

SURVIVE
(Support for Survivors of rape and sexual abuse)

(A Company Charity limited by guarantee)

Annual Report & Financial Statements
for the year ended

31st March 2020

(Registered Charity Number: 1069129)
(Registered Company Number: 3455000)

outsourcE

Charity accounts preparation & independent examination
service

Trustees' Annual Report

From: 1st April 2019

To: 31st March 2020

The Board of Trustees, who are also Directors of the charity for the purpose of the Companies Act 2006, present their annual report and financial statements for the year ended 31st March 2020. The financial statements comply with the Companies Act 2006 and Accounting and Reporting by Charities, Statement of Recommended Practice (SORP 2019).

Charity's full name	Survive (Support For Survivors Of Rape And Sexual Abuse)
Registered Company number	3455000
Registered Charity number	1069129

Objectives and activities

Summary of the purposes of the charity set out in its governing document

We seek to support men and women who have experienced rape, sexual assault as adults or sexual abuse in childhood. We aim to enable them to make sense of their experiences and to assist them with making choices that are right for them as individuals. Additionally, we raise awareness of the relevant issues in the wider community

Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts

Helpline - Anonymous and supportive helpline.

1:1 Meetings- Offering both emotional and practical face to face support.

Library Service -Borrow specialist books about rape and recovery free of charge for up to 1 month.

Counselling -Our counsellors understand the complexities of Surviving sexual violence and abuse. They work with post traumatic stress disorder, dissociative conditions, complex trauma, depression and anxiety in a safe and confidential setting.

Groups - pre and post counselling, information sharing, workshops as well as some craft and well-being groups such as yoga

The trustees consider that they have complied with their duties to have due regard to the public benefit guidance published by the Charity Commission.

Achievements and performance

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.

No. of Clients - 530

No

in groups – 135

No of initial appointments - 256

1:1 support sessions – 1112

1:1 counselling sessions - 2794

No. support related calls - 1089

Financial review

Review of the charity's financial position at the end of the period+A58:M73

A small deficit has been made this year, thus reducing reserves. Reserves are still at a level sufficient for the organisation.

Statement explaining the policy for holding reserves stating why they are held

The Trustees have considered the level of free reserves that the charity will require to sustain its operation in the future. Free reserves exclude those represented by fixed assets and restricted funds. At March 2020 free reserves amounted to £55,616 which meets our target of sufficient funds to meet (4 - 6 months expenditure). Whilst the current level of reserves may prove sufficient it is the Trustees' view that it is prudent to ensure that there are sufficient free reserves to provide financial flexibility.

Amount of reserves held

£55,616 unrestricted reserves. £15,000 of this is designated for redundancy costs.

Reasons for holding zero reserves

N/A

Funds materially in deficit

n/a

Explanation of any uncertainties about the charity continuing as a going concern

N/A

Structure, governance and management

Description of the charity's trusts

Type of governing document

Memorandum and Articles of Association

How the charity is constituted

Charity, Company Limited by Guarantee

Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees Elected by members

Reference and administration details

Charity's full name Survive (Support For Survivors of Rape And Sexual Abuse)

Other names the charity is known by Survive

Charity's principal address 2nd Floor
25 Micklegate,
York

Postcode YO1 6JH

Names of the trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
Janina Pirozek	Chair		
Liz Lockey	Treasurer	to December 2019	
Peter Meek	Deputy Chair	from January 2020	
Joanna Dent	Treasurer	from January 2020	
Sue Andrew		to March 2020	
Jenny Bell			
Ann Morgan			

Corporate trustees – names of the directors at the date the report was approved

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year
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Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Name of Company Secretary

Name	Dates acted if not for whole year
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Name of chief executive or names of senior staff members

Dani Wardman 1st April 2019 - 31st January 2020

Trustee responsibilities in relation to financial statements

Company law requires the directors (trustees) to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company and of the income and expenditure of the company for the year. In preparing those financial statements, the directors (trustees) are required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles of the Charities SORP
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue on that basis.

The directors (trustees) are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Members of the Board of Trustees, who are Directors for the purpose of company law, and Trustees for the

Disclosure of information

In so far as the Trustees are aware:

- There is no relevant information of which the Charity's Independent Examiner is unaware;
- The Trustees have taken the necessary steps to be aware of the information, which would be relevant for independent examination purposes and have communicated them to the Independent Examiner.

Exemptions

The trustees have taken advantage of the exemption available to small companies, including the audit exemption (as detailed on the balance sheet).

