circle volunteers registered in London in March 20

At the end of March 20:

- > 84% of Core Members had not reoffended in the last 6 months
- > 82% of Core Members reported reduced levels of isolation and loneliness
- > 80% of Core Members evidenced increased wellbeing levels
- > 70% of Core Members demonstrated increased self management skills
- > 88% of Core Members demonstrated increased pro-social behaviour
- > 66% of Core Members improved their managements of their mental health
- > 36% of Core Members engaged in volunteering opportunities in the community
- > 32% of Core Members were in education, training or employment

#### **Financial Review**

#### We are grateful to the following for funding:

Statutory Funding;

- National Probation Service
- Hampshire Police
- Hampshire Police & Crime Commissioners Office
- Kent Police & Crime Commissioners Office
- Surrey Police & Crime Commissioners Office
- Thames Valley Police
- Thames Valley Police & Crime Commissioners Office

Charitable Trusts and Foundations;

- AS Charitable Trust
- Charles Hayward Foundation
- City Bridge Trust
- Comic Relief
- Esmee Fairbairn Foundation
- Garfield Weston Foundation
- Porticus UK
- Rayne Foundation
- Tudor Trust

#### Others;

Circles UK (funded by The Big Lottery Fund)

#### Financial Performance during the year

Income received during the year of £949,854 (2019: £954,070) was slightly lower than the previous year. Spending at £981,623 (2019: £975,895) showed a small increase over the previous year. This resulted in a deficit for the year of £31,769 compared to a deficit in the previous year of £21,825.

#### **Reserves Policy**

Circles South East needs to have reserves because of the complex and short-term nature of its funding arrangements. The charity is largely dependent on institutional funders and public sector commissioners to provide the services to its beneficiaries. This funding is therefore subject to shifting policy considerations, political decision-making, and the risk inherent in constant public sector reorganisation. Each of the funding streams that the Charity relies upon may not be renewed due to these factors or may need to be renegotiated. Historically this funding has been very short-term, with guarantees provided for 12 or 24 months, and the Charity has experienced several changes in the principal commissioning arrangements for its services. In particular the new governance and funding arrangements introduced in relation to the delivery of probation services have yet to settle down, and this creates particular financial risks for the charity. The reserves are therefore required in order to allow time for a renegotiation of the contracts to ensure stability of service provision or to allow for the services to be run down to an appropriate level requisite with the funding available in an ordered way.

For the purposes of calculating the target level of reserves we have worked on the following scenario:

a) That all funding beyond a small amount to retain a basic infrastructure to allow the organisation to continue to exist is withdrawn.

b) That the organisation has 3 months after the funding is withdrawn to wind down its activities to this level.

The multiple funding streams linked to different service delivery makes this a very unlikely scenario.

Based on the budget agreed for the following year we estimate the reserves requirement on this basis to be approximately £250,000. Actual reserves which are wholly unrestricted, stood at £26,330 at the end of March 2020. This represents a shortfall to the reserves requirement of £223,670. Reserves can be generated from the contract income and from fees levied for the provision of services. In order to build reserves up to the required level the Charity will transfer any surplus funds to reserves that it is free to do so, and not draw upon these during the financial year until the target level is reached, unless a convincing business case can be constructed which illustrates that current investment of these funds will in the medium-term generate more funds in return and thereby improve the overall reserves position within a reasonable timeframe. The charity has aims to add £35,000 to reserves each year. Once the Reserves Requirement is reached the Charity will monitor on a quarterly basis the revised reserves target and this will be part of the quarterly report produced for the Board. The basis for setting the reserves target will be reviewed annually.

The Trustees are aware the reserves level at 31 March 2020 are inadequate and there were a number of contributing factors experienced during the year:

- There were significant delays with a number of funding applications that were due in 19-20.
- NPS commissioning arrangements at the time of approving the budget changed and resulted in lower income secured at a later period within the financial year which therefore reduced our projected income figure
- Negotiations on spot purchase contracts attached to the youth programme were delayed
- Contract negotiations where a commitment had been provisionally given did not proceed due to uncontrollable factors
- The emergence of Covid-19 led to a number of applications being placed on hold at the end
  of the financial year alongside a reduction in our projected income due to postponed training
  events.

