

Annual Report
1st April 2019 - 31st March 2020



The Juno Project
Registered Charity No. 1176628

Aspiration Through Inspiration

The Juno Project is registered as a charitable organisation in England and Wales No. 1176628
Registered office: 12 New Broadway, Worthing, BN11 4HP

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Charity Name

The Juno Project

Charity Registration Number

1176628

Address

71-75 Shelton Street, London WC2H 9JQ
(changed to 12 New Broadway, Worthing BN11 4HP)

Mission Statement

The Juno Project empowers vulnerable teenage girls to achieve their goals in spite of their challenges.

Structure

The board of trustees has a rolling chair, and a board of trustees. The CEO reports to the trustees at each meeting, and the chair and CEO have regular meetings to discuss progress.

The board has four meetings per year, at which time all aspects of the operations and mission of the charity are discussed. It recruits trustees from word of mouth, posts on social media (LinkedIn, Twitter etc.), as well as using job boards of local and national organisations that are set up to support Community Interest Companies and charities.

Trustees

Asha Musoni (Chair) resigned September 30th 2019

Samantha Jackson resigned September 30th 2019

Paul Lantsbury resigned October 30th 2019

Julie Stephens

Ruth McDonald appointed August 30th 2019

Alison Golds appointed October 30th 2019

Michelle Gulrajani appointed February 1st 2020

Chief Executive Summary

The 2019/20 financial year was another successful yet challenging year for The Juno Project. We continued to deliver our This Is Me (TIM) programme to vulnerable and marginalised teenage girls across West Sussex, increasing the number of girls and the number of schools we worked with.

We finished the 2018-19 academic year with a range of bespoke group workshops that saw us work with girls on a range of topics, including self-esteem and confidence, and employability skills and gave us a great opportunity to test the efficacy of our content on larger audiences - a resounding success, we're pleased to report.

Academic year 2019-20 started with a bang as we had the most enquiries ever, 8 in one week, with schools clamouring to bring the This Is Me programme not only to girls age 14-16 but also those in years 8 and 9, and also an enquiry for a group of sixth formers. For every girl we had funding for, we had enquiries for an entire group of six, and this situation didn't let up at all through the rest of the autumn term.

The spring term was one of our busiest to date, and we were delighted to receive funding from two local councils in West Sussex to support girls in their areas; one council gave dedicated programme funding, and the other enabled us to deliver community programmes for teenagers who might not otherwise access our support.

And then we reached March and no one could have predicted COVID-19 and what was to come. As soon as the lockdown, and its associated implications, were announced; we knew that we would need to support the girls in much more imaginative ways.

Previously we had never worked online, with safeguarding being a prime concern, especially given the age and personal situations of the girls we support. We decided to write, pilot, and then run six groups as the requests for support for young women with severe mental health, confidence, and online friendship concerns came flooding in. We are currently part way through delivery and have written watertight, extremely cautious safeguarding regulations that parents and girls all have to agree to and have seen more successes in terms of increasing confidence and self-esteem of those girls we've supported.

We would like to say a huge thank you to our funders and everyone else who supports the work we do and enables us to continue to deliver our programmes to vulnerable teenage girls.

Finally, I would like to say a special thank you to our wonderful facilitators who work so hard delivering the programmes. Every year they go above and beyond the remit of their role: spending time researching and developing extra resources to fit the exact needs of the girls we work with, and looking for innovative ways to connect with those who struggle. It should be remembered that our facilitators have their own back story, which they choose to share with the girls, and as such they role model behaviours and attitudes to reinforce our core messages. It's not an easy job, but they do it with the utmost professionalism and care, and I am very proud that they are part of our Juno Project family.

Ali Golds - CEO and Founder
December 2020

Activities and Objectives for the year

The Juno Project supports vulnerable and marginalised teenage girls across West Sussex, who struggle with mental health challenges and/or anti-social behaviours, and are at risk of becoming not in education, employment or training (NEET). The girls we work with are commonly dealing with familial/domestic abuse, addiction, severe anxiety, poverty, and other issues that mean they struggle with everyday life.

We have developed a bespoke programme, This Is Me (TIM), delivered by facilitators who have experienced similar challenges, which helps the girls to improve their self-esteem and confidence, and to continue in education in order to achieve their personal goals.

Working with girls aged 13-16 who've experienced a range of challenging and difficult circumstances, we encourage them to explore their behaviours, attitudes and responses - and develop a growth mindset that will enable them to overcome barriers and achieve whatever goals they set themselves.

We work with the girls over either 8 or 12 weeks and explore the relationships they have with themselves, the relationships they have with other people and employability skills. In small groups, the girls share their experiences and concerns and, in conjunction with a trained facilitator, develop positive strategies and move forwards from any challenges or less positive behaviour patterns.

The trustees set a target of delivering the This Is Me programme to 150 girls this year, in a range of schools across Sussex.

Achievement and Performance

The Juno Project worked with 122 girls this year in 10 schools across West Sussex, delivering This Is Me programmes to year 10 and year 11 girls. We also held one-off workshops and masterclasses to girls aged 13-16.