Declaration

The trustees declare that they have approved the Trustees Annual Report and Accounts

Signed on behalf of the charity's trustees

Signature

Full Name

Position

Date

A Lockey
ELIZABETH ANNE LOCKEY
CHAIR OF TRUSTEES
3/12/20

Independent examiner's report to the trustees of Survive

I report on the accounts of: **Survive(Support for Survivors of rape and sexual abuse)**
for the year ended: **31st March 2020** which are set out on pages 6 to 16.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

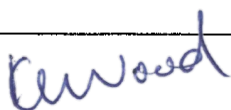
Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 386 of the Act; or
- 2 the accounts do not accord with those records
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Karen Wood (ACMA)

Outsource independent examination
The Hiscox Building
Peasholme Green
York YO1 7PR

05/12/2020

Date:

SURVIVE
(Support for Survivors of rape and sexual abuse)

Statement of Financial Activities for the year ended: 31st March 2020

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £	Total 2019 £
Income and endowments from:					
Donations and legacies	3.1	87,438	128,740	216,178	155,329
Other charitable activities	3.2 -	1,612	-	1,612	10,458
Other income	3.3	193	-	193	2,072
Investments	3.4	470	-	470	77
Total income	3	86,489	128,740	215,229	167,936
Expenditure on:					
Raising funds	4.1	6,000	-	6,000	6,000
Charitable activities	4.2	89,834	125,054	214,888	164,677
Total expenditure	4	95,834	125,054	220,888	170,677
Net income/(expenditure)		(9,345)	3,686	(5,659)	(2,741)
Gross transfers between funds		-	-	-	-
Net movement in funds		(9,345)	3,686	(5,659)	(2,741)
Total funds brought forward		55,616	29,817	85,433	87,174
Total funds carried forward		46,271	33,503	79,774	84,433

SURVIVE
(Support for Survivors of rape and sexual abuse)

Balance Sheet as at: 31st March 2020

	Note	2020 £	2019 £
Fixed assets			
Tangible assets	7	3,390	5,866
Total fixed assets		<u>3,390</u>	<u>5,866</u>
Current Assets			
Cash at bank and in hand	8	86,623	70,677
Debtors & prepayments	9	765	11,430
Total Current Assets		<u>87,388</u>	<u>82,107</u>
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	10	(11,004)	(2,540)
Net Current Assets		<u>76,384</u>	<u>79,567</u>
Net Assets		<u>79,774</u>	<u>85,433</u>
Funds of the Charity			
Unrestricted Funds (General)		46,271	55,616
Restricted Funds		33,503	29,817
Total Funds Carried Forward	11	<u>79,774</u>	<u>85,433</u>

The trustees are satisfied that the company is entitled to exemption from the provisions of the Companies Act 2006 (the Act) relating to the audit of the financial statements for the year by virtue of section 477, and that no member or members have requested an audit pursuant to section 476 of the Act.

The directors (trustees) acknowledge their responsibilities for:

- i) ensuring the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006; and
- ii) preparing financial statements which give a true and fair view of the state of affairs of the company at the end of each financial year and of its profit and loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies and with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102)).

The financial statements were approved by the trustees and signed on their behalf by:



Trustee

Full Name

ELIZABETH ANNE LOCKYER

SURVIVE
(Support for Survivors of rape and sexual abuse)

Statement of Cash Flows for the year ended: 31st March 2020

	Total 2020 £	Total 2019 £
Cash flows from operating activities		
Net income/(expenditure) for the year	(5,659)	(2,741)
Add: Depreciation for the year	2,476	2,476
	<u> </u>	<u> </u>
Working capital changes		
(Increase)/decrease in debtors	10,665	7,065
Increase/(decrease) in creditors	8,464	(4,184)
	<u> </u>	<u> </u>
Net cash provided by/(used in) operating activities	<u>15,946</u>	<u>2,616</u>
Cash flows used in investing activities		
Purchase of fixed assets	-	-
	<u> </u>	<u> </u>
Change in cash and cash equivalents in the year	15,946	2,616
Cash and cash equivalents at 1 April 2019	70,677	68,061
	<u> </u>	<u> </u>
Cash and cash equivalents at 31 March 2020	<u>86,623</u>	<u>70,677</u>

SURVIVE

(Support for Survivors of rape and sexual abuse)

Notes to the accounts for the year ended:

31st March 2020

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS 102)).

1.2 Change of basis of accounting

There has been no change to the accounting policies (valuation rules and methods of accounting) since last year.

1.3 Change to previous accounts

No changes have been made to accounts for previous years.