We therefore took the following steps with the 20-21 budget taking into consideration Covid-19 and the need to produce a viable and realistic budget for 20-21 that would result in a surplus for the charity so that our reserves could be built back up again:

- Reduced our planned income and expenditure for 20-21 and produced a new Covid-19 Budget showing a surplus
- Adopted new approach to the development of the budget following guidance received from our financial consultation in 19-20
- Applied for additional Covid-19 funding opportunities to support our contingency plans and future Recovery Strategy
- We have engaged with current funders and sought flexibility where applicable
- We have continued to apply for core funding costs where opportunities are available
- We have adjusted our delivery of training and assessment work to ensure we can still undertake some work and generate a contribution to reserves
- We are focused on continuing to make savings as we implement the Recovery Strategy
- We are committed to learning throughout this period and have undertaken consultation with staff and volunteers on what changes to practice we can continue to deliver post Covid-19. An example of this is moving to a blended approach to volunteer training. Training will now be a combination of online and face to face delivery. This will have an impact on reducing costs for training and a reduction in staff time

We are undertaking regular communication with our statutory Contract Managers to try and ensure contingency arrangements are in place for funding at this time. This is specifically relevant due to the new commissioning arrangements that are coming into place.

#### Plans for Future Years

At the end of the March 2020 we entered what we project to be a very challenging and complex period of delivery as we navigate a national pandemic. We anticipate we will be managing huge variables across all areas of our work. It is our intention to move forward with an open and transparent process for our service users, volunteers and stakeholders. We are committed to continuing to deliver and maintain support for all service users attached to the charity. We will not close any support provision at this current time and will seek to find new and innovative ways to provide support to help manage increased isolation and loneliness levels for our service users. We remain committed to the wellbeing and development of our staff and volunteers. At the end of March we had 135 service users engaged with the charity. We will therefore be focused on the following in the coming months:

Contingency and Recovery Planning

- · Review and adaption of service delivery
- Review and adaption of policies and procedures
- Adaption of volunteer training to online delivery
- Increasing staff resources to manage capacity

We propose to focus on the following areas over the next 12 months recognising that it may not be achievable in the current context we are operating in:

- Implement new Strategic Plan for 2019 2022 which has been developed over the last 12 months with the Senior Management Team and Board of Trustees
- Prepare for the enhanced role of the voluntary sector in supporting the National Probation Service following reunification in June 2021
- Prepare to register on the Dynamic Framework from June 2020
- Secure renewal of the NPS secondment arrangements to ensure a smooth transition to new commissioning arrangements post March 2021
- Implement new Finance Strategy including the new Options Appraisal process
- Continue to support the Service User Engagement Group ensuring our service user voice is heard throughout our work and development
- Build on the success of the Tech v Abuse grant and consider ongoing development and evaluation of the messaging platform
- Establish a Female Development Lead to focus on our strategic objectives for our services for women and girls

- Establish a Female Development Lead to focus on our strategic objectives for our services 5 for women and girls
- Completion of Insight Pilot Project which is a service specifically for men who commit rape . that is motivated by anger
- Completion of the new Circles Reconviction Study .
- Continued development of family support package (group work and one to one)
- Develop the education and preventative role of the charity ensuring communities are . educated, informed and empowered
- Explore the restorative nature of volunteering building on pending research
- Continue to provide bespoke and tailored interventions and support for those affected by sexual harm
- To build strong partnerships with external agencies to ensure smooth onward referral for service users wishing to access additional interventions not provided by the charity
- To explore opportunities for prior service users to volunteer in various capacities

Approved by order of the board of trustees and signed on its behalf by:

. Willia

J 1/ Williams - Chair of Trustees

107/01/2021 Date

I report to the trustees on my examination of the accounts of Circles South East (the Company) for the year ended 31 March 2020 which are set out on pages 22 to 30.

#### Responsibilities and basis of report

As the charity trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

# Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales (ICAEW), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

(1) accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or

(2) the accounts do not accord with those records; or

(3) the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or

(4) the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable In the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report In order to enable a proper understanding of the accounts to be reached.