Our impact

In terms of impact, 100% of the girls stayed in school and/or went on to college and/or an apprenticeship, or work. 94% said that they believed their confidence had improved, and all of the girls showed a difference in the way they saw themselves at the end of the programme, compared to their statements at the beginning.

In addition, girls commented that, as a result of the programme, they had taken up old hobbies again (one girl started to paint, and told the facilitator that she hadn't felt so positive for months; another started to play a musical instrument that she had last played as a child), found new friends, began talking about their feelings and concerns to trusted adults and friends, and even looked at future careers and opportunities. All of these are huge leaps forward for girls who, previously, felt unable to connect with themselves, and the world around them.

Feedback from the girls

Our programmes are written for the girls we support, and therefore it's vital that they have continuous input into the work we do.

We ask all girls to complete a benchmarking questionnaire at the beginning and end of each programme. This helps us to ensure that, firstly, we have the information we need to assess the girl's needs, and secondly, what areas of the programme they feel needs to be changed or improved. We ask them to tell us what they would like more or less of, what they liked, what they didn't like, and what they would say to someone else who was thinking of joining a programme.

When asked how the This Is Me programme has impacted their lives:

'I have a new group of friends; the others were toxic and not good for my health'

'I haven't self-harmed since being on the This Is Me programme'

'The programme has given me a chance to think that maybe I can do something with my life. Build my confidence to make friends, do whatever, because what is there to lose?'

'I have learned that I can be happy sometimes. I learned that I belong in the world, and it doesn't hate me'

When asked what they would say to other girls who might be coming onto the TIM programme next academic year:

'You should participate. It's a great opportunity'

'I was nervous at first but the facilitator made me feel comfortable, and I am so glad I joined in'

'Do it!'

We also collect feedback from parents and teachers. When asked what changes they saw in the girls, comments included:

‘The subject matter was really useful, and has had a positive impact on my child’

‘The girls have all found a huge benefit from the programme. They are excited to join, some had friends who’d participated in previous groups and were encouraging, and there has been an obvious change in so many of them. Thank you for this opportunity, we would love to work with you again!’

‘The girls have improved their attendance, and engagement in school. Some have been talking about the future in a much more positive way, and are less inclined to think that they are stuck in a spiral.’

In terms of a more general benefit to the public, given that the girls see themselves, and their futures, in a much more positive light and are less inclined to stay friends with those who may be a disruptive influence, and teachers and parents state a marked change in behaviours and outlook. We are confident that this will see a knock-on effect to those who may previously have experienced challenges with some of the girls within their family, and local community.

Future plans

We are committed to empowering vulnerable and marginalised young girls to improve their self-esteem and confidence, overcome their challenges and achieve their potential. We are seeing an increasing number of referrals from schools and external agencies wanting to refer girls to our TIM programme.

We want to increase our capacity in the coming academic year to meet this growing demand in terms of the number of girls we support and the number of schools we work with across West Sussex.

We also want to increase the age range of the girls we work with by growing the support available for the girls beyond Year 11 with our Alumna network. We would also like to develop a programme for younger girls in Year 6 to support the transition to secondary school, as well as girls in Year 9 who are on the verge of moving into GCSE’s - supporting them with a special online set of masterclasses featuring speakers from across the world and focusing on real life stories and work skills.

We will continue to adapt our support in the ever-changing situation we find ourselves in, and want to develop our online offering to ensure we can meet the girls’ needs.

Financial review

Details of any funds held as a custodian trustee

None



Receipts and payments accounts

CC16a

For the period
from

01/04/2019

To

31/03/2020

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
	29,539	-	-	29,539	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	29,539	-	-	29,539	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	29,539	-	-	29,539	-
A3 Payments					
Office and admin costs	5,763	-	-	5,763	-
Support Services	22,881	-	-	22,881	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	28,644	-	-	28,644	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	28,644	-	-	28,644	-
Net of receipts/(payments)	895	-	-	895	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	895	-	-	895	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
	Bank 1	5,130	-	-
	Bank 2	964	-	-
		-	-	-
	Total cash funds	6,094	-	-

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
Debtors	500	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-


B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Creditors	Unrestricted	4,093	
Loan	Unrestricted	1,686	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	M. GULRAJANI	27.1.2021



Section A

Independent Examiner's Report

Report to the trustees/
members of

Charity Name
The Juno Project CIO

On accounts for the year
ended

31/03/2020

Charity no
(if any)

1176628

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended DD / MM / YYYY.

Responsibilities and
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

[The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of [insert name of applicable listed body]]. *Delete [] if not applicable.*

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below *) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

* *Please delete the words in the brackets if they do not apply.*

Signed: E English

Date: 16/01/2021

Name: Ed English- Tax Assist Accountants

Relevant professional
qualification(s) or body

FMAAT
ATT

(if any):

Address:

12 New Broadway
Worthing
BN11 4HP

Section B	Disclosure
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Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

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