Accounting policies

Income and endowments

Recognition of income

Income is recognised in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- receipt is probable; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure

Where incoming resources have related expenditure, the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure and Liabilities

Expenditure

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £750. They are valued at cost or, if gifted, at the value to the charity on receipt, less depreciation. Depreciation is provided at rates to write off the cost of the asset over a 4 year period (25% straight line basis) with the asset being written off at the end of this period.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

SURVIVE
(Support for Survivors of rape and sexual abuse)

Notes to the accounts for the year ended: 31 March 2020

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Unrestricted funds 2019 £	Restricted funds 2019 £	Total 2019 £
3.1 Donations and legacies						
Rape Support Ministry of Justice	67,200	-	67,200	45,553	-	45,553
Big Lottery Fund Grant	-	50,000	50,000	-	65,000	65,000
PCC Community Fund	-	35,424	35,424	-	12,459	12,459
Two Ridings	-	-	-	-	9,340	9,340
Brelms Trust	5,000	-	5,000	5,000	-	5,000
Masonic Charitable Fund	-	-	-	3,500	-	3,500
Persula Foundation	3,000	-	3,000	3,000	-	3,000
Other grants	4,200	-	4,200	3,100	-	3,100
Allen Lane Foundation	-	7,000	7,000	-	-	-
York Mind	-	2,412	2,412	-	-	-
Lloyds	-	33,904	33,904	-	-	-
Donations & contributions	8,038	-	8,038	8,377	-	8,377
	87,438	128,740	216,178	68,530	86,799	155,329
3.2 Other charitable activities						
Fundraising events	-	-	-	833	-	833
Training & consultancy	(1,347)	-	(1,347)	4,230	-	4,230
Helplines & counselling	(265)	-	(265)	5,395	-	5,395
	(1,612)	-	(1,612)	10,458	-	10,458
3.3 Other income						
Room hire	193	-	193	-	-	-
Staff secondment	-	-	-	2,072	-	2,072
	193	-	193	2,072	-	2,072
3.4 Investments						
Interest received	470	-	470	77	-	77
	470	-	470	77	-	77
Total income	86,489	128,740	215,229	81,137	86,799	167,936

SURVIVE **(Support for Survivors of rape and sexual abuse)**

Notes to the accounts for the year ended: 31 March 2020

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £	Unrestricted funds 2019	Restricted funds 2019	Total 2019 £
4.1 Raising funds	6,000	-	6,000	6,000	-	6,000
Staff salaries						
4.2 Charitable activities						
Staff salaries	64,948	87,851	152,799	51,490	62,003	113,493
Staff training & travel expenses	1,419	998	2,417	1,766	441	2,207
Supervision	165	1,755	1,920	640	2,361	3,001
Events	19	57	76	-	-	-
Rent & room hire	10,840	11,155	21,995	7,515	5,849	13,364
Utilities & cleaning	1,564	1,801	3,365	3,963	637	4,600
Web hosting & IT support	2,181	3,104	5,285	443	13,371	13,814
Office costs	838	3,394	4,232	1,102	1,927	3,029
Subscriptions	-	-	-	155	-	155
Repairs & maintenance	65	24	89	1,196	174	1,370
External facilitators	350	14,855	15,205	-	-	-
Payroll charges	3,007	20	3,027	284	-	284
Bank charges	100	-	100	78	-	78
Advertising & publicity	35	-	35	964	-	964
Insurance	1,277	40	1,317	2,132	-	2,132
AGM & meeting costs	-	-	-	152	5	157
Independent examination	550	-	550	500	-	500
Funding advice	-	-	-	3,000	-	3,000
Professional fees	-	-	-	53	-	53
Depreciation	2,476	-	2,476	2,476	-	2,476
	89,834	125,054	214,888	77,909	86,768	164,677
Total expenditure	95,834	125,054	220,888	83,909	86,768	170,677

SURVIVE
(Support for Survivors of rape and sexual abuse)

Notes to the accounts for the year ended: 31st March 2020

5 Trustee expenses & examination fees

5.1 Trustee expenses

No trustees received a remuneration for services rendered during the year, nor were any trustees' out of pocket expenses reimbursed.

	2020 £	2019 £
5.2 Fees for examination of the accounts		
Independent Examiner's fees for reporting on the accounts	<u>550</u>	<u>500</u>
Other fees paid to the Independent Examiner	<u>-</u>	<u>-</u>

6 Staff costs and emoluments

	2020 £	2019 £
Gross wages, salaries and	148,813	110,102
Employers National Insurance	8,332	6,638
Employers pension	1,654	2,753
	<u>158,799</u>	<u>119,493</u>
Average number of employees	<u>4</u>	<u>4</u>