Signed Christopher Nisbet

Date: 21 January 2021

Mr C J Nisbet Azets Audit Services The Mill House Boundary Road Loudwater High Wycombe Bucks. HP10 9QN

# **Statement of Financial Activities** (including Income and Expenditure Account) for the Year Ended 31 March 2020

				2020			2019
		Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Total funds
No	tes						
NCOME							
Donations							
Statutory agencies		404,769	-	404,769	290,444		290,444
Charities		-	144,239	144,239	5,000	463,443	468,443
Trusts and foundations		289,900	25,000	314,900	22,500	50,000	72,500
Other donations		5,341	-	5,341	39,169	-	39,169
ncome from Charitable Activities	5						
Partner support and intervention		45,615	-	45,615	52,749	-	52,749
Other		34,971	-	34,971	30,732	-	30,732
nvestment income		19	-	19	33	-	33
Fotal	3	780,615	169,239	949,854	440,627	513,443	954,07
EXPENDITURE							
Charitable Activities		646.131	169.239	815,370	353,890	447,614	801,50
Charitable Activities Circles		646,131 57.785	169,239 -	815,370 57,785	353,890 -	447,614 65,829	•
Charitable Activities Circles Counselling		57,785	169,239 - -		,		65,82
Charitable Activities Circles			-	57,785	-		65,82 53,35
Charitable Activities Circles Counselling Partner support and intervention Youth	3	57,785 49,913		57,785 49,913	53,359		65,82 53,35 55,20
Charitable Activities Circles Counselling Partner support and intervention Youth Total	3	57,785 49,913 58,555	-	57,785 49,913 58,555	53,359 55,203	65,829 - -	801,50 65,82 53,35 55,20 975,89 (21,825
Charitable Activities Circles Counselling Partner support and intervention Youth Total Net Movement in Funds		57,785 49,913 58,555 812,384	- - 169,239	57,785 49,913 58,555 981,623	53,359 55,203 462,452	65,829 - -	65,82 53,35 55,20 975,89
Counselling Partner support and intervention		57,785 49,913 58,555 812,384	- - 169,239	57,785 49,913 58,555 981,623	53,359 55,203 462,452	65,829 - - 513,443 -	65,82 53,35 55,20 975,89 (21,825

All recognised gains and losses are included in the statement of financial activities. The results for the year all relate to continuing activities. The notes form part of these financial statements.

#### Balance Sheet At 31 March 2020

		Unrestricted funds	Restricted funds	2020 Totai funds	2019 Total funds
FIXED ASSETS	Notes	£	£	£	£
Tangible assets	7	7,344	-	7,344	7,079
CURRENT ASSETS Debtors					
Cash at bank and in hand	8	78,796 2,755	-	78,796 2,755	109,647
		81,551	-	81,551	<u>14,953</u> 124,600
CURRENT LIABILITIES Creditors amounts falling due within one year	9 _	62,565	-	62,565	73,580
NET CURRENT ASSETS		18,986	-	18,986	73,580
TOTAL ASSETS LESS CURRENT LIABILITIES		26,330	-	26,330	58,099
TOTAL NET ASSETS	-	26,330	-	26,330	58,099
THE FUNDS OF THE CHARITY Unrestricted funds	11				30,099
Restricted funds				26,330	58,099
TOTAL			-		~
			-	26,330	58,099

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 relating to small companies.

- The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2020 in accordance with Section 476 of the Companies Act 2006.
- The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the provisions applicable to small companies to the small companies regime of the Companies Act 2006 and with the Financial Reporting Standard 102 SORP.

The financial statements were approved by the Board of Trustees and were signed on its behalf by:

J L(Williams -Chair of Trustees

19/01/2021 Date

Circles South East is a registered company number: 06490001

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# Statement of Cash Flows For the Year Ended 31 March 2020

General £Restricted £Total £Total £Net Movement in Funds $\pounds$ $\pounds$ $\pounds$ $\pounds$ Depreciation2,668-2,6682,191(Increase) Decrease in Debtors30,850-30,850(30,342)Increase (Decrease) in Creditors $(11,015)$ - $(11,015)$ 26,681Net Cash provided by (used in) Operating Activities $(9,266)$ - $(9,266)$ $(23,295)$ Cash Flows from Investing Activities $(2,932)$ - $(2,932)$ $(440)$ Net Cash provided by (used in) Operating Activities $(12,198)$ - $(12,198)$ $(23,735)$ Cash and cash equivalents at the beginning of the year $(12,198)$ - $(12,198)$ $(23,735)$ Cash and cash equivalents at the end of the year $2,755$ - $2,755$ $14,953$	Reconciliation of net income/(expenditure) to net cash flow from Operating Activities			2020	2019
Net Movement in Funds(31,769)(21,825)Depreciation2,668-2,6682,191(Increase) Decrease in Debtors30,850-30,850(30,342)Increase (Decrease) in Creditors(11,015)-(11,015)26,681Net Cash provided by (used in) Operating Activities(9,266)-(9,266)(23,295)Cash Flows from Investing Activities(2,932)-(2,932)(440)Net Cash provided by (used in) Operating Activities(2,932)-(2,932)(440)Increase (Decrease) in cash and cash equivalents(12,198)-(12,198)-(23,735)Cash and cash equivalents at the beginning of the year(12,198)-(12,198)-(23,735)Sash and cash equivalents at the beginning of the year14,953-14,95338,688					
Depreciation2,668-2,6682,191(Increase) Decrease in Debtors30,850-30,850(30,342)Increase (Decrease) in Creditors(11,015)-(11,015)26,681Net Cash provided by (used in) Operating Activities(9,266)-(9,266)(23,295)Cash Flows from Investing Activities(2,932)-(2,932)(440)Net Cash provided by (used in) Operating Activities(2,932)-(2,932)(440)Net Cash provided by (used in) Operating Activities(12,198)-(12,198)(23,735)Cash and cash equivalents at the beginning of the year(12,198)-(12,198)(23,735)Cash and cash equivalents at the beginning of the year14,953-14,95338,688	Net Movement in Funds	-	<i>L</i> _		1
Increase (Decrease) in Creditors(11,015)-(11,015)26,681Net Cash provided by (used in) Operating Activities(9,266)-(9,266)(23,295)Cash Flows from Investing Activities(2,932)-(2,932)(440)Net Cash provided by (used in) Operating Activities(2,932)-(2,932)(440)Increase (Decrease) in cash and cash equivalents Cash and cash equivalents at the beginning of the year(12,198)-(12,198)(23,735)Increase (Decrease) in cash and cash equivalents Cash and cash equivalents at the beginning of the year(12,198)-(12,198)(23,735)Increase (Decrease) in cash and cash equivalents Cash and cash equivalents at the beginning of the year(12,198)-(12,198)(23,735)Increase (Decrease) in cash and cash equivalents Cash and cash equivalents at the beginning of the year(12,198)-(12,198)(23,735)Increase (Decrease) in cash and cash equivalents Cash and cash equivalents at the beginning of the yearIncrease(12,198)-(12,198)(23,735)Increase (Decrease) in cash and cash equivalents Cash and cash equivalents at the beginning of the yearIncrease(12,198)-(12,198)IncreaseIncrease (Decrease) in cash and cash equivalents 	Depreciation	2,668	-		
Increase (Decrease) in Creditors(11,015)- (11,015)26,681Net Cash provided by (used in) Operating Activities(9,266)- (9,266)(23,295)Cash Flows from Investing Activities(2,932)- (2,932)(440)(Purchase) of tangible fixed assets(2,932)- (2,932)(440)Net Cash provided by (used in) Operating Activities(2,932)- (2,932)(440)Increase (Decrease) in cash and cash equivalents(12,198)- (12,198)(23,735)Cash and cash equivalents at the beginning of the year(14,953)- 14,95338,688	(Increase) Decrease in Debtors	30,850	-	30,850	(30,342)
Net Cash provided by (used in) Operating Activities(9,266)-(9,266)(23,295)Cash Flows from Investing Activities (Purchase) of tangible fixed assets Net Cash provided by (used in) Operating Activities(2,932)-(2,932)(440)Increase (Decrease) in cash and cash equivalents Cash and cash equivalents at the beginning of the year(12,198)-(12,198)-(23,735)14,953-14,953-14,95338,688	Increase (Decrease) in Creditors	(11,015)	-	(11,015)	
(Purchase) of tangible fixed assets(2,932)-(2,932)(440)Net Cash provided by (used in) Operating Activities(2,932)-(2,932)(440)Increase (Decrease) in cash and cash equivalents Cash and cash equivalents at the beginning of the year(12,198)-(12,198)(23,735)14,953-14,953-14,95338,688	Net Cash provided by (used in) Operating Activities	(9,266)	-		
Net Cash provided by (used in) Operating Activities(1,197)Increase (Decrease) in cash and cash equivalents(2,932)-(12,198)-(12,198)Cash and cash equivalents at the beginning of the year14,953-14,953-14,953	Cash Flows from Investing Activities				
Net Cash provided by (used in) Operating Activities(2,932)-(2,932)(440)Increase (Decrease) in cash and cash equivalents(12,198)-(12,198)(23,735)Cash and cash equivalents at the beginning of the year14,953-14,95338,688	(Purchase) of tangible fixed assets	(2,932)	-	(2.932)	(440)
Cash and cash equivalents at the beginning of the year 14,953 - 14,953 38,688	Net Cash provided by (used in) Operating Activities	(2,932)	-		
		(12,198)	_	(12,198)	(23,735)
Cash and cash equivalents at the end of the year 2,755 - 2,755 14,953		14,953	-	14,953	38,688
	Cash and cash equivalents at the end of the year	2,755	-	2,755	14,953