7 Tangible fixed assets

	Refurbish £	Equipment £	Total £
7.1 Cost or valuation			
Balance b/fwd	6,246	3,658	9,904
Additions	-	-	-
Balance c/fwd	<u>6,246</u>	<u>3,658</u>	<u>9,904</u>
7.2 Depreciation			
Balance b/fwd	3,124	914	4,038
Charge for year	1,562	914	2,476
Balance c/fwd	<u>4,686</u>	<u>1,828</u>	<u>6,514</u>
7.3 Net book value			
Brought forward	<u>3,122</u>	<u>2,744</u>	<u>5,866</u>
Carried forward	<u>1,560</u>	<u>1,830</u>	<u>3,390</u>

8 Cash at bank and in hand

	Unrestricted Funds	Restricted Funds	Total 2020	Total 2019
	£	£	£	£
Current Nat West account	17,092	-	17,092	12,433
Current CAF account	22,363	-	22,363	25,270
Deposit bank account	25,882	-	25,882	22,325
Support for Survive account	20,482	-	20,482	10,049
Paypal	375	-	375	253
Cash in hand	429	-	429	347
	86,623	-	86,623	70,677

9 Debtors and prepayments

	2020	2019
	£	£
Amounts falling due within one year		
Debtors	-	3,598
Prepayments and accrued income	765	7,832
	765	11,430

10 Creditors and accruals

	2020	2019
	£	£
Amounts falling due		
Trade creditors	1,249	-
Accruals and deferred income	9,755	2,540
	11,004	2,540

11 Movement of funds

11.1 Movement of major funds

2020

Fund Name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
Unrestricted Funds					
General funds	40,616	86,489	95,834	-	31,271
Designated	15,000	-	-	-	15,000
	<u>55,616</u>	<u>86,489</u>	<u>95,834</u>	<u>-</u>	<u>46,271</u>
Restricted					
Big Lottery	11,028	50,000	60,970	-	58
EMDR	337	-	135	-	202
NHS Website	9,112	-	2,865	-	6,247
PCC	-	35,424	35,424	-	-
Two Ridings	9,340	-	638	-	8,702
York Mind	-	2,412	-	-	2,412
Allen Lane	-	7,000	-	-	7,000
Lloyds	-	33,904	25,022	-	8,882
	<u>29,817</u>	<u>128,740</u>	<u>125,054</u>	<u>-</u>	<u>33,503</u>
Total Funds	<u>85,433</u>	<u>215,229</u>	<u>220,888</u>	<u>-</u>	<u>79,774</u>

2019

Fund Name	Balance b/fwd	Incoming resources	Outgoing resources	Transfers	Balance c/fwd
Unrestricted Funds					
General funds	43,388	81,137	83,909	-	40,616
Designated	15,000	-	-	-	15,000
	<u>58,388</u>	<u>81,137</u>	<u>83,909</u>	<u>-</u>	<u>55,616</u>
Restricted					
Big Lottery	-	65,000	53,972	-	11,028
EMDR	14,023	-	13,686	-	337
NHS Website	15,763	-	6,651	-	9,112
PCC	-	12,459	12,459	-	-
Two Ridings	-	9,340	-	-	9,340
	<u>29,786</u>	<u>86,799</u>	<u>86,768</u>	<u>-</u>	<u>29,817</u>
Total Funds	<u>88,174</u>	<u>167,936</u>	<u>170,677</u>	<u>-</u>	<u>85,433</u>

11.2 Details of Funds Held

Unrestricted Funds (General)

The General fund is unrestricted and available for general purposes.

Unrestricted Funds (Designated)

Designated for redundancy costs

Restricted Funds

The restricted funds are only available for the purposes specified for each fund, which

Big Lottery Fund

Counselling and outreach projects

EMDR

Restricted funds to set up a dedicated EMDR service as well as training x3 volunteers / staff in EMDR. Increasing our EMDR client load from just 3 clients per week to 12.

NHS Website

Dedicated funds for a male engagement service to aid male survivors into our service, we saw male referrals increase from 22% of all clients to 29%

PCC

Counselling/talking therapy services for identified victims of crime

Two Ridings

Tampon tax community fund project to support women and girls to build skills and confidence, improve health and wellbeing and build social networks,

York Mind

To fund a joint website to signpost people to all of the support services available in North Yorkshire.

Allen Lane

For scoping Dual Status project

Lloyds

Towards staff costs

12 Net assets between funds

	Unrestricted Funds	Restricted Funds	Total 2020
Balance at 31st March 2020	£	£	£
Fixed assets	3,390	-	3,390
Current assets	53,885	33,503	87,388
Current liabilities	(11,004)	-	(11,004)
	46,271	33,503	79,774

	Unrestricted Funds	Restricted Funds	Total 2019
Balance at 31st March 2019	£	£	£
Fixed assets	5,866	-	5,866
Current assets	52,290	29,817	82,107
Current liabilities	(2,540)	-	(2,540)
	55,616	29,817	85,433