#### Notes to the Financial Statements for the Year Ended 31 March 2020

#### 1. ACCOUNTING POLICIES

#### Accounting convention

The financial statements have been prepared in accordance with the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charitable company is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charitable company. Monetary amounts in these financial statements are rounded to the nearest  $\pounds$ . The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below;

#### a) Charity information

Circles South East is a private company limited by guarantee incorporated in England and Wales. The registered office is Baptist House, 129 Broadway, Didcot, Oxfordshire. OX11 8XD

#### b) Incoming resources

All income is included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

#### c) Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Support costs are allocated to activities on the basis of time spent. Governance costs include the costs of Trustees meetings, accountancy fees and professional fees.

#### d) Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 15% on reducing balance
Computer equipment	- 25% on reducing balance

#### e) Taxation

The charity is exempt from corporation tax on its charitable activities.

#### f) Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

#### g) Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

#### Notes to the Financial Statements - continued for the Year Ended 31 March 2020

#### h) Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. In making this assessment, the trustees have considered the impacts and expected future impacts of the Covid-19 pandemic on both the charity and the environment in which it operates. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 2. INVESTMENT INCOME

	2020	2019
	£	£
Deposit account interest	19	33
Deposit account interest		

# 3. ANALYSIS OF EXPENDITURE

Charitable Activities	Staff costs	Other direct costs	Support costs	2020 Total	2019 Total
	£	£	£	£	£
Circles	618,478	143,774	53,118	815,370	801,504
Counselling	37,355	16,495	3,935	57,785	65,829
Partner support and intervention	40,690	5,944	3,279	49,913	53,359
Youth	40,770	12,539	5,246	58,555	55,203
	737,293	178,752	65,578	981,623	975,895

#### **ANALYSIS OF SUPPORT COSTS**

	Circles	Counselling	Partner support and intervention	Youth	2020 Total
	£	£	£	£	£
Office Costs	30,859	2,286	1,905	3,048	38,098
Insurance	8,524	631	526	842	10,523
Communication and IT	12,159	901	751	1,201	15,012
Governance	1,575	117	97	156	1,945
	53,117	3,935	3,279	5,247	65,578

#### 4. NET MOVEMENT OF FUNDS IS AFTER CHARGING

	2020	2019
	£	£
Independent Examiner's Fees	1,945	1,920
Depreciation	2,668	2,191

#### Notes to the Financial Statements - continued for the Year Ended 31 March 2020

## 5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2020 (2019: £Nil)

2020 £ 41	2019 £ 465
2020	2019
£	£
	620,196 60,114
42,984	41,796
737,293	722,106
	£ 41 2020 £ 633,109 61,200 42,984

No employee received employment benefits (excluding pension costs) in excess of £60,000. The key management personnel of Circles South East comprise the Trustees and the Chief Executive. The total employee benefits of the key management personnel (including pension costs) were £64,971 (2019 £64,293).

The average number of staff employed during the year was as follows:		
Number of Co-ordinators	15	13
Number of Administration Staff	3	3
Number of Management Staff	1	1
	19	17

14

2

1

17

12

2

1

15

The average number of staff full-time equivalent staff employed during the year was as follows: Number of Co-ordinators Number of Administration Staff Number of Management Staff

7. TANGIBLE FIXED ASSETS

	Fixtures and fittings	Computer equipment	Total
COST	£	£	£
At 1 April 2019	4,277	23,169	27,446
Additions	-	2,932	2,932
Disposals		2,904	2,904
At 31 March 2020	4,277	23,198	27,475
DEPRECIATION			
At 1 April 2019	3,219	17,148	20,367
Charge for year	158	2,510	2,668
Disposals	_	2,904	2,904
At 31 March 2020	3,377	16,754	20,131
NET BOOK VALUE			
At 31 March 2020	900	6,444	7,344
At 31 March 2019	1,058	6,021	7,079

#### Notes to the Financial Statements - continued for the Year Ended 31 March 2020

# 8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

Grants due Other debtors	£ 75,431	£
	75,431	405 500
		105,520
	3,365	4,127
	78,796	109,647
9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR	2000	0010
	2020	2019
	2	L 10.005
Trade creditors	15,397	16,625
Taxation and social security	14,255	17,187
Other creditors	32,913	39,768
	62,565	73,580

# 10. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed:

	Equipment £	Property £	2020 £	2019 £
Payable within one year	2,135	23,800	25,935	25,935
Payable one year to five years	1,068	59,500	60,568	86,503

#### **11.MOVEMENT IN FUNDS**

	At 1.4.19 £	Income £	Expenditure £	At 31.3.20 £
Unrestricted Funds				
General fund	25,605	85,947	85,222	26,330
National Probation Service SSE Region	32,494	137,576	170,070	-
National Probation Service SWSC Region	-	18,809	18,809	-
NPS London Division	-	88,680	88,680	-
Thames Valley Police	-	22,500	22,500	-
Thames Valley PCC	-	25,464	25,464	-
Surrey PCC	-	39,689	39,689	-
Hampshire Police	-	26,250	26,250	-
Hampshire Community Safety Fund	-	15,000	15,000	-
Kent PCC	-	30,800	30,800	-
Rayne Foundation	-	10,000	10,000	-
Esmee Fairbairn Foundation	-	119,900	119,900	-
Tudor Trust	-	30,000	30,000	-
Garfield Weston Foundation	-	20,000	20,000	-
Charles Hayward Foundation	-	25,000	25,000	-
AS Charitable Trust	-	20,000	20,000	
PorticusUK	-	40,000	40,000	-
City Bridge Trust	-	25,000	25,000	-
	58,099	780,615	812,384	26,330

# Notes to the Financial Statements - continued for the Year Ended 31 March 2020

# 11. MOVEMENT IN FUNDS - continued

58,099	949,854	981,623	26,330
-	169,239	169,239	-
-	25,000	25,000	-
-	23,347	23,347	-
-	1,500	1,500	
	119,392	119,392	-
		- 1,500 - 23,347 - 25,000 - 169,239	- 1,500 1,500 - 23,347 23,347 - 25,000 25,000 - 169,239 169,239

#### **Unrestricted Funds**

General Funds are provided for Management salaries and Support Services.

Other Undesignated Funds are received to further the work of providing Circles and other related services such as Counselling, Assessment, Training and Partner Support.

#### **Restricted Funds**

#### Circles UK

Circles South East was part of a 4 year Circles UK national consortium project, 'Completing the Circles' contracted to provide Circle Projects in London and Northamptonshire. This project ended in October 2019.

#### Comic Relief

This funding, now in the final year of a three year grant is to support the Youth Service Pilot Project providing services for young people displaying harmful sexual behaviour.

# Circles (UK) Accreditation

Funding provided by Circles UK to provide accredited training for volunteers.

#### **Rayne Foundation**

A grant to support the Youth project.

# 12. RELATED PARTY DISCLOSURES

£1,102 (2019: nil) was paid during the year to Rebecca Seaborne (a Trustee) for consultancy services relating to operational activities.

£1,080 (2019: nil) was paid to Change Point for consultancy services related to operational activities. Lydia Fransham (a Trustee) is a Director of Change Point.

Both the above payments are permitted by sub-clause (5) of the Memorandum of Association and the trustees have followed the procedure and observed the conditions set out in sub-clause (6) of this clause.

## Notes to the Financial Statements - continued for the Year Ended 31 March 2020

# 13. POST BALANCE SHEET EVENT

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The global COVID pandemic emerged just before the balance sheet date of 31 March 2020, however it had very little impact on the 31 March 2020 financial statements, the impact has been seen post year end. The effects of the pandemic do not result in any adjustment being needed to the value of assets and liabilities at the balance sheet date.

The Trustees remain confident that they will be able to overcome the short-term operational difficulties that are affecting operations and as a consequence these accounts have been prepared on a going concern basis.